



November - December 2024

**Infinity Foods**  
**Catalogue**  
*Organic & natural foods*





**Infinity Foods**  
**WHOLESALE**  
Organic & Natural Foods

A Workers Co-operative,  
Supplying Organic  
& Natural Wholefoods,  
Since 1971.

*..... Naturally good!*



An unparalleled  
range of branded goods..



An extensive and varied range  
of Infinity Foods own brand  
products.



Local, national and  
international delivery.

**[www.infinityfoods.coop](http://www.infinityfoods.coop)**  
**01273 456376**

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# Infinity Foods Special Offers

## Meridian Selected Nut Butters



25%  
off

## Faith In Nature Bulk Cleaning & Toiletries 5 Litre Sizes



25%  
off

## Nairns Selected Oatcakes



20%  
off

## Yogi Ayurvedics Selected Organic Ayurvedic



25%  
off

## Vivani Organic Vegan Chocolate Bars



25%  
off

## Infinity Foods Organic Fig & Walnut Granola Muesli



20%  
off

Available in  
6 x 500g &  
6 x 1kg Sizes.



**Fentiman's**  
Botanical Drinks



20%  
off

**Bear**  
Fruit Snacks & Cereals



20%  
off

**Dragonfly Teas**  
Entire Range



20%  
off

**Rude Health**  
Barista Dairy Alternatives



20%  
off

**11 O'clock/TickTock**  
Organic Rooibos Teas



20%  
off

The Offer  
Also Includes  
Tick Tock Earl  
Grey Rooibos  
Tea Bags  
4 x 40 Bags

**Zest**  
Vegan Cook-In Sauces



20%  
off

**Infinity Foods**  
**Catalogue**  
November -December 2024

Please note all offers run for two months from the 1st of the month or while stocks last. For full listing, order codes, prices & sizes please see new products & offers section.



# Infinity Foods Special Offers

## Source Coffee

Organic Roast & Ground  
Coffee & Beans 6 x 227g



15%  
off

## James White

'Zingers' Intense Shots  
15 x 70ml



15%  
off

Also On  
Offer Are The  
'Big Zinger' Shots.  
5 Shots In One  
Bottle  
6 x 330ml

## Organix

Baby & Toddler Snacks



15%  
off

## Trafo

Selected Organic Crisps



15%  
off

## Kallø

Organic Stock Cubes  
15 x 6 x 11g



20%  
off

## Ella's Kitchen

Organic Baby Food Pouches



15%  
off



## Clearspring

Selected Organic Noodles



15%  
off

## Bonsan

Selected Organic Vegan Sauces



15%  
off

## Doves Farm

Selected Gluten-Free  
Flours 5 x 1kg



15%  
off

## Explore Cuisine

Organic Vegan Gluten-Free  
High Protein Pasta



15%  
off

## Clearspring

Organic Vegan Misos



15%  
off

## Mr Organic

Selected Organic Soups  
In Tins 12 x 400g



15%  
off

# Infinity Foods Catalogue

November - December 2024

Please note all offers run for two months from the 1st of the month or while stocks last.  
For full listing, order codes, prices & sizes please see new products & offers section.



# Infinity Foods New Products

## King Soba

Organic Vegan Gluten-Free  
Puffed Crackers 12 x 120g



New & on offer  
10%  
off

## Cheeky Panda

Quilted Soft 4Ply Toilet Rolls  
5 x 9 Pack



New & on offer  
20%  
off

A Soft,  
Gentle, Luxury,  
Sustainable  
Alternative To Tree  
Based Toilet  
Rolls.

## Hip Pop

'Gut Loving' Soda's 12 x 330ml



Full Of Living  
Cultures & 1/4  
Of Your Daily  
Prebiotic Fibre.

## Biona

Organic Sourdough Breads



## BeSaucy

Vegan Mayonnaise



A Logical  
Range Extension  
For This Very Popular  
Local Product. In  
6x180g, 2.5kg And  
Now 4.5kg Sizes

## Odysea

Pomegranate Molasses 6 x 250ml





# Infinity Foods New Products

## DJ & A Vegan Vegetable & Mushroom Snacks

Vacuum  
Cooked At Low  
Temperatures To  
Preserve Taste  
And Goodness.



## Vivani Demeter Fairtrade Cocoa Products

New & on offer  
**25%  
off**



Fine  
Cocoa Powder  
8 x 100g.  
Fine Drinking  
Chocolate  
10 x 200g.

## Aloe Dent Probiotic Dental Hygiene

New & on offer  
**15%  
off**



Fluoride-Free  
Probiotic Toothpaste  
6 x 75ml.  
Fluoride-Free  
Probiotic Mouthwash  
6 x 250ml.

## Clearspring Organic Oat Biscuits 12 x 40g



A Range  
Of Three Japanese  
Inspired Biscuits.  
Made With Scottish  
Oats. In Recyclable  
Packaging.

## Infinity Foods Wasabi Peas 6 x 55g, BBQ Corn 6 x 45g



## Glebe Farm 'Pure Oaty Tea-riffic' Dairy Alternative 6 x 1 litre



Gluten-Free,  
Vegan Oat Milk.  
Designed For Use  
In Tea. Made  
With British  
Oats.



# Infinity Foods New Products

## Vivani Organic Vegan Chocolate Bars



New & on offer  
25%  
off

## Mr Organic Organic Vegan Flatbreads Breadsticks



New & on offer  
15%  
off

A Delicious  
Selection Of  
Hand Rolled,  
Italian Breads &  
Sticks.

## Seggiano Raw Honey 6 x 500g



A Range  
Of Three  
Acacia Raw  
Honey,  
Orange Blossom  
Raw Honey,  
Chestnut Raw  
Honey.

## Nourish Vegan Chocolate Snack Bars 6 x 50g



A Range  
Of Three Vegan,  
Gluten-Free Choco-  
late Brownie Bars.  
In Recyclable  
Packaging.

## Georganics 'Geo Kids' Fluoride-Free Strawberry Toothpaste 10 x 60ml



New & on offer  
20%  
off

## Biona Organic Quick Cook Meals 6 x 350g



Pumpkin Risotto,  
Porcini Mushroom  
Risotto, Golden  
Rice & Lentils,  
Red lentil Spiced  
Dhal.



# **Infinityfoods@** *Christmas* **Opening and deliveries**

## **Christmas and New Year**

### **Office Hours and Delivery Schedules**

**Our office will close at 1pm on Tuesday 24th December and reopen to take orders on Friday 27th December until 1pm.**

**The warehouse will remain closed to customers and suppliers.**

### **Infinity Fleet Deliveries (made by our own trucks /drivers)**

**We will be delivering as usual on the Monday 23rd and Tuesday 24th of December.**

**We are then closed and not delivering on Christmas Day, Boxing Day, Friday 27th December and Monday 30th.**

**Deliveries will resume as usual on Tuesday 31st December but there will not be any deliveries on Wednesday 1st January - New Year's Day.**

**Customers who normally have a delivery on the Monday or the Wednesday will either receive a delivery on Tuesday 31st December or Friday 3rd January.**

### **National Carrier Deliveries (made via a third party)**

**The last day of despatch for National Carrier deliveries before Christmas is Friday 20th December.**

**On Thursday 2nd January we will resume despatching orders (for delivery from Friday 3rd January onwards).**

**As always - Please get in touch with any questions or concerns.**

Best wishes!

*From all at Infinity*



# Infinityfoods@ Christmas

## Heaven Scent Vegan Candles



## Booja Booja Gift Collections



Check  
Out The New  
Booja Booja  
Gift Boxes listed  
In This  
Catalogue.

## Lubeca Marzipan



Marzipan  
Almond Paste  
15 x 200g.  
Organic  
1 x 1kg

## English Tea Company Organic Tea Advents



## The Authentic Bread Co Organic Luxury Mincemeat With Cognac 6 x 300g



Handmade To A  
Traditional Recipe,  
Vine Fruits Soaked In  
Organic Cognac With  
Locally Sourced  
Apples

## Belvoir Seasonal Lines



New This  
Year Is The  
Belvoir Sparkling  
Clementine &  
Cranberry.  
6 x 750ml



# Infinityfoods@ Christmas

## Ombar Organic Christmas Products



## Seggiano Panettone



## Yogi Tea Festive Offerings



## Pukka Organic Tea Advent & Tea Discovery Chest



## Montezuma's Seasonal Fare



## Steenbergs Organic Sage & Onion Stuffing Mix 4 x 130g



For the full list of new products please see the new products & offers section.



# Infinityfoods@ Christmas

Equal Exchange  
Organic Festive Blend Coffee  
3 x 200g



Divine  
Fairtrade Christmas Products



Real Organic Foods  
Organic Gourmet Range



Cranberry Sauce  
Redcurrant & Mint  
Jelly

Cocoa Loco  
Organic Christmas Themed  
Chocolate Products



Roots & Wings  
Organic Christmas Range



New From Roots  
& Wings A Range  
Of Traditional  
Organic Christmas  
Staples

Seggiano  
Seasonal Fare





# Infinityfoods@ Christmas

**Trustin**  
*Peeled Roasted Chestnuts*



**Artisan Grains**  
*Vegan Nut Roasts*



**Foods Of Athenry**  
*Gluten-Free Mince Pies*



**Suma**  
*Candied Mixed Peel 6 x 200g,  
1kg Sizes*



**Green Cuisine**  
*Spices To Make Mulled Wine*



**Zaytoun**  
*Palestinian Medjool Dates  
& Flavoured Almonds*





# Organic Best-selling Syrups

SEE  
PAGE  
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A versatile range of plant-based sweeteners.

15%  
OFF





# Organic

SEE PAGE 74

## Sauces & Condiments

Ready to be used in stir-frys, marinades and much more.

15% OFF



 always organic

 family-run since 1992

 500+ products



# New Organic Additions

Breads

SEE PAGE 44

Meals

SEE PAGE 68

New Additions to the Biona Range - quick healthy meals & bakery products.



family-run  
since 1992



500+  
products



# Organic Granola Range

Free from refined sugar and palm oil, high in both fibre and flavour, our organic granola is the perfect way to kick start your day.

SEE PAGE 26







**BONSAN**  
ABSOLUTELY VEGAN

# VEGAN CONDIMENTS

A range of Vegan Organic Condiments.

SEE  
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15%  
OFF



VEGAN

WE'RE  
ORGANIC  
TOO!

See our full range at [www.bonsan.co.uk](http://www.bonsan.co.uk)

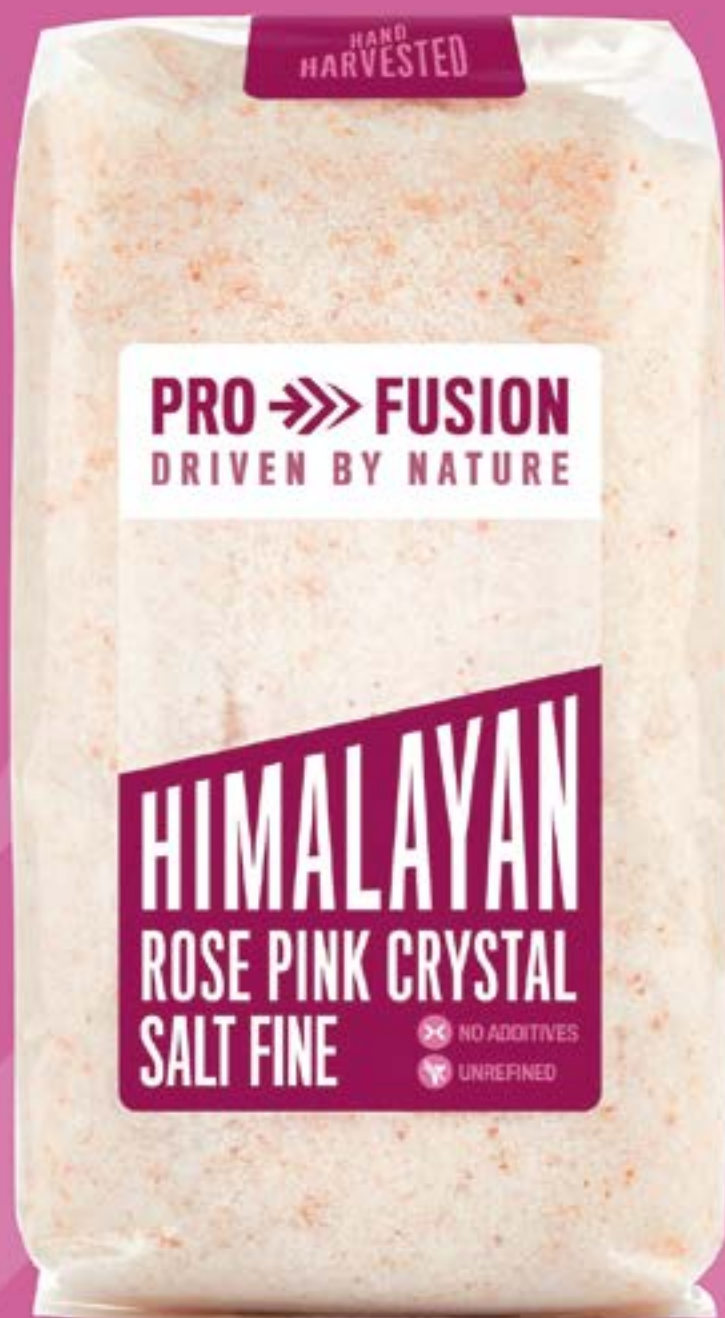


**PRO →→ FUSION**

DRIVEN BY NATURE

# BEST-SELLING PINK HIMALAYAN SALT

SEE  
PAGE  
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# 15% OFF



**NO ADDITIVES**



**UNREFINED**

This unrefined crystal salt is packed with naturally occurring trace minerals, and hand harvested to retain its natural structure.



15%  
OFF

# ZINGER



JAMES WHITE

BOLD BY NATURE

SEE  
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Same  
**great**  
taste.  
**NEW**  
design.  
Try today!

[www.jameswhite.co.uk](http://www.jameswhite.co.uk)



**10%  
OFF**



# BIG TOM

**A POWERFUL BLEND OF TOMATOES  
AND SPICES**



By Appointment to  
Her Majesty The Queen  
Fruit Juice Manufacturers  
James White Drinks Ltd., Suffolk

SEE  
PAGE  
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**Delicious on its own  
or with a shot of vodka  
to create the best  
Bloody Mary ever...  
every time!**





# VIVANI

## THE FINEST ORGANIC — CHOCOLATE —

Chocolate

SEE PAGE 106-7

Drinks

SEE PAGE 86

NEW



NEW



25%  
off

ORGANIC  
EXCITING FLAVOURS TO TREAT EVERYONE  
PLASTIC FREE PACKAGING  
PREMIUM COCOA FROM SUSTAINABLE SOURCES



[vivani.de/en](http://vivani.de/en)



# 15% Off



From  
**LOCAL  
FARMERS**





# Clearspring

15%  
OFF

## ORGANIC JAPANESE MISO PASTES

- AWARD-WINNING
- AUTHENTIC JAPANESE
- UNPASTEURISED & TRADITIONALLY FERMENTED

Soups | Sauces | Glaze



Serving  
suggestion



SEE  
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## ORGANIC JAPANESE INSTANT SOUPS

15%  
OFF

- DELICIOUS & CONVENIENT
- GLUTEN FREE
- ORGANIC & PLANT-BASED





NEW

Wholegrain oats

Clearspring

# JAPANESE INSPIRED OAT BISCUITS

Sweet Treat | Grab & Go | Wholegrain Snack

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- ORGANIC & VEGAN
- HIGH IN FIBRE
- REFINED SUGAR FREE
- PALM OIL FREE
- WITH COCONUT OIL & OLIVE OIL

*Delicately sweet with a Japanese twist.*



*Miso meets maple for a unique treat.*



*Rich and fruity with date pieces.*



Mono-plastic (PP)  
and recyclable





Serving suggestion



15%  
OFF

Noodles

SEE  
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Broth

SEE  
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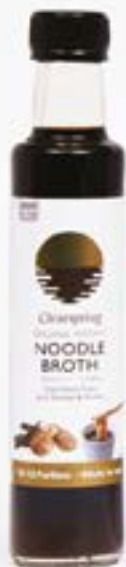
# Clearspring

## NOODLES OF ORGANIC JAPANESE NOODLES

- MADE IN JAPAN BY FAMILY PRODUCER
- TRADITIONALLY SLOW DRIED NOODLES
- ORGANIC & PLANT-BASED



Stir-fry | Soup | Salad



"Perfect with our Instant Vegan Noodle Broth"





SAVE  
20%

SUPREMELY SOFT

& LUXURIOUS

SEE  
PAGE  
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Cheeky Bamboo benefit #29:  
bamboo's naturally long fibres  
is what makes our toilet rolls  
so luxuriously soft



NEW





15% off  
full range

Organix

# Spark their Love of Great Food

SEE  
PAGE  
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100%  
organic



NEW

Stock up on the Organix range of baby finger food and toddler snacks, perfect for little ones out on little adventures



BeKind · BeHappy®  
**BeSaucy.**

What the **\*actual\*** cluck?

No eggs used here



SEE  
PAGE  
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You asked, we listened...  
BeSaucy Plain mayo is here. Damn  
tasty mayo, plain and simple.


Available in 180g retail  
jars and 5lt catering tubs.



[www.besaucy.co.uk](http://www.besaucy.co.uk)



10% off

  
**CrAZY  
JACK**  
ORGANIC

SNACK & SHARE

# Enjoy Organic Snacking

with the delicious Crazy Jack range.

At Crazy Jack, we're committed to producing fabulous organic foods for cooking, baking and snacking.

Organic,  
just as nature intended

No artificial  
preservatives or flavours

Enjoy  
any time of the day

Almonds

SEE  
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Fruit

SEE  
PAGE  
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Discover the full range at [crazyjack.co.uk](http://crazyjack.co.uk)





# Stock the UK's no.1 gluten free flour brand\*

SEE PAGE 23



15% OFF



\*MC, Total Glens, GE, Dore, Free Flour, 52, 11/19/2014

Here at FREEE, we believe gluten free food should be simple, natural and delicious. That's why we've created a range of naturally gluten free home-baking flours, helping your customers achieve great results, bake after bake.

Stock up now





15% OFF

# kallø


better by nature

## Add taste nothing else


SEE PAGE 108



 Organic

 No artificial colours, flavours or preservatives

 No added MSG

 Gluten and lactose free







**15% OFF**  
OUR FULL RANGE OF ORGANIC PASTAS

SEE PAGE 40

High Protein

100% Organic

Gluten Free

High Fibre

# Plant Protein. *Made Simple.*

Explore Cuisine is easy-to-make pasta that is good and good for you. Made with high-protein, high-fiber and gluten-free ingredients, our pastas make healthy swaps easy and delicious.



**High-Protein, Gluten-Free & Delicious.**



**FAITH-IN-NATU-RE-RE-RE**  
**RE-RE-RE-RE-RE-RE-RE-RE**  
**RE-RE-RE-RE-RE-RE-RE-RE**  
**RE-RE-RE-RE-RE-RE-RE-RE**  
**RE-RE-RE-RE-RE-RE-RE-RE**  
**RE-RE-RE-RE-RE-RE-REFILL**

SEE PAGE 123-4

SAVE 25% ON REFILL\*



\*Save 25% on all 2.5L & 5L refill bottles. Offer excludes 20L. Subject to availability.



ESTD



1905

SEE  
PAGE  
91

# 20% OFF

## Across the range



*Botanically Brewed · Exquisitely Crafted*





# Nothing NAUGHTY about this!

SEE  
PAGE  
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PLANTBASED CRUELTYFREE HYPOALLERGENIC PLASTICFREE

Friendly  
SOAP



GoodShipping  
better world





10% OFF

ORGANIC ★ GLUTEN FREE ★ VEGAN ★ FAIRTRADE

# We've gone crackers for crackers!

Organic, vegan, gluten free & fairtrade, our new crackers make healthy snacking easy!



SEE PAGE 46

with star ingredients: Chaga, Amaranth, Sorghum & Buckwheat



- \* Sorghum, Rice & Buckwheat Crackers
- \* Multigrain Crackers with Buckwheat, Quinoa & Amaranth
- \* Corn, Rice & Lentil Crackers
- \* Buckwheat Crackers with Chaga

Case pack: 12. Net weight: 120g  
Email: [hello@kingsoba.co.uk](mailto:hello@kingsoba.co.uk) for further details.

[kingsoba.com](http://kingsoba.com)



15% Off

EST. **MANI** 1979

organic



SEE PAGE 59

# New Raw Fermented al Naturale Flavour



- Green Olives with Pink Peppercorns
- Naturally fermented for 6 months
- Unpasteurised and Raw
- Hand picked
- Crisp & Ready to Eat
- No brine, less salt
- High in monounsaturated fats
- Vacuum sealed into Jar
- New label design

Awards:



[www.mani.organic](http://www.mani.organic)



"Hardly anything is more fun  
than doing business out of love for the world!"  
Founder Fritz Bläuel



vegan



@mani.organic  
 @ManiOrganic





15% OFF

# STOCK UP Today!

A little bit of magic with a big impact

Breads

SEE PAGE 46

Dips

SEE PAGE 53

Soups

SEE PAGE 70



NEW!



great taste 2024





# BEAR

THE UK'S NUMBER 1  
KIDS FRUIT SNACKING BRAND\*

STOCK UP NOW!

SEE  
PAGE  
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SEE  
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23



- 1 OF YOUR 5 A DAY
- 100% NATURAL INGREDIENTS
- VEGAN FRIENDLY
- NUT FREE

20%  
OFF!

\*IRI Scantrak, Total Market incl. Ocado, Kids Fruit Snacking & BEAR Value Sales,  
Latest 52 WE 170623 VS YA



# GROW SALES ORGANICALLY

If you're already thinking about how to get ahead of the game for Organic September, why not see how our organic oatcakes go down? Our Super Seeded or Scottish Organic Oatcakes make the perfect blank canvas for whatever your favourite topping is. You never know, maybe they'll be a year-round fixture!

SEE PAGE 46

20% off





NEW TO INFINITY FOODS

12g of fibre  
per bar



NOURISH

grow. cook. enjoy.

SEE  
PAGE  
103

NEW Gut Loving Choc Coconut  
Brownie in 3 delicious flavours!



THE  
ORANGE ONE

HIGH  
12G  
FIBRE SUPPORTS GUT HEALTH



SOURCE  
OF PROTEIN



THE  
BERRY ONE

HIGH  
12G  
FIBRE SUPPORTS GUT HEALTH



PLANT  
BASED



GLUTEN  
FREE



THE  
NUTTY ONE

HIGH  
12G  
FIBRE SUPPORTS GUT HEALTH



SUPPORTS  
GUT HEALTH

[www.nourish-growcookenjoy.com](http://www.nourish-growcookenjoy.com)



[nourish.growcookenjoy](https://www.instagram.com/nourish.growcookenjoy)









# NEW SNACK-SIZE FLAPJACKS



Meet our new **60g** range made with **natural ingredients**  
& available in **four** best-selling flavours

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PAGE  
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Naturally Energising   
No Artificial Sweeteners   
No Preservatives   
Artisan Quality   
Handcrafted In The UK   
Vegan 



# STEAMY, CREAMY, COFFEE DREAMY

SEE  
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20% OFF  
BARISTA RANGE



NO ADDED  
SUGAR

GLUTEN  
FREE







# SOURCE

CLIMATE CHANGE COFFEE



**15% Discount on all products**

SEE PAGE 85

**Organic Single Origin Coffees**



**Available in Beans and Roast & Ground.**



[@SClimateCoffee](#) [www.facebook.com/sourceclimatechange](http://www.facebook.com/sourceclimatechange)

Ranked as one of the UK's most ethical coffees - Ethical Consumer Magazine, 2023.  
Find out more about our coffee and conservation projects at [sourceclimatechange.com](http://sourceclimatechange.com)





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# EVERY REASON TO LOVE





# Ella's kitchen

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72-3



## The UK's #1 Baby Food brand \*\*

Meal pouches + snacks offering parents a trusted, tasty + convenient solution for keeping tiny tumms happy + content!  
Stock a core range so that all ages are catered for, from 4 months up to 12+ months.

First Tastes + Stage 1  
(4+ months)

Stage 2  
(7+ months)

Snacking  
(7+ months)



Other varieties available across all age ranges.

\*\* source: IRI, Baby Food value sales 52 w/e 13.04.24

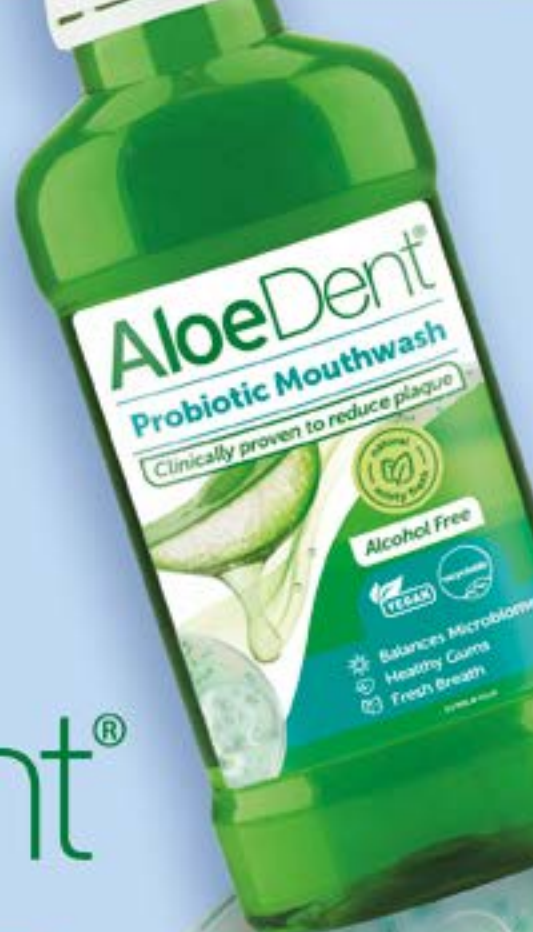
\*Source: Brand Tracking, March 2022, Base: 505 parents of children aged 4 months - 34 months

# 15% off





**NEW**  
**Probiotic**



SEE PAGE 131



# AloeDent®

## Natural Oral Care



**15% OFF**  
ALOE DENT  
FULL RANGE

Packed with natural actives for healthy teeth & gums

SLS free with fluoride & fluoride-free options

Broad offering to suit a variety of oral care needs

 Prevents plaque  Healthy Gums  Fresh Breath



# Natural Care BEN&ANNA

SEE  
PAGE  
119

## Deodorant Cream

A world first in the deodorant aisle!

The most sustainable deodorant cream from Ben & Anna.

PolyPotato packaging - a true natural talent, made from potato starch and 100% compostable.



*Plus the best-selling deodorant tubes*



- 100% natural
- Vegan
- No palm oil
- No aluminium
- No microplastics
- FSC certified paper packaging
- Effective
- Cruelty Free







# Activated Mixed Nuts

Winners of a Great Taste Award 2024!



SEE PAGE 33

The judges said,

“These are generously-sized nuts, with a wonderful crunch. The soaking and dehydrating process has worked brilliantly, leaving great texture and bringing out the flavour.”

Try the whole range of our Activated Nuts and Seeds, including Walnuts, Pecans, Brazil Nuts, Almonds, Sunflower Seeds & Pumpkin Seeds, and get you and your customers Activated!



GB-ORG 02  
Non-UK Agriculture





# -20% ON OUR FLUORIDE RANGE\*

\*valid in November and December

new kid in town: strawberry kids  
toothpaste with Hydroxyapatite

[georganics.com](http://georganics.com)





OUR NEW OAT DRINK MAKES FOR A



# TASTE TEA

## PLANT-BASED CUPPA!

### THE PUREST BRITISH OATS

Our new PureOaty Tea-rrific Oat drink has been specially crafted to make for a great tasting plant-based brew. We've worked hard to keep the tea taste intact, as well as the smooth, rich colour that tea drinkers know and love.

All our oat drinks are British farmed, produced and packed on our Cambridgeshire farm, keeping our quality high and our food miles low.

Using only 4 natural ingredients, Tea-rrific oat is gluten free and dairy free – perfect for those looking for a tasty plant-based tea alternative.

### TRY SOME TODAY!

SEE PAGE 92

**GLEBE FARM**   
IT'S HOW WE DO THINGS.



CERTIFIED  
GLUTEN FREE  
BY COELIAC UK\*\*



CONTACT US TODAY TO ORDER

WWW.GLEBEFARMFOODS.CO.UK EMAIL OFFICE@GLEBEFARMFOODS

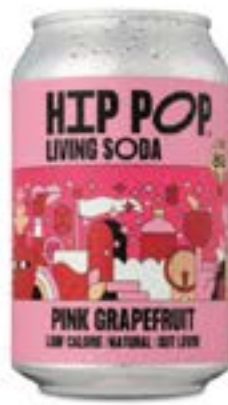


\*Source: My Emissions July 2024

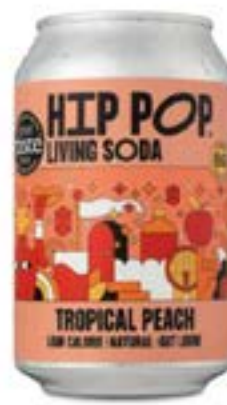
\*\*PureOaty is certified by Coeliac UK to carry the Crossed Grain trademark.



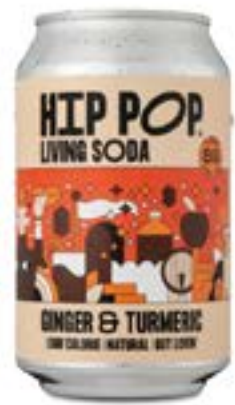
# LIVING SODA



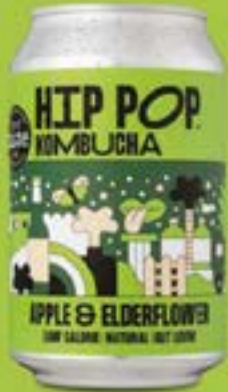
12x330ml  
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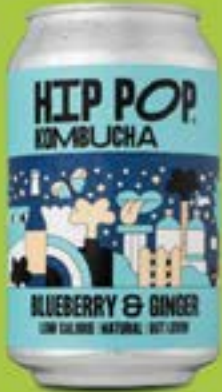
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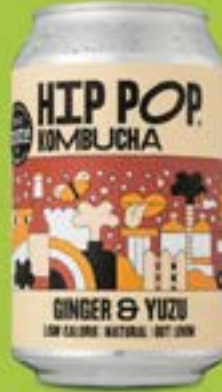
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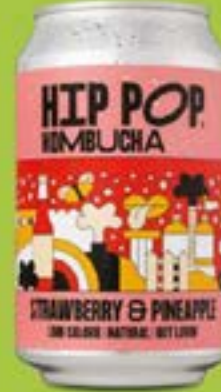
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12x330ml  
641617



12x330ml  
641619



12x330ml  
641620

# KOMBUCHA

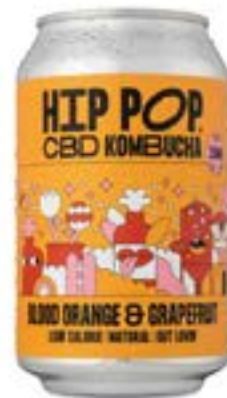


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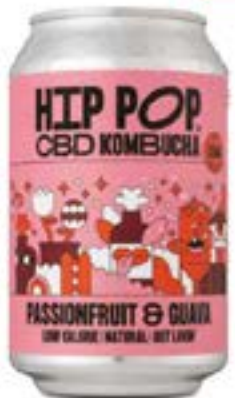
# CBD KOMBUCHA



12x330ml  
641621



12x330ml  
641622



12x330ml  
641623



12x330ml  
641626



12x330ml  
641632



12x330ml  
641633

# GUT LOVIN' SODA



# zest

20%  
OFF

SEE  
PAGE  
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## PESTO & PASTA SAUCE RANGE

- ✓ Great tasting range of Pesto and Pasta Sauces
- ✓ Free from artificial anything
- ✓ Entire range suitable for vegetarians
- ✓ Specially developed Vegan Basil Pesto available

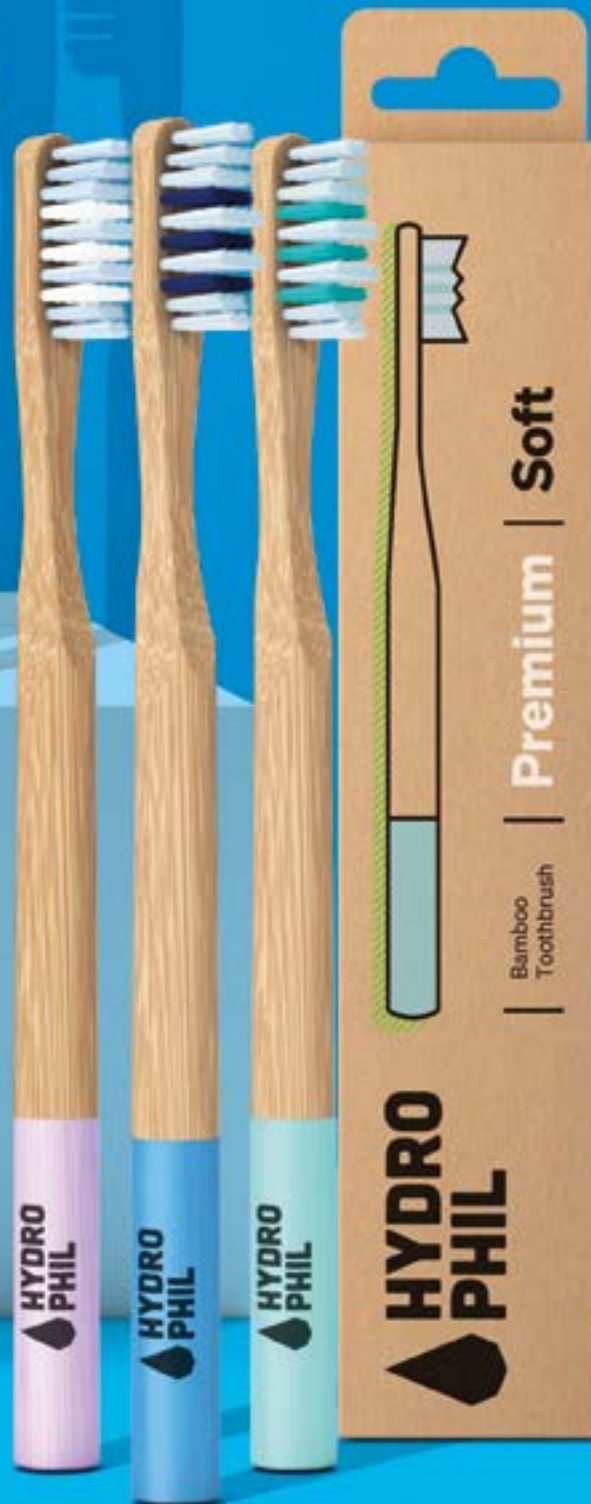
We've absolutely  
nothing to hide  
in our ingredients



# Stop dirty, start clean.

**Louder and better  
than ever before:**  
New curved bristles  
with a high-low  
profile made out of  
sustainable natural  
materials in the fight  
for climate justice  
and clean teeth.

**For the heroes  
of tomorrow:**  
Each colour  
of the Kids  
toothbrushes  
is now available  
in a pack of two.



# HYDRO PHIL

SEE  
PAGE  
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# SAME GREAT TASTE NEW KICK-ASS LOOK

NOW FAIRTRADE WITH  
RECYCLABLE PACKAGING

SEE  
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84



PART OF THE CAFÉDIRECT FAMILY



**NOTHING BUT PROTEIN PACKED NUTS**

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**100%  
nuts**

**30g  
PROTEIN  
Per 100g**

**NO  
PALMOIL  
EVER!**

**30G  
PROTEIN  
PER  
100G**

**NO  
palm  
OIL**

700g e

**100% NUTS**

• PROTEIN  
SMOOTH PEANUT  
BUTTER 700G

**25%  
OFF**



[WWW.MERIDIANFOODS.CO.UK](http://WWW.MERIDIANFOODS.CO.UK) @MERIDIAN FOODS



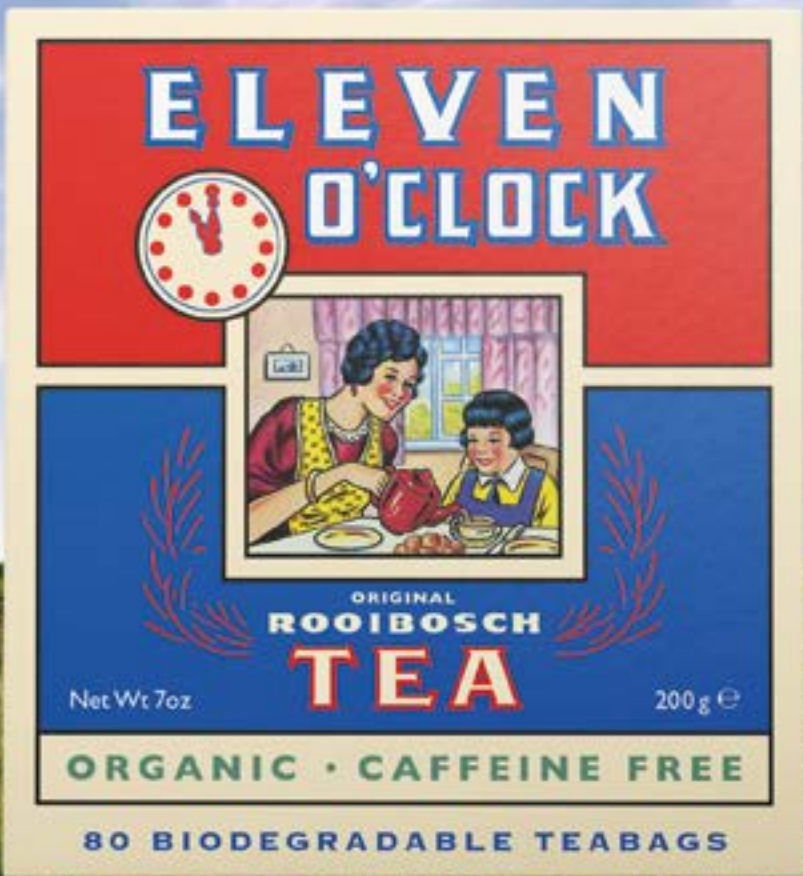
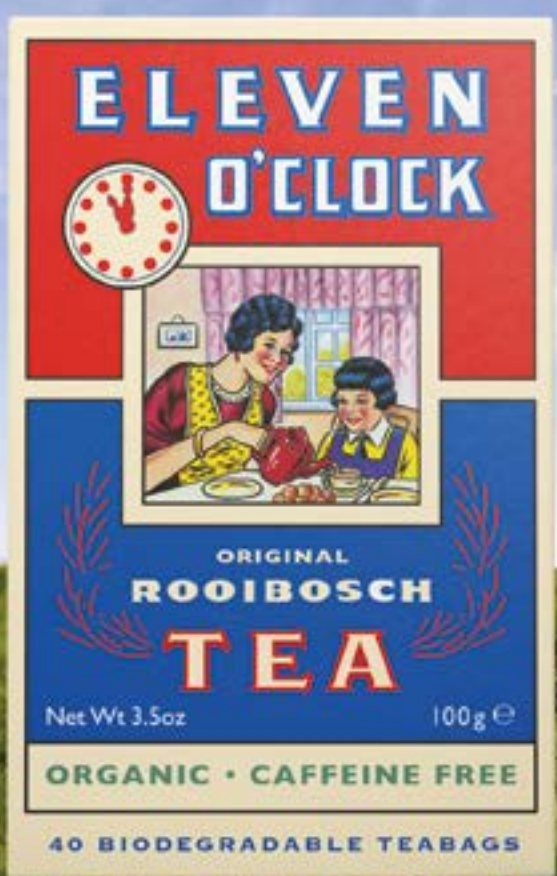


BIODEGRADABLE  
TEABAGS

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# 20% OFF

## ALL ROOIBOSCH



**Finest grade Rooibosch,  
rich in antioxidants & caffeine free.  
Perfect for restful sleep.**

ELEVENOCLOCKTEA.COM





# 20% OFF ALL TEAS!

SEE  
PAGE  
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## BRITAIN'S No. 1 ROOIBOS\*



SUPPORTS HEART  
HEALTH



BIODEGRADABLE  
TEABAGS



NATURALLY  
CAFFEINE FREE



# 20% OFF ALL TEAS

SEE  
PAGE  
77+81

Dragonfly tea 

CAPE MALAY  
CHAI

ORGANIC SPICED ROOIBOS

Uplifting spices blended with soothing  
caffeine free redbush tea




"This is my  
favourite tea by  
a country mile.  
I love it!"

CHRISTINA



Plastic Free 20  
40g (1.41oz)

warming spices • deliciously soothing • caffeine free

Dragonfly tea 



# TASTY. GUT. SCIENCE.

SEE  
PAGE  
26

Founded by **THE GUT HEALTH DOCTOR**<sup>®</sup>



## NEW TO INFINITY FOODS



**NO ADDED  
SUGAR**



**NO ARTIFICIAL  
SWEETENERS**



**HIGH IN  
FIBRE**



**9+ PLANT  
BASED FOODS**

\*contains oat grain fibre that contributes to an increase in faecal bulk.



# AWARD WINNING ETHICAL CHOCOLATE

SEE  
PAGE  
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*made with love*



*Fairtrade,  
Organic & a  
Yummy Tree-t!*



*Can you  
be-leaf it?*





# SEGGIANO

## Artisan treats for the holidays

SEE  
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### Classic Panettone

500g

Our authentic, delicious artisan seggiano panettone is the only version on the market made without the use of emulsifiers and preservatives.

Award-winning master baker Beniamino's handmade cakes are the best.



### Vegan Panettone

500g

Seggiano naturally leavened panettone is free from emulsifiers. It is also baked without stabilisers & preservatives.

Our truly wonderful cake with turmeric, linseed flour and high oleic oil will bring pleasure to both vegan & non vegans alike.



### Traditional Panforte

100g

A flat sweet cake made from candied citrus fruit peels, rich spices and toasted almonds. Enjoy for dessert or as a sweet snack with tea or coffee.

### Chocolate Panforte

100g

A thick covering of dark cocoa powder adds an irresistible chocolate dimension to the spicy richness of this panforte.

### Fig & Walnut Panforte

200g

A delicious variation of the traditional medieval Panforte, which combines natural figgy caramel sweetness with the creamy flavour of walnuts.

### Baked Calabrian Fig Ball • 200g

Dottato figs are dried whole and the slowly cooked in their own juices. Shaped into balls, slow baked to bring out the luscious liquorice and caramel flavours, then wrapped in fig leaves.



### Chocolate

Rum Figs • 120g

These fig dolcetti are typical of Calabria: dottato figs of Cosenza are soaked in rum, stuffed with an almond and dipped in dark chocolate.



### Chocolate

Cherry Figs

140g

Soft dottato figs, stuffed with amarena cherries and dipped in dark chocolate.



### Chocolate

Clementines • 120g

Whole clementines are candied, using the traditional slow method to preserve the fruits in sugar, then halved and dipped in dark chocolate.



### Chocolate Panettone

500g

Rich and luxurious, cake simply doesn't get better than Beniamino's award winning Chocolate Panettone handmade in his bakery. Made with organic eggs and butter and avoids the use of trans fatty emulsifiers and preservatives. The dough is fragrantly light yet deliciously rich and chocolatey. You won't be disappointed.

[WWW.SEGGIANO.COM](http://WWW.SEGGIANO.COM)



# COCO CARAVAN

VEGAN CHOCOLATE



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CHOCOLATE  
DIPPED  
FRUITS

Plant-based  
Organic Chocolate  
Ethically sourced  
Handcrafted  
Coconut Sugar



DISCOVER THE RANGE AT:  
[WWW.COCOCARAVAN.CO.UK](http://WWW.COCOCARAVAN.CO.UK)







MERRY CHRISTMAS  
FROM ROOTS & WINGS ORGANIC

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Simply peeled, roasted chestnuts.  
Perfect as a delicious, healthy snack  
or a seasonal ingredient.

Available in 10 x 200g & 6 x 80g sizes

SEE  
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Lubeca

SEE  
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## Making great tasting marzipan. Since 1904.

Lubeca manufactures high quality marzipan for artisans and industry. The manufacture of our products is based on traditional and increasingly rare craftsmanship but in a very modern environment. Lubeca has the knowledge and over 100 years of experience of producing the best tasting marzipan.

The secret of our great marzipan quality is based on three things:

- The high quality almonds from smaller plantations in the Mediterranean region
- The fine grinding between two pairs of counter-rotating granite rollers - the same method used since 1904. This gives the defined structure and fineness and a smooth mouthfeel.
- We roast our marzipan traditionally in open copper roasting kettles in a complex process. It gives our products their unmistakable taste and sets them apart from other marzipans.

Lübecker Marzipan® is a Protected Geographical Indication (PGI) by the EU. The quality requirements for Lübeck Marzipan are set higher than for other commercially available marzipan. Our standards are high because our customers all over the world expect a consistently excellent quality that we have delivered ...for over 100 years.

[www.lubeca-marzipan.de](http://www.lubeca-marzipan.de)





# Oambar<sup>®</sup>

# CHRISTMAS 2024




SEE PAGE 142

Get festive with our range of Advent Calendars, Winter Edition Oambar and Christmas baubles!



✓ DAIRY & GLUTEN FREE ✓ VEGAN ✓ ORGANIC ✓ FAIR TRADE

[www.ombar.com](http://www.ombar.com)

@OmbarChocolate   



FESTIVE  
FAIRTRADE

# GIFTING THAT GIVES BACK



ADVENT  
CALENDARS



CHOCOLATE  
THINS



CHOCOLATE  
COINS



SEE  
PAGE  
140

100% Fairtrade\*

Made using the finest cocoa

No palm oil or soya

Certified



Corporation



Get in touch: [info@rhamar.com](mailto:info@rhamar.com)





# BOOJA-BOOJA

## STOCK THE HALLS!

Bring festive joy to your shelves with our exceptional range of award-winning chocolate truffles

SEE PAGE 139







BOOJA-BOOJA

NEW

# NEW BITE-SIZED CHOCOLATE ADVENTURES

SEE PAGE 139

Create a sensation in self-treating with Chocolate Wonders.



Amazingly delicious



Four irresistible flavours



100% recyclable, resealable treat bags

Organic September

Dairy Free, Gluten Free, Soya Free



# Belvoir Farm

Naturally  
Delicious Drinks

REAL FRUIT.  
NOTHING ARTIFICIAL.

NEW



Packed full  
of Seasonal  
Ingredients





ORGANIC



THE  
**AUTHENTIC**  
BREAD COMPANY

# Organic Luxury Mincemeat

WITH COGNAC

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Organic Luxury Mincemeat  
with Cognac Case size : 6x300g  
Case price : £21.50  
RRP: £4.78. Infinity order code: 365653





# English Tea Shop

ORGANIC

SEE PAGE 140



There's a blend **for you**, whatever your mood.

English Tea Shop (UK) Ltd. | [www.etsteas.co.uk](http://www.etsteas.co.uk)

[facebook.com/ETSteas](https://facebook.com/ETSteas) [twitter.com/etsteas](https://twitter.com/etsteas)





perfect for *festive joy*  
see listing pages for all gift options

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**PUKKA**

- ✓ beautiful & sustainable
- ✓ 100% organic herbal teas for wellbeing
- ✓ retail selling outer







# MONTEZUMAS\*

EXTRAORDINARY  
CHOCOLATE

We pride ourselves on innovation and have an extensive and inclusive range including bars, and buttons. All our products are gluten-free, made without vegetable or palm oil. We're passionate about finding ways to reduce our impact on our beautiful planet. We're proud that all our packaging is either recyclable, biodegradable or compostable at home.

 /montezumaschocs

 @montezumaschocs

 montezumaschocolate





# MONTEZUMAS\*

EXTRAORDINARY CHOCOLATE

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Introducing the 2024 Christmas range from Montezuma's Chocolates. From our 2 beautiful advent calendars to Blizzard our hollow milk chocolate snowman, there is something to suit everyone and stand out on your shelves this festive season!





**The Foods  
of Athenry**

The Foods of Athenry

Vegan Gluten-free Mince Pies 4 pack

Size 12x280g case price: £.50.60 RRP :£.5.62

Infinity order code: 35705

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**The Foods  
of Athenry**

**Very Merry  
Christmas**

*Starry Mince Pies*

Deliciously deep-filled fruity pies  
combining all our favourite fruits and nuts;  
all wrapped up in a crumbly, melt in the mouth pastry.  
The perfect seasonal treat.



VEGAN

DAIRY  
FREE

GLUTEN  
FREE

WHEAT  
FREE



IE-004-033

**GLUTEN & WHEAT FREE. VEGAN**

280g e



SEE  
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**EQUAL EXCHANGE**

# Organic FESTIVE BLEND

A dark roasted seasonal coffee with festive flavours of fig  
and chocolate to keep you warm through the winter.



Follow us:

[www.equalexchange.co.uk](http://www.equalexchange.co.uk)  
[@Equalexchangeuk](https://www.instagram.com/Equalexchangeuk)

Contact us:

Tel: 0345 258 5331  
[enquiry@equalexchange.coop](mailto:enquiry@equalexchange.coop)



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fairfields  
farm

LIMITED FESTIVE EDITION



A DELICIOUS CHRISTMAS CRUNCH

Add a touch of magic to your winter sharing occasions with the rich, sweet and smoky taste of Maple Glazed Ham flavour crisps. Made on our independent family farm with potatoes we grow ourselves!

AVAILABLE FROM MID-OCTOBER IN 10 X 150G CASES

GLUTEN  
FREE

VEGAN  
FRIENDLY



# PLAYin CHOC®

Winner of Over 38 International Awards

SEE  
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142

## ToyChoc Box®

- 2 x 10g organic chocolates
- a surprise 3D puzzle toy
- fun facts card



Available in shelf ready packs of 18 units

DAIRY, NUT, GLUTEN AND PLASTIC FREE

SUSTAINABLY AND ETHICALLY SOURCED

1/3 LESS SUGAR THAN OTHER LEADING CHOCOLATE BRANDS

Certified



Corporation



Choose from 5 different ToyChoc Boxes® ranges





# YOGI TEA®

ORGANIC

SEE  
PAGE  
79

25%  
OFF\*



## GET THROUGH THE COLD SEASON WITH YOGI TEA®!

Taste the variety of Yogi Tea® and  
enjoy your daily cup of inspiration.

yogitea.com  facebook.com/yogitea  @yogiteaeurope



\*off selected YOGI TEA® organic products



# YOGI TEA®

ORGANIC

AVAILABLE  
WHILE  
STOCKS  
LAST

## FOR A DELIGHTFUL ADVENT SEASON



### CHRISTMAS TEA

YOGI TEA® is celebrating the best time of the year with an Ayurvedic tea blend of aromatic Honeybush and Christmas spices such as cinnamon and star anise.

The Christmas season is when you pause and look back on the year in gratitude. In order to share some of this gratitude with others, YOGI TEA® supports the non-profit Kumari Project, which helps and empowers orphaned children in Nepal, providing them a caring home, thoughtful education and the door to a brighter future.

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### CHRISTMAS CALENDAR

24 different teas with inspiring words of wisdom behind each door. Perfect for a reflective advent season!







# Pure bliss...

SEE  
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## Olive Oil Soap from Nablus

Hand-crafted in small batches by a family business, using time-honoured traditional methods. Containing over **77% olive oil** and celebrated for its purity and moisturising effect.

- PALM OIL FREE
- BIODEGRADABLE
- CRUELTY-FREE
- SLS & PARABEN FREE



## 100% natural Dead Sea Bath Salt

From the Palestinian shores of the Dead Sea, known as the world's biggest natural spa, a pure bath salt rich with **21 minerals**.

- MINERAL-RICH • CRUELTY-FREE • VEGAN



# Infinity Foods

## Organic Fig & Walnut Granola Muesli

A new addition to the ever popular Infinity cereals range, Organic Fig & Walnut Granola Muesli.

Sweet figs, creamy walnuts and crunchy granola with a selection of our favourite nuts, seeds and fruit.

Serve with a dollop of Greek yoghurt for a taste of the Mediterranean in your breakfast bowl!

**New  
Product**



**Infinity Organic  
Fig & Walnut Granola Muesli**  
Size: 6x500g - Case: £ 14.75  
RRP- £ 3.29      Infinity order code: 4031

**Fig & Walnut Granola Muesli**  
Size: 6x1g - Case: £26.95  
RRP- £5.99      Infinity order code: 4032



**Infinity Foods**  
CO-OPERATIVE LTD  
**WHOLESALE**  
A better way...



# Infinity Foods Snacks

## New Snacks BBQ Corn, Wasabi Peas

A couple of spicy numbers join our parade of snack packs this month.

Firstly, a warm "Chinook" breeze from the West brings us these moreish, smoky, barbecue roasted corn snacks.

Then a challenging, hot, "Yamo" wind from the East delivers us a true classic: fiery, crunchy Wasabi peas.

Two delightful additions to this ever popular and affordable range.



### Info & Prices

#### BBQ Corn Snacks

Size: 6x45g Case Price £4.20  
RRP: £0.93 Order Code: 8181  
Size: 6x125g Case Price £6.20  
RRP: £1.38 Order Code: 8103

#### Wasabi Peas

Size: 6x55g Case Price £5.00  
RRP: £1.11 Order Code: 8229  
Size: 6x125g Case Price £7.85  
RRP: £1.74 Order Code: 8118

Also available in bulk sizes.



Infinity Foods  
CO-OPERATIVE LTD  
**WHOLESALE**  
There's a better way...



# The Joy of Six

Infinity Foods  
Pre-packs.  
Now all in six packs.



You asked for pre-packs  
in sixes and we listened.

Our lovely customers asked us if we could sell our brilliant Infinity products in smaller quantities.... So we did it! We are switching the entire range to six in a box. That should mean more pounds in your pocket and more space in your stockroom. See, good things really do come in smaller packages!!





# Infinity Foods Welcome

to the November - December 2024 Catalogue.

## Welcome to the latest edition of our catalogue

It replaces your current copy, so be sure to pop that in the recycling.

Inside, you'll find all our latest deals or products. (Speaking of which, turn to the new products and offers for an at-a-glance view of what's new and on offer)

## What's changed since last time?

On the left-hand side of each page, you'll see a shaded column where you can check what's changed since the last catalogue. We do everything we can to stick to the prices you see on the page, but sometimes events outside our control might mean they have to change. If this happens, we'll be sure to flag it clearly on your invoice.

## Want to talk organic?

We label lots of our products as 'organic'. This means an official body, recognised by the EU, has certified the product. If you'd like more information about how this works, drop Charles Booth our

Soil Association co-ordinator a message at: [charles.booth@infinity.coop](mailto:charles.booth@infinity.coop)

## Need a digital catalogue?

No problem. Download a copy at [infinityfoodswolesale.coop](http://infinityfoodswolesale.coop) or get an Excel, PDF or CSV version by emailing [info@infinity.coop](mailto:info@infinity.coop)

## Got a question?

Email us at [info@infinity.coop](mailto:info@infinity.coop) or call 01273 456376 between 8:30am and 5pm. Your feedback is always welcome, too.

There's some useful codes and contacts below if you need them.

Please remember the following codes for special requests:

999999

"please phone with out of stocks"

999998

"please replace out of stocks with equivalents"

999997

"please phone with invoice total"

999996

"please phone with estimated delivery time"

999994

"please send all doubles"

999993

"please send catalogue"

999992

"please phone for card payment"

999991

"please email delivery note"

Credit Control:

New Product Listings:

Quality Control:

Soil Association/ Organic Certification:

Transport:

Website Queries:

Commodities:

Customer Services:

Simon Page

Dominic Jeffery

Charlie Booth

Michael Secretan

Scott Muir

Graham Hunt

[whcreditcontrol@infinity.coop](mailto:whcreditcontrol@infinity.coop)

[dom.jeffery@infinity.coop](mailto:dom.jeffery@infinity.coop)

[qc@infinity.coop](mailto:qc@infinity.coop)

[charlie.booth@infinity.coop](mailto:charlie.booth@infinity.coop)

[transport@infinity.coop](mailto:transport@infinity.coop)

[support@infinity.coop](mailto:support@infinity.coop)

[scott.muir@infinity.coop](mailto:scott.muir@infinity.coop)

[customercare@infinity.coop](mailto:customercare@infinity.coop)



# new products

## Bread, Rice Cakes, Crackers etc

### Biona - long life pumpernickel style - wheat free

New from Biona, organic vegan **Power Protein Rye Bread** - made with sourdough. This minimally processed bread is packed with sunflower seeds, flax seeds, kibbled rye, wheatgerm and lupin flour. There is no added soya and it is high in protein with fibre from apples.

\* Power Protein Rye Bread made with sourdough organic 8x375g 23.90 3.99 **170169**

### Biona

New from Biona, two organic vegan, ready to bake sourdough breads. **Oat Topped Wholemeal Sourdough Rolls** - there are four ready to bake rolls in each packet made with wheat and spelt. **Rustic Seeded Sourdough Baguettes** - twinpack. These are made of wheat sourdough with a mixture of seeds including brown linseed, golden linseed, sunflower, pumpkin, poppy and sesame. Both will be warm and crisp after 4-6 mins in an oven.

\* Oat Topped Wholemeal Sourdough Rolls organic 6x300g 17.05 3.79 **170181**

\* Rustic Seeded Sourdough Baguettes organic 6x300g 17.05 3.79 **170184**

### King Soba - gluten-free

New and on offer from King Soba, a range of organic gluten-free vegan Fairtrade, round puffed crackers. **Buckwheat Crackers with Chaga Mushroom** - these are high in fibre and contain 8 amino acids which also make them high in protein. The crackers also contain Chaga which is a popular adaptogen. **Corn, Rice & Lentil Crackers** - full of Vitamin A, fibre and protein. **Multigrain Crackers with Buckwheat, Quinoa and Amaranth** - quinoa has 9 amino acids making it a complete protein source, buckwheat and amaranth are full of vitamins and nutrients. **Sorghum, Rice & Buckwheat Crackers** - sorghum is rich in fibre, protein with magnesium and iron. The pricing below represents a discount of 10%.

Buckwheat Crackers with Chaga Mushroom organic 12x120g 22.60 2.51 **173383**

Corn, Rice & Lentil Crackers organic 12x120g 22.60 2.51 **173384**

Multigrain Crackers Buckwheat Quinoa Amaranth organic 12x120g 22.60 2.51 **173386**

Sorghum, Rice & Buckwheat Crackers organic 12x120g 22.60 2.51 **173388**

### Mr Organic - breads

New and on offer from Mr Organic, a selection of organic vegan flatbreads and breadsticks hand rolled and stretched in Italy. Perfect for nibbling and dipping. **Grissini Classic Breadsticks** are made in Liguria from flour, olive oil and a touch of rosemary. **Grissini with Olives** have a distinctive olive taste and are perfect with hummus. **Linguette Flatbread Classic** are crunchy and tasty. **Linguette Flatbread with Rosemary** are subtly flavoured with the eponymous herb. The breads have a cardboard tray in a cardboard pack with a plastic covering film. The pricing below represents a discount of 15%.

Grissini Classic organic 10x150g 20.95 2.79 **173420**

Grissini with Olives organic 10x130g 20.95 2.79 **173422**

Linguette Flatbread Classic organic 10x150g 20.95 2.79 **173423**

Linguette Flatbread with Rosemary organic 10x150g 20.95 2.79 **173424**

## Biscuits and Cakes

### Clearspring Oat biscuits

New from Clearspring, a range of organic vegan Japanese inspired oat biscuits made with Scottish oats, coconut sugar, coconut oil, olive oil and date syrup. There are 6 round 5 cm diameter biscuits in each pack. **Matcha Oat Biscuits** are made in small batches with the Japanese matcha giving a delicate sweet taste. **Miso Maple Oat Biscuits** are a perfect harmony of savoury and sweet with white miso paste and Canadian maple syrup. **Sweet Date Oat Biscuits** are a treat for the whole family. They are packaged in recyclable PP in an attractive card display box.

\* Matcha Oat Biscuits organic 12x40g 13.40 1.49 **180480**

\* Miso Maple Oat Biscuits organic 12x40g 13.40 1.49 **180481**

\* Sweet Date Oat Biscuits organic 12x40g 13.40 1.49 **180482**

## Honey, Syrup, Sugar & Sweeteners

### Odysea

New from Odysea, vegan gluten-free **Pomegranate Molasses** in a glass bottle. This is made with concentrated pomegranate juice and nothing else. A sweet and slightly sharp syrup ideal for salad dressings and marinades.

\* Pomegranate Molasses 6x250ml 20.95 4.66 **315060**

### Seggiano

New from Seggiano, three cold extracted, monovarietal unfiltered unpasteurised honeys packed in glass jars with metal lids. **Acacia Raw Honey** from Lazio Italy is delicate and fragrant. It is liquid and is perfect in cakes and drinks. **Chestnut Raw Honey** is also chestnut in colour with a pungent taste, lovely with cheese and desserts. **Orange Blossom Honey** is pale gold in colour with a delicate flavour. It is known locally as Zagara which is the name for citrus flowers. It sets solid at cool temperatures. Since 2013 Seggiano have given 2% of all honey sales to Buglife, a UK charity.

\* Acacia Raw Honey 6x500g 60.40 13.42 **314530**

\* Chestnut Raw Honey 6x500g 52.40 11.64 **314532**

\* Orange Blossom Honey 6x500g 50.00 11.11 **314534**

## Sauces, Fruit and Vegetable Products

### BeSaucy vegan mayo

New from BeSaucy, **Vegan Mayo** in two sizes, a 180g jar and a 4.5kg plastic catering tub. A rich velvety vegan mayonnaise made with organic soya milk, aquafaba, cider vinegar, Dijon mustard and volcanic salt. In their words "Damn tasty mayonnaise".

\* Vegan Mayo 4.5kg 25.75 5.72 **389838**

\* Vegan Mayo 6x180g 13.80 3.07 **389839**

## Convenience Foods

### Biona - quick cook meals

New from Biona, a selection of organic vegan quick cook meal mixes that take 15 minutes to prepare. **Golden Rice & Lentils Mix** is infused with a rich combination of spices to make a rich curry dish. **Porcini Mushroom Risotto Mix** - the mushrooms give this an Italian earthy taste with a base of onions, garlic, celery and carrot. **Pumpkin Risotto Mix** has comforting autumn flavours with a miso vegetable broth. **Red Lentil Spiced Dhal Mix** is a fragrant mix of curry spices including turmeric, coriander and ginger.

\* Golden Rice & Lentils Mix organic 6x350g 18.30 3.49 **390250**

\* Porcini Mushroom Risotto Mix organic 6x350g 23.90 3.99 **390251**

\* Pumpkin Risotto Mix organic 6x350g 22.10 3.69 **390252**

\* Red Lentil Spiced Dhal Mix organic 6x350g 18.30 3.49 **390253**

## Coffee

### Grumpy Mule Ground

New from Grumpy Mule a re-brand and size change. The new packs are 200g with new barcodes; the names are the same apart from the decaf which is now called **Easy Does It** and Espresso which is now called **Top Notch**.

\* Colombia Ground Equidad - 4 - FT organic 6x200g 25.10 5.59 **600845**

\* Honduras Ground FT - 3 organic 6x200g 25.10 5.58 **600846**

\* Peru Ground Femenino - 4 - FT - Bird Friendly organic 6x200g 25.10 5.59 **600847**

\* Sumatra Ground Gayo Highlands - 4 - FT organic 6x200g 25.10 5.59 **600848**

\* Easy Does It - Decaf - 3 organic 6x200g 28.45 6.32 **600849**

\* Top Notch - Espresso - 3 organic 6x200g 28.45 6.32 **600850**

### Grumpy Mule Beans

New from Grumpy Mule Beans, Sumatra is now in a 200g pack with a new barcode and Infinity order code.

\* Beans - Sumatra - 4 organic 6x200g 25.10 5.59 **600833**

## Coffee Subs, Malt Drinks, Carob & Cocoa Products

### Vivani

New and on offer from Vivani, two organic Demeter Fairtrade vegan cocoa lines. **Fine Cocoa Powder** contains Santo Domingo cocoa that is fat reduced with a little cocoa butter. It is packaged in a bag in a card box. **Fine Drinking Chocolate** contains cocoa powder 50% with beet sugar. It has a full chocolate flavour, just right after a brisk autumn walk. It is packaged in a foil lined card tube. The pricing below represents a discount of 25%.

Fine Cocoa Powder organic 8x100g 15.70 2.62 **613498**

Fine Drinking Chocolate organic 8x300g 26.95 4.49 **613499**



## Drinks - Herbal, Tonic, Coconut and Iced Tea

### Hip Pop

New from Hip Pop, four gut loving sodas which contain a quarter of your daily prebiotic fibre requirements in the form of chicory root in each serving. They also contain living cultures (Bacillus Coagulans). **Cola Gut Lovin Soda** is low in sugar, free from sweeteners with a traditional cola taste. **Ginger & Turmeric Living Soda** is lightly sparkling and refreshing. **Lemonade Gut Lovin Soda** is a smooth soda which contains lime, lemon and vanilla. **Orange Gut Lovin Soda** is refreshing and not too sweet with a touch of lemon juice.

* Cola Gut Lovin Soda	12x330ml	12.45 V	1.66	<b>6 4 1 6 2 6</b>
* Ginger & Turmeric Living Soda	12x330ml	12.45 V	1.66	<b>6 4 1 6 2 7</b>
* Lemonade Gut Lovin Soda	12x330ml	12.45 V	1.66	<b>6 4 1 6 3 2</b>
* Orange Gut Lovin Soda	12x330ml	12.45 V	1.66	<b>6 4 1 6 3 3</b>

## Drinks - Fruit & Vegetable Juices, Cordials & Water

### Oakwood Farm - glass

New from Oakwood Farm in Robertsbridge Sussex, two lovely organic apple juices. **Goldrush Apple Juice** is a modern variety of a dessert apple similar to a Golden Delicious with a bit more acidity. **Rubin Apple Juice** has an intense sweet honeyed flavour. Both juices are packaged in glass bottles.

* Goldrush Apple Juice	organic	6x1l	16.30 V	4.35	<b>6 6 2 4 4 6</b>
* Rubin Apple Juice	organic	6x1l	16.30 V	4.35	<b>6 6 2 4 4 4</b>

## Drinks - Soya, Nut, Grain, Milk & Desserts

### Glebe Farm - gluten-free

New from Glebe Farm, **Pure Oaty Tea-rific**. This gluten-free vegan oat milk has been designed for drinking in tea to give the right taste and colour with no splitting or floating particles. It uses British oats from red tractor farms and is produced in the heart of Cambridgeshire. Packaged in a tetra pack

* Pure Oaty Tea-rific - gluten-free		6x1l	9.45	2.10	<b>7 2 2 2 2 3</b>
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## Savoury Snacks

### DJ&A

New from DJ&A, a range of vacuum cooked vegan snacks. In comparison to deep frying this process uses less oil and a lower temperature to preserve goodness and taste. **Broccoli Florets** are a little sweet and a little salty. **Crispy Beetroot Slices** - pink slightly salty beetroot crisps with a faint garlic taste. **Crispy Garlic Cloves** - crunchy garlic! **Mixed Mushroom Crisps** - these are crunchy but not hard with a lovely flavour. **Shitake Mushroom Crisps** - a crunchy tasty alternative to potato crisps. **Shitake Mushroom Crisps Gravy Flavour** - like a roast dinner in a bag. **Shitake Mushroom Crisps Smoked Chilli & Garlic** these are smoky and savoury, not too spicy. **Sugar Snap Pea Crisps** - hollow with a satisfying sweet crunch. **Yellow Sweet Potato Crisps** - pleasingly thick with a little salt and just a hint of sweet to know it's sweet potato.

* Broccoli Florets	12x25g	25.90	3.09	<b>7 5 1 0 7 0</b>
* Crispy Beetroot Slices	10x35g	21.60	3.09	<b>7 5 1 0 7 2</b>
* Crispy Garlic Cloves	12x45g	25.90	3.09	<b>7 5 1 0 7 3</b>
* Mixed Mushroom Crisps	12x30g	25.90	3.09	<b>7 5 1 0 7 4</b>
* Shitake Mushroom Crisps	12x30g	25.90	3.09	<b>7 5 1 0 7 5</b>
* Shitake Mushroom Crisps Gravy Flavour	12x35g	25.90	3.09	<b>7 5 1 0 7 6</b>
* Shitake Mushroom Crisps Smoked Chilli & Garlic	12x30g	25.90	3.09	<b>7 5 1 0 7 7</b>
* Sugar Snap Pea Crisps	10x30g	21.60	3.09	<b>7 5 1 0 7 8</b>
* Yellow Sweet Potato Crisps	10x55g	21.60	3.09	<b>7 5 1 0 7 9</b>

### Infinity Foods - Savoury Snack-Packs

New from Infinity Foods, two of our popular vegan snacks are now in a snack pack size. **BBQ Corn Snacks** with a very moreish slightly salty BBQ taste and the pokey **Wasabi Peas** to liven up your day.

* BBQ Corn Snacks	6x45g	4.20	0.93	<b>8 1 8 1</b>
* Wasabi Peas	6x55g	5.00	1.11	<b>8 2 2 9</b>

## Sweet Snacks & Confections

### Nourish - vegan - gluten-free

New from Nourish, a range of vegan gluten-free chocolate coconut brownies with different fillings, covered in rich dark chocolate. **The Nutty One** is filled with crunchy almond nut butter. **The Orange One** has orange oil in the brownie and is filled with crunchy almond butter. **The Berry One** has air dried raspberry pieces and is filled with creamy cashew butter. They are all high in gut loving fibre and nutritious ingredients. The bars are packaged in a recyclable plastic film.

* The Nutty One	14x50g	21.25	2.02	<b>7 6 6 8 1 7</b>
* The Orange One	14x50g	21.25	2.02	<b>7 6 6 8 1 8</b>
* The Berry One	14x50g	21.25	2.02	<b>7 6 6 8 1 9</b>

### Ombar - raw chocolate bars & buttons

New from Ombar, organic Fairtrade vegan **100% Cacao - large** made with unroasted Ecuadorian cacao to preserve the nutrient rich polyphenols. This small batch bar is intense, dark yet mellow with a multi layered aftertaste.

* 100% Cacao - large	organic	10x70g	22.15 V	3.54	<b>7 6 5 7 8 7</b>
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### Ricola

Returning from Ricola, **Cough Drops Honey Lemon Echinacea - bag**. 13 Swiss alpine herbs are combined with Fairtrade honey, lemon juice, echinacea and 2.2mg of menthol per drop to soothe the throat and voice. These were the best selling line before their brief sabbatical

* Cough Drops Honey Lemon Echinacea - bag		12x75g	12.40 V	1.65	<b>7 6 7 7 6 2</b>
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### Vivani organic vegan chocolate bars

New and on offer from Vivani, two organic vegan Demeter Fairtrade chocolate bars packed in a home compostable inner film with a paper cover. **Dark with Whole Hazelnuts Chocolate** - freshly roasted hazelnuts coated in a dark chocolate (55% cocoa) that melts in your mouth. **Fine Dark Mallorca Fleur de Sel 75% Chocolate** - mild Panama cocoa, sweetened with aromatic coconut blossom sugar, and a pinch of sea salt. The pricing below represents a discount of 25%.

<input type="checkbox"/> Dark with Whole Hazelnuts Chocolate	organic	10x100g	17.75 V	2.84	<b>7 6 8 8 9 1</b>
<input type="checkbox"/> Fine Dark Mallorca Fleur de Sel 75% Chocolate	organic	10x80g	18.65 V	2.98	<b>7 6 8 8 9 3</b>

### Vivani organic chocolate bars - not vegan

New and on offer from Vivani, three new organic chocolate bars packed in a home compostable inner film with a paper cover. **Milk Whole Hazelnuts Chocolate**, a lovely chocolate with freshly roasted whole hazelnuts, a crunchy delight. **Crème Brûlée Chocolate** - the fine milk chocolate is filled with a delicate milk cream and crunchy caramel. **Wafer Praliné Chocolate** contains creamy hazelnut nougat and crunchy baked wafer pieces. The pricing below represents a discount of 25%.

<input type="checkbox"/> Milk Whole Hazelnuts Chocolate	organic	10x100g	17.75 V	2.84	<b>7 6 8 8 9 5</b>
<input type="checkbox"/> Crème Brûlée Chocolate	organic	18x40g	15.05 V	1.34	<b>7 6 9 0 0 0</b>
<input type="checkbox"/> Wafer Praliné Chocolate	organic	18x40g	15.05 V	1.34	<b>7 6 9 0 0 1</b>

## Kitchen & Household Goods

### Cheeky Panda Bamboo products

New and on offer from Cheeky Panda, **9 Toilet Rolls - Quilted Soft - 4 ply - 155 sheets**. This is a soft gentle, sustainable alternative to tree based toilet paper with a luxury 4ply velvety wave texture. Bamboo toilet paper has superior strength meaning fewer sheets are needed. Made from FSC 100% certified bamboo packaged in a recyclable paper pack. For every pack sold, a donation is made to the WWF supporting their vital climate and conservation efforts. The pricing marked  below represents a discount of 20%.

<input type="checkbox"/> 9 Toilet Rolls - Quilted Soft - 4 ply - 155 sheets		5x9p	18.10 V	5.79	<b>8 2 0 5 6 7</b>
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## Toothpaste, Brushes & Oral Hygiene

### Aloe Dent - fluoride-free

New and on offer from Aloe Dent, a vegan and fluoride-free probiotic toothpaste and mouthwash. **Probiotic Toothpaste** is expertly formulated with a probiotic complex Lactobacillus, to protect the mouth's natural biome, support gum health, prevent plaque and freshen breath. **Probiotic Mouthwash** is alcohol-free and cleans teeth, freshens breath and soothes gums, supporting positive oral health. Both are minty fresh in recyclable packaging. The pricing below represents a discount of 15%.

<input type="checkbox"/> Probiotic Toothpaste - fluoride-free		6x75ml	17.30 V	5.08	<b>8 8 1 4 4 9</b>
<input type="checkbox"/> Probiotic Mouthwash - fluoride-free		6x250ml	17.30 V	5.08	<b>8 8 1 4 5 6</b>

\* new product  on offer  
▲ price rise ▼ fall

☆ size/other change  
◆ offer ended



## Georganics

New and on offer from Georganics, vegan gluten-free **GeoKids Fluoride Toothpaste - Strawberry**. This non foaming formula has been specially designed for children. It contains caries-preventing Erythritol and remineralising Hydroxyapatite with a nice strawberry flavour. It is packaged in a glass jar with a metal lid in a card box. The pricing below represents a discount of 20%

<input type="checkbox"/>	GeoKids Fluoride Toothpaste - Strawberry	10x60ml	27.60 V	4.73	<b>881 287</b>
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## Hydrophil

New from Hydrophil, a change in their bamboo toothbrush range. They are now offering a 'Premium' range. The bristles follow a curved brush head profile with high-low filaments for improved cleaning of interdental spaces. There are three 'Premium' mixed packs: **Medium - 6 blue & 6 natural, Soft - 6 cyan & 6 natural and Super Soft - 6 purple & 6 natural**. There are also two new kids toothbrushes in a double pack for the same price as the single packs. The two styles are: **Kids Red Hippo Bamboo Toothbrush - Soft and Kids Blue Otter Bamboo Toothbrush - Soft**.

✱	Premium Medium Mixed Pack Toothbrushes - blue & natural	12x1	30.60 V	4.10	<b>859 569</b>
✱	Premium Soft Mixed Pack Toothbrushes - blue & natural	12x1	30.60 V	4.10	<b>859 570</b>
✱	Premium Super Soft Mixed Pack Toothbrushes - purple & natural	12x1	30.60 V	4.10	<b>859 571</b>
✱	Kids Red Hippo Bamboo Toothbrush - Soft double pack	12x2p	30.60 V	4.10	<b>859 573</b>
✱	Kids Blue Otter Bamboo Toothbrush - Soft double pack	12x2p	30.60 V	4.10	<b>859 574</b>

# special offers

## Flours & Baking Requisites

### Doves Farm - non-organic - Freee

#### 15% off list November and December

<input type="checkbox"/>	Wholegrain Buckwheat Flour - gluten-free	5x1kg	15.90	4.24	<b>5 10 44</b>
<input type="checkbox"/>	Rice Flour (brown & white) - gluten-free	5x1kg	7.80	2.08	<b>5 10 37</b>
<input type="checkbox"/>	Gram Flour - gluten-free	5x1kg	9.55	2.55	<b>5 10 47</b>
<input type="checkbox"/>	Gluten-free Plain White Flour	5x1kg	9.55	2.55	<b>5 10 75</b>
<input type="checkbox"/>	Gluten-free Self-Raising White Flour	5x1kg	9.55	2.55	<b>5 10 77</b>
<input type="checkbox"/>	Gluten-free Brown Bread Flour	5x1kg	10.05	2.68	<b>5 10 80</b>
<input type="checkbox"/>	Gluten-free White Bread Flour	5x1kg	9.55	2.55	<b>5 10 82</b>

### Doves Farm - baking requisites

#### 15% off list November and December

<input type="checkbox"/>	Baking Powder - gluten-free	5x130g	5.90	1.57	<b>4 12 03</b>
<input type="checkbox"/>	Bicarbonate of Soda - gluten-free	5x200g	5.40	1.44	<b>4 12 08</b>
<input type="checkbox"/>	Corn Starch Flour - gluten-free	organic 5x110g	7.00	1.87	<b>4 12 12</b>

## Breakfast Cereals & Cereal Flakes

### Bear

#### 20% off list November and December

<input type="checkbox"/>	Cocoa Alpha Bites	4x350g	6.90	2.30	<b>7 0 5 0 6</b>
<input type="checkbox"/>	Multigrain Alpha Bites	4x350g	6.90	2.30	<b>7 0 5 0 9</b>

### Biona

#### 15% off list November and December

<input type="checkbox"/>	Choco-Coconut Granola	organic 6x375g	20.20	4.49	<b>6 0 4 0 2</b>
<input type="checkbox"/>	Granola Nutty Clusters Low Sugar	organic 6x375g	22.50	5.00	<b>6 0 4 0 3</b>
<input type="checkbox"/>	Granola Oaty Clusters Low Sugar	organic 6x375g	20.60	4.58	<b>6 0 4 0 4</b>
<input type="checkbox"/>	Honey & Hazel Crunch Granola	organic 6x375g	21.75	4.83	<b>6 0 4 0 5</b>
<input type="checkbox"/>	Wild Berry Crisp Granola - boxed	organic 6x375g	25.55	5.68	<b>6 0 4 1 2</b>
<input type="checkbox"/>	Pure Oaty Granola - wheat-free	organic 6x375g	19.05	4.23	<b>6 0 4 1 3</b>
<input type="checkbox"/>	Porridge Oats	organic 6x500g	8.35	1.86	<b>6 0 4 1 6</b>

### Infinity - Pre-Packed Organic Breakfast Cereals

#### 20% off list November and December

<input type="checkbox"/>	Fig & Walnut Granola Muesli	organic 6x500g	11.80	2.63	<b>4 0 3 1</b>
<input type="checkbox"/>	Fig & Walnut Granola Muesli	organic 6x1kg	21.55	4.79	<b>4 0 3 2</b>

## Nuts and Seeds

### Crazy Jack on-the-go

#### 10% off list November and December

<input type="checkbox"/>	Mixed Almonds - on-the-go	organic 18x30g	11.55	0.86	<b>9 0 7 2 2</b>
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### Raw Living - activated nuts & seeds

#### 20% off list November and December

<input type="checkbox"/>	Activated Mixed Nuts	organic 6x200g	43.65	10.39	<b>9 1 3 0 9</b>
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## Dried Fruit

### Crazy Jack

#### 10% off list November and December

<input type="checkbox"/>	Cranberries with sugar & veg.oil	organic 7x100g	7.50	1.43	<b>1 0 0 7 7 5</b>
<input type="checkbox"/>	Apricots - on-the-go	organic 18x40g	13.30	0.99	<b>1 0 0 7 7 3</b>
<input type="checkbox"/>	Apricots - Ready-to-Eat	organic 8x200g	21.10	3.52	<b>1 0 0 7 8 2</b>
<input type="checkbox"/>	Mango - Ready-to-Eat	organic 6x100g	10.05	2.23	<b>1 0 0 7 7 9</b>
<input type="checkbox"/>	Mango - on-the-go	organic 16x30g	10.25	0.85	<b>1 0 0 7 8 1</b>
<input type="checkbox"/>	Dates - Ready-to-Eat	organic 8x200g	16.25	2.71	<b>1 0 0 7 8 4</b>
<input type="checkbox"/>	Figs - Ready-to-Eat	organic 8x200g	18.30	3.05	<b>1 0 0 7 8 8</b>
<input type="checkbox"/>	Prunes - Ready-to-Eat	organic 8x200g	17.90	2.98	<b>1 0 0 7 9 0</b>

## Pasta

### Explore Cuisine - vegan - gluten-free

#### 15% off list November and December

<input type="checkbox"/>	Black Bean Spaghetti	organic 6x200g	11.85	2.63	<b>1 3 0 7 0 5</b>
<input type="checkbox"/>	Chickpea Fusilli	organic 6x250g	11.85	2.63	<b>1 3 0 7 0 8</b>
<input type="checkbox"/>	Edamame Bean Spaghetti	organic 6x200g	11.85	2.63	<b>1 3 0 7 0 7</b>
<input type="checkbox"/>	Edamame & Mung Bean Fettuccine	organic 6x200g	11.85	2.63	<b>1 3 0 7 1 5</b>
<input type="checkbox"/>	Green Lentil Penne	organic 6x250g	11.85	2.63	<b>1 3 0 7 1 8</b>

### Suma

#### 15% off list November and December

<input type="checkbox"/>	Casarecce Oat Pasta - Box	organic 12x340g	22.85	2.54	<b>1 5 2 5 6 7</b>
<input type="checkbox"/>	Linguine Oat Pasta - Box	organic 12x340g	24.10	2.68	<b>1 5 2 5 6 8</b>
<input type="checkbox"/>	Rigatoni Oat Pasta - Box	organic 12x340g	22.85	2.54	<b>1 5 2 5 6 9</b>

## Noodles

### Biona - vegan

#### 15% off list November and December

<input type="checkbox"/>	Asia Noodles - wheat	organic 8x250g	13.70	2.28	<b>4 9 0 3 0 5</b>
<input type="checkbox"/>	Spelt Noodles	organic 8x250g	16.25	2.71	<b>4 9 0 3 1 0</b>

### Clearspring - wheat-free

#### 15% off list November and December

<input type="checkbox"/>	100% Buckwheat Soba Noodles	organic 6x200g	17.15	3.81	<b>4 9 0 5 1 1</b>
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### Clearspring - Japanese - (none are wheat-free)

#### 15% off list November and December

<input type="checkbox"/>	Brown Rice Udon Noodles	organic 12x200g	26.70	2.97	<b>4 9 0 5 0 6</b>
<input type="checkbox"/>	Udon Noodles	organic 12x200g	26.70	2.97	<b>4 9 0 5 0 7</b>
<input type="checkbox"/>	Skinny Soba Somen Noodles	organic 12x200g	26.70	2.97	<b>4 9 0 5 0 8</b>
<input type="checkbox"/>	Wide Udon Noodles	organic 12x200g	26.70	2.97	<b>4 9 0 5 0 9</b>
<input type="checkbox"/>	Soba Noodles	organic 12x200g	26.70	2.97	<b>4 9 0 5 1 0</b>

## Bread, Rice Cakes, Crackers etc

### Island Bakery

#### 15% off list November and December

<input type="checkbox"/>	Cheese Biscuits - Harissa with Chilli & Cumin	12x100g	29.75	3.31	<b>1 7 3 3 5 1</b>
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✱ new product  on offer  
▲ price rise ▼ fall

☆ size/other change  
◆ offer ended



### King Soba - gluten-free

#### 10% off list November and December

<input type="checkbox"/>	Buckwheat Crackers with Chaga Mushroom	organic	12x120g	22.60	2.51	173383
<input type="checkbox"/>	Corn, Rice & Lentil Crackers	organic	12x120g	22.60	2.51	173384
<input type="checkbox"/>	Multigrain Crackers Buckwheat Quinoa Amaranth	organic	12x120g	22.60	2.51	173386
<input type="checkbox"/>	Sorghum, Rice & Buckwheat Crackers	organic	12x120g	22.60	2.51	173388

#### Mr Organic - breads

#### 15% off list November and December

<input type="checkbox"/>	Grissini Classic - New!	organic	10x150g	20.95	2.79	173420
<input type="checkbox"/>	Grissini with Olives - New!	organic	10x130g	20.95	2.79	173422
<input type="checkbox"/>	Linguette Flatbread Classic - New!	organic	10x150g	20.95	2.79	173423
<input type="checkbox"/>	Linguette Flatbread with Rosemary - New!	organic	10x150g	20.95	2.79	173424

#### Nairn's

#### 20% off list November and December

<input type="checkbox"/>	Scottish Oatcakes	organic	12x250g	12.80	1.42	174705
<input type="checkbox"/>	Super Seeded Oatcakes	organic	8x200g	9.70	1.62	174712
<input type="checkbox"/>	Cheese Oatcakes		12x200g	14.55	1.62	174715
<input type="checkbox"/>	Rough Oatcakes		10x291g	9.30	1.24	174717
<input type="checkbox"/>	Fine Milled Oatcakes		12x218g	10.25	1.14	174720
<input type="checkbox"/>	Fruit and Seed Oatcakes		8x225g	9.70	1.62	174723

### Nut Butter, Pâté, Spreads & Jam

#### Meridian

#### 25% off list November and December

<input type="checkbox"/>	Smooth Almond Butter 100%		6x170g	11.10	2.47	251503
<input type="checkbox"/>	Protein Smooth Peanut Butter 100%		3x700g	10.90	4.85	251611

#### Mr Organic Dips & Spreads

#### 15% off list November and December

<input type="checkbox"/>	Black Bean & Red Pepper Antipasti Dip	organic	6x230g	13.30	2.96	252501
<input type="checkbox"/>	Butter Bean & Yellow Pepper Antipasti Dip	organic	6x230g	13.30	2.96	252502
<input type="checkbox"/>	Chickpea & Tomato Antipasti Dip	organic	6x230g	13.30	2.96	252503

### Honey, Syrup, Sugar & Sweeteners

#### Biona Sweeteners - in squeeze bottles

#### 15% off list November and December

<input type="checkbox"/>	Small Agave Nectar - Light syrup	organic	6x350g	15.25	3.39	310402
<input type="checkbox"/>	Agave Nectar - Dark syrup	organic	6x350g	16.00	3.56	310405
<input type="checkbox"/>	Date Syrup	organic	6x350g	16.80	3.73	310415

### Olives, Pickles and Preserved Vegetables

#### Mani - Greek Organic products

#### 15% off list November and December

<input type="checkbox"/>	Green Olives with Pink Peppercorns	organic	6x205g	15.25	3.39	350371
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### Sauces, Fruit and Vegetable Products

#### Biona - Sauces, Mustards, Pastes, Relish

#### 15% off list November and December

<input type="checkbox"/>	Chilli Paste made with Amendo Peppers	demeter	6x125g	15.25	3.39	390091
<input type="checkbox"/>	Sriracha Chilli Sauce	organic	6x130ml	12.55	2.79	390184

#### Bonsan - organic vegan Sauces, Mustards, Pastes, Relish

#### 15% off list November and December

<input type="checkbox"/>	Caesar Dressing	organic	6x310ml	17.90	3.98	350731
<input type="checkbox"/>	Green Pesto - bright & zesty	organic	6x130g	15.25	3.39	350735
<input type="checkbox"/>	Sweet Mustard Dressing	organic	6x310ml	16.80	3.73	350741
<input type="checkbox"/>	Worcester Sauce	organic	6x140ml	16.40	3.64	350750

### Zest Foods - vegan sauces

#### 20% off list November and December

<input type="checkbox"/>	Basil & Oregano Pasta Sauce		6x340g	10.25	2.28	395515
<input type="checkbox"/>	Spinach Mushroom & Ric***a Sauce with lentils		6x340g	15.70	3.49	395517
<input type="checkbox"/>	Tomato Fiery Chilli Pasta Sauce		6x340g	10.25	2.28	395510
<input type="checkbox"/>	Tomato & Mas***pone Sauce with coconut		6x340g	15.70	3.49	395516
<input type="checkbox"/>	Tom, Mushroom, Smoke Garlic Pasta Sauce		6x340g	10.25	2.28	395520
<input type="checkbox"/>	Tom, Mushroom, Green Pepper Pasta Sauce		6x340g	10.25	2.28	395525
<input type="checkbox"/>	Sun-dried Tomato Paste		6x170g	11.15	2.48	395530
<input type="checkbox"/>	Basil Vegan Pesto - large		6x340g	19.00	4.22	395555
<input type="checkbox"/>	Basil Vegan Pesto - small		6x165g	11.15	2.48	395560
<input type="checkbox"/>	Coriander, Basil & Hazel Pesto-style Sauce		6x165g	11.15	2.48	395552
<input type="checkbox"/>	Red Vegan Pesto		6x165g	11.15	2.48	395553

### Convenience Foods

#### Mr Organic - ring-pull cans

#### 15% off list November and December

<input type="checkbox"/>	Black Bean Vegetable Soup	organic	12x400g	17.50	1.94	442774
<input type="checkbox"/>	Creamy Red Pepper Soup	organic	12x400g	17.50	1.94	442777
<input type="checkbox"/>	Pumpkin, Carrot & Chilli Soup	organic	12x400g	17.50	1.94	442781
<input type="checkbox"/>	Spicy Mixed Bean Soup	organic	12x400g	17.50	1.94	442771
<input type="checkbox"/>	Tomato & Basil Soup	organic	12x400g	17.50	1.94	442776
<input type="checkbox"/>	Tomato & Lentil Soup	organic	12x400g	17.50	1.94	442773

#### Suma - baked beans and canned meals

#### 25% off list November and December

<input type="checkbox"/>	Vegan Spaghetti Bolognese		12x400g	17.85	1.98	444509
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#### Suma - baked beans and canned meals

#### 15% off list November and December

<input type="checkbox"/>	Spicy Chorizo Vegan Stew		12x400g	17.00	1.89	444503
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#### Suma - soup in easy-open cans

#### 15% off list November and December

<input type="checkbox"/>	Mushroom Soup	organic	12x400g	18.25	2.03	445587
<input type="checkbox"/>	Pea Soup	organic	12x400g	17.50	1.94	445589

### Baby & Children's Food and Baby Products

#### Ella's Kitchen - First Taste range - 4 months plus - pouches

#### 15% off list November and December

<input type="checkbox"/>	Apples Apples Apples	organic	7x70g	5.95	1.13	470870
<input type="checkbox"/>	Bananas Bananas Bananas	organic	7x70g	5.95	1.13	470872
<input type="checkbox"/>	Carrots Carrots Carrots	organic	7x70g	5.95	1.13	470871
<input type="checkbox"/>	Mangoes Mangoes Mangoes	organic	7x70g	5.95	1.13	470875
<input type="checkbox"/>	Pears Pears Pears	organic	7x70g	5.95	1.13	470877
<input type="checkbox"/>	Prunes Prunes Prunes	organic	7x70g	5.95	1.13	470878
<input type="checkbox"/>	Sweet Potato Sweet Potato	organic	7x70g	5.95	1.13	470880

#### Ella's Kitchen - baby food - 4 months plus - pouches

#### 15% off list November and December

<input type="checkbox"/>	Apples & Bananas	organic	7x120g	7.05	1.34	470930
<input type="checkbox"/>	Baby Rice Apple & Pear	organic	7x120g	7.05	1.34	470931
<input type="checkbox"/>	Baby Rice Banana & Apricot	organic	7x120g	7.05	1.34	470934
<input type="checkbox"/>	Banana Apple + Blueberry Baby Rice	organic	7x120g	7.05	1.34	470929
<input type="checkbox"/>	Broccoli, Pear & Peas	organic	7x120g	7.05	1.34	470932
<input type="checkbox"/>	Butternut Squash, Carrot, Apples and Prunes	organic	7x120g	7.05	1.34	470933
<input type="checkbox"/>	Carrot, Apple & Parsnip	organic	7x120g	7.05	1.34	470935
<input type="checkbox"/>	Mango, Pear & Papaya	organic	7x120g	7.05	1.34	470949
<input type="checkbox"/>	Peaches and Bananas	organic	7x120g	7.05	1.34	470936
<input type="checkbox"/>	Red Pepper, Sweet Potato & Apple	organic	7x120g	7.05	1.34	470952
<input type="checkbox"/>	Strawberries and Apples	organic	7x120g	7.05	1.34	470939
<input type="checkbox"/>	Sweet Potato, Pumpkin, Apple & Blueberry	organic	7x120g	7.05	1.34	470938
<input type="checkbox"/>	Sweet Potato, Broccoli & Carrots	organic	7x120g	7.05	1.34	470940



**Ella's Kitchen - stages 1+2+3 - 6 months plus****15% off list November and December**

<input type="checkbox"/>	Banana Baby Brekkie	organic	6x100g	6.55	1.46	<b>470967</b>
<input type="checkbox"/>	Blueberry & Pear Brekkie	organic	6x100g	6.55	1.46	<b>470969</b>
<input type="checkbox"/>	Mango Baby Brekkie	organic	6x100g	6.55	1.46	<b>470968</b>

**Ella's Kitchen - 6 months+ - (min 3 months shelf life)****15% off list November and December**

<input type="checkbox"/>	Strawberry Greek Yoghurt	organic	6x90g	4.95	1.10	<b>470964</b>
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**Ella's Kitchen - main meal - stage 2 - 7 months plus****15% off list November and December**

<input type="checkbox"/>	Cheese Pie with veggies	organic	6x130g	8.25	1.83	<b>470977</b>
<input type="checkbox"/>	Vegetable Bake with Lentils	organic	6x130g	8.25	1.83	<b>470985</b>

**Ella's Kitchen - Dairy Free desserts - stage 6 - 7 months plus****15% off list November and December**

<input type="checkbox"/>	Dairy Free Rice Pudding Banana + Strawberry	organic	6x80g	7.00	1.56	<b>470998</b>
<input type="checkbox"/>	Dairy Free Pear & Fig Porridge	organic	6x100g	6.55	1.46	<b>470100</b>
<input type="checkbox"/>	Dairy Free Banana Yogurt - gluten free	organic	6x90g	4.70	1.04	<b>470104</b>

**Ella's Kitchen - desserts - stage 2 - 7 months plus****15% off list November and December**

<input type="checkbox"/>	Rice Pudding - Mango & Apple	organic	6x80g	7.00	1.56	<b>470986</b>
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**Ella's Kitchen - smoothie fruit - 6 months****15% off list November and December**

<input type="checkbox"/>	The Green One - Smoothie Fruit - singles	organic	12x90g	8.90	0.99	<b>470943</b>
<input type="checkbox"/>	The Green One - Smoothie Fruit - multi	organic	6x5x90g	21.40	4.76	<b>470944</b>
<input type="checkbox"/>	The Pink One - Smoothie Fruit - multi	organic	3x5x90g	10.70	4.76	<b>470953</b>
<input type="checkbox"/>	The Purple One - Smoothie Fruit - singles	organic	12x90g	8.90	0.99	<b>470945</b>
<input type="checkbox"/>	The Purple One - Smoothie Fruit - multi	organic	6x5x90g	21.40	4.76	<b>470947</b>
<input type="checkbox"/>	The Red One - Smoothie Fruit - singles	organic	12x90g	8.90	0.99	<b>470950</b>
<input type="checkbox"/>	The Red One - Smoothie Fruit - multi	organic	6x5x90g	21.40	4.76	<b>470955</b>
<input type="checkbox"/>	The White One - Smoothie Fruit - multi	organic	3x4x90g	9.15	4.07	<b>470954</b>
<input type="checkbox"/>	The Yellow One - Smoothie Fruit - singles	organic	12x90g	8.90	0.99	<b>470960</b>

**Organix Brands - from 7 months****15% off list November and December**

<input type="checkbox"/>	Banana & Plum Porridge	organic	4x200g	8.50	2.83	<b>470710</b>
<input type="checkbox"/>	Apple Rice Cake Clouds	organic	6x40g	7.10	1.58	<b>470820</b>
<input type="checkbox"/>	Banana Rice Cake Clouds	organic	6x40g	7.10	1.58	<b>470822</b>
<input type="checkbox"/>	Cherry Rice Cake Clouds	organic	6x40g	7.10	1.58	<b>470823</b>
<input type="checkbox"/>	Strawberry Rice Cake Clouds	organic	6x40g	7.10	1.58	<b>470824</b>
<input type="checkbox"/>	Summer Fruits Rice Cake Clouds	organic	6x40g	7.10	1.58	<b>470826</b>
<input type="checkbox"/>	Little Ruskits Baby Biscuits	organic	4x54g	6.15	2.05	<b>470833</b>
<input type="checkbox"/>	Melty Tomato Slices	organic	5x20g	2.75	0.73	<b>470857</b>
<input type="checkbox"/>	Melty Carrot Puffs	organic	8x20g	4.30	0.72	<b>470924</b>
<input type="checkbox"/>	Melty Sweetcorn Rings	organic	8x20g	4.30	0.72	<b>470926</b>
<input type="checkbox"/>	Banana Weaning Wands	organic	5x25g	5.10	1.36	<b>470976</b>
<input type="checkbox"/>	Strawberry Weaning Wands	organic	5x25g	5.10	1.36	<b>470978</b>

**Organix - 12 months plus****15% off list November and December**

<input type="checkbox"/>	Chunky Apple & Date Fruit Bars	organic	6x6x17g	13.50	3.00	<b>470881</b>
<input type="checkbox"/>	Chunky Banana & Date Fruit Bars	organic	6x6x17g	13.50	3.00	<b>470882</b>
<input type="checkbox"/>	Kids Crazy Choco Orange Mini Flapjack Bites	organic	4x4x23g	9.55	3.17	<b>470869</b>
<input type="checkbox"/>	Kids Lemon & Lime Oaty Bars	organic	6x6x23g	14.40	3.19	<b>470873</b>
<input type="checkbox"/>	Kids Marvellous Mandarin & Apple Oaty Bars	organic	6x6x23g	14.40	3.19	<b>470874</b>
<input type="checkbox"/>	Wavy Apple Snackers - Kids	organic	5x15g	3.60	0.96	<b>470879</b>
<input type="checkbox"/>	Raisins - box	organic	4x12x14g	8.20	2.73	<b>470884</b>
<input type="checkbox"/>	Farm Animal Biscuits	organic	5x100g	8.20	2.19	<b>470907</b>
<input type="checkbox"/>	Cocoa & Vanilla Gruffalo Biscuits	organic	3x5x20g	5.35	2.38	<b>470889</b>

<input type="checkbox"/>	Gingerbread Men - large	organic	6x135g	11.55	2.57	<b>470909</b>
<input type="checkbox"/>	Mini Gingerbread Men	organic	8x20g	4.50	0.75	<b>470911</b>
<input type="checkbox"/>	Carrot Stix	organic	6x15g	2.10	0.47	<b>470914</b>
<input type="checkbox"/>	Cheese & Herb Corn Puffs	organic	6x15g	2.10	0.47	<b>470920</b>
<input type="checkbox"/>	Barbeque Gruffalo Claws	organic	3x4x15g	5.35	2.37	<b>470901</b>
<input type="checkbox"/>	Cheese & Onion Gruffalo Claws	organic	3x4x15g	5.35	2.37	<b>470905</b>
<input type="checkbox"/>	Melty Carrot Puffs multi pack	organic	4x4x18g	7.20	2.39	<b>470923</b>
<input type="checkbox"/>	Mini Cheese Cracker multipack	organic	3x4x20g	5.65	2.50	<b>470918</b>

**Japanese Products, Miso, Soy Sauce, Tofu****Biona****15% off list November and December**

<input type="checkbox"/>	Wasabi-style horseradish paste - tubes	organic	8x50g	19.80	3.30	<b>510405</b>
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**Biona Japanese sauces****15% off list November and December**

<input type="checkbox"/>	Shoyu Soya Sauce - glass bottle	organic	6x145ml	11.40	2.53	<b>510420</b>
<input type="checkbox"/>	Tamari Soya Sauce - glass bottle	organic	6x145ml	12.20	2.71	<b>510428</b>

**Clearspring Japanese miso****15% off list November and December**

<input type="checkbox"/>	Barley Miso - unpasteurised - jar	organic	6x300g	26.70	5.93	<b>480450</b>
<input type="checkbox"/>	300g Brown Rice Miso - unpasteurised - jar	organic	6x300g	22.15	4.92	<b>480460</b>
<input type="checkbox"/>	150g Brown Rice Miso - unpasteurised - jar	organic	6x150g	15.25	3.39	<b>480461</b>
<input type="checkbox"/>	Reduced Salt Brown Rice Miso - unpasteurised	organic	6x270g	20.60	4.58	<b>480465</b>
<input type="checkbox"/>	Chickpea Miso - unpasteurised - jar	organic	6x150g	15.25	3.39	<b>480467</b>
<input type="checkbox"/>	White Miso - unpasteurised - jar	organic	6x270g	16.40	3.64	<b>480468</b>
<input type="checkbox"/>	Instant Miso Soup with Sea Vegetables	organic	8x4x10g	20.35	3.39	<b>480537</b>
<input type="checkbox"/>	Instant Miso Soup Paste - Ginger & Turmeric	organic	8x4x15g	16.75	2.80	<b>480533</b>
<input type="checkbox"/>	Instant Miso Soup Paste - Hot & Spicy	organic	8x4x15g	16.75	2.80	<b>480534</b>
<input type="checkbox"/>	Instant Miso Soup Paste - Creamy Sesame	organic	8x4x15g	16.75	2.80	<b>480535</b>
<input type="checkbox"/>	Instant Miso Soup Paste with Sea Vegetables	organic	8x4x15g	16.75	2.80	<b>480538</b>
<input type="checkbox"/>	White Instant Miso Soup Paste + sea veg	organic	8x4x15g	16.75	2.80	<b>480545</b>

**Clearspring Japanese sauces****15% off list November and December**

<input type="checkbox"/>	Instant Noodle Broth	organic	6x250ml	24.80	5.51	<b>480501</b>
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**Teas - Herb****11 O'clock Tea****20% off list November and December**

<input type="checkbox"/>	11 O'clock Rooibosch Tea Bags	organic	4x40bgs	6.95	2.32	<b>575010</b>
<input type="checkbox"/>	11 O'clock Rooibosch Tea Bags	organic	4x80bgs	12.90	4.30	<b>575015</b>

**Dragonfly - Organic Herb Teas****20% off list November and December**

<input type="checkbox"/>	Golden Balance Turmeric Bags	organic	4x20bgs	6.90	2.30	<b>560551</b>
<input type="checkbox"/>	Happy Times Tulsi Bags	organic	4x20bgs	6.90	2.30	<b>560556</b>
<input type="checkbox"/>	Lively Lemon & Ginger Bags	organic	4x20bgs	6.90	2.30	<b>560561</b>
<input type="checkbox"/>	Mint Garden Digestif Bags	organic	4x20bgs	6.90	2.30	<b>560554</b>
<input type="checkbox"/>	Cape Malay Rooibos Chai Bags	organic	4x20bgs	6.30	2.10	<b>560555</b>
<input type="checkbox"/>	Mountain Honeybush Tea Bags	organic	4x20bgs	6.30	2.10	<b>560565</b>
<input type="checkbox"/>	Night Sky Calm Bags	organic	4x20bgs	6.90	2.30	<b>560567</b>
<input type="checkbox"/>	Sleepy Mint & Honeybush Bags	organic	4x20bgs	6.90	2.30	<b>560563</b>
<input type="checkbox"/>	Sweet Rosehip & Raspberry Bags	organic	4x20bgs	6.90	2.30	<b>560564</b>
<input type="checkbox"/>	Three Mint Medley Bags	organic	4x20bgs	6.90	2.30	<b>560566</b>
<input type="checkbox"/>	Cape Rooibos & Honeybush Bags	organic	4x20bgs	6.30	2.10	<b>560568</b>

**Dragonfly - Rooibos Teas****20% off list November and December**

<input type="checkbox"/>	Rooibos	organic	4x40bgs	7.30	2.43	<b>544008</b>
<input type="checkbox"/>	Rooibos - Earl Grey	organic	4x40bgs	7.30	2.43	<b>544110</b>
<input type="checkbox"/>	Rooibos - Vanilla	organic	4x40bgs	7.30	2.43	<b>544112</b>



## Tick Tock Rooibos

### 20% off list November and December

<input type="checkbox"/>	Rooibos Tea Bags	organic	4x40bgs	6.45	2.15	561712
<input type="checkbox"/>	Rooibos Tea Bags	organic	4x80bgs	12.60	4.20	561716
<input type="checkbox"/>	Rooibos Tea Loose	organic	6x100g	9.60	2.13	561717
<input type="checkbox"/>	Green Rooibos Tea Bags	organic	4x40bgs	6.80	2.27	561718
<input type="checkbox"/>	Rooibos Earl Grey Tea Bags		4x40bgs	6.80	2.27	561722

### Yogi Tea - Ayurvedic Tea Bags

### 25% off list November and December

<input type="checkbox"/>	Bedtime Tea	organic	6x17bgs	9.25	2.06	571705
<input type="checkbox"/>	Classic Blend Yogi Tea	organic	6x17bgs	9.25	2.06	571732
<input type="checkbox"/>	Maca Chai Tea	organic	6x17bgs	9.25	2.06	571989
<input type="checkbox"/>	Soul Balm Tea	organic	6x17bgs	9.25	2.06	571742
<input type="checkbox"/>	Turmeric Chai Yogi Tea	organic	6x17bgs	9.25	2.06	571728

## Teas - Black, Green & White

### Dragonfly Tea

### 20% off list November and December

<input type="checkbox"/>	Classic Earl Grey Tea Bags	organic	4x20bgs	6.30	2.10	581020
<input type="checkbox"/>	Traditional English Breakfast Tea Bags	organic	4x20bgs	6.30	2.10	581025
<input type="checkbox"/>	Indian Spice Chai Bags	organic	4x20bgs	6.30	2.10	580340
<input type="checkbox"/>	Pure Green Mountain Tea	organic	4x20bgs	6.30	2.10	580345
<input type="checkbox"/>	Moroccan Mint Green Tea Bags	organic	4x20bgs	6.30	2.10	580346
<input type="checkbox"/>	Moonlight Jasmine Green Tea Bags	organic	4x20bgs	6.30	2.10	580347
<input type="checkbox"/>	Swirling Mist White Tea Bags	organic	4x20bgs	6.90	2.30	580350
<input type="checkbox"/>	Digestive Chai Pu'er Tea Bags	organic	4x20bgs	6.90	2.30	580354
<input type="checkbox"/>	Digestive Lemon Pu'er Tea Bags	organic	4x20bgs	6.90	2.30	580348
<input type="checkbox"/>	Digestive Pu'er Tea Bags - was Good Dragon	organic	4x20bgs	6.30	2.10	580349

## Coffee

### Source - climate change coffee - single origin

### 15% off list November and December

<input type="checkbox"/>	Decaf Mexican Cloud Forest - R&G	organic	6x227g	32.30	7.18	601331
<input type="checkbox"/>	Decaf Mexican Cloud Forest - Bean	organic	6x227g	32.30	7.18	601333
<input type="checkbox"/>	Gishwati Rwandan Cloud Forest Coffee R&G - 4	organic	6x227g	28.70	6.38	601330
<input type="checkbox"/>	Kilimanjaro Espresso Cloud Forest Coffee R&G	organic	6x227g	28.70	6.38	601332
<input type="checkbox"/>	Mexican La Sierra Cloud Forest Coffee R&G - 3	organic	6x227g	28.70	6.38	601335
<input type="checkbox"/>	Rio Coco Nicaragua Cloud Forest Coffee R&G - 3	organic	6x227g	28.70	6.38	601347
<input type="checkbox"/>	Rio Coco Nicaragua Cloud Forest Coffee Bean - 3	organic	6x227g	28.70	6.38	601348
<input type="checkbox"/>	Uganda Mount Elgon Cloud Forest R&G - 4	organic	6x227g	28.70	6.38	601336

## Coffee Subs, Malt Drinks, Carob & Cocoa Products

### Vivani

### 25% off list November and December

<input type="checkbox"/>	Fine Cocoa Powder - New!	organic	8x100g	15.70	2.62	613498
<input type="checkbox"/>	Fine Drinking Chocolate - New!	organic	8x300g	26.95	4.49	613499
<input type="checkbox"/>	Fine Dark Cooking Chocolate	organic	10x200g	33.65	4.49	613500

## Drinks - Fruit & Vegetable Juices, Cordials & Water

### Big Tom - Spiced Tomato Mix from James White

### 10% off list November and December

<input type="checkbox"/>	Big Tom - large bottles		6x750ml	10.90 V	2.91	672005
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## James White - Zingers - intense shots

### 15% off list November and December

<input type="checkbox"/>	Lime & Chilli Zinger	organic	15x70ml	12.65 V	1.35	664620
<input type="checkbox"/>	Ginger Zinger	organic	15x70ml	12.65 V	1.35	664622
<input type="checkbox"/>	Intense Sour Cherry Zinger		15x70ml	12.65 V	1.35	664624
<input type="checkbox"/>	Xtra Hot Ginger Zinger	organic	15x70ml	12.65 V	1.35	664625
<input type="checkbox"/>	Golden Turmeric Juice Zinger		15x70ml	12.65 V	1.35	664627
<input type="checkbox"/>	Big Zinger Ginger	organic	6x330ml	13.65 V	3.64	664628
<input type="checkbox"/>	Big Zinger Turmeric		6x330ml	13.65 V	3.64	664630

## Drinks - Carbonated

### Fentimans Botanical Brews - glass

### 20% off list November and December

<input type="checkbox"/>	Cherry Cola		12x275ml	12.25 V	1.63	671795
<input type="checkbox"/>	Curiosity Cola		12x275ml	12.25 V	1.63	671802
<input type="checkbox"/>	Dandelion & Burdock		12x275ml	12.25 V	1.63	671803
<input type="checkbox"/>	Traditional Ginger Beer - small		12x275ml	12.25 V	1.63	671805
<input type="checkbox"/>	Raspberry Lemonade		12x275ml	12.25 V	1.63	671801
<input type="checkbox"/>	Rose Lemonade - small		12x275ml	12.25 V	1.63	671807
<input type="checkbox"/>	Victorian Lemonade		12x275ml	12.25 V	1.63	671810
<input type="checkbox"/>	Mandarin Seville Orange Jigger		12x275ml	12.25 V	1.63	671815
<input type="checkbox"/>	Lemon Shandy - beer & lemonade		12x275ml	12.25 V	1.63	671817
<input type="checkbox"/>	Sparkling Elderflower		12x275ml	12.25 V	1.63	671816

### Fentimans Botanical Brews - glass - large

### 20% off list November and December

<input type="checkbox"/>	Rose Lemonade - large		6x750ml	13.30 V	3.55	671825
<input type="checkbox"/>	Traditional Ginger Beer - large		6x750ml	13.30 V	3.55	671830

### Fentimans Botanical Brews - glass - mixers

### 20% off list November and December

<input type="checkbox"/>	Original Tonic Water - Mixer		6x4x200ml	14.60 V	3.89	671917
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## Drinks - Soya, Nut, Grain, Milk & Desserts

### Rude Health - gluten-free

### 20% off list November and December

<input type="checkbox"/>	Barista Almond Drink		6x1l	8.95	1.99	724606
<input type="checkbox"/>	Barista Coconut Drink		6x1l	8.95	1.99	724607
<input type="checkbox"/>	Barista Oat Drink		6x1l	7.20	1.60	724608
<input type="checkbox"/>	Oat Barista Drink	organic	6x1l	8.95	1.99	724584
<input type="checkbox"/>	Barista Soya Drink	organic	6x1l	7.20	1.60	724005

## Savoury Snacks

### Trafo - Snacks

### 15% off list November and December

<input type="checkbox"/>	Vegetable Crisps (carrot, parsnip, beetroot)	organic	12x75g	23.20 V	3.09	753266
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### Trafo - Hand Cooked Potato Crisps

### 15% off list November and December

<input type="checkbox"/>	Truffle Potato Crisps	organic	12x100g	29.30 V	3.91	753292
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### Trafo - Potato Crisps

### 15% off list November and December

<input type="checkbox"/>	Salted Crisps - fried in coconut oil	organic	12x100g	25.10 V	3.35	753300
<input type="checkbox"/>	Salted Crisps - fried in EV olive oil	organic	12x100g	31.35 V	4.18	753301
<input type="checkbox"/>	Salted Crisps	organic	12x125g	18.40 V	2.45	753305
<input type="checkbox"/>	Paprika Crisps	organic	12x125g	18.40 V	2.45	753325
<input type="checkbox"/>	Provencale Crisps	organic	12x125g	18.40 V	2.45	753331
<input type="checkbox"/>	Salt & Vinegar Crisps	organic	12x125g	18.40 V	2.45	753333



## Sweet Snacks & Confections

### Bear - bars

#### 20% off list November and December

<input type="checkbox"/>	Carrot Cake - fruity oat bar	21x27g	7.85 V	0.60	<b>760178</b>
<input type="checkbox"/>	Forest Fruit - fruity oat bar	21x27g	7.85 V	0.60	<b>760179</b>

### Bear - Paws

#### 20% off list November and December

<input type="checkbox"/>	Raspberry & Blueberry - Paws	18x20g	7.15	0.53	<b>760211</b>
<input type="checkbox"/>	Strawberry & Apple - Paws	18x20g	7.15	0.53	<b>760212</b>

### Bear - Splits - Multipacks

#### 20% off list November and December

<input type="checkbox"/>	Strawberry & Apple - Splits	8x5x20g	15.70	2.62	<b>760216</b>
<input type="checkbox"/>	Pineapple & Raspberry - Splits	8x5x20g	15.70	2.62	<b>760223</b>

### Bear - Fruit Treasures - Multipacks - 3+ years

#### 20% off list November and December

<input type="checkbox"/>	Berry - Treasures	4x5x20g	7.45	2.48	<b>760224</b>
<input type="checkbox"/>	Tropical - Treasures	4x5x20g	7.45	2.48	<b>760231</b>

### Bear - Yoyos

#### 20% off list November and December

<input type="checkbox"/>	Blackcurrant Yoyo Fruit Rolls	18x20g	7.80	0.58	<b>760229</b>
<input type="checkbox"/>	Mango Yoyo Fruit Rolls	18x20g	7.80	0.58	<b>760226</b>
<input type="checkbox"/>	Raspberry Yoyo Fruit Rolls	18x20g	7.80	0.58	<b>760230</b>
<input type="checkbox"/>	Strawberry Yoyo Fruit Rolls	18x20g	7.80	0.58	<b>760235</b>

### Bear - Yoyos - Multipacks

#### 20% off list November and December

<input type="checkbox"/>	Multipack Apple Yoyo Fruit Rolls	6x5x20g	11.75	2.61	<b>760245</b>
<input type="checkbox"/>	Multipack Blackcurrant Yoyo Fruit Rolls	6x5x20g	11.75	2.61	<b>760246</b>
<input type="checkbox"/>	Multipack Mango Yoyo Fruit Rolls	6x5x20g	11.75	2.61	<b>760247</b>
<input type="checkbox"/>	Multipack Raspberry Yoyo Fruit Rolls	6x5x20g	11.75	2.61	<b>760248</b>
<input type="checkbox"/>	Multipack Strawberry Yoyo Fruit Rolls	6x5x20g	11.75	2.61	<b>760250</b>
<input type="checkbox"/>	Multipack Blueberry + Banana Smoothie Yoyo	6x5x20g	11.75	2.61	<b>760251</b>

### Bear - Giant Yoyos - Multipacks

#### 20% off list November and December

<input type="checkbox"/>	Apple & Blackcurrant Giant Yoyo	6x5x20g	11.75	2.61	<b>760254</b>
<input type="checkbox"/>	Strawberry & Mango Giant Yoyo	6x5x20g	11.75	2.61	<b>760256</b>

### Vivani organic vegan chocolate bars

#### 25% off list November and December

<input type="checkbox"/>	Dark with Almonds Chocolate	organic 10x100g	17.75 V	2.84	<b>768890</b>
<input type="checkbox"/>	Dark with Whole Hazelnuts Chocolate - New!	organic 10x100g	17.75 V	2.84	<b>768891</b>
<input type="checkbox"/>	Dark with Nougat Chocolate	organic 10x100g	17.75 V	2.84	<b>768892</b>
<input type="checkbox"/>	Dark with Orange Chocolate	organic 10x100g	17.75 V	2.84	<b>768894</b>
<input type="checkbox"/>	Fine Dark 71% Chocolate	organic 10x100g	17.75 V	2.84	<b>768895</b>
<input type="checkbox"/>	Fine Dark 85% Chocolate	organic 10x100g	18.65 V	2.98	<b>768896</b>
<input type="checkbox"/>	Fine Dark 92% Chocolate	organic 10x80g	18.65 V	2.98	<b>768898</b>
<input type="checkbox"/>	Fine Dark 99% Chocolate	organic 10x80g	20.10 V	3.22	<b>768990</b>
<input type="checkbox"/>	Fine Dark Mallorca Fleur de Sel 75% Chocolate	organic 10x80g	18.65 V	2.98	<b>768893</b>
<input type="checkbox"/>	Superior Dark 100% + cocoa nibs Chocolate	organic 10x80g	20.10 V	3.22	<b>768992</b>
<input type="checkbox"/>	Black Cherry Dark Chocolate	organic 18x35g	15.05 V	1.34	<b>768994</b>

### Vivani organic chocolate bars - not vegan

#### 25% off list November and December

<input type="checkbox"/>	Dark with Marzipan & Amaretto Chocolate	organic 10x100g	17.75 V	2.84	<b>768996</b>
<input type="checkbox"/>	Fine Milk Chocolate	organic 10x100g	17.75 V	2.84	<b>768997</b>
<input type="checkbox"/>	Milk Whole Hazelnuts Chocolate - New!	organic 10x100g	17.75 V	2.84	<b>768995</b>
<input type="checkbox"/>	Milk Praliné Chocolate	organic 10x100g	17.75 V	2.84	<b>768998</b>
<input type="checkbox"/>	Crème Brûlée Chocolate - New!	organic 18x40g	15.05 V	1.34	<b>769000</b>
<input type="checkbox"/>	Espresso Biscotti Chocolate	organic 18x40g	15.05 V	1.34	<b>768999</b>
<input type="checkbox"/>	Wafer Praliné Chocolate - New!	organic 18x40g	15.05 V	1.34	<b>769001</b>

## Condiments, Stocks, Salt & Miscellaneous Foods

### Biona - Coconut Aminos glass

#### 15% off list November and December

<input type="checkbox"/>	Coconut Aminos - Original	organic 6x250ml	15.25	3.39	<b>791565</b>
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### Kallo

#### 15% off list November and December

<input type="checkbox"/>	French Onion Stock Cubes	organic 15x6x11g	17.60	1.56	<b>793005</b>
<input type="checkbox"/>	Garlic & Herb Stock Cubes	organic 15x6x11g	17.60	1.56	<b>793010</b>
<input type="checkbox"/>	Mushroom Stock Cubes	organic 15x6x11g	17.60	1.56	<b>793015</b>
<input type="checkbox"/>	Tomato & Herb Stock Cubes	organic 15x6x11g	17.60	1.56	<b>793020</b>
<input type="checkbox"/>	Vegetable Stock Cubes	organic 15x6x11g	17.60	1.56	<b>793065</b>
<input type="checkbox"/>	Low Salt Vegetable Stock Cubes	organic 15x6x11g	17.95	1.60	<b>793067</b>
<input type="checkbox"/>	Yeast Free Vegetable Stock Cubes	15x6x11g	17.60	1.56	<b>793095</b>

### Profusion - Pink Himalayan Salts

#### 15% off list November and December

<input type="checkbox"/>	Himalayan Rose Pink Salt - fine	8x500g	20.35	3.39	<b>795150</b>
<input type="checkbox"/>	Himalayan Rose Pink Salt - coarse	8x500g	20.35	3.39	<b>795155</b>

## Kitchen & Household Goods

### Cheeky Panda Bamboo products

#### 20% off list November and December

<input type="checkbox"/>	9 Toilet Rolls - Quilted Soft - 4 ply - 155 sheets - New!	5x9p	18.10 V	5.79	<b>820567</b>
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## Household & Industrial Cleaning Products

### Ecoleaf - Vegan

#### 15% off list November and December

<input type="checkbox"/>	Bathroom Cleaner - green apple	1x5l	8.20 V	13.11	<b>831396</b>
<input type="checkbox"/>	Fabric Conditioner - Jasmine	1x5l	7.25 V	11.59	<b>831408</b>
<input type="checkbox"/>	Hard Floor Cleaner - pine	1x5l	10.75 V	17.19	<b>831413</b>
<input type="checkbox"/>	Laundry Liquid - Jasmine	1x5l	12.70 V	20.31	<b>831426</b>
<input type="checkbox"/>	Multi Surface Cleaner	1x5l	8.45 V	13.51	<b>831419</b>
<input type="checkbox"/>	Washing Up Liquid - Citrus Fruit	1x5l	7.60 V	12.19	<b>831427</b>
<input type="checkbox"/>	Toilet Cleaner - Fresh Green	1x5l	6.90 V	11.03	<b>831435</b>

### Faith in Nature

#### 25% off list November and December

<input type="checkbox"/>	Concentrated Laundry Liquid - Aloe Vera & Rosemary	5l	14.00 V 2.80		<b>832472</b>
<input type="checkbox"/>	Concentrated Washing Up Liquid - Lemon Fragrance	5l	14.00 V 2.80		<b>832477</b>

## Toiletries & Natural Remedies

### Alter/Native - Skincare vegan soap bars - by Suma

#### 20% off list November and December

<input type="checkbox"/>	Ayurvedic Soap Bar	6x95g	9.70 V	2.59	<b>861540</b>
<input type="checkbox"/>	Activated Charcoal Detox Soap Bar	6x95g	9.70 V	2.59	<b>861542</b>
<input type="checkbox"/>	Coffee & Cedarwood Shaving Soap Bar	6x95g	9.70 V	2.59	<b>861544</b>



**Alter/Native - glycerine vegan shampoo and conditioner bars - by Suma**

**20% off list November and December**

<input type="checkbox"/>	Coconut & Argan Oil Glycerine Shampoo Bar	6x90g	12.45 V	3.32	<b>859 178</b>
<input type="checkbox"/>	Patchouli & Sandalwood Glycerine Shampoo Bar	6x90g	12.45 V	3.32	<b>859 156</b>

**Ecoleaf - vegan**

**15% off list November and December**

<input type="checkbox"/>	Liquid Hand Soap - Grapefruit & Mandarin	1x5l	11.70 V	18.71	<b>851 038</b>
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**Faith in Nature refill hand wash**

**25% off list November and December**

<input type="checkbox"/>	Bulk Hand Wash - Coconut	5l	22.50 V 4.50		<b>853 513</b>
<input type="checkbox"/>	Bulk Hand Wash - Dragonfruit	5l	22.50 V 4.50		<b>853 514</b>
<input type="checkbox"/>	Bulk Hand Wash - Grapefruit & Orange	5l	22.50 V 4.50		<b>853 517</b>
<input type="checkbox"/>	Bulk Hand Wash - Lavender & Geranium	5l	22.50 V 4.50		<b>853 535</b>
<input type="checkbox"/>	Bulk Hand Wash - Aloe Vera & Tea Tree	5l	22.50 V 4.50		<b>853 537</b>
<input type="checkbox"/>	Bulk Hand Wash - Wild Rose	5l	22.50 V 4.50		<b>853 564</b>

**Faith in Nature refill hand & body lotion**

**25% off list November and December**

<input type="checkbox"/>	Bulk Coconut Hand & Body Lotion	5l	25.65 V 5.13		<b>853 480</b>
<input type="checkbox"/>	Bulk Grapefruit & Orange Hand & Body Lotion	5l	25.65 V 5.13		<b>853 484</b>
<input type="checkbox"/>	Bulk Lavender & Geranium Hand & Body Lotion	5l	25.65 V 5.13		<b>853 486</b>

**Faith in Nature refill shampoos**

**25% off list November and December**

<input type="checkbox"/>	Bulk Aloe Vera Shampoo	5l	26.90 V 5.38		<b>853 540</b>
<input type="checkbox"/>	Bulk Coconut Shampoo	5l	26.90 V 5.38		<b>853 542</b>
<input type="checkbox"/>	Bulk Dragonfruit Shampoo	5l	26.90 V 5.38		<b>853 544</b>
<input type="checkbox"/>	Bulk Fragrance Free Shampoo	5l	26.90 V 5.38		<b>853 546</b>
<input type="checkbox"/>	Bulk Grapefruit & Orange Shampoo	5l	26.90 V 5.38		<b>853 541</b>
<input type="checkbox"/>	Bulk Jojoba Shampoo	5l	26.90 V 5.38		<b>853 543</b>
<input type="checkbox"/>	Bulk Lavender & Geranium Shampoo	5l	26.90 V 5.38		<b>853 545</b>
<input type="checkbox"/>	Bulk Wild Rose Shampoo	5l	26.90 V 5.38		<b>853 566</b>

**Faith in Nature refill conditioners**

**25% off list November and December**

<input type="checkbox"/>	Bulk Aloe Vera Conditioner	5l	26.90 V 5.38		<b>853 550</b>
<input type="checkbox"/>	Bulk Coconut Conditioner	5l	26.90 V 5.38		<b>853 552</b>
<input type="checkbox"/>	Bulk Dragonfruit Conditioner	5l	26.90 V 5.38		<b>853 551</b>
<input type="checkbox"/>	Bulk Fragrance Free Conditioner	5l	26.90 V 5.38		<b>853 556</b>
<input type="checkbox"/>	Bulk Grapefruit & Orange Conditioner	5l	26.90 V 5.38		<b>853 554</b>
<input type="checkbox"/>	Bulk Jojoba Conditioner	5l	26.90 V 5.38		<b>853 553</b>
<input type="checkbox"/>	Bulk Lavender & Geranium Conditioner	5l	26.90 V 5.38		<b>853 555</b>
<input type="checkbox"/>	Bulk Tea Tree Conditioner	5l	26.90 V 5.38		<b>853 559</b>
<input type="checkbox"/>	Bulk Wild Rose Conditioner	5l	26.90 V 5.38		<b>853 569</b>

**Faith in Nature refill body wash**

**25% off list November and December**

<input type="checkbox"/>	Bulk Aloe Vera Body Wash	5l	22.50 V 4.50		<b>853 560</b>
<input type="checkbox"/>	Bulk Coconut Body Wash	5l	22.50 V 4.50		<b>853 562</b>
<input type="checkbox"/>	Bulk Dragon Fruit Body Wash	5l	22.50 V 4.50		<b>853 561</b>
<input type="checkbox"/>	Bulk Fragrance Free Body Wash	5l	22.50 V 4.50		<b>856 564</b>
<input type="checkbox"/>	Bulk Grapefruit & Orange Body Wash	5l	22.50 V 4.50		<b>853 563</b>
<input type="checkbox"/>	Bulk Lavender & Geranium Body Wash	5l	22.50 V 4.50		<b>853 565</b>
<input type="checkbox"/>	Bulk Tea Tree Body Wash	5l	22.50 V 4.50		<b>853 570</b>
<input type="checkbox"/>	Bulk Wild Rose Body Wash	5l	22.50 V 4.50		<b>853 571</b>

**Toothpaste, Brushes & Oral Hygiene**

**Aloe Dent - fluoride-free**

**15% off list November and December**

<input type="checkbox"/>	Charcoal Toothpaste - fluoride-free	6x100ml	15.65 V	4.67	<b>881 446</b>
<input type="checkbox"/>	Coconut Toothpaste - fluoride-free	6x100ml	15.65 V	4.67	<b>881 448</b>
<input type="checkbox"/>	Probiotic Toothpaste - fluoride-free - New!	6x75ml	17.30 V	5.08	<b>881 449</b>
<input type="checkbox"/>	Sensitive Toothpaste - fluoride-free	6x100ml	15.65 V	4.67	<b>881 450</b>
<input type="checkbox"/>	Triple Action Toothpaste - fluoride-free	6x100ml	15.65 V	4.67	<b>881 451</b>
<input type="checkbox"/>	Whitening Toothpaste - fluoride-free	6x100ml	15.65 V	4.67	<b>881 452</b>
<input type="checkbox"/>	Mouthwash - fluoride-free	6x250ml	14.20 V	4.23	<b>881 455</b>
<input type="checkbox"/>	Probiotic Mouthwash - fluoride-free - New!	6x250ml	17.30 V	5.08	<b>881 456</b>
<input type="checkbox"/>	Children's Toothpaste (strawberry) - fluoride-free	6x50ml	11.35 V	3.39	<b>881 457</b>

**Aloe Dent - with fluoride**

**15% off list November and December**

<input type="checkbox"/>	Fluoride Sensitive Toothpaste	6x100ml	17.05 V	5.08	<b>881 465</b>
<input type="checkbox"/>	Fluoride Whitening Toothpaste	6x100ml	17.05 V	5.08	<b>881 467</b>

**Georganics**

**20% off list November and December**

<input type="checkbox"/>	Fluoride Toothpaste - Activated Charcoal	10x60ml	27.60 V	4.73	<b>881 281</b>
<input type="checkbox"/>	Fluoride Toothpaste - English Peppermint	10x60ml	27.60 V	4.73	<b>881 283</b>
<input type="checkbox"/>	Fluoride Toothpaste - Sweet Orange	10x60ml	27.60 V	4.73	<b>881 285</b>
<input type="checkbox"/>	GeoKids Fluoride Toothpaste - Strawberry - New!	10x60ml	27.60 V	4.73	<b>881 287</b>
<input type="checkbox"/>	Spearmint Corn Floss - minty plant wax - 50m	20x50m	39.25 V	3.36	<b>881 504</b>

# changes

**Cereal Grains**

**Biona**

◆	Black Pearl Rice - formerly black venus	organic	6x500g	20.20	4.49	<b>109 53</b>
◆	Thai Jasmine Rice - Brown	organic	6x500g	17.50	3.88	<b>109 67</b>

**Flours & Baking Requisites**

**Alara**

▲	Oat Bran	organic	6x650g	14.40	3.20	<b>401 95</b>
▲	Wheat Bran	organic	6x650g	11.90	2.65	<b>401 98</b>

**Doves Farm**

◆	Brown Rice Flour	organic	5x290g	9.00	2.40	<b>405 36</b>
◆	Chickpea Flour	organic	5x260g	10.70	2.85	<b>405 37</b>
◆	Coconut Flour	organic	4x500g	11.85	3.95	<b>405 38</b>
◆	Wholemeal Strong Bread Flour	organic	5x1.5kg	9.10	2.43	<b>405 40</b>
◆	Strong White Bread Flour	organic	5x1.5kg	9.75	2.60	<b>405 60</b>
◆	Einkorn Wholemeal Flour - English	organic	5x1kg	13.65	3.64	<b>405 63</b>
◆	Fine Plain Wholemeal Flour	organic	5x1kg	6.50	1.73	<b>405 05</b>
◆	Self Raising Wholemeal Flour	organic	5x1kg	6.55	1.75	<b>405 15</b>
◆	Plain White Flour	organic	5x1kg	7.20	1.92	<b>405 45</b>
◆	Self Raising White Flour	organic	5x1kg	7.30	1.95	<b>405 65</b>
◆	Heritage Seeded Bread Flour	organic	5x1kg	14.95	3.99	<b>405 67</b>
◆	Malthouse Bread Flour	organic	5x1kg	8.45	2.25	<b>405 74</b>
◆	Oat Flour	organic	4x450g	13.35	4.45	<b>405 76</b>
☆	Pasta & Pizza Flour	organic	5x1kg	8.70	2.32	<b>510 70</b>
◆	Rye Wholemeal Flour	organic	5x1kg	7.25	1.93	<b>510 65</b>
◆	Seedhouse Bread Flour	organic	5x1kg	13.85	3.69	<b>510 67</b>
◆	White Rye Flour	organic	5x1kg	8.75	2.33	<b>405 50</b>
◆	Spelt Wholemeal Flour	organic	5x1kg	11.20	2.99	<b>405 53</b>
◆	White Spelt Flour	organic	5x1kg	13.10	3.49	<b>405 54</b>
◆	Khorasan Wholemeal Flour	organic	5x1kg	13.10	3.49	<b>405 56</b>



## Breakfast Cereals & Cereal Flakes

### Bulk Organic Cereal Flakes

▼	Gluten-free Jumbo Oatflakes	organic	20kg	38.70	1.94	20 575
▼	Gluten-free Jumbo Oatflakes	organic	5kg	11.50	2.30	20 577
▼	Gluten-free Rolled Oatflakes	organic	20kg	38.70	1.94	20 585
▼	Gluten-free Rolled Oatflakes	organic	5kg	11.50	2.30	20 587

### Infinity - Pre-Packed Organic Gluten-free Cereal Flakes

▼	Gluten-free Rolled Oatflakes (Porridge Oats)	organic	6x500g	9.85	2.19	2 090
▼	Gluten-free Rolled Oatflakes (Porridge Oats)	organic	6x1kg	15.70	3.49	2 100
▼	Gluten-free Jumbo Oatflakes	organic	6x500g	9.85	2.19	2 095

### Amisa - gluten-free

◆	Apple & Cinnamon Porridge Oats	organic	6x300g	16.60	3.69	60 310
◆	Four Grain Porridge	organic	6x300g	15.25	3.39	60 311
▲	Fruity Oat Muesli	organic	6x325g	17.95	3.99	60 312

### Bio & Me

◆	Berry Burst Gluten-free Granola		5x350g	15.95	4.25	705 520
◆	Cashew & Almond Gluten-free Granola		5x350g	15.95	4.25	705 522
◆	Low Sugar Naturally Granola		5x360g	15.35	4.10	705 524
◆	Super Seedy & Nutty Granola		5x360g	15.35	4.10	705 526
◆	Toffee Ginger Granola		5x360g	15.35	4.10	705 528

### Infinity Foods - breakfast cereals

☆	Puffed Quinoa	organic	9kg	88.00	9.78	6 2060
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### Nature's Path - Gluten-free (except Millet Rice Flakes)

◆	Blueberry Raspberry Yogurt Nobbly Granola	organic	5x300g	20.35	5.43	63 188
◆	Choco Chimps	organic	4x284g	13.25	4.42	63 199
◆	Maple Sunrise	organic	4x332g	13.85	4.62	63 207
◆	Mesa Sunrise	organic	4x355g	14.35	4.78	63 230
◆	Millet Rice Flakes (not gluten-free)	organic	4x375g	12.45	4.15	63 235
◆	Gorilla Munch	organic	4x300g	13.25	4.42	63 241

### Rude Health - muesli

▲	The Ultimate Muesli - vegan	organic	6x400g	20.95	4.99	71 739
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### Rude Health - Granola

◆	The Ultimate Granola	organic	6x400g	20.95	4.99	71 776
◆	Crunchy Almond Granola		6x400g	16.80	3.99	71 778
◆	Wild Berry Granola	organic	6x400g	20.95	4.99	71 779
▲	Maple & Pecan Granola		6x400g	20.95	4.99	71 783

### Rude Health

◆	Puffed Brown Rice - gluten-free		4x225g	6.70	2.39	71 755
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## Nuts and Seeds

### Bulk Organic Nuts and Seeds

▼	Three Seed Mix -sunflower, pumpkin, pine	organic	3kg	17.60	5.87	90 574
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### Coconut Merchant

◆	Creamed Coconut	organic	12x200g	20.90	2.32	90 718
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### Infinity Pre-Packed Organic Nuts & Seeds

▼	Linseed Brown	organic	6x450g	8.30	1.84	6 075
▲	Three Seed Mix (sunflower, pumpkin, pine)	organic	6x250g	11.00	2.44	6 113

### Bulk Nuts and Seeds

▲	Cashews - large pieces		22.68kg	110.50	4.87	91 070
▲	Cashews - large pieces		5kg	26.15	5.23	91 075
▲	Cashews Whole		22.68kg	185.95	8.20	91 080
▲	Cashews Whole		3kg	26.40	8.80	91 085
▲	Macadamia Nuts - raw		11.34kg	128.50	11.33	91 147
▲	Macadamia Nuts - raw		5kg	58.45	11.69	91 146
▲	Macadamia Nuts - raw		1kg	13.10	13.10	91 148

### Infinity Pre-Packed Nuts & Seeds

▲	Cashews - large pieces		6x250g	10.40	2.31	66 20
▲	Cashews - large pieces		6x500g	17.70	3.94	66 25
▲	Cashews Whole		6x125g	9.20	2.04	66 35
▲	Cashews Whole		6x250g	15.35	3.41	66 40
▲	Cashews Whole		6x500g	27.65	6.15	66 43
▲	Macadamia Nuts - raw		6x125g	11.55	2.57	68 28

## Herbs and Spices

### Organic Herb Trading

▼	Nutmeg Ground	organic	1kg	35.30		993067
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## Pasta

### Mr Organic - pasta

◆	White Fusilli	organic	12x500g	21.50	2.39	131545
◆	White Penne Rigate	organic	12x500g	21.50	2.39	131547
◆	White Spaghetti	organic	12x500g	21.50	2.39	131548
◆	White Tagliatelle	organic	12x500g	21.50	2.39	131549

## Noodles

### Clearspring - wheat-free

◆	Black Rice Noodles GF	organic	10x200g	29.90	3.99	490504
◆	100% Brown Rice Noodles GF	organic	10x200g	29.90	3.99	490512
◆	Brown Rice Vermicelli Noodles GF	organic	8x180g	20.35	3.39	490505
◆	100% Wide Brown Rice Noodles GF	organic	5x200g	14.95	3.99	490513

### King Soba - noodles

◆	Millet & Rice Noodles	organic	12x250g	25.10	2.79	490645
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### King Soba - speciality noodles - gluten-free

◆	Black Rice Noodles	organic	12x250g	26.70	2.97	490680
◆	Brown Rice Wakame Noodles	organic	12x250g	25.10	2.79	490685
◆	Vermicelli Noodles	organic	12x250g	25.10	2.79	490732

### King Soba - ramen noodles - gluten-free - with paste or sauce

◆	Chilli Miso Ramen Noodle Cup	organic	6x85g	9.90	2.20	490774
◆	Ginger Miso Ramen Noodle Cup- with tofu	organic	6x85g	9.90	2.20	490776
◆	Classic Miso Ramen Noodle Cup	organic	6x85g	9.90	2.20	490778

### King Soba - ramen noodles - gluten-free

◆	Black Rice Ramen Noodles	organic	6x280g	17.75	3.94	490740
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## Bread, Rice Cakes, Crackers etc

### Biona - long life pumpnickel style - wheat free

◆	Rye Bread	organic	7x500g	14.10	2.69	170162
◆	Rye & Hemp Seed Bread	organic	7x500g	15.15	2.89	170113
◆	Rye Omega Golden Linseed Bread	organic	7x500g	14.10	2.69	170165
◆	Pumpnickel Bread	organic	9x500g	18.15	2.69	170170

### Biona - Bio-Diet, gluten-free wholegrain

▲	Millet Bread	organic	6x250g	17.95	3.99	170172
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### Dillon

◆	Keto Bread Beetroot Flax	organic	6x250g	22.45	4.99	170533
◆	Keto Bread Chia Flax	organic	6x250g	22.45	4.99	170534
◆	Keto Bread Original Flax	organic	6x250g	22.45	4.99	170535
▲	Olive Gluten Free Bread	organic	4x275g	14.95	4.98	170536
▲	Seeded Gluten Free Bread	organic	4x275g	14.95	4.98	170537

### Easy Bean - vegan gluten-free Bean & Seed Crackers

◆	Chickpea, Turmeric & Nigella Seed Crackers		8x150g	23.00	3.90	170538
◆	Fava Bean & Poppy Seed Crackers		8x150g	23.00	3.90	170540
◆	Green Pea & Chia Seed Crackers		8x150g	23.00	3.90	170542
◆	Red Lentil & Poppy Seed Crackers		8x150g	23.00	3.90	170546
◆	Yellow Pea & Sunflower Seed Crackers		8x150g	23.00	3.90	170547

✱ new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended



### Easy Bean - gluten-free Chickpea Crispbreads

◆ Cheddar Crunch Chickpea Crispbread	8x110g	23.00	3.90	170 548
◆ Moroccan Spice Chickpea Crispbread	8x110g	23.00	3.90	170 550
◆ Mung Bean & Chive Chickpea Crispbread	8x110g	23.00	3.90	170 552
◆ Seaweed & Sesame Pepper Chickpea Crispbread	8x110g	23.00	3.90	170 553
◆ Seeds & Black Pepper Chickpea Crispbread	8x110g	23.00	3.90	170 556

### Florentin organic breads

☆ Pitta Breads - White	organic	18x260g	53.65	3.97	170 398
☆ Pitta Breads - Wholewheat	organic	18x280g	53.65	3.97	170 399
☆ Pitta Breads - Spelt	organic	18x260g	60.05	4.45	170 400

### King Soba - Rice Paper - gluten-free

◆ Brown Rice Paper with Turmeric	organic	10x200g	24.65	3.29	173 391
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## Biscuits and Cakes

### Biona - cookies

▲ Blueberry-filled Cookies	organic	12x175g	27.80	3.09	180 432
▲ Raspberry-filled Cookies	organic	12x175g	27.80	3.09	180 434

### Biona - syrup waffles

▲ Hazelnut Syrup Waffles	organic	12x175g	31.40	3.49	180 445
▲ Honey Syrup Waffles	organic	12x175g	28.70	3.19	180 447

### Doves Farm Biscuits

◆ Wholemeal Digestive Biscuits - large	organic	12x400g	24.30	2.70	181 516
◆ Wholemeal Digestive Biscuits - small	organic	12x200g	14.65	1.63	181 515
◆ Fruity Oat Biscuits	organic	12x200g	17.95	2.01	181 517
◆ Ginger Oat Biscuits	organic	12x200g	21.00	2.35	181 519

### Nairn's Oat Biscuits - wheat-free

◆ Chocolate Orange Oat Biscuits		6x200g	9.00	2.01	182 391
◆ Coconut & Chia Oat Biscuits		10x200g	15.00	2.01	182 393
◆ Mixed Berries Oat Biscuits		10x200g	15.00	2.01	182 387
◆ Stern Ginger Oat Biscuits		10x200g	15.00	2.01	182 390
◆ Dark Chocolate Chip Oat Biscuits		8x200g	12.00	2.01	182 392

## Oils & Fats

### Biona Oils - not heat extracted

◆ Flaxseed Oil (Linseed)	organic	6x250ml	25.80 V	6.89	200 415
◆ Hemp Seed Oil	organic	6x250ml	35.50	7.89	200 420
◆ Pumpkin Seed Oil	organic	6x250ml	35.05	7.79	200 422
◆ Raw Virgin Coconut Oil - 200g	organic	6x200g	20.20	4.49	200 410

### Coconut Merchant

◆ Coconut Oil - raw extra virgin - plastic tub	organic	20l	165.35	8.27	200 588
◆ Coconut Oil - raw extra virgin - plastic tub	organic	4l	38.45	9.61	200 590
◆ Coconut Oil - raw extra virgin - glass	organic	12x500ml	75.50	8.39	200 595

## Nut Butter, Pâté, Spreads & Jam

### Biona - Nut & Seed Butters

◆ Crunchy Almond Butter	organic	6x170g	28.30	6.29	250 206
◆ Cashew Butter	organic	6x170g	22.45	4.99	250 210
◆ Hazel Butter	organic	6x170g	28.30	6.29	250 215
◆ Mixed Nut Butter	organic	6x170g	20.20	4.49	250 217
◆ Salted Dark Roast Peanut Butter Smooth	organic	6x250g	19.30	4.29	250 213
◆ Salted Peanut Butter Crunchy - small jar	organic	6x250g	16.60	3.69	250 225
◆ Salted Super Crunch Peanut Butter	organic	6x250g	19.30	4.29	250 214

### FruTeto Italia

▲ Cherry 100% Fruit Spread	organic	6x250g	19.80	4.40	290 911
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### Meridian

◆ Organic Smooth Almond Butter 100%	organic	6x170g	26.50	5.89	251 506
◆ Organic Almond Butter salted	organic	6x170g	26.50	5.89	251 507
◆ Organic Smooth Cashew Butter	organic	6x170g	17.95	3.99	251 517
◆ Bulk Peanut Butter Crunchy 100% - plastic	organic	6x1kg	48.35	10.74	251 523
◆ Peanut Butter Crunchy 100%	organic	6x280g	15.25	3.39	251 525

◆ Peanut Butter Crunchy salted	organic	6x280g	15.25	3.39	251 527
◆ Bulk Peanut Butter Smooth 100% - plastic	organic	6x1kg	48.35	10.74	251 529
◆ Peanut Butter Smooth 100%	organic	6x280g	15.25	3.39	251 530
◆ Peanut Butter Smooth Salted	organic	6x280g	15.25	3.39	251 532
◆ Protein Smooth Peanut Butter 100%		3x700g	14.60	6.50	251 611

### Tartex - in tubes

◆ Classic Pâté	organic	12x200g	33.75	3.75	262 105
◆ Herb Pâté	organic	12x200g	33.75	3.75	262 120
◆ Herb & Garlic Pâté	organic	12x200g	33.75	3.75	262 125
◆ Mushroom Pâté	organic	12x200g	33.75	3.75	262 130

### Whole Earth

◆ Peanut Butter Crunchy - large	organic	6x340g	18.85	4.19	253 518
◆ Peanut Butter Smooth - large	organic	6x340g	18.85	4.19	253 538

## Honey, Syrup, Sugar & Sweeteners

### Billingtons

▼ Natural Golden Icing Sugar		10x500g	16.05	2.14	320 502
▼ Golden Granulated Sugar		10x1kg	22.65	3.02	320 505
▼ Golden Granulated Sugar		25kg	53.30	2.13	320 508
▼ Demerara Sugar		10x500g	12.00	1.60	320 510
▼ Demerara Sugar		4x3kg	24.00	8.00	320 512
▼ Demerara Sugar		25kg	61.65	2.47	320 515
▼ Light Muscovado Sugar		25kg	46.65	1.87	320 523
▼ Light Muscovado Sugar		10x500g	12.00	1.60	320 520
▼ Dark Muscovado Sugar		10x500g	14.30	1.91	320 525
▼ Molasses Sugar		10x500g	13.85	1.85	320 535
▼ Golden Caster Sugar		10x1kg	23.20	3.09	320 540
▼ Fine Golden Caster Sugar		25kg	51.15	2.05	320 530

### Billingtons Organic

▼ Organic Granulated	organic	10x500g	12.80	1.71	320 715
▼ Organic Light Granulated	organic	25kg	51.65	2.07	320 720
▼ Organic Golden Caster Sugar	organic	10x500g	17.95	2.39	320 725
▲ Organic Fine Golden (Caster) Sugar	organic	25kg	86.25	3.45	320 727
▼ Organic Golden Icing Sugar	organic	25kg	89.50	3.58	320 738

### Coconut Merchant - jar

◆ Coconut Nectar - honey alternative	organic	12x300g	41.90	4.66	311 590
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### Dillon

◆ Chicory Fibre Syrup		6x230g	35.95	7.99	312 020
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### Rayner's Essentials

◆ Black Treacle	organic	6x340g	15.50	3.44	314 510
◆ Golden Syrup	organic	6x340g	22.45	4.99	314 516
◆ Barley Malt Extract	organic	6x340g	19.75	4.39	314 505

### St Lawrence Gold Canadian Maple Syrup & Honey

◆ Maple Syrup - amber grade A - glass	organic	12x330g	69.15	7.68	316 515
◆ Maple Syrup - dark grade A - glass	organic	12x330g	69.15	7.68	316 516
◆ Maple Syrup - amber grade A - plastic jug	organic	12x500ml	128.55	14.28	316 517
◆ Maple Syrup - amber grade A - plastic jug	organic	1x1l	20.70	27.60	316 518
◆ Maple Syrup - dark grade A - bag in box	organic	5l	86.60	17.32	316 521
◆ Maple Sugar Granulated - glass	organic	12x125g	65.60	7.29	316 522
◆ Maple Butter - glass	organic	12x150g	73.00	8.11	316 524

### The Raw Chocolate Co.

▲ Coconut Palm Sugar	organic	6x230g	18.40	4.09	321 470
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## Olives, Pickles and Preserved Vegetables

### Biona - in jars

☆ Sauerkraut - small	organic	6x360g	10.75	2.40	350 625
☆ Sauerkraut - Beetroot	organic	6x350g	11.20	2.50	350 631
☆ Golden Turmeric Sauerkraut	organic	6x350g	11.20	2.50	350 633

### Organico - Mediterranean vegetables in jars

▲ Capers in brine - large	organic	12x250g	35.55	3.95	351 695
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✱ new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended



## Vinegars

### Aspall

◆ Apple Balsamic Vinegar		6x350ml	17.80		3.96	<b>370503</b>
◆ Balsamic Vinegar	organic	6x350ml	17.80		3.96	<b>370504</b>
◆ Balsamic Vinegar	organic	5l	35.80	7.16		<b>370507</b>
◆ Cyder Vinegar	organic	25l	57.80	2.31		<b>370511</b>
◆ Cyder Vinegar	organic	5l	15.75	3.15		<b>370512</b>
◆ Cyder Vinegar	organic	6x500ml	10.25		2.28	<b>370516</b>
◆ Cyder Vinegar	organic	6x350ml	9.00		2.00	<b>370518</b>
◆ Raw Apple Cyder Vinegar with Honey 35%		6x500ml	16.00	V	4.27	<b>370522</b>
◆ Raw Unfiltered Cyder Vinegar	organic	6x500ml	12.85		2.86	<b>370519</b>
◆ Raw Unfiltered Cyder Vinegar	organic	5l	15.75	3.15		<b>370520</b>
◆ Red Wine Vinegar	organic	6x350ml	8.85		1.97	<b>370535</b>
◆ White Wine Vinegar	organic	6x350ml	8.85		1.97	<b>370550</b>
◆ Organic White Wine Vinegar	organic	5l	15.95	3.19		<b>370552</b>
◆ Red Wine Vinegar		5l	10.50	2.10		<b>370517</b>
◆ White Wine Vinegar (not organic)		5l	10.50	2.10		<b>370523</b>

## Sauces, Fruit and Vegetable Products

### BeSaucy vegan mayo

◆ Vegan Basil Mayo		6x180g	14.85		3.30	<b>389843</b>
◆ Vegan Black Truffle Mayo		6x180g	16.30		3.62	<b>389845</b>
◆ Vegan Dill & Gherkin Mayo		6x180g	14.85		3.30	<b>389846</b>
◆ Vegan Garlic Mayo		6x180g	14.85		3.30	<b>389848</b>
◆ Vegan Smoked Chipotle Mayo		6x180g	14.85		3.30	<b>389849</b>

### Biona - Canned Veg Products

◆ Coconut Milk (17% fat) - small	organic	8x200ml	9.50		1.58	<b>390196</b>
◆ Light 9% fat Coconut Milk	organic	6x400ml	8.95		1.99	<b>390197</b>
◆ Condensed Coconut Milk Sweetened	organic	8x210g	14.35		2.39	<b>390199</b>
◆ Coconut Whipping Cream	organic	6x400ml	13.45		2.99	<b>390200</b>

### Biona - Tomato Products

▼ Passata	organic	12x680g	20.60		2.29	<b>390115</b>
▼ Passata with Basil	organic	12x680g	20.60		2.29	<b>390117</b>
▼ Passata Rustica	organic	12x680g	23.30		2.59	<b>390119</b>
▼ Tomatoes Chopped Peeled - 4 Pack	organic	6x4x400g	24.25		5.39	<b>390179</b>
▼ Tomatoes Chopped	organic	12x400g	13.40		1.49	<b>390105</b>
▼ Tomatoes Chopped - bulk	organic	6x2.5kg	30.10		6.69	<b>390112</b>
▼ Tomatoes Chopped with Basil	organic	12x400g	14.30		1.59	<b>390107</b>
▼ Tomatoes Whole Plum	organic	12x400g	13.40		1.49	<b>390110</b>

### Clearspring - gluten-free Thai sauce in glass

◆ Pad Thai Sauce	organic	6x150ml	25.15		5.59	<b>390664</b>
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### Coconut Merchant

◆ Coconut Milk	organic	6x400ml	8.35		1.86	<b>390752</b>
◆ Coconut Milk	organic	12x200ml	13.35		1.48	<b>390754</b>

### Mr Organic - Italy - canned - vegan

◆ Chopped Tomatoes -4 Pack	organic	6x4x400g	25.15		5.59	<b>392128</b>
◆ Chopped Tomatoes - BPA-free	organic	12x400g	13.40		1.49	<b>392130</b>
◆ Peeled Tomatoes - BPA-free	organic	12x400g	13.40		1.49	<b>392132</b>
◆ Cherry Tomatoes - BPA-free	organic	12x400g	17.00		1.89	<b>392125</b>

### Mr Organic - Italy - vegan

◆ Aubergine Ragu Pasta Sauce	organic	6x350g	14.80		3.29	<b>392162</b>
◆ Basilico Pasta Sauce	organic	6x350g	13.90		3.09	<b>392135</b>
◆ Bolognese Pasta Sauce	organic	6x350g	13.90		3.09	<b>392137</b>
◆ Basilico Smooth Pasta Sauce	organic	6x350g	13.90		3.09	<b>392172</b>
◆ Bolognese Smooth Pasta Sauce	organic	6x350g	13.90		3.09	<b>392173</b>
◆ Cherry Tomato Pasta Sauce	organic	6x350g	13.90		3.09	<b>392138</b>
◆ Chilli Arrabbiata Pasta Sauce	organic	6x350g	13.90		3.09	<b>392139</b>
◆ Mushroom Ragu Pasta Sauce	organic	6x350g	14.80		3.29	<b>392183</b>
◆ Roast Garlic Pasta Sauce - no added sugar	organic	6x350g	13.90		3.09	<b>392151</b>
◆ Capers & Olives Pasta Sauce - no added sugar	organic	6x350g	13.90		3.09	<b>392152</b>
◆ Kids' Veggie Pasta Sauce - carrot sweet potato courgette	organic	6x200g	10.75		2.39	<b>392187</b>
◆ Kids' Veggie Pasta Sauce - tomato carrot parsnip	organic	6x200g	10.75		2.39	<b>392188</b>

◆ Passata - large	organic	12x690g	21.50		2.39	<b>392143</b>
◆ Passata - small	organic	6x400g	8.50		1.89	<b>392144</b>
◆ Passata - with mixed herbs	organic	6x400g	11.20		2.49	<b>392158</b>
◆ Passata - with chilli & garlic	organic	6x400g	11.20		2.49	<b>392159</b>
◆ Passata Rustica	organic	12x690g	22.40		2.49	<b>392145</b>
◆ Passata With Fresh Basil	organic	12x690g	21.50		2.39	<b>392153</b>
◆ Tomato Purée - jar	organic	6x200g	10.75		2.39	<b>392149</b>
◆ Flavour Paste - Tomato & Garlic	organic	6x200g	10.75		2.39	<b>392168</b>
◆ Flavour Paste - Tomato & Pepper	organic	6x200g	10.75		2.39	<b>392169</b>
◆ Flavour Paste - Tomato & Vegetable	organic	6x200g	10.75		2.39	<b>392171</b>

### Mr Organic - high protein - vegan

◆ Lentil Ragu	organic	6x350g	14.80		3.29	<b>392154</b>
◆ Seitan Ragu	organic	6x350g	14.80		3.29	<b>392155</b>
◆ Tofu Ragu	organic	6x350g	14.80		3.29	<b>392160</b>

### Mrs Mack's

▲ Poppy Seed Dressing	organic	1x200ml	4.50		6.02	<b>392270</b>
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### Tarantella

◆ Chopped Tomatoes	organic	6x400g	5.15		1.15	<b>393021</b>
◆ Peeled Plum Tomatoes	organic	6x400g	5.15		1.15	<b>393022</b>
◆ Tomato Passata	organic	6x690g	11.65		2.59	<b>393023</b>
◆ Tomato Purée Double Conc - tin	organic	12x3x70g	16.10		1.79	<b>393024</b>

### The Real Organic Foods Co. - jars

◆ Jalfrezi Cooking Sauce	organic	6x350g	21.55		4.79	<b>394230</b>
◆ Korma Cooking Sauce	organic	6x350g	21.55		4.79	<b>394235</b>
◆ Rogan Josh Cooking Sauce	organic	6x350g	21.55		4.79	<b>394240</b>
◆ Tikka Balti Cooking Sauce	organic	6x350g	21.55		4.79	<b>394245</b>

### The Real Organic Foods Co. - jars

◆ Thai Green Curry Sauce	organic	6x350g	22.45		5.02	<b>394260</b>
◆ Thai Red Curry Sauce	organic	6x350g	22.45		5.02	<b>394265</b>
◆ Thai Yellow Curry Sauce	organic	6x350g	22.45		5.02	<b>394270</b>

### Tropical Wholefoods - dried

▼ Porcini/Ceps Mushrooms		6x30g	21.95		4.89	<b>393810</b>
▼ Shiitake Mushrooms		6x50g	16.80		3.74	<b>393815</b>

## Convenience Foods

### Biona - tinned beans & pulses

◆ Aduki Beans in tins	organic	6x400g	7.60		1.69	<b>390122</b>
◆ Black Chickpeas - BPA-free can	organic	6x400g	6.25		1.39	<b>390126</b>
◆ Borlotti Beans - BPA-free can	organic	6x400g	7.15		1.59	<b>390127</b>
◆ Edamame Beans tinned in Brine	organic	12x200g	19.70		2.19	<b>390154</b>
◆ Flageolet Beans in tins	organic	6x400g	8.50		1.89	<b>390238</b>
◆ Haricot Beans in tins	organic	6x400g	6.25		1.39	<b>390151</b>
◆ Pinto Beans in tins	organic	6x400g	7.15		1.59	<b>390148</b>
◆ French Lentils Vert in tins	organic	6x400g	6.70		1.49	<b>390153</b>
◆ Mixed Beans in tins	organic	6x400g	6.70		1.49	<b>390152</b>

### Mr Organic - ring-pull cans

◆ Aduki Beans	organic	12x400g	13.40		1.49	<b>442748</b>
◆ Baked Beans	organic	12x400g	14.30		1.59	<b>442750</b>
◆ BBQ Baked Beans	organic	12x400g	16.10		1.79	<b>442751</b>
◆ Beluga Lentils	organic	12x400g	13.40		1.49	<b>442753</b>
◆ Black Beans	organic	12x400g	12.50		1.39	<b>442752</b>
◆ Borlotti Beans	organic	12x400g	13.40		1.49	<b>442755</b>
◆ Brazilian Style Black Beans	organic	12x400g	18.80		2.09	<b>442756</b>
◆ Cannellini Beans	organic	12x400g	13.40		1.49	<b>442757</b>
◆ Chickpeas	organic	12x400g	12.50		1.39	<b>442760</b>
◆ Chilli Mixed Beans	organic	12x400g	16.10		1.79	<b>442761</b>
◆ Butter Beans	organic	12x400g	14.30		1.59	<b>442762</b>
◆ Greek Style Butter Beans	organic	12x400g	18.80		2.09	<b>442764</b>
◆ Haricot Beans	organic	12x400g	13.40		1.49	<b>442763</b>
◆ Italian Style Cannellini Beans	organic	12x400g	18.80		2.09	<b>442768</b>
◆ Lentils - green	organic	12x400g	13.40		1.49	<b>442765</b>

\* new product □ on offer

▲ price rise ▼ fall

☆ size/other change

◆ offer ended



◆ Low Sugar Baked Beans	organic	12x400g	16.10	1.79	442766
◆ Mexican Style Beans & Corn	organic	12x400g	18.80	2.09	442769
◆ Mixed Beans	organic	12x400g	14.30	1.59	442767
◆ Moroccan Style Chickpeas	organic	12x400g	18.80	2.09	442772
◆ Red Kidney Beans	organic	12x400g	13.40	1.49	442770
▲ Garden Pea & Vegetable Soup	organic	12x400g	20.60	2.29	442779
▲ Leek & Potato Soup	organic	12x400g	20.60	2.29	442789

#### Mr Organic - gnocchi & filled pasta - vegan

◆ Gnocchi - gluten-free	organic	8x350g	20.95	3.49	442800
◆ Porcini Tortellini	organic	10x250g	30.75	4.10	442804
◆ Red Pepper Tortelloni	organic	10x250g	30.75	4.10	442802
◆ Vegetable Tortellini	organic	10x250g	30.75	4.10	442806
◆ Vegan Formaggio Ravioli	organic	10x250g	30.75	4.10	442808

#### Suma - baked beans and canned meals

▲ Baked Beans & Lincoln Vegan Sausages		12x400g	25.10	2.79	444492
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#### Suma - beans & pulses easy-open cans

◆ Black Chickpeas	organic	12x400g	11.25	1.25	444506
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#### Suma - soup in easy-open cans

◆ Chik'n Soup		12x400g	20.25	2.25	445585
◆ Minestrone Soup	organic	12x400g	20.60	2.29	445586
◆ Spicy Lentil Soup	organic	12x400g	19.35	2.15	445594
◆ Tuscan Bean Soup	organic	12x400g	18.80	2.09	445598

## Baby & Children's Food and Baby Products

#### Natracare

◆ Organic Cotton Baby Wipes	organic	16x50p	42.85 V	4.59	472635
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## Japanese Products, Miso, Soy Sauce, Tofu

#### Clearspring Japanese sauces

◆ Japanese Yaemon Tamari - double strength	organic	6x500ml	47.25	10.50	480515
◆ Japanese Yaemon Tamari - double strength	organic	6x150ml	17.95	3.99	480520
◆ Japanese Yaemon Tamari - double strength	organic	6x250ml	26.95	5.99	480521

#### Clearspring - Ambient Tofu- Tetra Pak

◆ Long Life Tofu - ambient	organic	12x300g	20.60	2.29	480590
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#### Ocean's Halo

◆ Miso Broth - tetra	organic	6x946ml	22.65	5.04	481040
◆ Pho Broth - tetra	organic	6x946ml	22.65	5.04	481042
◆ Ramen Broth - tetra	organic	6x946ml	22.65	5.04	481044

## Sea Vegetables

#### Clearspring

◆ Ginger Seaveg Crispies - toasted nori snack	organic	20x4g	19.35	1.29	531041
◆ Multipack Ginger Seaveg Crispies	organic	6x5x4g	22.45	4.99	531043
◆ Turmeric Seaveg Crispies - toasted nori snack	organic	20x4g	19.35	1.29	531045
◆ Multipack Turmeric Seaveg Crispies	organic	6x5x4g	22.45	4.99	531047
◆ Original Seaveg Crispies - toasted nori snack	organic	20x4g	19.35	1.29	531050
◆ Multipack Original Seaveg Crispies	organic	6x5x4g	22.45	4.99	531052
◆ Chilli Seaveg Crispies - toasted nori snack	organic	20x4g	19.35	1.29	531059
◆ Multipack Chilli Seaveg Crispies	organic	6x5x4g	22.45	4.99	531061

#### The Cornish Seaweed Company

▲ Dulse Flakes	organic	5x40g	21.00	5.60	531078
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#### Ocean's Halo

◆ Sushi Nori Sheets	organic	12x28g	35.50	3.95	531590
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## Teas - Herb

#### Clipper Infusions - tea bags - blends

◆ Sleep Easy Infusion	organic	6x20bgs	11.95	2.66	560385
◆ 20 bags Chamomile Infusion	organic	6x20bgs	11.95	2.66	560405
◆ 20 bag Peppermint Infusion	organic	6x20bgs	11.95	2.66	560407
◆ Dandelion Infusion	organic	6x20bgs	11.95	2.66	560410
◆ Fennel Infusion	organic	6x20bgs	11.95	2.66	560411
◆ Nettle Infusion	organic	6x20bgs	11.95	2.66	560413
◆ Lemon & Ginger Infusion	organic	6x20bgs	11.95	2.66	560417
◆ Liquorice Infusion	organic	6x20bgs	11.95	2.66	560418

#### Hampstead - string & tag envelope- Infusion

◆ Herbal Harmonies Selection Pack	demeter	4x20bgs	10.45	3.49	560809
◆ Camomile Mellow	organic	4x20bgs	10.45	3.49	560808
◆ Digest Well - was Fennel & Peppermint	demeter	4x20bgs	10.45	3.49	560810
◆ Lemon Ginger	demeter	4x20bgs	10.45	3.49	560815
◆ Peppermint & Spearmint	demeter	4x20bgs	10.45	3.49	560820
◆ Meditate Lavender & Valerian	demeter	4x20bgs	10.45	3.49	560823
◆ Rooibos	organic	4x20bgs	10.45	3.49	560824
◆ Rosehip Hibiscus	organic	4x20bgs	10.45	3.49	560825
◆ Sleep Well	organic	4x20bgs	10.45	3.49	560826
◆ Turmeric & Cinnamon	organic	4x20bgs	10.45	3.49	560828

#### Hampstead - loose herb infusions

◆ Camomile Loose Leaf Tea	organic	6x40g	29.20	6.49	560845
◆ Lemon & Ginger Loose Leaf Tea	organic	6x100g	29.20	6.49	560846

#### Pukka - Ayurvedics - tea bags

◆ Breathe In with Eucalyptus	organic	4x20bgs	14.85	4.96	561488
◆ Chamomile, Vanilla & Manuka Honey	organic	4x20bgs	14.85	4.96	561490
◆ Feel New - aniseed, fennel & licorice	organic	4x20bgs	14.85	4.96	561500
◆ Herbal Tea collection	organic	4x20bgs	16.45	5.48	561494
◆ Elderberry & Echinacea	organic	4x20bgs	14.85	4.96	561501
◆ Joy - lemongrass with orange Tea	organic	4x20bgs	14.85	4.96	561496
◆ Lemon, Ginger & Manuka Honey	organic	4x20bgs	14.85	4.96	561504
◆ Lemongrass & Ginger	organic	4x20bgs	14.85	4.96	561495
◆ Love - rose, chamomile & lavender Tea	organic	4x20bgs	14.85	4.96	561515
◆ Licorice & Cinnamon	organic	4x20bgs	14.85	4.96	561517
◆ Morning Berry - rooibos, ginseng, blackcurrant	organic	4x20bgs	14.85	4.96	561521
◆ Night Time Berry - berries, echinacea & chamomile	organic	4x20bgs	14.85	4.96	561516
◆ Peace - chamomile, spearmint, hemp, licorice	organic	4x20bgs	14.85	4.96	561531
◆ Peppermint & Licorice	organic	4x20bgs	14.85	4.96	561506
◆ Radiance - nettle, fennel & aloe vera	organic	4x20bgs	14.85	4.96	561518
◆ Relax - chamomile, fennel & marshmallow	organic	4x20bgs	14.85	4.96	561510
◆ Turmeric Active Herbal Tea	organic	4x20bgs	14.85	4.96	561511
◆ Wild Apple Cinnamon with Ginger	organic	4x20bgs	14.85	4.96	561554
◆ Winter Warmer	organic	4x20bgs	14.85	4.96	561553
◆ Womankind - rose, vanilla & shatavari	organic	4x20bgs	14.85	4.96	561555
◆ Vanilla Spice Chai - cinnamon & sweet vanilla	organic	4x20bgs	14.85	4.96	561520
◆ Night Time Tea	organic	4x20bgs	14.85	4.96	561530
◆ Three Chamomile Tea	organic	4x20bgs	14.85	4.96	561532
◆ Three Fennel Tea	organic	4x20bgs	14.85	4.96	561537
◆ Three Ginger Tea	organic	4x20bgs	14.85	4.96	561540
◆ Three Mint Tea	organic	4x20bgs	14.85	4.96	561545
◆ Tulsi Clarity Tea	organic	4x20bgs	14.85	4.96	561551

## Teas - Black, Green & White

#### Hampstead - Demeter/Organic

◆ Black Tea Bags Selection Pack	organic	4x20bgs	10.45	3.48	580481
◆ Green Tea Bags Selection Pack	organic	4x20bgs	10.45	3.48	580482
◆ Assam Loose	organic	6x100g	29.20	6.49	580479
◆ Assam Tea Bags	organic	4x20bgs	10.45	3.48	580483
◆ Green Tea Loose - Single Estate	demeter	6x100g	29.20	6.49	580455
◆ Green Tea Bags	demeter	4x20bgs	10.45	3.48	580484
◆ Matcha Green Tea & Nettle Bags	organic	4x20bgs	10.45	3.48	580494
◆ Ginger Green Tea Bags	demeter	4x20bgs	10.45	3.48	580486



◆ Jasmine Green Tea Bags	organic	4x20bgs	10.45	3.48	580487
◆ Mint Green Tea Bags	demeter	4x20bgs	10.45	3.48	580489
◆ Earl Grey Loose	demeter	6x100g	29.20	6.49	580459
◆ Earl Grey Tea Bags	demeter	4x20bgs	10.45	3.48	580490
◆ English Breakfast Loose	demeter	6x100g	29.20	6.49	580464
◆ English Breakfast Tea Bags	organic	4x20bgs	10.45	3.48	580491
◆ First Flush Loose	demeter	6x100g	40.45	9.00	580465
◆ Darjeeling Loose	demeter	6x100g	29.20	6.49	580470
◆ Darjeeling Bags	demeter	4x20bgs	10.45	3.48	580493
◆ Oolong Loose	demeter	6x50g	29.20	6.49	580475
◆ Green Tea & Raspberry	organic	4x20bgs	10.45	3.48	580476
◆ French Vanilla Black Tea Bags	demeter	4x20bgs	10.45	3.48	580478
◆ Indian Chai - spiced black tea bags	organic	4x20bgs	10.45	3.49	580466
◆ Focus Well - was Oriental Chai	organic	4x20bgs	10.45	3.49	580467

#### **Pukka - black tea - FairTrade**

◆ Elegant English Breakfast	organic	4x20bgs	14.85	4.96	581030
◆ Gorgeous Earl Grey	organic	4x20bgs	14.85	4.96	581032

#### **Pukka - chai**

◆ Original Chai - cinnamon & cardamom	organic	4x20bgs	14.85	4.96	581050
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#### **Pukka - green tea**

◆ Supreme Green Matcha Tea Bags - Fair Trade	organic	4x20bgs	14.85	4.96	580620
◆ Clean Matcha Green Tea Bags	organic	4x20bgs	14.85	4.96	580651
◆ Ginseng Matcha Green Tea Bags	organic	4x20bgs	14.85	4.96	580654
◆ Mint Matcha Green Tea Bags	organic	4x20bgs	14.85	4.96	580656

#### **Taka Turmeric tea bags**

▲ Masala Chai Turmeric Tea Bags	organic	4x15bgs	11.90	3.97	561598
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## **Coffee**

#### **Bird & Wild organic Fairtrade shade grown coffee**

☆ Dark Roast beans	organic	6x200g	22.00	4.90	600460
☆ Dark Roast R&G	organic	6x200g	22.00	4.90	600462
☆ Medium Roast beans	organic	6x200g	22.00	4.90	600468
☆ Medium Roast R&G	organic	6x200g	22.00	4.90	600469

#### **CaféDirect FairTrade R&G**

▲ CaféDirect Colombia Reserva - 3		6x200g	25.15	5.58	600481
▲ CaféDirect Familia Arabica Espresso - 5		6x200g	28.40	6.30	600471
▲ CaféDirect Kilimanjaro - 3		6x200g	25.15	5.58	600483
▲ CaféDirect Machu Picchu R&G - 4	organic	6x200g	25.15	5.58	600485
▲ CaféDirect Decaf Machu Picchu		6x200g	25.15	5.58	600487
▲ CaféDirect Mayan Gold -5	organic	6x200g	25.15	5.58	600489
▲ CaféDirect Intense Thrive Blend - 5		6x200g	23.80	5.29	600492
▲ CaféDirect Lively Restore Blend - 4		6x200g	23.80	5.29	600494
▲ CaféDirect Smooth Empower Blend - 3		6x200g	23.80	5.29	600495

#### **CaféDirect roast coffee beans FairTrade**

▲ Whole Coffee Beans - Familia Arabica Espresso	organic	6x200g	28.40	6.30	600473
▲ Whole Coffee Beans - Familia Arabica Espresso	organic	1x1kg	18.45	24.57	600475
▲ Whole Coffee Beans - Familia Original Espresso	organic	1x1kg	16.95	22.57	600477
▲ Whole Coffee Beans - Machu Picchu - 4	organic	6x200g	25.15	5.58	600497
▲ Whole Coffee Beans - Machu Picchu - 4	organic	1x750g	12.80	17.07	600546
▲ Whole Coffee Beans - Mayan Gold - 5	organic	6x200g	25.15	5.58	600499

#### **CaféDirect FairTrade instant**

▲ Instant Machu Picchu Coffee - 4		6x100g	32.65	7.26	600519
▲ Instant Decaf Machu Picchu Coffee - 4		6x100g	32.65	7.26	600521
▲ Classic Instant Coffee - single tin - 3		1x500g	25.55	34.11	600525

#### **Equal Exchange Original FairTrade R&G Coffee**

◆ Dark City Roast Coffee Ground - 4	organic	8x200g	36.00	6.00	600610
▲ Love Buzz Dark Ground Coffee	organic	6x284g	43.65	9.70	600616
▲ Mind Body Soul Medium Ground Coffee	organic	6x340g	47.70	10.60	600618
◆ Medium R&G Coffee - 3	organic	8x200g	36.00	6.00	600605
◆ Italian Coffee R&G - 5	organic	8x200g	36.00	6.00	600685
◆ Women Grew This Coffee R&G - 3	organic	8x200g	36.00	6.00	600695

#### **Equal Exchange FairTrade Coffee Beans**

◆ Coffee Beans Roast-Italian - 5	organic	8x200g	36.00	6.00	600654
◆ Coffee Beans - Medium roast - 3	organic	8x200g	36.00	6.00	600657
◆ Coffee Beans - Dark City roast - 4	organic	8x200g	36.00	6.00	600660
◆ Coffee Beans - Women grown - 3	organic	8x200g	36.00	6.00	600664

## **Coffee Subs, Malt Drinks, Carob & Cocoa Products**

#### **Barley Cup - instant drinks (not gluten-free)**

◆ Organic Barley Cup	organic	6x100g	23.60	5.25	612605
◆ Organic Chicory Cup	organic	6x100g	24.70	5.49	612615

#### **Divine - FairTrade**

◆ Hot Chocolate - powder		6x400g	19.10	4.24	611502
◆ Cocoa Powder		12x125g	26.40	2.93	611505

#### **The Raw Chocolate Co. - Fair Trade - sugar, dairy & gluten-free**

▲ Raw Cacao Nibs	organic	6x150g	23.05	5.12	766892
▲ Cacao Powder	organic	6x180g	23.05	5.12	766893
▲ Raw Cacao Butter Buttons	organic	6x200g	32.25	7.17	766909

## **Drinks - Herbal, Tonic, Coconut and Iced Tea**

#### **Belvoir - non alcoholic seasonal punch**

◆ Mulled Winter Punch - non-alcoholic		6x750ml	15.75 V	4.20	640105
◆ Spiced Ginger Punch - non-alcoholic		6x750ml	15.75 V	4.20	640110

#### **Hip Pop**

◆ Apple & Elderflower Kombucha		12x330ml	12.45 V	1.66	641616
◆ Blueberry & Ginger Kombucha		12x330ml	12.45 V	1.66	641617
◆ Ginger & Yuzu Kombucha		12x330ml	12.45 V	1.66	641619
◆ Strawberry & Pineapple Kombucha		12x330ml	12.45 V	1.66	641620
◆ Cherry & Blackberry CBD Kombucha		12x330ml	16.00 V	2.13	641621
◆ Blood Orange & Grapefruit CBD Kombucha		12x330ml	16.00 V	2.13	641622
◆ Passion Fruit & Guava CBD Kombucha		12x330ml	16.00 V	2.13	641623
◆ Pink Grapefruit Living Soda		12x330ml	12.45 V	1.66	641624
◆ Tropical Peach Living Soda		12x330ml	12.45 V	1.66	641625

#### **Lo Bros Vegan Kombucha - glass**

◆ Cola Kombucha Living Soda		12x330ml	18.80 V	2.51	641514
◆ Blueberry Lemonade Kombucha		12x330ml	18.80 V	2.51	641521
◆ Fruit Crush Kombucha Limited Edition		12x330ml	18.80 V	2.51	641522
◆ Ginger & Lemon Kombucha		12x330ml	18.80 V	2.51	641524
◆ Raspberry & Blackcurrant Kombucha		12x330ml	18.80 V	2.51	641528
◆ Raspberry & Lemon Kombucha		12x330ml	18.80 V	2.51	641526
◆ Passion Fruit Kombucha		12x330ml	18.80 V	2.51	641628

#### **Suma**

◆ Cola Kombucha	organic	24x250ml	26.15 V	1.75	641022
◆ Elderflower Lemon Kombucha	organic	24x250ml	26.15 V	1.75	641033
◆ Ginger Kombucha	organic	24x250ml	26.15 V	1.75	641035
◆ Lychee Lemongrass Kombucha	organic	24x250ml	26.15 V	1.75	641038
◆ Peach & Turmeric Kombucha	organic	24x250ml	26.15 V	1.75	641036
◆ Strawberry & Raspberry Kombucha	organic	24x250ml	26.15 V	1.75	641037
◆ Winter Berries Kombucha	organic	24x250ml	26.15 V	1.75	641039

## **Drinks - Fruit & Vegetable Juices, Cordials & Water**

#### **Belvoir Cordials**

◆ Elderflower Cordial	organic	6x500ml	21.65 V	5.78	660560
◆ Ginger Cordial	organic	6x500ml	21.65 V	5.78	660565
◆ Lemon & Mint Cordial	organic	6x500ml	21.65 V	5.78	660566
◆ Mulled Winter Cordial		6x500ml	20.60 V	5.50	660569

#### **Cawston Press - Tetra**

◆ Cloudy Apple		6x1l	13.30 V	3.55	661157
◆ Apple & Ginger		6x1l	13.30 V	3.55	661159
◆ Apple & Rhubarb		6x1l	13.30 V	3.55	661160
◆ Brilliant Beetroot		6x1l	14.50 V	3.87	661162
◆ Squeezed Orange		6x1l	14.50 V	3.87	661164



◆ Apple & Mango Fruit Water - multipack	6x3x200ml	11.80 V	3.15	661170
◆ Apple & Pear Fruit Water - multipack	6x3x200ml	11.80 V	3.15	661172
◆ Apple & Summer Berries Fruit Water - multipack	6x3x200ml	11.80 V	3.15	661174
◆ Sunshine Orange Fruit Water - multipack	6x3x200ml	11.80 V	3.15	661175

#### Heron's Folly Garden - Sussex - glass

▲ Apple Juice	organic	6x1l	18.55 V	4.95	662205
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#### James White - Veg It

◆ Veg-It Tetra - blend of 8 vegetables		8x1l	17.50 V	3.50	664608
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#### Oakwood Farm - glass

▲ Apple Juice Blend	organic	6x1l	16.30 V	4.35	662435
▲ Adam's Pearmain Apple Juice	organic	6x1l	16.30 V	4.35	662433
▲ Ashmead's Kernel Apple Juice	organic	6x1l	16.30 V	4.35	662437
▲ Bramley/Dessert Apple Juice Blend	organic	6x1l	16.30 V	4.35	662467
▲ Fiesta Apple Juice	organic	6x1l	16.30 V	4.35	662445
▲ King's Acre Pippin Apple Juice	organic	6x1l	16.30 V	4.35	662468
▲ Pear Juice	organic	6x1l	16.30 V	4.35	662470

## Drinks - Carbonated

#### Belvoir - Pressés

◆ Elderflower Pressé	organic	6x750ml	14.95 V	3.99	660575
◆ Elderflower Pressé	organic	12x250ml	13.80 V	1.84	660577
◆ Ginger Beer	organic	6x750ml	14.95 V	3.99	660580
◆ Ginger Beer	organic	12x250ml	13.80 V	1.84	660582
◆ Lemonade	organic	12x250ml	13.80 V	1.84	660587
◆ Sparkling Clementine & Cranberry		6x750ml	15.75 V	4.20	660574

#### Cawston Press - cans

◆ Cloudy Apple Sparkling		24x330ml	20.20 V	1.35	661200
◆ Cloudy Lemonade Sparkling		24x330ml	20.20 V	1.35	661202
◆ Elderflower Lemonade		24x330ml	20.20 V	1.35	661204
◆ Ginger Beer Sparkling		24x330ml	20.20 V	1.35	661208
◆ Orange Sparkling		24x330ml	20.20 V	1.35	661210
◆ Rhubarb Sparkling		24x330ml	20.20 V	1.35	661212

#### Luscombe - glass

◆ Damascene Rose Bubbly	organic	24x270ml	33.85 V	2.26	661586
◆ Ginger Beer Cool	organic	24x270ml	33.40 V	2.23	661588
◆ Ginger Beer Hot	organic	24x270ml	33.40 V	2.23	661590
◆ Wild Elderflower Bubbly		24x270ml	33.85 V	2.26	661604

## Drinks - Soya, Nut, Grain, Milk & Desserts

#### Biona

◆ Coconut Milk Powder	organic	12x150g	35.90	3.99	726500
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#### Glebe Farm - gluten-free

◆ Organic Pure Oaty Barista - gluten-free	organic	6x1l	9.81	2.17	722219
◆ Pure Oaty Barista - gluten-free		6x1l	9.95	2.21	722221
◆ Pure Oaty Creamy Enriched - gluten-free		6x1l	9.95	2.21	722222

#### Minor Figures - vegan

◆ Barista Oat		6x1l	9.65	2.14	723540
◆ Barista Chai Concentrate	organic	6x1l	25.35	5.63	723543
◆ Barista Oat (Organic)	organic	6x1l	10.15	2.26	723546
◆ Everyday Oat		6x1l	9.65	2.14	723547

#### Nutty Bruce - vegan

◆ Activated Almond M*lk	organic	6x1l	12.30	2.73	723560
◆ Activated Almond & Coconut M*lk	organic	6x1l	12.30	2.73	723564
◆ Activated Almond & Oat M*lk	organic	6x1l	12.30	2.73	723568

#### Oatly - vegan

◆ Barista Oat Drink	organic	6x1l	10.60	2.34	725708
◆ Oat Drink	organic	6x1l	9.20	2.03	725710

#### Rude Health - gluten-free

◆ Ultimate Almond - pure almond drink	organic	6x1l	17.30	3.85	724587
◆ Almond Drink - with rice - Large	organic	6x1l	12.10	2.69	724590
◆ Cashew Drink	organic	6x1l	15.70	3.49	724591
◆ Coconut Drink	organic	6x1l	13.45	2.99	724593
◆ Hazelnut Drink	organic	6x1l	13.45	2.99	724594
◆ Oat Drink	organic	6x1l	11.20	2.49	724595

#### Sojade - plant based drinks & cream

◆ Soya Natural - unsweetened	organic	8x1l	11.65	1.94	724605
◆ Soya Mild with apple juice	organic	8x1l	12.90	2.15	724611
◆ Soya Protein - unsweetened	organic	8x750ml	11.65	1.94	724612
◆ Soya + Vanilla	organic	8x1l	14.30	2.39	724615
◆ Chocolate Soya Drink	organic	8x1l	16.75	2.80	724617
◆ Sojade Cuisine - Soya Cream	organic	24x200ml	18.80	1.04	724620
◆ Chocolate Soya Dessert - Custard	organic	8x530g	10.05	1.68	724622
◆ Vanilla Soya Dessert - Custard	organic	8x530g	10.50	1.75	724624

#### Sproud pea milk

◆ Sproud - Unsweetened		6x1l	10.00	2.22	726530
◆ Sproud Barista		6x1l	10.00	2.22	726536
◆ Sproud Chocolate		6x1l	10.00	2.22	726538
◆ Sproud Vanilla		6x1l	10.00	2.22	726539

## Savoury Snacks

#### Eat Real - hummus chips - large - vegan - gluten-free

◆ Chilli & Lemon Hummus Chips - large		10x110g	16.05	2.29	751193
◆ Sea Salt & Balsamic Hummus Chips - large		10x110g	16.05	2.29	751194
◆ Sour Cream & Chives Hummus Chips - large		10x110g	16.05	2.29	751195
◆ Tomato & Basil Hummus Chips - large		10x110g	16.05	2.29	751196
◆ Sea Salt Hummus Chips - large		10x110g	16.05	2.29	751197

#### Eat Real - hummus chips - small - vegan - gluten-free

◆ Sea Salt Hummus Chips		18x45g	11.85	0.98	751201
◆ Sour Cream & Chives Hummus Chips		18x45g	11.85	0.98	751202
◆ Tomato & Basil Hummus Chips		18x45g	11.85	0.98	751203

#### Eat Real - lentil chips - vegan - gluten-free

◆ Chilli & Lemon Lentil Chips - large		10x95g	16.05	2.29	751217
◆ Creamy Dill Lentil Chips - large		10x95g	16.05	2.29	751218
◆ Mango & Mint Lentil Chips - large		10x95g	16.05	2.29	751219
◆ Sea Salt Lentil Chips - large		10x95g	16.05	2.29	751221
◆ Chilli & Lemon Lentil Chips		18x40g	11.85	0.98	751224
◆ Creamy Dill Lentil Chips		18x40g	11.85	0.98	751226
◆ Sea Salt Lentil Chips		18x40g	11.85	0.98	751231

#### Eat Real - quinoa chips - large - vegan - gluten-free

◆ Sour Cream & Chives Quinoa Chips		10x90g	16.05	2.29	751251
◆ Sundried Tomato & Roast Garlic Quinoa Chips		10x90g	16.05	2.29	751254

#### Eat Real - quinoa chips - small - vegan - gluten-free

◆ Sour Cream & Chives Quinoa Chips - small		18x40g	11.85	0.98	751271
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#### Eat Real - veggie straws - vegan - gluten-free

◆ Veggie Straws - small		18x45g	11.85 V	1.18	751287
◆ Veggie Straws - large		10x110g	16.05 V	2.60	751288
◆ Veggie Straws Sea Salt Black Pepper - large		10x110g	16.05 V	2.60	751289
◆ Veggie Straws Smoked Paprika & Chilli - large		10x110g	16.05 V	2.60	751291

#### Eat Real - multipacks - vegan - gluten-free

◆ Chips Multi Pack		8x5pack	18.00	3.04	721291
◆ Kids Straws Multi Pack		24x20g	11.30	0.64	721292



**Fairfields - potato crisps - vegan - gluten-free**

◆ Bacon & Tomato	36x40g	16.80 V	0.76	<b>751000</b>
◆ Cheese & Onion	36x40g	16.80 V	0.76	<b>751002</b>
◆ Lightly Sea Salted	36x40g	16.80 V	0.76	<b>751004</b>
◆ Roast Rib of Beef	36x40g	16.80 V	0.76	<b>751006</b>
◆ Prawn Cocktail	36x40g	16.80 V	0.76	<b>751007</b>
◆ Sea Salt & Aspell Cyder Vinegar	36x40g	16.80 V	0.76	<b>751008</b>
◆ Sea Salt & Black Pepper	36x40g	16.80 V	0.76	<b>751010</b>
◆ Sweet Chilli	36x40g	16.80 V	0.76	<b>751012</b>

**Fairfields - potato crisps - vegan - gluten-free**

◆ Adnams Ghost Ship	10x150g	12.25 V	1.99	<b>751014</b>
◆ Bacon & Tomato	10x150g	12.25 V	1.99	<b>751016</b>
◆ Cheese & Onion	10x150g	12.25 V	1.99	<b>751018</b>
◆ Lightly Sea Salted	10x150g	12.25 V	1.99	<b>751020</b>
◆ Prawn Cocktail	10x150g	12.25 V	1.99	<b>751019</b>
◆ Roast Rib of Beef	10x150g	12.25 V	1.99	<b>751022</b>
◆ Sea Salt & Aspell Cyder Vinegar	10x150g	12.25 V	1.99	<b>751024</b>
◆ Sea Salt & Black Pepper	10x150g	12.25 V	1.99	<b>751026</b>
◆ Sweet Chilli	10x150g	12.25 V	1.99	<b>751028</b>

**Infinity Foods - Savoury Snack-Packs**

▲ BBQ Almonds	6x60g	5.95 V	1.59	<b>8180</b>
▼ Roasted & Salted Almonds	6x60g	5.50 V	1.47	<b>8216</b>
▼ Hot Chilli Cashews	6x55g	6.10 V	1.63	<b>8220</b>
▼ Seasalt & Black Pepper Cashews	6x55g	6.10 V	1.63	<b>8225</b>
▼ Roasted & Salted Cashew Nuts	6x55g	5.70 V	1.52	<b>8227</b>

**Mister Free'd**

◆ Tortilla Chips Avocado	12x135g	18.00	2.00	<b>752340</b>
◆ Tortilla Chips Blue Maize	12x135g	18.00	2.00	<b>752342</b>
◆ Tortilla Chips Chia Seed	12x135g	18.00	2.00	<b>752343</b>
◆ Tortilla Chips Kale Spinach	12x135g	18.00	2.00	<b>752347</b>

**Shore Seaweed Chips**

◆ Lightly Salted Seaweed Chips	14x25g	11.30	1.15	<b>752770</b>
◆ Peking Duck Seaweed Chips	14x25g	11.30	1.15	<b>752772</b>
◆ Salt & Balsamic Seaweed Chips	14x25g	11.30	1.15	<b>752771</b>
◆ Smoky Barbeque Seaweed Chips	14x25g	11.30	1.15	<b>752773</b>
◆ Sweet Sriracha Seaweed Chips	14x25g	11.30	1.15	<b>752774</b>
◆ Lightly Salted Seaweed Chips - Share Bag	12x80g	18.55	2.19	<b>752776</b>
◆ Peking Duck Seaweed Chips - Share Bag	12x80g	18.55	2.19	<b>752778</b>
◆ Salt & Balsamic Seaweed Chips - Share Bag	12x80g	18.55	2.19	<b>752777</b>
◆ Smoky Barbeque Seaweed Chips - Share Bag	12x80g	18.55	2.19	<b>752779</b>
◆ Sweet Sriracha Seaweed Chips - Share Bag	12x80g	18.55	2.19	<b>752780</b>

**Trafo - Snacks**

▲ Sea Salted Popped Corn	organic	12x50g	24.20 V	3.23	<b>753263</b>
▲ Sweet Popped Corn	organic	12x50g	24.20 V	3.23	<b>753264</b>

**Sweet Snacks & Confections**

**Biona - sweetsies**

◆ Rainbow Lollipops	organic	16x6p	28.90 V	2.89	<b>760452</b>
◆ Fizzy Peaches	organic	10x75g	15.55 V	2.49	<b>760454</b>
◆ Fruit Bears	organic	10x75g	15.55 V	2.49	<b>760453</b>
◆ Jelly Dinos	organic	10x75g	15.55 V	2.49	<b>760451</b>
◆ Jelly Pomegranate Hearts	organic	10x75g	15.55 V	2.49	<b>760456</b>
◆ Sour Snakes	organic	10x75g	15.55 V	2.49	<b>760462</b>

**Clif Bars**

◆ Blueberry Almond Crisp Bars	12x68g	14.85 V	1.98	<b>762350</b>
◆ Chocolate Almond Fudge Bars	12x68g	14.85 V	1.98	<b>762355</b>
◆ Chocolate Chip Bars	12x68g	14.85 V	1.98	<b>762360</b>
◆ Crunchy Peanut Butter Bars	12x68g	14.85 V	1.98	<b>762365</b>
◆ Peanut Butter Banana Bars	12x68g	14.85 V	1.98	<b>762366</b>
◆ White Chocolate Macadamia Bars	12x68g	14.85 V	1.98	<b>762375</b>

**Clif organic nut butter filled bars**

◆ Chocolate Chip Peanut Butter - Filled Bar	organic	12x50g	19.30 V	2.57	<b>762393</b>
◆ Chocolate Peanut Butter - Filled Bar	organic	12x50g	19.30 V	2.57	<b>762396</b>
◆ Peanut Butter - Filled Bar	organic	12x50g	19.30 V	2.57	<b>762398</b>

**Divine - chocolate FairTrade**

◆ 85% Dark Chocolate	15x90g	28.65 V	3.06	<b>763495</b>
◆ 70% Dark Chocolate	15x90g	28.65 V	3.06	<b>763503</b>
◆ Dark Smooth Hazelnut Chocolate	15x90g	28.65 V	3.06	<b>763502</b>
◆ Dark Chocolate with Himalayan Salt	15x90g	28.65 V	3.06	<b>763516</b>
◆ Mint Dark Chocolate - 70%	15x90g	28.65 V	3.06	<b>763504</b>
◆ Ginger & Orange Dark Chocolate - 70%	15x90g	28.65 V	3.06	<b>763512</b>
◆ Raspberry Dark Chocolate	15x90g	28.65 V	3.06	<b>763510</b>
◆ Milk Chocolate - 45% Cocoa	15x90g	28.65 V	3.06	<b>763518</b>
◆ Salted Caramel Milk Chocolate	15x90g	28.65 V	3.06	<b>763577</b>
◆ Strawberry White Chocolate	15x90g	28.65 V	3.06	<b>763565</b>
◆ Dark Chocolate - chunky	30x35g	24.50 V	1.31	<b>763581</b>
◆ Milk Chocolate - chunky	30x35g	24.50 V	1.31	<b>763521</b>
◆ Milk Chocolate Salted Caramel - chunky	30x35g	24.50 V	1.31	<b>763523</b>
◆ White Chocolate - chunky	30x35g	24.50 V	1.31	<b>763519</b>
◆ Orange Milk Chocolate - chunky	30x35g	24.50 V	1.31	<b>763527</b>

**Green and Black's**

◆ 85% Dark Chocolate Bar	organic	15x90g	25.75 V	2.75	<b>764001</b>
◆ 70% Dark Chocolate Bar	organic	15x90g	25.75 V	2.75	<b>764006</b>
◆ Ginger 60% Dark Chocolate Bar	organic	15x90g	25.75 V	2.75	<b>764019</b>
◆ Hazelnut & Currant Dark Chocolate Bar	organic	15x90g	25.75 V	2.75	<b>764026</b>
◆ Milk Chocolate Bar	organic	15x90g	25.75 V	2.75	<b>764028</b>
◆ Milk Chocolate with Butterscotch Bar	organic	15x90g	25.75 V	2.75	<b>764029</b>
◆ Smooth Dark Chocolate Bar - FT	organic	15x90g	25.75 V	2.75	<b>764033</b>
◆ Smooth Mint Dark Chocolate Bar - FT	organic	15x90g	25.75 V	2.75	<b>764034</b>
◆ White Chocolate Bar	organic	15x90g	25.75 V	2.75	<b>764045</b>

**Hu Chocolate bars - organic gluten-free FairTrade**

◆ Almond Butter + Crispy Quinoa Dark Choc Bar	organic	12x60g	25.25 V	3.50	<b>764130</b>
◆ Cashew Butter + Pure Vanilla Dark Choc Bar	organic	12x60g	25.25 V	3.50	<b>764131</b>
◆ Crunchy Mint Dark Chocolate Bar	organic	12x60g	25.25 V	3.50	<b>764134</b>
◆ Hazelnut Butter Dark Chocolate Bar	organic	12x60g	25.25 V	3.50	<b>764136</b>
◆ Salty Dark Chocolate Bar	organic	12x60g	25.25 V	3.50	<b>764138</b>
◆ Simple Dark Chocolate Bar	organic	12x60g	25.25 V	3.50	<b>764140</b>
◆ Vanilla Crunch Dark Chocolate Bar	organic	12x60g	25.25 V	3.50	<b>764141</b>

**Ma Baker - Giant Bite Bars - vegan - oat-based**

◆ Giant Bite Banana Flapjack	15x42g	8.00	0.71	<b>764722</b>
◆ Giant Bite Blueberry Flapjack	15x42g	8.00	0.71	<b>764723</b>
◆ Giant Bite Raspberry Flapjack	15x42g	8.00	0.71	<b>764724</b>

**Nakd - Choclish Big Bite Bars**

◆ Double Choclish Big Bite	16x50g	18.40 V	1.84	<b>766591</b>
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**Nakd - Protein Bars and Fibre Bars**

◆ Fruit & Fibre - Apple & Cinnamon	16x44g	13.40 V	1.35	<b>766629</b>
◆ Fruit & Fibre - Strawberry & Raspberry	16x44g	13.40 V	1.35	<b>766631</b>
◆ Protein Caramel Bar	16x45g	13.40 V	1.35	<b>766633</b>
◆ Protein Cocoa Hazelnut Bar	16x45g	13.40 V	1.35	<b>766634</b>
◆ Protein Peanut Butter Bar	16x45g	13.40 V	1.35	<b>766637</b>

**Nakd - Raw Fruit & Nut Bars - vegan & gluten-free**

◆ Bakewell Tart Raw Wholefood Bar	18x35g	11.50 V	1.02	<b>766647</b>
◆ Berry Delight Raw Wholefood Bar	18x35g	11.50 V	1.02	<b>766648</b>
◆ Blueberry Muffin Raw Wholefood Bar	18x35g	11.50 V	1.02	<b>766644</b>
◆ Cashew Cookie Raw Wholefood Bar	18x35g	11.50 V	1.02	<b>766650</b>
◆ Cocoa Delight Raw Wholefood Bar	18x35g	11.50 V	1.02	<b>766651</b>
◆ Cocoa Orange Raw Wholefood Bar	18x35g	11.50 V	1.02	<b>766652</b>
◆ Lemon Drizzle	18x35g	11.50 V	1.02	<b>766659</b>
◆ Peanut Delight Raw Wholefood Bar	18x35g	11.50 V	1.02	<b>766656</b>
◆ Salted Caramel Raw Wholefood Bar	18x35g	11.50 V	1.02	<b>766664</b>



**Nakd - Multipack Bars**

◆ Multipack Berry Bliss Raw Wholefood Bar	12x4x30g	26.80 V	3.57	<b>766 808</b>
◆ Multipack Cocoa Orange Raw Wholefood Bar	12x4x35g	26.80 V	3.57	<b>766 815</b>

**Nourish - vegan - gluten-free**

◆ The Nutty One	14x50g	21.25	2.02	<b>766 817</b>
◆ The Orange One	14x50g	21.25	2.02	<b>766 818</b>
◆ The Berry One	14x50g	21.25	2.02	<b>766 819</b>

**Oatopia vegan flapjacks**

◆ Almond Bakewell Oat Bake	16x120g	33.00	2.75	<b>766 974</b>
◆ Original Oat Bake	16x120g	31.20	2.60	<b>766 972</b>
◆ Peanut Butter Oat Bake	16x120g	33.00	2.75	<b>766 973</b>
◆ Salted Caramel Oat Bake	16x120g	33.00	2.75	<b>766 976</b>
◆ Almond Bakewell Oat Bake	15x60g	17.95	1.60	<b>766 977</b>
◆ Original Oat Bake	15x60g	17.95	1.60	<b>766 978</b>
◆ Peanut Butter Oat Bake	15x60g	17.95	1.60	<b>766 979</b>
◆ Salted Caramel Oat Bake	15x60g	17.95	1.60	<b>766 981</b>

**Peppermint Dental - vegan - xylitol sweetened**

☆ Pouch Peppermint Dental Chewing Gum - 33 gums	18x60g	36.70 V	3.26	<b>766 704</b>
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**The Raw Chocolate Co. - dairy & gluten-free**

▲ Caffé Mocha Bar	organic	10x70g	21.35 V	3.42	<b>766 833</b>
▲ Vanoffee Hazelnut	organic	10x60g	21.35 V	3.42	<b>766 839</b>
▲ Vanoffee	organic	10x60g	21.35 V	3.42	<b>766 844</b>
▲ Caramel Buttons	organic	6x150g	22.00 V	5.87	<b>766 846</b>
▲ M'ilk Chocolate Buttons	organic	6x150g	22.00 V	5.87	<b>766 847</b>
▲ Peruvian 72% Buttons	organic	6x150g	22.00 V	5.87	<b>766 848</b>
▲ Vanoffee Buttons	organic	6x150g	22.00 V	5.87	<b>766 853</b>

**The Raw Chocolate Co. - dairy & gluten-free**

▲ Raw Chocolate Goji Berries - large	organic	6x100g	18.30 V	4.88	<b>766 911</b>
▲ Raw Chocolate Goji Berries - small	organic	12x28g	11.45 V	1.53	<b>766 886</b>
▼ Raw Chocolate Mulberries - Bulk	organic	5kg	113.10 V 22.62		<b>766 903</b>
▲ Raw Chocolate Mulberries - large	organic	6x100g	18.30 V	4.88	<b>766 912</b>
▼ Raw Chocolate Almonds - Bulk	organic	5kg	125.65 V 25.13		<b>766 906</b>
▲ Raw Chocolate Almonds - large	organic	6x100g	18.30 V	4.88	<b>766 913</b>
▲ Raw Chocolate Almonds - small	organic	12x25g	11.45 V	1.53	<b>766 881</b>
▲ Raw Chocolate Bananas - large	organic	6x100g	18.30 V	4.88	<b>766 864</b>
▲ Raw Chocolate Ginger - large	organic	6x100g	18.30 V	4.88	<b>766 914</b>
▲ Raw Salty Chocolate Hazelnuts - large	organic	6x100g	18.30 V	4.88	<b>766 916</b>
▼ Raw Salty Chocolate Hazelnuts - Bulk	organic	5kg	12.65 V 2.53		<b>766 919</b>
▲ Raw Chocolate Raisins - large	organic	6x100g	18.30 V	4.88	<b>766 917</b>
▼ Salted Vanoffee Cashews - Bulk	organic	5kg	133.40 V 26.68		<b>766 908</b>
▲ Salted Vanoffee Cashews - large	organic	6x100g	18.30 V	4.88	<b>766 918</b>

**Ricola**

◆ Eucalyptus Cherry Cough Drops with Stevia - bag	12x70g	12.40 V	1.65	<b>767 759</b>
◆ Original Swiss Herb Soothe & Clear - bag	12x75g	12.40 V	1.65	<b>767 760</b>
◆ Blackcurrant with Stevia - box	20x45g	19.90 V	1.59	<b>737 763</b>
◆ Delicious Elderflower with Stevia - box	20x45g	19.90 V	1.59	<b>767 764</b>
◆ Luxurious Licorice with Stevia - box	20x45g	19.90 V	1.59	<b>767 766</b>
◆ Raspberry Mint with Stevia - box	20x45g	19.90 V	1.59	<b>767 765</b>
◆ Refreshing Lemon Mint with Stevia - box	20x45g	19.90 V	1.59	<b>767 767</b>
◆ Tasty Cranberry with Stevia - box	20x45g	19.90 V	1.59	<b>767 768</b>
◆ The Original with Stevia - box	20x45g	19.90 V	1.59	<b>767 770</b>

**Trek Bars - vegan - gluten-free**

◆ Biscoff Power	16x55g	24.05 V	2.45	<b>766 681</b>
◆ Cocoa Chaos	16x55g	13.45 V	1.37	<b>766 687</b>
◆ Choc Orange Power	16x55g	24.05 V	2.45	<b>766 686</b>
◆ Millionaire Shortbread Power	16x55g	24.05 V	2.45	<b>766 688</b>
◆ Peanut Butter Crunch Power	16x55g	24.05 V	2.45	<b>766 689</b>
◆ Peanut Power	16x55g	13.45 V	1.37	<b>766 692</b>

**Trek Bars - Multipack - vegan - gluten-free**

◆ Multipack - Cocoa Chaos	12x3x55g	26.90 V	3.66	<b>766 868</b>
◆ Multipack - Peanut Power	12x3x55g	26.90 V	3.66	<b>766 869</b>

**Trek Protein Flapjacks - vegan - gluten-free**

◆ Cocoa Coconut Protein Flapjack	16x50g	13.90 V	1.44	<b>766 782</b>
◆ Cocoa Oat Protein Flapjack	16x50g	13.90 V	1.44	<b>766 785</b>
◆ Original Oat Protein Flapjack	16x50g	13.90 V	1.44	<b>766 795</b>
◆ Salted Caramel Protein Flapjack	16x50g	13.90 V	1.44	<b>766 796</b>
◆ Smooth Lemon Protein Bar	16x50g	13.90 V	1.44	<b>766 794</b>
◆ White Chocolate & Raspberry Protein Bar	16x50g	13.90 V	1.44	<b>766 809</b>

**Tropical Wholefoods - Fair Trade**

▼ Apricot & Almond Just 5 Bar	organic	18x40g	15.00 V	1.33	<b>768 816</b>
▼ Date & Cocoa Just 5 Bar	organic	18x40g	15.00 V	1.33	<b>768 823</b>
▼ Date & Walnut Just 5 Bar	organic	18x40g	15.00 V	1.33	<b>768 818</b>
▼ Mango & Brazil Just 5 Bar	organic	18x40g	15.00 V	1.33	<b>768 820</b>

**Condiments, Stocks, Salt & Miscellaneous Foods**

**Clearspring**

◆ Gomashio - Black Sesame with Sea Salt	organic	6x100g	17.95	3.99	<b>791 551</b>
◆ Gomashio - Whole Sesame with Sea Salt	organic	6x100g	17.95	3.99	<b>791 552</b>
◆ Irigoma - Toasted Black Sesame Seeds	organic	6x100g	17.95	3.99	<b>791 553</b>
◆ Irigoma - Toasted Whole Sesame Seeds	organic	6x100g	17.95	3.99	<b>791 554</b>
◆ Shichimi Togarashi	organic	8x50g	29.90	4.98	<b>791 555</b>

**Marigold**

◆ Vegetable Bouillon - Organic - vegan	organic	6x150g	11.45	2.54	<b>794 503</b>
◆ Reduced Salt Organic Vegetable Bouillon	organic	6x140g	11.65	2.59	<b>794 508</b>
◆ Yeast Free Bouillon Cubes	organic	12x8p	13.50	1.50	<b>794 527</b>
☆ Instant Gravy - powder		6x170g	10.55	2.34	<b>794 528</b>
☆ Instant Gravy - powder		1x2kg	14.60	19.48	<b>794 531</b>
☆ Instant Gravy - powder	organic	6x110g	11.90	2.64	<b>794 530</b>

**Supplementary Foods**

**Aduna**

▲ Moringa Green Superleaf Powder - pouch - single	organic	1x275g	10.00	14.96	<b>850 912</b>
▲ Moringa Green Superleaf Powder - tub - single	organic	1x100g	5.35	8.05	<b>850 917</b>

**BetterYou**

◆ D3000 Vitamin D Oral Spray		6x15ml	29.90 V	9.45	<b>850 881</b>
◆ D400 Infant Vitamin D Oral Spray		6x15ml	23.60 V	7.45	<b>850 887</b>
◆ D400 Junior Vitamin D Oral Spray		6x15ml	23.60 V	7.45	<b>850 882</b>
◆ D1000 Vitamin D Oral Spray		6x15ml	25.20 V	7.95	<b>850 883</b>
◆ D3000 Vitamin D + K2 Oral Spray		6x12ml	34.60 V	10.95	<b>850 884</b>
◆ D4000 Vitamin D Oral Spray		6x15ml	31.50 V	9.95	<b>850 885</b>

**Royal Green**

◆ Ashwagandha Bio 60 vegicaps	organic	1x1jar	13.50 V	24.18	<b>858 007</b>
◆ Astaxanthin Bio 60 vegicaps	organic	1x1jar	24.35 V	43.61	<b>858 009</b>
◆ Bone Food Complex 60 vegicaps	organic	1x1jar	16.20 V	29.01	<b>858 011</b>
◆ Camu Camu Vit C 60 vegicaps	organic	1x1jar	13.50 V	24.18	<b>858 013</b>
◆ Immune & Energy E/D 60 vegicaps	organic	1x1jar	15.15 V	27.13	<b>858 014</b>
◆ Maca 60 vegicaps	organic	1x1jar	11.35 V	20.33	<b>858 016</b>
◆ Magnesium 60 vegicaps	organic	1x1jar	16.20 V	29.01	<b>858 018</b>
◆ Mini Caps Multis Bio 90 vegicaps	organic	1x1jar	20.00 V	35.82	<b>858 019</b>
◆ Vitamin D3 Bio 60 vegicaps	organic	1x1jar	15.70 V	28.12	<b>858 021</b>

**Pet Products**

**Faith in Nature vegan Dog Shampoos**

◆ Coconut Dog Shampoo Bar		6x85g	20.25 V	5.75	<b>810 612</b>
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**Kitchen & Household Goods**

**Alter/Native by Suma - soap containers**

◆ Soap Bag - organic cotton	organic	1x1p	1.20 V	1.92	<b>820 708</b>
◆ Travel Soap Tin - Single Size		1x1tin	2.45 V	3.92	<b>859 141</b>
◆ Travel Soap Tin - Double Size		1x1tin	3.70 V	5.92	<b>859 161</b>
◆ Travel Soap Tin - Round		1x1tin	2.45 V	3.92	<b>859 163</b>



### Cheeky Panda Bamboo products

▼ Flat Box Facial Tissues - 80s	12x180g	13.80 V	1.84	<b>820 558</b>
◆ Flat Box Facial Tissues with Aloe - 64s	12x160g	17.25 V	2.30	<b>820 557</b>
☆ 48 Toilet Rolls - 3 ply - 200 sheets	1x5.8kg	25.85 V	41.36	<b>820 562</b>
☆ 9 Toilet Rolls - 3 ply - 200 sheets	5x9p	25.80 V	8.26	<b>820 564</b>
☆ 9 Toilet Rolls - Natural Colour - 3 ply - 200 sheets	5x9p	23.45 V	7.50	<b>820 565</b>

### Household & Industrial Cleaning Products

#### Ecoleaf - Vegan

◆ Fabric Conditioner - Jasmine	6x1.5l	19.45 V	5.19	<b>831 406</b>
◆ Laundry Liquid - Jasmine	6x1.5l	29.70 V	7.92	<b>831 416</b>

#### Ecover - Zero range

◆ Concentrated Laundry Liquid - Zero	6x1.43l	43.25 V	11.53	<b>831 626</b>
◆ Concentrated Laundry Liquid - Zero	1x5l	20.00 V	32.00	<b>831 608</b>
◆ 1.43l Fabric Softener - Zero	6x1.43l	19.20 V	5.12	<b>831 630</b>

#### Ecover Laundry

◆ Bio Conc Laundry Liquid - Honeysuckle & Jasmine	6x1.43l	43.25 V	11.53	<b>832 022</b>
◆ Bio Concentrated Laundry Liquid	1x5l	20.00 V	32.00	<b>832 007</b>
◆ Conc Laundry Liquid - Lavender & Sandalwood Non-Bio	6x1.43l	43.25 V	11.53	<b>832 053</b>
◆ Concentrated Laundry Liquid - lavender & sandalwood	1x5l	20.00 V	32.00	<b>832 014</b>
◆ Laundry Liquid - plastic container	1x5l	12.90 V	20.64	<b>832 021</b>
◆ Delicate	6x750ml	18.90 V	5.04	<b>832 042</b>
◆ 1.43l Fabric Softener - Gardenia & Vanilla	6x1.43l	19.20 V	5.12	<b>832 054</b>
◆ 1.43l Fabric Softener - Apple Blossom & Almond	6x1.43l	19.20 V	5.12	<b>832 056</b>
◆ Fabric Softener - Apple Blossom & Almond	1x5l	8.40 V	13.44	<b>832 084</b>
◆ Laundry Bleach	6x400g	7.85 V	2.09	<b>832 085</b>
◆ Stain Remover	9x200ml	18.45 V	3.39	<b>832 057</b>

#### LoofCo

◆ Back Scrubber 30cm loofah with cotton handles	4x34g	12.35 V	4.94	<b>833 040</b>
◆ Bath-Time Heart loofah	8x20g	17.50 V	3.50	<b>833 046</b>
◆ Bath-Time Smile loofah	8x19g	17.50 V	3.50	<b>833 041</b>
◆ Bathroom Cleaning Pad	6x24g	14.80 V	3.95	<b>833 042</b>
◆ Bottle Brush - 26cm	6x36g	13.15 V	3.51	<b>833 047</b>
◆ Water Bottle Brush - 34cm	6x66g	14.80 V	3.95	<b>833 043</b>
◆ Body Loofah	8x20g	16.20 V	3.24	<b>833 050</b>
◆ Cleansing Mitt made from cotton	8x1p	18.75 V	3.75	<b>833 063</b>
◆ Cleaning Pad made from loofah	6x20g	10.85 V	2.89	<b>833 048</b>
◆ Cleaning Pad 2 pack made from loofah	6x24g	18.55 V	4.95	<b>833 044</b>
◆ Gardeners Brush coir with wooden handle	4x111g	13.75 V	5.50	<b>833 049</b>
◆ Kitchen Cloth 2 pack cotton	6x61g	14.80 V	3.95	<b>833 057</b>
◆ Root Vegetable Scrubber made from loofah	6x20g	10.80 V	2.88	<b>833 051</b>
◆ Soap Rest made from loofah	8x10g	11.00 V	2.20	<b>833 058</b>
◆ Washing-Up Pad made from loofah	8x20g	14.45 V	2.89	<b>833 052</b>
◆ Washing-Up Slim Pad 4pk made from loofah	5x4p	15.45 V	4.94	<b>833 064</b>
◆ Mini Washing-Up Pad 2 pack made from loofah	6x11g	10.85 V	2.89	<b>833 060</b>
◆ Washing-Up Brush made from coir fibre	6x40g	10.30 V	2.75	<b>833 054</b>
◆ Coir Washing-Up Brush with wood handle	6x36g	13.15 V	3.51	<b>833 055</b>
◆ Washing-Up Scraper made from coconut husk	6x25g	10.80 V	2.88	<b>833 056</b>
◆ Washing-Up Soap - fragrance free	6x100g	12.15 V	3.24	<b>833 061</b>
◆ Washing-Up Soap - Lime	6x100g	12.15 V	3.24	<b>833 062</b>

### Toiletries & Natural Remedies

#### Alter/Native -Boxed vegan coconut/olive soap bars - by Suma

◆ Coconut Milk & Ylang Ylang - boxed soap	6x95g	11.80 V	3.15	<b>859 142</b>
◆ Cinnamon & Orange - boxed soap	6x95g	11.80 V	3.15	<b>859 143</b>
◆ Grapefruit & Mandarin - boxed soap	6x95g	11.80 V	3.15	<b>859 145</b>
◆ Lemongrass & Chamomile - boxed soap	6x95g	11.80 V	3.15	<b>859 144</b>
◆ Patchouli & Hemp - boxed soap	6x95g	11.80 V	3.15	<b>859 146</b>
◆ Rose & Geranium - boxed soap	6x95g	11.80 V	3.15	<b>859 148</b>
◆ Tea Tree & Eucalyptus - boxed soap	6x95g	11.80 V	3.15	<b>859 149</b>

#### Alter/Native - vegan bodywash liquid - by Suma

◆ Tea Tree & Aloe Vera Bodywash	1x5l	27.50 V	44.00	<b>850 154</b>
◆ Coconut & Argan Oil Bodywash	1x5l	27.50 V	44.00	<b>850 162</b>

### Dr Bronner's - Magic Soaps - bars - vegan

◆ Almond Soap Bar	organic	12x140g	45.45 V	6.49	<b>851 090</b>
◆ Baby-Mild Unscented Soap Bar	organic	12x140g	45.45 V	6.49	<b>851 092</b>
◆ Citrus Soap Bar	organic	12x140g	45.45 V	6.49	<b>851 095</b>
◆ Cherry Blossom Soap Bar	organic	12x140g	45.45 V	6.49	<b>851 093</b>
◆ Lavender Soap Bar	organic	12x140g	45.45 V	6.49	<b>851 100</b>
◆ Peppermint Soap Bar	organic	12x140g	45.45 V	6.49	<b>851 101</b>
◆ Rose Soap Bar	organic	12x140g	45.45 V	6.49	<b>851 102</b>
◆ Tea Tree Soap Bar	organic	12x140g	45.45 V	6.49	<b>851 097</b>

#### Faith in Nature - for men

◆ Blue Cedar Soap	6x100g	10.45 V	2.98	<b>852 960</b>
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#### Faith in Nature conditioner bars

◆ Coconut & Shea Butter Conditioner Bar	6x85g	24.50 V	6.96	<b>852 932</b>
◆ Dragon Fruit Conditioner Bar	6x85g	24.50 V	6.96	<b>852 934</b>
◆ Lavender & Geranium Conditioner Bar	6x85g	24.50 V	6.96	<b>852 936</b>
◆ Shea & Argan Conditioner Bar	6x85g	24.50 V	6.96	<b>852 938</b>

#### Faith in Nature shampoo bars

◆ Coconut & Shea Butter Shampoo Bar	6x85g	24.50 V	6.96	<b>852 978</b>
◆ Dragon Fruit Shampoo Bar	6x85g	24.50 V	6.96	<b>852 979</b>
◆ Lavender & Geranium Shampoo Bar	6x85g	24.50 V	6.96	<b>852 980</b>
◆ Shea & Argan Shampoo Bar	6x85g	24.50 V	6.96	<b>852 982</b>

#### Faith in Nature soaps

◆ Soap Gift Box - Orange, Aloe Vera, Lavender	6x300g	15.00 V	4.28	<b>852 983</b>
◆ Aloe Vera Soap	6x100g	10.45 V	2.99	<b>852 985</b>
◆ Coconut Soap	6x100g	10.45 V	2.99	<b>852 988</b>
◆ Dragon Fruit Soap	6x100g	10.45 V	2.99	<b>852 989</b>
◆ Grapefruit Soap	6x100g	10.45 V	2.99	<b>852 995</b>
◆ Hemp,Lemongrass & Green Tea Soap	6x100g	10.45 V	2.99	<b>853 035</b>
◆ Lavender Soap	6x100g	10.45 V	2.99	<b>853 020</b>
◆ Orange Soap	6x100g	10.45 V	2.99	<b>853 010</b>
◆ Rosemary Soap	6x100g	10.45 V	2.99	<b>853 015</b>
◆ Fragrance Free Soap - with Seaweed	6x100g	10.45 V	2.99	<b>853 030</b>
◆ Tea Tree Soap	6x100g	10.45 V	2.99	<b>852 990</b>
◆ Wild Rose Soap	6x100g	10.45 V	2.99	<b>852 992</b>

#### Faith in Nature bulk soaps

◆ Aloe Vera Soap	18x100g	23.90 V	2.26	<b>853 105</b>
◆ Coconut Soap	18x100g	23.90 V	2.26	<b>853 109</b>
◆ Grapefruit Soap	18x100g	23.90 V	2.26	<b>853 112</b>
◆ Hemp,Lemongrass & Green Tea Soap	18x100g	23.90 V	2.26	<b>853 140</b>
◆ Lavender Soap	18x100g	23.90 V	2.26	<b>853 125</b>
◆ Orange Soap	18x100g	23.90 V	2.26	<b>853 115</b>
◆ Rosemary Soap	18x100g	23.90 V	2.26	<b>853 120</b>
◆ Fragrance Free Soap - with Seaweed	18x100g	23.90 V	2.26	<b>853 135</b>
◆ Tea Tree Soap	18x100g	23.90 V	2.26	<b>853 110</b>

#### Herbatint™

◆ Colour Safe Shampoo	1x260ml	6.35 V	10.96	<b>857 588</b>
◆ Hydrate Shampoo	1x260ml	7.50 V	12.95	<b>857 589</b>
◆ Violet Shampoo	1x260ml	8.10 V	13.99	<b>857 586</b>
◆ Curly Conditioner	1x200ml	7.85 V	13.55	<b>857 594</b>
▲ Hydrate Conditioner	1x200ml	7.85 V	13.55	<b>857 596</b>
◆ Royal Conditioner	1x200ml	7.35 V	12.69	<b>857 593</b>

#### Herbatint™ - 'basic natural' permanent hair colour gels

▲ 1N - Black - Hair Colour	1x1p	6.95 V	12.00	<b>854 605</b>
▲ 2N - Brown - Hair Colour	1x1p	6.95 V	12.00	<b>854 610</b>
▲ 3N - Dark Chestnut - Hair Colour	1x1p	6.95 V	12.00	<b>854 611</b>
▲ 4N - Chestnut - Hair Colour	1x1p	6.95 V	12.00	<b>854 612</b>
▲ 5N - Light Chestnut - Hair Colour	1x1p	6.95 V	12.00	<b>854 642</b>
▲ 6N - Dark Blonde - Hair Colour	1x1p	6.95 V	12.00	<b>854 622</b>
▲ 7N - Blonde - Hair Colour	1x1p	6.95 V	12.00	<b>854 607</b>
▲ 8N - Light Blonde - Hair Colour	1x1p	6.95 V	12.00	<b>854 640</b>
▲ 9N - Very Light Blonde - Hair Colour	1x1p	6.95 V	12.00	<b>854 637</b>
▲ 10N - Platinum Blonde - Hair Colour	1x1p	6.95 V	12.00	<b>854 665</b>

✱ new product □ on offer  
▲ price rise ▼ fall

☆ size/other change  
◆ offer ended



**Herbatint™ - 'golden' permanent hair colour gels**

▲	4D - Golden Chestnut - Hair Colour	1x1p	6.95 V	12.00	<b>854632</b>
▲	5D - Light Golden Chestnut - Hair Colour	1x1p	6.95 V	12.00	<b>854652</b>
▲	6D - Dark Golden Blonde - Hair Colour	1x1p	6.95 V	12.00	<b>854625</b>
▲	7D - Golden Blonde - Hair Colour	1x1p	6.95 V	12.00	<b>854630</b>
▲	8D - Light Golden Blonde - Hair Colour	1x1p	6.95 V	12.00	<b>854650</b>

**Herbatint™ - 'mahogany' permanent hair colour gels**

▲	4M - Mahogany Chestnut - Hair Colour	1x1p	6.95 V	12.00	<b>854660</b>
▲	5M - Light Mahogany Chestnut - Hair Colour	1x1p	6.95 V	12.00	<b>854655</b>
▲	7M - Mahogany Blonde - Hair Colour	1x1p	6.95 V	12.00	<b>854657</b>

**Herbatint™ - 'copper' permanent hair colour gels**

▲	4R - Copper Chestnut - Hair Colour	1x1p	6.95 V	12.00	<b>854617</b>
▲	5R - Light Copper Chestnut - Hair Colour	1x1p	6.95 V	12.00	<b>854647</b>
▲	7R - Copper Blonde - Hair Colour	1x1p	6.95 V	12.00	<b>854615</b>
▲	8R - Light Copper Blonde - Hair Colour	1x1p	6.95 V	12.00	<b>854645</b>

**Herbatint™ - 'ash' permanent hair colour gels**

▲	4C - Ash Chestnut - Hair Colour	1x1p	6.95 V	12.00	<b>854648</b>
▲	5C - Light Ash Chestnut - Hair Colour	1x1p	6.95 V	12.00	<b>854651</b>
▲	6C - Dark Ash Blonde - Hair Colour	1x1p	6.95 V	12.00	<b>854653</b>
▲	7C - Ash Blonde - Hair Colour	1x1p	6.95 V	12.00	<b>854649</b>
▲	8C - Light Ash Blonde - Hair Colour	1x1p	6.95 V	12.00	<b>854656</b>
▲	10C - Platinum Ash Blonde - Hair Colour	1x1p	6.95 V	12.00	<b>854658</b>

**Herbatint™ - Flash Fashion permanent hair colour gels**

▲	FF2 - Crimson Red - Hair Colour	1x1p	6.95 V	12.00	<b>854620</b>
▲	FF4 - Violet - Hair Colour	1x1p	6.95 V	12.00	<b>854672</b>
▲	FF5 - Sand Blonde - Hair Colour	1x1p	6.95 V	12.00	<b>854670</b>
▲	FF6 - Orange - Hair Colour	1x1p	6.95 V	12.00	<b>854662</b>

**Patch**

▲	Patch plasters - 25 in a tub	3x1p	15.35 V	8.20	<b>857680</b>
▲	Patch large plasters - 10 in a box	5x1p	30.00 V	9.60	<b>857682</b>

**Natracare - wipes - vegan**

◆	Intimate Wipes Sachet	organic	24x12p	34.70 V	2.59	<b>900540</b>
◆	Safe To Flush Moist Tissues		16x30p	21.35 V	2.29	<b>900541</b>

**Natracare - incontinence - vegan**

◆	Dry & Light Slim Incontinence Pads		6x20	17.60	4.19	<b>900570</b>
◆	Dry & Light Plus Incontinence Pads		6x16	20.10	4.79	<b>900572</b>

**Natracare - maternity - vegan**

◆	Maternity Pads		10x10	21.60	3.09	<b>900580</b>
◆	Nursing Pads		12x26	22.95	2.73	<b>900582</b>

**Natracare - make-up removal - vegan**

◆	Cleansing Make-Up Removal Wipes	organic	14x20	37.45 V	4.59	<b>855960</b>
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**Urtekram - deodorants**

◆	Cream Deo - Men's - roll-on	organic	6x50ml	27.95 V	7.99	<b>859097</b>
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**Urtekram - soaps and shower gels**

◆	Hair & Body Wash - Men's	organic	6x200ml	28.85 V	8.25	<b>858882</b>
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**Urtekram - skincare**

◆	Face Cream - Men's	organic	6x75ml	31.45 V	8.99	<b>859129</b>
◆	Face Wash - Men's	organic	6x150ml	31.45 V	8.99	<b>859133</b>

**Urtekram - Spa Range**

◆	Shampoo - Wild Lemongrass	organic	6x500ml	45.45 V	12.99	<b>859135</b>
◆	Body Wash - Wild Lemongrass	organic	6x500ml	47.20 V	13.49	<b>859137</b>
◆	Sensitive Scalp Shampoo Fragrance Free	organic	6x500ml	45.45 V	12.99	<b>859139</b>
◆	Sensitive Skin Body Wash Fragrance Free	organic	6x500ml	47.20 V	13.49	<b>859147</b>
◆	Maximum Shine Shampoo - Soothing Lavender	organic	6x500ml	45.45 V	12.99	<b>859086</b>
◆	Body Wash - Soothing Lavender	organic	6x500ml	47.20 V	13.49	<b>859096</b>

**Aromatherapy, Candles & Incense****Waft - vegan plant based pump air fresheners**

◆	Waft of Geranium Air Freshener Spray		6x100ml	24.30 V	6.49	<b>891034</b>
◆	Waft of Lavender Air Freshener Spray		6x100ml	24.30 V	6.49	<b>891036</b>
◆	Waft of Lemongrass Air Freshener Spray		6x100ml	24.30 V	6.49	<b>891038</b>
◆	Waft of Orange Air Freshener Spray		6x100ml	24.30 V	6.49	<b>891039</b>
◆	Waft of Rose Air Freshener Spray		6x100ml	24.30 V	6.49	<b>891042</b>

**Christmas Products & Ingredients****Belvoir - non alcoholic seasonal punch**

◆	Mulled Winter Cordial		6x500ml	20.60 V	5.50	<b>660569</b>
◆	Mulled Winter Punch - non-alcoholic		6x750ml	15.75 V	4.20	<b>640105</b>
◆	Spiced Ginger Punch - non-alcoholic		6x750ml	15.75 V	4.20	<b>640110</b>
◆	Sparkling Clementine & Cranberry		6x750ml	15.75 V	4.20	<b>660574</b>

**Pukka**

◆	Winter Warmer	organic	4x20bgs	14.85	4.95	<b>561553</b>
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**The Real Organic Food Co - Gourmet Range**

◆	Cranberry Sauce	organic	6x310g	22.45	5.00	<b>394280</b>
◆	Redcurrant & Mint Jelly	organic	6x315g	22.45	5.00	<b>394285</b>



Description

size

price

£/unit

RRP

code

1 2 3 4 5 6 7 8 9

## ■ Cereal Grains

### \* Bulk Organic Cereal Grains

For Infinity Foods Organic Fregola and Orzo please see "Pasta" section

Amaranth Seed	<i>organic</i>	25kg	75.00	3.00	<b>10475</b>														
Amaranth Seed	<i>organic</i>	5kg	16.80	3.36	<b>10477</b>														
Arborio Rice - white - Italy	<i>organic</i>	20kg	85.00	4.25	<b>10490</b>														
Arborio Rice - white - Italy	<i>organic</i>	5kg	23.05	4.61	<b>10495</b>														
Black Rice - Italy	<i>organic</i>	20kg	86.00	4.30	<b>10507</b>														
Black Rice - 2.5kg - Italy	<i>organic</i>	2.5kg	12.60	5.04	<b>10508</b>														
Brown Basmati Rice	<i>organic</i>	25kg	69.00	2.76	<b>10512</b>														
Brown Basmati Rice	<i>organic</i>	5kg	15.30	3.06	<b>10513</b>														
White Basmati Rice - Indian	<i>organic</i>	25kg	86.00	3.44	<b>10625</b>														
White Basmati Rice - Indian	<i>organic</i>	5kg	19.00	3.80	<b>10627</b>														
Brown Jasmine Rice	<i>organic</i>	25kg	60.00	2.40	<b>10675</b>														
Brown Jasmine Rice	<i>organic</i>	5kg	13.80	2.76	<b>10680</b>														
White Jasmine Rice	<i>organic</i>	25kg	70.00	2.80	<b>10685</b>														
White Jasmine Rice	<i>organic</i>	5kg	15.80	3.16	<b>10690</b>														
Brown Rice Short Grain - Italy	<i>organic</i>	20kg	49.00	2.45	<b>10505</b>														
Brown Rice Short Grain - Italy	<i>organic</i>	5kg	14.10	2.82	<b>10510</b>														
Brown Rice Long Grain - Italy	<i>organic</i>	20kg	50.00	2.50	<b>10515</b>														
Brown Rice Long Grain - Italy	<i>organic</i>	5kg	14.35	2.87	<b>10520</b>														
Buckwheat Groats - gluten-free	<i>organic</i>	25kg	75.00	3.00	<b>10525</b>														
Buckwheat Groats	<i>organic</i>	5kg	16.80	3.36	<b>10530</b>														
Bulghur	<i>organic</i>	25kg	54.00	2.16	<b>10535</b>														
Bulghur	<i>organic</i>	5kg	12.60	2.52	<b>10540</b>														
Camargue Red Rice - France	<i>organic</i>	25kg	89.00	3.56	<b>10542</b>														
Camargue Red Rice - France	<i>organic</i>	5kg	19.60	3.92	<b>10543</b>														
White Couscous - Italy	<i>organic</i>	25kg	60.00	2.40	<b>10541</b>														
White Couscous - Italy	<i>organic</i>	5kg	13.80	2.76	<b>10544</b>														
Wholemeal Couscous - Italy	<i>organic</i>	25kg	56.00	2.24	<b>10545</b>														
Wholemeal Couscous - Italy	<i>organic</i>	5kg	13.00	2.60	<b>10550</b>														
Kasha - Roasted Buckwheat - gluten-free	<i>organic</i>	25kg	105.62	4.22	<b>10562</b>														
Millet	<i>organic</i>	25kg	50.00	2.00	<b>10555</b>														
Millet	<i>organic</i>	5kg	11.80	2.36	<b>10560</b>														
Oat Groats	<i>organic</i>	25kg	32.50	1.30	<b>10565</b>														
Oat Groats	<i>organic</i>	5kg	8.00	1.60	<b>10570</b>														
Popping Corn	<i>organic</i>	25kg	53.00	2.12	<b>10575</b>														
Popping Corn	<i>organic</i>	5kg	12.40	2.48	<b>10580</b>														
Pearl Barley	<i>organic</i>	20kg	26.00	1.30	<b>10582</b>														
Pearl Barley	<i>organic</i>	5kg	8.35	1.67	<b>10583</b>														
Pot Barley	<i>organic</i>	20kg	24.50	1.23	<b>10585</b>														
Pot Barley	<i>organic</i>	5kg	8.00	1.60	<b>10590</b>														
British White Quinoa Grain - gluten-free	<i>organic</i>	25kg	118.85	4.75	<b>10588</b>														
British White Quinoa Grain - gluten-free	<i>organic</i>	5kg	25.55	5.11	<b>10589</b>														
Quinoa Grain	<i>organic</i>	25kg	90.00	3.60	<b>10592</b>														
Quinoa Grain	<i>organic</i>	5kg	19.80	3.96	<b>10593</b>														
Red Quinoa Grain	<i>organic</i>	25kg	90.00	3.60	<b>10684</b>														
Red Quinoa Grain	<i>organic</i>	5kg	19.80	3.96	<b>10686</b>														
Black Quinoa Grain	<i>organic</i>	25kg	105.65	4.23	<b>10687</b>														
Black Quinoa Grain - 2.5kg	<i>organic</i>	2.5kg	12.35	4.94	<b>10691</b>														
Tricolour Quinoa Grain	<i>organic</i>	25kg	90.00	3.60	<b>10692</b>														
Tricolour Quinoa Grain	<i>organic</i>	5kg	19.80	3.96	<b>10693</b>														
Rye Grain	<i>organic</i>	25kg	28.20	1.13	<b>10595</b>														
Rye Grain	<i>organic</i>	5kg	7.45	1.49	<b>10600</b>														
Spelt Grain	<i>organic</i>	25kg	53.00	2.12	<b>10602</b>														
Spelt Grain	<i>organic</i>	5kg	12.10	2.42	<b>10603</b>														
Sushi Rice - white - Italy	<i>organic</i>	20kg	55.00	2.75	<b>10608</b>														
Sushi Rice - white - Italy	<i>organic</i>	5kg	15.60	3.12	<b>10609</b>														
Teff Grain - whole brown - gluten-free	<i>organic</i>	25kg	99.00	3.96	<b>10610</b>														
Teff Grain - whole brown	<i>organic</i>	5kg	21.60	4.32	<b>10612</b>														
Wheat Grain	<i>organic</i>	25kg	37.00	1.48	<b>10615</b>														
Wheat Grain	<i>organic</i>	5kg	9.20	1.84	<b>10620</b>														
Wild Rice	<i>organic</i>	25kg	490.00	19.60	<b>10645</b>														
Wild Rice - 2.5kg	<i>organic</i>	2.5kg	50.80	20.32	<b>10650</b>														
Wild Rice Mix	<i>organic</i>	25kg	117.50	4.70	<b>10657</b>														
Wild Rice Mix - 2.5kg	<i>organic</i>	2.5kg	13.55	5.42	<b>10660</b>														

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Aconbury Sprouts - Kit</u></b>														
3x500g Organic Spelt Grain														
3x1 litre compost - 3 seed trays														
Full instructions														
Wheatgrass Growing Kit	1x1p	10.85	V	17.35	10920									
<b>* <u>For Aconbury Sprouts Seeds - please see "Nuts &amp; Seeds" section.</u></b>														
<b>* <u>Aconbury Sprouts - Grains</u></b>														
Barley Grain - for sprouting	organic	1x5kg	9.30	12.40	10875									
Wheat Grain - for sprouting	organic	1x5kg	9.30	12.38	10885									
<b>* <u>Better Than Rice - see "Convenience Foods"</u></b>														
<b>* <u>Biona</u></b>														
Fonio - Ancient Grain	organic	6x350g	21.10	4.69	10950									
Black Pearl Rice - formerly black venus	organic	6x500g	20.20	4.49	10953									
Camargue Red Rice	organic	6x500g	19.30	4.29	10955									
Italian Long Grain White Rice	organic	6x1kg	26.50	5.89	10956									
Italian Long Grain White Rice	organic	6x500g	15.70	3.49	10957									
Risotto Rice - Brown	organic	6x500g	17.05	3.79	10965									
Black & White Risotto Mix (Venus & Arborio Rices)	organic	6x500g	17.95	3.99	10966									
Sushi Rice - White	organic	6x400g	13.45	2.98	10963									
Thai Jasmine Rice - Brown	organic	6x500g	17.50	3.88	10967									
Thai Jasmine Rice - White	organic	6x500g	17.95	3.98	10968									
White Pudding Rice	organic	6x500g	14.80	3.29	10970									
Wild Rice Mix	organic	6x500g	19.30	4.29	10972									
<b>* <u>Clearspring</u></b>														
Sushi Rice - white	organic	12x500g	32.30	3.59	10805									
Sushi Rice - brown	organic	12x500g	32.30	3.59	10807									
<b>* <u>Infinity - Pre-Packed Organic Cereal Grains</u></b>														
For Infinity Foods Organic Fregola and Orzo please see "Pasta" section														
Amaranth Seed	organic	6x500g	11.80	2.62	1003									
Arborio Rice - white - Italy	organic	6x500g	15.55	3.46	1001									
Black Rice - Italy	organic	6x500g	15.70	3.49	1002									
Brown Basmati Rice	organic	6x500g	10.30	2.29	1012									
Brown Basmati Rice	organic	6x1kg	19.20	4.28	1013									
White Basmati Rice - Indian	organic	6x500g	12.35	2.74	1165									
White Basmati Rice - Indian	organic	6x1kg	23.30	5.18	1167									
Brown Jasmine Rice	organic	6x500g	10.00	2.23	1190									
White Jasmine Rice	organic	6x500g	11.20	2.49	1195									
Brown Rice Short Grain - Italy	organic	6x500g	9.40	2.09	1005									
Brown Rice Short Grain - Italy	organic	6x1kg	17.35	3.86	1010									
Brown Rice Short Grain - Italy	organic	6x2kg	33.95	7.56	1015									
Brown Rice Long Grain - Italy	organic	6x500g	9.55	2.12	1020									
Brown Rice Long Grain - Italy	organic	6x1kg	17.70	3.93	1025									
Brown Rice Long Grain - Italy	organic	6x2kg	34.55	7.68	1030									
Buckwheat Groats - certified gluten-free	organic	6x500g	11.80	2.62	1035									
Bulghur	organic	6x500g	8.50	1.89	1045									
Camargue Red Rice - France	organic	6x500g	13.50	3.00	1050									
White Couscous - Italy	organic	6x450g	8.55	1.90	1057									
Wholemeal Couscous - Italy	organic	6x450g	8.10	1.80	1060									
Kasha - Roasted Buckwheat - certified gluten-free	organic	6x500g	15.45	3.45	1073									
Millet	organic	6x500g	8.05	1.79	1075									
Oat Groats	organic	6x500g	5.95	1.32	1090									
Popping Corn	organic	6x500g	8.40	1.87	1105									
Pearl Barley	organic	6x500g	5.95	1.32	1112									
Pot Barley	organic	6x500g	5.75	1.28	1115									
British White Quinoa Grain - gluten-free	organic	6x450g	14.90	3.31	1125									
Quinoa Grain	organic	6x450g	11.80	2.62	1127									
Quinoa Grain	organic	6x1kg	24.60	5.47	1128									
Red Quinoa Grain	organic	6x450g	12.75	2.83	1155									
Black Quinoa Grain	organic	6x450g	14.40	3.20	1157									
Tricolour Quinoa Grain	organic	6x450g	12.10	2.69	1159									
Tricolour Quinoa Grain	organic	6x1kg	24.60	5.47	1160									

▲ price rise ▼ fall

\* new product □ on offer

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◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Rye Grain	organic 6x500g	6.15		1.37	1130									
Spelt Grain	organic 6x500g	9.15		2.04	1138									
Sushi Rice - white - Italy	organic 6x500g	11.05		2.46	1136									
Teff Grain - whole brown - gluten-free	organic 6x500g	14.65		3.26	1139									
Wheat Grain	organic 6x500g	6.50		1.44	1150									
Wild Rice	organic 6x250g	32.70		7.30	1180									
Wild Rice Mix	organic 6x500g	17.40		3.87	1185									
<b>* IBIS</b>														
Brown Long Grain Rice	organic 6x1kg	22.40		4.98	10816									
Brown Long Grain Rice	organic 6x500g	13.40		2.98	10818									
Semi Milled Long Grain Rice	organic 6x1kg	22.40		4.98	10819									
Semi Milled Long Grain Rice	organic 6x500g	13.40		2.98	10820									
White Long Grain Rice	organic 6x1kg	22.40		4.98	10822									
White Long Grain Rice	organic 6x500g	13.40		2.98	10824									
<b>* Seggiano</b>														
Arborio Risotto Rice	organic 6x500g	21.60		4.80	10716									
Carnaroli Risotto Rice	organic 6x500g	21.60		4.80	10718									
Black Nerone Rice	organic 6x500g	20.40		4.53	10719									
<b>* Bulk Cereal Grains</b>														
Brown Basmati Rice	25kg	61.00	2.44		11025									
Brown Basmati Rice	5kg	14.05	2.81		11030									
Cous Cous - white	25kg	44.00	1.76		11070									
Cous Cous - white	5kg	10.65	2.13		11075									
British White Quinoa Grain - gluten-free	25kg	72.00	2.88		11078									
British White Quinoa Grain	5kg	15.90	3.18		11080									
<b>* Zaytoun - www.zaytoun.org</b>														
Giant Cous Cous - Maftoul	organic 5kg	38.20	7.64		11103									
Giant Cous Cous - Maftoul	organic 6x200g	15.00		3.34	11105									
Green Wheat Freekeh - Smoky	5kg	38.25	7.65		11108									
Green Wheat Freekeh - Smoky	6x200g	15.00		3.34	11110									
<b>Flours &amp; Baking Requisites</b>														
<b>* Alara</b>														
NB. Alara milled flaxseed mixes can be found in the Nuts & Seeds section.														
▲ Oat Bran	organic 6x650g	14.40		3.20	40195									
▲ Wheat Bran	organic 6x650g	11.90		2.65	40198									
<b>* Amisa - gluten-free</b>														
Chestnut Flour	organic 6x350g	26.50		5.89	40202									
Chickpea Flour	organic 6x400g	15.25		3.39	40203									
Polenta Pronta - 2 mins	organic 12x375g	20.60		2.29	40205									
Red Lentil Flour	organic 6x400g	17.95		3.99	40208									
<b>* Biona</b>														
Coconut Flour - raw - gluten-free	organic 12x500g	26.90		2.99	40302									
Polenta - gluten-free	organic 12x500g	23.30		2.59	40305									
<b>* Bioreal</b>														
Active Dry Yeast	organic 8x5x9g	23.25		3.88	40400									
<b>* Bread Matters - Vegan</b>														
Original Sourdough Starter	organic 12x10g	49.40		5.50	40405									
<b>* Doves Farm</b>														
◆ Brown Rice Flour	organic 5x290g	9.00		2.40	40536									
◆ Chickpea Flour	organic 5x260g	10.70		2.85	40537									
◆ Coconut Flour	organic 4x500g	11.85		3.95	40538									
◆ Wholemeal Strong Bread Flour	organic 5x1.5kg	9.10		2.43	40540									
◆ Strong White Bread Flour	organic 5x1.5kg	9.75		2.60	40560									
◆ Einkorn Wholemeal Flour - English	organic 5x1kg	13.65		3.64	40563									
◆ Fine Plain Wholemeal Flour	organic 5x1kg	6.50		1.73	40505									
◆ Self Raising Wholemeal Flour	organic 5x1kg	6.55		1.75	40515									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
◆ Plain White Flour	organic 5x1kg	7.20		1.92	40545									
◆ Self Raising White Flour	organic 5x1kg	7.30		1.95	40565									
◆ Heritage Seeded Bread Flour	organic 5x1kg	14.95		3.99	40567									
◆ Malthouse Bread Flour	organic 5x1kg	8.45		2.25	40574									
◆ Oat Flour	organic 4x450g	13.35		4.45	40576									
☆ Pasta & Pizza Flour	organic 5x1kg	8.70		2.32	51070									
◆ Quinoa Flour	organic 5x310g	15.00		4.00	40578									
◆ Rye Wholemeal Flour	organic 5x1kg	7.25		1.93	51065									
◆ Seedhouse Bread Flour	organic 5x1kg	13.85		3.69	51067									
◆ White Rye Flour	organic 5x1kg	8.75		2.33	40550									
◆ Spelt Wholemeal Flour	organic 5x1kg	11.20		2.99	40553									
◆ White Spelt Flour	organic 5x1kg	13.10		3.49	40554									
◆ Teff Wholemeal Flour	organic 5x325g	15.75		4.20	40585									
◆ Khorasan Wholemeal Flour	organic 5x1kg	13.10		3.49	40556									
* <b><u>Doves Farm - non-organic - Freee</u></b>														
On offer are selected Doves gluten-free flours, the pricing marked <input type="checkbox"/> below represents a discount of 15%.														
<input type="checkbox"/>	Wholegrain Buckwheat Flour - gluten-free	5x1kg	15.90		4.24	51044								
<input type="checkbox"/>	Rice Flour (brown & white) - gluten-free	5x1kg	7.80		2.08	51037								
<input type="checkbox"/>	Gram Flour - gluten-free	5x1kg	9.55		2.55	51047								
<input type="checkbox"/>	Gluten-free Plain White Flour	5x1kg	9.55		2.55	51075								
	Sack Gluten-free Plain White Flour	16kg	30.30	1.89		51076								
	Sack Gluten-free Self-Raising White Flour	16kg	30.30	1.89		51074								
<input type="checkbox"/>	Gluten-free Self-Raising White Flour	5x1kg	9.55		2.55	51077								
<input type="checkbox"/>	Gluten-free Brown Bread Flour	5x1kg	10.05		2.68	51080								
<input type="checkbox"/>	Gluten-free White Bread Flour	5x1kg	9.55		2.55	51082								
* <b><u>Doves Farm - baking requisites</u></b>														
On offer are selected Doves baking requisites, the pricing marked <input type="checkbox"/> below represents a discount of 15%.														
<input type="checkbox"/>	Baking Powder - gluten-free	5x130g	5.90		1.57	41203								
<input type="checkbox"/>	Bicarbonate of Soda - gluten-free	5x200g	5.40		1.44	41208								
<input type="checkbox"/>	Corn Starch Flour - gluten-free	organic 5x110g	7.00		1.87	41212								
	Vitamin C - for bread improvement	5x120g	17.50	V	5.60	41216								
	Quick Dried Yeast - packet - gluten-free	8x125g	11.10		1.85	51085								
	Xanthan Gum - gluten-free binder	5x100g	13.10	V	4.19	41218								
* <b><u>Doves Farm - food service baking requisites</u></b>														
NB The four Doves products below are not for retail sale														
	Baking Powder - gluten-free	3x1kg	18.50	6.17		41305								
	Bicarbonate of Soda - gluten-free	3x1kg	9.80	V 3.27		41310								
	Corn Starch Flour - gluten-free	organic 3x1kg	19.40	6.47		41312								
	Xanthan Gum	3x1kg	48.00	V 16.00		41315								
* <b><u>Doves Farm - sacks</u></b>														
	Barley Flour Stoneground	organic 25kg	34.70	1.39		40508								
	Fine Plain Wholemeal Flour	organic 25kg	27.80	1.11		40510								
	Strong Stoneground Wholemeal Flour	organic 25kg	26.50	1.06		40530								
	Plain White Flour	organic 25kg	29.20	1.17		40570								
	Self Raising White Flour	organic 25kg	32.45	1.30		40572								
	Strong White Bread Flour (with Vitamin C)	organic 25kg	30.30	1.21		40555								
	Traditional Strong White Bread Flour	organic 25kg	30.30	1.21		40557								
	Strong White Bread Flour (with Vitamin C)	organic 16kg	19.40	1.21		40558								
	Sack Gluten-free Plain White Flour	organic 16kg	42.50	2.66		40559								
	Malthouse Bread Flour	organic 25kg	39.30	1.57		40575								
	Rye Flour - whole	organic 25kg	29.50	1.18		41030								
	Maize Flour (yellow) - gluten-free	organic 25kg	53.00	2.12		40525								
	White Spelt Flour	organic 25kg	62.20	2.49		40526								
	Stoneground Wholemeal Spelt Flour	organic 25kg	50.85	2.03		40527								
* <b><u>Bulk Flour</u></b>														
	Buckwheat Flour - gluten-free	organic 25kg	64.00	2.56		41015								
	Chickpea Flour - gluten-free	organic 25kg	68.00	2.72		41016								
	Coconut Flour - gluten-free	organic 10kg	19.00	1.90		41018								
	Oatbran - gluten-free	organic 20kg	43.00	2.15		41019								
	Polenta	organic 25kg	54.00	2.16		41026								
	Potato Starch	organic 25kg	57.00	2.28		41027								
	Tapioca Flour	organic 25kg	55.00	2.20		41050								
	Wheat Bran	organic 15kg	18.00	1.20		40520								

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Infinity - Pre-Packed Organic Flours</u></b>														
Wheat Bran	organic	6x250g	4.25	0.95	3010									
Oat Bran	organic	6x500g	7.70	1.71	3038									
Fine Oatmeal	organic	6x500g	6.95	1.54	3040									
Medium Oatmeal	organic	6x500g	6.95	1.54	3045									
Coarse Oatmeal (Pinhead)	organic	6x500g	6.95	1.54	3050									
<b>* <u>Infinity - Pre-Packed Gluten-free Organic Flours</u></b>														
Guaranteed less than 20 parts per million of gluten. Batch tested.														
Packed in a gluten-free facility. Coeliac Society approved.														
Brown Rice Flour	organic	6x500g	12.50	2.78	3015									
Buckwheat Flour	organic	6x500g	14.00	3.12	3020									
Chickpea Flour	organic	6x500g	15.50	3.44	3022									
Coconut Flour	organic	6x500g	10.50	2.33	3023									
Corn Flour (yellow maize flour)	organic	6x500g	11.00	2.45	3025									
Oatbran - gluten-free	organic	6x500g	9.50	2.11	3028									
Polenta	organic	6x500g	12.00	2.67	3052									
Tapioca Flour	organic	6x500g	11.50	2.57	3080									
Teff Flour - wholegrain brown	organic	6x500g	20.00	4.44	3090									
Teff Flour - wholegrain white	organic	6x500g	20.00	4.44	3095									
<b>* <u>Mornflake</u></b>														
Oat Bran	organic	25kg	38.60	1.54	42003									
Oat Bran	organic	2.5kg	5.35	2.14	42004									
Oatmeal - Fine	organic	25kg	32.50	1.30	42010									
Oatmeal - Fine	organic	5kg	8.00	1.60	42005									
Oatmeal - Medium	organic	25kg	32.50	1.30	42020									
Oatmeal - Medium	organic	5kg	8.00	1.60	42015									
Oatmeal - Coarse (Pinhead)	organic	25kg	32.50	1.30	42030									
Oatmeal - Coarse (Pinhead)	organic	5kg	8.00	1.60	42025									
<b>* <u>Organico</u></b>														
Polenta	organic	10x500g	37.10	4.95	42255									
<b>* <u>Shipton Mill - bulk</u></b>														
Brown Rice Flour Fine - gluten-free	organic	16kg	36.10	2.26	42490									
White Rice Flour Fine - gluten-free	organic	16kg	32.05	2.00	42495									
<b>* <u>Shipton Mill - retail</u></b>														
100% Wholewheat Flour	organic	5x2.5kg	18.55	4.95	42505									
Strong Plain White Flour - Traditional	organic	5x2.5kg	18.30	4.88	42510									
3 Malts & Sunflower Brown Flour	organic	5x2.5kg	21.95	5.85	42511									
Cake & Pastry Flour	organic	6x1kg	9.30	2.07	42512									
Light Rye Flour	organic	6x1kg	8.90	1.98	42514									
Spelt Flour White	organic	6x1kg	12.95	2.88	42518									
Spelt Flour Wholemeal	organic	6x1kg	12.20	2.71	42520									
Stoneground Wholemeal Flour	organic	6x1kg	9.50	2.11	42525									
Traditional White Flour	organic	6x1kg	9.40	2.09	42535									
3 Malts & Sunflower Brown Flour	organic	6x1kg	11.25	2.50	42545									
Chestnut Flour	organic	6x500g	27.00	6.01	42550									
<b>* <u>S.I.Lesaffre - previously listed as DCL</u></b>														
Active Dried Yeast - tin		1x500g	5.95	7.93	42559									
<b>* <u>Suma</u></b>														
Vital Wheat Gluten Flour		6x500g	17.75	3.94	42570									
<b>* <u>Tiana - gluten-free - Fair Trade</u></b>														
Cassava Flour - gluten-free	organic	1x500g	3.45	4.59	42573									
Coconut Flour	organic	1x500g	3.45	4.59	42575									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>■ Breakfast Cereals &amp; Cereal Flakes</b>														
* <b><u>Bulk Organic Cereal Flakes</u></b>														
Barley Flakes	organic	20kg	25.50	1.28	20505									
Barley Flakes	organic	5kg	8.25	1.65	20510									
Bran Flakes	organic	10kg	45.15	4.52	62012									
Buckwheat Flakes - gluten-free	organic	20kg	70.00	3.50	20509									
Chocolate Stars - gluten-free	organic	10kg	60.00	6.00	20500									
Cornflakes - gluten-free	organic	10kg	67.00	6.70	20501									
Fibre Flakes - gluten-free	organic	10kg	60.00	6.00	20502									
Millet Flakes - gluten-free	organic	20kg	55.00	2.75	20512									
Millet Flakes	organic	5kg	15.55	3.11	20513									
▼ Gluten-free Jumbo Oatflakes	organic	20kg	38.70	1.94	20575									
▼ Gluten-free Jumbo Oatflakes	organic	5kg	11.50	2.30	20577									
Jumbo Oatflakes	organic	25kg	35.00	1.40	20515									
Jumbo Oatflakes	organic	5kg	8.50	1.70	20520									
▼ Gluten-free Rolled Oatflakes	organic	20kg	38.70	1.94	20585									
▼ Gluten-free Rolled Oatflakes	organic	5kg	11.50	2.30	20587									
Rolled Oatflakes	organic	25kg	35.00	1.40	20525									
Rolled Oatflakes	organic	5kg	8.50	1.70	20530									
Quinoa Flakes - gluten-free	organic	25kg	162.40	6.50	20526									
Quinoa Flakes	organic	5kg	34.30	6.86	20527									
Brown Rice Flakes - gluten-free	organic	20kg	65.00	3.25	20532									
Brown Rice Flakes	organic	5kg	18.05	3.61	20533									
Rye Flakes	organic	20kg	24.50	1.23	20535									
Spelt Flakes	organic	25kg	61.00	2.44	20522									
Toasted Wheat Flakes	organic	12.5kg	35.00	2.80	61005									
Wheat Flakes	organic	20kg	24.00	1.20	20545									
* <b><u>Infinity - Pre-Packed Organic Cereal Flakes</u></b>														
Barley Flakes	organic	6x500g	6.65	1.48	2005									
Jumbo Oatflakes	organic	6x500g	6.25	1.39	2015									
Jumbo Oatflakes	organic	6x1kg	11.95	2.66	2020									
Rolled Oatflakes	organic	6x500g	6.25	1.39	2030									
Rolled Oatflakes	organic	6x1kg	11.95	2.66	2035									
Rye Flakes	organic	6x500g	6.50	1.44	2045									
Spelt Flakes	organic	6x500g	10.10	2.25	2037									
Wheat Flakes	organic	6x500g	6.40	1.42	2055									
* <b><u>Infinity - Pre-Packed Organic Gluten-free Cereal Flakes</u></b>														
certified gluten-free, approved by the Coeliac Society														
Buckwheat Flakes - gluten-free	organic	6x500g	14.55	3.23	2010									
Millet Flakes - gluten-free	organic	6x500g	12.30	2.73	2013									
Quinoa Flakes - gluten-free	organic	6x500g	23.55	5.25	2040									
Brown Rice Flakes - gluten-free	organic	6x500g	13.80	3.07	2043									
▼ Gluten-free Rolled Oatflakes (Porridge Oats)	organic	6x500g	9.85	2.19	2090									
▼ Gluten-free Rolled Oatflakes (Porridge Oats)	organic	6x1kg	15.70	3.49	2100									
▼ Gluten-free Jumbo Oatflakes	organic	6x500g	9.85	2.19	2095									
* <b><u>Alara Breakfast cereals in compostable packaging</u></b>														
NB. Alara milled flaxseed mixes can be found in the Nuts & Seeds section.														
NB. Alara brans can be found in the flours section.														
Apple & Cinnamon Bircher	organic	6x650g	18.25	4.06	60105									
Ancient Grains Muesli	organic	6x450g	19.15	4.26	60111									
Crispy Fruit Muesli	organic	6x550g	18.25	4.06	60112									
Gluten-free Muesli with Goji & Cranberries	organic	6x450g	20.95	4.66	60114									
Rich Muesli	organic	6x500g	17.80	3.96	60250									
Gluten-free Delight Muesli	organic	6x250g	18.25	4.06	60266									
Fruits & Seeds Muesli	organic	6x650g	18.25	4.06	60268									
Luxury Gluten-free Porridge - no oats		6x500g	16.45	3.66	70485									
Original Muesli	organic	6x650g	18.25	4.06	60269									
Everyday Gluten-free Pure Oatflakes		6x500g	14.70	3.27	70490									
* <b><u>Amisa - gluten-free</u></b>														
Pure Porridge Oats	organic	4x1kg	16.45	5.48	60304									
Pure Porridge Oats	organic	6x325g	12.10	2.69	60305									
◆ Apple & Cinnamon Porridge Oats	organic	6x300g	16.60	3.69	60310									
◆ Four Grain Porridge	organic	6x300g	15.25	3.39	60311									
▲ Fruity Oat Muesli	organic	6x325g	17.95	3.99	60312									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Amisa - spelt based</u></b>														
Spelt Crunchy	organic	6x375g	19.75	4.39	60320									
Crispy Spelt Flakes	organic	6x250g	14.35	3.19	60325									
Spelt Honey Puffs	organic	6x200g	14.35	3.19	60330									
Spelt Puffs - vegan	organic	6x200g	11.20	2.49	60335									
<b>* <u>Bear</u></b>														
On offer are Bear breakfast cereals, the pricing below represents a discount of 20%.														
<input type="checkbox"/> Cocoa Alpha Bites		4x350g	6.90	2.30	70506									
<input type="checkbox"/> Multigrain Alpha Bites		4x350g	6.90	2.30	70509									
<b>* <u>Bio &amp; Me</u></b>														
◆ Berry Burst Gluten-free Granola		5x350g	15.95	4.25	705520									
◆ Cashew & Almond Gluten-free Granola		5x350g	15.95	4.25	705522									
◆ Low Sugar Naturally Granola		5x360g	15.35	4.10	705524									
◆ Super Seedy & Nutty Granola		5x360g	15.35	4.10	705526									
◆ Toffee Ginger Granola		5x360g	15.35	4.10	705528									
<b>* <u>Biona</u></b>														
On offer are Biona organic cereals, the pricing below represents a discount of 15%.														
<input type="checkbox"/> Choco-Coconut Granola	organic	6x375g	20.20	4.49	60402									
<input type="checkbox"/> Granola Nutty Clusters Low Sugar	organic	6x375g	22.50	5.00	60403									
<input type="checkbox"/> Granola Oaty Clusters Low Sugar	organic	6x375g	20.60	4.58	60404									
<input type="checkbox"/> Honey & Hazel Crunch Granola	organic	6x375g	21.75	4.83	60405									
<input type="checkbox"/> Wild Berry Crisp Granola - boxed	organic	6x375g	25.55	5.68	60412									
<input type="checkbox"/> Pure Oaty Granola - wheat-free	organic	6x375g	19.05	4.23	60413									
<input type="checkbox"/> Porridge Oats	organic	6x500g	8.35	1.86	60416									
<b>* <u>Community Foods</u></b>														
De Luxe Muesli - 16 natural ingredients		25kg	64.45	2.58	70515									
<b>* <u>Doves Farm - gluten free - vegan</u></b>														
Ancient Grain Breakfast Flakes	organic	5x375g	17.60	4.69	61528									
Ancient Grain Cereal Hoops	organic	5x300g	16.85	4.49	61530									
Ancient Grain Fruit & Fibre Flakes	organic	5x375g	18.70	4.99	61532									
Wholegrain Cocoa Rice Pops	organic	5x300g	13.30	3.55	61534									
<b>* <u>Free - from Doves Farm - gluten-free - vegan</u></b>														
Chocolate Stars	organic	5x300g	12.20	3.25	61509									
Cinnamon Hoops	organic	5x300g	12.20	3.25	61512									
Cornflakes	organic	5x325g	11.85	3.16	61511									
Cereal Flakes	organic	5x375g	15.00	4.00	61516									
Fibre Flakes	organic	5x375g	14.45	3.85	61521									
Fruit & Fibre Flakes	organic	5x375g	18.75	5.00	61523									
Supergrain Hoops	organic	5x300g	14.45	3.85	61526									
<b>* <u>Infinity Foods - Gluten-free</u></b>														
Gluten-free Muesli - Original	organic	25kg	140.00	5.60	62015									
<b>* <u>Infinity Foods - breakfast cereals</u></b>														
Granola Base	organic	20kg	80.00	4.00	61908									
Granola Base	organic	5kg	21.80	4.36	61909									
Vitality Muesli	organic	25kg	107.00	4.28	61910									
Vitality Muesli	organic	5kg	23.20	4.64	61915									
Super Muesli	organic	25kg	92.85	3.71	62025									
Super Muesli	organic	5kg	20.35	4.07	62030									
Deluxe Muesli	organic	25kg	71.40	2.86	62032									
Deluxe Muesli	organic	5kg	16.10	3.22	62033									
Muesli Base	organic	20kg	32.40	1.62	62035									
Muesli Base	organic	5kg	9.90	1.98	62040									
☆ Puffed Quinoa	organic	9kg	88.00	9.78	62060									
Puffed Quinoa	organic	1kg	11.55	11.55	62062									

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Infinity - Gluten-free - Pre-Packed Organic Breakfast Cereals</u></b>														
Guaranteed less than 20 parts per million of gluten. Batch tested. Packed in a gluten-free facility. Coeliac Society approved.														
Gluten-free Dark Chocolate Granola	organic	6x400g	20.25	4.50	4020									
Gluten-free Granola Muesli	organic	6x400g	23.00	5.11	4028									
Gluten-free Muesli - Original	organic	6x500g	19.50	4.33	4030									
Gluten-free Muesli - Original	organic	6x1kg	38.40	8.54	4035									
Oat Muesli - gluten-free	organic	6x500g	18.75	4.17	4025									
Wild Berry Flakes - gluten-free	organic	6x275g	17.00	3.78	4027									
<b>* <u>Infinity - Pre-Packed Organic Breakfast Cereals</u></b>														
On offer is Infinity organic Fig & Walnut Granola Muesli, the pricing represents a discount of 20%.														
Bran Flakes	organic	6x500g	17.35	3.86	4033									
Cranberry & Pecan Muesli	organic	6x500g	14.55	3.23	4036									
Cranberry & Pecan Muesli	organic	6x1kg	28.50	6.33	4039									
Fig & Walnut Granola Muesli	organic	6x500g	11.80	2.63	4031									
Fig & Walnut Granola Muesli	organic	6x1kg	21.55	4.79	4032									
Fruit and Fibre	organic	6x325g	14.05	3.13	4040									
Vitality Muesli	organic	6x500g	15.90	3.53	4042									
Vitality Muesli	organic	6x1kg	29.25	6.51	4043									
Super Muesli	organic	6x500g	14.20	3.16	4045									
Super Muesli	organic	6x1kg	25.85	5.75	4050									
Super Muesli	organic	6x1.4kg	35.25	7.83	4055									
Deluxe Muesli	organic	6x500g	11.65	2.59	4057									
Deluxe Muesli	organic	6x1kg	20.75	4.62	4060									
Deluxe Muesli	organic	6x1.4kg	28.10	6.25	4062									
Muesli Base	organic	6x1kg	13.25	2.94	4070									
Toasted Wheat Flakes	organic	6x250g	7.00	1.56	2065									
Quinoa Puffs	organic	6x250g	17.75	3.95	4085									
<b>* <u>Kallo Foods</u></b>														
Puffed Rice Natural	organic	8x225g	21.65	3.61	62505									
<b>* <u>Lizi's - The Good Carb Food Co.</u></b>														
High Protein Granola		10x350g	31.05	4.14	71612									
Organic Granola	organic	10x350g	32.20	4.29	71604									
Original Granola - non-organic		10x450g	29.00	3.87	71606									
Gluten-free Granola		10x350g	37.50	5.00	71607									
Low Sugar Granola		10x450g	31.05	4.14	71608									
<b>* <u>Mornflake</u></b>														
NB. Mornflake Oatmeal & Bran can be found in the flour section.														
<b>* <u>Nature's Path - Gluten-free (except Millet Rice Flakes)</u></b>														
◆ Blueberry Raspberry Yogurt Nobbly Granola	organic	5x300g	20.35	5.43	63188									
◆ Choco Chimps	organic	4x284g	13.25	4.42	63199									
◆ Maple Sunrise	organic	4x332g	13.85	4.62	63207									
◆ Mesa Sunrise	organic	4x355g	14.35	4.78	63230									
◆ Millet Rice Flakes (not gluten-free)	organic	4x375g	12.45	4.15	63235									
◆ Gorilla Munch	organic	4x300g	13.25	4.42	63241									
<b>* <u>Pimhill</u></b>														
Porridge Oats - bags	organic	12x850g	25.95	2.88	20655									
Jumbo Oats - bags	organic	12x850g	25.95	2.88	20660									
Muesli	organic	12x850g	42.20	4.69	63472									
Apricot, Fig & Seed Muesli (no wheat or nuts)	organic	12x850g	53.25	5.93	63480									
<b>* <u>Rude Health - For Kids</u></b>														
For any Rude Health sales support: hello@rudehealth.com														
Honey Spelt Puffs	organic	8x175g	19.60	3.50	63734									
<b>* <u>Rude Health - muesli</u></b>														
Instant Bircher Muesli Apple & Cinnamon		6x375g	14.65	3.48	71730									
Instant Bircher Muesli Soft & Fruity		6x375g	14.65	3.48	71731									
▲ The Ultimate Muesli - vegan	organic	6x400g	20.95	4.99	71739									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Rude Health - Granola</u></b>														
◆ The Ultimate Granola	organic	6x400g	20.95	4.99	71776									
Chocolate Crunch Granola		6x400g	16.80	3.99	71777									
◆ Crunchy Almond Granola		6x400g	16.80	3.99	71778									
◆ Wild Berry Granola	organic	6x400g	20.95	4.99	71779									
Low Sugar Granola - Almond & Hazelnut		6x400g	16.80	3.99	71782									
▲ Maple & Pecan Granola		6x400g	20.95	4.99	71783									
<b>* <u>Rude Health</u></b>														
Puffed Oats		8x175g	12.60	2.25	71750									
Honey Puffed Oats - gluten-free		4x240g	11.90	4.25	71752									
◆ Puffed Brown Rice - gluten-free		4x225g	6.70	2.39	71755									
Fruity Date Porridge		6x400g	12.65	2.99	71786									
5 Seed 5 Grain Porridge		6x400g	12.65	2.99	71790									
<b>* <u>Sun &amp; Seed - Sprouted &amp; Raw</u></b>														
Sprouted & Raw Rolled Oats	organic	12x250g	32.85	3.65	71800									
<b>* <u>Whole Earth</u></b>														
Cornflakes	organic	12x375g	27.80	3.09	63512									
Cocoa Crunch	organic	5x375g	12.75	3.40	63513									
Red Fruit Crunch - granola	organic	5x450g	15.30	4.10	63545									
<b>■ Beans Peas and Pulses</b>														
<b>* <u>Bulk Organic Beans Peas and Pulses</u></b>														
Aduki Beans	organic	25kg	80.00	3.20	80505									
Aduki Beans	organic	5kg	17.80	3.56	80510									
Beluga Lentils (black)	organic	25kg	95.00	3.80	80615									
Beluga Lentils (black)	organic	5kg	20.80	4.16	80617									
Black Turtle Beans	organic	25kg	60.00	2.40	80620									
Black Turtle Beans	organic	5kg	13.80	2.76	80625									
Brown Lentils	organic	25kg	65.00	2.60	80517									
Brown Lentils	organic	5kg	14.80	2.96	80518									
Butter Beans	organic	25kg	110.00	4.40	80519									
Butter Beans	organic	5kg	23.85	4.77	80523									
Cannellini Beans	organic	25kg	82.00	3.28	80521									
Cannellini Beans	organic	5kg	18.20	3.64	80522									
Chana Dal - split hulled chickpeas	organic	25kg	97.00	3.88	80524									
Chana Dal - split hulled chickpeas	organic	5kg	21.20	4.24	80526									
Chickpeas - Italy	organic	25kg	76.00	3.04	80520									
Chickpeas - Italy	organic	5kg	17.00	3.40	80525									
Green Lentils	organic	25kg	66.00	2.64	80630									
Green Lentils	organic	5kg	15.00	3.00	80635									
Green Split Peas - Italy	organic	25kg	51.00	2.04	80530									
Green Split Peas - Italy	organic	5kg	12.05	2.41	80535									
Haricot Beans	organic	25kg	66.00	2.64	80540									
Haricot Beans	organic	5kg	15.00	3.00	80545									
Mung Beans	organic	25kg	95.00	3.80	80550									
Mung Beans	organic	5kg	20.80	4.16	80555									
Mung Dal - split hulled mung beans	organic	25kg	93.00	3.72	80557									
Mung Dal - split hulled mung beans	organic	5kg	20.40	4.08	80558									
Pinto Beans (light speckled kidney)	organic	25kg	78.00	3.12	80560									
Pinto Beans (light speckled kidney)	organic	5kg	17.40	3.48	80565									
French Type Lentils	organic	25kg	96.00	3.84	80570									
French Type Lentils	organic	5kg	20.70	4.14	80575									
Red Kidney Beans	organic	25kg	89.00	3.56	80580									
Red Kidney Beans	organic	5kg	19.65	3.93	80585									
Red Split Lentils	organic	25kg	65.00	2.60	80590									
Red Split Lentils	organic	5kg	14.80	2.96	80595									
Soya Beans	organic	25kg	58.00	2.32	80600									
Yellow Split Peas	organic	25kg	53.00	2.12	80640									
Yellow Split Peas	organic	5kg	12.40	2.48	80645									
<b>* <u>Hodmedod's - Great British Peas &amp; Beans</u></b>														
Carlin Peas (aka Black Badger)	organic	12x500g	19.45	2.16	80876									
Organic Split Fava Beans (broad beans)	organic	12x500g	18.55	2.06	80660									
Whole Olive Green Lentils		12x500g	29.20	3.24	80893									
Whole Fava Beans (broad beans)	organic	12x500g	22.10	2.46	80895									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Infinity Pre-Packed Organic Beans Peas &amp; Pulses</u></b>														
Azuki Beans	organic	6x500g	12.60	2.80	5005									
Beluga Lentils	organic	6x500g	14.40	3.20	5015									
Black Turtle Beans	organic	6x500g	10.20	2.27	5020									
Brown Lentils	organic	6x500g	10.30	2.29	5022									
Butter Beans	organic	6x500g	15.75	3.50	5027									
Cannellini Beans	organic	6x500g	12.80	2.84	5023									
Chana Dal - split hulled chickpeas	organic	6x500g	14.65	3.26	5026									
Chickpeas - Italy	organic	6x500g	11.15	2.48	5025									
Green Lentils	organic	6x500g	9.95	2.21	5035									
Green Split Peas - Italy	organic	6x500g	9.15	2.03	5045									
Haricot Beans	organic	6x500g	10.90	2.42	5055									
Mung Beans	organic	6x500g	13.85	3.09	5065									
Mung Dal - split hulled mung beans	organic	6x500g	14.20	3.16	5068									
Pinto Beans (light speckled kidney)	organic	6x500g	12.20	2.71	5075									
French Type Lentils	organic	6x500g	13.55	3.01	5085									
Red Kidney Beans	organic	6x500g	13.65	3.05	5095									
Red Split Lentils	organic	6x500g	9.85	2.19	5105									
Red Split Lentils	organic	6x1kg	18.25	4.07	5110									
Soya Beans	organic	6x500g	10.00	2.23	5115									
Yellow Split Peas	organic	6x500g	9.35	2.08	5130									

## ■ Nuts and Seeds

### \* Bulk Organic Nuts and Seeds

NB Alfalfa must be sprouted before eating

Alfalfa Seed	organic	25kg	247.85	9.91	90505									
Alfalfa Seed	organic	2kg	21.60	10.80	90510									
Almonds	organic	25kg	239.50	9.58	90516									
Almonds	organic	10kg	96.95	9.70	90515									
Almonds	organic	2.5kg	26.05	10.42	90520									
Blanched Almonds	organic	10kg	109.95	11.00	90517									
Blanched Almonds	organic	2.5kg	29.30	11.72	90518									
Flaked Almonds	organic	10kg	108.95	10.90	90511									
Flaked Almonds	organic	2.5kg	29.05	11.62	90512									
Ground Almonds	organic	10kg	105.95	10.60	90513									
Ground Almonds	organic	2.5kg	28.30	11.32	90514									
Brazil Nuts	organic	20kg	225.00	11.25	90522									
Brazil Nuts	organic	2.5kg	29.90	11.96	90523									
Brazil Nuts - Broken Pieces	organic	20kg	176.15	8.81	90525									
Brazil Nuts - Broken Pieces	organic	2.5kg	23.80	9.52	90546									
Cashews Whole	organic	22.68kg	233.55	10.30	90524									
Cashews Whole	organic	2.5kg	27.60	11.04	90526									
Cashews Large Pieces	organic	22.68kg	175.55	7.74	90536									
Cashews Large Pieces	organic	2.5kg	21.20	8.48	90537									
Chia Seeds	organic	25kg	87.75	3.51	90527									
Chia Seeds	organic	2kg	8.80	4.40	90528									
Coconut Desiccated	organic	25kg	93.90	3.76	90529									
Coconut Desiccated	organic	3kg	13.05	4.35	90530									
Coconut Chips	organic	10kg	42.90	4.29	90532									
Coconut Chips	organic	3kg	14.65	4.88	90533									
Toasted Coconut Chips	organic	10kg	46.15	4.62	90531									
Toasted Coconut Chips	organic	3kg	15.65	5.22	90544									
Fruit & Nut Mix	organic	3kg	26.40	8.80	90557									
Hi Energy Trail Mix	organic	3kg	28.05	9.35	90569									
Hazelnuts	organic	25kg	298.15	11.93	90551									
Hazelnuts	organic	10kg	119.25	11.93	90535									
Hazelnuts	organic	2.5kg	31.60	12.64	90540									
Roast Whole Hazelnuts	organic	10kg	137.25	13.73	90541									
Hulled Hemp Seeds	organic	20kg	182.25	9.11	90502									
Hulled Hemp Seeds	organic	5kg	47.35	9.47	90503									
Hemp Seeds - whole	organic	20kg	107.65	5.38	90542									
Hemp Seeds - whole	organic	5kg	28.70	5.74	90543									
Linseed Brown	organic	25kg	48.50	1.94	90545									
Linseed Brown	organic	5kg	11.50	2.30	90550									
Linseed Gold	organic	25kg	56.50	2.26	90552									
Linseed Gold	organic	5kg	13.10	2.62	90553									
Macadamia Nuts	organic	11.34kg	188.15	16.59	90538									
Macadamia Nuts	organic	0.75kg	14.30	19.07	90539									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Nut Mix	organic	2.5kg	25.95	10.38	90554									
Omega Four Seed Mix	organic	25kg	99.75	3.99	90571									
Omega Four Seed Mix	organic	3kg	13.75	4.58	90556									
Peanuts	organic	25kg	100.35	4.01	90555									
Peanuts	organic	5kg	21.85	4.37	90560									
Blanched Roasted Peanuts	organic	10kg	54.00	5.40	90615									
Pecans - Halves	organic	10kg	173.55	17.36	90561									
Pecans - Halves	organic	2kg	36.50	18.25	90563									
Pecan Pieces	organic	10kg	159.50	15.95	90566									
Pecan Pieces	organic	2kg	33.70	16.85	90567									
Pine Kernels	organic	25kg	539.45	21.58	90562									
Pine Kernels	organic	5kg	109.70	21.94	90568									
Pine Kernels	organic	1kg	23.35	23.35	90565									
Raw Pistachio Kernels	organic	10kg	275.50	27.55	90547									
Raw Pistachio Kernels	organic	5kg	139.55	27.91	90548									
Raw Pistachio Kernels	organic	0.75kg	22.05	29.40	90549									
Poppy Seed	organic	25kg	155.00	6.20	90559									
Poppy Seed	organic	3kg	20.10	6.70	90558									
Austrian Pumpkin Seeds	organic	25kg	239.25	9.57	90572									
Austrian Pumpkin Seeds	organic	2kg	20.95	10.48	90573									
Pumpkin Seeds - AA grade	organic	25kg	143.35	5.73	90564									
Pumpkin Seeds - AA grade	organic	2kg	13.25	6.63	90570									
Three Seed Mix -sunflower, pumpkin, pine	organic	3kg	17.60	5.87	90574									
Hulled Sesame Seeds - white	organic	25kg	110.25	4.41	90575									
Hulled Sesame Seeds - white	organic	5kg	23.55	4.71	90580									
Sesame Seeds - whole - brown	organic	25kg	105.55	4.22	90582									
Sesame Seeds - whole - brown	organic	5kg	22.90	4.58	90583									
Black Sesame Seeds - whole	organic	25kg	105.50	4.22	90587									
Black Sesame Seeds - whole	organic	3kg	14.15	4.72	90588									
Sunflower Seed - kernels	organic	25kg	51.35	2.05	90585									
Sunflower Seed - kernels	organic	5kg	12.05	2.41	90590									
Tigernuts - Blanched	organic	10kg	83.00	8.30	90604									
Tigernuts - Blanched	organic	1kg	10.10	10.10	90606									
Trail Mix	organic	3kg	18.90	6.30	90607									
Walnut Halves - Light	organic	10kg	79.25	7.93	90591									
Walnut Halves - Light	organic	2.5kg	21.65	8.66	90594									
Walnut Light Pieces	organic	10kg	64.50	6.45	90595									
Walnut Light Pieces	organic	2.5kg	17.90	7.16	90600									
<b>* A. Vogel - bioSnacky organic sprouting seeds</b>														
For bioSnacky glass sprouting jar see Kitchen and Household Goods section														
Alfalfa Seeds	organic	12x40g	19.70	2.19	90905									
Broccoli Seeds	organic	12x30g	19.70	2.19	90906									
Little Radish Seeds	organic	12x40g	19.70	2.19	90907									
Mung Beans	organic	12x40g	17.40	1.93	90910									
Red Clover Seeds	organic	12x30g	19.70	2.19	90912									
<b>* A. Vogel - bioSnacky organic sprouting seed mixes</b>														
Wellness: mung beans, red clover, lentils, white radish seeds														
Fitness: white radish, mung beans, wheat seeds														
Wellness Mix	organic	12x40g	19.70	2.19	90916									
Fitness Mix	organic	12x40g	17.40	1.93	90917									
<b>* Aconbury Sprouts - sprouting seeds - retail friendly block bags</b>														
Alfalfa	organic	8x250g	32.60	5.43	90637									
Beetroot	organic	8x100g	33.15	5.53	90639									
Broccoli	organic	8x250g	54.05	9.01	90640									
Brown Lentils	organic	8x500g	24.30	4.05	90642									
Chickpeas	organic	8x500g	24.60	4.10	90645									
China Rose Radish	organic	8x250g	26.35	4.39	90647									
Mixed Beans	organic	8x500g	26.20	4.37	90652									
Mung Beans	organic	8x500g	34.45	5.74	90657									
Snow Peas	organic	8x500g	25.90	4.32	90658									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Aconbury Sprouts - seed sprouting kit</u></b>														
Kit comprises: sprouting jar with drainage lid & stand, 100g each of alfalfa seeds, broccoli seeds, radish seeds, 200g sunflower seeds, 300g mixed beans, recipes and instructions.														
Sprouting Kit in bag	organic	1x1p	17.00	22.67	90665									
<b>* <u>Aconbury Sprouts - seeds for sprouting</u></b>														
Black Sunflower Seeds	organic	1x2kg	11.20	14.93	90613									
<b>* <u>Alara Milled Seeds in compostable packaging</u></b>														
Milled Linseeds - Raw	organic	6x500g	22.30	4.96	90672									
<b>* <u>Biona</u></b>														
Creamed Coconut	organic	12x200g	22.40	2.49	90702									
Cracked Linseed Gold - Omega Extra	organic	6x500g	24.70	5.49	90705									
Linseed Gold	organic	6x500g	16.60	3.69	90710									
Linseed Brown	organic	6x500g	14.80	3.29	90712									
Hemp Seeds - whole	organic	8x250g	14.90	2.49	90715									
<b>* <u>Coconut Merchant</u></b>														
◆ Creamed Coconut	organic	12x200g	20.90	2.32	90718									
<b>* <u>Crazy Jack on-the-go</u></b>														
On offer are Crazy Jack organic Mixed Almonds, the pricing below represents a discount of 10%.														
□ Mixed Almonds - on-the-go	organic	18x30g	11.55	0.86	90722									
<b>* <u>Infinity Pre-Packed Organic Nuts &amp; Seeds</u></b>														
Omega Four Seed Mix - sunflower, pumpkin, gold linseed, hulled sesame NB Alfalfa must be sprouted before eating														
Alfalfa Seeds	organic	6x125g	9.70	2.16	6005									
Alfalfa Seeds	organic	6x250g	17.90	3.98	6010									
Almonds	organic	6x125g	9.60	2.13	6015									
Almonds	organic	6x250g	16.85	3.74	6020									
Almonds	organic	6x500g	32.15	7.15	6025									
Almonds	organic	6x1kg	61.25	13.62	6026									
Blanched Almonds	organic	6x125g	10.55	2.34	6017									
Blanched Almonds	organic	6x250g	18.80	4.19	6018									
Flaked Almonds	organic	6x125g	10.60	2.36	6011									
Flaked Almonds	organic	6x250g	19.35	4.31	6012									
Ground Almonds	organic	6x250g	18.90	4.21	6014									
Ground Almonds	organic	6x500g	35.10	7.80	6016									
Brazil Nuts	organic	6x125g	11.50	2.56	6031									
Brazil Nuts	organic	6x250g	19.95	4.43	6032									
Brazil Nuts	organic	6x500g	36.80	8.18	6033									
Brazil Nuts - Broken Pieces	organic	6x250g	16.30	3.62	6036									
Cashews Whole	organic	6x125g	10.80	2.40	6041									
Cashews Whole	organic	6x250g	18.50	4.12	6042									
Cashews Whole	organic	6x500g	33.95	7.54	6043									
Cashews Whole	organic	6x1kg	64.85	14.41	6051									
Cashews Large Pieces	organic	6x250g	14.70	3.27	6063									
Cashews Large Pieces	organic	6x500g	26.30	5.84	6064									
Cashews & Raisins	organic	6x125g	9.20	2.04	6044									
Chia Seeds	organic	6x250g	8.35	1.86	6052									
Chia Seeds	organic	6x500g	13.60	3.02	6053									
Coconut Desiccated	organic	6x250g	8.70	1.93	6035									
Coconut Desiccated	organic	6x500g	14.35	3.19	6040									
Coconut Chips	organic	6x250g	9.50	2.11	6037									
Toasted Coconut Chips	organic	6x250g	10.00	2.22	6039									
Fruit & Nut Mix	organic	6x250g	15.35	3.41	6047									
Hi Energy Trail Mix	organic	6x250g	17.10	3.87	6048									
Hi Energy Trail Mix	organic	6x125g	10.10	2.27	6049									
Hazelnuts	organic	6x125g	11.25	2.50	6045									
Hazelnuts	organic	6x250g	20.15	4.48	6050									
Hazelnuts	organic	6x500g	38.80	8.62	6055									
Hulled Hemp Seeds	organic	6x125g	9.85	2.19	6054									
Hulled Hemp Seeds	organic	6x250g	16.70	3.72	6057									

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Hemp Seeds - whole	organic 6x250g	11.10		2.47	6058									
Roast Whole Hazelnuts	organic 6x125g	12.60	V	3.36	6056									
Linseed Brown	organic 6x250g	6.00		1.33	6070									
▼ Linseed Brown	organic 6x450g	8.30		1.84	6075									
Linseed Gold	organic 6x250g	5.85		1.30	6077									
Linseed Gold	organic 6x450g	8.85		1.97	6078									
Linseed Gold	organic 6x1kg	16.65		3.70	6079									
Macadamia Nuts	organic 6x125g	15.50		3.44	6073									
Macadamia Nuts	organic 6x250g	27.95		6.21	6074									
Nut Mix	organic 6x250g	18.65		4.16	6080									
Nut Mix	organic 6x500g	34.20		7.61	6082									
Omega Four Seed Mix	organic 6x250g	8.40		1.89	6084									
Omega Four Seed Mix	organic 6x500g	14.50		3.22	6087									
Peanuts	organic 6x250g	8.30		1.85	6085									
Peanuts	organic 6x500g	14.90		3.31	6090									
Pecans - halves	organic 6x125g	16.10		3.58	6092									
Pecans - halves	organic 6x250g	29.10		6.47	6093									
Pecan Pieces	organic 6x125g	14.60		3.24	6094									
Pecan Pieces	organic 6x250g	27.00		6.00	6096									
Pine Kernels	organic 6x125g	19.25		4.29	6095									
Pine Kernels	organic 6x250g	35.45		7.88	6097									
Raw Pistachio Kernels	organic 6x125g	22.95		5.11	6101									
Raw Pistachio Kernels	organic 6x250g	44.35		9.86	6102									
Poppy Seeds	organic 6x125g	6.95		1.54	6098									
Poppy Seeds	organic 6x250g	12.35		2.75	6099									
Austrian Pumpkin Seeds	organic 6x250g	17.40		3.87	6121									
Austrian Pumpkin Seeds	organic 6x500g	31.75		7.06	6122									
Pumpkin Seeds - AA grade	organic 6x125g	6.60		1.47	6100									
Pumpkin Seeds - AA grade	organic 6x250g	10.90		2.42	6105									
Pumpkin Seeds - AA grade	organic 6x500g	20.20		4.49	6110									
Pumpkin Seeds - AA grade	organic 6x1kg	38.40		8.53	6112									
▲ Three Seed Mix (sunflower, pumpkin, pine)	organic 6x250g	11.00		2.44	6113									
Hulled Sesame Seeds - white	organic 6x250g	9.70		2.16	6115									
Sesame Seeds - whole - brown	organic 6x250g	8.75		1.94	6125									
Sesame Seeds - whole - brown	organic 6x400g	12.60		2.80	6127									
Black Sesame Seeds - whole	organic 6x250g	9.35		2.08	6128									
Sunflower Seed - kernels	organic 6x250g	5.45		1.21	6130									
Sunflower Seed - kernels	organic 6x500g	8.50		1.89	6135									
Sunflower Seed - kernels	organic 6x1kg	15.65		3.48	6140									
Tigernuts - Blanched	organic 6x125g	8.50		1.89	6141									
Trail Mix	organic 6x250g	12.50		2.78	6143									
Walnut Halves - Light	organic 6x125g	9.00		2.00	6160									
Walnut Halves - Light	organic 6x250g	14.95		3.33	6165									
Walnut Halves - Light	organic 6x500g	26.85		5.97	6167									
Walnut Light Pieces	organic 6x125g	7.15		1.59	6145									
Walnut Light Pieces	organic 6x250g	11.95		2.66	6150									
Walnut Light Pieces	organic 6x500g	22.40		4.98	6155									
* <b><u>Prewett's</u></b>														
Milled Flaxseed - large	organic 6x175g	14.65		3.26	90880									
* <b><u>Raw Health</u></b>														
Black Chia Seeds - raw	organic 6x450g	40.45		8.99	90895									
* <b><u>Shipton Mill Organic Chestnut Flour - see "Organic Flours" section.</u></b>														
* <b><u>Bulk Nuts and Seeds</u></b>														
Almonds	22.68kg	155.00	6.83		91010									
Almonds	3kg	22.35	7.45		91015									
Flaked Almonds	10kg	67.90	6.79		91030									
Flaked Almonds	3kg	22.15	7.38		91035									
Ground Almonds	10kg	57.35	5.74		91040									
Ground Almonds	3kg	19.00	6.33		91045									
▲ Cashews - large pieces	22.68kg	110.50	4.87		91070									
▲ Cashews - large pieces	5kg	26.15	5.23		91075									
▲ Cashews Whole	22.68kg	185.95	8.20		91080									
▲ Cashews Whole	3kg	26.40	8.80		91085									
Chia Seeds	25kg	88.90	3.56		91090									
Chia Seeds	2kg	8.90	4.45		91095									
▲ Macadamia Nuts - raw	11.34kg	128.50	11.33		91147									
▲ Macadamia Nuts - raw	5kg	58.45	11.69		91146									
▲ Macadamia Nuts - raw	1kg	13.10	13.10		91148									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9	
	Pecans Halves	13.6kg	175.50	12.90		91170										
	Pecans Halves	2kg	27.60	13.80		91175										
	Pistachios - roasted & salted	10kg	118.50	11.85		91190										
	Pistachios - roasted & salted	2kg	25.50	12.75		91195										
	Pistachio Kernels - raw	10kg	202.55	20.26		91192										
	Pistachio Kernels - raw	5kg	103.10	20.62		91194										
	Pistachio Kernels - raw	0.75kg	17.00	22.66		91193										
	Pumpkin Seeds - AA grade	25kg	117.25	4.69		91200										
	Pumpkin Seeds - AA grade	5kg	25.25	5.05		91205										
	Sunflower Seeds	25kg	38.05	1.52		91225										
	Sunflower Seeds	5kg	9.40	1.88		91230										
	Walnut Light Halves	12.5kg	79.95	6.40		91245										
	Walnut Light Halves	3kg	21.00	7.00		91250										
	<b>* <u>Hodmedod's - Great British Seeds</u></b>															
	Chia Seed	8x300g	20.65		3.45	91305										
	<b>* <u>Raw Living - activated nuts &amp; seeds</u></b>															
	On offer are Raw Living Activated Mixed Nuts, the pricing marked <input type="checkbox"/> below represents a discount of 20%.															
	Activated Almonds	organic	6x200g	54.55	12.99	91307										
	Activated Brazil Nuts	organic	6x200g	54.55	12.99	91308										
<input type="checkbox"/>	Activated Mixed Nuts	organic	6x200g	43.65	10.39	91309										
	Activated Pecan Nuts	organic	6x200g	62.95	14.99	91310										
	Activated Pumpkin Seeds	organic	6x200g	41.90	9.98	91311										
	Activated Sunflower Seeds	organic	6x200g	25.10	5.98	91312										
	Activated Walnuts	organic	6x200g	54.55	12.99	91315										
	<b>* <u>Sun &amp; Seed</u></b>															
	Sprouted & Raw Buckwheat	organic	12x250g	38.70	4.30	91320										
	Sprouted & Raw Sunflower Seeds	organic	12x250g	32.85	3.65	91322										
	<b>* <u>Infinity Pre-Packed Nuts &amp; Seeds</u></b>															
	Almonds		6x125g	8.20	1.82	6515										
	Almonds		6x250g	13.30	2.96	6520										
	Almonds		6x500g	23.55	5.23	6525										
▲	Cashews - large pieces		6x250g	10.40	2.31	6620										
▲	Cashews - large pieces		6x500g	17.70	3.94	6625										
▲	Cashews Whole		6x125g	9.20	2.04	6635										
▲	Cashews Whole		6x250g	15.35	3.41	6640										
▲	Cashews Whole		6x500g	27.65	6.15	6643										
	Chia Seeds		6x250g	7.60	1.69	6705										
	Chia Seeds		6x500g	13.70	3.04	6710										
▲	Macadamia Nuts - raw		6x125g	11.55	2.57	6828										
	Pecans Halves		6x125g	11.95	2.66	6830										
	Pecans Halves		6x250g	21.65	4.81	6835										
	Pistachios - roasted & salted		6x125g	11.15	2.48	6860										
	Pistachios - roasted & salted		6x250g	20.05	4.46	6865										
	Pistachio Kernels - raw		6x125g	17.45	3.88	6875										
	Pistachio Kernels - raw		6x250g	33.40	7.43	6877										
	Pumpkin Seeds - AA grade		6x250g	9.30	2.07	6885										
	Pumpkin Seeds - AA grade		6x500g	17.10	3.81	6890										
	Sunflower Seeds		6x250g	4.60	1.02	6915										
	Sunflower Seeds		6x500g	7.60	1.69	6920										
	<b>* <u>Zaytoun - Palestinian - fairly traded</u></b>															
	Almonds		6x150g	26.45	5.88	91577										
	<b>■ Dried Fruit</b>															
	<b>* <u>Bulk Organic Dried Fruit</u></b>															
	Apricots Whole	organic	10kg	94.45	9.45	100510										
	Apricots Whole	organic	5kg	49.05	9.81	100515										
	Chopped Apricots	organic	10kg	75.20	7.52	100517										
	Chopped Apricots	organic	1kg	9.30	9.30	100518										
	Banana Chips	organic	6.8kg	25.10	3.69	100521										
	Sour Cherries - pitted	organic	8kg	107.30	13.41	100495										
	Sour Cherries - pitted	organic	1kg	15.20	15.20	100497										

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Cranberries with Apple Juice	organic 11.34kg	124.85	11.01		100485									
Cranberries with Apple Juice	organic 2kg	23.80	11.90		100490									
Currants	organic 12.5kg	54.95	4.40		100520									
Currants	organic 5kg	23.80	4.76		100525									
Organic Select Dates	organic 10kg	23.00	2.30		100532									
Organic Select Dates	organic 5kg	13.30	2.66		100533									
Dates - pitted	organic 10kg	42.60	4.26		100531									
Dates - pitted	organic 5kg	23.10	4.62		100535									
Chopped Dates	organic 10kg	31.80	3.18		100537									
Chopped Dates	organic 1kg	5.00	5.00		100528									
Figs	organic 10kg	98.95	9.90		100539									
Figs	organic 5kg	51.30	10.26		100540									
Chopped Figs	organic 10kg	52.50	5.25		100549									
Chopped Figs	organic 1kg	7.10	7.10		100530									
Ginger Crystallised	organic 5kg	31.25	V 6.25		100552									
Goji Berries	organic 10kg	118.00	11.80		100543									
Goji Berries	organic 1kg	13.60	13.60		100545									
Golden Berries	organic 20kg	295.40	14.77		100541									
Golden Berries	organic 1kg	16.55	16.55		100542									
Mango Strips - Burkina Faso	organic 2kg	22.60	11.30		100569									
Mango Strips (Brooks Variety)	organic 1kg	13.50	13.50		100556									
Mixed Vine Fruit	organic 5kg	30.45	6.09		100548									
Mulberries - white	organic 6kg	38.90	6.48		100538									
Mulberries - white	organic 1kg	8.25	8.25		100544									
Prunes - Pitted	organic 12.5kg	145.25	11.62		100555									
Prunes - Pitted	organic 5kg	59.90	11.98		100557									
Raisins - s/f oil dressed	organic 12.5kg	70.50	5.64		100560									
Raisins - s/f oil dressed	organic 5kg	30.00	6.00		100565									
Sultanas - s/f oil dressed	organic 12.5kg	70.50	5.64		100570									
Sultanas - s/f oil dressed	organic 5kg	30.00	6.00		100575									
<b>* Crazy Jack</b>														
On offer are Crazy Jack organic dried fruits, the pricing below represents a discount of 10%.														
<input type="checkbox"/>	Cranberries with sugar & veg.oil	organic 7x100g	7.50	1.43	100775									
<input type="checkbox"/>	Apricots - on-the-go	organic 18x40g	13.30	0.99	100773									
<input type="checkbox"/>	Apricots - Ready-to-Eat	organic 8x200g	21.10	3.52	100782									
<input type="checkbox"/>	Mango - Ready-to-Eat	organic 6x100g	10.05	2.23	100779									
<input type="checkbox"/>	Mango - on-the-go	organic 16x30g	10.25	0.85	100781									
<input type="checkbox"/>	Dates - Ready-to-Eat	organic 8x200g	16.25	2.71	100784									
<input type="checkbox"/>	Figs - Ready-to-Eat	organic 8x200g	18.30	3.05	100788									
<input type="checkbox"/>	Prunes - Ready-to-Eat	organic 8x200g	17.90	2.98	100790									
<b>* Infinity Pre-Packed Organic Dried Fruit</b>														
	Apricots Whole	organic 6x250g	18.25	4.06	7010									
	Apricots Whole	organic 6x500g	32.40	7.20	7015									
	Apricots Whole	organic 6x1kg	60.75	13.50	7020									
	Chopped Apricots	organic 6x250g	16.40	3.64	7022									
	Banana Chips	organic 6x125g	5.15	V 1.38	7024									
	Sour Cherries - pitted	organic 6x125g	14.10	3.13	7016									
	Sour Cherries - pitted	organic 6x250g	24.15	5.37	7019									
	Cranberries with Apple Juice	organic 6x125g	12.30	2.73	7017									
	Cranberries with Apple Juice	organic 6x250g	20.55	4.57	7018									
	Currants	organic 6x250g	10.65	2.37	7025									
	Currants	organic 6x500g	17.25	3.83	7030									
	Organic Select Dates	organic 6x250g	6.05	1.35	7032									
	Organic Select Dates	organic 6x500g	9.65	2.14	7033									
	Dates - pitted	organic 6x250g	10.40	2.32	7035									
	Dates - pitted	organic 6x500g	16.80	3.73	7040									
	Dates - pitted	organic 6x1kg	29.60	6.59	7045									
	Figs	organic 6x250g	18.90	4.20	7050									
	Figs	organic 6x500g	33.75	7.50	7055									
	Figs	organic 6x1kg	63.45	14.10	7060									
	Ginger Crystallised	organic 6x125g	8.75	V 2.33	7077									
	Goji Berries	organic 6x125g	12.90	2.87	7064									
	Goji Berries	organic 6x250g	21.75	4.83	7065									
	Golden Berries	organic 6x250g	26.20	5.83	7069									
	Mixed Vine Fruit	organic 6x250g	13.20	2.93	7062									
	Mixed Vine Fruit	organic 6x500g	22.35	4.97	7063									
	Mulberries - white	organic 6x125g	8.90	1.99	7072									
	Mulberries - white	organic 6x250g	13.75	3.06	7073									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Pitted Prunes	<i>organic</i> 6x250g	21.45		4.77	7080									
Pitted Prunes	<i>organic</i> 6x500g	38.90		8.64	7085									
Raisins	<i>organic</i> 6x250g	12.55		2.79	7095									
Raisins	<i>organic</i> 6x500g	21.00		4.67	7100									
Raisins	<i>organic</i> 6x1kg	37.90		8.42	7105									
Sultanas	<i>organic</i> 6x250g	12.55		2.79	7110									
Sultanas	<i>organic</i> 6x500g	21.00		4.67	7115									
Sultanas	<i>organic</i> 6x1kg	37.90		8.42	7120									
<b>* Bulk Dried Fruit</b>														
Apricots Whole Yellow - SO2	12.5kg	104.00	8.32		101035									
Apricots Whole Yellow - SO2	5kg	43.40	8.68		101040									
Banana Chips	6.8kg	21.99	3.23		101055									
Cranberries sweetened with sugar	11.34kg	63.65	5.61		101056									
Cranberries sweetened with sugar	2kg	13.00	6.50		101057									
Dates Chopped - some pips	12.5kg	26.00	2.08		101075									
Sayer GAQ Dates	10kg	20.45	2.05		101092									
Sayer GAQ Dates	5kg	12.05	2.41		101093									
Ginger crystallised & caster sugar	5kg	23.50	4.70		101115									
Goji Berries	10kg	104.80	10.48		101120									
Goji Berries	1kg	11.95	11.95		101125									
Papaya - SO2 - with sugar	5kg	37.20	7.44		101140									
Pineapple - SO2 - with sugar	5kg	40.65	8.13		101170									
Prunes - Pitted	10kg	45.00	4.50		101195									
Prunes - Pitted	5kg	24.30	4.86		101200									
<b>* Suma - Vegan</b>														
Candied Mixed Peel - contains SO2 - bag	1kg	5.90	5.90		101250									
Candied Mixed Peel - contains SO2 - tub	6x200g	10.30		2.29	101251									
<b>* Infinity Pre-Packed Dried Fruit</b>														
Apricots Whole Yellow - SO2	6x250g	15.45		3.43	7530									
Apricots Whole Yellow - SO2	6x500g	29.00		6.44	7535									
Sayer GAQ Dates	6x250g	7.15		1.59	7612									
Sayer GAQ Dates	6x500g	10.20		2.27	7613									
Ginger crystallised & caster sugar	6x125g	5.95		1.59	7655									
Goji Berries	6x125g	10.25		2.28	7665									
Goji Berries	6x250g	19.75		4.39	7670									
Prunes Pitted	6x250g	10.80		2.40	7730									
Prunes Pitted	6x500g	17.55		3.90	7735									
<b>* Tropical Wholefoods - <a href="http://www.tropicalwholefoods.co.uk">www.tropicalwholefoods.co.uk</a></b>														
Sun-dried Chewy Banana Chips	<i>organic</i> 14x150g	26.70		2.54	102001									
Sun-Dried Mango	<i>organic</i> 14x100g	32.55		3.10	102012									
Sun-dried Pineapple - FT	<i>organic</i> 14x100g	44.15		4.20	102003									
<b>* Zaytoun</b>														
<b>NB. 101095 Medjoul dates 5kg have a shelf life of 2 weeks once opened.</b>														
Medjoul Dates with Stone - Boxed	6x250g	22.80		5.07	102105									
Medjoul Dates - Shelf Ready Boxed	6x500g	43.05		9.57	102109									
Medjoul Dates	5kg	50.85	10.17		101095									
<b>■ Herbs and Spices</b>														
<b>* Infinity Foods - <u>culinary herbs &amp; spices</u></b>														
Allspice (Pimento) Whole	1kg	15.30			995510									
Allspice (Pimento) Ground	1kg	16.30			995515									
Aniseed Star	500g	16.30			995523									
Arrowroot	1kg	4.60			995525									
Basil	1kg	6.60			995530									
Bay Leaves	1kg	10.60			995535									
Caraway Seed	1kg	7.25			995545									
Cayenne Pepper	1kg	7.30			995550									
Cardamom Pods	500g	28.65			995555									
Cardamom Ground	500g	24.65			995560									
Celery Seed	1kg	5.15			995565									
Celery Salt	1kg	3.80			995570									
Chillies Whole	1kg	8.65			995575									
Chillies Ground	1kg	7.00			995580									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Chinese Five Spice	500g	4.00			995585									
Chives	500g	11.95			995590									
Cinnamon Quills 3"	500g	22.60			995593									
Cinnamon Ground	1kg	7.80			995600									
Cloves Whole	500g	11.90			995605									
Cloves Ground	500g	10.35			995610									
Coriander Seed	1kg	3.85			995615									
Coriander Ground	1kg	3.90			995620									
Cumin Seed	1kg	13.30			995625									
Cumin Ground	1kg	10.60			995630									
Curry Medium	1kg	5.30			995635									
Curry Hot	1kg	5.30			995645									
Dill Seed	1kg	6.20			995650									
Dill Weed	500g	10.60			995655									
Fennel Seed	1kg	7.90			995660									
Fenugreek Seed	1kg	3.95			995675									
Fenugreek Ground	1kg	3.95			995680									
Garam Masala	1kg	10.60			995685									
Garlic Powder	1kg	6.60			995690									
Garlic Salt	1kg	5.65			995695									
Ginger Ground	1kg	7.90			995705									
Herb Provencal	1kg	11.90			995710									
Juniper Berries	1kg	17.25			996060									
Lemongrass	1kg	15.35			995717									
Mace Ground	500g	23.35			995725									
Marjoram	1kg	7.95			995730									
Mint	1kg	6.80			995735									
Mixed Herbs	1kg	8.30			995740									
Mixed Spice	1kg	7.65			995745									
Mustard Seed Black	1kg	3.65			995750									
Mustard Seed Yellow	1kg	3.90			995755									
Mustard Ground	1kg	6.60			995760									
Nutmeg Whole	1kg	26.60			995765									
Nutmeg Ground	1kg	18.60			995770									
Onion Powder	1kg	6.20			995772									
Oregano	1kg	10.60			995775									
Smoked Paprika - sweet & mild	1kg	7.50			995782									
Paprika Spanish	1kg	5.10			995785									
Parsley	1kg	13.25			995790									
Peppercorns Black	1kg	13.30			995795									
Pepper Black Ground	1kg	12.30			995805									
Peppercorns White	1kg	19.90			995810									
Pepper White Ground	1kg	18.60			995815									
Peppercorns - Black, White, Green & Pink	500g	10.60			995823									
Pickling Spice	1kg	7.55			995825									
Poppy Seed - Blue	1kg	6.45			995830									
Poppy Seed - Blue	3kg	18.60			995835									
Rosemary	1kg	6.60			995840									
Sage	1kg	10.60			995855									
Tarragon	500g	18.20			995870									
Thyme	1kg	9.40			995875									
Turmeric - Ground	1kg	5.25			995880									
<b>* <i>Infinity Foods - non-culinary herbs</i></b>														
Chamomile Matricaria	500g	14.60			996015									
Dandelion Leaf	500g	14.00	V		996035									
Elderflowers	500g	17.25			996040									
Hibiscus Fine	500g	7.90			996050									
Kelp Powder	1kg	23.95	V		996062									
Lavender Flowers	500g	13.30	V		996065									
Lemon Balm	500g	10.60			996070									
Lemon Verbena Superior	500g	13.25			996075									
Liquorice Root Sticks	1kg	17.25	V		996080									
Lime Flowers	500g	25.25			996085									
Nettle - Cut	500g	7.40	V		996100									
Peppermint	1kg	11.95			996110									
Raspberry Leaf	500g	10.10	V		996115									
Rosehip Fine Cut	500g	11.65	V		996120									
Senna Pods	1kg	10.10	V		996122									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Kitchen Garden Organics</u></b>														
Curry Powder - Hot	organic	1kg	10.00		996200									
<b>* <u>Organic Herb Trading</u></b>														
Basil	organic	1kg	11.90		993010									
Caraway Seed	organic	1kg	12.60		993012									
Chilli Flakes	organic	1kg	31.00		993016									
Chilli Powder - ground cayenne pepper	organic	1kg	28.60		993017									
Cinnamon Powder	organic	1kg	16.45		993020									
Chinese Five Spice Blend	organic	1kg	27.10		993021									
Coriander Seed	organic	1kg	10.60		993026									
Ground Coriander Seed	organic	1kg	13.25		993027									
Cumin Seed	organic	1kg	30.45		993030									
Ground Cumin	organic	1kg	24.50		993032									
Fennel Seed	organic	1kg	19.20		993035									
Fenugreek Seed	organic	1kg	12.70		993037									
Garam Masala Powder	organic	1kg	29.25		993039									
Garlic Powder	organic	1kg	13.40		993038									
Ginger Powder	organic	1kg	18.45		993040									
Harissa Blend	organic	1kg	27.10		993043									
Herb Provencal	organic	1kg	22.65		993041									
Mexican Blend	organic	1kg	29.80		993044									
Mixed Herbs	organic	1kg	23.30		993050									
Mixed Spice Powder	organic	1kg	30.45		993060									
Mustard Ground Yellow	organic	1kg	16.80		993063									
Mustard Seed Brown	organic	1kg	17.25		993065									
Nigella Sativa Seed - Cumin Black	organic	1kg	18.10		993066									
▼ Nutmeg Ground	organic	1kg	35.30		993067									
Onion Powder	organic	1kg	20.45		993068									
Oregano	organic	1kg	19.95		993070									
Paprika	organic	1kg	23.90		993080									
Smoked Paprika	organic	1kg	31.25		993082									
Peppercorns Black Whole	organic	1kg	25.65		993100									
Peppercorns Black Ground	organic	1kg	25.80		993101									
Peppercorns White Whole	organic	1kg	29.00		993103									
Peppermint	organic	1kg	16.70		993105									
Psyllium Husk	organic	1kg	33.25	V	993102									
Ras El Hanout Coarse Blend	organic	1kg	30.00		993106									
Rosemary cut	organic	1kg	16.05		993110									
Sage	organic	1kg	19.90		993120									
Star Anise	organic	1kg	41.60		993122									
Sumac	organic	1kg	18.25		993125									
Thyme	organic	1kg	19.70		993130									
Turmeric	organic	1kg	15.80		993140									
<b>* <u>Crane Brand - Spanish Saffron in plastic box</u></b>														
Saffron		12x1g	29.25	3.25	995845									
<b>* <u>El Avion - tinned Spanish Paprika</u></b>														
Sweet Paprika		10x75g	21.65	2.89	991505									
Smoked Sweet Paprika		10x75g	24.80	3.31	991507									
Smoked Hot Paprika		10x75g	24.80	3.31	991510									
<b>* <u>Forest Wholefoods - retail pouches</u></b>														
Turmeric - singles	organic	1x1kg	10.65	14.20	991650									
Turmeric - 6p	organic	6x250g	26.30	5.84	991655									
Turmeric - 6p	organic	6x125g	21.50	4.78	991657									
<b>* <u>Hambleton Rock Salt in grinder - see "Condiments, Salt" section.</u></b>														
<b>* <u>Hambleton - in jars</u></b>														
Ground Allspice	organic	5x50g	14.20	3.79	990203									
Basil	organic	5x13g	10.15	2.71	990205									
Bay Leaf	organic	5x2g	10.15	2.71	990210									
Caraway Seed	organic	5x40g	12.20	3.25	990220									
Cardamom Pods	organic	5x30g	14.20	3.79	990225									
Cayenne - Ground	organic	5x45g	10.15	2.71	990227									
Ground Chilli	organic	5x40g	14.20	3.79	990230									
Ground Cinnamon	organic	5x35g	14.20	3.79	990250									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Cinnamon Quills	organic 5x10g	10.15		2.71	990255									
Coriander Seed	organic 5x25g	10.15		2.71	990275									
Ground Coriander	organic 5x30g	10.15		2.71	990280									
Cumin Seed	organic 5x40g	12.20		3.25	990285									
Ground Cumin	organic 5x45g	12.20		3.25	990290									
Curry Powder - Mild	organic 5x30g	12.20		3.25	990294									
Fennel Seed	organic 5x35g	12.20		3.25	990305									
Garam Masala	organic 5x40g	12.20		3.25	990315									
Garlic Chips - in grinder	organic 5x45g	16.25		4.33	990318									
Ground Garlic	organic 5x40g	10.15		2.71	990320									
Ground Ginger	organic 5x30g	12.20		3.25	990325									
Herbes de Provence	organic 5x15g	10.15		2.71	990330									
Juniper Berry	organic 5x30g	12.20		3.25	990340									
Lemon Grass	organic 5x9g	10.15		2.71	990345									
Mixed Herbs	organic 5x13g	10.15		2.71	990370									
Mixed Spice	organic 5x45g	14.20		3.79	990375									
Mustard Seed - Brown	organic 5x65g	12.20		3.25	990385									
Mustard Seed - Yellow	organic 5x65g	12.20		3.25	990390									
Nutmeg - Whole	organic 5x40g	18.30		4.88	990400									
Nutmeg - Ground	organic 5x50g	18.30		4.88	990402									
Oregano	organic 5x13g	10.15		2.71	990410									
Ground Paprika	organic 5x40g	14.20		3.79	990415									
Peppercorns Black - in grinder	organic 5x40g	16.25		4.33	990425									
Rosemary	organic 5x22g	10.15		2.71	990445									
Sage	organic 5x12g	10.15		2.71	990450									
Star Anise	organic 5x15g	12.20		3.25	990460									
Thyme	organic 5x17g	10.15		2.71	990470									
Ground Turmeric	organic 5x35g	12.20		3.25	990480									
<b>* Infinity Foods Herbs &amp; Spices - packets</b>														
<b>30x6p Retail Display Stand - order 10x6p and quote this code. It is 64cm wide, 57cm high, 23cm deep.</b>						<b>9190</b>								
Ground Allspice	organic 6x20g	7.85		1.74	9200									
Star Anise	organic 6x15g	6.70		1.49	9201									
Basil	organic 6x20g	5.95		1.32	9202									
Bay Leaves	organic 6x10g	5.95		1.32	9203									
Caraway Seed	organic 6x30g	6.70		1.49	9204									
Cardamom Pods	organic 6x10g	6.70		1.49	9205									
Cayenne Pepper	organic 6x35g	7.85		1.74	9206									
Cinnamon Bark	organic 6x15g	7.85		1.74	9208									
Cinnamon Ground	organic 6x30g	6.70		1.49	9209									
Crushed Chillis	organic 6x25g	7.85		1.74	9214									
Chilli Powder	organic 6x25g	6.70		1.49	9210									
Whole Cloves	organic 6x20g	6.70		1.49	9211									
Coriander Seed	organic 6x40g	5.95		1.32	9212									
Ground Coriander	organic 6x40g	5.95		1.32	9213									
Cumin Seed	organic 6x25g	6.70		1.49	9215									
Ground Cumin	organic 6x25g	6.70		1.49	9216									
Curry Leaves	organic 6x5g	5.95		1.32	9217									
Curry Powder	organic 6x30g	6.70		1.49	9218									
Dill Herb	organic 6x15g	6.70		1.49	9219									
Fennel Seed	organic 6x40g	5.95		1.32	9220									
Fenugreek Seed	organic 6x40g	6.70		1.49	9221									
Garam Masala	organic 6x25g	6.70		1.49	9222									
Garlic Granules	organic 6x25g	6.70		1.49	9223									
Ground Ginger	organic 6x30g	6.70		1.49	9224									
Herbes de Provence	organic 6x20g	5.95		1.32	9225									
Juniper Berries	organic 6x30g	7.85		1.74	9226									
Marjoram	organic 6x10g	5.95		1.32	9227									
Mint (Spearment)	organic 6x20g	5.95		1.32	9228									
Mixed Herbs	organic 6x20g	5.95		1.32	9229									
Mixed Spice	organic 6x25g	6.70		1.49	9230									
Black Mustard Seed	organic 6x50g	6.70		1.49	9231									
Yellow Mustard Seed	organic 6x50g	6.70		1.49	9232									
Whole Nutmeg	organic 6x20g	7.85		1.74	9233									
Ground Nutmeg	organic 6x20g	7.85		1.74	9234									
Oregano	organic 6x20g	5.95		1.32	9235									
Black Onion Seed (Nigella Seed)	organic 6x25g	6.70		1.49	9236									
Paprika	organic 6x25g	6.70		1.49	9237									
Smoked Paprika	organic 6x25g	6.70		1.49	9249									
Parsley	organic 6x15g	5.95		1.32	9238									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description		size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Ground Black Pepper	organic	6x25g	6.70		1.49	9239									
Black Peppercorns	organic	6x25g	6.70		1.49	9240									
White Peppercorns	organic	6x25g	6.70		1.49	9241									
Poppy Seed	organic	6x40g	6.70		1.49	9242									
Rosemary	organic	6x20g	5.95		1.32	9243									
Sage	organic	6x25g	5.95		1.32	9244									
Tarragon	organic	6x10g	7.85		1.74	9245									
Thyme	organic	6x25g	5.95		1.32	9246									
Ground Turmeric	organic	6x30g	5.95		1.32	9247									
<b>* <u>Kitchen Garden - packets</u></b>															
Coriander Seed	organic	6x25g	4.00		0.89	992250									
Ground Ginger - FT	organic	6x26g	6.70		1.49	992285									
Mustard Seed - White	organic	6x37g	4.00		0.89	992330									
Star Anise	organic	6x10g	6.70		1.49	992370									
Ground Turmeric	organic	6x22g	5.60		1.25	992385									
<b>* <u>Krokos Kozanis</u></b>															
Greek Red Saffron in filaments	organic	12x1g	66.15		7.35	992405									
<b>* <u>Saffron Direct - Bourbon Vanilla Ltd</u></b>															
12 Vanilla Pods in vacuum packed plastic pouch		1x1p	20.00		26.67	992408									
Madagascan Vanilla Powder in a pouch		6x13g	31.60		7.02	992409									
<b>* <u>Tarantella - Liquid Herbs &amp; Spices</u></b>															
Liquid Basil	organic	12x40ml	21.50		2.39	996204									
Liquid Chilli	organic	12x40ml	21.50		2.39	996206									
Liquid Dill	organic	12x40ml	21.50		2.39	996208									
Liquid Garlic	organic	12x40ml	21.50		2.39	998209									
Liquid Ginger	organic	12x40ml	21.50		2.39	998210									
Liquid Oregano	organic	12x40ml	21.50		2.39	998211									
Liquid Rosemary	organic	12x40ml	21.50		2.39	998212									
Liquid Thyme	organic	12x40ml	21.50		2.39	998213									
Liquid Tarragon	organic	12x40ml	21.50		2.39	998214									
<b>* <u>Vaynilla - Bourbon Vanilla Ltd</u></b>															
Two Vanilla Pods in glass tube		10x1p	38.00		5.07	912422									
<b>* <u>Zaytoun Za'atar - thyme based mix - see "Condiments" section</u></b>															
<b>■ Pasta</b>															
<b>* <u>Amisa - gluten-free</u></b>															
Buckwheat Fusilli - 100%	organic	10x500g	35.15		4.69	130203									
Buckwheat Spaghetti - 100%	organic	12x500g	42.20		4.69	130204									
Fusilli Corn & Rice	organic	10x500g	26.15		3.49	130205									
Spaghetti Corn & Rice	organic	12x500g	31.40		3.49	130215									
<b>* <u>Amisa - gluten-free - 100% whole rice</u></b>															
Fusilli Wholegrain Rice	organic	10x500g	26.90		3.59	130225									
Penne Wholegrain Rice	organic	10x500g	26.90		3.59	130230									
<b>* <u>Better Than Spaghetti - see "Convenience Foods"</u></b>															
<b>* <u>BioFair - gluten-free</u></b>															
Rice Quinoa Fusilli	organic	6x250g	17.05		3.79	130450									
Rice Quinoa Spaghetti	organic	12x250g	34.10		3.79	130452									
<b>* <u>Biona - durum wheat - bronze extruded</u></b>															
Dinosaur - wholegrain pasta	organic	12x250g	19.70		2.19	130318									
Fusilli - wholewheat	organic	12x500g	21.50		2.39	130320									
Fusilli - wholewheat - large	organic	7x1kg	24.60		4.69	130319									
Linguine - wholewheat	organic	12x500g	21.50		2.39	130321									
Macaroni - wholewheat	organic	12x500g	21.50		2.39	130322									
Penne - wholewheat	organic	12x500g	21.50		2.39	130325									
Spaghetti - wholewheat	organic	12x500g	21.50		2.39	130330									
White Conchiglie	organic	12x500g	22.40		2.49	140105									
White Farfalle	organic	12x500g	22.40		2.49	140110									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
White Fusilli	organic 12x500g	22.40		2.49	140115									
White Fusilli - large	organic 7x1kg	24.60		4.69	140116									
White Fusilli Tricolore	organic 12x500g	24.20		2.69	140120									
White Lasagne	organic 12x250g	18.80		2.09	140122									
White Macaroni	organic 12x500g	22.40		2.49	140123									
White Penne	organic 12x500g	22.40		2.49	140125									
White Rigatoni	organic 12x500g	22.40		2.49	140127									
White Spaghetti	organic 12x500g	22.40		2.49	140130									
<b>* <u>Biona - spelt</u></b>														
Spelt Fusilli - wholemeal	organic 10x500g	21.65		2.89	130352									
Spelt Lasagne - wholemeal	organic 12x250g	28.70		3.19	130358									
Spelt Penne - wholemeal	organic 10x500g	21.65		2.89	130357									
Spelt Spaghetti - wholemeal	organic 12x500g	26.00		2.89	130360									
White Spelt Spaghetti	organic 12x500g	30.50		3.39	140165									
White Spelt Fusilli	organic 10x500g	25.40		3.39	140170									
White Spelt Penne	organic 10x500g	25.40		3.39	140175									
White Spelt Tagliatelle	organic 10x250g	17.20		2.29	140177									
White Spelt Safari Animals	organic 12x250g	20.60		2.29	140178									
White Spelt Spinach Tagliatelli	organic 10x250g	18.70		2.49	140180									
<b>* <u>Clearspring - gluten-free</u></b>														
Red Lentil & Brown Rice Fusilli	organic 8x250g	22.70		3.79	140300									
Green Pea & Quinoa Fusilli	organic 8x250g	22.70		3.79	140305									
Brown Rice with Quinoa & Amaranth Penne	organic 8x250g	22.70		3.79	140310									
Chickpea Sedanini	organic 8x250g	22.70		3.79	140315									
Buckwheat Tortiglioni	organic 8x250g	22.70		3.79	140320									
<b>* <u>Free - from Doves Farm - gluten-free</u></b>														
Brown Rice Fusilli	organic 8x500g	24.30		4.05	130365									
Brown Rice Penne	organic 8x500g	24.30		4.05	130370									
Brown Rice Spaghetti	organic 12x500g	36.45		4.05	130375									
Buckwheat Penne	organic 8x500g	29.00		4.83	130377									
Maize and Rice Fusilli	organic 8x500g	19.75		3.29	130380									
Maize and Rice Lasagne	organic 6x250g	14.80		3.29	130381									
Maize and Rice Penne	organic 8x500g	19.75		3.29	130385									
Maize and Rice Spaghetti	organic 12x500g	29.65		3.29	130395									
Multigrain Penne	organic 8x500g	24.30		4.05	130397									
<b>* <u>Explore Cuisine - vegan - gluten-free</u></b>														
<i>On offer is Explore Cuisine organic pasta, the pricing below represents a discount of 15%.</i>														
<input type="checkbox"/> Black Bean Spaghetti	organic 6x200g	11.85		2.63	130705									
<input type="checkbox"/> Chickpea Fusilli	organic 6x250g	11.85		2.63	130708									
<input type="checkbox"/> Edamame Bean Spaghetti	organic 6x200g	11.85		2.63	130707									
<input type="checkbox"/> Edamame & Mung Bean Fettuccine	organic 6x200g	11.85		2.63	130715									
<input type="checkbox"/> Green Lentil Penne	organic 6x250g	11.85		2.63	130718									
<b>* <u>Infinity Foods - bulk speciality pasta - white durum wheat</u></b>														
Caserecce - twists - white	organic 13kg	40.35	3.10		130924									
Fregola - giant couscous - white	organic 18kg	55.65	3.09		10538									
Fregola - giant couscous - white	organic 5kg	17.01	3.40		10539									
Malloreddos - small shell - white	organic 14kg	42.75	3.05		130928									
Orzo - rice shape from durum wheat - white	organic 25kg	75.00	3.00		10572									
Orzo - rice shape from durum wheat - white	organic 5kg	16.80	3.36		10573									
Penne - white	organic 11kg	37.15	3.38		130930									
<b>* <u>Infinity Foods - speciality pasta - white durum wheat</u></b>														
Fregola - giant couscous - white	organic 6x400g	10.20		2.28	1051									
Orzo - rice shape from durum wheat - white	organic 6x450g	10.90		2.43	1092									
<b>* <u>La Bio Idea - bulk wholewheat pasta - durum wheat</u></b>														
Wholewheat Fusilli	organic 6kg	20.50	3.42		130980									
Wholewheat Gomitini	organic 6kg	20.50	3.42		130984									
Wholewheat Pennette	organic 6kg	20.50	3.42		130986									
Wholewheat Spaghetti	organic 6kg	20.50	3.42		130988									
Wholewheat Tagliatelle	organic 6kg	20.50	3.42		130989									

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>La Bio Idea - bulk white pasta - durum wheat</u></b>														
White Conchigliette	organic	6kg	20.50	3.42	130991									
White Fusilli	organic	6kg	20.50	3.42	130990									
White Gomitini	organic	6kg	20.50	3.42	130992									
White Lasagne	organic	5kg	18.75	3.75	130994									
White Pennette	organic	6kg	20.50	3.42	130996									
White Spaghetti	organic	6kg	20.50	3.42	130998									
White Tricolore Fusilli	organic	6kg	22.50	3.75	130999									
White Vermicelli	organic	6kg	14.95	2.49	131000									
<b>* <u>La Bio Idea - durum wheat</u></b>														
Wholewheat Lasagne	organic	12x250g	14.35	1.59	131001									
Wholewheat Macaroni Gomitini	organic	12x500g	19.50	2.17	131005									
Wholewheat Penne	organic	12x500g	19.50	2.17	131010									
Wholewheat Spaghetti	organic	12x500g	19.50	2.17	131020									
Wholewheat Fusilli	organic	12x500g	19.50	2.17	131025									
White Macaroni Gomitini	organic	12x500g	19.50	2.17	150505									
White Penne	organic	12x500g	19.50	2.17	150510									
White Farfalle (bows)	organic	12x275g	16.05	1.78	150512									
White Spaghetti	organic	12x500g	19.50	2.17	150515									
White Fusilli	organic	12x500g	19.50	2.17	150520									
Lasagne Verde	organic	12x250g	15.20	1.69	131045									
White Lasagne (no pre-cooking)	organic	12x250g	15.20	1.69	131052									
White Tricolore Shells	organic	12x500g	24.80	2.76	150524									
White Tricolore Fusilli	organic	12x500g	24.80	2.76	150525									
<b>* <u>La Bio Idea - gluten-free</u></b>														
Chickpea Penne with Corn	organic	12x250g	29.65	3.29	130970									
Red Lentil Fusilli	organic	12x250g	35.45	3.94	130975									
<b>* <u>La Terra E Il Cielo - speciality pasta</u></b>														
Spelt Spaghetti (whole)	organic	20x500g	49.40	3.29	131340									
White Conchiglioni (Large shells)	organic	6x500g	17.95	3.99	131303									
White Linguine (Flat Spaghetti)	organic	20x500g	35.85	2.39	131312									
White Penne	organic	12x500g	22.45	2.49	131305									
<b>* <u>Mr Organic - pasta</u></b>														
White Fusilli	organic	12x500g	21.50	2.39	131545									
White Penne Rigate	organic	12x500g	21.50	2.39	131547									
White Spaghetti	organic	12x500g	21.50	2.39	131548									
White Tagliatelle	organic	12x500g	21.50	2.39	131549									
<b>* <u>Mr Organic - legume pasta gluten-free</u></b>														
Chickpea Rice	organic	12x250g	33.20	3.69	131540									
Red Lentil Rice	organic	12x250g	33.20	3.69	131542									
<b>* <u>Orgran - gluten-free</u></b>														
Buckwheat Spirals		5x350g	14.95	3.99	140511									
Garden Veggie Spirals		5x350g	14.95	3.99	140517									
Rice & Corn Macaroni		5x350g	14.95	3.99	140520									
Rice & Veg Spirals		5x350g	14.95	3.99	140522									
<b>* <u>Pasta Natura - gluten-free pasta</u></b>														
Corn & Rice Caserecce	organic	5kg	17.95	3.59	140548									
Corn & Rice Conchiglie	organic	4.5kg	16.35	3.63	140550									
Corn & Rice Fusilli	organic	4.5kg	16.20	3.60	140552									
Corn & Rice Penne	organic	5kg	17.85	3.57	140554									
<b>* <u>Profusion - protein rich - gluten-free - dried at 42 degrees C</u></b>														
Red Lentil Fusilli	organic	8x250g	20.35	3.39	132106									
Chickpea Fusilli	organic	8x250g	19.75	3.29	132111									
Yellow Lentil Lasagne Sheets	organic	12x250g	41.30	4.59	132120									
Chickpea Orzo	organic	12x250g	27.80	3.09	132122									
Red Lentil Orzo	organic	12x250g	27.80	3.09	132123									

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Seggiano</u></b>														
White Linguine Pasta	organic	12x250g	26.40	2.93	152540									
White Tagliatelle Pasta	organic	12x375g	37.60	4.18	152545									
White Toscani Pasta	organic	12x375g	37.60	4.18	152550									
<b>* <u>Suma</u></b>														
On offer is Suma organic oat pasta, the pricing marked <input type="checkbox"/> below represents a discount of 15%.														
Tricolore Fusilli - in paper	organic	12x500g	20.25	2.25	152556									
White Fusilli - in paper	organic	12x500g	17.00	1.89	152557									
White Penne - in paper	organic	12x500g	17.00	1.89	152559									
White Spaghetti - in paper	organic	12x500g	17.00	1.89	152561									
Wholewheat Fusilli - in paper	organic	12x500g	17.00	1.89	152565									
Wholewheat Penne - in paper	organic	12x500g	17.00	1.89	152566									
Wholewheat Spaghetti - in paper	organic	12x500g	17.00	1.89	152563									
<input type="checkbox"/> Casarecce Oat Pasta - Box	organic	12x340g	22.85	2.54	152567									
<input type="checkbox"/> Linguine Oat Pasta - Box	organic	12x340g	24.10	2.68	152568									
<input type="checkbox"/> Rigatoni Oat Pasta - Box	organic	12x340g	22.85	2.54	152569									
<b>■ Noodles</b>														
<b>* <u>Better Than Noodles - see "Convenience Foods"</u></b>														
<b>* <u>Biona - vegan</u></b>														
On offer are Biona organic noodles, the pricing below represents a discount of 15%.														
<input type="checkbox"/> Asia Noodles - wheat	organic	8x250g	13.70	2.28	490305									
<input type="checkbox"/> Spelt Noodles	organic	8x250g	16.25	2.71	490310									
<b>* <u>Clearspring - wheat-free</u></b>														
On offer are Clearspring organic 100% Buckwheat Soba Noodles, the pricing marked <input type="checkbox"/> below represents a discount of 15%.														
◆ Black Rice Noodles GF	organic	10x200g	29.90	3.99	490504									
<input type="checkbox"/> 100% Buckwheat Soba Noodles	organic	6x200g	17.15	3.81	490511									
◆ 100% Brown Rice Noodles GF	organic	10x200g	29.90	3.99	490512									
◆ Brown Rice Vermicelli Noodles GF	organic	8x180g	20.35	3.39	490505									
◆ 100% Wide Brown Rice Noodles GF	organic	5x200g	14.95	3.99	490513									
<b>* <u>Clearspring - Japanese - (none are wheat-free)</u></b>														
On offer are Clearspring organic noodles, the pricing below represents a discount of 15%.														
<input type="checkbox"/> Brown Rice Udon Noodles	organic	12x200g	26.70	2.97	490506									
<input type="checkbox"/> Udon Noodles	organic	12x200g	26.70	2.97	490507									
<input type="checkbox"/> Skinny Soba Somen Noodles	organic	12x200g	26.70	2.97	490508									
<input type="checkbox"/> Wide Udon Noodles	organic	12x200g	26.70	2.97	490509									
<input type="checkbox"/> Soba Noodles	organic	12x200g	26.70	2.97	490510									
<b>* <u>Clearspring - Japanese ramen</u></b>														
Miso Ramen with miso ginger soup	organic	5x210g	20.20	5.39	490530									
Shoyu Ramen with soya sauce soup	organic	5x210g	20.20	5.39	490535									
<b>* <u>King Soba - noodles</u></b>														
◆ 100% Buckwheat Noodles	organic	12x250g	25.10	2.79	490640									
◆ Millet & Rice Noodles	organic	12x250g	25.10	2.79	490645									
◆ 100% Brown Rice Noodles	organic	12x250g	25.10	2.79	490655									
◆ Thai Rice Noodles	organic	12x250g	25.10	2.79	490660									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>King Soba - speciality noodles - gluten-free</u></b>														
◆ Black Rice Noodles	organic	12x250g	26.70	2.97	490680									
◆ Brown Rice Wakame Noodles	organic	12x250g	25.10	2.79	490685									
Pumpkin/Ginger B Rice Noodles	organic	12x250g	25.10	2.79	490690									
Sweet Potato Buckwheat Noodles	organic	12x250g	25.10	2.79	490695									
Pad Thai Noodles	organic	12x250g	25.10	2.79	490723									
Pho Noodles	organic	12x250g	26.05	2.89	490725									
◆ Vermicelli Noodles	organic	12x250g	25.10	2.79	490732									
<b>* <u>King Soba - FairTrade noodles - gluten-free</u></b>														
Buckwheat Quinoa Noodles	organic	12x250g	25.10	2.79	490708									
<b>* <u>King Soba - ramen noodles - gluten-free - with paste or sauce</u></b>														
Brown Rice Ramen Noodle Kit - Shiro Miso & Sea Garden Sale	organic	6x190g	15.70	3.49	490758									
Buckwheat Ramen Noodle Kit - Ginger Miso & Tofu	organic	6x190g	15.70	3.49	490760									
◆ Chilli Miso Ramen Noodle Cup	organic	6x85g	9.90	2.20	490774									
◆ Ginger Miso Ramen Noodle Cup- with tofu	organic	6x85g	9.90	2.20	490776									
◆ Classic Miso Ramen Noodle Cup	organic	6x85g	9.90	2.20	490778									
<b>* <u>King Soba - ramen noodles - gluten-free</u></b>														
◆ Black Rice Ramen Noodles	organic	6x280g	17.75	3.94	490740									
Brown Rice Ramen Noodles	organic	6x280g	15.65	3.48	490742									
Buckwheat Ramen Noodles	organic	6x280g	15.65	3.48	490745									
<b>* <u>Yakso</u></b>														
Egg Noodles	organic	6x250g	11.80	2.63	490905									
<b>■ Bread, Rice Cakes, Crackers etc</b>														
<b>* <u>Amaizin - tortilla wraps and shells</u></b>														
Taco Shells (12 corn shells) - gluten-free	organic	6x150g	14.35	3.40	169803									
Soft Tortilla Wraps (6 wheat wraps)	organic	16x240g	28.60	2.38	169805									
Extra Fibre Tortilla Wraps (6 wheat wraps)	organic	16x240g	28.60	2.38	169807									
<b>* <u>Amisa - gluten-free</u></b>														
Rice & Corn Crispbread	organic	12x120g	18.80	2.09	169851									
Buckwheat Crispbread	organic	12x120g	26.00	2.89	169852									
Chestnut Crispbread	organic	12x100g	21.50	2.39	169853									
Chickpea Crispbread	organic	12x100g	18.80	2.09	169859									
Protein Lentil Crispbread	organic	12x100g	19.70	2.19	169860									
Classic Baguette French Style	organic	8x180g	20.30	3.39	169863									
Olive Ciabatta Bread	organic	8x180g	20.90	3.49	169854									
Sun-Dried Tomato Ciabatta Bread	organic	8x180g	22.10	3.69	169864									
Seeded Baguette Rustic Style	organic	8x160g	19.70	3.29	169868									
Focaccia Roll - White (part baked)	organic	6x220g	20.20	4.49	169858									
Quinoa Fibre Plus Crispbread	organic	12x100g	17.00	1.89	169865									
Veggie Garden Crispbread	organic	12x100g	17.00	1.89	169870									
<b>* <u>Biona - pizza bases</u></b>														
Spelt Pizza Bases - 2 pack	organic	10x300g	31.40	4.19	170107									
Wheat Pizza Bases - 2 pack	organic	10x300g	22.40	2.99	170105									
Mini Wholewheat Pizza Bases - 4 pack	organic	10x300g	23.15	3.09	170108									
<b>* <u>Biona - gluten-free</u></b>														
Corn Cakes - No Salt	organic	12x110g	13.40	1.49	170135									
Ricecakes with salt	organic	12x100g	14.30	1.59	170140									
Ricecakes no salt	organic	12x100g	14.30	1.59	170145									
Ricecakes with quinoa	organic	12x100g	15.20	1.69	170160									
<b>* <u>Biona - with gluten</u></b>														
Strawberry Yoghurt Coated Ricecakes	organic	12x100g	16.40 V	2.19	170152									
Yoghurt Coated Ricecakes	organic	12x100g	16.40 V	2.19	170153									
Spelt Cakes	organic	12x100g	13.40	1.49	170155									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Biona - long life pumpernickel style - wheat free</u></b>														
<p><i>New from Biona, organic vegan <b>Power Protein Rye Bread - made with sourdough</b>. This minimally processed bread is packed with sunflower seeds, flax seeds, kibbled rye, wheatgerm and lupin flour. There is no added soya and it is high in protein with fibre from apples.</i></p>														
◆ Rye Bread	organic	7x500g	14.10	2.69	170162									
Rye Amaranth & Quinoa Bread	organic	7x500g	14.65	2.79	170110									
Rye Chia & Flax Bread	organic	7x500g	15.15	2.89	170112									
◆ Rye & Hemp Seed Bread	organic	7x500g	15.15	2.89	170113									
◆ Rye Omega Golden Linseed Bread	organic	7x500g	14.10	2.69	170165									
Rye & Pumpkin Seed Bread	organic	7x500g	15.15	2.89	170167									
Rye with Sunflower Bread	organic	7x500g	14.10	2.69	170168									
* Power Protein Rye Bread - made with sourdough	organic	8x375g	23.90	3.99	170169									
◆ Pumpernickel Bread	organic	9x500g	18.15	2.69	170170									
Super Seed Bread	organic	9x300g	25.55	3.79	170177									
Vitality Rye Bread - sprouted seeds	organic	7x500g	14.65	2.79	170175									
<b>* <u>Biona - Bio-Diet, gluten-free wholegrain</u></b>														
Rice Bread - large	organic	6x500g	25.60	5.69	170173									
Rice & Sunflower Seed Bread	organic	6x500g	26.95	5.99	170174									
▲ Millet Bread	organic	6x250g	17.95	3.99	170172									
<b>* <u>Biona</u></b>														
<p><i>New from Biona, two organic vegan, ready to bake sourdough breads. <b>Oat Topped Wholemeal Sourdough Rolls</b> - there are four ready to bake rolls in each packet made with wheat and spelt. <b>Rustic Seeded Sourdough Baguettes</b> - twinpack. These are made of wheat sourdough with a mixture of seeds including brown linseed, golden linseed, sunflower, pumpkin, poppy and sesame. Both will be warm and crisp after 4-6 mins in an oven.</i></p>														
* Multiseed Bread Roll Selection	organic	6x300g	17.75	3.94	170179									
* Oat Topped Wholemeal Sourdough Rolls	organic	6x300g	17.05	3.79	170181									
* Rustic Seeded Sourdough Baguettes	organic	6x300g	17.05	3.79	170184									
<b>* <u>Biona - Rye Crispbread</u></b>														
Rye Knäcke Original Crispbread	organic	10x200g	14.90	1.99	170176									
Rye Knäcke Sesame Crispbread	organic	10x200g	16.40	2.19	170178									
<b>* <u>Clearspring - gluten-free breadcrumbs</u></b>														
Brown Rice Breadcrumbs	organic	12x250g	43.10	4.79	170402									
<b>* <u>Clearspring - Rice Crackers</u></b>														
Rice Crackers - Olive Oil	organic	12x50g	20.60	2.29	170520									
Rice Crackers - Tamari	organic	12x50g	20.60	2.29	170525									
Brown Rice Crackers Black Pepper & Tamari	organic	12x40g	20.60	2.29	750299									
Brown Rice Crackers Green Nori & Tamari	organic	12x40g	20.60	2.29	750296									
Whole Sesame Brown Rice Crackers	organic	12x40g	20.60	2.29	750297									
Black Sesame Brown Rice Crackers	organic	12x40g	20.60	2.29	750298									
<b>* <u>Clearspring Oatcakes - no wheat - no palm oil</u></b>														
Traditional Oatcakes	organic	15x200g	37.00	3.29	170405									
Sundried Tomato & Herb Oatcakes	organic	15x200g	42.60	3.79	170407									
Sea Veg & Black Pepper Oatcakes	organic	15x200g	42.60	3.79	170410									
<b>* <u>Clearspring Circular Puffed Rice and Corn Cakes - gluten-free</u></b>														
Brown Rice Cakes No Added Salt	organic	6x120g	7.15	1.59	170442									
Brown Rice Cakes Lightly Salted	organic	6x120g	7.15	1.59	170444									
<b>* <u>Clearspring Rounded Rectangular Puffed Rice and Corn Cakes - gluten-free</u></b>														
Rice Cakes No Added Salt	organic	12x130g	16.10	1.79	170457									
Rice Cakes Salted	organic	12x130g	16.10	1.79	170462									
Rice Cakes Multigrain Salted	organic	12x130g	16.10	1.79	170467									
Corn Cakes - salted	organic	12x130g	16.40	1.82	170470									
<b>* <u>Clearspring - Rye Crispbread</u></b>														
Rye Crispbread	organic	10x200g	11.90	1.59	170530									
Rye Sesame Crispbread	organic	10x200g	14.15	1.89	170532									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Dillon</u></b>														
◆ Keto Bread Beetroot Flax	organic	6x250g	22.45	4.99	170533									
◆ Keto Bread Chia Flax	organic	6x250g	22.45	4.99	170534									
◆ Keto Bread Original Flax	organic	6x250g	22.45	4.99	170535									
▲ Olive Gluten Free Bread	organic	4x275g	14.95	4.98	170536									
▲ Seeded Gluten Free Bread	organic	4x275g	14.95	4.98	170537									
<b>* <u>Easy Bean - vegan gluten-free Bean &amp; Seed Crackers</u></b>														
◆ Chickpea, Turmeric & Nigella Seed Crackers		8x150g	23.00	3.90	170538									
◆ Fava Bean & Poppy Seed Crackers		8x150g	23.00	3.90	170540									
◆ Green Pea & Chia Seed Crackers		8x150g	23.00	3.90	170542									
◆ Red Lentil & Poppy Seed Crackers		8x150g	23.00	3.90	170546									
◆ Yellow Pea & Sunflower Seed Crackers		8x150g	23.00	3.90	170547									
<b>* <u>Easy Bean - gluten-free Chickpea Crispbreads</u></b>														
◆ Cheddar Crunch Chickpea Crispbread		8x110g	23.00	3.90	170548									
◆ Moroccan Spice Chickpea Crispbread		8x110g	23.00	3.90	170550									
◆ Mung Bean & Chive Chickpea Crispbread		8x110g	23.00	3.90	170552									
◆ Seaweed & Sesame Pepper Chickpea Crispbread		8x110g	23.00	3.90	170553									
◆ Seeds & Black Pepper Chickpea Crispbread		8x110g	23.00	3.90	170556									
<b>* <u>Everfresh - vegan - long-life</u></b>														
Malted Raisin Loaf	organic	8x330g	12.36	2.06	176510									
Sprouted Rye Bread	organic	8x400g	14.60	2.43	176480									
Sprouted Spelt Bread	organic	8x400g	19.70	3.28	176482									
Sprouted Spelt Raisin Bread	organic	8x400g	20.95	3.49	176485									
Sprouted Wheat Fruit & Almond Bread	organic	8x400g	17.20	2.87	176528									
Sprouted Wheat Bread	organic	8x400g	14.50	2.42	176535									
<b>* <u>Fiorentini</u></b>														
Buckwheat Cakes	organic	12x100g	20.80	2.33	170390									
<b>* <u>Florentin organic breads</u></b>														
☆ Pitta Breads - White	organic	18x260g	53.65	3.97	170398									
☆ Pitta Breads - Wholewheat	organic	18x280g	53.65	3.97	170399									
☆ Pitta Breads - Spelt	organic	18x260g	60.05	4.45	170400									
<b>* <u>IBIS</u></b>														
Wholegrain Rice Cake	organic	12x130g	16.05	1.78	173340									
Wholegrain Rice Cake Kep Salt	organic	12x130g	16.05	1.78	173342									
Wholegrain Rice Cake Kep Salt & Kampot Pepper	organic	12x130g	16.05	1.78	173344									
<b>* <u>Island Bakery</u></b>														
On offer are Island Bakery Cheese Biscuits - Harissa, the pricing marked <input type="checkbox"/> below represents a discount of 15%.														
<input type="checkbox"/> Cheese Biscuits - Traditional Farmhouse Cheddar		12x100g	31.05	3.45	173350									
<input type="checkbox"/> Cheese Biscuits - Harissa with Chilli & Cumin		12x100g	29.75	3.31	173351									
<input type="checkbox"/> Cheese Biscuits - Onion & Thyme		12x100g	35.00	3.89	173352									
<b>* <u>Kallo Foods - gluten-free</u></b>														
Ancient Grain Corn Cakes Lightly Salted	organic	12x150g	22.40	2.49	173292									
Blueberry & Vanilla Rice Cakes		6x131g	13.45	2.99	173293									
Corn Cakes Thins Square Lightly Salted	organic	12x130g	20.45	2.27	173295									
Lentil & Pea Veggie Cakes - Beetroot		6x122g	16.20	3.60	173296									
Lentil & Pea Veggie Cakes Snack Bag - Beetroot		12x22g	10.25	1.14	173297									
Protein Packed Lentil Cakes		6x100g	11.10	2.47	173300									
Thick Salted Rice Cakes	organic	12x130g	19.35	2.15	173005									
Thick No Salt Rice Cakes	organic	12x130g	19.35	2.15	173010									
Dark Chocolate Rice Cake Thins	organic	16x90g	44.90 V	4.49	173085									
Milk Chocolate Rice Cake Thins	organic	16x90g	46.25 V	4.63	173086									
Veggie Thins - Beetroot & Three Seeds		12x100g	27.90	3.10	173088									
Veggie Thins - Mixed Seeds		12x100g	27.90	3.10	173089									
Veggie Thins - Rosemary Three Salt		12x100g	27.90	3.10	173090									
<b>* <u>Karg - www.dr-karg.de</u></b>														
Classic Wheat Crispbread	organic	8x200g	18.80	3.13	173255									
Emmental Cheese & Pumpkin Crispbread	organic	8x200g	21.70	3.62	173260									
3 Grain + 3 Seed Crispbread	organic	8x200g	20.60	3.43	173262									
Pumpkin Seeds Protein Thins Crispbread	organic	14x150g	35.05	3.34	173263									
Spelt Seeded Crispbread	organic	8x200g	20.70	3.45	173275									

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* King Soba - gluten-free</b>														
New and on offer from King Soba, a range of organic gluten-free vegan Fairtrade, round puffed crackers. <b>Buckwheat Crackers with Chaga Mushroom</b> - these are high in fibre and contain 8 amino acids which also make them high in protein. The crackers also contain Chaga which is a popular adaptogen. <b>Corn, Rice &amp; Lentil Crackers</b> - full of Vitamin A, fibre and protein. <b>Multigrain Crackers with Buckwheat, Quinoa and Amaranth</b> - quinoa has 9 amino acids making it a complete protein source, buckwheat and amaranth are full of vitamins and nutrients. <b>Sorghum, Rice &amp; Buckwheat Crackers</b> - sorghum is rich in fibre, protein with magnesium and iron. The pricing below represents a discount of 10%.														
<input type="checkbox"/>	Buckwheat Crackers with Chaga Mushroom - New!	organic	12x120g	22.60	2.51	173383								
<input type="checkbox"/>	Corn,Rice & Lentil Crackers - New!	organic	12x120g	22.60	2.51	173384								
<input type="checkbox"/>	Multigrain Crackers with Buckwheat, Quinoa and Amaranth - N	organic	12x120g	22.60	2.51	173386								
<input type="checkbox"/>	Sorghum, Rice & Buckwheat Crackers - New!	organic	12x120g	22.60	2.51	173388								
<b>* King Soba - Rice Paper - gluten-free</b>														
	Brown Rice Paper	organic	10x200g	20.25	2.70	173390								
◆	Brown Rice Paper with Turmeric	organic	10x200g	24.65	3.29	173391								
	White Rice Paper	organic	10x200g	20.25	2.70	173392								
<b>* Mr Organic - breads</b>														
New and on offer from Mr Organic, a selection of organic vegan flatbreads and breadsticks hand rolled and stretched in Italy. Perfect for nibbling and dipping. <b>Grissini Classic Breadsticks</b> are made in Liguria from flour, olive oil and a touch of rosemary. <b>Grissini with Olives</b> have a distinctive olive taste and are perfect with hummus. <b>Linguette Flatbread Classic</b> are crunchy and tasty. <b>Linguette Flatbread with Rosemary</b> are subtly flavoured with the eponymous herb. The breads have a cardboard tray in a cardboard pack with a plastic covering film. The pricing below represents a discount of 15%.														
<input type="checkbox"/>	Grissini Classic - New!	organic	10x150g	20.95	2.79	173420								
<input type="checkbox"/>	Grissini with Olives - New!	organic	10x130g	20.95	2.79	173422								
<input type="checkbox"/>	Linguette Flatbread Classic - New!	organic	10x150g	20.95	2.79	173423								
<input type="checkbox"/>	Linguette Flatbread with Rosemary - New!	organic	10x150g	20.95	2.79	173424								
<b>* Nairn's</b>														
On offer are selected Nairn's oatcakes, the pricing marked <input type="checkbox"/> below represents a discount of 20%.														
<input type="checkbox"/>	Scottish Oatcakes	organic	12x250g	12.80	1.42	174705								
<input type="checkbox"/>	Super Seeded Oatcakes	organic	8x200g	9.70	1.62	174712								
<input type="checkbox"/>	Cheese Oatcakes		12x200g	14.55	1.62	174715								
<input type="checkbox"/>	Rough Oatcakes		10x291g	9.30	1.24	174717								
<input type="checkbox"/>	Fine Milled Oatcakes		12x218g	10.25	1.14	174720								
<input type="checkbox"/>	Fruit and Seed Oatcakes		8x225g	9.70	1.62	174723								
<b>* Nairn's - gluten-free oat range</b>														
	Wholegrain Crackers - gluten-free		8x160g	13.90	2.32	174752								
	Wholegrain Scalloped Crackers - gluten-free		8x160g	13.90	2.32	174753								
	Gluten-free Oatcakes		8x213g	15.50	2.58	174756								
	Gluten-free Super Seeded Oatcakes		8x180g	15.50	2.58	174759								
<b>* Organico - Italian</b>														
	Classic Grissini	organic	12x120g	25.65	2.85	175305								
	Spelt Grissini	organic	12x120g	28.35	3.15	175310								
	Omega3 Wholewheat & Flaxseed Grissini	organic	12x120g	25.65	2.85	175315								
	Sesame Grissini	organic	12x120g	25.65	2.85	175320								
	Croccantini	organic	10x150g	21.35	2.85	174905								
<b>* Orgran - gluten-free</b>														
	All Purpose Crumb		8x300g	20.90	3.48	171995								
	Toasted Corn Crispbread		6x125g	13.45	2.99	172007								
	Toasted Buckwheat Crispbread		6x125g	13.45	2.98	172012								
<b>* Profusion - long life</b>														
	Rye & Flax Protein Bread	organic	9x250g	22.85	3.39	175540								
	Hemp Sorghum Thins	organic	12x120g	24.20	2.69	175555								
<b>* Profusion - gluten-free</b>														
	Cracker Bites - chickpea	organic	8x150g	19.75	3.29	175886								
	Cracker Bites - red lentil	organic	8x150g	19.75	3.29	175558								
	Protein Cakes - chickpea	organic	12x100g	22.40	2.49	175560								
	Protein Cakes - red lentil	organic	12x100g	22.40	2.49	175562								

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Rude Health - thin &amp; round puffed crackers - gluten free</u></b>														
Buckwheat Crackers	organic 8x100g	13.95		2.49	179189									
Chickpea & Lentil Crackers	organic 8x120g	11.20		2.00	176199									
Corn Crackers	organic 8x120g	11.20		2.00	176206									
Multigrain Crackers	organic 8x100g	13.95		2.49	176207									
<b>* <u>Seggiano - vegan</u></b>														
Classic Lingue Handmade Flatbreads	12x120g	39.15		4.35	176240									
Tropea Onion Lingue Handmade Flatbreads	12x120g	44.05		4.89	176241									
Rosemary Lingue Handmade Flatbreads	12x120g	39.15		4.35	176242									
<b>* <u>Yakso</u></b>														
Rice Paper	organic 15x150g	41.25		3.67	176560									
<b>■ Biscuits and Cakes</b>														
<b>* <u>Biona - cookies</u></b>														
Chocolate Chip & Orange Cookies	organic 6x240g	13.90		3.08	180404									
Muesli Cookie	organic 6x240g	13.90		3.09	180410									
▲ Blueberry-filled Cookies	organic 12x175g	27.80		3.09	180432									
▲ Raspberry-filled Cookies	organic 12x175g	27.80		3.09	180434									
<b>* <u>Biona - syrup waffles</u></b>														
▲ Hazelnut Syrup Waffles	organic 12x175g	31.40		3.49	180445									
▲ Honey Syrup Waffles	organic 12x175g	28.70		3.19	180447									
<b>* <u>Clearspring Oat biscuits</u></b>														
<p><i>New from Clearspring, a range of organic vegan Japanese inspired oat biscuits made with Scottish oats, coconut sugar, coconut oil, olive oil and date syrup. There are 6 round 5 cm diameter biscuits in each pack. <b>Matcha Oat Biscuits</b> are made in small batches with the Japanese matcha giving a delicate sweet taste. <b>Miso Maple Oat Biscuits</b> are a perfect harmony of savoury and sweet with white miso paste and Canadian maple syrup. <b>Sweet Date Oat Biscuits</b> are a treat for the whole family. They are packaged in recyclable PP in an attractive card display box.</i></p>														
* Matcha Oat Biscuits	organic 12x40g	13.40		1.49	180480									
* Miso Maple Oat Biscuits	organic 12x40g	13.40		1.49	180481									
* Sweet Date Oat Biscuits	organic 12x40g	13.40		1.49	180482									
<b>* <u>Doves Farm Biscuits</u></b>														
◆ Wholemeal Digestive Biscuits - large	organic 12x400g	24.30		2.70	181516									
◆ Wholemeal Digestive Biscuits - small	organic 12x200g	14.65		1.63	181515									
◆ Fruity Oat Biscuits	organic 12x200g	17.95		2.01	181517									
◆ Ginger Oat Biscuits	organic 12x200g	21.00		2.35	181519									
<b>* <u>Everfresh - vegan - sprouted - long-life</u></b>														
Banana & Walnut Cake - Sprouted	organic 8x350g	23.90		3.98	183503									
Carrot Cake with Raisins - Sprouted	organic 8x350g	21.60		3.60	183504									
Chocolate Cake - Sprouted	organic 8x350g	22.20		3.70	183506									
Date & Pecan Cake - Sprouted	organic 8x350g	25.80		4.30	183508									
Fig & Orange Cake - Sprouted	organic 8x350g	22.20		3.70	183511									
Fruit Cake - Sprouted	organic 8x350g	21.60		3.60	183514									
Rye Stem Ginger Cake - Sprouted	organic 8x350g	25.80		4.30	183518									
Stem Ginger Cake - Sprouted	organic 8x350g	25.80		4.30	183519									
<b>* <u>Free - from Doves Farm - gluten-free - vegan</u></b>														
Chocolate Chip Cookie	organic 12x180g	22.95		2.55	181520									
Double Chocolate Cookie	organic 12x180g	22.95		2.55	181522									
Lemon Zest Cookie	organic 12x150g	17.80		1.98	181525									
Stem Ginger Cookies	organic 12x150g	17.80		1.98	181542									
<b>* <u>Free - from Doves Farm - gluten-free - vegan</u></b>														
Apple Oat Bar with Sultanas	organic 18x35g	11.50		0.85	181452									
Apricot Oat Bar with Chia	organic 18x35g	11.50		0.85	181455									
Banana & Chocolate Oat Bars	organic 18x35g	11.50		0.85	181453									
Chocolate Chip Oat Bar	organic 18x35g	11.50		0.85	181460									
Cranberry Oat Bars	organic 18x35g	11.50		0.85	181461									

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Freee - from Doves Farm - multipacks - gluten-free - vegan</u></b>														
Multipack Apple Oat Bar with Sultanas	organic 7x4x35g	14.65		2.79	181470									
Multipack Apricot Oat Bar with Chia	organic 7x4x35g	14.65		2.79	181472									
Multipack Banana & Chocolate Oat Bars	organic 7x4x35g	14.65		2.79	181473									
Multipack Chocolate Chip Oat Bar	organic 7x4x35g	14.65		2.79	181477									
Multipack Cranberry Oat Bars	organic 7x4x35g	14.65		2.79	181478									
<b>* <u>Island Bakery</u></b>														
Apple Crumbles	organic 12x125g	28.95		3.22	182940									
Blonde Chocaccinos	organic 12x133g	30.35 V		4.05	182944									
Chocolate Gingers	organic 12x133g	30.35 V		4.05	182946									
Lime Melts	organic 12x133g	30.35 V		4.05	182950									
Lemon Melts	organic 12x133g	30.35 V		4.05	182952									
Oat Crumbles	organic 12x125g	24.45		2.72	182954									
Orange Melts	organic 12x133g	30.35 V		4.05	182956									
Shortbread	organic 12x125g	24.45		2.72	182957									
<b>* <u>Kookie Cat</u></b>														
Chocolate Covered Peanut Butter	organic 12x50g	11.65 V		1.55	182970									
Double Choc Walnut	organic 12x50g	11.15 V		1.49	182972									
Lil' Kookie Monster Cookie	organic 12x50g	10.70 V		1.43	182976									
Salted Caramel Almond	organic 12x50g	10.70 V		1.43	182974									
Vanilla Choc Chip Cookie	organic 12x50g	11.15 V		1.49	182978									
<b>* <u>Mr Organic - Italian organic vegan biscuits</u></b>														
Digestive Biscuits With Chocolate Chips	organic 12x250g	23.30		2.59	182359									
Cocoa Biscuits	organic 12x250g	21.50		2.39	182360									
Orange Biscuits with Cocoa Beans	organic 12x250g	25.10		2.79	182364									
<b>* <u>Nairn's - gluten-free oat biscuit breaks - vegan</u></b>														
Oats & Chocolate Chip biscuit break	12x160g	23.55		2.62	182397									
Oat & Fruit Biscuit Break	12x160g	23.55		2.62	182398									
Oat & Stem Ginger Biscuit Break	12x160g	23.55		2.62	182396									
<b>* <u>Nairn's Oat Biscuits - wheat-free</u></b>														
◆ Chocolate Orange Oat Biscuits	6x200g	9.00		2.01	182391									
◆ Coconut & Chia Oat Biscuits	10x200g	15.00		2.01	182393									
◆ Mixed Berries Oat Biscuits	10x200g	15.00		2.01	182387									
◆ Stem Ginger Oat Biscuits	10x200g	15.00		2.01	182390									
◆ Dark Chocolate Chip Oat Biscuits	8x200g	12.00		2.01	182392									
<b>* <u>Rhythm 108 Share Bag Biscuits - see "Sweet Snacks" section</u></b>														
<b>* <u>Sweet FA gluten free vegan cookies from Island Bakery</u></b>														
Cranberry & Orange Cookies	organic 12x125g	26.95		2.99	182480									
Double Choc Chip Cookies	organic 12x125g	26.95		2.99	182482									
Oat & Raisin Cookies	organic 12x125g	26.95		2.99	182484									
Peanut Butter Cookies	organic 12x125g	26.95		2.99	182486									
<b>* <u>Seggiano</u></b>														
Buckwheat Digestive Biscuits - gluten-free	organic 6x150g	19.95		4.43	182490									
Kamut Digestive Biscuits - vegan	organic 6x170g	19.95		4.43	182492									
Spelt Digestive Biscuits	organic 6x150g	19.95		4.43	182494									
<b>■ Oils &amp; Fats</b>														
<b>* <u>Abea - Cretan oil</u></b>														
Olive Oil Pomace - tin	1x5l	35.10		46.80	220597									
Olive Oil Greek - Extra Virgin	organic 12x500ml	93.55		10.39	220598									
Olive Oil Greek - Extra Virgin	organic 12x750ml	136.10		15.12	220599									
Olive Oil Greek - Extra Virgin - tin	organic 1x5l	70.20		93.62	220600									
<b>* <u>Biona Oils - not heat extracted</u></b>														
Avocado Oil	organic 6x250ml	40.00		8.89	200403									
875ml Mild Coconut Oil Cuisine - tub	organic 6x875ml	40.45		8.99	200406									
610ml Mild Coconut Oil Cuisine	organic 6x610ml	26.95		5.99	200407									
470ml Mild Coconut Oil Cuisine	organic 6x470ml	22.00		4.89	200408									
◆ Flaxseed Oil (Linseed)	organic 6x250ml	25.80 V		6.89	200415									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



	Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
◆	Hemp Seed Oil	organic 6x250ml	35.50		7.89	200420									
◆	Pumpkin Seed Oil	organic 6x250ml	35.05		7.79	200422									
	Raw Virgin Coconut Oil - 800g - tub	organic 6x800g	67.00		14.89	200402									
	Raw Virgin Coconut Oil - 400g	organic 6x400g	35.95		7.99	200405									
◆	Raw Virgin Coconut Oil - 200g	organic 6x200g	20.20		4.49	200410									
	Sesame Oil	organic 6x500ml	34.60		7.69	200404									
	Sunflower Oil - cold pressed	organic 12x750ml	53.00		5.89	200411									
	Toasted Sesame Oil	organic 6x250ml	26.95		5.99	200409									
	E.V Olive Oil	organic 6x750ml	69.25		15.39	100411									
	Italian E.V. Olive Oil - 500ml	organic 6x500ml	49.45		10.99	200425									
	Italian E.V. Olive Oil - 1l	organic 6x1l	89.95		19.99	200427									
	* <b><u>Clearspring - www.clearspring.co.uk</u></b>														
	Avocado Oil	organic 8x250ml	53.30		8.90	200491									
	Coconut Oil - virgin - 200g	organic 6x220ml	20.65		4.59	200492									
	Coconut Oil - virgin - 400g	organic 6x440ml	38.65		8.59	200493									
	Flax Oil (no longer VATable)	organic 8x250ml	32.30		5.38	200496									
	Hazelnut Oil	organic 8x250ml	95.90		15.98	200501									
	Hemp Oil	organic 8x250ml	46.10		7.69	200497									
	Olive Oil - Extra Virgin - Italy	organic 8x250ml	44.90		7.49	200500									
	Olive Oil - Extra Virgin - Italy	organic 6x500ml	58.45		12.99	200502									
	Olive Oil - Extra Virgin - Italy	organic 6x1l	103.45		22.99	200503									
	Pumpkin Seed Oil - Toasted - Styrian	organic 8x250ml	86.90		14.49	200512									
	Rapeseed Oil	organic 6x500ml	22.00		4.89	200511									
	Rapeseed Oil	organic 6x1l	35.95		7.99	200509									
	Safflower Oil	organic 6x500ml	44.95		9.99	200513									
	Tunisian Olive Oil - Extra Virgin	organic 6x500ml	53.95		11.99	200515									
	Tunisian Olive Oil - Extra Virgin	organic 6x1l	89.95		19.99	200516									
	Sesame Oil	organic 6x500ml	37.75		8.39	200517									
	Sesame Oil	organic 6x1l	69.70		15.49	200518									
	Sesame Oil - Toasted	organic 6x150ml	20.20		4.49	200521									
	Sesame Oil - Toasted	organic 8x250ml	35.90		5.98	200520									
	Sesame Oil - Toasted	organic 6x500ml	44.95		9.99	200522									
	Soybean Oil	organic 6x500ml	26.95		5.99	200535									
	Sunflower Oil	organic 6x500ml	22.45		4.99	200525									
	Sunflower Oil	organic 6x1l	37.75		8.39	200527									
	Sunflower Oil - clear plastic	organic 1x2l	10.45		13.92	200529									
	Sunflower Oil - for Frying	organic 6x500ml	23.80		5.29	200530									
	Sunflower Oil - for Frying	organic 6x1l	39.10		8.69	200532									
	Sunflower Oil - for Frying - clear plastic	organic 1x2l	11.20		14.96	200534									
	Walnut Oil	organic 8x250ml	65.90		10.98	200537									
	* <b><u>Cocofina</u></b>														
	MCT Coconut Oil	organic 12x250ml	87.50		9.72	200544									
	* <b><u>Coconut Merchant</u></b>														
◆	Coconut Oil - raw extra virgin - plastic tub	organic 20l	165.35	8.27		200588									
◆	Coconut Oil - raw extra virgin - plastic tub	organic 4l	38.45	9.61		200590									
◆	Coconut Oil - raw extra virgin - glass	organic 12x500ml	75.50		8.39	200595									
	MCT Coconut Oil	1x500ml	14.00		18.67	200597									
	* <b><u>Epikouros</u></b>														
	Can of Olive Oil - Extra Virgin - Greece	organic 1x5l	64.80		86.40	200620									
	* <b><u>Essential Trading - raw - virgin</u></b>														
	Coconut Oil - large	organic 6x690ml	44.95		9.99	200630									
	Coconut Oil - small	organic 6x210ml	16.85		3.74	200632									
	* <b><u>Farrington's Mellow Yellow Rapeseed Oil</u></b>														
	Mellow Yellow Cold Pressed Rapeseed Oil	6x500ml	19.65		4.37	200633									
	Mellow Yellow Balsamic Vinegar Dressing	6x250ml	15.40		3.42	200634									
	Mellow Yellow Chilli Oil	6x250ml	14.70		3.27	200635									
	Mellow Yellow Chilli Cumin Dressing	6x250ml	15.40		3.42	200636									
	Mellow Yellow Classic Vinaigrette	6x250ml	15.40		3.42	200637									
	Mellow Yellow Honey & Mustard Dressing	6x250ml	15.40		3.42	200638									
	* <b><u>Forest Wholefoods - in glass</u></b>														
	Cold Pressed E.V. Coconut Oil	organic 12x500ml	74.60		8.31	200640									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Happy Butter</u></b>														
Ghee	organic	6x580g	76.45	16.99	200649									
Ghee	organic	6x300g	44.15	9.84	200650									
Ghee	organic	12x150g	51.80	5.77	200654									
<b>* <u>Hellenic Sun</u></b>														
Olive Oil Greek Extra Virgin		12x500ml	93.55	10.39	210510									
Olive Oil Greek Extra Virgin		12x750ml	127.60	14.18	210511									
Olive Oil Greek Extra Virgin - tin		1x3l	40.40	53.87	210520									
Olive Oil Greek Extra Virgin - tin		1x5l	66.65	88.87	210525									
<b>* <u>Infinity Foods Cacao Butter - see Coffee Substitutes, Malted Drinks, Carob &amp; Cocoa Products</u></b>														
<b>* <u>Infinity Foods</u></b>														
Olive Oil - Extra Virgin - Greece - glass bottle	organic	6x500ml	43.50	9.66	201498									
Olive Oil - Extra Virgin - Greece - glass bottle	organic	6x1l	85.70	19.04	201500									
<b>* <u>La Bio-Idea</u></b>														
Olive Oil - Virgin	organic	6x1l	96.05	21.36	200510									
<b>* <u>The Lesbian Donkey - from Lesbos - unfiltered olive oil</u></b>														
Olive Oil - E.V	organic	6x500ml	51.95	11.54	200570									
Olive Oil - E.V	organic	6x1l	92.70	20.60	200572									
Olive Oil - E.V	organic	1x5l	73.00	97.33	200575									
<b>* <u>Mani - Greek</u></b>														
Kalamata Olive Oil - Extra Virgin	organic	6x500ml	60.70	13.49	200578									
Olive Oil - Extra Virgin	organic	6x500ml	60.70	13.49	200580									
Olive Oil - Extra Virgin	organic	6x1l	110.20	24.49	200582									
Olive Oil with Lemon	organic	6x250ml	33.20	7.38	200585									
<b>* <u>Mr Organic - in glass</u></b>														
Olive Oil - Extra Virgin	organic	12x1l	187.90	20.88	200954									
Rapeseed Oil - cold pressed - gluten-free	organic	6x750ml	26.75	5.94	200955									
Sunflower Oil	organic	6x750ml	31.25	6.94	200958									
<b>* <u>Organic The Best</u></b>														
Egyptian Black Seed Oil	organic	1x100ml	6.10	8.14	201220									
<b>* <u>Organico - organic oils</u></b>														
Olive Oil - Extra Virgin Spanish - small	organic	6x500ml	53.75	11.95	201230									
Olive Oil - Extra Virgin Spanish - large	organic	6x1l	89.75	19.95	201232									
Rapeseed Oil	organic	6x500ml	17.75	3.95	201236									
Sesame Oil	organic	6x500ml	38.00	8.45	201238									
Sunflower Oil	organic	6x500ml	17.75	3.95	201240									
<b>* <u>Raw Health</u></b>														
<b>Olive:- 6 Awards won so far - including Great Taste - Gold</b>														
Raw Greek Extra Virgin Olive Oil	organic	6x500ml	57.10	12.69	201702									
<b>* <u>Suma - Vegan - RSPO certified palm oil</u></b>														
Vegetarian Suet		6x250g	16.85	3.74	791582									
<b>* <u>Sun &amp; Seed</u></b>														
Chia Seed Oil - cold pressed	organic	6x250ml	39.85	8.86	202032									
Hemp Seed Oil - cold pressed	organic	6x250ml	29.30	6.51	202033									
Pumpkin Seed Oil - cold pressed	organic	6x250ml	24.00	5.33	202036									
Pumpkin Seed Oil - lightly toasted	organic	6x250ml	42.40	9.42	202037									
Walnut Oil - cold pressed	organic	6x250ml	40.95	9.10	202035									
<b>* <u>Truffle Hunter</u></b>														
English Truffle Oil		6x100ml	34.00	7.56	211105									
Black Truffle Oil		6x100ml	37.60	8.36	211107									
White Truffle Oil		6x100ml	37.60	8.36	211110									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
* <b>Zaytoun - www.zaytoun.org</b>														
UK Social Enterprise Award Winner 2015														
For point of sale material and in-store tastings														
please phone 08453 454887														
Palestinian Olive Oil - Fair Trade	organic	6x250ml	43.45	9.66	202105									
Palestinian Olive Oil - Fair Trade	organic	6x500ml	72.60	16.14	202110									
Palestinian Olive Oil - Fair Trade	organic	6x750ml	104.85	23.30	202113									
Palestinian Olive Oil - Fair Trade	organic	1x5l	97.30	###	202120									
<b>■ Nut Butter, Pâté, Spreads &amp; Jam</b>														
* <b>Biona - Chocolate Spreads</b>														
Chocolate Spread - vegan	organic	6x350g	20.20	4.49	250150									
Milk Chocolate Hazelnut Spread	organic	6x350g	25.15	5.59	250155									
* <b>Biona Coconut Nut Butters - vegan</b>														
Chocolate & Coconut Cocobella	organic	6x250g	26.95	5.98	200175									
Original Coconut Bliss Coconut Butter - small	organic	6x250g	22.30	4.95	200397									
Original Coconut Bliss Coconut Butter - large	organic	6x400g	33.70	7.49	200398									
* <b>Biona - Nut &amp; Seed Butters</b>														
Smooth Almond Butter - large	organic	6x350g	53.95	11.99	250203									
Smooth Almond Butter - small	organic	6x170g	28.30	6.29	250205									
Crunchy Almond Butter	organic	6x170g	28.30	6.29	250206									
White Almond Butter - unroasted	organic	6x170g	31.45	6.99	250207									
Cashew Butter	organic	6x170g	22.45	4.99	250210									
Hazel Butter	organic	6x170g	28.30	6.29	250215									
Mixed Nut Butter	organic	6x170g	20.20	4.49	250217									
Unsalted Peanut Butter Smooth - tub	organic	6x1kg	51.70	11.49	250218									
Unsalted Peanut Butter Smooth - large jar	organic	6x500g	28.75	6.39	250220									
Unsalted Peanut Butter Smooth - small jar	organic	6x250g	16.60	3.69	250222									
Salted Dark Roast Peanut Butter Smooth	organic	6x250g	19.30	4.29	250213									
Unsalted Peanut Butter Crunchy	organic	6x250g	16.60	3.69	250221									
Salted Peanut Butter Crunchy - tub	organic	6x1kg	51.70	11.49	250224									
Salted Peanut Butter Crunchy - large jar	organic	6x500g	28.75	6.39	250223									
Salted Peanut Butter Crunchy - small jar	organic	6x250g	16.60	3.69	250225									
Salted Super Crunch Peanut Butter	organic	6x250g	19.30	4.29	250214									
Pumpkin Seed Butter	organic	6x170g	20.20	4.49	250226									
Sunflower Seed Butter	organic	6x170g	22.00	4.89	250228									
Black Sesame Tahini - unsalted	organic	6x250g	21.10	4.69	250209									
Tahini White no salt - raw	organic	6x170g	17.50	3.89	250233									
* <b>Biona - jars</b>														
Black Olive Pâté	organic	6x120g	16.60	3.69	390103									
* <b>Biona - no added cane or beet sugar</b>														
Apricot Spread	organic	6x250g	16.60	3.69	292300									
Forest Fruit Spread	organic	6x250g	20.65	4.59	292302									
Orange Fruit Spread	organic	6x250g	14.35	3.19	292304									
Strawberry Spread	organic	6x250g	17.05	3.79	292308									
* <b>Bionova</b>														
Apricot Jam	organic	6x340g	16.60	3.69	290705									
Bilberry Jam	organic	6x340g	18.70	4.16	290720									
Raspberry Jam	organic	6x340g	22.05	4.91	290727									
Strawberry Jam	organic	6x340g	20.00	4.45	290735									
Orange Marmalade - mild	organic	6x340g	15.75	3.50	290750									
* <b>Bonsan organic vegan spreads - glass</b>														
Beetroot Horseradish Spread	organic	6x130g	13.45	2.99	290770									
Cashew Chive - cheese free spread	organic	6x135g	17.05	3.79	290773									
Toscana Style - cream cheese alternative	organic	6x135g	13.00	2.89	290775									
Red Pepper & Cashew Spread	organic	6x130g	13.45	2.99	290774									
* <b>Bonsan organic vegan sweet spreads - glass</b>														
Mylk Hazelnut Cocoa Spread - no palm oil	organic	6x350g	25.60	5.69	290786									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* Carley's Organic Foods - raw</b>														
Raw White Almond Butter - blanched	organic	6x170g	20.20	4.65	250234									
Large Raw Whole Almond Butter	organic	6x500g	51.95	11.95	250279									
Small Raw Whole Almond Butter	organic	6x250g	27.60	6.35	250232									
Raw Apricot Kernel & Brazil Butter	organic	6x170g	23.70	5.46	250236									
Raw Brazil Nut Butter	organic	6x170g	23.70	5.45	250238									
Raw Cashew Butter	organic	6x250g	30.25	6.95	250256									
Raw Hazelnut Butter	organic	6x250g	28.05	6.45	250258									
Raw Hempseed Butter	organic	6x170g	25.00	5.76	250241									
Raw Hemp & Linseed Butter	organic	6x170g	16.30	3.75	250239									
Raw Macadamia Nut Butter	organic	6x170g	35.85	8.24	250244									
Raw Mixed Seed Butter	organic	6x250g	18.35	4.22	250243									
Raw Pistachio & Brazil Nut Butter	organic	6x170g	38.95	8.95	250259									
Raw Pecan Butter	organic	6x170g	27.15	6.25	250245									
Raw Premium Pumpkinseed Butter	organic	6x250g	28.25	6.50	250247									
Raw Rainforest Nut Butter	organic	6x170g	25.00	5.75	250248									
Raw Tahini Light - small	organic	6x250g	18.05	4.15	250253									
Economy Raw Tahini Light	organic	6x425g	26.75	6.15	250261									
Raw Light Tahini	organic	6x500g	31.30	7.20	250281									
Economy Raw Tahini Dark	organic	6x425g	22.80	5.24	250265									
Raw Dark Tahini	organic	6x500g	26.75	6.15	250283									
Raw Tahini Dark	organic	6x250g	15.85	3.64	250254									
Raw Black Sesame Tahini	organic	6x250g	16.70	3.84	250257									
Raw Sunflower Seed Butter	organic	6x250g	11.95	2.75	250262									
Raw Walnut Butter - small	organic	6x170g	19.35	4.46	250255									
<b>* Carley's Organic Foods</b>														
Roasted Almond Butter	organic	6x170g	20.20	4.64	250235									
Crunchy Whole Almond Roasted Nut Butter	organic	6x500g	52.00	11.95	250284									
Cashew Butter	organic	6x170g	19.35	4.45	250237									
Hazelnut Butter	organic	6x170g	19.80	4.55	250240									
Crunchy Peanut Butter	organic	6x250g	14.10	3.25	250278									
Crunchy Peanut Butter - jumbo	organic	6x700g	35.00	8.06	250280									
Smooth Peanut Butter	organic	6x250g	14.10	3.25	250230									
Smooth Peanut Butter - jumbo	organic	6x700g	35.00	8.06	250282									
Smokey Chilli Peanut Butter	organic	6x250g	15.85	3.65	250286									
Pumpkin Seed Butter	organic	6x250g	24.40	5.62	250263									
Sunflower Seed Butter	organic	6x250g	11.95	2.75	250252									
Dark Tahini Roasted	organic	6x250g	15.85	3.65	250267									
Light Tahini Roasted	organic	6x250g	18.05	4.16	250268									
<b>* Clearspring - Bio Kitchen</b>														
Crunchy Peanut Butter - salted	organic	6x350g	18.40	4.09	250350									
Smooth Peanut Butter - salted	organic	6x350g	18.40	4.09	250355									
Almond Butter Crunchy	organic	6x170g	26.95	6.00	250351									
Almond Butter Smooth	organic	6x170g	26.95	6.00	250353									
Rich Roast Peanut Butter Crunchy	organic	6x170g	12.10	2.69	250356									
Rich Roast Peanut Butter Smooth	organic	6x170g	12.10	2.69	250358									
Tahini Black Sesame	organic	6x170g	15.70	3.49	250360									
Tahini White Sesame	organic	6x280g	19.30	4.29	250362									
Tahini Whole Sesame	organic	6x280g	19.30	4.29	250364									
<b>* Essential - organic spreads</b>														
Dark Chocolate Spread - no palm oil - vegan	organic	6x400g	19.75	4.39	250606									
Hazelnut Chocolate Spread - no palm oil - vegan	organic	6x400g	22.00	4.89	250608									
<b>* Essential - Vitam-R</b>														
Vitam-R (yeast extract low salt)		6x125g	22.60	5.02	251005									
Vitam-R (yeast extract low salt)		6x250g	38.33	8.52	251010									
Organic Vitam-R (yeast extract low salt)	organic	6x150g	52.55	11.68	251015									
<b>* FruTeto Italia</b>														
Apricot 100% Fruit Spread	organic	6x250g	17.70	3.93	290908									
Blueberry 100% Fruit Spread	organic	6x250g	19.80	4.40	290909									
Cherry 100% Fruit Spread	organic	6x250g	19.80	4.40	290911									
Raspberry 100% Fruit Spread	organic	6x250g	21.85	4.86	290926									
Sicilian Orange+ with ginger & turmeric	organic	6x250g	17.70	3.93	290931									
Sicilian Orange & Mango Fruit Spread	organic	6x250g	17.70	3.93	290928									
Strawberry 100% Fruit Spread	organic	6x250g	17.70	3.93	290929									
Super Berries+ with açai & pomegranate	organic	6x250g	18.15	4.03	290933									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Hellenic Sun</u></b>														
Kalamata Olive Pâté	organic	6x200g	13.45	2.99	290941									
<b>* <u>Kallo Foods - gluten-free</u></b>														
Chunky Tomato & Lentil Veggie Dip	organic	6x140g	14.40	3.19	290936									
Spicy Tomato Veggie Dip	organic	6x135g	14.40	3.19	290938									
Tomato & Olives Veggie Dip	organic	6x135g	14.40	3.19	290939									
<b>* <u>Meridian</u></b>														
On offer are Meridian, smooth non organic Almond Butter 170g and the Protein Smooth Peanut Butter 700g. The pricing marked <input type="checkbox"/> below represents a discount of 25%.														
Crunchy Almond Butter 100%		6x170g	14.80	3.29	251502									
Bulk Smooth Almond Butter 100% - plastic		6x1kg	77.60	17.24	251504									
<input type="checkbox"/> Smooth Almond Butter 100%		6x170g	11.10	2.47	251503									
Almond & Coconut Butter Smooth		6x170g	15.25	3.39	251480									
Organic Smooth Almond Butter 100%	organic	6x470g	66.55	14.79	251509									
Organic Smooth Almond Butter 100%	organic	6x170g	26.50	5.89	251506									
Organic Almond Butter salted	organic	6x170g	26.50	5.89	251507									
Bulk Smooth Cashew Butter - plastic		6x1kg	94.45	20.99	251512									
Smooth Cashew Butter		6x170g	17.30	3.84	251515									
Crunchy Cashew Butter		6x170g	17.30	3.84	251516									
Organic Smooth Cashew Butter	organic	6x470g	47.20	10.49	251519									
Organic Smooth Cashew Butter	organic	6x170g	17.95	3.99	251517									
Hazel Butter Crunchy 100%		6x170g	17.95	3.99	251520									
Cocoa & Hazelnut Butter		6x170g	18.85	4.19	251522									
Bulk Peanut Butter Crunchy 100% - plastic	organic	6x1kg	48.35	10.74	251523									
Organic Crunchy Peanut Butter 100%	organic	6x470g	24.70	5.49	251526									
Peanut Butter Crunchy 100%	organic	6x280g	15.25	3.39	251525									
Peanut Butter Crunchy salted	organic	6x280g	15.25	3.39	251527									
Bulk Peanut Butter Smooth 100% - plastic	organic	6x1kg	48.35	10.74	251529									
Organic Smooth Peanut Butter 100%	organic	6x470g	24.70	5.49	251528									
Peanut Butter Smooth 100%	organic	6x280g	15.25	3.39	251530									
Peanut Butter Smooth Salted	organic	6x280g	15.25	3.39	251532									
Bulk Peanut Butter Crunchy salted - plastic		6x1kg	38.20	8.49	251545									
Peanut Butter Crunchy salted - glass		6x280g	14.15	3.14	251550									
Bulk Peanut Butter Crunchy 100% - plastic		6x1kg	38.20	8.49	251565									
Peanut Butter Crunchy 100% - glass		6x280g	14.15	3.14	251570									
Bulk Peanut Butter Smooth salted - plastic		6x1kg	38.20	8.49	251585									
Peanut Butter Smooth salted - glass		6x280g	14.15	3.14	251590									
Bulk Peanut Butter Smooth 100% - plastic		6x1kg	38.20	8.49	251605									
Peanut Butter Smooth 100% - glass		6x280g	14.15	3.14	251610									
Peanut & Coconut Butter Smooth		6x280g	15.95	3.54	251612									
Cocoa & Peanut Butter		6x280g	14.60	3.24	251616									
<input type="checkbox"/> Protein Smooth Peanut Butter 100%		3x700g	10.90	4.85	251611									
Richer Roast Crunchy Peanut Butter 100%		6x280g	15.70	3.48	251600									
Richer Roast Smooth Peanut Butter 100%		6x280g	15.70	3.49	251602									
Pumpkin Seed Butter 100%	organic	6x170g	20.00	4.44	251615									
Light Tahini		6x270g	14.60	3.24	251620									
Organic Light Tahini 100%	organic	6x470g	23.35	5.19	251621									
Light Tahini	organic	6x270g	15.70	3.49	251623									
Dark Tahini		6x270g	14.60	3.24	251625									
Organic Dark Tahini	organic	6x470g	23.35	5.19	251627									
Dark Tahini	organic	6x270g	15.70	3.49	251628									
Yeast Extract		6x340g	22.45	4.99	251630									
Yeast Extract - no added salt		6x340g	22.45	4.99	251632									
<b>* <u>Mr Organic Dips &amp; Spreads</u></b>														
On offer are Mr Organic Antipasti dips, the pricing marked <input type="checkbox"/> below represents a discount of 15%.														
<input type="checkbox"/> Black Bean & Red Pepper Antipasti Dip	organic	6x230g	13.30	2.96	252501									
<input type="checkbox"/> Butter Bean & Yellow Pepper Antipasti Dip	organic	6x230g	13.30	2.96	252502									
<input type="checkbox"/> Chickpea & Tomato Antipasti Dip	organic	6x230g	13.30	2.96	252503									
Chocolate Hazel Spread - Vegan	organic	6x200g	17.95	3.99	252505									
Dark Chocolate Hazel Spread - Vegan	organic	6x200g	19.75	4.39	252507									
<b>* <u>Natex</u></b>														
Natex Original Savoury Spread - Yeast Extract		8x225g	23.20	3.87	252010									
Natex Reduced Salt Yeast Extract Savoury Spread		8x225g	25.55	4.26	252020									

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Nutcessity - peanut free - gluten free</u></b>														
Caromel Cashew Nut Butter	organic	6x170g	24.45	5.44	252030									
Chocolate Haz Braz Nut Butter	organic	6x170g	24.45	5.44	252032									
Coffee & Walnut Nut Butter	organic	6x170g	24.45	5.44	252034									
Date & Walnut Nut Butter	organic	6x170g	24.45	5.44	252038									
Gingerbread Almond Nut Butter	organic	6x170g	24.45	5.44	252040									
Maple Pecan Treenut Butter	organic	6x170g	24.45	5.44	252041									
Toasted & Textured Almond Butter - salted	organic	6x170g	22.30	4.96	252044									
Toasted & Textured Cashew Butter - salted	organic	6x170g	22.30	4.96	252046									
<b>* <u>Organico - dips &amp; spreads</u></b>														
Spring Artichoke Dip/Spread	organic	6x100g	14.60	3.25	261205									
Italian Garlic Dip/Spread	organic	6x140g	14.60	3.25	261207									
Roasted Pepper Dip/Spread	organic	6x140g	14.60	3.25	261212									
<b>* <u>Ouse Valley - Jelly</u></b>														
Red Chilli Jelly		6x227g	21.60	4.80	292822									
<b>* <u>Ouse Valley - Marmalade</u></b>														
Lemon Marmalade with Lavender		6x227g	18.00	4.00	292831									
Orange Marmalade		6x227g	18.00	4.00	292833									
Orange Marmalade with Molasses & Rum		6x227g	18.00	4.00	292839									
Seville Marmalade		6x227g	18.00	4.00	292837									
<b>* <u>Suma - peanut butters</u></b>														
Peanut Butter Crunchy salted	organic	6x340g	18.40	4.09	252805									
Peanut Butter Crunchy salted	organic	6x700g	36.35	8.08	252807									
Peanut Butter Crunchy no salt	organic	6x340g	18.40	4.08	252810									
Peanut Butter Crunchy no salt	organic	6x700g	36.35	8.08	252812									
Peanut Butter Smooth salted	organic	6x340g	18.40	4.08	252815									
Peanut Butter Smooth salted	organic	6x700g	36.35	8.08	252825									
Peanut Butter Smooth no salt	organic	6x340g	18.40	4.08	252827									
Peanut Butter Smooth no salt	organic	6x700g	36.35	8.08	252830									
<b>* <u>Suma - pâtés &amp; spreads</u></b>														
Edamame Hummus in a jar	organic	6x135g	11.65	2.59	261507									
<b>* <u>Suma - fruit spread</u></b>														
Pear & Apple Spread		12x300g	27.00	3.00	292505									
<b>* <u>Sunita - stoneground no-salt</u></b>														
Black Whole Tahini		6x170g	12.65	2.81	253003									
Whole Tahini		3kg	24.95	8.32	253005									
Whole Tahini		12x280g	28.00	3.11	253010									
Whole Tahini	organic	3kg	26.90	8.97	253017									
Tahini Brown ORG	organic	6x280g	16.95	3.77	253018									
Light Tahini	organic	3kg	26.90	8.97	253020									
Tahini Light ORG	organic	6x280g	16.95	3.77	253025									
Light Tahini		3kg	24.95	8.32	253030									
Light Tahini		12x280g	28.00	3.11	253035									
<b>* <u>Sunwheel - 100% fruit spreads</u></b>														
Pear & Apple Spread		12x300g	24.85	2.76	292550									
<b>* <u>Tartex - in tubes</u></b>														
◆ Classic Pâté	organic	12x200g	33.75	3.75	262105									
◆ Herb Pâté	organic	12x200g	33.75	3.75	262120									
◆ Herb & Garlic Pâté	organic	12x200g	33.75	3.75	262125									
◆ Mushroom Pâté	organic	12x200g	33.75	3.75	262130									
<b>* <u>Thursday Cottage - jams &amp; spreads</u></b>														
Damson Jam	organic	6x340g	20.50	4.56	293351									
Lemon Curd - contains egg	organic	6x310g	20.50	4.56	293353									
Marmalade - Orange - medium cut	organic	6x340g	18.80	4.18	293355									
Marmalade - Orange with Gin	organic	6x340g	19.70	4.38	293356									
Marmalade - Orange & Mandarin - fine cut	organic	6x340g	18.80	4.18	293357									
Plum Jam	organic	6x340g	20.50	4.56	293359									
Raspberry Jam	organic	6x340g	20.50	4.56	293362									
Strawberry Jam	organic	6x340g	20.50	4.56	293365									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Thursday Cottage - reduced sugar preserves</u></b>														
Reduced Sugar Marmalade - Orange	6x315g	13.60		3.03	293382									
Reduced Sugar Jam - Strawberry	6x315g	15.85		3.52	293395									
<b>* <u>Vego - organic, vegan, gluten-free, Fair Trade</u></b>														
Crunchy Hazelnut Chocolate Spread	organic 6x350g	23.60		5.25	253391									
<b>* <u>Whole Earth</u></b>														
Peanut Butter Crunchy - small	organic 6x227g	15.70		3.49	253515									
◆ Peanut Butter Crunchy - large	organic 6x340g	18.85		4.19	253518									
Peanut Butter Crunchy	6x340g	16.50		3.67	253525									
Peanut Butter Smooth - small	organic 6x227g	15.70		3.49	253535									
◆ Peanut Butter Smooth - large	organic 6x340g	18.85		4.19	253538									
Peanut Butter Smooth	6x340g	16.50		3.67	253540									
<b>* <u>Wilkin &amp; Sons of Tiptree - organic</u></b>														
Apricot Conserve	organic 6x340g	23.35		5.19	295005									
Blackcurrant Conserve	organic 6x340g	23.35		5.19	295010									
Orange Marmalade	organic 6x340g	23.35		5.19	295015									
Raspberry Conserve	organic 6x340g	23.35		5.19	295020									
Strawberry Conserve	organic 6x340g	23.35		5.19	295025									
<b>* <u>Wilkin &amp; Sons of Tiptree - bulk</u></b>														
Bulk Orange Marmalade Medium Cut	3kg	18.90	18.90		295040									
Bulk Raspberry Seedless Conserve	3kg	23.95	23.95		295050									
<b>■ Honey, Syrup, Sugar &amp; Sweeteners</b>														
Some Clear Honeys will start to set (crystallize) in the colder weather. This is a natural process and can be reversed by very gentle warming.														
<b>* <u>Billingtons</u></b>														
▼ Natural Golden Icing Sugar	10x500g	16.05		2.14	320502									
▼ Golden Granulated Sugar	10x1kg	22.65		3.02	320505									
▼ Golden Granulated Sugar	25kg	53.30	2.13		320508									
▼ Demerara Sugar	10x500g	12.00		1.60	320510									
▼ Demerara Sugar	4x3kg	24.00		8.00	320512									
▼ Demerara Sugar	25kg	61.65	2.47		320515									
▼ Light Muscovado Sugar	25kg	46.65	1.87		320523									
▼ Light Muscovado Sugar	10x500g	12.00		1.60	320520									
▼ Dark Muscovado Sugar	10x500g	14.30		1.91	320525									
▼ Molasses Sugar	10x500g	13.85		1.85	320535									
▼ Golden Caster Sugar	10x1kg	23.20		3.09	320540									
▼ Fine Golden Caster Sugar	25kg	51.15	2.05		320530									
<b>* <u>Billingtons Organic</u></b>														
▼ Organic Granulated	organic 10x500g	12.80		1.71	320715									
▼ Organic Light Granulated	organic 25kg	51.65	2.07		320720									
▼ Organic Golden Caster Sugar	organic 10x500g	17.95		2.39	320725									
▲ Organic Fine Golden (Caster) Sugar	organic 25kg	86.25	3.45		320727									
▼ Organic Golden Icing Sugar	organic 25kg	89.50	3.58		320738									
<b>* <u>Biona Sweeteners - in squeeze bottles</u></b>														
On offer are selected Biona organic sweeteners, the pricing marked <input type="checkbox"/> below represents a discount of 15%.														
<input type="checkbox"/> Large Agave - Light syrup	organic 6x700g	33.25		7.39	310401									
<input type="checkbox"/> Small Agave Nectar - Light syrup	organic 6x350g	15.25		3.39	310402									
<input type="checkbox"/> Agave Nectar - Dark syrup	organic 6x350g	16.00		3.56	310405									
Blackstrap Molasses	organic 6x350g	13.45		2.99	310406									
Maple Agave Syrup	organic 6x350g	25.60		5.69	310412									
Coconut Blossom Nectar	organic 6x350g	30.10		6.69	310413									
<input type="checkbox"/> Date Syrup	organic 6x350g	16.80		3.73	310415									
<input type="checkbox"/> Rice Syrup	organic 6x350g	19.75		4.39	310410									
<b>* <u>Biona - dehydrated nectar - low GI</u></b>														
Coconut Palm Sugar - small	organic 8x250g	17.95		2.99	321255									
Coconut Palm Sugar - large	organic 5x500g	20.60		5.49	321260									

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Biona FairTrade - boxed</u></b>														
Rapadura Whole Cane Sugar	organic	5x500g	18.30	4.88	321310									
<b>* <u>Bulk Sweeteners</u></b>														
Bulk Agave Syrup	organic	25kg	110.00	4.40	311510									
Corn Syrup	organic	25kg	100.00	4.00	311512									
Bulk Malt Extract	organic	25kg	96.00	3.84	311520									
<b>* <u>Clearspring Syrups - glass jar</u></b>														
Barley Malt Syrup	organic	6x300g	16.60	3.69	311003									
Coconut Blossom Syrup	organic	6x300g	22.45	4.99	311004									
Date Syrup	organic	6x300g	17.50	3.89	311005									
Oat Syrup	organic	6x300g	17.95	3.99	311006									
Rice Malt Syrup	organic	6x300g	16.60	3.69	311008									
<b>* <u>Coconut Merchant - jar</u></b>														
◆ Coconut Nectar - honey alternative	organic	12x300g	41.90	4.66	311590									
<b>* <u>Comvita</u></b>														
Manuka Honey UMF 5+		3x250g	34.30	15.25	312005									
Manuka Honey UMF 5+		3x500g	55.20	24.53	312010									
<b>* <u>Dillon</u></b>														
◆ Chicory Fibre Syrup		6x230g	35.95	7.99	312020									
<b>* <u>Equal Exchange - Fair Trade</u></b>														
Clear Latin America Honey	organic	10x500g	59.00	7.87	313015									
Set Latin America Honey	organic	10x500g	59.00	7.87	313020									
<b>* <u>Equal Exchange - Fair Trade</u></b>														
Raw Cane Sugar	organic	10x500g	17.90	2.39	321405									
<b>* <u>Essential</u></b>														
Honey Clear	organic	3.18kg	22.00	6.92	313105									
Honey Set	organic	3.18kg	22.00	6.92	313110									
<b>* <u>Food Alive - wild harvested 100% stevia</u></b>														
Stevia Powder - Guayapi (single)		1x50g	6.60	8.80	321440									
<b>* <u>General Food Merchants</u></b>														
Blossom Honey - clear	organic	3kg	26.60	8.87	313307									
Pure Honey - clear	organic	6x340g	22.45	4.99	313301									
Acacia Honey - clear	organic	6x340g	26.95	5.99	313302									
Honey & Royal Jelly - clear	organic	3x230g	13.00	5.78	313311									
Forest Honey - clear	organic	6x340g	26.95	5.99	313315									
Manuka Honey NPA 10+	organic	3x230g	53.95	23.99	313318									
Vitacomplex - honey, pollen, royal jelly & propolis	organic	3x230g	14.15	6.30	313325									
Pollen Granules	organic	3x110g	14.60	6.49	313330									
<b>* <u>Geo-Organics</u></b>														
Dark Agave Dessert Syrup	organic	6x250g	17.30	3.84	314110									
Light Agave Sweetening Syrup	organic	6x250g	17.30	3.84	314115									
<b>* <u>Green Valleys - raw</u></b>														
Acacia Honey		6x400g	33.30	7.40	314205									
Buckwheat Honey		6x400g	33.30	7.40	314207									
Forest Honey		6x400g	33.30	7.40	314210									
Heather Honey		6x400g	35.60	7.90	314212									
Lime (Linden) Honey		6x400g	33.30	7.40	314215									
Bee Pollen		6x100g	22.15	4.90	314220									
<b>* <u>Infinity Foods</u></b>														
Coconut Palm Sugar	organic	20kg	83.35	4.17	321415									
Coconut Palm Sugar	organic	5kg	22.35	4.47	321417									
Coconut Palm Sugar	organic	6x500g	16.90	3.77	321418									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* Meridian - jars</b>														
Blackstrap Molasses - Fair Trade	organic	6x600g	14.80	3.29	315008									
Blackstrap Molasses - Fair Trade	organic	6x350g	10.70	2.38	315010									
Organic Barley Malt Extract	organic	6x370g	14.80	3.29	315022									
Malt Extract - non org		6x370g	12.55	2.79	315025									
<b>* Odyssea</b>														
New from Odyssea, vegan gluten-free <b>Pomegranate Molasses</b> in a glass bottle. This is made with concentrated pomegranate juice and nothing else. A sweet and slightly sharp syrup ideal for salad dressings and marinades.														
* Pomegranate Molasses		6x250ml	20.95	4.66	315060									
<b>* Pronatec</b>														
Sucanat - Soft Whole Cane Sugar	organic	25kg	84.70	3.39	321451									
<b>* Raw Vibrant Living (was Raw Health)</b>														
Raw Acacia Honey - squeeze bottle	organic	6x350g	30.10	6.69	315605									
Raw Forest Honey - squeeze bottle	organic	6x350g	32.80	7.29	315610									
Raw Pure Blossom Creamy Honey - squeeze bottle	organic	6x350g	28.30	6.29	315615									
<b>* Rayner's Essentials</b>														
◆ Black Treacle	organic	6x340g	15.50	3.44	314510									
Black Treacle - tub	organic	5kg	22.85	4.57	314512									
◆ Golden Syrup	organic	6x340g	22.45	4.99	314516									
Golden Syrup - tub	organic	5kg	33.30	6.66	314527									
◆ Barley Malt Extract	organic	6x340g	19.75	4.39	314505									
Barley Malt Extract - tub	organic	5kg	26.20	5.24	314507									
<b>* Seggiano</b>														
New from Seggiano, three cold extracted, monovarietal unfiltered unpasteurised honeys packed in glass jars with metal lids. <b>Acacia Raw Honey</b> from Lazio Italy is delicate and fragrant. It is liquid and is perfect in cakes and drinks. <b>Chestnut Raw Honey</b> is also chestnut in colour with a pungent taste, lovely with cheese and desserts. <b>Orange Blossom Honey</b> is pale gold in colour with a delicate flavour. It is known locally as Zagara which is the name for citrus flowers. It sets solid at cool temperatures. Since 2013 Seggiano have given 2% of all honey sales to Buglife, a UK charity.														
* Acacia Raw Honey		6x500g	60.40	13.42	314530									
* Chestnut Raw Honey		6x500g	52.40	11.64	314532									
* Orange Blossom Honey		6x500g	50.00	11.11	314534									
<b>* Shady Maple Farms</b>														
Maple Syrup - glass	organic	12x250ml	81.90	9.10	316505									
<b>* St Lawrence Gold Canadian Maple Syrup &amp; Honey</b>														
◆ Maple Syrup - amber grade A - glass	organic	12x330g	69.15	7.68	316515									
◆ Maple Syrup - dark grade A - glass	organic	12x330g	69.15	7.68	316516									
◆ Maple Syrup - amber grade A - plastic jug	organic	12x500ml	128.55	14.28	316517									
◆ Maple Syrup - amber grade A - plastic jug	organic	1x1l	20.70	27.60	316518									
◆ Maple Syrup - dark grade A - bag in box	organic	5l	86.60	17.32	316521									
Maple Syrup - very dark grade A - plastic pail	organic	20l	341.50	17.08	316520									
◆ Maple Sugar Granulated - glass	organic	12x125g	65.60	7.29	316522									
◆ Maple Butter - glass	organic	12x150g	73.00	8.11	316524									
<b>* Syramena - South American Cane Sugar</b>														
Extra Light Granulated Sugar	organic	25kg	55.50	2.22	321386									
Extra Light Granulated Sugar - Infinity Foods	organic	5kg	12.90	2.58	321399									
Extra Light Granulated Sugar - Infinity Foods	organic	6x500g	10.65	2.37	321400									
<b>* Taylor Pass</b>														
Wildflower & Manuka Honey		1x250g	6.25	8.99	321475									
ManukaMGO 50+ Honey Blend		1x250g	6.25	8.99	321476									
Manuka UMF 5+		1x250g	9.05	12.99	321477									
Manuka UMF 10+		1x250g	12.60	17.99	321478									
Manuka UMF 12+		1x250g	17.50	24.99	321479									
Manuka UMF 15+		1x250g	21.00	29.99	321481									
<b>* The Raw Chocolate Co.</b>														
▲ Coconut Palm Sugar	organic	6x230g	18.40	4.09	321470									

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Tiana</u></b>														
Crystallised Coconut Nectar	organic	1x250g	4.15	5.55	321495									
<b>* <u>Total Sweet - alternative birch sweetener</u></b>														
Total Sweet granulated sweetener - large		6x1kg	52.00	11.56	320805									
Total Sweet granulated sweetener - small		6x225g	14.00	3.11	320810									
<b>* <u>Vermont</u></b>														
Maple Syrup - glass	organic	6x250ml	23.65	5.25	321105									
Single Maple Syrup - plastic jug	organic	1x1l	14.95	19.95	321115									
<b>* <u>Wainwright's (previously Tropical Forest)</u></b>														
Ukrainian Sunflower Honey - jar		6x380g	20.00	4.46	321613									
Zambian Forest Honey - clear - jar	organic	6x380g	20.00	4.46	321614									
Zambian Forest Honey - clear - tub	organic	1x3.18kg	22.60	30.15	321616									
Zambian Forest Honey - set - jar	organic	6x380g	20.00	4.46	321618									
Zambian Forest Honey - set - tub	organic	1x3.18kg	22.60	30.15	321620									
<b>* <u>Yakso</u></b>														
Agave Syrup - bottle	organic	6x240ml	23.25	5.17	313605									
Agave Syrup - plastic	organic	1x5l	57.95	77.31	313610									
<b>■ Olives, Pickles and Preserved Vegetables</b>														
<b>* <u>Biona Beans - in jars - see "Convenience Foods" section</u></b>														
<b>* <u>Biona - in jars</u></b>														
<i>The Biona Sauerkraut is now organic not Demeter.</i>														
Artichoke Hearts	organic	6x200g	21.10	4.69	350602									
Aubergine Pesto	organic	6x140g	14.80	3.29	350603									
Beetroot - sliced	organic	6x340g	9.40	2.09	350610									
Capers in E.V. Olive Oil	organic	6x120g	23.35	5.19	350614									
Capers in wine vinegar	organic	6x140g	14.35	3.19	350616									
Cornichons (baby gherkins)	organic	6x330g	20.65	4.59	350615									
Gherkins Sliced	organic	6x350g	18.85	4.19	350619									
Gherkins Sweet Sour - small	organic	6x350g	19.75	4.39	350620									
Gherkins Sweet Sour - large	organic	6x680g	23.80	5.29	350623									
Grilled Artichoke Hearts - in oil	organic	5x190g	18.70	4.99	350634									
Grilled Red Pepper - in oil	organic	5x190g	14.60	3.89	350635									
Kimchi	organic	6x350g	22.45	4.99	350622									
Bella Di Cerignola Green Olives in brine	organic	5x280g	12.30	3.28	350611									
Italian Sliced Green Olives in brine	organic	5x280g	13.85	3.69	350609									
Peranzana Black Olives in brine	organic	5x280g	12.70	3.39	350617									
Italian Pitted Black Olives - in brine	organic	5x280g	13.85	3.69	350636									
Italian Pitted Green Olives - in brine	organic	5x280g	13.85	3.69	350637									
Red Cabbage	demeter	6x350g	10.10	2.24	350624									
☆ Sauerkraut - small	organic	6x360g	10.75	2.40	350625									
Sauerkraut - large	organic	6x680g	15.25	3.39	350627									
☆ Sauerkraut -Beetroot	organic	6x350g	11.20	2.50	350631									
☆ Golden Turmeric Sauerkraut	organic	6x350g	11.20	2.50	350633									
Sun Dried Soft Tomatoes - in oil	organic	5x190g	14.95	3.99	350638									
Sweetcorn - jar	organic	6x350g	10.30	2.29	350630									
<b>* <u>Carley's Organic Foods - www.carleys.co.uk</u></b>														
Preserved Lemons	organic	6x700g	27.15	6.25	351805									
<b>* <u>Carley's Organic Foods - no added salt or sugar</u></b>														
Apple & Sultana Chutney	organic	6x300g	13.70	3.15	351810									
Red Onion Marmalade	organic	6x300g	17.15	3.95	351815									
Spiced Tomato Relish	organic	6x300g	12.80	2.95	351820									
<b>* <u>Clearspring - Bio Kitchen - Demeter - in jars</u></b>														
Apple Sauce - 100% apple purée	demeter	6x360g	8.50	1.89	350102									
Baked Beans - unsweetened	demeter	6x350g	11.20	2.49	350106									
Broad Beans	demeter	6x350g	12.35	2.74	350120									
Carrots & Peas	demeter	6x350g	11.65	2.59	350130									
Chickpeas	demeter	6x350g	8.95	1.99	350103									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
French Beans	demeter	6x340g	8.95	1.99	350105									
Garden Peas	demeter	6x350g	10.75	2.39	350107									
Gherkins - Sweet & Sour	demeter	6x680g	26.95	5.98	350100									
Gherkin Slices Sweet & Sour	demeter	6x350g	19.30	4.28	350111									
Lentils	demeter	6x360g	8.50	1.89	350108									
Red Cabbage	demeter	6x355g	9.85	2.19	350109									
Sauerkraut	demeter	6x360g	8.95	1.99	350110									
Silverskin Onions - sweet & sour	demeter	6x340g	17.50	3.88	350112									
<b>* <u>Clearspring - Bio Kitchen - Organic - in jars</u></b>														
Azuki Beans	organic	6x350g	9.90	2.20	350125									
Bean Sprouts	organic	6x330g	12.55	2.79	350128									
Button Mushrooms	organic	6x280g	16.15	3.58	350129									
Red Kidney Beans	organic	6x350g	8.95	1.99	350133									
Mixed Beans	organic	6x350g	8.50	1.89	350135									
Sweetcorn	organic	6x350g	9.85	2.19	350116									
<b>* <u>Epikouros Organic Olives</u></b>														
Kalamata Pitted Olives in brine - unpasteurised	organic	3kg	28.00	9.33	350330									
Green 'Konservolea' Pitted Olives - unpasteurised	organic	3kg	22.00	7.33	350336									
<b>* <u>Geo Organics - www.venturefoods.com</u></b>														
Mango Chutney	organic	6x370g	19.15	4.26	350205									
<b>* <u>Hellenic Sun</u></b>														
Kalamata Olives in vinegar brine & olive oil	organic	6x330g	13.45	2.99	352006									
Kalamata Olives - pitted in brine olive oil & red wine vinegar		6x330g	11.20	2.49	352007									
Green Olives - in brine	organic	6x330g	13.45	2.99	352008									
Jumbo Green Olives - pitted in brine		6x330g	11.20	2.49	352009									
Olive Medley Black Pepper & Cumin - pitted in brine		6x330g	13.45	2.99	352023									
Smoked Kalamata Olives - pitted in brine		6x330g	17.95	3.99	352024									
Turmeric Olives with Lemon Verbena - pitted in brine		6x330g	13.45	2.99	352026									
Kalamata Olives - pitted in vinegar brine & olive oil	organic	2kg	16.50	8.25	352012									
Green Olives - pitted in brine & olive oil	organic	2kg	13.70	6.85	352014									
Jumbo Green Olives - in brine & olive oil		2kg	9.00	4.50	352016									
Black Olives - in red wine vinegar brine & olive oil		2kg	10.50	5.25	352018									
<b>* <u>Mani - Greek Organic products</u></b>														
<i>On offer are Mani organic Green Olives with Pink Peppercorns, the pricing below represents a discount of 15%.</i>														
Green Olives - vacuum preserved	organic	6x205g	17.90	3.98	350370									
Green Olives with Pink Peppercorns - vacuum preserved	organic	6x205g	15.25	3.39	350371									
Green & Kalamata Olives with Chilli - vacuum preserved	organic	6x205g	17.90	3.98	350374									
Kalamata Olives - vacuum preserved	organic	6x205g	17.90	3.98	350375									
Kalamata Olives in e.v. Olive Oil	organic	6x280g	24.65	5.48	350380									
Green & Kalamata Pitted Olives - vacuum preserved	organic	6x175g	17.90	3.98	350382									
Mixed Olives with Mediterranean Herbs - vacuum preserved	organic	6x175g	17.90	3.98	350387									
Mixed Olives with Rosemary - vacuum preserved	organic	6x175g	17.90	3.98	350388									
Capers in e.v. Olive Oil	organic	6x180g	23.80	5.29	350385									
Olive Paste	organic	6x180g	20.15	4.48	350390									
Sun Dried Tomatoes in e.v. Olive Oil	organic	6x180g	22.40	4.98	350393									
Sun dried Tomato Paste	organic	6x180g	20.15	4.48	350395									
<b>* <u>Morgiel</u></b>														
Beetroot & Horseradish Relish	organic	6x300g	14.00	3.33	350400									
Pickled Baby Beetroots	organic	6x300g	14.00	3.33	350402									
Pickled Gherkins with Red Peppers	organic	6x670g	17.60	4.19	350404									
Plain Sauerkraut	organic	6x680g	14.00	3.33	350406									
Sauerkraut with Carrot	organic	6x680g	14.00	3.33	350408									
Gherkins in Brine	organic	6x820g	18.40	4.38	350410									
<b>* <u>Mr Organic - antipasti - vegan</u></b>														
Grilled Artichoke Antipasti	organic	5x190g	18.35	4.89	350430									
Grilled Peppers Antipasti	organic	5x190g	14.60	3.89	350434									
Sundried Tomatoes & Capers Antipasti	organic	5x190g	14.60	3.89	350438									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Organico - Mediterranean vegetables in jars</u></b>														
Artichoke Hearts in sunflower oil	organic	5x190g	18.55	4.95	351680									
Peppers - grilled - in e.v. olive oil	organic	5x190g	14.80	3.95	351675									
▲ Capers in brine - large	organic	12x250g	35.55	3.95	351695									
Capers in brine - small	organic	12x100g	22.05	2.45	351696									
Sundried Tomatoes in Oil	organic	5x190g	15.95	4.26	351686									
<b>* <u>Organico - olives in jars</u></b>														
Kalamata Olives pitted in brine and wine vinegar	organic	6x230g	15.50	3.45	351750									
Green & Greek Olives pitted in brine	organic	6x230g	15.50	3.45	351751									
<b>* <u>Ouse Valley</u></b>														
Apricot & Ginger Chutney		6x220g	20.70	4.60	351916									
Cheeseboard Chutney		6x220g	19.10	4.25	351914									
Hari's Lime & Green Chilli Pickle		6x190g	22.70	5.04	351904									
Maharani's Mango Chutney		6x215g	20.25	4.50	351917									
Piccalilli - Hot!		6x210g	18.45	4.10	351918									
Spiced Aubergine Pickle		6x190g	20.00	4.45	351915									
The Ploughman's Pickle		6x215g	20.25	4.50	351919									
Tomato & Red Pepper Relish		6x200g	18.45	4.10	351920									
<b>* <u>Parthenon Olives</u></b>														
Kalamata Olives in brine & vinegar - vacuum bag		10x250g	17.15	2.29	352021									
Mediterranean Mix Olives - vacuum bag		10x250g	17.15	2.29	352022									
<b>* <u>Raw Health</u></b>														
Raw Kalamata Olives (in e.v. olive oil)	organic	6x330g	32.80	7.29	351930									
Raw Mix Green & Kalamata Olives (in e.v. olive oil)	organic	6x330g	31.45	6.99	351935									
<b>* <u>Real Natural - Provinces of India chutneys</u></b>														
Mango Chutney with Ginger & Roast Cumin		6x320g	22.45	5.00	351950									
Spicy Tomato Chutney - Caramelised Onion & Cardamom		6x320g	22.45	5.00	351955									
<b>* <u>Suma</u></b>														
Supersweet Sweetcorn - easy open can	organic	12x160g	13.05	1.45	352049									
Supersweet Sweetcorn - easy open can - large	organic	12x340g	19.35	2.15	352052									
<b>■ Vinegars</b>														
<b>* <u>Aspall</u></b>														
◆ Apple Balsamic Vinegar		6x350ml	17.80	3.96	370503									
◆ Balsamic Vinegar	organic	6x350ml	17.80	3.96	370504									
◆ Balsamic Vinegar	organic	5l	35.80	7.16	370507									
◆ Cyder Vinegar	organic	25l	57.80	2.31	370511									
◆ Cyder Vinegar	organic	5l	15.75	3.15	370512									
◆ Cyder Vinegar	organic	6x500ml	10.25	2.28	370516									
◆ Cyder Vinegar	organic	6x350ml	9.00	2.00	370518									
◆ Raw Apple Cyder Vinegar with Honey 35%		6x500ml	16.00 V	4.27	370522									
◆ Raw Unfiltered Cyder Vinegar	organic	6x500ml	12.85	2.86	370519									
◆ Raw Unfiltered Cyder Vinegar	organic	5l	15.75	3.15	370520									
◆ Red Wine Vinegar	organic	6x350ml	8.85	1.97	370535									
◆ White Wine Vinegar	organic	6x350ml	8.85	1.97	370550									
◆ Organic White Wine Vinegar	organic	5l	15.95	3.19	370552									
◆ Red Wine Vinegar		5l	10.50	2.10	370517									
◆ White Wine Vinegar (not organic)		5l	10.50	2.10	370523									
<b>* <u>Biona</u></b>														
Balsamic Vinegar	organic	6x500ml	22.45	4.99	370603									
Balsamic Glaze	organic	12x150ml	36.80	4.09	370615									
Cider Vinegar - raw + the mother	organic	6x500ml	13.45	2.99	370607									
Cider Vinegar - raw + the mother	organic	6x750ml	16.60	3.69	370610									
Cider Vinegar - raw + the mother	organic	1x5l	11.90	15.89	370612									
Coconut Vinegar + the mother	organic	6x250ml	14.80	3.29	370614									
<b>* <u>Clearspring Organic Brown Rice Vinegar - see Japanese Products section</u></b>														

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Clearspring</u></b>														
Vintage Balsamic Vinegar	organic 6x250ml	80.95		17.99	370905									
Balsamic Vinegar - large	organic 6x500ml	40.45		8.99	370910									
Balsamic Vinegar - small	organic 6x250ml	22.45		5.00	370912									
Apple Balsamic Vinegar - large	organic 6x500ml	40.45		8.99	370915									
Apple Balsamic Vinegar - small	organic 6x250ml	22.45		5.00	370917									
Apple Cider Vinegar + the mother	organic 6x500ml	17.95		3.99	370919									
ACV - Ginger, Turmeric Black Pepper + the mother	organic 6x500ml	19.30		4.29	370934									
Red Wine Vinegar	organic 6x500ml	17.95		3.99	370920									
White Wine Vinegar	organic 6x500ml	17.95		3.99	370925									
<b>* <u>Herons Folly Garden - Sussex - glass</u></b>														
Apple Cider Vinegar - with the mother	organic 6x770ml	23.65		5.26	371315									
<b>* <u>Mr Organic</u></b>														
Balsamic Modena Glaze	organic 6x150ml	20.20		4.49	371346									
Balsamic Modena Vinegar	organic 12x500ml	40.40		4.49	371350									
<b>* <u>Organico - oak-aged di Modena</u></b>														
Italian Balsamic Vinegar	organic 6x250ml	20.00		4.44	371553									
Italian Balsamic Glaze	organic 6x250ml	31.25		6.94	371554									
<b>* <u>Raw Vibrant Living (was Raw Health)</u></b>														
Raw Apple Cider Vinegar	organic 6x500ml	14.80		3.29	371605									
Raw Apple Cider Vinegar	organic 12x1l	43.10		4.79	371608									
Raw ACV Infusion with Turmeric & Ginger	organic 12x500ml	33.20		3.69	371612									
<b>* <u>Rayners organic raw unfiltered vinegars in glass</u></b>														
Apple Cider Vinegar with the mother	organic 6x750ml	22.45		5.00	371620									
Apple Cider Vinegar with the mother	organic 6x500ml	16.85		3.75	371622									
Coconut Vinegar with the mother	organic 6x250ml	20.20		4.49	371625									
Pomegranate Vinegar with the mother	organic 6x250ml	22.45		5.00	371628									
Red Wine Vinegar with the mother	organic 6x500ml	16.85		3.75	371630									
White Wine Vinegar with the mother	organic 6x500ml	16.85		3.75	371632									
<b>* <u>Seggiano</u></b>														
Balsamic Modena Vinegar	organic 12x250ml	47.35		5.26	371640									
<b>* <u>Sun &amp; Seed</u></b>														
Pomegranate Vinegar	organic 6x250ml	19.70		4.38	370705									
<b>■ Sauces, Fruit and Vegetable Products (including Mushrooms)</b>														
<b>* <u>Amaizin Mexican</u></b>														
Taco Seasoning - packet	organic 12x27g	13.35		1.49	389886									
Jalapeño Peppers - jar	organic 6x170g	11.25		2.50	389890									
Taco Sauce Hot	organic 6x220g	11.65		2.59	389892									
Taco Sauce Mild	organic 6x220g	11.65		2.59	389894									
<b>* <u>BeSaucy vegan mayo</u></b>														
New from BeSaucy, <b>Vegan Mayo</b> in two sizes, a 180g jar and a 4.5kg plastic catering tub. A rich velvety vegan mayonnaise made with organic soya milk, aquafaba, cider vinegar, Dijon mustard and volcanic salt. In their words "Damn tasty mayonnaise".														
* Vegan Mayo	4.5kg	25.75	5.72		389838									
* Vegan Mayo	6x180g	13.80		3.07	389839									
◆ Vegan Basil Mayo	6x180g	14.85		3.30	389843									
◆ Vegan Black Truffle Mayo	6x180g	16.30		3.62	389845									
◆ Vegan Dill & Gherkin Mayo	6x180g	14.85		3.30	389846									
Vegan Garlic Mayo - tub	2.5kg	16.40	6.56		389847									
◆ Vegan Garlic Mayo	6x180g	14.85		3.30	389848									
◆ Vegan Smoked Chipotle Mayo	6x180g	14.85		3.30	389849									
<b>* <u>Biona - Coconut Milk Powder see Soya, Nut and Grain Drinks</u></b>														

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Biona - Canned Veg Products</u></b>														
Banana Blossom in Brine	organic 6x400g	12.10		2.69	390194									
Coconut Milk (17% fat) - 4 Pack	organic 6x4x400ml	36.80		8.18	390189									
Coconut Milk (17% fat) - large	organic 6x400ml	10.30		2.29	390195									
Coconut Milk (17% fat) - small	organic 8x200ml	9.50		1.58	390196									
Light 9% fat Coconut Milk	organic 6x400ml	8.95		1.99	390197									
Condensed Coconut Milk Sweetened	organic 8x210g	14.35		2.39	390199									
Coconut Cream	organic 6x400ml	12.10		2.69	390198									
Coconut Golden Milk	organic 6x400ml	12.10		2.69	390201									
Coconut Whipping Cream	organic 6x400ml	13.45		2.99	390200									
Green Curry Coconut Milk	organic 6x400ml	12.55		2.79	390202									
Jackfruit (young chunks) in salted water	organic 3x2.8kg	24.00		10.67	290203									
Jackfruit (young chunks) in salted water	organic 6x400g	13.45		2.99	290205									
Jackfruit Stew	organic 6x400g	16.60		3.69	290211									
Sweetcorn - canned	organic 6x340g	11.20		2.49	390207									
<b>* <u>Biona - Fruit Products</u></b>														
Large Apple Purée - jar	organic 6x700g	14.35		3.19	390102									
Small Apple Purée - jar	demeter 6x360g	9.40		2.09	390104									
Apple & Apricot Purée - jar	organic 6x360g	10.75		2.39	390106									
Apple & Banana Purée - jar	organic 6x360g	10.75		2.39	390100									
Apple & Mango Purée - jar	organic 6x360g	10.75		2.39	390101									
Apple & Rhubarb Purée - jar	organic 6x360g	10.75		2.39	390114									
Pear Purée - jar	organic 6x360g	10.30		2.29	390116									
Pineapple Pieces - tinned in juice	organic 6x400g	18.85		4.19	389060									
Pineapple Rings - tinned in juice	organic 6x400g	18.85		4.19	389065									
Stem Ginger in Syrup	organic 6x330g	30.10		6.69	389067									
<b>* <u>Biona - Sauces, Mustards, Pastes, Relish</u></b>														
On offer are a selected Biona organic chilli sauce and a chilli paste, the pricing marked <input type="checkbox"/> below represents a discount of 15%.														
Asparagus Cream	organic 6x120g	15.70		3.49	390093									
BBQ Sauce	organic 6x250ml	15.70		3.49	390094									
Harissa Chilli Relish	demeter 6x125g	16.60		3.69	390095									
Horseradish Mustard	demeter 6x125g	15.70		3.49	390097									
Chilli Paste made with Amando Peppers	demeter 6x125g	15.25		3.39	390091									
Garlic Paste	organic 6x130g	14.35		3.19	390088									
Garlic & Ginger Paste	organic 6x130g	14.35		3.19	390089									
Ginger Paste	organic 6x130g	14.35		3.19	390090									
Hot Pepper Sauce (tabasco) - gluten-free	organic 6x140ml	18.85		4.19	390098									
Mayonnaise Sunflower Oil - jar	organic 6x230g	18.85		4.19	390140									
Mayonnaise 40% Olive Oil - jar	organic 6x230g	22.45		4.99	390170									
Squeezy Original Mayonnaise	organic 6x270ml	21.10		4.70	390186									
Egg-free Mayo - Vegan	organic 6x230g	15.70		3.49	390161									
Mustard - Dijon	organic 6x200g	14.80		3.29	390172									
Mustard - Wholegrain	organic 6x200g	15.70		3.49	390173									
Squeezy Mustard - German (medium hot)	organic 6x300ml	13.00		2.89	390174									
Green Pesto with pine kernels	organic 6x120g	19.30		4.29	390118									
Red Pesto with SD tomatoes	organic 6x120g	16.15		3.59	390123									
Satay Spicy Peanut Simmer Sauce	organic 6x350g	18.95		4.21	390187									
Tikka Masala Simmer Sauce	organic 6x350g	17.95		3.99	390190									
Tomato Ketchup with agave syrup	organic 6x340g	15.25		3.39	390137									
Squeezy Classic Tomato Ketchup	organic 12x560g	38.60		4.29	390138									
Squeezy No Added Sugar Tomato Ketchup	organic 9x470g	24.90		3.69	390188									
Sriracha Chilli Sauce	organic 6x130ml	12.55		2.79	390184									
Sweet Chilli Sauce	organic 6x250ml	15.70		3.49	390176									
Worcester Sauce	organic 6x140ml	19.30		4.29	390175									
Cool Salsa Dip Sauce	organic 6x260g	13.90		3.09	390180									
Hot Salsa Dip Sauce	organic 6x260g	13.90		3.09	390181									
<b>* <u>Biona - Tomato Products</u></b>														
Passata	organic 12x680g	20.60		2.29	390115									
Passata with Basil	organic 12x680g	20.60		2.29	390117									
Passata Rustica	organic 12x680g	23.30		2.59	390119									
Sun-dried Tomatoes in EV Olive Oil	organic 6x170g	25.60		5.69	390128									
Arrabbiata Pasta Sauce (hot & spicy)	organic 6x350g	13.45		2.99	390129									
Basilico Tomato & Basil Sauce	organic 6x350g	13.45		2.99	390130									
Toscana Pasta Sauce (Tuscan)	organic 6x350g	13.45		2.99	390139									

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
▼ Tomatoes Chopped Peeled - 4 Pack	organic 6x4x400g	24.25		5.39	390179									
▼ Tomatoes Chopped	organic 12x400g	13.40		1.49	390105									
▼ Tomatoes Chopped - bulk	organic 6x2.5kg	30.10		6.69	390112									
▼ Tomatoes Chopped with Basil	organic 12x400g	14.30		1.59	390107									
▼ Tomatoes Chopped with Garlic & Oregano	organic 12x400g	17.00		1.89	390111									
▼ Tomatoes Whole Plum	organic 12x400g	13.40		1.49	390110									
Tomatoes - Whole Cherry - canned	organic 12x400g	17.00		1.89	390113									
Tomato Purée - jar	organic 6x200g	10.75		2.39	390135									
* <b><u>Bonsan - organic vegan Sauces. Mustards, Pastes, Relish</u></b>														
On offer are selected organic Bonsan lines, the pricing marked □ below represents a discount of 15%.														
□ Caesar Dressing	organic 6x310ml	17.90		3.98	350731									
□ Cocomayo	organic 6x235g	16.60		3.69	350736									
□ Green Pesto - bright & zesty	organic 6x130g	15.25		3.39	350735									
□ Hot & Fiery Sauce	organic 6x140ml	18.85		4.19	350739									
□ Sweet Mustard Dressing	organic 6x310ml	16.80		3.73	350741									
□ Worcester Sauce	organic 6x140ml	16.40		3.64	350750									
* <b><u>Carley's Organic Foods</u></b>														
Coarse Grain Mustard	organic 6x170g	10.40		2.39	390275									
English Mustard	organic 6x170g	10.40		2.39	390280									
Apple Purée	organic 6x700g	12.80		2.95	390310									
* <b><u>Clearspring - BioKitchen Apple Sauce - see "Olives, Pickles &amp; Preserved Vegetables" section</u></b>														
* <b><u>Clearspring - canned</u></b>														
Coconut Milk	organic 6x400ml	11.20		2.49	390505									
Coconut Milk	organic 6x200ml	6.70		1.49	390508									
Extra Rich Coconut Cream	organic 6x200ml	10.30		2.29	390510									
* <b><u>Clearspring - in glass</u></b>														
Jackfruit (young chunks) in salted water - large	organic 6x500g	15.70		3.49	390514									
* <b><u>Clearspring - pouches - fruit-on-the-go</u></b>														
On-the-go Apple & Blueberry Purée - single pouch	organic 8x120g	7.50		1.25	390581									
On-the-go Apple & Mango Purée - single pouch	organic 8x120g	7.50		1.25	390586									
On-the-go Pear Purée - single pouch	organic 8x120g	7.50		1.25	390591									
* <b><u>Clearspring - pots - 100% fruit</u></b>														
Apple Purée	organic 12x2x100g	17.90		1.99	390605									
Apple & Apricot Purée	organic 12x2x100g	17.90		1.99	390610									
Apple Banana Strawberry Purée	organic 12x2x100g	17.90		1.99	390612									
Apple & Blueberry Purée	organic 12x2x100g	17.90		1.99	390615									
Apple & Mango Purée	organic 12x2x100g	17.90		1.99	390617									
Apple Mango Coconut Purée	organic 12x2x100g	17.90		1.99	390619									
Apple & Plum Purée	organic 12x2x100g	17.90		1.99	390620									
Apple & Strawberry Purée	organic 12x2x100g	17.90		1.99	390625									
Pear Purée	organic 12x2x100g	17.90		1.99	390630									
Pear Apple Peach Purée	organic 12x2x100g	17.90		1.99	390632									
Pear & Banana Purée	organic 12x2x100g	17.90		1.99	390635									
Prune Purée	organic 12x2x100g	17.90		1.99	390640									
* <b><u>Clearspring - Biodynamic pasta sauces - in glass</u></b>														
Passata - Demeter	organic 12x700g	25.10		2.79	390650									
Passata Rustica- Demeter	organic 12x510g	25.10		2.79	390654									
Arrabbiata Pasta Sauce - Demeter	organic 6x300g	12.55		2.79	390656									
Basilico Pasta Sauce - Demeter	organic 6x300g	12.55		2.79	390658									
Porcini Pasta Sauce - Demeter	organic 6x300g	13.45		2.99	390660									
Puttanesca Pasta Sauce - Demeter	organic 6x300g	13.45		2.99	390662									
* <b><u>Clearspring - gluten-free Thai sauce in glass</u></b>														
◆ Pad Thai Sauce	organic 6x150ml	25.15		5.59	390664									
* <b><u>Clearspring - dried mushrooms</u></b>														
Shiitake Mushrooms	organic 6x40g	35.95		7.99	510558									

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Coconut Merchant</u></b>														
Coconut Milk - bag	organic 1x5l	18.60		24.90	390749									
◆ Coconut Milk	organic 6x400ml	8.35		1.86	390752									
◆ Coconut Milk	organic 12x200ml	13.35		1.48	390754									
<b>* <u>Coconut Merchant - tetra</u></b>														
<b>* <u>Delouis Fils organic mustard - vegan</u></b>														
Dijon Extra Strong Smooth	organic 5kg	45.00	9.00		391002									
Dijon Extra Strong Smooth	organic 6x200g	13.25		2.94	391005									
Whole Grain Mustard with Cider Vinegar	organic 6x200g	13.25		2.94	391010									
<b>* <u>Essential Trading - canned - no added sugar</u></b>														
Jackfruit (young chunks) in salted water	organic 6x400g	12.55		2.79	391207									
Jackfruit (young chunks) in salted water - large	organic 3x3kg	25.00		11.11	391208									
Mango Chunks in juice	organic 6x400g	11.50		2.56	391210									
Pineapple Chunks in juice	organic 6x400g	17.30		3.84	391213									
Tropical Fruits in juice	organic 6x400g	11.20		2.49	391215									
<b>* <u>Essential Trading</u></b>														
Coconut Milk	organic 3x3l	30.40		13.51	391220									
Tom Purée Tube Double Conc. - tube	organic 12x130g	13.95		1.55	391230									
Chopped Tomatoes	organic 12x400g	11.65		1.29	391235									
<b>* <u>Foresta Fungus - dried</u></b>														
"Mixed" - slippery jack, oyster, porcini														
"Porcini+" - Boletus Edulis, Boletus Badius														
Chanterelle Forest Mushrooms	10x25g	32.65		4.35	393750									
Mixed Forest Mushrooms	10x25g	26.50		3.53	393752									
Porcini+ Forest Mushrooms	10x25g	30.10		4.01	393755									
Shiitake Forest Mushrooms	10x25g	26.50		3.53	393757									
<b>* <u>Geo Organics - Taste of the East - Indian</u></b>														
Balti Curry Paste	organic 6x180g	17.30		3.85	391475									
Bhuna Curry Paste	organic 6x180g	17.30		3.85	391477									
Korma Curry Paste	organic 6x180g	17.30		3.85	391485									
Madras Curry Paste	organic 6x180g	17.30		3.85	391487									
Tikka Masala Curry Paste	organic 6x180g	17.30		3.85	391490									
<b>* <u>Geo Organics - Taste of the East - Thai</u></b>														
Green Thai Curry Paste	organic 6x180g	17.30		3.85	391492									
Red Thai Curry Paste	organic 6x180g	17.30		3.85	391495									
Yellow Thai Curry Paste	organic 6x180g	17.30		3.85	391497									
<b>* <u>Geo Organics - Taste of the East - Indonesia</u></b>														
Rendang Paste - Indonesian	organic 6x180g	17.30		3.85	391480									
Satay Paste - Indonesian	organic 6x180g	17.30		3.85	391481									
<b>* <u>Geo Organics - condiment sauces</u></b>														
Worcestershire Sauce	organic 6x150ml	17.30		3.85	391501									
<b>* <u>Geo Organics - vegan mayo - soya-free</u></b>														
Vegan Mayo	organic 6x240ml	12.85		2.86	391510									
<b>* <u>Harry Brand - gluten-free vegan harissa</u></b>														
Harissa - jar	6x210g	22.15		4.95	391630									
<b>* <u>Infinity Foods</u></b>														
Sun-dried Tomato Halves	organic 10kg	73.40	7.34		393001									
Sun-dried Tomato Halves	organic 1kg	9.20	9.20		393002									
Sun-dried Tomato Halves	organic 6x250g	14.05		3.12	8755									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>La Bio Idea</u></b>														
Passata	organic	12x680g	20.05	2.23	391655									
Passata Basilico (with Basil)	organic	12x680g	21.20	2.36	391657									
Pesto Siciliano - vegetarian	organic	12x130g	30.40	3.38	391660									
Pesto Rosso - vegan	organic	12x140g	30.40	3.38	391662									
Pesto Genovese - vegetarian	organic	12x130g	30.40	3.38	391665									
Tomato Ketchup	organic	6x480g	16.90	3.76	391670									
Tomato Purée - cans	organic	6x890g	24.40	5.42	391672									
Tomato Purée - jar	organic	12x200g	16.75	1.86	391673									
Tomatoes - peeled, in glass jars	organic	6x660g	26.45	5.88	391675									
Tomatoes - peeled in tins	organic	12x400g	13.60	1.51	391680									
Tomatoes - chopped in tins	organic	12x400g	13.50	1.50	391685									
<b>* <u>Mr Organic - Italy - canned - vegan</u></b>														
◆ Chopped Tomatoes -4 Pack	organic	6x4x400g	25.15	5.59	392128									
◆ Chopped Tomatoes - BPA-free	organic	12x400g	13.40	1.49	392130									
◆ Peeled Tomatoes - BPA-free	organic	12x400g	13.40	1.49	392132									
◆ Cherry Tomatoes - BPA-free	organic	12x400g	17.00	1.89	392125									
<b>* <u>Mr Organic - Italy - vegan</u></b>														
Aubergine Pesto - no added sugar - vegan	organic	6x130g	14.80	3.29	392156									
Basil Pesto - no added sugar - Vegan	organic	6x130g	14.80	3.29	392133									
Basil & Chilli Pesto - no added sugar - vegan	organic	6x130g	14.80	3.29	392165									
Chilli & Garlic Pesto - Vegan	organic	6x130g	14.80	3.29	392129									
Grilled Pepper Pesto - no added sugar - vegan	organic	6x130g	14.80	3.29	392167									
Sundried Tomato Pesto - no added sugar - vegan	organic	6x130g	14.80	3.29	392134									
Tomato Olive Pesto - no added sugar - vegan	organic	6x130g	14.80	3.29	392126									
◆ Aubergine Ragu Pasta Sauce	organic	6x350g	14.80	3.29	392162									
◆ Basilico Pasta Sauce	organic	6x350g	13.90	3.09	392135									
◆ Bolognese Pasta Sauce	organic	6x350g	13.90	3.09	392137									
◆ Basilico Smooth Pasta Sauce	organic	6x350g	13.90	3.09	392172									
◆ Bolognese Smooth Pasta Sauce	organic	6x350g	13.90	3.09	392173									
◆ Cherry Tomato Pasta Sauce	organic	6x350g	13.90	3.09	392138									
◆ Chilli Arrabbiata Pasta Sauce	organic	6x350g	13.90	3.09	392139									
◆ Mushroom Ragu Pasta Sauce	organic	6x350g	14.80	3.29	392183									
◆ Roast Garlic Pasta Sauce - no added sugar	organic	6x350g	13.90	3.09	392151									
◆ Capers & Olives Pasta Sauce - no added sugar	organic	6x350g	13.90	3.09	392152									
◆ Kids' Veggie Pasta Sauce - carrot sweet potato courgette	organic	6x200g	10.75	2.39	392187									
◆ Kids' Veggie Pasta Sauce - tomato carrot parsnip	organic	6x200g	10.75	2.39	392188									
Ketchup	organic	6x480g	15.70	3.49	392142									
Chilli Ketchup	organic	6x480g	17.05	3.79	392146									
Ketchup - Naturally sweetened (apple juice)	organic	6x480g	17.05	3.79	392148									
◆ Passata - large	organic	12x690g	21.50	2.39	392143									
◆ Passata - small	organic	6x400g	8.50	1.89	392144									
◆ Passata - with mixed herbs	organic	6x400g	11.20	2.49	392158									
◆ Passata - with chilli & garlic	organic	6x400g	11.20	2.49	392159									
◆ Passata Rustica	organic	12x690g	22.40	2.49	392145									
◆ Passata With Fresh Basil	organic	12x690g	21.50	2.39	392153									
◆ Tomato Purée - jar	organic	6x200g	10.75	2.39	392149									
◆ Flavour Paste - Tomato & Garlic	organic	6x200g	10.75	2.39	392168									
◆ Flavour Paste - Tomato & Pepper	organic	6x200g	10.75	2.39	392169									
◆ Flavour Paste - Tomato & Vegetable	organic	6x200g	10.75	2.39	392171									
Tomato & Olive Bruschetta Topping	organic	6x190g	12.10	2.69	392161									
Tomato & Onion Bruschetta Topping	organic	6x190g	12.10	2.69	392163									
<b>* <u>Mr Organic - high protein - vegan</u></b>														
◆ Lentil Ragu	organic	6x350g	14.80	3.29	392154									
◆ Seitan Ragu	organic	6x350g	14.80	3.29	392155									
◆ Tofu Ragu	organic	6x350g	14.80	3.29	392160									
<b>* <u>Mrs Mack's</u></b>														
▲ Poppy Seed Dressing	organic	1x200ml	4.50	6.02	392270									
<b>* <u>Organico Italian sauces</u></b>														
Vegetable Bolognese Pasta Sauce	organic	6x360g	15.75	3.50	393052									
Red Pepper & Balsamic Pasta Sauce (Milanese)	organic	6x360g	15.75	3.50	393055									
Olive Chilli & Garlic Pasta Sauce (Sicilian)	organic	6x360g	16.40	3.65	393060									
Wine & Porcini Pasta Sauce	organic	6x360g	15.75	3.50	393065									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Organico - pesto - raw</u></b>														
Vegan Green Pesto	organic	6x120g	14.60	3.24	393071									
Vegan Red Pesto	organic	6x120g	15.50	3.44	393073									
<b>* <u>Organico Tuscan sauces</u></b>														
Tomato & Basil Pasta Sauce	organic	6x300g	17.75	3.95	393075									
<b>* <u>Seggiano - Vegan</u></b>														
Cavalo Nero Black Kale Pesto		6x200g	30.40	6.76	392582									
Raw Basil Pesto Genovese		12x200g	60.80	6.76	392584									
Tomato Pesto Rosso		12x200g	60.80	6.76	392586									
Wild Fennel Tomato Pesto		6x220g	24.00	5.33	392588									
Arrabbiata Pasta Sauce	organic	6x350g	15.20	3.38	392598									
Basilico Pasta Sauce	organic	6x350g	15.20	3.38	392600									
Marinara Pasta Sauce	organic	6x350g	15.20	3.38	392602									
Melanzane Aubergine Pasta Sauce	organic	6x350g	15.20	3.38	392603									
Puttanesca Pasta Sauce	organic	6x350g	15.20	3.38	392604									
Salsa Sicilian Cherry Tomatoes	organic	12x330g	25.60	2.84	392606									
<b>* <u>Source Foods</u></b>														
Dulse, Sea Spaghetti, Tarragon Mustard		5x170g	11.00	2.93	392630									
Mexican Chilli Miso Mustard		5x170g	11.00	2.93	392632									
Miso Mustard		5x170g	11.00	2.93	392634									
<b>* <u>Suma</u></b>														
Tomato Purée in Tubes	organic	24x200g	34.00	1.89	392740									
Mayonnaise - egg	organic	6x300g	20.70	4.60	392742									
<b>* <u>Sunita</u></b>														
Pesto Genovese - vegan	organic	6x130g	16.35	3.64	393010									
Pesto Rosso - vegan	organic	6x130g	16.35	3.64	393012									
<b>* <u>Tarantella</u></b>														
◆ Chopped Tomatoes	organic	6x400g	5.15	1.15	393021									
◆ Peeled Plum Tomatoes	organic	6x400g	5.15	1.15	393022									
◆ Tomato Passata	organic	6x690g	11.65	2.59	393023									
◆ Tomato Purée Double Conc - tin	organic	12x3x70g	16.10	1.79	393024									
<b>* <u>The Real Organic Foods Co. - jars - www.realorganic.co.uk</u></b>														
Arrabbiata Pasta Sauce	organic	6x350g	17.75	3.94	394205									
Mushroom & Red Wine Pasta Sauce	organic	6x350g	17.75	3.94	394207									
Tomato, Pepper & Herb Pasta Sauce	organic	6x350g	17.75	3.94	394210									
Sicilian Tomato & Olive Pasta Sauce	organic	6x350g	17.75	3.94	394215									
<b>* <u>The Real Organic Foods Co. - jars - www.realorganic.co.uk</u></b>														
◆ Jalfrezi Cooking Sauce	organic	6x350g	21.55	4.79	394230									
◆ Korma Cooking Sauce	organic	6x350g	21.55	4.79	394235									
◆ Rogan Josh Cooking Sauce	organic	6x350g	21.55	4.79	394240									
◆ Tikka Balti Cooking Sauce	organic	6x350g	21.55	4.79	394245									
<b>* <u>The Real Organic Foods Co. - jars - www.realorganic.co.uk</u></b>														
◆ Thai Green Curry Sauce	organic	6x350g	22.45	5.02	394260									
◆ Thai Red Curry Sauce	organic	6x350g	22.45	5.02	394265									
◆ Thai Yellow Curry Sauce	organic	6x350g	22.45	5.02	394270									
<b>* <u>Tropical Wholefoods - dried</u></b>														
▼ Porcini/Ceps Mushrooms		6x30g	21.95	4.89	393810									
▼ Shiitake Mushrooms		6x50g	16.80	3.74	393815									
<b>* <u>Westcountry Spice organic vegan gluten-free - cooking pastes in a card box</u></b>														
Korma Curry Paste	organic	6x46g	11.80	3.03	394305									
Madras Curry Paste	organic	6x46g	11.80	3.03	394307									
Thai Green Curry Paste	organic	6x46g	11.80	3.03	394312									
Thai Red Curry Paste	organic	6x46g	11.80	3.03	394315									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Westcountry Spice organic vegan gluten-free sauces</u></b>														
Burst Relish - gluten-free	organic 6x200g	14.25		3.67	394321									
Fischy Sauce - gluten-free	organic 6x150ml	14.25		3.67	394322									
Hoisin Sauce - gluten-free	organic 6x175g	14.25		3.67	394324									
Hot Snap Relish - gluten-free	organic 6x200g	14.25		3.67	394325									
Ketjap Manis Sweet Soy Sauce	organic 6x150ml	14.25		3.67	394326									
Kimchi Hot Sauce - gluten-free	organic 6x156g	14.25		3.67	394328									
Smoky BBQ Sauce - gluten-free	organic 6x150ml	14.25		3.67	394329									
Sriracha Hot Sauce - gluten-free	organic 6x150ml	14.25		3.67	394332									
Sweet Thai Chilli Dipping Sauce	organic 6x175g	14.25		3.67	394334									
Tamari Soy Sauce - gluten-free	organic 6x150ml	14.25		3.67	394336									
Tomato Sauce - gluten-free	organic 6x250g	14.25		3.67	394337									
Worcester Sauce - gluten-free	organic 6x150ml	14.25		3.67	394340									
<b>* <u>Yakso</u></b>														
Chilli Sauce - sweet dipping	organic 6x240ml	14.85		3.30	395305									
<b>* <u>Zest Foods - vegan sauces</u></b>														
<i>On offer are Zest Foods vegan sauces, the pricing below represents a discount of 20%.</i>														
<input type="checkbox"/> Basil & Oregano Pasta Sauce	6x340g	10.25		2.28	395515									
<input type="checkbox"/> Spinach Mushroom & Ric***a Sauce with lentils	6x340g	15.70		3.49	395517									
<input type="checkbox"/> Tomato Fiery Chilli Pasta Sauce	6x340g	10.25		2.28	395510									
<input type="checkbox"/> Tomato & Mas***pone Sauce with coconut	6x340g	15.70		3.49	395516									
<input type="checkbox"/> Tom, Mushroom, Smoke Garlic Pasta Sauce	6x340g	10.25		2.28	395520									
<input type="checkbox"/> Tom, Mushroom, Green Pepper Pasta Sauce	6x340g	10.25		2.28	395525									
<input type="checkbox"/> Sun-dried Tomato Paste	6x170g	11.15		2.48	395530									
<input type="checkbox"/> Basil Vegan Pesto - large	6x340g	19.00		4.22	395555									
<input type="checkbox"/> Basil Vegan Pesto - small	6x165g	11.15		2.48	395560									
<input type="checkbox"/> Coriander, Basil & Hazel Pesto-style Sauce	6x165g	11.15		2.48	395552									
<input type="checkbox"/> Red Vegan Pesto	6x165g	11.15		2.48	395553									
<b>■ Convenience Foods</b>														
<b>* <u>Amaizin - cans</u></b>														
Aduki Beans	organic 6x400g	8.20		1.82	440501									
Baked Beans	organic 6x400g	9.85		2.19	440503									
Black Beans	organic 6x400g	7.45		1.66	440505									
Feijoada Beans - black beans in spiced sauce	organic 6x400g	9.40		2.09	440506									
Mixed Beans with corn - small	organic 12x200g	12.10		1.34	440508									
Red Kidney Beans in Chilli Sauce	organic 6x400g	11.05		2.46	440510									
Taco Bean Mix - in spicy sauce	organic 6x400g	8.75		1.95	440511									
<b>* <u>Amisa - gluten-free - vegan</u></b>														
Gluten-free Falafel Mix	organic 6x160g	12.10		2.69	440655									
<b>* <u>Artisan Grains/Natures Kitchen - vegan</u></b>														
Cashew & Cranberry Nut Roast - gluten-free	6x200g	14.50		3.22	440773									
Country Veg & Cashew Nut Roast	6x200g	14.20		3.16	440775									
Mediterranean Sundried Tomato Nut Roast	6x200g	14.20		3.16	440776									
<b>* <u>Better Than - konnyaku flour - gluten-free</u></b>														
Noodles	organic 6x385g	13.45		2.99	440790									
Rice	organic 6x385g	13.45		2.99	440792									
Spaghetti	organic 6x385g	13.45		2.99	440795									
Tagliatelle	organic 6x385g	13.45		2.99	440796									
<b>* <u>Biona - tinned beans &amp; pulses</u></b>														
◆ Aduki Beans in tins	organic 6x400g	7.60		1.69	390122									
Baked Beans in tins	organic 12x400g	15.20		1.69	390099									
Baked Giant Beans in tins	organic 6x230g	10.30		2.29	390143									
Black Beans - in tins 4-Pack	organic 6x4x400g	24.70		5.49	390234									
Black Beans - BPA-free can	organic 6x400g	6.25		1.39	390121									
Black Beluga Lentils in tins	organic 6x400g	6.70		1.49	390124									
◆ Black Chickpeas - BPA-free can	organic 6x400g	6.25		1.39	390126									
◆ Borlotti Beans - BPA-free can	organic 6x400g	7.15		1.59	390127									
Brown Lentil Curry - BPA-free can	organic 6x400g	9.85		2.19	390120									
Butter Beans in tins	organic 6x400g	7.60		1.69	390142									

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Cannellini Beans - BPA-free can	organic 6x400g	6.70		1.49	390136									
Chickpeas in tins 4-Pack	organic 6x4x400g	24.70		5.49	390236									
Chickpeas in tins	organic 6x400g	6.70		1.49	390145									
Chilli Black Beans - BPA-free can	organic 6x410g	7.60		1.69	390146									
Chilli Con Quinoa - BPA-free can	organic 6x400g	14.80		3.29	390144									
Chilli Red Kidney Beans in tins	organic 6x395g	7.60		1.69	390149									
◆ Edamame Beans tinned in Brine	organic 12x200g	19.70		2.19	390154									
◆ Five Bean Salad - in a vinaigrette - BPA-free can	organic 6x410g	7.60		1.69	390232									
◆ Flageolet Beans in tins	organic 6x400g	8.50		1.89	390238									
Garden Peas Freshly Canned	organic 6x340g	10.30		2.29	390156									
Green Lentils in tins	organic 6x400g	6.25		1.39	390147									
◆ Haricot Beans in tins	organic 6x400g	6.25		1.39	390151									
◆ Pinto Beans in tins	organic 6x400g	7.15		1.59	390148									
◆ Refried Pinto Beans in tins	organic 12x410g	21.50		2.39	390183									
◆ French Lentils Vert in tins	organic 6x400g	6.70		1.49	390153									
◆ Red Kidney Beans in tins	organic 6x400g	6.70		1.49	390150									
◆ Mixed Beans in tins	organic 6x400g	6.70		1.49	390152									
* <b><u>Biona - beans in jars</u></b>														
Jar Black Beans	organic 6x350g	8.95		1.99	350608									
Jar Broad Beans	demeter 6x350g	11.20		2.49	390155									
Jar Chickpeas	organic 6x350g	8.95		1.99	390157									
Jar Flageolet	organic 6x350g	11.65		2.59	390160									
Jar Haricot Beans	organic 6x350g	8.95		1.99	390163									
Jar Mixed Beans	organic 6x350g	8.95		1.99	390162									
Jar Red Kidney Beans	organic 6x350g	9.40		2.09	390165									
Jar Brown Lentils	organic 6x360g	8.95		1.99	390166									
* <b><u>Biona - ambient long life soya in jar</u></b>														
Plain Tofu - 250g drained weight	organic 6x500g	22.45		4.99	390177									
Tempeh - 175g drained weight	organic 6x400g	19.75		4.39	390178									
* <b><u>Biona - ambient seitan in jar</u></b>														
Seitan Pieces in ginger & soya Sauce	organic 6x350g	24.70		5.49	390185									
* <b><u>Biona - quick cook meals</u></b>														
<p>New from Biona, a selection of organic vegan quick cook meal mixes that take 15 minutes to prepare.  <b>Golden Rice &amp; Lentils Mix</b> is infused with a rich combination of spices to make a rich curry dish.  <b>Porcini Mushroom Risotto Mix</b> - the mushrooms give this an Italian earthy taste with a base of onions, garlic, celery and carrot. <b>Pumpkin Risotto Mix</b> has comforting autumn flavours with a miso vegetable broth. <b>Red Lentil Spiced Dhal Mix</b> is a fragrant mix of curry spices including turmeric, coriander and ginger.</p>														
* Golden Rice & Lentils Mix	organic 6x350g	18.30		3.49	390250									
* Porcini Mushroom Risotto Mix	organic 6x350g	23.90		3.99	390251									
* Pumpkin Risotto Mix	organic 6x350g	22.10		3.69	390252									
* Red Lentil Spiced Dhal Mix	organic 6x350g	18.30		3.49	390253									
* <b><u>Free &amp; Easy ready meals - vegan - gluten-free - can</u></b>														
Bean Cassoulet	organic 6x400g	14.35		3.19	441075									
Chickpea & Bean Tagine	organic 6x400g	14.35		3.19	441077									
Chickpea & Vegetable Curry	organic 6x400g	14.35		3.19	441080									
Middle Eastern Chickpea Casserole	organic 6x400g	14.35		3.19	441081									
Sweet Potato Coconut & Kale Curry	organic 6x400g	14.35		3.19	441083									
Three Bean Chilli	organic 6x400g	14.35		3.19	441082									
Vegetable Balti	organic 6x400g	14.35		3.19	441085									
Vegetable Hot Pot	organic 6x400g	14.35		3.19	441087									
* <b><u>Free &amp; Easy gluten-free, vegan baking mixes</u></b>														
Breakfast Pancake Mix	4x230g	10.70		3.57	441090									
Middle Eastern Flatbread Mix	4x250g	10.15		3.38	441092									
Yorkshire Pudding Mix	4x155g	8.85		2.95	441098									
* <b><u>Free &amp; Easy sauce mixes - vegan</u></b>														
Dairy Free Cheese Flavour Sauce Mix	6x130g	12.80		2.84	441110									
Gluten-free Gravy Sauce Mix	6x130g	10.75		2.39	441115									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Free &amp; Easy - canned organic soups</u></b>														
Broccoli & Kale Soup	organic 6x400g	10.75		2.39	441120									
Butternut Squash & Ginger Soup	organic 6x400g	10.75		2.39	441122									
Carrot & Coconut Soup	organic 6x400g	10.75		2.39	441125									
Lentil & Red Pepper Soup	organic 6x400g	10.75		2.39	441127									
Pea & Mint Soup	organic 6x400g	10.75		2.39	441130									
Sweet Potato & Chia Seed Soup	organic 6x400g	10.75		2.39	441132									
Tomato Soup	organic 6x400g	10.75		2.39	441135									
<b>* <u>Free &amp; Easy - canned low salt organic soups</u></b>														
Broccoli & Kale Soup - low salt	organic 6x400g	10.75		2.39	441138									
Butternut Squash, Sweet Potato & Turmeric Soup - LS	organic 6x400g	10.75		2.39	441140									
Carrot & Coriander Soup - low salt	organic 6x400g	10.75		2.39	441142									
Sweet Potato & Quinoa Soup - low salt	organic 6x400g	10.75		2.39	441144									
<b>* <u>Geo - canned legumes</u></b>														
Edamame Beans - in water	6x400g	12.85		2.86	444205									
Black Beluga Lentils - in water	organic 6x400g	12.85		2.86	444215									
<b>* <u>Geo Organics - cans - vegan</u></b>														
Bombay Potatoes	organic 6x400g	15.05		3.35	444230									
Chickpea & Apricot Tagine	organic 6x400g	14.20		3.16	444232									
Chick Pea & Lentil Dahl	organic 6x400g	12.85		2.86	444234									
Coconut & Kale Dahl	organic 6x400g	13.75		3.06	444236									
Moroccan Chickpea Tagine	organic 6x400g	14.20		3.16	444240									
Tadka Dahl	organic 6x400g	12.85		2.86	444241									
<b>* <u>Granose</u></b>														
Sosmix	10kg	69.81	6.98		441050									
<b>* <u>Hodmedod's - Great British beans in tins</u></b>														
Carlin Peas	organic 12x400g	16.10		1.79	441207									
Fava Beans (broad beans)	organic 12x400g	16.15		1.79	441215									
Vaal Dahl (broad beans in mild sauce)	organic 12x400g	17.80		1.98	441210									
<b>* <u>It's Soya Good - TVP</u></b>														
Soya Mince	organic 6x200g	16.85		3.75	441905									
Soya Chunks	organic 6x150g	16.85		3.75	441907									
<b>* <u>Just Wholefoods - vegan - Organic World Mixes</u></b>														
Falafel Mix	organic 6x120g	10.00		2.22	442505									
<b>* <u>Just Wholefoods - vegan</u></b>														
Brownie Mix - vegan	organic 6x318g	20.75		4.61	442488									
Matcha Pancake Mix - vegan	organic 6x188g	14.45		3.21	442496									
Pancake Mix - vegan	organic 6x185g	14.45		3.21	442500									
<b>* <u>La Bio Idea - cans</u></b>														
Beluga Lentils - small	organic 12x200g	13.55		1.51	442661									
Borlotti Beans	organic 6x400g	7.65		1.70	442662									
Fagioli Toscani - braised cannellini in tomato sauce	organic 6x400g	9.40		2.09	440512									
Butter Beans	organic 6x400g	8.05		1.79	442665									
Cannellini Beans	organic 6x400g	7.65		1.70	442667									
Chickpeas	organic 6x400g	7.15		1.59	442670									
Chickpeas - small	organic 12x200g	11.10		1.23	442671									
Brown Lentils	organic 6x400g	7.65		1.70	442672									
Green Dupuis Lentils	organic 6x400g	9.30		2.07	442673									
Mixed Beans	organic 6x400g	7.65		1.70	442675									
Red Kidney Beans	organic 6x400g	7.65		1.70	442677									
Red Kidney Beans - small	organic 12x200g	10.95		1.22	442678									
<b>* <u>Marigold</u></b>														
Braised Tofu - canned	12x225g	33.75		3.75	410502									
Mo-Du Braised Sliced Seitan - canned	12x225g	28.35		3.15	410490									
Tempeh Slices - canned	6x280g	16.40		3.64	410492									
Tunah - Soya Bean - canned	12x170g	35.90		3.99	410494									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Mr Organic - ring-pull cans</u></b>														
<b>"Mixed Beans" - red kidney, cannellini &amp; butter beans, chickpeas</b>														
<i>On offer are selected Mr Organic soups, please note all now have a case price of £20.60. The pricing marked <input type="checkbox"/> below represents a discount of 15%.</i>														
◆ Aduki Beans	organic	12x400g	13.40	1.49	442748									
◆ Baked Beans	organic	12x400g	14.30	1.59	442750									
◆ BBQ Baked Beans	organic	12x400g	16.10	1.79	442751									
◆ Beluga Lentils	organic	12x400g	13.40	1.49	442753									
◆ Black Beans	organic	12x400g	12.50	1.39	442752									
◆ Borlotti Beans	organic	12x400g	13.40	1.49	442755									
◆ Brazilian Style Black Beans	organic	12x400g	18.80	2.09	442756									
◆ Cannellini Beans	organic	12x400g	13.40	1.49	442757									
◆ Chickpeas	organic	12x400g	12.50	1.39	442760									
◆ Chilli Mixed Beans	organic	12x400g	16.10	1.79	442761									
◆ Butter Beans	organic	12x400g	14.30	1.59	442762									
◆ Greek Style Butter Beans	organic	12x400g	18.80	2.09	442764									
◆ Haricot Beans	organic	12x400g	13.40	1.49	442763									
◆ Italian Style Cannellini Beans	organic	12x400g	18.80	2.09	442768									
◆ Lentils - green	organic	12x400g	13.40	1.49	442765									
◆ Low Sugar Baked Beans	organic	12x400g	16.10	1.79	442766									
◆ Mexican Style Beans & Corn	organic	12x400g	18.80	2.09	442769									
◆ Mixed Beans	organic	12x400g	14.30	1.59	442767									
◆ Moroccan Style Chickpeas	organic	12x400g	18.80	2.09	442772									
◆ Red Kidney Beans	organic	12x400g	13.40	1.49	442770									
<input type="checkbox"/> Black Bean Vegetable Soup	organic	12x400g	17.50	1.94	442774									
<input type="checkbox"/> Creamy Red Pepper Soup	organic	12x400g	17.50	1.94	442777									
▲ Garden Pea & Vegetable Soup	organic	12x400g	20.60	2.29	442779									
▲ Leek & Potato Soup	organic	12x400g	20.60	2.29	442789									
<input type="checkbox"/> Pumpkin, Carrot & Chilli Soup	organic	12x400g	17.50	1.94	442781									
<input type="checkbox"/> Spicy Mixed Bean Soup	organic	12x400g	17.50	1.94	442771									
<input type="checkbox"/> Tomato & Basil Soup	organic	12x400g	17.50	1.94	442776									
<input type="checkbox"/> Tomato & Lentil Soup	organic	12x400g	17.50	1.94	442773									
<b>* <u>Mr Organic - gnocchi &amp; filled pasta - vegan</u></b>														
◆ Gnocchi - gluten-free	organic	8x350g	20.95	3.49	442800									
◆ Porcini Tortellini	organic	10x250g	30.75	4.10	442804									
◆ Red Pepper Tortelloni	organic	10x250g	30.75	4.10	442802									
◆ Vegetable Tortellini	organic	10x250g	30.75	4.10	442806									
◆ Vegan Formaggio Ravioli	organic	10x250g	30.75	4.10	442808									
<b>* <u>Organico</u></b>														
Please note, the labels state that "May contain traces of shellfish, fish & milk".														
Asparagus Risotto	organic	8x250g	29.70	4.95	443712									
Porcini Risotto	organic	8x250g	29.70	4.95	443720									
<b>* <u>Orgran - gluten-free &amp; vegan</u></b>														
Buckwheat Pancake Mix		8x375g	29.90	4.98	443750									
<b>* <u>Profusion gluten-free, vegan</u></b>														
Protein Chunks - Pea & Fava	organic	12x125g	34.10	3.79	443764									
Protein Mince - Pea & Fava	organic	12x125g	34.10	3.79	443766									
Protein Shreds - Pea & Fava	organic	12x150g	34.10	3.79	443767									
<b>* <u>RIFCo - Really Interesting Food Company - vegan gluten-free</u></b>														
Balinese Lentil & Red Pepper Soup	organic	6x400g	10.75	2.39	443780									
Mexican Bean Soup	organic	6x400g	10.75	2.39	443782									
Moroccan Chickpea Soup	organic	6x400g	10.75	2.39	443784									
Thai Green Curry	organic	6x400g	14.60	3.24	443786									
Spanish Chickpea Casserole	organic	6x400g	14.60	3.24	443788									
Sri Lankan Lentil & Coconut Soup	organic	6x400g	10.75	2.39	443790									
Thai Temple Curry	organic	6x400g	14.60	3.24	443792									
<b>* <u>Steenbergs</u></b>														
Cranberry & Apple Stuffing	organic	4x130g	8.80	2.93	792330									
Herby Lemon Stuffing	organic	4x130g	6.65	2.22	792332									
Sage & Onion Stuffing - gluten-free		4x130g	6.10	2.03	792338									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Suma - baked beans and canned meals</u></b>														
On offer are selected Suma canned meals, the pricing marked <input type="checkbox"/> below represents a discount of 25% on the Vegan Spaghetti Bolognese and 15% on the Spicy Chorizo Vegan Stew.														
Aloo Sag - Potatoes & Spinach	organic	12x400g	27.80	3.09	444489									
Baked Beans	organic	12x400g	13.00	1.44	444490									
Baked Beans - Low Sugar	organic	12x400g	13.00	1.44	444491									
Baked Beans - catering size	organic	6x2.65kg	35.05	7.79	444495									
▲ Baked Beans & Lincoln Vegan Sausages		12x400g	25.10	2.79	444492									
Chickpea & Lentil Daal	organic	12x400g	21.15	2.35	444496									
Mac 'N' Cheeze		12x400g	24.20	2.69	444493									
Vegan Meatball Bolognese		12x400g	27.00	3.00	444498									
Ravioli in a Creamy Mushroom Sauce - vegan	organic	6x400g	13.25	2.94	444497									
Ravioli with Tomato & Ricotta	organic	6x400g	13.25	2.94	444501									
Ravioli with Vegetable Sauce - vegan	organic	6x400g	12.80	2.84	444502									
☐ Vegan Spaghetti Bolognese		12x400g	17.85	1.98	444509									
☐ Spicy Chorizo Vegan Stew		12x400g	17.00	1.89	444503									
Vegetable Stew & Dumplings		12x400g	22.40	2.49	444504									
<b>* <u>Suma - beans &amp; pulses easy-open cans</u></b>														
Aduki Beans	organic	12x400g	11.25	1.25	445503									
Black Beans	organic	12x400g	11.25	1.25	444596									
Catering size Black Beans	organic	6x2.6kg	22.45	4.99	444598									
◆ Black Chickpeas	organic	12x400g	11.25	1.25	444506									
Borlotti Beans	organic	12x400g	11.25	1.25	445506									
Brown Lentils	organic	12x400g	11.25	1.25	445509									
Butter Beans	organic	12x400g	11.60	1.29	445507									
Cannellini Beans	organic	12x400g	11.25	1.25	445508									
Chickpeas	organic	12x400g	11.25	1.25	445510									
Catering size Chickpeas	organic	6x2.6kg	22.45	4.99	445511									
Green Lentils	organic	12x400g	11.25	1.25	445512									
Haricot Beans	organic	12x400g	11.25	1.25	445513									
Mixed Beans	organic	12x400g	11.25	1.25	445514									
Pinto Beans	organic	12x400g	11.60	1.29	444518									
Red Kidney Beans	organic	12x400g	11.60	1.29	445505									
<b>* <u>Suma Canned from Fresh - beans &amp; pulses easy-open cans</u></b>														
Borlotti Beans Fresh	organic	12x400g	15.75	1.75	445600									
Cannellini Beans Fresh	organic	12x400g	15.75	1.75	445601									
Chickpeas Fresh	organic	12x400g	15.75	1.75	445602									
Edamame Fresh	organic	12x200g	15.20	1.69	445603									
Flageolet Fresh	organic	12x200g	13.40	1.49	445605									
Peas Fresh	organic	12x340g	15.75	1.75	445604									
<b>* <u>Suma - soup in easy-open cans</u></b>														
On offer are selected Suma organic soups, the pricing marked <input type="checkbox"/> below represents a discount of 15%.														
◆ Chik'n Soup		12x400g	20.25	2.25	445585									
◆ Minestrone Soup	organic	12x400g	20.60	2.29	445586									
☐ Mushroom Soup	organic	12x400g	18.25	2.03	445587									
☐ Pea Soup	organic	12x400g	17.50	1.94	445589									
Pea & Vegan Ham Soup		12x400g	20.25	2.25	445591									
Rustic Vegetable Soup	organic	12x400g	20.60	2.29	445590									
◆ Spicy Lentil Soup	organic	12x400g	19.35	2.15	445594									
Tomato Soup	organic	12x400g	19.35	2.15	445597									
◆ Tuscan Bean Soup	organic	12x400g	18.80	2.09	445598									
<b>* <u>Sunita</u></b>														
Polenta - ready to eat	organic	6x500g	8.45	1.88	445703									
<b>* <u>Sun &amp; Seed - bread mixes - gluten-free</u></b>														
Focaccia Mix - rosemary & thyme	organic	12x300g	37.50	4.17	445730									
Focaccia Mix - tomato & oregano	organic	12x300g	37.50	4.17	445732									
Gluten Free Bread Mix	organic	12x300g	37.50	4.17	445734									
<b>* <u>Yakso</u></b>														
Tempeh	organic	6x175g	17.15	3.82	446030									

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>■ Baby &amp; Children's Food and Baby Products</b>														
* <b><u>Beaming Baby</u></b>														
Free Helpline 0800 0345672														
1 - Mini Bamboo Nappies (2-6kg)	organic	4x32p	37.45	12.48	471192									
2 - Midi Bamboo Nappies (5-8kg)	organic	4x30p	37.45	12.48	471194									
3 - Maxi Bamboo Nappies (7-11kg)	organic	4x26p	37.45	12.48	471196									
4 - Maxi Plus Bamboo Nappies (9-15kg)	organic	4x24p	37.45	12.48	471198									
5 - Junior Bamboo Nappies (15-19kg)	organic	4x22p	37.45	12.48	471200									
6 - XL Bamboo Nappies (16+kg)	organic	4x20p	37.45	12.48	471202									
6 - XL Nappies (16+kg)		5x21p	41.20	10.99	471217									
Nappy Liners - roll		1x100p	4.25	6.36	471445									
Fragranced Degradable Nappy Sacks - box		10x60bags	19.45 V	3.48	471450									
Degradable Nappy Sacks - box - No Fragrance		10x60bags	19.45 V	3.48	471452									
Bamboo Baby Wipes	organic	12x80wipes	26.05 V	3.89	471454									
Unfragranced Baby Wipes	organic	12x72wipes	33.40 V	4.99	858152									
* <b><u>Bio-D</u></b>														
Nappy Fresh - nappy sanitizer		12x500g	23.95 V	3.21	830570									
* <b><u>Earth Conscious - vegan</u></b>														
Natural Baby Balm		6x60g	26.85 V	7.99	851008									
* <b><u>Ella's Kitchen - First Taste range - 4 months plus - pouches</u></b>														
On offer is Ella's Kitchen organic first taste range, the pricing below represents a discount of 15%.														
<input type="checkbox"/> Apples Apples Apples	organic	7x70g	5.95	1.13	470870									
<input type="checkbox"/> Bananas Bananas Bananas	organic	7x70g	5.95	1.13	470872									
<input type="checkbox"/> Carrots Carrots Carrots	organic	7x70g	5.95	1.13	470871									
<input type="checkbox"/> Mangoes Mangoes Mangoes	organic	7x70g	5.95	1.13	470875									
<input type="checkbox"/> Pears Pears Pears	organic	7x70g	5.95	1.13	470877									
<input type="checkbox"/> Prunes Prunes Prunes	organic	7x70g	5.95	1.13	470878									
<input type="checkbox"/> Sweet Potato Sweet Potato	organic	7x70g	5.95	1.13	470880									
* <b><u>Ella's Kitchen - baby food - 4 months plus - pouches</u></b>														
On offer is Ella's Kitchen organic baby food 4 months, the pricing below represents a discount of 15%.														
<input type="checkbox"/> Apples & Bananas	organic	7x120g	7.05	1.34	470930									
<input type="checkbox"/> Baby Rice Apple & Pear	organic	7x120g	7.05	1.34	470931									
<input type="checkbox"/> Baby Rice Banana & Apricot	organic	7x120g	7.05	1.34	470934									
<input type="checkbox"/> Banana Apple + Blueberry Baby Rice	organic	7x120g	7.05	1.34	470929									
<input type="checkbox"/> Broccoli, Pear & Peas	organic	7x120g	7.05	1.34	470932									
<input type="checkbox"/> Butternut Squash, Carrot, Apples and Prunes	organic	7x120g	7.05	1.34	470933									
<input type="checkbox"/> Carrot, Apple & Parsnip	organic	7x120g	7.05	1.34	470935									
<input type="checkbox"/> Mango, Pear & Papaya	organic	7x120g	7.05	1.34	470949									
<input type="checkbox"/> Peaches and Bananas	organic	7x120g	7.05	1.34	470936									
<input type="checkbox"/> Red Pepper, Sweet Potato & Apple	organic	7x120g	7.05	1.34	470952									
<input type="checkbox"/> Strawberries and Apples	organic	7x120g	7.05	1.34	470939									
<input type="checkbox"/> Sweet Potato, Pumpkin, Apple & Blueberry	organic	7x120g	7.05	1.34	470938									
<input type="checkbox"/> Sweet Potato, Broccoli & Carrots	organic	7x120g	7.05	1.34	470940									
* <b><u>Ella's Kitchen - stages 1+2+3 - 6 months plus</u></b>														
On offer is Ella's Kitchen stages 1+2+3 organic baby food, the pricing below represents a discount of 15%.														
<input type="checkbox"/> Banana Baby Brekkie	organic	6x100g	6.55	1.46	470967									
<input type="checkbox"/> Blueberry & Pear Brekkie	organic	6x100g	6.55	1.46	470969									
<input type="checkbox"/> Mango Baby Brekkie	organic	6x100g	6.55	1.46	470968									
* <b><u>Ella's Kitchen - 6 months+ - (min 3 months shelf life)</u></b>														
On offer is Ella's Kitchen organic 6 months +, the pricing below represents a discount of 15%.														
<input type="checkbox"/> Strawberry Greek Yoghurt	organic	6x90g	4.95	1.10	470964									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* Ella's Kitchen - main meal - stage 2 - 7 months plus</b>														
On offer is Ella's Kitchen main meal stage 2 organic baby food, the pricing below represents a discount of 15%.														
<input type="checkbox"/>	Cheese Pie with veggies	organic	6x130g	8.25	1.83	470977								
<input type="checkbox"/>	Vegetable Bake with Lentils	organic	6x130g	8.25	1.83	470985								
<b>* Ella's Kitchen - Dairy Free desserts - stage 6 - 7 months plus</b>														
On offer are Ella's Kitchen organic dairy free desserts, the pricing below represents a discount of 15%.														
<input type="checkbox"/>	Dairy Free Rice Pudding Banana + Strawberry - GF	organic	6x80g	7.00	1.56	470998								
<input type="checkbox"/>	Dairy Free Pear & Fig Porridge	organic	6x100g	6.55	1.46	470100								
<input type="checkbox"/>	Dairy Free Banana Yogurt - gluten free	organic	6x90g	4.70	1.04	470104								
<b>* Ella's Kitchen - desserts - stage 2 - 7 months plus</b>														
On offer is Ella's Kitchen organic rice pudding, the pricing below represents a discount of 15%.														
<input type="checkbox"/>	Rice Pudding - Mango & Apple	organic	6x80g	7.00	1.56	470986								
<b>* Ella's Kitchen - smoothie fruit - 6 months</b>														
On offer are Ella's Kitchen organic fruit smoothies, the pricing below represents a discount of 15%.														
<input type="checkbox"/>	The Green One - Smoothie Fruit - singles	organic	12x90g	8.90	0.99	470943								
<input type="checkbox"/>	The Green One - Smoothie Fruit - multi	organic	6x5x90g	21.40	4.76	470944								
<input type="checkbox"/>	The Pink One - Smoothie Fruit - multi	organic	3x5x90g	10.70	4.76	470953								
<input type="checkbox"/>	The Purple One - Smoothie Fruit - singles	organic	12x90g	8.90	0.99	470945								
<input type="checkbox"/>	The Purple One - Smoothie Fruit - multi	organic	6x5x90g	21.40	4.76	470947								
<input type="checkbox"/>	The Red One - Smoothie Fruit - singles	organic	12x90g	8.90	0.99	470950								
<input type="checkbox"/>	The Red One - Smoothie Fruit - multi	organic	6x5x90g	21.40	4.76	470955								
<input type="checkbox"/>	The White One - Smoothie Fruit - multi	organic	3x4x90g	9.15	4.07	470954								
<input type="checkbox"/>	The Yellow One - Smoothie Fruit - singles	organic	12x90g	8.90	0.99	470960								
<b>* Lansinoh</b>														
	Organic Nipple Balm - glass jar	organic	6x60ml	63.55 V	16.95	855316								
	Post-Birth Relief Spray	organic	6x100ml	56.80 V	15.15	472628								
	Pre-Birth Preparation Oil	organic	6x50ml	49.25 V	13.13	472630								
<b>* Natracare</b>														
◆	Organic Cotton Baby Wipes	organic	16x50p	42.85 V	4.59	472635								
<b>* Organix Brands - from 7 months</b>														
On offer are Organix, from 7 months, the pricing below represents a discount of 15%.														
<input type="checkbox"/>	Banana & Plum Porridge	organic	4x200g	8.50	2.83	470710								
<input type="checkbox"/>	Apple Rice Cake Clouds	organic	6x40g	7.10	1.58	470820								
<input type="checkbox"/>	Banana Rice Cake Clouds	organic	6x40g	7.10	1.58	470822								
<input type="checkbox"/>	Cherry Rice Cake Clouds	organic	6x40g	7.10	1.58	470823								
<input type="checkbox"/>	Strawberry Rice Cake Clouds	organic	6x40g	7.10	1.58	470824								
<input type="checkbox"/>	Summer Fruits Rice Cake Clouds	organic	6x40g	7.10	1.58	470826								
<input type="checkbox"/>	Little Ruskits Baby Biscuits	organic	4x54g	6.15	2.05	470833								
<input type="checkbox"/>	Melty Tomato Slices	organic	5x20g	2.75	0.73	470857								
<input type="checkbox"/>	Melty Carrot Puffs	organic	8x20g	4.30	0.72	470924								
<input type="checkbox"/>	Melty Sweetcorn Rings	organic	8x20g	4.30	0.72	470926								
<input type="checkbox"/>	Banana Weaning Wands	organic	5x25g	5.10	1.36	470976								
<input type="checkbox"/>	Strawberry Weaning Wands	organic	5x25g	5.10	1.36	470978								
<b>* Organix - 12 months plus</b>														
On offer are Organix 12 months plus, the pricing below represents a discount of 15%.														
<input type="checkbox"/>	Chunky Apple & Date Fruit Bars	organic	6x6x17g	13.50	3.00	470881								
<input type="checkbox"/>	Chunky Banana & Date Fruit Bars	organic	6x6x17g	13.50	3.00	470882								
<input type="checkbox"/>	Kids Crazy Choco Orange Mini Flapjack Bites	organic	4x4x23g	9.55	3.17	470869								
<input type="checkbox"/>	Kids Lemon & Lime Oaty Bars	organic	6x6x23g	14.40	3.19	470873								
<input type="checkbox"/>	Kids Marvellous Mandarin & Apple Oaty Bars	organic	6x6x23g	14.40	3.19	470874								
<input type="checkbox"/>	Wavy Apple Snackers - Kids	organic	5x15g	3.60	0.96	470879								
<input type="checkbox"/>	Raisins - box	organic	4x12x14g	8.20	2.73	470884								
<input type="checkbox"/>	Farm Animal Biscuits	organic	5x100g	8.20	2.19	470907								

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<input type="checkbox"/> Cocoa & Vanilla Gruffalo Biscuits	organic 3x5x20g	5.35		2.38	470889									
<input type="checkbox"/> Gingerbread Men - large	organic 6x135g	11.55		2.57	470909									
<input type="checkbox"/> Mini Gingerbread Men	organic 8x20g	4.50		0.75	470911									
<input type="checkbox"/> Carrot Stix	organic 6x15g	2.10		0.47	470914									
<input type="checkbox"/> Cheese & Herb Corn Puffs	organic 6x15g	2.10		0.47	470920									
<input type="checkbox"/> Barbeque Gruffalo Claws	organic 3x4x15g	5.35		2.37	470901									
<input type="checkbox"/> Cheese & Onion Gruffalo Claws	organic 3x4x15g	5.35		2.37	470905									
<input type="checkbox"/> Melty Carrot Puffs multi pack	organic 4x4x18g	7.20		2.39	470923									
<input type="checkbox"/> Mini Cheese Cracker multipack	organic 3x4x20g	5.65		2.50	470918									
* <b>Pip - pure Organic juice for kids - see "Organic Juices &amp; Cordials" section</b>														
* <b>Pip Organic Fruity Waters (school compliant) - see "Organic Juices &amp; Cordials" section</b>														
* <b>Weleda baby range - please see "Toiletries" section</b>														
<b>Japanese Products, Miso, Soy Sauce, Tofu</b>														
* <b>Biona</b>														
On offer is Biona organic Wasabi-style Horseradish, the pricing below represents a discount of 15%.														
<input type="checkbox"/> Wasabi-style horseradish paste - tubes	organic 8x50g	19.80		3.30	510405									
* <b>Biona - Ambient Long Life Tofu in jar - see "Convenience Foods"</b>														
* <b>Biona Japanese sauces</b>														
On offer are selected Biona organic Japanese sauces, the pricing marked <input type="checkbox"/> below represents a discount of 15%.														
<input type="checkbox"/> Shoyu Soya Sauce - glass bottle	organic 6x145ml	11.40		2.53	510420									
<input type="checkbox"/> Shoyu Soya Sauce - glass bottle	organic 6x250ml	20.65		4.59	510424									
<input type="checkbox"/> Tamari Soya Sauce - glass bottle	organic 6x145ml	12.20		2.71	510428									
<input type="checkbox"/> Tamari Soya Sauce - glass bottle	organic 6x250ml	21.10		4.69	510430									
* <b>Clearspring - sweet grain desserts</b>														
Brown Rice Amazake	organic 6x380g	21.10		4.69	510450									
Millet Amazake	organic 6x370g	21.10		4.69	510452									
Oat Amazake	organic 6x360g	21.10		4.69	510455									
* <b>Clearspring</b>														
Chilli Umami Paste	organic 6x150g	21.10		4.69	510510									
Ginger Umami Paste	organic 6x150g	21.10		4.69	510515									
Umeboshi Plums	organic 6x200g	44.95		10.00	510518									
Umeboshi Plums	organic 1kg	34.50	34.50		510521									
Organic Umeboshi Paste	organic 6x150g	33.25		7.40	510522									
Brown Rice Vinegar	organic 6x150ml	12.10		2.69	510525									
Brown Rice Vinegar	organic 6x250ml	17.05		3.79	510524									
Brown Rice Vinegar	organic 6x500ml	26.95		5.99	510530									
Rice Vinegar	organic 6x250ml	16.60		3.69	510526									
Rice Mirin - organic	organic 6x250ml	31.45		6.99	510528									
Rice Mirin - organic	organic 6x150ml	20.20		4.49	510527									
Mikawa Mirin - sweet rice	organic 6x150ml	22.45		4.99	510536									
Brown Rice Mochi - gluten-free	organic 6x250g	28.30		6.29	510531									
Brown Rice Black Soya Bean Mochi - GF	organic 6x250g	30.10		6.69	510532									
Ume Su Plum Seasoning - organic	organic 6x250ml	19.30		4.29	510548									
Ume Su Plum Seasoning - organic	organic 6x150ml	13.45		2.99	510529									
Yuzu Ponzu	organic 6x150ml	25.60		5.69	510544									
Pickled Daikon Radish	6x100g	22.45		4.99	510562									
Organic Dried Daikon Radish	organic 6x30g	13.45		2.99	510565									
Organic Sushi Ginger	organic 10x50g	27.65		3.69	510547									
Kuzu Mountain Starch	organic 6x125g	35.95		7.99	510560									
Wasabi Powder - non-organic	6x25g	17.95		3.99	510575									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Clearspring Japanese miso</u></b>														
On offer are selected Clearspring organic vegan misos, the pricing marked <input type="checkbox"/> below represents a discount of 15%.														
<input type="checkbox"/>	Barley Miso - unpasteurised - jar	organic	6x300g	26.70	5.93	480450								
	1kg Brown Rice Miso - unpasteurised - tub	organic	1x1kg	13.70	18.25	480453								
<input type="checkbox"/>	300g Brown Rice Miso - unpasteurised - jar	organic	6x300g	22.15	4.92	480460								
<input type="checkbox"/>	150g Brown Rice Miso - unpasteurised - jar	organic	6x150g	15.25	3.39	480461								
<input type="checkbox"/>	Reduced Salt Brown Rice Miso - unpasteurised - jar	organic	6x270g	20.60	4.58	480465								
<input type="checkbox"/>	Chickpea Miso - unpasteurised - jar	organic	6x150g	15.25	3.39	480467								
	1kg White Miso - unpasteurised - tub	organic	1x1kg	10.72	14.28	480464								
<input type="checkbox"/>	White Miso - unpasteurised - jar	organic	6x270g	16.40	3.64	480468								
	Barley Miso - pouch	organic	6x300g	27.40	6.09	480451								
	Hatcho Miso - pouch - unpasteurised	organic	6x300g	25.15	5.59	480457								
	Brown Rice Miso - pouch	organic	6x300g	26.95	5.99	480463								
	Sweet White Miso - pouch	organic	6x250g	22.45	4.99	480525								
	Red Miso Soup - instant		8x4x10g	23.90	3.99	480532								
	White Miso Soup - instant		8x4x10g	23.90	3.99	480552								
<input type="checkbox"/>	Instant Miso Soup with Sea Vegetables	organic	8x4x10g	20.35	3.39	480537								
<input type="checkbox"/>	Instant Miso Soup Paste - Ginger & Turmeric	organic	8x4x15g	16.75	2.80	480533								
<input type="checkbox"/>	Instant Miso Soup Paste - Hot & Spicy	organic	8x4x15g	16.75	2.80	480534								
<input type="checkbox"/>	Instant Miso Soup Paste - Creamy Sesame	organic	8x4x15g	16.75	2.80	480535								
<input type="checkbox"/>	Instant Miso Soup Paste with Sea Vegetables	organic	8x4x15g	16.75	2.80	480538								
<input type="checkbox"/>	White Instant Miso Soup Paste + sea veg	organic	8x4x15g	16.75	2.80	480545								
	Umami Instant Stock	organic	8x4x28g	23.90	3.99	480539								
	1kg Barley Miso - unpasteurised - tub	organic	1x1kg	15.70	20.92	480540								
<b>* <u>Clearspring Japanese sauces</u></b>														
On offer is Clearspring organic Instant Noodle Broth, the pricing below represents a discount of 15%.														
<input type="checkbox"/>	Instant Noodle Broth	organic	6x250ml	24.80	5.51	480501								
	Dispenser - Shoyu Soya Sauce	organic	6x150ml	20.65	4.59	480507								
	Shoyu Soya Sauce	organic	6x1l	53.95	11.99	480504								
	Shoyu Soya Sauce	organic	6x500ml	29.20	6.49	480505								
	Shoyu Soya Sauce	organic	6x250ml	18.85	4.19	480506								
	Shoyu Soya Sauce	organic	6x150ml	13.45	2.99	480510								
	Shoyu Soya Sauce	organic	2.5l	20.20	8.08	480512								
	Japanese Yaemon Tamari - double strength	organic	20l	252.25	12.61	480514								
	Japanese Yaemon Tamari - double strength	organic	6x1l	85.45	18.99	480513								
◆	Japanese Yaemon Tamari - double strength	organic	6x500ml	47.25	10.50	480515								
◆	Japanese Yaemon Tamari - double strength	organic	6x150ml	17.95	3.99	480520								
◆	Japanese Yaemon Tamari - double strength	organic	6x250ml	26.95	5.99	480521								
	Japanese Tamari - double strength	organic	2.5l	33.75	13.50	480522								
	Japanese Tamari - single strength	organic	6x250ml	17.95	3.99	480523								
	Japanese Tamari - single strength	organic	6x150ml	13.45	2.99	480524								
	Japanese Tamari - single strength	organic	2.5l	23.95	9.58	480526								
<b>* <u>Clearspring Sauces - made in Wales</u></b>														
	Soya Sauce	organic	6x150ml	14.80	3.29	480562								
	Sushi Soy Sauce	organic	6x150ml	17.05	3.79	480565								
	Sushi Rice Seasoning	organic	6x150ml	26.90	5.98	480567								
	Teriyaki	organic	6x150ml	20.20	4.49	480570								
	Teriyaki - gluten-free	organic	6x150ml	23.35	5.19	480572								
<b>* <u>Clearspring - Ambient Tofu- Tetra Pak</u></b>														
◆	Long Life Tofu - ambient	organic	12x300g	20.60	2.29	480590								
<b>* <u>King Soba - Mighty Miso</u></b>														
	Instant Edamame Miso Soup	organic	10x60g	24.65	3.29	480770								
	Instant Pumpkin & Vegetable Miso Soup	organic	10x60g	24.65	3.29	480775								
	Instant Tofu & Ginger Miso Soup	organic	10x60g	24.65	3.29	480780								
<b>* <u>Marigold Liquid Aminos - see Condiments section</u></b>														
<b>* <u>Ocean's Halo</u></b>														
◆	Miso Broth - tetra	organic	6x946ml	22.65	5.04	481040								
◆	Pho Broth - tetra	organic	6x946ml	22.65	5.04	481042								
◆	Ramen Broth - tetra	organic	6x946ml	22.65	5.04	481044								

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>OHSOMISO</u></b>														
Sweet Brown Miso - rice & soy	4x240g	13.00		4.33	481045									
Sweet Brown Miso - rice & chickpea	4x240g	13.00		4.33	481046									
<b>* <u>Sanchi</u></b>														
Shoyu Soya Sauce	5l	25.75	5.15		481520									
Tamari - poly	5l	32.00	6.40		481530									
Barley Mugi Miso	organic 6x200g	16.15		3.59	481565									
Genmai Miso (brown rice)	organic 6x200g	16.15		3.59	481567									
<b>■ Sea Vegetables</b>														
<b>* <u>Clearspring</u></b>														
Atlantic Agar Flakes	organic 8x30g	35.90		5.98	531006									
Japanese Arame	8x30g	31.70		5.28	531009									
Atlantic Dulse	organic 8x25g	28.10		4.68	531016									
Green Nori Flakes	10x20g	14.95		1.99	531012									
Japanese Hijiki	5x30g	29.90		7.98	531035									
Japanese Hokkaido Kombu	5x40g	20.60		5.49	531036									
Japanese Sea Vegetable Salad	6x25g	22.45		4.99	531018									
Japanese Wakame	5x30g	21.30		5.69	531019									
Nori - 10 sheets	6x25g	17.95		3.99	531021									
Sushi Nori - Toasted - 7 sheets	8x17g	20.30		3.38	531020									
Nori Spicy Strip Snacks - toasted	12x13.5g	28.70		3.19	531022									
Atlantic Sea Salad	organic 8x25g	23.90		3.98	531029									
◆ Ginger Seaveg Crispies - toasted nori snack	organic 20x4g	19.35		1.29	531041									
◆ Multipack Ginger Seaveg Crispies	organic 6x5x4g	22.45		4.99	531043									
◆ Turmeric Seaveg Crispies - toasted nori snack	organic 20x4g	19.35		1.29	531045									
◆ Multipack Turmeric Seaveg Crispies	organic 6x5x4g	22.45		4.99	531047									
◆ Original Seaveg Crispies - toasted nori snack	organic 20x4g	19.35		1.29	531050									
◆ Multipack Original Seaveg Crispies	organic 6x5x4g	22.45		4.99	531052									
◆ Chilli Seaveg Crispies - toasted nori snack	organic 20x4g	19.35		1.29	531059									
◆ Multipack Chilli Seaveg Crispies	organic 6x5x4g	22.45		4.99	531061									
Atlantic Wakame	organic 8x25g	25.10		4.18	531031									
<b>* <u>The Cornish Seaweed Company - grinders and shakers</u></b>														
Dulse Flakes - shaker	organic 6x20g	15.85		3.75	531096									
Kelp Flakes - shaker	organic 6x40g	16.75		3.96	531098									
Mixed Seaweed Flakes - shaker	organic 6x40g	16.75		3.96	531100									
Seagreens Flakes - shaker	organic 6x10g	15.85		3.75	531104									
Sea Salad Flakes - shaker	organic 6x12g	15.85		3.75	531108									
Seaweed Mixed Pepper Grinder	organic 4x60g	12.50		4.43	531110									
Seaweed Salt Grinder	organic 4x100g	10.40		3.69	531112									
<b>* <u>The Cornish Seaweed Company - www.cornishseaweedcompany.co.uk</u></b>														
Dulse	organic 5x20g	16.15		4.32	531065									
Irish Moss	organic 5x20g	16.55		4.41	531071									
Kelp (was "Kombu")	organic 5x30g	16.15		4.31	531075									
Sea Greens	organic 5x15g	15.50		4.14	531077									
▲ Dulse Flakes	organic 5x40g	21.00		5.60	531078									
Kelp Flakes	organic 5x60g	19.70		5.25	531079									
Mixed Seaweed Flakes	organic 5x60g	19.70		5.25	531082									
Sea Salad Flakes	organic 5x30g	20.30		5.41	531080									
Sea Spaghetti	organic 5x40g	16.15		4.31	531085									
Cornish Seaweed Salt	organic 8x70g	16.85		2.81	531090									
<b>* <u>Do-It</u></b>														
Arame	1kg	75.50	75.50		531150									
<b>* <u>Seagreens - Vegan</u></b>														
For Seagreens marketing materials and product information please contact info@seagreens.co.uk or phone 01444 400403														
Seaweed Food Capsules (single)	demeter 1x60p	13.35	V	21.36	531560									
<b>* <u>Ocean's Halo</u></b>														
◆ Sushi Nori Sheets	organic 12x28g	35.50		3.95	531590									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>■ Teas - Herb</b>														
* <b>11 O'clock Tea</b>														
On offer is organic 11 O'clock Rooibosch, the pricing below represents a discount of 20%.														
<input type="checkbox"/>	11 O'clock Rooibosch Tea Bags	organic	4x40bgs	6.95	2.32	575010								
<input type="checkbox"/>	11 O'clock Rooibosch Tea Bags	organic	4x80bgs	12.90	4.30	575015								
* <b>Bos Teas</b>														
	Rooibos Tea Tin	organic	12x40bgs	73.25	8.14	575020								
	Rooibos Tea	organic	12x40bgs	43.35	4.82	575022								
	Chai Rooibos Tea	organic	12x20bgs	34.70	3.86	575025								
	Orange & Ginger Rooibos Tea	organic	12x20bgs	34.70	3.86	575026								
	Strawberry & Vanilla Rooibos Tea	organic	12x20bgs	34.70	3.86	575027								
* <b>Celestial Seasonings - herb &amp; spice tea bags</b>														
	Bengal Spice Tea Bags		6x20bgs	16.95	3.77	500605								
	Lemon Zinger Tea Bags		6x20bgs	15.70	3.49	500607								
	Mandarin Orange Spice		6x20bgs	15.70	3.49	500610								
	Sleepytime Extra Wellness Tea Bags		6x20bgs	16.95	3.77	500612								
	Sleepytime Tea Bags		6x20bgs	15.70	3.49	500615								
	Tension Tamer Tea Bags		6x20bgs	15.70	3.49	500617								
* <b>Clipper Infusions - tea bags - blends</b>														
	Infusion Selection Box - bags	organic	1x45bgs	9.80	13.47	560359								
	Cleanse With Benefits - citrus nettle fennel	organic	4x20bgs	9.25	3.08	560364								
	Restoring Roots - Ginger & Turmeric	organic	4x20bgs	9.25	3.08	560362								
	Sleep Time - chamomile & lemonbalm etc	organic	4x20bgs	9.25	3.08	560371								
	Sleep Easy Infusion	organic	6x20bgs	11.95	2.66	560385								
◆	20 bags Chamomile Infusion	organic	6x20bgs	11.95	2.66	560405								
◆	20 bag Peppermint Infusion	organic	6x20bgs	11.95	2.66	560407								
◆	Dandelion Infusion	organic	6x20bgs	11.95	2.66	560410								
◆	Fennel Infusion	organic	6x20bgs	11.95	2.66	560411								
	Groovy Ginger Hemp infusion	organic	4x20bgs	10.85	3.62	560409								
◆	Nettle Infusion	organic	6x20bgs	11.95	2.66	560413								
◆	Lemon & Ginger Infusion	organic	6x20bgs	11.95	2.66	560417								
◆	Liquorice Infusion	organic	6x20bgs	11.95	2.66	560418								
* <b>Clipper Redbush/Rooibos</b>														
	Redbush Tea Bags	organic	6x80bgs	21.80	4.84	560430								
* <b>Dragonfly - Organic Herb Teas</b>														
On offer are Dragonfly organic herb teas, the pricing below represents a discount of 20%.														
<input type="checkbox"/>	Golden Balance Turmeric Bags	organic	4x20bgs	6.90	2.30	560551								
<input type="checkbox"/>	Happy Times Tulsi Bags	organic	4x20bgs	6.90	2.30	560556								
<input type="checkbox"/>	Lively Lemon & Ginger Bags	organic	4x20bgs	6.90	2.30	560561								
<input type="checkbox"/>	Mint Garden Digestif Bags	organic	4x20bgs	6.90	2.30	560554								
<input type="checkbox"/>	Cape Malay Rooibos Chai Bags	organic	4x20bgs	6.30	2.10	560555								
<input type="checkbox"/>	Mountain Honeybush Tea Bags	organic	4x20bgs	6.30	2.10	560565								
<input type="checkbox"/>	Night Sky Calm Bags	organic	4x20bgs	6.90	2.30	560567								
<input type="checkbox"/>	Sleepy Mint & Honeybush Bags	organic	4x20bgs	6.90	2.30	560563								
<input type="checkbox"/>	Sweet Rosehip & Raspberry Bags	organic	4x20bgs	6.90	2.30	560564								
<input type="checkbox"/>	Three Mint Medley Bags	organic	4x20bgs	6.90	2.30	560566								
<input type="checkbox"/>	Cape Rooibos & Honeybush Bags	organic	4x20bgs	6.30	2.10	560568								
* <b>Dragonfly - Rooibos Teas</b>														
On offer is Dragonfly organic rooibos tea, the pricing below represents a discount of 20%.														
<input type="checkbox"/>	Rooibos	organic	4x40bgs	7.30	2.43	544008								
<input type="checkbox"/>	Rooibos - Earl Grey	organic	4x40bgs	7.30	2.43	544110								
<input type="checkbox"/>	Rooibos - Vanilla	organic	4x40bgs	7.30	2.43	544112								
* <b>English Tea Shop</b>														
	Chamomile Tea Bags	organic	6x20bgs	11.30	2.51	544130								
	Lemongrass Citrus & Ginger Tea Bags	organic	6x20bgs	11.30	2.51	544132								
	Perfect Peppermint - FT - Tea Bags	organic	6x20bgs	11.30	2.51	544134								
	Rooibos - FT - Tea Bags	organic	6x20bgs	11.30	2.51	544136								

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Essential</u></b>														
Camomile Tea Sachets	organic 4x20bgs	7.35		2.45	571906									
Fennel Tea Sachets	organic 4x20bgs	7.35		2.45	571907									
Ginger & Lemon Tea Sachets	organic 4x20bgs	7.35		2.45	571908									
Hibiscus Tea Sachets	organic 4x20bgs	7.35		2.45	571909									
Liquorice Tea Sachets	organic 4x20bgs	7.35		2.45	571911									
Peppermint & Spearmint Tea Sachets	organic 4x20bgs	7.35		2.45	571912									
Peppermint Tea Sachets	organic 4x20bgs	7.35		2.45	571913									
<b>* <u>Forest Wholefoods - retail pouches</u></b>														
Yerba Mate Loose Leaf - contains caffeine	organic 6x250g	34.05		7.57	571932									
<b>* <u>Floradix - Herbal Tea Bags</u></b>														
Anise Fennel Caraway Tea	organic 12x15bgs	21.10		2.34	572100									
Camomile Tea	organic 12x15bgs	21.10		2.34	572102									
Dandelion Tea	organic 12x15bgs	21.10		2.34	572104									
Hawthorn Tea	organic 12x15bgs	21.10		2.34	572108									
Lemon Balm Tea	organic 12x15bgs	21.10		2.34	572110									
Mate Tea	organic 12x15bgs	21.10		2.34	572114									
Peppermint Tea	organic 12x15bgs	21.10		2.34	572116									
Sage Tea	organic 12x15bgs	21.10		2.34	572115									
Thyme Tea	organic 12x15bgs	21.10		2.34	572117									
Lemon Verbena Tea (was Vervain)	organic 12x15bgs	21.10		2.34	572118									
<b>* <u>Hambleden Tea Bags - www.hambledenherbs.com</u></b>														
Chamomile Tea Bags	organic 6x20bgs	12.90		2.87	560505									
Elderflower Tea Bags	organic 6x20bgs	17.20		3.83	560510									
Hibiscus Tea Bags	organic 6x20bgs	12.90		2.87	560520									
Lemon Verbena Tea Bags	organic 6x20bgs	12.90		2.87	560530									
Limeflower Tea Bags	organic 6x20bgs	17.20		3.83	560535									
Nettle Tea Bags	organic 6x20bgs	12.90		2.87	560538									
Peppermint Tea Bags	organic 6x20bgs	12.90		2.87	560540									
Rosehip Tea Bags	organic 6x20bgs	17.20		3.82	560545									
Turmeric Chai Tea Bags	organic 6x20bgs	17.20		3.85	560548									
<b>* <u>Hambleden loose herb infusions</u></b>														
Chamomile - loose	organic 6x40g	17.20		3.83	560705									
Hibiscus - loose	organic 6x50g	17.20		3.83	560710									
Lemon Verbena - loose	organic 6x20g	17.20		3.83	560720									
Peppermint - loose	organic 6x45g	17.20		3.83	560730									
Raspberry Leaf - loose	organic 6x45g	17.20		3.83	560735									
<b>* <u>Hampstead - string &amp; tag envelope- Infusion</u></b>														
"Herbal Harmonies Selection Pack" comprises:-														
five bags of each of: demeter Peppermint & Spearmint, organic Camomile, organic Rosehip & Hibiscus and organic demeter Lemon & Ginger.														
◆ Herbal Harmonies Selection Pack	demeter 4x20bgs	10.45		3.49	560809									
◆ Camomile Mellow	organic 4x20bgs	10.45		3.49	560808									
◆ Digest Well - was Fennel & Peppermint	demeter 4x20bgs	10.45		3.49	560810									
◆ Lemon Ginger	demeter 4x20bgs	10.45		3.49	560815									
◆ Peppermint & Spearmint	demeter 4x20bgs	10.45		3.49	560820									
◆ Meditate Lavender & Valerian	demeter 4x20bgs	10.45		3.49	560823									
◆ Rooibos	organic 4x20bgs	10.45		3.49	560824									
◆ Rosehip Hibiscus	organic 4x20bgs	10.45		3.49	560825									
◆ Sleep Well	organic 4x20bgs	10.45		3.49	560826									
◆ Turmeric & Cinnamon	organic 4x20bgs	10.45		3.49	560828									
<b>* <u>Hampstead - loose herb infusions</u></b>														
◆ Camomile Loose Leaf Tea	organic 6x40g	29.20		6.49	560845									
◆ Lemon & Ginger Loose Leaf Tea	organic 6x100g	29.20		6.49	560846									
<b>* <u>Organic Herb Trading Co. organic loose tea</u></b>														
Chamomile Flower - EU & NOP	organic 1x500g	11.75		15.71	560851									
Elderberry Rosehip & Hibiscus	organic 1x500g	11.75		15.67	560852									
Hibiscus Flower Pieces - teabag cut	organic 1x500g	13.00		17.33	560856									
Rooibos Leaf	organic 1x500g	14.30		19.08	560857									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* Pukka - Ayurvedics - tea bags</b>														
<b>"Herbal Tea Collection" comprises:-</b>														
<b>Elderberry &amp; Echinacea, Lemon Ginger &amp; Manuka, Feel New, Three Mint and Night Time.</b>														
◆	Breathe In with Eucalyptus	organic	4x20bgs	14.85	4.96	561488								
◆	Chamomile, Vanilla & Manuka Honey	organic	4x20bgs	14.85	4.96	561490								
◆	Feel New - aniseed, fennel & licorice	organic	4x20bgs	14.85	4.96	561500								
◆	Herbal Tea collection	organic	4x20bgs	16.45	5.48	561494								
◆	Elderberry & Echinacea	organic	4x20bgs	14.85	4.96	561501								
◆	Joy - lemony herbs with orange Tea	organic	4x20bgs	14.85	4.96	561496								
◆	Lemon, Ginger & Manuka Honey	organic	4x20bgs	14.85	4.96	561504								
◆	Lemongrass & Ginger	organic	4x20bgs	14.85	4.96	561495								
◆	Love - rose, chamomile & lavender Tea	organic	4x20bgs	14.85	4.96	561515								
◆	Licorice & Cinnamon	organic	4x20bgs	14.85	4.96	561517								
◆	Morning Berry - rooibos, ginseng, blackcurrant	organic	4x20bgs	14.85	4.96	561521								
◆	Night Time Berry - berries, echinacea & chamomile	organic	4x20bgs	14.85	4.96	561516								
◆	Peace - chamomile, spearmint, hemp, licorice	organic	4x20bgs	14.85	4.96	561531								
◆	Peppermint & Licorice	organic	4x20bgs	14.85	4.96	561506								
◆	Radiance - nettle, fennel & aloe vera	organic	4x20bgs	14.85	4.96	561518								
◆	Relax - chamomile, fennel & marshmallow	organic	4x20bgs	14.85	4.96	561510								
◆	Turmeric Active Herbal Tea	organic	4x20bgs	14.85	4.96	561511								
◆	Wild Apple Cinnamon with Ginger	organic	4x20bgs	14.85	4.96	561554								
◆	Winter Warmer	organic	4x20bgs	14.85	4.96	561553								
◆	Womankind - rose, vanilla & shatavari	organic	4x20bgs	14.85	4.96	561555								
◆	Vanilla Spice Chai - cinnamon & sweet vanilla	organic	4x20bgs	14.85	4.96	561520								
◆	Night Time Tea	organic	4x20bgs	14.85	4.96	561530								
◆	Three Chamomile Tea	organic	4x20bgs	14.85	4.96	561532								
◆	Three Fennel Tea	organic	4x20bgs	14.85	4.96	561537								
◆	Three Ginger Tea	organic	4x20bgs	14.85	4.96	561540								
◆	Three Mint Tea	organic	4x20bgs	14.85	4.96	561545								
◆	Tulsi Clarity Tea	organic	4x20bgs	14.85	4.96	561551								
<b>* Taka Turmeric Tea Bags</b>														
	Chamomile Rosehip Turmeric Tea Bags	organic	4x15bgs	11.90	3.97	561588								
	Ginger Lemon Turmeric Tea Bags	organic	4x15bgs	11.90	3.97	561590								
	Hibiscus Cinnamon Turmeric Tea Bags	organic	4x15bgs	11.90	3.97	561592								
	Rooibos Honeybush Turmeric Tea Bags	organic	4x15bgs	11.90	3.97	561597								
<b>* Tick Tock Rooibos</b>														
On offer is Tick Tock rooibos, the pricing below represents a discount of 20%.														
☐	Rooibos Tea Bags	organic	4x40bgs	6.45	2.15	561712								
☐	Rooibos Tea Bags	organic	4x80bgs	12.60	4.20	561716								
☐	Rooibos Tea Loose	organic	6x100g	9.60	2.13	561717								
☐	Green Rooibos Tea Bags	organic	4x40bgs	6.80	2.27	561718								
☐	Rooibos Earl Grey Tea Bags		4x40bgs	6.80	2.27	561722								
<b>* Yogi Tea - Ayurvedic Tea Bags</b>														
<b>Yogi tea bags are manila hemp fibre, chlorine free, with no plastic.</b>														
<b>"The Finest Selection Tea Bags" comprises:-</b>														
<b>2 bags each of Classic, Licorice, Ginger &amp; Lemon, Turmeric Chai</b>														
<b>Green Tea Matcha Lemon and Womens Balance.</b>														
<b>"The Selection Tea Box" comprises:-</b>														
<b>5 bags each of ginger lemon, sweet chilli, ginger orange,</b>														
<b>lime mint, classic, choco, women's tea, turmeric chai and rooibos</b>														
On offer are selected Yogi organic teas, the pricing marked ☐ below represents a discount of 25%.														
	The Finest Selection Tea Bags	organic	6x18bgs	12.80	2.85	571719								
	Alkaline Herbs	organic	6x17bgs	12.35	2.75	571702								
	Ashwaganda Balance	organic	6x17bgs	12.35	2.75	571703								
☐	Bedtime Tea	organic	6x17bgs	9.25	2.06	571705								
	Bedtime Rooibos Vanilla Tea	organic	6x17bgs	12.35	2.75	571951								
	Berry Vanilla Tea	organic	6x17bgs	12.35	2.75	571954								
	Breathe Deep Tea	organic	6x17bgs	12.35	2.75	571955								
	Chocolate Blend Yogi Tea	organic	6x17bgs	12.35	2.75	571735								
☐	Classic Blend Yogi Tea	organic	6x17bgs	9.25	2.06	571732								
	Detox Tea	organic	6x17bgs	12.35	2.75	571707								
	Feel Pure (formerly Detox Dandelion)	organic	6x17bgs	12.35	2.75	571984								
	Echinacea Tea	organic	6x17bgs	12.35	2.75	571710								

▲ price rise ▼ fall

\* new product ☐ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Ginger Tea	organic 6x17bgs	12.35		2.75	571981									
Ginger Lemon Tea	organic 6x17bgs	12.35		2.75	571712									
Ginger Orange Vanilla Tea	organic 6x17bgs	12.35		2.75	571715									
Heartwarming Tea	organic 6x17bgs	12.35		2.75	571977									
Himalayan Blend Yogi Tea	organic 6x17bgs	12.35		2.75	572010									
Immune Support	organic 6x17bgs	12.35		2.75	571979									
Inner Harmony	organic 6x17bgs	12.35		2.75	571976									
Licorice Blend Yogi Tea	organic 6x17bgs	12.35		2.75	571737									
Licorice Mint	organic 6x17bgs	12.35		2.75	571717									
Lime Mint Tea	organic 6x17bgs	12.35		2.75	571978									
☐ Maca Chai Tea	organic 6x17bgs	9.25		2.06	571989									
Men's Tea	organic 6x17bgs	12.35		2.75	571980									
Mental Clarity	organic 6x17bgs	12.35		2.75	571999									
Pumpkin Chai	organic 6x17bgs	12.35		2.75	571992									
Relax Tea	organic 6x17bgs	12.35		2.75	571960									
Rooibos Yogi Tea	organic 6x17bgs	12.35		2.75	572003									
Rose Tea	organic 6x17bgs	12.35		2.75	571740									
☐ Soul Balm Tea	organic 6x17bgs	9.25		2.06	571742									
Stomach-Ease Tea	organic 6x17bgs	12.35		2.75	571720									
Sweet Chai Yogi Tea	organic 6x17bgs	12.35		2.75	571725									
Sweet Chili Mexican Spice Yogi Tea	organic 6x17bgs	12.35		2.75	571727									
Throat Comfort Tea	organic 6x17bgs	12.35		2.75	571722									
Tulsi Relax Tea	organic 6x17bgs	12.35		2.75	571724									
☐ Turmeric Chai Yogi Tea	organic 6x17bgs	9.25		2.06	571728									
Turmeric Orange Tea	organic 6x17bgs	12.35		2.75	571729									
Well Being Tea	organic 6x17bgs	12.35		2.75	571973									
<b>* <u>Yogi Tea - For the Senses - tea with essential oils</u></b>														
Good Night Tea	organic 6x17bgs	12.35		2.75	572073									
Natural Energy Tea	organic 6x17bgs	12.35		2.75	572075									
Natural Wellbeing Tea	organic 6x17bgs	12.35		2.75	572077									
Pure Happiness Tea	organic 6x17bgs	12.35		2.75	572079									
<b>* <u>Yogi Tea - women's ayurvedic tea</u></b>														
Women's Tea	organic 6x17bgs	12.35		2.75	571995									
Women's Balance Tea	organic 6x17bgs	12.35		2.75	571996									
Women's Energy Tea	organic 6x17bgs	12.35		2.75	571730									
<b>* <u>Yogi Tea - loose</u></b>														
Loose Classic Chai	organic 8x90g	17.70		2.95	572055									
Loose Choco Chai	organic 8x90g	17.70		2.95	572057									
<b>■ Teas - Black, Green &amp; White</b>														
<b>* <u>Clearspring - Japanese</u></b>														
Kukicha Roasted Twig Tea Bags - boxed	organic 4x20bgs	10.45		3.49	500516									
Kukicha Roasted Twig Tea - loose	organic 6x90g	19.75		4.39	500506									
Sencha Green Tea Bags - boxed	organic 4x20bgs	10.45		3.49	500521									
Sencha Traditional Green Tea - loose	organic 6x90g	33.70		7.49	500536									
Hojicha Roasted Green Tea Bags - boxed	organic 4x20bgs	10.45		3.49	500526									
Hojicha (Bancha) Tea - loose	organic 6x70g	23.80		5.29	500528									
Genmaicha Green Tea bags with Roasted Brown Rice	organic 4x20bgs	10.45		3.49	500541									
Genmaicha Roasted Rice Tea - loose	organic 6x90g	31.45		6.99	500543									
Gyokuro Green Tea loose - tin	organic 6x85g	67.45		14.99	500559									
Matcha Shot - Premium grade Green Tea Powder	organic 6x(8x1)g	28.10		6.25	500546									
Caddy Powder Matcha Green Tea - Ceremonial grade	organic 4x30g	50.95		16.99	500547									
Sachet Powder Matcha Green Tea - Premium grade	organic 10x40g	82.40		10.99	500548									
Sachet Powder Matcha Green Tea - Premium grade	organic 6x100g	107.95		23.99	500549									
Sachet Powder Kuwa Matcha - Mulberry Leaf Tea	organic 10x40g	67.40		8.99	500562									
Okumidori Matcha - Ceremonial Grade	organic 3x30g	67.50		30.00	500564									
Matcha Sencha Green Tea Bags	organic 4x20bgs	11.95		3.99	500551									
Matcha Sencha Green Tea loose - tin	organic 6x85g	58.45		12.99	500561									
Matcha Genmaicha Green Tea Bags	organic 4x20bgs	11.95		3.99	500554									
Matcha Ginger Green Tea Bags	organic 4x20bgs	11.95		3.99	500556									
Matcha Three Mint Green Tea Bags	organic 4x20bgs	11.95		3.99	500558									
Matcha Turmeric Green Tea Bags	organic 4x20bgs	11.95		3.99	500560									
Oolong Semi-Fermented Blue Tea Bags	organic 4x20bgs	11.95		3.99	500557									

▲ price rise ▼ fall

\* new product ☐ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Clipper FairTrade - black tea</u></b>														
Assam Tea Bags	organic 6x40bgs	12.95		2.88	580310									
English Breakfast Tea Loose	organic 6x80g	17.15		3.81	580319									
English Breakfast Tea Bags - 80's	organic 4x80bgs	13.90		4.65	580330									
Breakfast Fairtrade 40 Tea Bags	organic 6x40bgs	15.10		3.36	580314									
Earl Grey Fairtrade Tea Bags - 40's	organic 6x40bgs	14.90		3.31	580321									
Decaf Earl Grey Fairtrade Tea Bags - 40's	organic 6x40bgs	18.15		4.03	580308									
Earl Grey Tea Bags - 80's	organic 6x80bgs	20.85		4.63	580318									
Earl Grey Loose Leaf Tea	organic 6x80g	17.15		3.81	580333									
<b>* <u>Clipper - Fair Trade - string, tag &amp; envelope</u></b>														
Earl Grey - food service	organic 250bgs	20.00			580320									
<b>* <u>Clipper - black tea</u></b>														
Fairtrade Everyday Tea Bags	organic 6x40bgs	14.90		3.31	580328									
Everyday Tea Bags	organic 4x80bgs	12.70		4.23	580331									
Fairtrade Everyday Tea Bags	organic 4x80bgs	13.40		4.47	580329									
Everyday Decaffeinated Tea Bags	organic 6x40bgs	18.15		4.03	580332									
Fairtrade Decaffeinated Tea Bags	organic 4x80bgs	20.80		6.93	580334									
<b>* <u>Clipper - Fair Trade - string, tag &amp; envelope</u></b>														
Fairtrade Everyday Tea Bags - food service	6x100bgs	33.50			590810									
<b>* <u>Clipper - green tea - Fairtrade</u></b>														
Green Tea - loose - Fair Trade	organic 6x80g	17.15		3.82	590651									
Green Tea & Mint Fairtrade Teabags - 80's	organic 4x80bgs	14.50		4.84	590633									
Green Fairtrade Teabags - 80's	organic 4x80bgs	14.50		4.84	590630									
Green Fairtrade Teabags - 40's	organic 6x40bgs	15.75		3.50	590634									
Pure Green Fairtrade - bags	organic 6x20bgs	13.35		2.97	590638									
Green Tea & Lemon Fairtrade Teabags - 80's	organic 4x80bgs	14.50		4.83	590639									
Green Tea with Lemon Bags	organic 6x20bgs	13.35		2.97	590641									
Decaffeinated Green Tea Bags	organic 6x40bgs	18.95		4.21	590707									
Super Green Defending	organic 4x20bgs	9.00		3.00	590708									
Super Green Reviving	organic 4x20bgs	9.00		3.00	590710									
<b>* <u>Clipper - white tea</u></b>														
26 bag White Tea Bags	organic 6x26bgs	11.95		2.66	590682									
White Fairtrade Teabags - 40's	organic 6x40bgs	16.10		3.58	590683									
<b>* <u>Dragonfly Tea</u></b>														
On offer are Dragonfly organic teas, the pricing below represents a discount of 20%.														
<input type="checkbox"/> Classic Earl Grey Tea Bags	organic 4x20bgs	6.30		2.10	581020									
<input type="checkbox"/> Traditional English Breakfast Tea Bags	organic 4x20bgs	6.30		2.10	581025									
<input type="checkbox"/> Indian Spice Chai Bags	organic 4x20bgs	6.30		2.10	580340									
<input type="checkbox"/> Pure Green Mountain Tea	organic 4x20bgs	6.30		2.10	580345									
<input type="checkbox"/> Moroccan Mint Green Tea Bags	organic 4x20bgs	6.30		2.10	580346									
<input type="checkbox"/> Moonlight Jasmine Green Tea Bags	organic 4x20bgs	6.30		2.10	580347									
<input type="checkbox"/> Swirling Mist White Tea Bags	organic 4x20bgs	6.90		2.30	580350									
<input type="checkbox"/> Digestive Chai Pu'er Tea Bags	organic 4x20bgs	6.90		2.30	580354									
<input type="checkbox"/> Digestive Lemon Pu'er Tea Bags	organic 4x20bgs	6.90		2.30	580348									
<input type="checkbox"/> Digestive Pu'er Tea Bags - was Good Dragon	organic 4x20bgs	6.30		2.10	580349									
<b>* <u>English Tea Shop</u></b>														
Chai Black Tea Bags	organic 6x20bgs	11.30		2.51	560760									
Darjeeling Black Tea Bags	organic 6x20bgs	11.30		2.51	560762									
English Breakfast Tea Bags - FT	organic 6x20bgs	11.30		2.51	560764									
Earl Grey Tea Bags - FT	organic 6x20bgs	11.30		2.51	560766									
Pure Green Tea Bags	organic 6x20bgs	11.30		2.51	560770									
<b>* <u>Hambleden organic tea</u></b>														
Earl Grey Tea - loose	organic 6x55g	17.20		3.84	560738									
Everyday Tea - loose	organic 6x70g	17.20		3.84	560740									
Green Tea - loose	organic 6x65g	17.20		3.84	560745									
Earl Grey Tea Bags	organic 6x20bgs	17.20		3.82	560748									
Everyday Tea Bags	organic 6x20bgs	12.90		2.87	560750									

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Hampstead - Demeter/Organic</u></b>														
Selection Pack - Black = 5 bags of each Assam, Darjeeling, Earl Grey, English Breakfast.														
Selection Pack - Green = 5 bags of each Green, Jasmine Green, Lime Green, Mint Green.														
◆ Black Tea Bags Selection Pack	organic	4x20bgs	10.45	3.48	580481									
◆ Green Tea Bags Selection Pack	organic	4x20bgs	10.45	3.48	580482									
◆ Assam Loose	organic	6x100g	29.20	6.49	580479									
◆ Assam Tea Bags	organic	4x20bgs	10.45	3.48	580483									
◆ Green Tea Loose - Single Estate	demeter	6x100g	29.20	6.49	580455									
◆ Green Tea Bags	demeter	4x20bgs	10.45	3.48	580484									
◆ Matcha Green Tea & Nettle Bags	organic	4x20bgs	10.45	3.48	580494									
◆ Ginger Green Tea Bags	demeter	4x20bgs	10.45	3.48	580486									
◆ Jasmine Green Tea Bags	organic	4x20bgs	10.45	3.48	580487									
◆ Mint Green Tea Bags	demeter	4x20bgs	10.45	3.48	580489									
◆ Earl Grey Loose	demeter	6x100g	29.20	6.49	580459									
◆ Earl Grey Tea Bags	demeter	4x20bgs	10.45	3.48	580490									
◆ English Breakfast Loose	demeter	6x100g	29.20	6.49	580464									
◆ English Breakfast Tea Bags	organic	4x20bgs	10.45	3.48	580491									
◆ First Flush Loose	demeter	6x100g	40.45	9.00	580465									
◆ Darjeeling Loose	demeter	6x100g	29.20	6.49	580470									
◆ Darjeeling Bags	demeter	4x20bgs	10.45	3.48	580493									
◆ Oolong Loose	demeter	6x50g	29.20	6.49	580475									
◆ Green Tea & Raspberry	organic	4x20bgs	10.45	3.48	580476									
◆ French Vanilla Black Tea Bags	demeter	4x20bgs	10.45	3.48	580478									
◆ Indian Chai - spiced black tea bags	organic	4x20bgs	10.45	3.49	580466									
◆ Focus Well - was Oriental Chai	organic	4x20bgs	10.45	3.49	580467									
<b>* <u>OMG Teas - Japanese organic matcha</u></b>														
AAA Grade Matcha - tin	organic	1x30g	17.20	22.95	580270									
AA grade Matcha - tin	organic	1x30g	13.45	17.95	580272									
AA grade Matcha - tin	organic	1x80g	23.95	31.95	580274									
<b>* <u>Organic Herb Trading Co. organic loose tea</u></b>														
Assam GBOP Loose Leaf Tea	organic	1x500g	11.55	15.40	580532									
Darjeeling TGBOP Loose Leaf Tea	organic	1x500g	12.95	17.27	580533									
Decaffeinated Black Loose Leaf Tea	organic	1x500g	15.65	20.87	580535									
Earl Grey Loose Leaf Tea	organic	1x500g	15.10	20.13	580534									
English Breakfast Loose Leaf Tea	organic	1x500g	10.50	14.00	580538									
Jasmine Green Loose Leaf Tea	organic	1x500g	20.60	27.47	580542									
Sencha Green Chinese Loose Leaf Tea	organic	1x500g	12.40	16.53	580544									
<b>* <u>Pukka - black tea - FairTrade</u></b>														
◆ Elegant English Breakfast	organic	4x20bgs	14.85	4.96	581030									
◆ Gorgeous Earl Grey	organic	4x20bgs	14.85	4.96	581032									
<b>* <u>Pukka - chai</u></b>														
◆ Original Chai - cinnamon & cardamom	organic	4x20bgs	14.85	4.96	581050									
<b>* <u>Pukka - green tea</u></b>														
◆ Supreme Green Matcha Tea Bags - Fair Trade	organic	4x20bgs	14.85	4.96	580620									
◆ Clean Matcha Green Tea Bags	organic	4x20bgs	14.85	4.96	580651									
◆ Ginseng Matcha Green Tea Bags	organic	4x20bgs	14.85	4.96	580654									
◆ Mint Matcha Green Tea Bags	organic	4x20bgs	14.85	4.96	580656									
<b>* <u>Qi Herbal Health - FairTrade - green tea bags</u></b>														
Decaffeinated Green Tea Bags	organic	6x20bgs	17.10	3.79	580396									
Green Tea Bags	organic	6x25bgs	10.30	2.29	580397									
Green Tea Bags Detox	organic	6x25bgs	13.50	3.00	580402									
Green Tea Bags with Ginger	organic	6x25bgs	13.05	2.90	580401									
Jasmine Green Tea Bags	organic	6x25bgs	17.10	3.79	580404									
Green Tea Bags & Matcha	organic	6x20bgs	12.15	2.70	580442									
<b>* <u>Qi Herbal Health - Lifestyle Range</u></b>														
China Green Tea Pure & Simple - 80's		5x80bgs	9.70	2.59	591145									
WellBeing Green Tea - 20's		6x20bgs	10.70	2.38	591164									
<b>* <u>Qi Herbal Health - FairTrade - white tea bags</u></b>														
White Tea Bags	organic	6x25bgs	11.65	2.59	580415									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* Qi Herbal Health - loose</b>														
Green Tea Loose (Chun Mee)	organic	6x100g	14.85	3.30	580395									
Jasmine Loose Leaf Green Tea	organic	6x100g	31.10	6.92	580406									
<b>* Taka Turmeric tea bags</b>														
▲ Masala Chai Turmeric Tea Bags	organic	4x15bgs	11.90	3.97	561598									
<b>* Yogi green tea bags</b>														
Green Balance Tea	organic	6x17bgs	12.35	2.75	571883									
Green Chai Yogi Tea	organic	6x17bgs	12.35	2.75	580423									
Green Energy Tea	organic	6x17bgs	12.35	2.75	571885									
Green Ginger Lemon Tea	organic	6x17bgs	12.35	2.75	571892									
Green Jasmine Tea	organic	6x17bgs	12.35	2.75	571890									
Green Matcha Lemon Tea	organic	6x17bgs	12.35	2.75	571895									
Morning Energy Tea	organic	6x17bgs	12.35	2.75	571896									
<b>* Yogi black tea bags</b>														
Black Chai Yogi Tea	organic	6x17bgs	12.35	2.75	580422									
Positive Energy Cranberry Hibiscus Tea	organic	6x17bgs	12.35	2.75	580426									
<b>* Yogi white tea bags</b>														
White Tea with Aloe Vera	organic	6x17bgs	12.35	2.75	571899									
<b>■ Coffee</b>														
<b>* Bird &amp; Wild organic Fairtrade shade grown coffee</b>														
<i>Bird &amp; Wild organic shade grown coffee has changed the names of their coffees but not the coffee itself. Espresso Blend is now called <b>Dark Roast</b> and Seasonal Blend has become <b>Medium Roast</b>.</i>														
☆ Dark Roast beans	organic	6x200g	22.00	4.90	600460									
☆ Dark Roast R&G	organic	6x200g	22.00	4.90	600462									
☆ Medium Roast beans	organic	6x200g	22.00	4.90	600468									
☆ Medium Roast R&G	organic	6x200g	22.00	4.90	600469									
<b>* CaféDirect FairTrade R&amp;G</b>														
▲ CaféDirect Colombia Reserva - 3		6x200g	25.15	5.58	600481									
▲ CaféDirect Familia Arabica Espresso - 5		6x200g	28.40	6.30	600471									
▲ CaféDirect Kilimanjaro - 3		6x200g	25.15	5.58	600483									
▲ CaféDirect Machu Picchu R&G - 4	organic	6x200g	25.15	5.58	600485									
▲ CaféDirect Decaf Machu Picchu		6x200g	25.15	5.58	600487									
▲ CaféDirect Mayan Gold -5	organic	6x200g	25.15	5.58	600489									
▲ CaféDirect Intense Thrive Blend - 5		6x200g	23.80	5.29	600492									
▲ CaféDirect Lively Restore Blend - 4		6x200g	23.80	5.29	600494									
▲ CaféDirect Smooth Empower Blend - 3		6x200g	23.80	5.29	600495									
<b>* CaféDirect roast coffee beans FairTrade</b>														
▲ Whole Coffee Beans - Familia Arabica Espresso - 5	organic	6x200g	28.40	6.30	600473									
▲ Whole Coffee Beans - Familia Arabica Espresso - 5	organic	1x1kg	18.45	24.57	600475									
▲ Whole Coffee Beans - Familia Original Espresso - 5	organic	1x1kg	16.95	22.57	600477									
▲ Whole Coffee Beans - Machu Picchu - 4	organic	6x200g	25.15	5.58	600497									
▲ Whole Coffee Beans - Machu Picchu - 4	organic	1x750g	12.80	17.07	600546									
▲ Whole Coffee Beans - Mayan Gold - 5	organic	6x200g	25.15	5.58	600499									
<b>* CaféDirect FairTrade instant</b>														
▲ Instant Machu Picchu Coffee - 4		6x100g	32.65	7.26	600519									
▲ Instant Decaf Machu Picchu Coffee - 4		6x100g	32.65	7.26	600521									
▲ Classic Instant Coffee - single tin - 3		1x500g	25.55	34.11	600525									
<b>* Cafe Rebelde Zapatista coffee</b>														
Zapatista Coffee Beans	organic	10x500g	90.80	12.15	601100									
Zapatista Coffee Ground	organic	20x250g	110.30	7.35	601114									
<b>* Clipper FairTrade</b>														
Instant Coffee House Blend- 4 - tin	organic	1x500g	27.50	36.67	600572									
Instant Everyday Coffee	organic	6x100g	32.45	7.21	600570									
Instant Decaf Coffee - 3 - tin	organic	1x500g	31.15	41.53	600571									
Instant Decaffeinated Coffee	organic	6x100g	37.65	8.37	600575									

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Instant Coffee - House Blend	organic 6x100g	34.10		7.58	600578									
Instant Coffee - Latin American	organic 6x100g	34.20		7.60	600576									
Instant Decaf Coffee - Latin American	organic 6x100g	37.65		8.37	500577									
Instant Coffee - Rich Roast	organic 6x100g	34.10		7.58	600579									
House Blend Coffee R&G	organic 8x227g	34.25		5.70	600580									
Italian Style Coffee R&G	organic 8x227g	34.25		5.70	600587									
Decaffeinated Coffee R&G	organic 8x227g	40.20		6.70	600592									
<b>* Equal Exchange Original FairTrade R&amp;G Coffee</b>														
◆ Dark City Roast Coffee Ground - 4	organic 8x200g	36.00		6.00	600610									
Decaf Dark Roast Ground Coffee - 4	organic 8x200g	41.00		6.83	600612									
Decaf Medium Roast Ground Coffee - 3	organic 8x200g	41.00		6.83	600615									
▲ Love Buzz Dark Ground Coffee	organic 6x284g	43.65		9.70	600616									
▲ Mind Body Soul Medium Ground Coffee	organic 6x340g	47.70	10.60		600618									
◆ Medium R&G Coffee - 3	organic 8x200g	36.00		6.00	600605									
◆ Italian Coffee R&G - 5	organic 8x200g	36.00		6.00	600685									
◆ Women Grew This Coffee R&G - 3	organic 8x200g	36.00		6.00	600695									
<b>* Equal Exchange Single Origin FairTrade R&amp;G Coffee</b>														
Ethiopian Yirgacheffe R&G Coffee - 3	organic 8x200g	38.50		6.42	600550									
Guatemalan R&G Coffee - 3	organic 8x200g	36.00		6.00	600551									
<b>* Equal Exchange FairTrade Coffee Beans</b>														
Coffee Beans Roast-Colombian Excelso - 3	organic 8x200g	36.00		6.00	600650									
Coffee Beans Roast-Ethiopian Yirgacheffe - 3	organic 8x200g	38.50		6.42	600652									
◆ Coffee Beans Roast-Italian - 5	organic 8x200g	36.00		6.00	600654									
◆ Coffee Beans - Medium roast - 3	organic 8x200g	36.00		6.00	600657									
◆ Coffee Beans - Dark City roast - 4	organic 8x200g	36.00		6.00	600660									
Coffee Beans - Decaf Dark Roast - 4	organic 8x200g	41.00		6.84	600661									
Coffee Beans - decaffeinated - 3	organic 8x200g	41.00		6.83	600662									
◆ Coffee Beans - Women grown - 3	organic 8x200g	36.00		6.00	600664									
Coffee Beans - medium roast - 3 - single	organic 1x1000g	18.30	24.43		600635									
Coffee Beans - dark roast - 4 - single	organic 1x1000g	18.30	24.43		600640									
Coffee Beans - espresso - 4 - single	organic 1x1000g	18.30	24.43		600645									
Coffee Beans - Italian - 5 - single	organic 1x1000g	18.30	24.43		600647									
Coffee Beans - Women grown - 3	organic 1x1000g	18.30	24.43		600648									
<b>* Grumpy Mule Ground</b>														
New from Grumpy Mule a re-brand and size change. The new packs are 200g with new barcodes; the names are the same apart from the decaf which is now called <b>Easy Does It</b> and Espresso which is now called <b>Top Notch</b> .														
Colombia Ground Equidad - 4 - FT	organic 6x227g	25.10		5.59	600805									
Honduras Ground Community FT - 3	organic 6x227g	25.10		5.58	600818									
Peru Ground Femenino - 4 - FT - Bird Friendly	organic 6x227g	25.10		5.59	600813									
Sumatra Ground Gayo Highlands - 4 - FT	organic 6x227g	25.10		5.59	600807									
Decaffeinated Ground (Swiss water) - 3 - FT	organic 6x227g	28.45		6.32	600815									
* Colombia Ground Equidad - 4 - FT	organic 6x200g	25.10		5.59	600845									
* Honduras Ground FT - 3	organic 6x200g	25.10		5.58	600846									
* Peru Ground Femenino - 4 - FT - Bird Friendly	organic 6x200g	25.10		5.59	600847									
* Sumatra Ground Gayo Highlands - 4 - FT	organic 6x200g	25.10		5.59	600848									
* Easy Does It - Decaf - 3	organic 6x200g	28.45		6.32	600849									
* Top Notch - Espresso - 3	organic 6x200g	28.45		6.32	600850									
<b>* Grumpy Mule Beans</b>														
New from Grumpy Mule Beans, Sumatra is now in a 200g pack with a new barcode and Infinity order code.														
Beans - Espresso - 5	organic 6x227g	26.20		5.82	600830									
Beans - Sumatra - 4	organic 6x227g	25.10		5.59	600832									
* Beans - Sumatra - 4	organic 6x200g	25.10		5.59	600833									
If You Care Coffee Filters - see "Kitchen & Household Goods"														
<b>* Infinity Foods organic coffee</b>														
Infinity Blend - wholebean coffee in a box	organic 5kg	96.10	19.22		600770									
Infinity Blend - wholebean coffee in a bag	organic 1kg	20.10	20.10		600772									
<b>* Percol - Home Compostable &amp; Plastic-free Packaging, Fair Trade</b>														
Rich Americano R&G Coffee - 4	organic 6x200g	20.95		4.67	601306									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Red Roaster Speciality Coffee</u></b>														
Decaffeinated - ziplock cafetière ground	organic	6x200g	29.85		6.63	601365								
Glasshouse - ziplock cafetière ground	organic	6x200g	29.30		6.51	601370								
Glasshouse - bag wholebean	organic	1kg	19.90	19.90		601372								
Glasshouse - tube wholebean	organic	5x200g	24.40		6.51	601374								
Colombian Single Origin - tube wholebean	organic	5x200g	25.30		6.75	601376								
Colombian - ziplock cafetière ground	organic	6x200g	30.45		6.77	601378								
Colombian Single Origin - bag wholebean	organic	1kg	20.85	20.85		601380								
<b>* <u>Source - climate change coffee - single origin</u></b>														
The first coffee with its own carbon credit number														
www.sourceclimatechange.com														
On offer is Source organic coffee, the pricing below represents a discount of 15%.														
<input type="checkbox"/>	Decaf Mexican Cloud Forest - R&G	organic	6x227g	32.30		7.18	601331							
<input type="checkbox"/>	Decaf Mexican Cloud Forest - Bean	organic	6x227g	32.30		7.18	601333							
<input type="checkbox"/>	Gishwati Rwandan Cloud Forest Coffee R&G - 4	organic	6x227g	28.70		6.38	601330							
<input type="checkbox"/>	Kilimanjaro Espresso Cloud Forest Coffee R&G - 5	organic	6x227g	28.70		6.38	601332							
<input type="checkbox"/>	Mexican La Sierra Cloud Forest Coffee R&G - 3	organic	6x227g	28.70		6.38	601335							
<input type="checkbox"/>	Rio Coco Nicaragua Cloud Forest Coffee R&G - 3	organic	6x227g	28.70		6.38	601347							
<input type="checkbox"/>	Rio Coco Nicaragua Cloud Forest Coffee Bean - 3	organic	6x227g	28.70		6.38	601348							
<input type="checkbox"/>	Uganda Mount Elgon Cloud Forest R&G - 4	organic	6x227g	28.70		6.38	601336							
<b>■ Coffee Substitutes, Malted Drinks, Carob &amp; Cocoa Products</b>														
<b>* <u>Barley Cup - instant drinks (not gluten-free)</u></b>														
◆	Organic Barley Cup	organic	6x100g	23.60		5.25	612605							
	Barley Cup Original - small		6x100g	16.85		3.75	612607							
	Barley Cup Original - large		6x200g	29.65		6.60	612610							
	Barley Cup with Calcium and Vitamins		6x100g	20.20		4.49	612606							
	Barley Cup with Fibre		6x100g	20.20		4.49	612609							
	Barley Cup with Magnesium		6x100g	20.20		4.49	612613							
	Barley Cup Granules		6x200g	33.70		7.49	612612							
◆	Organic Chicory Cup	organic	6x100g	24.70		5.49	612615							
<b>* <u>Clipper - FairTrade</u></b>														
	Drinking Chocolate - tub		6x250g	20.15		4.47	611305							
	Instant Hot Chocolate - tub		6x350g	21.70		4.82	611307							
	Instant Hot Chocolate - tub		4x1kg	46.85		15.60	611310							
<b>* <u>Divine - FairTrade</u></b>														
◆	Hot Chocolate - powder		6x400g	19.10		4.24	611502							
◆	Cocoa Powder		12x125g	26.40		2.93	611505							
<b>* <u>Equal Exchange - FairTrade</u></b>														
	Cocoa Powder (tub)	organic	6x250g	24.00		5.33	611510							
<b>* <u>Green &amp; Black - Fair Trade - www.greenandblacks.com</u></b>														
	Hot Chocolate - tub	organic	6x250g	29.20		6.50	611708							
	Cocoa Powder - FairTrade	organic	6x125g	16.50		3.67	611710							
	Cooking Chocolate Bar - 70%	organic	15x150g	33.15		2.95	611715							
<b>* <u>Hambleden Herbs</u></b>														
	Carob Powder	organic	6x150g	20.20		4.49	313375							
<b>* <u>Infinity Foods - Raw Cacao</u></b>														
	Cacao Butter - Raw	organic	15kg	440.00	29.33		612011							
	Cacao Butter - Raw	organic	5kg	148.50	29.70		612012							
	Cacao Butter - Raw	organic	1kg	31.20	31.20		612014							
	Cacao Butter - Raw	organic	6x250g	48.00	10.67		612016							
	Cacao Powder 10-12% - Raw	organic	25kg	390.00	15.60		612018							
	Cacao Powder 10-12% - Raw	organic	1kg	17.45	17.45		612020							

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Infinity Foods - Raw Cacao Nibs</u></b>														
Cacao Nibs - raw	organic	15kg	252.55	16.84	764205									
Cacao Nibs - raw	organic	1kg	18.60	18.60	764210									
Cacao Nibs - raw	organic	6x250g	28.80	6.40	8075									
Cacao Nibs - raw	organic	6x125g	15.95	3.54	8080									
<b>* <u>Cocoa Powder</u></b>														
Cocoa Powder - 10-12% fat	organic	25kg	143.00	5.72	612005									
Cocoa Powder - 10-12% fat	organic	1kg	11.50	11.50	612010									
<b>* <u>Infinity Foods - Bulk Chocolate Couverture</u></b>														
55% Dark Couverture	organic	5kg	105.65	21.13	612030									
73% Very Dark Couverture	organic	5kg	116.90	23.38	612035									
Milk Couverture	organic	5kg	103.80	20.76	612040									
White Couverture	organic	5kg	112.45	22.49	612045									
55% Dark Couverture	organic	2.5kg	53.70	21.48	612050									
73% Very Dark Couverture	organic	2.5kg	59.40	23.76	612055									
Milk Couverture	organic	2.5kg	52.70	21.08	612060									
White Couverture	organic	2.5kg	57.30	22.92	612065									
<b>* <u>Infinity Foods - Retail Chocolate Couverture</u></b>														
Cooking Chocolate - 73% very dark	organic	6x300g	47.65	10.59	9093									
Cooking Chocolate - milk	organic	6x300g	42.95	9.54	9094									
<b>* <u>Prewett's</u></b>														
Instant Chicory	organic	6x100g	23.80	5.29	612855									
<b>* <u>The Raw Chocolate Co. - Fair Trade - sugar, dairy &amp; gluten-free</u></b>														
Raw Cacao Nibs	organic	6x150g	23.05	5.12	766892									
Cacao Powder	organic	6x180g	23.05	5.12	766893									
Raw Cacao Butter Buttons	organic	6x200g	32.25	7.17	766909									
<b>* <u>Sweet Revolution - Barista Blend just add hot milk/mylk - vegan</u></b>														
Beetroot Latte with ginger - Barista	organic	4x100g	27.80	9.27	620018									
Blue Chai Latte with spirulina - Barista	organic	4x100g	27.80	9.27	620019									
Chai Latte with reishi - Barista	organic	4x100g	27.80	9.27	620020									
Cacao Latte with Chaga - Barista	organic	4x100g	27.80	9.27	620023									
Matcha Latte with vanilla - Barista	organic	4x70g	27.80	9.27	620024									
Turmeric Latte with black pepper - Barista	organic	4x100g	27.80	9.27	620026									
<b>* <u>Sweet Revolution - instant hot drinks - vegan</u></b>														
Beetroot Latte - Instant	organic	5x200g	31.25	8.33	620096									
Hot Chocolate - Instant	organic	5x200g	31.25	8.33	620100									
Matcha Latte - Instant	organic	5x200g	31.25	8.33	620105									
Reishi Chai Latte - Instant	organic	5x200g	31.25	8.33	620110									
Turmeric Latte - Instant	organic	5x200g	31.25	8.33	620115									
<b>* <u>Vivani</u></b>														
<p><i>New and on offer from Vivani, two organic Demeter Fairtrade vegan cocoa lines. <b>Fine Cocoa Powder</b> contains Santo Domingo cocoa that is fat reduced with a little cocoa butter. It is packaged in a bag in a card box. <b>Fine Drinking Chocolate</b> contains cocoa powder 50% with beet sugar. It has a full chocolate flavour, just right after a brisk autumn walk. It is packaged in a foil lined card tube. The pricing below represents a discount of 25%.</i></p>														
<input type="checkbox"/>	Fine Cocoa Powder - New!	organic	8x100g	15.70	2.62	613498								
<input type="checkbox"/>	Fine Drinking Chocolate - New!	organic	8x300g	26.95	4.49	613499								
<input type="checkbox"/>	Fine Dark Cooking Chocolate	organic	10x200g	33.65	4.49	613500								
<b>* <u>Whole Earth</u></b>														
Nocaf	organic	9x100g	21.50	3.19	613503									
Wakecup		9x125g	27.90	4.13	613505									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>■ Drinks - Herbal, Tonic &amp; Coconut Water</b>														
* <b><u>Belvoir - non alcoholic seasonal punch</u></b>														
◆ Mulled Winter Punch - non-alcoholic	6x750ml	15.75	V	4.20	640105									
◆ Spiced Ginger Punch - non-alcoholic	6x750ml	15.75	V	4.20	640110									
* <b><u>Biona - Kombucha - glass</u></b>														
Kombucha Ginger & Lime	organic 6x330ml	12.30	V	3.28	641012									
Kombucha Original	organic 6x330ml	12.30	V	3.28	641014									
Kombucha Cherry & Mint	organic 6x330ml	12.30	V	3.28	641016									
* <b><u>Cocofina organic - tetra</u></b>														
Coconut Water	organic 12x1l	29.15	V	3.89	640360									
* <b><u>Counter Culture Vegan Sparkling Kombucha - tin</u></b>														
Against the Current - Rhubarb + Hibiscus Kombucha	12x330ml	16.15	V	2.19	640366									
AI of the Storm - Mango + Ginger + Lime Kombucha	12x330ml	16.15	V	2.19	640368									
Chip In - Blueberry + Blackberry Kombucha	12x330ml	16.15	V	2.19	640369									
Fruit Machine Learning - Raspberry + Elderflower Kombucha	organic 12x330ml	16.15	V	2.19	640371									
Look Up - Lemongrass + Ginger Kombucha	organic 12x330ml	16.15	V	2.19	640370									
* <b><u>Gusto organic Drinks - glass bottle</u></b>														
Gusto Original Organic Energy	organic 12x250ml	16.30	V	2.17	641605									
Gusto - Organic Cherry Cola	organic 12x275ml	15.20	V	2.03	641604									
Gusto - Organic Real Cola - FT	organic 12x275ml	15.20	V	2.03	641606									
Gusto - Fiery Ginger with Jalapeño - FT	organic 12x275ml	15.20	V	2.03	641608									
Gusto - Sicilian Blood Orange - FT	organic 12x275ml	15.20	V	2.03	641609									
Gusto - Yuzu Lemonade - FT	organic 12x275ml	16.50	V	2.20	641611									
* <b><u>Hip Pop</u></b>														
<p><i>New from Hip Pop, four gut loving sodas which contain a quarter of your daily prebiotic fibre requirements in the form of chicory root in each serving. They also contain living cultures (Bacillus Coagulans). <b>Cola Gut Lovin Soda</b> is low in sugar, free from sweeteners with a traditional cola taste. <b>Ginger &amp; Turmeric Living Soda</b> is lightly sparkling and refreshing. <b>Lemonade Gut Lovin Soda</b> is a smooth soda which contains lime, lemon and vanilla. <b>Orange Gut Lovin Soda</b> is refreshing and not too sweet with a touch of lemon juice.</i></p>														
◆ Apple & Elderflower Kombucha	12x330ml	12.45	V	1.66	641616									
◆ Blueberry & Ginger Kombucha	12x330ml	12.45	V	1.66	641617									
◆ Ginger & Yuzu Kombucha	12x330ml	12.45	V	1.66	641619									
◆ Strawberry & Pineapple Kombucha	12x330ml	12.45	V	1.66	641620									
◆ Cherry & Blackberry CBD Kombucha	12x330ml	16.00	V	2.13	641621									
◆ Blood Orange & Grapefruit CBD Kombucha	12x330ml	16.00	V	2.13	641622									
◆ Passion Fruit & Guava CBD Kombucha	12x330ml	16.00	V	2.13	641623									
* Cola Gut Lovin Soda	12x330ml	12.45	V	1.66	641626									
* Ginger & Turmeric Living Soda	12x330ml	12.45	V	1.66	641627									
* Lemonade Gut Lovin Soda	12x330ml	12.45	V	1.66	641632									
* Orange Gut Lovin Soda	12x330ml	12.45	V	1.66	641633									
◆ Pink Grapefruit Living Soda	12x330ml	12.45	V	1.66	641624									
◆ Tropical Peach Living Soda	12x330ml	12.45	V	1.66	641625									
* <b><u>Honegar -50% honey &amp; 50% cider vinegar</u></b>														
Honegar - small	6x500ml	20.55	V	5.49	641505									
Honegar	6x750ml	30.90	V	8.25	641507									
* <b><u>Lo Bros Vegan Kombucha - glass</u></b>														
◆ Cola Kombucha Living Soda	12x330ml	18.80	V	2.51	641514									
◆ Blueberry Lemonade Kombucha	12x330ml	18.80	V	2.51	641521									
◆ Fruit Crush Kombucha Limited Edition	12x330ml	18.80	V	2.51	641522									
◆ Ginger & Lemon Kombucha	12x330ml	18.80	V	2.51	641524									
◆ Raspberry & Blackcurrant Kombucha	12x330ml	18.80	V	2.51	641528									
◆ Raspberry & Lemon Kombucha	12x330ml	18.80	V	2.51	641526									
◆ Passion Fruit Kombucha	12x330ml	18.80	V	2.51	641628									
* <b><u>Mighty Brew Vegan Kombucha - glass</u></b>														
Elderflower Kombucha	organic 20x275ml	33.55	V	2.72	641640									
Jasmine Kombucha	organic 20x275ml	33.55	V	2.72	641642									
Lemongrass Kombucha	organic 20x275ml	33.55	V	2.72	641644									
Sencha Kombucha	organic 20x275ml	33.55	V	2.69	641646									

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Elderflower Kombucha - large	organic 6x750ml	21.30	V	5.69	641650									
Jasmine Kombucha - large	organic 6x750ml	21.30	V	5.69	641652									
Lemongrass Kombucha - large	organic 6x750ml	21.30	V	5.69	641654									
Sencha Kombucha - large	organic 6x750ml	21.30	V	5.69	641656									
<b>* Purdey's vegan drinks in glass bottle</b>														
Purdey's Refocus - Dark Fruits with Guarana	12x330ml	14.65	V	1.95	641024									
Purdey's - Rejuvenate - Grape & Apple with Ginseng	12x330ml	14.65	V	1.95	641025									
Purdey's Replenish - Raspberry & Rose	12x330ml	14.65	V	1.95	641026									
<b>* Suma</b>														
◆ Cola Kombucha	organic 24x250ml	26.15	V	1.75	641022									
◆ Elderflower Lemon Kombucha	organic 24x250ml	26.15	V	1.75	641033									
◆ Ginger Kombucha	organic 24x250ml	26.15	V	1.75	641035									
◆ Lychee Lemongrass Kombucha	organic 24x250ml	26.15	V	1.75	641038									
◆ Peach & Turmeric Kombucha	organic 24x250ml	26.15	V	1.75	641036									
◆ Strawberry & Raspberry Kombucha	organic 24x250ml	26.15	V	1.75	641037									
◆ Winter Berries Kombucha	organic 24x250ml	26.15	V	1.75	641039									
<b>* UFC - coconut water - Tetra - Thai</b>														
Coconut Water	6x1l	11.90	V	3.17	642905									
Watermelon Coconut Water	6x1l	14.50	V	3.87	642914									
<b>■ Drinks - Fruit &amp; Vegetable Juices, Cordials &amp; Water</b>														
<b>* Aquapax</b>														
Still natural water, suitable for babies														
Still Mineral Water - in tetra	12x500ml	7.25	V	0.99	702355									
Sparkling British Spring Water in a can	24x330ml	13.55	V	0.93	702361									
<b>* Belvoir Cordials - www.belvoircordials.co.uk</b>														
◆ Elderflower Cordial	organic 6x500ml	21.65	V	5.78	660560									
◆ Ginger Cordial	organic 6x500ml	21.65	V	5.78	660565									
◆ Lemon & Mint Cordial	organic 6x500ml	21.65	V	5.78	660566									
◆ Mulled Winter Cordial	6x500ml	20.60	V	5.50	660569									
<b>* BetterYou - aluminium can</b>														
Magnesium Water Energy - pomegranate & rhubarb	12x250ml	15.35	V	2.05	672000									
Magnesium Water Focus - blueberry & mint	12x250ml	15.35	V	2.05	672001									
Magnesium Water Hydrate - lime & bergamot	12x250ml	15.35	V	2.05	672002									
<b>* Big Tom - Spiced Tomato Mix from James White</b>														
On offer is Big Tom spiced tomato mix 750ml, the pricing marked <input type="checkbox"/> below represents a discount of 10%.														
<input type="checkbox"/> Big Tom - large bottles	6x750ml	10.90	V	2.91	672005									
Big Tom - small bottles	24x250ml	20.05	V	1.34	672010									
<b>* Biona Juices &amp; Drinks - glass bottles</b>														
Acerola Cherry Juice - pure 100%	organic 6x330ml	28.05	V	7.49	660675									
Blackcurrant Pure Juice - 100%	organic 6x330ml	17.55	V	4.69	660677									
Blueberry Juice - 100%	organic 6x330ml	31.80	V	8.49	660685									
Tart Cherry Juice - 100% - large	organic 6x1l	28.80	V	7.68	660687									
Tart Cherry Juice - 100% - small	organic 6x200ml	10.80	V	2.88	660688									
Cranberry Juice - 100% - small	organic 6x330ml	22.45	V	5.99	660712									
Cranberry Juice -100% - large	organic 6x750ml	37.45	V	10.00	660714									
Elderberry Juice - 100%	organic 6x330ml	19.80	V	5.28	660717									
Ginger Juice	organic 6x200ml	20.20	V	5.39	660720									
Lemon Juice -100%	organic 6x200ml	10.75	V	2.39	660722									
Lime Juice -100%	organic 6x200ml	13.45	V	2.99	660724									
Pomegranate Juice - 100% - large	organic 6x1l	28.05	V	7.49	660690									
Pomegranate Juice -100% - small	organic 6x200ml	10.05	V	2.68	660692									
Apple Juice - large	organic 6x750ml	13.45	V	3.59	660693									
Apple & Mango Juice	organic 6x750ml	21.30	V	5.69	660713									
Beetroot Juice - 100%	organic 6x750ml	14.20	V	3.79	660716									
Carrot Juice	organic 6x750ml	14.55	V	3.89	660694									
Cranberry Drink - sweetened	organic 6x750ml	23.20	V	6.19	660711									
Orange Juice	organic 6x750ml	22.05	V	5.89	660695									
Peach Apricot and Apple Juice	organic 6x1l	21.30	V	5.68	660707									
Red Grape Juice	organic 6x750ml	18.30	V	4.89	660696									
Tomato Juice	organic 6x750ml	14.55	V	3.89	660697									

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Biona - Tetra</u></b>														
Apple Juice - Tetra	organic 6x1l	13.80	V	3.68	660680									
Beetroot Juice - Tetra	organic 12x500ml	20.15	V	2.69	660684									
Carrot Juice - Tetra	organic 12x500ml	18.65	V	2.49	660689									
Vegetable Juice - Tetra	organic 12x500ml	17.90	V	2.39	660686									
<b>* <u>Cawston Press - Tetra</u></b>														
◆ Cloudy Apple	6x1l	13.30	V	3.55	661157									
◆ Apple & Ginger	6x1l	13.30	V	3.55	661159									
◆ Apple & Rhubarb	6x1l	13.30	V	3.55	661160									
◆ Brilliant Beetroot	6x1l	14.50	V	3.87	661162									
◆ Squeezed Orange	6x1l	14.50	V	3.87	661164									
◆ Apple & Mango Fruit Water - multipack	6x3x200ml	11.80	V	3.15	661170									
◆ Apple & Pear Fruit Water - multipack	6x3x200ml	11.80	V	3.15	661172									
◆ Apple & Summer Berries Fruit Water - multipack	6x3x200ml	11.80	V	3.15	661174									
◆ Sunshine Orange Fruit Water - multipack	6x3x200ml	11.80	V	3.15	661175									
<b>* <u>Gusto Organic Drinks please see the Herbal, tonic drink section</u></b>														
<b>* <u>Herons Folly Garden - Sussex - glass</u></b>														
▲ Apple Juice	organic 6x1l	18.55	V	4.95	662205									
<b>* <u>James White unfiltered juices - glass</u></b>														
Apple Juice	organic 6x750ml	13.05	V	3.48	664505									
Apple & Crushed Ginger Juice	organic 6x750ml	13.45	V	3.59	664507									
Carrot & Apple Juice	organic 6x750ml	13.45	V	3.59	664510									
Pear Juice	organic 6x750ml	13.45	V	3.59	664518									
Apple Juice	organic 24x250ml	22.90	V	1.53	664520									
Apple & Crushed Ginger Juice	organic 24x250ml	22.90	V	1.53	664522									
Carrot & Apple Juice	organic 24x250ml	22.90	V	1.53	664523									
Pear Juice	organic 24x250ml	22.90	V	1.53	664530									
Carrot Juice	organic 6x750ml	13.45	V	3.59	664560									
Tomato Juice	organic 6x750ml	13.45	V	3.59	664562									
Mixed Vegetables Juice	organic 6x750ml	13.45	V	3.59	664565									
<b>* <u>James White - Beet It</u></b>														
Beetroot Juice - Beet It - large - glass	organic 6x750ml	13.15	V	3.50	664555									
Beetroot Juice - Beet It - small - glass	organic 24x250ml	27.65	V	1.85	664590									
Beet It - Shot - conc. beetroot juice - plastic	organic 15x70ml	19.75		1.75	664592									
Ginger Beet It - glass	organic 6x750ml	13.65	V	3.64	664595									
1l Tetra Beetroot Juice - Beet It	organic 8x1l	20.45	V	4.09	664605									
<b>* <u>James White - Veg It</u></b>														
◆ Veg-It Tetra - blend of 8 vegetables	8x1l	17.50	V	3.50	664608									
<b>* <u>James White - Zingers - intense shots</u></b>														
<i>On offer are James White Zingers, the pricing below represents a discount of 15%.</i>														
☐ Lime & Chilli Zinger	organic 15x70ml	12.65	V	1.35	664620									
☐ Ginger Zinger	organic 15x70ml	12.65	V	1.35	664622									
☐ Intense Sour Cherry Zinger	15x70ml	12.65	V	1.35	664624									
☐ Xtra Hot Ginger Zinger	organic 15x70ml	12.65	V	1.35	664625									
☐ Golden Turmeric Juice Zinger	15x70ml	12.65	V	1.35	664627									
☐ Big Zinger Ginger	organic 6x330ml	13.65	V	3.64	664628									
☐ Big Zinger Turmeric	6x330ml	13.65	V	3.64	664630									
<b>* <u>Life Water - glass bottles -100% Carbon Neutral</u></b>														
supports <a href="http://www.drop4drop.org.uk">www.drop4drop.org.uk</a> projects in the Developing World														
Point of Sale - please phone 08452025433														
Glass Bottles Life Still Water	12x750ml	9.75	V	1.30	702420									
Glass Bottles Life Still Water	24x330ml	10.60	V	0.71	702422									
Glass Bottles Life Sparkling Water	12x750ml	9.75	V	1.30	702425									
Glass Bottles Life Sparkling Water	24x330ml	10.60	V	0.71	702426									

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* Life Water - Aluminium Cans -100% Carbon Neutral</b>														
supports www.drop4drop.org.uk projects in the Third World														
Point of Sale - please phone 08452025433														
Canned Life Sparkling Water	24x330ml	10.60	V	0.71	702428									
Canned Life Still Water	24x330ml	10.60	V	0.71	702430									
<b>* Luscombe - glass</b>														
English Apple Juice	organic 24x270ml	39.15	V	2.61	661541									
Orange juice	organic 24x270ml	39.15	V	2.61	661546									
<b>* Mr Organic - glass</b>														
Lime juice	organic 12x250ml	26.90		2.99	662420									
Sicillian Lemon juice	organic 12x250ml	22.40		2.49	662422									
<b>* Oakwood Farm - glass</b>														
New from Oakwood Farm in Robertsbridge Sussex, two lovely organic apple juices. <b>Goldrush Apple Juice</b> is a modern variety of a dessert apple similar to a Golden Delicious with a bit more acidity. <b>Rubin Apple Juice</b> has an intense sweet honeyed flavour. Both juices are packaged in glass bottles.														
▲ Apple Juice Blend	organic 6x1l	16.30	V	4.35	662435									
▲ Adam's Pearmain Apple Juice	organic 6x1l	16.30	V	4.35	662433									
▲ Ashmead's Kernel Apple Juice	organic 6x1l	16.30	V	4.35	662437									
▲ Bramley/Dessert Apple Juice Blend	organic 6x1l	16.30	V	4.35	662467									
▲ Fiesta Apple Juice	organic 6x1l	16.30	V	4.35	662445									
* Goldrush Apple Juice	organic 6x1l	16.30	V	4.35	662446									
▲ King's Acre Pippin Apple Juice	organic 6x1l	16.30	V	4.35	662468									
* Rubin Apple Juice	organic 6x1l	16.30	V	4.35	662444									
▲ Pear Juice	organic 6x1l	16.30	V	4.35	662470									
<b>* OHMG</b>														
OHMG - Sparkling Magnesium Water	12x330ml	13.70	V	1.99	662480									
OHMG - Raspberry & Lemon Balm	12x330ml	13.70	V	1.99	662482									
OHMG - Peach & Rosemary	12x330ml	13.70	V	1.99	662484									
OHMG - Pineapple & Grapefruit	12x330ml	13.70	V	1.99	662485									
OHMG - Blackcurrant & Vitamin C	12x330ml	13.70	V	1.99	662486									
<b>* Pip Organic - fruity water - tetra with straw (can also be sold singly)</b>														
School compliant														
Blackcurrant, Raspberry & Apple Juice with Water	organic 6x4x180ml	19.05	V	5.08	472698									
Mango, Orange & Apple Fruity Juice with water	organic 6x4x180ml	19.05	V	5.08	472699									
<b>* Pip Organic - pure juice - tetra with straw (can also be sold singly)</b>														
Cloudy Apple Juice	organic 6x4x180ml	19.05	V	5.08	472705									
Smooth Orange Juice	organic 6x4x180ml	19.05	V	5.08	472608									
Pineapple & Mango Smoothie	organic 6x4x180ml	19.05	V	5.08	472710									
Strawberry & Blackcurrant Juice	organic 6x4x180ml	19.05	V	5.08	472715									
Strawberry, Banana & Purple Carrot Smoothie	organic 6x4x180ml	19.05	V	5.08	472718									
<b>* Pip Organic - pure juice - tetra</b>														
Valencia Orange Tetra	organic 8x1l	23.25	V	4.65	472722									
<b>* Rocks Squash</b>														
Blackcurrant Squash	6x740ml	13.80	V	3.68	662730									
Orange Squash	6x740ml	13.80	V	3.68	662734									
Summer Fruit Squash	6x740ml	13.80	V	3.68	662735									
<b>* Stute - Juices - 1 litre Elopak</b>														
Apple Juice	12x1l	13.95	V	1.86	676012									
Cranberry Juice Drink	12x1l	12.65	V	1.69	676014									
<b>* Suma</b>														
Apple Juice Concentrate	organic 6x400ml	21.35	V	5.69	663205									
Apple & Blackcurrant Juice Concentrate	organic 6x400ml	23.60	V	6.29	663210									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* Sunita - glass</b>														
Lemon Juice	organic 12x250ml	18.65		2.07	796002									
Lemon Juice	organic 6x1l	34.00		7.56	796003									
Lime Juice	organic 12x250ml	18.65		2.07	795995									
Orange Juice - freshly squeezed	organic 6x1l	19.65 V		5.24	796004									
<b>* Sunita - in plastic</b>														
Lemon Juice - small	12x200ml	6.35		0.71	796005									
Lemon Juice - large	5l	13.90	2.78		796010									
<b>* Vitacore - in glass</b>														
Blueberry Drink	organic 6x500ml	22.30 V		5.95	663511									
Cranberry Drink	organic 6x500ml	22.30 V		5.95	663512									
Pomegranate Juice	organic 6x500ml	14.80 V		3.95	663513									
Prune Juice	organic 6x500ml	22.30 V		5.95	663514									
<b>■ Drinks - Carbonated</b>														
<b>* Belvoir - Pressés - www.belvoircordials.co.uk</b>														
◆ Elderflower Pressé	organic 6x750ml	14.95 V		3.99	660575									
◆ Elderflower Pressé	organic 12x250ml	13.80 V		1.84	660577									
◆ Ginger Beer	organic 6x750ml	14.95 V		3.99	660580									
◆ Ginger Beer	organic 12x250ml	13.80 V		1.84	660582									
◆ Lemonade	organic 12x250ml	13.80 V		1.84	660587									
◆ Sparkling Clementine & Cranberry	6x750ml	15.75 V		4.20	660574									
<b>* Cawston Press - cans</b>														
◆ Cloudy Apple Sparkling	24x330ml	20.20 V		1.35	661200									
◆ Cloudy Lemonade Sparkling	24x330ml	20.20 V		1.35	661202									
◆ Elderflower Lemonade	24x330ml	20.20 V		1.35	661204									
◆ Ginger Beer Sparkling	24x330ml	20.20 V		1.35	661208									
◆ Orange Sparkling	24x330ml	20.20 V		1.35	661210									
◆ Rhubarb Sparkling	24x330ml	20.20 V		1.35	661212									
<b>* Fentimans Botanical Brews - glass</b>														
<i>On offer are Fentimans botanical brews, the pricing below represents a discount of 20%.</i>														
□ Cherry Cola	12x275ml	12.25 V		1.63	671795									
□ Curiosity Cola	12x275ml	12.25 V		1.63	671802									
□ Dandelion & Burdock	12x275ml	12.25 V		1.63	671803									
□ Traditional Ginger Beer - small	12x275ml	12.25 V		1.63	671805									
□ Raspberry Lemonade	12x275ml	12.25 V		1.63	671801									
□ Rose Lemonade - small	12x275ml	12.25 V		1.63	671807									
□ Victorian Lemonade	12x275ml	12.25 V		1.63	671810									
□ Mandarin Seville Orange Jigger	12x275ml	12.25 V		1.63	671815									
□ Lemon Shandy - beer & lemonade	12x275ml	12.25 V		1.63	671817									
□ Sparkling Elderflower	12x275ml	12.25 V		1.63	671816									
<b>* Fentimans Botanical Brews - glass - large</b>														
<i>On offer are Fentimans botanical brews in large bottles, the pricing below represents a discount of 20%.</i>														
□ Rose Lemonade - large	6x750ml	13.30 V		3.55	671825									
□ Traditional Ginger Beer - large	6x750ml	13.30 V		3.55	671830									
<b>* Fentimans Botanical Brews - glass - mixers</b>														
<i>On offer is Fentimans tonic water, the pricing below represents a discount of 20%.</i>														
□ Original Tonic Water - Mixer	6x4x200ml	14.60 V		3.89	671917									
<b>* Karma Drinks - FairTrade - cans</b>														
Karma Cola - can	organic 24x250ml	20.20 V		1.35	661290									
Gingerella Ginger Ale - can	organic 24x250ml	20.20 V		1.35	661292									
Lemony Lemonade - can	organic 24x250ml	20.20 V		1.35	661295									
Razza Raspberry lemonade - can	organic 24x250ml	20.20 V		1.35	661296									
Sugar-free Karma Cola - can	24x250ml	20.20 V		1.35	661298									
Orangeade - can	organic 24x250ml	20.20 V		1.35	661300									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* Karma Drinks - FairTrade - glass</b>														
Karma Cola - bottle	organic 24x300ml	30.00	V	2.00	661306									
Gingerella Ginger Ale - bottle	organic 24x330ml	30.00	V	2.00	661311									
Lemony Lemonade - bottle	organic 24x300ml	30.00	V	2.00	661316									
Razza Raspberry lemonade - bottle	organic 24x300ml	30.00	V	2.00	661314									
Sugar-free Karma Cola - bottle	24x300ml	30.00	V	2.00	661317									
Orangeade - bottle	organic 24x330ml	30.00	V	2.00	661318									
<b>* Luscombe - glass</b>														
◆ Damascene Rose Bubbly	organic 24x270ml	33.85	V	2.26	661586									
◆ Ginger Beer Cool	organic 24x270ml	33.40	V	2.23	661588									
◆ Ginger Beer Hot	organic 24x270ml	33.40	V	2.23	661590									
Lemonade Sicilian	organic 24x270ml	33.40	V	2.23	661592									
Raspberry Crush	organic 24x270ml	37.35	V	2.49	661598									
Rhubarb Crush	organic 24x270ml	33.40	V	2.23	661599									
Sicilian Citrus Crush (formerly St Clements)	organic 24x270ml	34.75	V	2.32	661600									
◆ Wild Elderflower Bubbly	24x270ml	33.85	V	2.26	661604									
<b>* Whole Earth Organic Sodas - cans</b>														
Apple - cans	organic 24x330ml	20.40	V	1.36	691570									
Cola - cans	organic 24x330ml	20.40	V	1.36	691575									
Elderflower - cans	organic 24x330ml	20.40	V	1.36	691577									
Ginger - cans	organic 24x330ml	20.40	V	1.36	691582									
Lemonade - cans	organic 24x330ml	20.40	V	1.36	691580									
Orange/Lemon - cans	organic 24x330ml	20.40	V	1.36	691585									
Cranberry - cans	organic 24x330ml	20.40	V	1.36	691595									
<b>■ Drinks - Soya, Nut, Grain, Milk &amp; Desserts</b>														
<b>* Alpro</b>														
Soya unsweetened Drink	organic 8x1l	17.05		2.84	726416									
<b>* Biona</b>														
◆ Coconut Milk Powder	organic 12x150g	35.90		3.99	726500									
<b>* Bonsoy - soya alternative to milk</b>														
Bonsoy	6x1l	15.95		3.54	726505									
<b>* Glebe Farm - gluten-free</b>														
New from Glebe Farm, <b>Pure Oaty Tea-rrific</b> . This gluten-free vegan oat milk has been designed for drinking in tea to give the right taste and colour with no splitting or floating particles. It uses British oats from red tractor farms and is produced in the heart of Cambridgeshire. Packaged in a tetra pack														
◆ Organic Pure Oaty Barista - gluten-free	organic 6x1l	9.81		2.17	722219									
◆ Pure Oaty Barista - gluten-free	6x1l	9.95		2.21	722221									
◆ Pure Oaty Creamy Enriched - gluten-free	6x1l	9.95		2.21	722222									
* Pure Oaty Tea-rrific - gluten-free	6x1l	9.45		2.10	722223									
<b>* Joya - Rice Dream - Hain</b>														
Joya Rice Milk - organic	organic 10x1l	15.85		2.15	721003									
Joya Rice Milk + calcium Vits D+B12	8x1l	12.20		2.07	721004									
<b>* Just Wholefoods - vegan</b>														
Custard Powder - all natural	12x100g	16.50		1.83	723005									
VegeSet - alternative to gelatine	10x25g	19.50		2.60	723007									
Lively Lemon Jelly Crystals - with sugar	12x85g	16.50		1.83	723010									
Raw Raspberry Jelly Crystals - with sugar	12x85g	16.50		1.83	723015									
Simply Strawberry Jelly Crystals - with sugar	12x85g	16.50		1.83	723020									
Tropical Twist Jelly Crystals - with sugar	12x85g	16.50		1.83	723025									
<b>* Koko - vegan milk - tetra</b>														
Barista Coconut alternative to milk + Calcium	6x1l	10.00		2.22	723203									
Original Coconut alternative to milk + Calcium	6x1l	9.65		2.14	723205									
Unsweetened Coconut alternative to milk + Calcium	6x1l	9.65		2.14	723211									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Minor Figures - vegan</u></b>														
The 10l bag in box has no tap. It is for pergal dispensers only.														
◆ Barista Oat		6x1l	9.65		2.14	723540								
◆ Barista Chai Concentrate	organic	6x1l	25.35		5.63	723543								
◆ Barista Oat (Organic)	organic	6x1l	10.15		2.26	723546								
◆ Everyday Oat		6x1l	9.65		2.14	723547								
Oat M*lk - bag in box		10l	19.30	1.93		723541								
<b>* <u>Nutty Bruce - vegan</u></b>														
◆ Activated Almond M*lk	organic	6x1l	12.30		2.73	723560								
◆ Activated Almond & Coconut M*lk	organic	6x1l	12.30		2.73	723564								
◆ Activated Almond & Oat M*lk	organic	6x1l	12.30		2.73	723568								
<b>* <u>Oatly - vegan</u></b>														
◆ Barista Oat Drink	organic	6x1l	10.60		2.34	725708								
◆ Oat Drink	organic	6x1l	9.20		2.03	725710								
Whole Oat Drink (calcium & vitamins)		6x1l	9.60		2.13	725711								
Semi Oat Drink (calcium & vitamins)		6x1l	9.60		2.13	725707								
No Sugars Oat Drink (calcium & vitamins)		6x1l	9.60		2.13	725709								
Chocolate Oat Drink with calcium & vitamins		6x1l	9.20		2.04	725713								
Barista Oat Drink - large		6x1.5l	13.45		2.99	725706								
Barista Oat Drink		6x1l	10.00		2.22	725714								
Barista Oat Drink		10x500ml	10.15		1.35	725717								
Oat Drink Vanilla Flavour		6x1l	9.20		2.04	725718								
Oat Drink Chocolate		18x250ml	11.45		0.86	725722								
Oatly (dairy-free alt. to) Cream	organic	18x250ml	15.20		1.13	725715								
<b>* <u>Plamil - www.plamilfoods.co.uk</u></b>														
Soya Drink	organic	8x1l	16.80		2.80	724002								
<b>* <u>Rude Health - gluten-free</u></b>														
On offer are selected Rude Health barista drinks, the pricing marked <input type="checkbox"/> below represents a discount of 20%.														
◆ Ultimate Almond - pure almond drink	organic	6x1l	17.30		3.85	724587								
◆ Almond Drink - with rice - Large	organic	6x1l	12.10		2.69	724590								
Almond No Sugars Drink	organic	6x1l	12.10		2.69	724609								
<input type="checkbox"/> Barista Almond Drink		6x1l	8.95		1.99	724606								
Roasted Almond Oat Drink	organic	6x1l	11.20		2.49	724950								
Brown Rice Drink	organic	6x1l	11.20		2.49	724592								
◆ Cashew Drink	organic	6x1l	15.70		3.49	724591								
<input type="checkbox"/> Barista Coconut Drink		6x1l	8.95		1.99	724607								
◆ Coconut Drink	organic	6x1l	13.45		2.99	724593								
◆ Hazelnut Drink	organic	6x1l	13.45		2.99	724594								
<input type="checkbox"/> Barista Oat Drink		6x1l	7.20		1.60	724608								
◆ Oat Drink	organic	6x1l	11.20		2.49	724595								
<input type="checkbox"/> Oat Barista Drink	organic	6x1l	8.95		1.99	724584								
Oat No Sugars Drink	organic	6x1l	11.20		2.49	724616								
<input type="checkbox"/> Barista Soya Drink	organic	6x1l	7.20		1.60	724005								
Soya Drink	organic	6x1l	10.35		2.30	724601								
Tiger Nut Drink	organic	6x1l	13.45		2.99	724598								
<b>* <u>Sojade - plant based drinks &amp; cream</u></b>														
◆ Soya Natural - unsweetened	organic	8x1l	11.65		1.94	724605								
◆ Soya Mild with apple juice	organic	8x1l	12.90		2.15	724611								
◆ Soya Protein - unsweetened	organic	8x750ml	11.65		1.94	724612								
◆ Soya + Vanilla	organic	8x1l	14.30		2.39	724615								
◆ Chocolate Soya Drink	organic	8x1l	16.75		2.80	724617								
◆ Sojade Cuisine - Soya Cream	organic	24x200ml	18.80		1.04	724620								
◆ Chocolate Soya Dessert - Custard	organic	8x530g	10.05		1.68	724622								
◆ Vanilla Soya Dessert - Custard	organic	8x530g	10.50		1.75	724624								
<b>* <u>Soon - plant based drinks &amp; cream - previously Sojade</u></b>														
Hemp Drink - unsweetened	organic	8x1l	17.30		2.88	724648								
Oat Drink - unsweetened	organic	8x1l	12.05		2.00	724653								

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Sproud pea milk</u></b>														
◆ Sproud - Unsweetened	6x1l	10.00		2.22	726530									
◆ Sproud Barista	6x1l	10.00		2.22	726536									
◆ Sproud Chocolate	6x1l	10.00		2.22	726538									
◆ Sproud Vanilla	6x1l	10.00		2.22	726539									
<b>* <u>UFC - coconut milk</u></b>														
Velvet Coconut Milk With Chocolate	6x1l	8.55		1.90	726615									
Velvet Coconut Milk Unsweetened	6x1l	8.55		1.90	726616									
<b>* <u>Yogi Tea - chai concentrate no caffeine - tetra</u></b>														
Barista Chai Classic concentrate	organic 6x1l	13.85		3.15	726555									
<b>■ Savoury Snacks</b>														
<b>* <u>Amaizin maize chips &amp; dips - gluten-free</u></b>														
Natural Corn Chips (small)	organic 15x75g	14.40		1.28	750105									
Chilli Corn Chips	organic 15x75g	15.15		1.35	750110									
Paprika Corn Chips	organic 15x75g	15.15		1.35	750120									
Family Bag Natural Corn Chips	organic 10x150g	13.80		1.84	750123									
Extra Large Natural Corn Chips	organic 10x250g	19.25		2.57	750124									
Salsa Chip-Dip - Hot	organic 6x260g	11.35		2.53	750126									
Salsa Chip-Dip - Sweet	organic 6x260g	11.35		2.53	750131									
<b>* <u>Amaizin corn rolls (rolled corn chips)</u></b>														
Tomato Corn Rolls	organic 14x100g	18.45		1.75	750135									
Tortilla Rolls - Jalapeño	organic 14x100g	18.45		1.75	750136									
<b>* <u>Biona</u></b>														
Sesame Pretzels	demeter 12x125g	25.10		2.79	750195									
<b>* <u>Clearspring - Seaveg Crispiers - toasted nori snack see "Sea Vegetables" section</u></b>														
<b>* <u>Clearspring - Rice Crackers "Breads &amp; Crackers" section</u></b>														
<b>* <u>Clearspring - gluten-free snacking</u></b>														
Roasted Tamari Almonds	organic 15x30g	18.65 V		1.99	750287									
Tamari Roasted Cashew Nuts	organic 15x30g	18.65 V		1.99	750290									
Tamari Roasted Pumpkin Seeds	organic 15x30g	16.75		1.50	750295									
<b>* <u>DJ&amp;A</u></b>														
<p>New from DJ&amp;A, a range of vacuum cooked vegan snacks. In comparison to deep frying this process uses less oil and a lower temperature to preserve goodness and taste. <b>Broccoli Florets</b> are a little sweet and a little salty. <b>Crispy Beetroot Slices</b> - pink slightly salty beetroot crisps with a faint garlic taste. <b>Crispy Garlic Cloves</b> - crunchy garlic! <b>Mixed Mushroom Crisps</b> - these are crunchy but not hard with a lovely flavour. <b>Shitake Mushroom Crisps</b> - a crunchy tasty alternative to potato crisps. <b>Shitake Mushroom Crisps Gravy Flavour</b> - like a roast dinner in a bag. <b>Shitake Mushroom Crisps Smoked Chilli &amp; Garlic</b> these are smoky and savoury, not too spicy. <b>Sugar Snap Pea Crisps</b> - hollow with a satisfying sweet crunch. <b>Yellow Sweet Potato Crisps</b> - pleasingly thick with a little salt and just a hint of sweet to know it's sweet potato.</p>														
* Broccoli Florets	12x25g	25.90		3.09	751070									
* Crispy Beetroot Slices	10x35g	21.60		3.09	751072									
* Crispy Garlic Cloves	12x45g	25.90		3.09	751073									
* Mixed Mushroom Crisps	12x30g	25.90		3.09	751074									
* Shitake Mushroom Crisps	12x30g	25.90		3.09	751075									
* Shitake Mushroom Crisps Gravy Flavour	12x35g	25.90		3.09	751076									
* Shitake Mushroom Crisps Smoked Chilli & Garlic	12x30g	25.90		3.09	751077									
* Sugar Snap Pea Crisps	10x30g	21.60		3.09	751078									
* Yellow Sweet Potato Crisps	10x55g	21.60		3.09	751079									
<b>* <u>Eat Real - hummus chips - large - vegan - gluten-free</u></b>														
◆ Chilli & Lemon Hummus Chips - large	10x110g	16.05		2.29	751193									
◆ Sea Salt & Balsamic Hummus Chips - large	10x110g	16.05		2.29	751194									
◆ Sour Cream & Chives Hummus Chips - large	10x110g	16.05		2.29	751195									
◆ Tomato & Basil Hummus Chips - large	10x110g	16.05		2.29	751196									
◆ Sea Salt Hummus Chips - large	10x110g	16.05		2.29	751197									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Eat Real - hummus chips - small - vegan - gluten-free</u></b>														
◆ Sea Salt Hummus Chips	18x45g	11.85		0.98	751201									
◆ Sour Cream & Chives Hummus Chips	18x45g	11.85		0.98	751202									
◆ Tomato & Basil Hummus Chips	18x45g	11.85		0.98	751203									
<b>* <u>Eat Real - lentil chips - vegan - gluten-free</u></b>														
◆ Chilli & Lemon Lentil Chips - large	10x95g	16.05		2.29	751217									
◆ Creamy Dill Lentil Chips - large	10x95g	16.05		2.29	751218									
◆ Mango & Mint Lentil Chips - large	10x95g	16.05		2.29	751219									
◆ Sea Salt Lentil Chips - large	10x95g	16.05		2.29	751221									
◆ Chilli & Lemon Lentil Chips	18x40g	11.85		0.98	751224									
◆ Creamy Dill Lentil Chips	18x40g	11.85		0.98	751226									
◆ Sea Salt Lentil Chips	18x40g	11.85		0.98	751231									
<b>* <u>Eat Real - quinoa chips - large - vegan - gluten-free</u></b>														
◆ Sour Cream & Chives Quinoa Chips	10x90g	16.05		2.29	751251									
◆ Sundried Tomato & Roast Garlic Quinoa Chips	10x90g	16.05		2.29	751254									
<b>* <u>Eat Real - quinoa chips - small - vegan - gluten-free</u></b>														
◆ Sour Cream & Chives Quinoa Chips - small	18x40g	11.85		0.98	751271									
<b>* <u>Eat Real - veggie straws - vegan - gluten-free</u></b>														
◆ Veggie Straws - small	18x45g	11.85 V		1.18	751287									
◆ Veggie Straws - large	10x110g	16.05 V		2.60	751288									
◆ Veggie Straws Sea Salt Black Pepper - large	10x110g	16.05 V		2.60	751289									
◆ Veggie Straws Smoked Paprika & Chilli - large	10x110g	16.05 V		2.60	751291									
<b>* <u>Eat Real - multipacks - vegan - gluten-free</u></b>														
◆ Chips Multi Pack	8x5pack	18.00		3.04	721291									
◆ Kids Straws Multi Pack	24x20g	11.30		0.64	721292									
<b>* <u>Fairfields - potato crisps - vegan - gluten-free</u></b>														
◆ Bacon & Tomato	36x40g	16.80 V		0.76	751000									
◆ Cheese & Onion	36x40g	16.80 V		0.76	751002									
◆ Lightly Sea Salted	36x40g	16.80 V		0.76	751004									
◆ Roast Rib of Beef	36x40g	16.80 V		0.76	751006									
◆ Prawn Cocktail	36x40g	16.80 V		0.76	751007									
◆ Sea Salt & Aspartic Acid Vinegar	36x40g	16.80 V		0.76	751008									
◆ Sea Salt & Black Pepper	36x40g	16.80 V		0.76	751010									
◆ Sweet Chilli	36x40g	16.80 V		0.76	751012									
<b>* <u>Fairfields - potato crisps - vegan - gluten-free</u></b>														
◆ Adnams Ghost Ship	10x150g	12.25 V		1.99	751014									
◆ Bacon & Tomato	10x150g	12.25 V		1.99	751016									
◆ Cheese & Onion	10x150g	12.25 V		1.99	751018									
◆ Lightly Sea Salted	10x150g	12.25 V		1.99	751020									
◆ Maple Glazed Ham	10x150g	12.25 V		1.99	751021									
◆ Prawn Cocktail	10x150g	12.25 V		1.99	751019									
◆ Roast Rib of Beef	10x150g	12.25 V		1.99	751022									
◆ Sea Salt & Aspartic Acid Vinegar	10x150g	12.25 V		1.99	751024									
◆ Sea Salt & Black Pepper	10x150g	12.25 V		1.99	751026									
◆ Sweet Chilli	10x150g	12.25 V		1.99	751028									
<b>* <u>Fiorentini</u></b>														
Corn Snack - Rosemary	organic 16x50g	14.10 V		1.41	752210									
Rice Snack - Rosemary	organic 16x40g	14.10 V		1.41	752225									
Pop's Black Rice - Crunchy Triangles	organic 12x80g	17.50		1.95	752217									
Pop's Buckwheat Quinoa Amaranth - Crunchy Triangles	organic 12x80g	17.50		1.95	752218									
Pop's Corn Crisps - Crunchy Triangles	organic 12x100g	13.15		1.46	752219									
Pop's Pulses - Crunchy Triangles	organic 12x80g	13.15		1.46	752221									
Pop's Rice Crisps - Crunchy Triangles	organic 12x100g	13.95		1.55	752222									
<b>* <u>Hodmedod's - Great British peas &amp; beans - roasted!</u></b>														
Roasted Fava Beans - Lightly Sea Salted	10x300g	22.75		3.03	752305									
Roasted Fava Beans - Sea Salt & Cider Vinegar	10x300g	22.75		3.03	752310									
Roasted Fava Beans - Unsalted	10x300g	22.75		3.03	752315									
Roasted Green Peas - Lightly Sea Salted	10x300g	22.75		3.03	752325									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Infinity Snacks</u></b>														
BBQ Corn Snacks	5kg	26.00	V 5.20		<b>752018</b>									
BBQ Corn Snacks	1kg	7.00	V 7.00		<b>752019</b>									
Bombay Mix	15kg	70.95	4.73		<b>752025</b>									
Seasalt & Black Pepper Cashews	10kg	140.00	V 14.00		<b>752032</b>									
Japanese Rice Crackers	8kg	55.00	6.88		<b>752035</b>									
Wasabi Peas	10kg	74.00	V 7.40		<b>752038</b>									
Wasabi Peas	1kg	9.20	V 9.20		<b>752040</b>									
<b>* <u>Infinity Pre-Packed Savoury Snacks</u></b>														
BBQ Corn Snacks	6x125g	6.20		1.38	<b>8103</b>									
Bombay Mix	6x125g	6.75		1.50	<b>8106</b>									
Bombay Mix	6x325g	12.40		2.76	<b>8111</b>									
Japanese Rice Crackers	6x125g	7.45		1.66	<b>8050</b>									
Japanese Rice Crackers	6x250g	12.60		2.80	<b>8055</b>									
Wasabi Peas	6x125g	7.85		1.74	<b>8118</b>									
<b>* <u>Infinity Foods - Savoury Snack-Packs</u></b>														
Metal Clip Strip (11 clips) foc when you buy 4 cases of Infinity Snack bags below, quote code					<b>9102</b>									
Plastic Clip Strip (12 clips) foc when you buy 4 cases of Infinity Snack bags below, quote code					<b>9104</b>									
<i>New from Infinity Foods, two of our popular vegan snacks are now in a snack pack size. <b>BBQ Corn Snacks</b> with a very moreish slightly salty BBQ taste and the pokey <b>Wasabi Peas</b> to liven up your day.</i>														
▲ BBQ Almonds	6x60g	5.95	V	1.59	<b>8180</b>									
* BBQ Corn Snacks	6x45g	4.20		0.93	<b>8181</b>									
Nut Mix	organic 6x65g	7.25		1.61	<b>8207</b>									
Pistachio Nuts - roasted & salted	6x60g	6.50		1.45	<b>8210</b>									
▼ Roasted & Salted Almonds	6x60g	5.50	V	1.47	<b>8216</b>									
▼ Hot Chilli Cashews	6x55g	6.10	V	1.63	<b>8220</b>									
▼ Seasalt & Black Pepper Cashews	6x55g	6.10	V	1.63	<b>8225</b>									
▼ Roasted & Salted Cashew Nuts	6x55g	5.70	V	1.52	<b>8227</b>									
* Wasabi Peas	6x55g	5.00		1.11	<b>8229</b>									
<b>* <u>Marigold</u></b>														
Popcorn Plus	18x20g	11.10	V	0.99	<b>752350</b>									
<b>* <u>Mister Free'd</u></b>														
◆ Tortilla Chips Avocado	12x135g	18.00		2.00	<b>752340</b>									
◆ Tortilla Chips Blue Maize	12x135g	18.00		2.00	<b>752342</b>									
◆ Tortilla Chips Chia Seed	12x135g	18.00		2.00	<b>752343</b>									
◆ Tortilla Chips Kale Spinach	12x135g	18.00		2.00	<b>752347</b>									
<b>* <u>Natco</u></b>														
Pappadums - Black Pepper	10x200g	12.75		1.70	<b>752640</b>									
Pappadums - Jeera (Cumin)	10x200g	12.45		1.66	<b>752645</b>									
Pappadums - Garlic	10x200g	11.75		1.57	<b>752650</b>									
Pappadums - Plain	10x200g	9.76		1.30	<b>752655</b>									
<b>* <u>Rude Health - Triangles, gluten free, vegan</u></b>														
Corn Triangles	organic 6x100g	7.75		1.85	<b>752745</b>									
Chickpea Triangles	organic 6x80g	7.75		1.85	<b>752747</b>									
High Protein Lentil Triangles	6x70g	7.75		1.85	<b>752748</b>									
<b>* <u>Shore Seaweed Chips</u></b>														
◆ Lightly Salted Seaweed Chips	14x25g	11.30		1.15	<b>752770</b>									
◆ Peking Duck Seaweed Chips	14x25g	11.30		1.15	<b>752772</b>									
◆ Salt & Balsamic Seaweed Chips	14x25g	11.30		1.15	<b>752771</b>									
◆ Smoky Barbeque Seaweed Chips	14x25g	11.30		1.15	<b>752773</b>									
◆ Sweet Sriracha Seaweed Chips	14x25g	11.30		1.15	<b>752774</b>									
◆ Lightly Salted Seaweed Chips - Share Bag	12x80g	18.55		2.19	<b>752776</b>									
◆ Peking Duck Seaweed Chips - Share Bag	12x80g	18.55		2.19	<b>752778</b>									
◆ Salt & Balsamic Seaweed Chips - Share Bag	12x80g	18.55		2.19	<b>752777</b>									
◆ Smoky Barbeque Seaweed Chips- Share Bag	12x80g	18.55		2.19	<b>752779</b>									
◆ Sweet Sriracha Seaweed Chips - Share Bag	12x80g	18.55		2.19	<b>752780</b>									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* Trafo - Snacks</b>														
On offer are Trafo organic Vegetable Crisps, the pricing marked <input type="checkbox"/> below represents a discount of 15%.														
	Corn Peanut Flips	organic	8x75g	14.70	2.45	753276								
	Hand Popped Corn - Slightly Salted	organic	6x50g	12.10 V	3.23	753261								
▲	Sea Salted Popped Corn	organic	12x50g	24.20 V	3.23	753263								
▲	Sweet Popped Corn	organic	12x50g	24.20 V	3.23	753264								
	Pretzel Sticks	organic	12x100g	17.60	1.96	753262								
□	Vegetable Crisps (carrot, parsnip, beetroot)	organic	12x75g	23.20 V	3.09	753266								
<b>* Trafo - Hand Cooked Potato Crisps</b>														
On offer are Trafo organic Truffle Potato Crisps, the pricing marked <input type="checkbox"/> below represents a discount of 15%.														
	Cheese & Onion Hand Cooked Crisps	organic	15x40g	15.60 V	1.66	753306								
	Rosemary & Himalaya Salt Hand Cooked Crisps	organic	15x40g	12.75 V	1.36	753285								
	Sea Salt Hand Cooked Crisps	organic	15x40g	12.75 V	1.36	753287								
	Sea Salt & Pepper Hand Cooked Crisps	organic	15x40g	12.75 V	1.36	753290								
□	Truffle Potato Crisps	organic	12x100g	29.30 V	3.91	753292								
<b>* Trafo - Potato Crisps</b>														
On offer are selected Trafo organic crisps, the pricing marked <input type="checkbox"/> below represents a discount of 15%.														
□	Salted Crisps - fried in coconut oil	organic	12x100g	25.10 V	3.35	753300								
□	Salted Crisps - fried in EV olive oil	organic	12x100g	31.35 V	4.18	753301								
□	Salted Crisps	organic	12x125g	18.40 V	2.45	753305								
□	Salted Crisps	organic	15x40g	12.75 V	1.36	753310								
□	Paprika Crisps	organic	12x125g	18.40 V	2.45	753325								
□	Paprika Crisps	organic	15x40g	12.75 V	1.36	753330								
□	Provencale Crisps	organic	12x125g	18.40 V	2.45	753331								
□	Salt & Vinegar Crisps	organic	12x125g	18.40 V	2.45	753333								
<b>■ Sweet Snacks &amp; Confections</b>														
<b>* Alter Eco organic FairTrade chocolate</b>														
	Almond Dark Chocolate Bar	organic	14x100g	29.85 V	3.42	760158								
	70% Ecuador Chocolate Bar	organic	14x100g	29.85 V	3.42	760160								
	Milk Chocolate Bar	organic	14x100g	29.85 V	3.42	760162								
	Orange Dark Chocolate Bar	organic	14x100g	29.85 V	3.42	760164								
	85% Peru Chocolate Bar	organic	14x100g	29.85 V	3.42	760166								
	Salted Caramel Milk Chocolate Bar	organic	14x100g	29.85 V	3.42	760168								
<b>* Bear - bars</b>														
On offer are Bear bars, the pricing below represents a discount of 20%.														
□	Carrot Cake - fruity oaty bar		21x27g	7.85 V	0.60	760178								
□	Forest Fruit - fruity oaty bar		21x27g	7.85 V	0.60	760179								
<b>* Bear - Paws</b>														
On offer are Bear Paws, the pricing below represents a discount of 20%.														
□	Raspberry & Blueberry - Paws		18x20g	7.15	0.53	760211								
□	Strawberry & Apple - Paws		18x20g	7.15	0.53	760212								
<b>* Bear - Splits - Multipacks</b>														
On offer are Bear Splits multipacks, the pricing below represents a discount of 20%.														
□	Strawberry & Apple - Splits		8x5x20g	15.70	2.62	760216								
□	Pineapple & Raspberry - Splits		8x5x20g	15.70	2.62	760223								
<b>* Bear - Fruit Treasures - Multipacks - 3+ years</b>														
On offer are Bear Treasures, the pricing below represents a discount of 20%.														
□	Berry - Treasures		4x5x20g	7.45	2.48	760224								
□	Tropical - Treasures		4x5x20g	7.45	2.48	760231								

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* Bear - Yoyos</b>														
<i>On offer are Bear Yoyos, the pricing below represents a discount of 20%.</i>														
<input type="checkbox"/>	Blackcurrant Yoyo Fruit Rolls	18x20g	7.80	0.58	760229									
<input type="checkbox"/>	Mango Yoyo Fruit Rolls	18x20g	7.80	0.58	760226									
<input type="checkbox"/>	Raspberry Yoyo Fruit Rolls	18x20g	7.80	0.58	760230									
<input type="checkbox"/>	Strawberry Yoyo Fruit Rolls	18x20g	7.80	0.58	760235									
<b>* Bear - Yoyos - Multipacks</b>														
<i>On offer are Bear Yoyo multipacks, the pricing below represents a discount of 20%.</i>														
<input type="checkbox"/>	Multipack Apple Yoyo Fruit Rolls	6x5x20g	11.75	2.61	760245									
<input type="checkbox"/>	Multipack Blackcurrant Yoyo Fruit Rolls	6x5x20g	11.75	2.61	760246									
<input type="checkbox"/>	Multipack Mango Yoyo Fruit Rolls	6x5x20g	11.75	2.61	760247									
<input type="checkbox"/>	Multipack Raspberry Yoyo Fruit Rolls	6x5x20g	11.75	2.61	760248									
<input type="checkbox"/>	Multipack Strawberry Yoyo Fruit Rolls	6x5x20g	11.75	2.61	760250									
<input type="checkbox"/>	Multipack Blueberry + Banana Smoothie Yoyo	6x5x20g	11.75	2.61	760251									
<b>* Bear - Giant Yoyos - Multipacks</b>														
<i>On offer are Bear Giant Yoyo multipacks, the pricing below represents a discount of 20%.</i>														
<input type="checkbox"/>	Apple & Blackcurrant Giant Yoyo	6x5x20g	11.75	2.61	760254									
<input type="checkbox"/>	Strawberry & Mango Giant Yoyo	6x5x20g	11.75	2.61	760256									
<b>* Biona - coated fruit &amp; nuts &amp; treats</b>														
	White Chocolate Yoghurt Banana Chips	organic 12x70g	20.15 V	2.69	760375									
	Milk Chocolate covered Almonds	organic 12x70g	26.90 V	3.59	760385									
	Milk Chocolate covered Raisins	organic 12x60g	17.15 V	2.29	760386									
	Dark Chocolate covered Brazils	organic 12x80g	29.15 V	3.89	760387									
<b>* Biona - sweets</b>														
	"Cola Bottle" Sweeties	organic 10x75g	15.55 V	2.49	760450									
◆	Rainbow Lollipops	organic 16x6p	28.90 V	2.89	760452									
◆	Fizzy Peaches	organic 10x75g	15.55 V	2.49	760454									
◆	Fruit Bears	organic 10x75g	15.55 V	2.49	760453									
	Fruit Burst	organic 10x75g	15.55 V	2.49	760458									
◆	Jelly Dinos	organic 10x75g	15.55 V	2.49	760451									
◆	Jelly Pomegranate Hearts	organic 10x75g	15.55 V	2.49	760456									
	Licorice Spirals	organic 12x75g	18.65 V	2.49	760459									
◆	Sour Snakes	organic 10x75g	15.55 V	2.49	760462									
	Tutti Frutti - Wine Gums	organic 10x75g	15.55 V	2.49	760465									
<b>* Booja Booja organic vegan - Chocolate Wonders</b>														
	Cookie Dough - Chocolate Wonders	organic 8x65g	14.95 V	2.99	766125									
	Hazelnut - Chocolate Wonders	organic 8x65g	14.95 V	2.99	766126									
	Raspberry Scrunch - Chocolate Wonders	organic 8x65g	14.95 V	2.99	766127									
	Salted Caramel - Chocolate Wonders	organic 8x65g	14.95 V	2.99	766128									
<b>* Booja Booja organic vegan - Two Truffle Packs</b>														
	Hazelnut Crunch Two Truffle Pack	organic 16x2pk	16.95 V	1.69	766144									
	Honeycomb Caramel Two Truffle Pack	organic 16x2pk	16.95 V	1.69	766138									
	Salted Caramel Two Truffle Pack	organic 16x2pk	16.95 V	1.69	766140									
	Orange Chocolate Two Truffle Pack	organic 16x2pk	16.95 V	1.69	766139									
	Almond Salted Caramel Two Truffle Pack	organic 16x2pk	16.95 V	1.69	766146									
<b>* Booja Booja organic vegan chocolate</b>														
	Hazelnut Crunch - 10 Truffle Logs	organic 8x115g	54.95 V	10.99	766143									
	Salted Caramel Mocha - 10 Truffle Logs	organic 8x115g	54.95 V	10.99	766147									
	Chocolate Orange - 10 Truffle Logs	organic 8x115g	54.95 V	10.99	766154									
	Yuletide Spice - 10 Truffle Logs	organic 8x115g	54.95 V	10.99	766156									
	Almond Salted Caramel - 8 Truffles	organic 8x92g	36.25 V	7.25	766181									
	Around Midnight Espresso - 8 Truffles	organic 8x92g	36.25 V	7.25	766183									
	Chocolate Orange - 8 Truffles	organic 8x92g	36.25 V	7.25	766185									
	Chocolate Salted Caramel - 8 Truffles	organic 8x92g	36.25 V	7.25	766188									
	Deeply Chocolate - 8 Truffles	organic 8x92g	36.25 V	7.25	766189									
	Fine De Champagne - 8 Truffles	organic 8x92g	36.25 V	7.25	766184									
	Hazelnut Crunch Chocolate - 8 Truffles	organic 8x92g	36.25 V	7.25	766186									
	Honeycomb Caramel - 8 Truffles	organic 8x92g	36.25 V	7.25	766191									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Booja Booja - The Special Edition Gift Collection</u></b>														
Award Winning Selection - Almond Salted, Hazelnut, Espresso, Rhubarb Vanilla & Stem Ginger														
Signature Selection - Honeycomb Caramel, Chocolate Orange, Chocolate Salted Caramel & Deeply Chocolate Truffle														
Winter Selection - Hazelnut Crunch, Cherry Bakewell, Honeycomb Caramel, Salted Caramel, Salted Caramel Mocha & Yuletide Spice														
The Gourmet No.1 - Hazelnut Crunch, Honeycomb Caramel, Almond Salted Caramel, Cherry Bakewell, Salted Caramel Mocha,														
The Gourmet No.2 - Hazelnut Crunch, Champagne, Almond Salted Caramel, Rhubarb & Ginger Gin, Salted Caramel Mocha,														
Chocolate Orange, Gingered Toffee Apple & Cherry Cognac														
A Grand Adventure - Hazelnut Crunch, Rhubarb & Vanilla Fool, Raspberry Scrunch, Gingered Toffee Apple,														
Almond Salted Caramel, Choc Orange, Salted Caramel Mocha														
A Magnificent Adventure - Hazelnut Crunch, Deeply Chocolate, Raspberry Scrunch, Chocolate Salted Caramel, Rhubarb & Vanilla Fool,														
Salted Caramel Mocha, Almond Salted Caramel, Chocolate Orange , Gingered Toffee Apple														
Award Winning Selection - 16 Truffles	<i>organic</i>	5x184g	46.85 V	14.99	766148									
Chocolate Salted Caramel - 16 Truffles	<i>organic</i>	5x184g	46.85 V	14.99	766141									
Fine De Champagne - 16 Truffles	<i>organic</i>	5x184g	46.85 V	14.99	766142									
Signature Selection - 16 Truffles	<i>organic</i>	5x184g	46.85 V	14.99	766151									
Winter Selection - 16 Truffles	<i>organic</i>	5x184g	46.85 V	14.99	766178									
The Gourmet No.1 - 25 Truffles	<i>organic</i>	4x289g	69.95 V	27.99	766193									
The Gourmet No.2 - 25 Truffles	<i>organic</i>	4x289g	69.95 V	27.99	766194									
A Grand Adventure - 21 Truffles	<i>organic</i>	3x243g	65.60 V	34.99	766196									
A Magnificent Adventure - 29 Truffles	<i>organic</i>	3x335g	93.70 V	49.99	766197									
<b>* <u>Booja Booja - The Artist's Collection - 16 truffles</u></b>														
The Artist's Collection - Fine De Champagne - 16 truffles	<i>organic</i>	3x185g	54.35 V	28.99	766158									
The Artist's Collection - Hazelnut - 16 truffles	<i>organic</i>	3x185g	54.35 V	28.99	766159									
<b>* <u>Bounce Balls - boxes</u></b>														
Plant Protein Maple Pecan Cashew		12x35g	13.75 V	1.83	766297									
Chocolate Brownie Peanut Butter Filled Ball		12x40g	15.40 V	2.05	766306									
Hazelnut Praline Nut Butter Filled Ball		12x40g	15.40 V	2.05	766307									
Millionaire Caramel Filled Ball		12x40g	15.40 V	2.05	766308									
<b>* <u>Chicza - Mayan Rainforest Chewing Gum</u></b>														
Cinnamon Chewing Gum	<i>organic</i>	10x30g	9.95 V	1.59	761902									
Mint Chewing Gum	<i>organic</i>	10x30g	9.95 V	1.59	761905									
Spearmint Chewing Gum	<i>organic</i>	10x30g	9.95 V	1.59	761910									
Lime Chewing Gum	<i>organic</i>	10x30g	9.95 V	1.59	761915									
Mixed Berry Chewing Gum	<i>organic</i>	10x30g	9.95 V	1.59	761916									
<b>* <u>Chocolate and Love - Chocolate Bars (contain milk) - fairly traded</u></b>														
Creamy Dark Chocolate 55% Cacao Nibs	<i>organic</i>	14x80g	36.95 V	4.22	762192									
Milk Chocolate Caramelised Hazelnuts & Sea Salt 50%	<i>organic</i>	14x80g	36.95 V	4.22	762193									
Sea Salt 55% Chocolate with Caramel	<i>organic</i>	14x80g	35.05 V	4.01	762194									
<b>* <u>Chocolate and Love - Dark Chocolate Bars - fairly traded - vegan</u></b>														
Coffee - Dark Chocolate 55%	<i>organic</i>	14x80g	35.05 V	4.01	762195									
Ginger - Extra Dark 100%	<i>organic</i>	12x80g	35.00 V	4.67	762197									
Rich - Dark Chocolate 71%	<i>organic</i>	14x80g	35.05 V	4.01	762196									
Mint - Dark Chocolate 67%	<i>organic</i>	14x80g	35.05 V	4.01	762198									
Orange - Dark Chocolate 65%	<i>organic</i>	14x80g	35.05 V	4.01	762200									
Panama - Dark Choc 80% single origin	<i>organic</i>	14x80g	36.95 V	4.22	762202									
Passion Fruit Filled Bar - Dark Choc 65%	<i>organic</i>	12x85g	33.40 V	4.45	762201									
Pomegranate - Dark Chocolate 70%	<i>organic</i>	14x80g	38.95 V	4.45	762204									
<b>* <u>Clif Bars</u></b>														
◆ Blueberry Almond Crisp Bars		12x68g	14.85 V	1.98	762350									
◆ Chocolate Almond Fudge Bars		12x68g	14.85 V	1.98	762355									
◆ Chocolate Chip Bars		12x68g	14.85 V	1.98	762360									
◆ Crunchy Peanut Butter Bars		12x68g	14.85 V	1.98	762365									
◆ Peanut Butter Banana Bars		12x68g	14.85 V	1.98	762366									
◆ White Chocolate Macadamia Bars		12x68g	14.85 V	1.98	762375									
<b>* <u>Clif organic nut butter filled bars</u></b>														
◆ Chocolate Chip Peanut Butter - Filled Bar	<i>organic</i>	12x50g	19.30 V	2.57	762393									
◆ Chocolate Peanut Butter - Filled Bar	<i>organic</i>	12x50g	19.30 V	2.57	762396									
◆ Peanut Butter - Filled Bar	<i>organic</i>	12x50g	19.30 V	2.57	762398									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Cocoa Loco - FairTrade - chocolate bars</u></b>														
73% Dark Chocolate Bar	organic 12x100g	34.85	V	4.65	762170									
Dark Chocolate & Orange Bar	organic 12x100g	34.85	V	4.65	762171									
Dark Chocolate & Sea Salt Bar	organic 12x100g	34.85	V	4.65	762174									
Milk Chocolate Bar	organic 12x100g	34.85	V	4.65	762175									
<b>* <u>Cocoa Loco - FairTrade - chocolate dipped</u></b>														
73% Dark Chocolate Dipped Mango	organic 6x110g	26.20	V	7.00	762205									
73% Dark Chocolate Covered Ginger	organic 6x100g	26.20	V	7.00	762215									
<b>* <u>Conscious Chocolate - vegan handmade raw chocolate</u></b>														
Sour Cherry Raw Chocolate Bar	organic 10x60g	21.80	V	3.49	762292									
Darksides - 85% Raw Chocolate Bar	organic 10x60g	21.80	V	3.49	762296									
Orange & Tangerine Raw Chocolate Bar	organic 10x60g	21.80	V	3.49	762298									
Goji & Coconut Raw Chocolate Bar	organic 10x60g	21.80	V	3.49	762300									
Darksides - 75% Raw Chocolate Bar	organic 10x60g	21.80	V	3.49	762302									
Love Potion No9 Raw Choc Bar - maca, rose oil	organic 10x60g	21.80	V	3.49	762306									
Peppermint Raw Chocolate Bar	organic 10x60g	21.80	V	3.49	762308									
Pure Dark 100% Cacao Raw Chocolate Bar	organic 10x60g	21.80	V	3.49	762309									
Four Nuts - 60% Raw Chocolate Bar	organic 10x60g	21.80	V	3.49	762310									
<b>* <u>Devon Cottage - organic FairTrade fudge</u></b>														
Chocolate Crumbly Fudge	organic 6x150g	16.70	V	4.45	761935									
Boxed Chocolate Crumbly Fudge - 4 pack	organic 4x300g	19.95	V	7.98	761937									
Clotted Cream Crumbly Fudge	organic 6x150g	16.70	V	4.45	761940									
Boxed Clotted Cream Crumbly Fudge - 4 pack	organic 4x300g	19.95	V	7.98	761942									
Coffee Crumbly Fudge	organic 6x150g	16.70	V	4.45	761945									
Sea Salted Crumbly Fudge	organic 6x150g	16.70	V	4.45	761957									
Vanilla Crumbly Fudge	organic 6x150g	16.70	V	4.45	761960									
<b>* <u>Devon Cottage - organic vegan fudge</u></b>														
Dairy Free Sea Salted Fudge - Bag	organic 6x150g	16.70	V	4.45	761977									
Dairy Free Chocolate Fudge - Bag	organic 6x150g	16.70	V	4.45	761979									
<b>* <u>Divine - chocolate FairTrade</u></b>														
◆ 85% Dark Chocolate	15x90g	28.65	V	3.06	763495									
◆ 70% Dark Chocolate	15x90g	28.65	V	3.06	763503									
◆ Dark Smooth Hazelnut Chocolate	15x90g	28.65	V	3.06	763502									
◆ Dark Chocolate with Himalayan Salt	15x90g	28.65	V	3.06	763516									
◆ Mint Dark Chocolate - 70%	15x90g	28.65	V	3.06	763504									
◆ Ginger & Orange Dark Chocolate - 70%	15x90g	28.65	V	3.06	763512									
◆ Raspberry Dark Chocolate	15x90g	28.65	V	3.06	763510									
◆ Milk Chocolate - 45% Cocoa	15x90g	28.65	V	3.06	763518									
◆ Salted Caramel Milk Chocolate	15x90g	28.65	V	3.06	763577									
◆ Strawberry White Chocolate	15x90g	28.65	V	3.06	763565									
◆ Dark Chocolate - chunky	30x35g	24.50	V	1.31	763581									
◆ Milk Chocolate - chunky	30x35g	24.50	V	1.31	763521									
◆ Milk Chocolate Salted Caramel - chunky	30x35g	24.50	V	1.31	763523									
◆ White Chocolate - chunky	30x35g	24.50	V	1.31	763519									
◆ Orange Milk Chocolate - chunky	30x35g	24.50	V	1.31	763527									
<b>* <u>Doves Farm Free From Flapjacks - see "Biscuits &amp; Cakes" section.</u></b>														
<b>* <u>Equal Exchange - FairTrade chocolate (no milk in recipe)</u></b>														
Almond Dark Chocolate	organic 12x100g	31.00	V	4.13	765290									
Extreme Dark Chocolate 88%	organic 14x80g	36.00	V	4.11	765294									
Very Dark Chocolate 71%	organic 12x100g	31.00	V	4.13	765302									
Lemon, Ginger & Pepper Dark Chocolate 55%	organic 12x100g	31.00	V	4.13	765307									
Orange Dark Chocolate 65%	organic 12x100g	31.00	V	4.13	765310									
<b>* <u>Equal Exchange - FairTrade chocolate (contains milk)</u></b>														
Dark Caramel Crunch with Sea Salt Chocolate 55%	organic 12x100g	31.00	V	4.13	765320									
<b>* <u>Free From Fellows - vegan gluten-free mallows</u></b>														
Mini Pink & White Vanilla Vegan Mallows	10x105g	12.95	V	2.07	765329									
Strawberry Vegan Mallows	10x105g	12.75	V	2.04	765331									
Vanilla Vegan Mallows	10x105g	12.95	V	2.07	765334									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Frutina, vegan gluten free</u></b>														
Fruit Snack Variety Pack	60x15g	23.90	V	0.64	765350									
<b>* <u>Green and Black's</u></b>														
◆ 85% Dark Chocolate Bar	organic 15x90g	25.75	V	2.75	764001									
◆ 70% Dark Chocolate Bar	organic 15x90g	25.75	V	2.75	764006									
◆ Ginger 60% Dark Chocolate Bar	organic 15x90g	25.75	V	2.75	764019									
◆ Hazelnut & Currant Dark Chocolate Bar	organic 15x90g	25.75	V	2.75	764026									
◆ Milk Chocolate Bar	organic 15x90g	25.75	V	2.75	764028									
◆ Milk Chocolate with Butterscotch Bar	organic 15x90g	25.75	V	2.75	764029									
◆ Smooth Dark Chocolate Bar - FT	organic 15x90g	25.75	V	2.75	764033									
◆ Smooth Mint Dark Chocolate Bar - FT	organic 15x90g	25.75	V	2.75	764034									
◆ White Chocolate Bar	organic 15x90g	25.75	V	2.75	764045									
<b>* <u>Infinity Foods Raw Cacao Nibs - listed in Coffee Subs/Cocoa Products section</u></b>														
<b>* <u>HIP Chocolate - vegan</u></b>														
Original Oat Milk Chocolate Bar	12x70g	24.45	V	3.40	764117									
<b>* <u>Hu Chocolate bars - organic gluten-free FairTrade</u></b>														
◆ Almond Butter + Crispy Quinoa Dark Choc Bar	organic 12x60g	25.25	V	3.50	764130									
◆ Cashew Butter + Pure Vanilla Dark Choc Bar	organic 12x60g	25.25	V	3.50	764131									
◆ Crunchy Mint Dark Chocolate Bar	organic 12x60g	25.25	V	3.50	764134									
◆ Hazelnut Butter Dark Chocolate Bar	organic 12x60g	25.25	V	3.50	764136									
◆ Salty Dark Chocolate Bar	organic 12x60g	25.25	V	3.50	764138									
◆ Simple Dark Chocolate Bar	organic 12x60g	25.25	V	3.50	764140									
◆ Vanilla Crunch Dark Chocolate Bar	organic 12x60g	25.25	V	3.50	764141									
<b>* <u>Infinity sweet snacks - vegan</u></b>														
Caramelised Cashews	10kg	110.00	V 11.00		764220									
Cinnamon & Maple Caramelised Almonds	10kg	99.00	V 9.90		764224									
Cinnamon & Maple Caramelised Cashews	10kg	140.00	V 14.00		764226									
<b>* <u>Infinity Foods retail packed chocolate</u></b>														
Dark Chocolate (73%) Buttons	organic 6x200g	36.05	V	9.61	9005									
Milk Chocolate Buttons	organic 6x200g	32.95	V	8.79	9010									
White Chocolate Buttons	organic 6x200g	35.00	V	9.33	9015									
Mixed (Dark, Milk & White) Chocolate Buttons	organic 6x200g	34.70	V	9.25	9020									
<b>* <u>Infinity Foods - sweet snackpacks</u></b>														
Metal Clip Strip (11 clips) foc when you buy 4 cases of Infinity Snack bags below, quote code					9102									
Plastic Clip Strip (12 clips) foc when you buy 4 cases of Infinity Snack bags below, quote code					9104									
Caramelised Cashews	6x55g	5.75	V	1.54	8200									
Cinnamon & Maple Caramelised Almonds	6x55g	5.30	V	1.42	8202									
Cinnamon & Maple Caramelised Cashews	6x55g	7.30	V	1.95	8204									
Fruit & Nut Mix	organic 6x70g	8.70	V	1.93	9130									
<b>* <u>Just Wholefoods gluten-free vegan</u></b>														
VegeBears - Bulk	organic 4kg	46.65	V 11.66		765394									
Vegebears	organic 10x70g	11.55	V	1.85	765399									
Frooty Fruits	organic 10x70g	11.55	V	1.85	765401									
Vegehogs	organic 10x70g	11.55	V	1.85	765406									
<b>* <u>Ma Baker - Giant Nut Bars - vegan - oat-based</u></b>														
Mixed case contains 5x90g of coconut, hazelnut, pistachio & walnut.														
Mixed Nut Giant Bar	20x90g	13.40		0.89	764703									
Coconut Giant Bar	20x90g	13.40		0.89	764707									
Pecan Giant Bar	20x90g	13.40		0.89	764710									
Pistachio Giant Bar	20x90g	13.40		0.89	764712									
Rolled Oats & Golden Syrup Giant Bar	20x90g	13.40		0.89	764713									
Walnut Giant Bar	20x90g	13.40		0.89	764720									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Ma Baker - Giant Fruit Bars - vegan - oat-based</u></b>														
Mixed case contains 5x90g of apple, apricot, banana & cherry.														
Mixed Fruit Giant Bar	20x90g	13.40		0.89	764728									
Apple Giant Bar	20x90g	13.40		0.89	764730									
Apricot Giant Bar	20x90g	13.40		0.89	764732									
Banana Giant Bar	20x90g	13.40		0.89	764735									
Blueberry Giant Bar	20x90g	13.40		0.89	764737									
Cherry Giant Bar	20x90g	13.40		0.89	764740									
Cranberry Giant Bar	20x90g	13.40		0.89	764742									
Raspberry Giant Bar	20x90g	13.40		0.89	767746									
Strawberry Giant Bar	20x90g	13.40		0.89	764748									
<b>* <u>Ma Baker - Giant Bite Bars - vegan - oat-based</u></b>														
◆ Giant Bite Banana Flapjack	15x42g	8.00		0.71	764722									
◆ Giant Bite Blueberry Flapjack	15x42g	8.00		0.71	764723									
◆ Giant Bite Raspberry Flapjack	15x42g	8.00		0.71	764724									
<b>* <u>Montezuma's Mini Bars</u></b>														
FitzRoy - Very Dark Chocolate - mini	organic 26x25g	16.25	V	1.00	766006									
Royal Mint - Dark Chocolate - mini	organic 26x25g	16.25	V	1.00	766011									
Smooth Operator - Milk Chocolate - mini	organic 26x25g	16.25	V	1.00	766013									
Spotch - Dark Milk Butterscotch - mini	organic 26x25g	16.25	V	1.00	766021									
<b>* <u>Montezuma's Dark Chocolate</u></b>														
Dark Chocolate Bar - Chilli Bonkers	organic 12x90g	23.30	V	3.15	766286									
FitzRoy - Very Dark Chocolate	organic 12x90g	23.30	V	3.15	766289									
Happy Hippy - Dark Chocolate Orange & Geranium	organic 12x90g	23.30	V	3.15	766301									
Royal Mint - Dark Chocolate	organic 12x90g	23.30	V	3.15	766302									
<b>* <u>Montezuma's - Milk Chocolate (the dark side)</u></b>														
Spotch - Dark Milk Butterscotch	organic 12x90g	23.30	V	3.15	766262									
Darksides - Dark/Milk Chocolate	organic 12x90g	23.30	V	3.15	766264									
<b>* <u>Montezuma's Milk Chocolate</u></b>														
Smooth Operator - Milk Chocolate	organic 12x90g	23.30	V	3.15	766261									
Hot Pickle - Milk Chocolate Chilli & Lime	organic 12x90g	23.30	V	3.15	766266									
<b>* <u>Montezuma's White Chocolate</u></b>														
Great White Chocolate	organic 12x90g	23.30	V	3.15	766267									
<b>* <u>Montezuma's Non-Organic Chocolate</u></b>														
Absolute Black - 100% Cocoa	12x90g	23.30	V	3.15	766215									
Absolute Black with Almonds - 100%	12x90g	23.30	V	3.15	766217									
Absolute Black with Orange & Cocoa Nibs - 100%	12x90g	23.30	V	3.15	766218									
Black Forest Cherry	12x90g	23.30	V	3.15	766241									
Lordy Lord - Dark with Cocoa Nibs	12x90g	23.30	V	3.15	766244									
Minted - Milk with Crunchy Peppermint	12x90g	23.30	V	3.15	766246									
Sea Dog - Dark with Lime & Sea Salt	12x90g	23.30	V	3.15	766248									
Spice It Up - Dark with Ginger	12x90g	23.30	V	3.15	766249									
Dark Peanut Butter Truffle Bites	8x120g	22.60	V	4.58	612595									
<b>* <u>Nakd - Chocolish Big Bite Bars</u></b>														
◆ Double Chokolish Big Bite	16x50g	18.40	V	1.84	766591									
<b>* <u>Nakd - Protein Bars and Fibre Bars</u></b>														
◆ Fruit & Fibre - Apple & Cinnamon	16x44g	13.40	V	1.35	766629									
◆ Fruit & Fibre - Strawberry & Raspberry	16x44g	13.40	V	1.35	766631									
◆ Protein Caramel Bar	16x45g	13.40	V	1.35	766633									
◆ Protein Cocoa Hazelnut Bar	16x45g	13.40	V	1.35	766634									
◆ Protein Peanut Butter Bar	16x45g	13.40	V	1.35	766637									
<b>* <u>Nakd - Raw Fruit &amp; Nut Bars - vegan &amp; gluten-free</u></b>														
◆ Bakewell Tart Raw Wholefood Bar	18x35g	11.50	V	1.02	766647									
◆ Berry Delight Raw Wholefood Bar	18x35g	11.50	V	1.02	766648									
◆ Blueberry Muffin Raw Wholefood Bar	18x35g	11.50	V	1.02	766644									
◆ Cashew Cookie Raw Wholefood Bar	18x35g	11.50	V	1.02	766650									

▲ price rise ▼ fall  
 \* new product □ on offer

☆ size or other change  
 ◆ offer ended

	Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9	
◆	Cocoa Delight Raw Wholefood Bar	18x35g	11.50	V	1.02	766651										
◆	Cocoa Orange Raw Wholefood Bar	18x35g	11.50	V	1.02	766652										
◆	Lemon Drizzle	18x35g	11.50	V	1.02	766659										
◆	Peanut Delight Raw Wholefood Bar	18x35g	11.50	V	1.02	766656										
◆	Salted Caramel Raw Wholefood Bar	18x35g	11.50	V	1.02	766664										
	<b>* <u>Nakd - Multipack Bars</u></b>															
◆	Multipack Berry Bliss Raw Wholefood Bar	12x4x30g	26.80	V	3.57	766808										
◆	Multipack Cocoa Orange Raw Wholefood Bar	12x4x35g	26.80	V	3.57	766815										
	<b>* <u>Nourish - vegan - gluten-free</u></b>															
	<i>New from Nourish, a range of vegan gluten-free chocolate coconut brownies with different fillings, covered in rich dark chocolate. <b>The Nutty One</b> is filled with crunchy almond nut butter. <b>The Orange One</b> has orange oil in the brownie and is filled with crunchy almond butter. <b>The Berry One</b> has air dried raspberry pieces and is filled with creamy cashew butter. They are all high in gut loving fibre and nutritious ingredients. The bars are packaged in a recyclable plastic film.</i>															
✱	The Nutty One	14x50g	21.25		2.02	766817										
✱	The Orange One	14x50g	21.25		2.02	766818										
✱	The Berry One	14x50g	21.25		2.02	766819										
	<b>* <u>Oatopia vegan flapjacks</u></b>															
◆	Almond Bakewell Oat Bake	16x120g	33.00		2.75	766974										
◆	Original Oat Bake	16x120g	31.20		2.60	766972										
◆	Peanut Butter Oat Bake	16x120g	33.00		2.75	766973										
◆	Salted Caramel Oat Bake	16x120g	33.00		2.75	766976										
◆	Almond Bakewell Oat Bake	15x60g	17.95		1.60	766977										
◆	Original Oat Bake	15x60g	17.95		1.60	766978										
◆	Peanut Butter Oat Bake	15x60g	17.95		1.60	766979										
◆	Salted Caramel Oat Bake	15x60g	17.95		1.60	766981										
	<b>* <u>Ombar - raw chocolate bars &amp; buttons</u></b>															
	<i>New from Ombar, organic Fairtrade vegan <b>100% Cacao - large</b> made with unroasted Ecuadorian cacao to preserve the nutrient rich polyphenols. This small batch bar is intense, dark yet mellow with a multi layered aftertaste.</i>															
	Coco Almond Chocolate - large	organic	10x70g	22.15	V	3.54	765784									
	Coco Mylk Chocolate - large	organic	10x70g	22.15	V	3.54	765786									
	Dark 72% Chocolate - large	organic	10x70g	22.15	V	3.54	765788									
✱	100% Cacao - large	organic	10x70g	22.15	V	3.54	765787									
	Dark 90% Chocolate - large	organic	10x70g	22.15	V	3.54	765789									
	Coconut & Vanilla Centres Chocolate - large	organic	10x70g	22.15	V	3.54	765790									
	Hazelnut Truffle Centres Chocolate - large	organic	10x70g	22.15	V	3.54	765791									
	Pistachio Centres Chocolate - large	organic	10x70g	22.15	V	3.54	765792									
	Raspberry & Coconut Centres Chocolate - large	organic	10x70g	22.15	V	3.54	765794									
	Salt & Nibs Chocolate - large	organic	10x70g	22.15	V	3.54	765796									
	100% Cacao	organic	10x35g	13.75	V	2.21	765761									
	Pure 90% Chocolate	organic	10x35g	13.75	V	2.21	765764									
	Blueberry & Acai Chocolate	organic	10x35g	12.40	V	1.99	765765									
	Coco Mylk Chocolate	organic	10x35g	13.75	V	2.21	765767									
	Coconut 60% Chocolate	organic	10x35g	13.75	V	2.21	765770									
	Dark 72% Chocolate	organic	10x35g	13.75	V	2.21	765773									
	Strawberry Mylk Chocolate	organic	10x35g	12.40	V	1.99	765777									
	Almond Butter Filled Chocolate bar	organic	15x42g	21.55	V	2.30	765775									
	Coco Raspberry Filled Chocolate bar	organic	15x42g	21.55	V	2.30	765776									
	Coco Vanilla Filled Chocolate bar	organic	15x42g	21.55	V	2.30	765778									
	Hazelnut Truffle Filled Chocolate bar	organic	15x42g	21.55	V	2.30	765779									
	Pistachio Cream Filled Chocolate bar	organic	15x42g	21.55	V	2.30	765781									
	Buttons Coco Mylk Chocolate 58%	organic	15x25g	13.95	V	1.49	765780									
	<b>* <u>Ombar - Oat M'lk chocolate bars</u></b>															
	Oat M'lk Fruit & Nut - chocolate	organic	10x70g	18.50	V	2.96	765751									
	Oat M'lk Hazelnut - chocolate	organic	10x70g	18.50	V	2.96	765752									
	Oat M'lk Salted Caramel - chocolate truffle	organic	10x70g	18.50	V	2.96	765754									
	Oat M'lk Smooth & Creamy - chocolate	organic	10x70g	18.50	V	2.96	765756									
	Oat M'lk Salted Caramel - filled chocolate	organic	15x42g	17.50	V	1.87	765757									
	Oat M'lk Hazelnut Brownie - filled chocolate	organic	15x42g	17.50	V	1.87	765758									
	<b>* <u>Organica - dark chocolate bars - vegan - gluten-free</u></b>															
	Hazel Nougat Delight	organic	24x40g	20.70	V	1.38	766402									
	Golden Coconut Delight	organic	24x40g	20.70	V	1.38	766413									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Organic Seed &amp; Bean - vegan dark chocolate</u></b>														
Coconut & Raspberry Sao Tome Dark Bar 66%	organic 10x75g	22.55	V	3.60	765874									
Cornish Sea Salt Ecuadorian Dark Bar - 70%	organic 10x75g	22.55	V	3.60	765854									
Salted Caramel Dominican Dark Bar - 58%	organic 10x75g	22.55	V	3.60	765855									
<b>* <u>Organic Seed &amp; Bean - vegan FairTrade dark chocolate</u></b>														
Dominican Extra Dark Chocolate Bar - 72%	organic 10x75g	22.55	V	3.60	765830									
Lavender Dark Chocolate Bar - 72%	organic 10x75g	22.55	V	3.60	765831									
Mandarin & Ginger Dark Chocolate Bar - 72%	organic 10x75g	22.55	V	3.60	765832									
Mint Dark Chocolate Bar - 72%	organic 10x75g	22.55	V	3.60	765833									
Coffee Espresso Dark Chocolate Bar - 58%	organic 10x75g	22.55	V	3.60	765835									
Hazelnut Dark Chocolate Bar - 58%	organic 10x75g	22.55	V	3.60	765836									
Lemon & Cardamom Dark Chocolate Bar - 58%	organic 10x75g	22.55	V	3.60	765838									
<b>* <u>Organic Seed &amp; Bean - FairTrade - milk (37%) &amp; white chocolate</u></b>														
Smooth Praline Chocolate Milk Bar	organic 10x75g	22.55	V	3.60	765840									
Lime & Sea Salt Milk Chocolate Bar	organic 10x75g	22.55	V	3.60	765841									
Crispy Popped Rice Milk Chocolate Bar	organic 10x75g	22.55	V	3.60	765846									
Rich Caramel Milk Chocolate Bar	organic 10x75g	22.55	V	3.60	765847									
Rich Milk Chocolate Bar	organic 10x75g	22.55	V	3.60	765844									
<b>* <u>Organic Seed &amp; Bean mini bars - vegan FairTrade dark chocolate</u></b>														
Espresso Dark Chocolate Bar - 58%	organic 30x25g	23.40	V	1.44	765881									
Dominican Extra Dark Chocolate Bar - 72%	organic 30x25g	23.40	V	1.44	765883									
Sweet Orange & Thyme Dark Choc Bar - 58%	organic 30x25g	23.40	V	1.44	765884									
<b>* <u>Organic Seed &amp; Bean mini bars - FairTrade - milk (37%) &amp; white chocolate</u></b>														
Cornish Sea Salt & Lime Milk Choc Bar - 37%	organic 30x25g	23.40	V	1.44	765885									
<b>* <u>Panda Liquorice</u></b>														
Liquorice Bar	36x32g	13.90	V	0.62	766510									
Liquorice Bar - 4 pack	18x4x32g	25.30	V	2.25	766523									
Liquorice Bears - bag	12x125g	12.25	V	1.63	766524									
Liquorice Cuts - in bag	12x240g	20.65	V	2.75	766525									
Raspberry Liquorice - in bag	12x200g	20.15	V	2.69	766499									
Raspberry Liquorice Bar - 4 pack	18x4x32g	25.30	V	2.25	766498									
Raspberry Liquorice Bar	36x32g	13.90	V	0.62	766500									
Liquorice Torpedos - bag	18x100g	19.20	V	1.71	766507									
<b>* <u>Peppersmith Dental - vegan - xylitol sweetened</u></b>														
<b>Please note this range does not require a sell-by date</b>														
<b>Phone 0208 788 2080 to request further PoS material</b>														
☆ Pouch Peppermint Dental Chewing Gum - 33 gums	18x60g	36.70	V	3.26	766704									
Box Spearmint Dental Chewing Gum - 33 gums	18x50g	36.70	V	3.26	766726									
Peppermint Dental Chewing Gum Pocket Pack (10 gums)	12x15g	10.40	V	1.39	766717									
Spearmint Dental Chewing Gum Pocket Pack (10 gums)	12x15g	10.40	V	1.39	766720									
Peppermint Dental Mints - 100 mints	18x60g	42.00	V	3.73	766703									
Peppermint Dental Mints (25 mints)	12x15g	11.90	V	1.59	766722									
Lemon Dental Mints (25 mints)	12x15g	11.90	V	1.59	766723									
Extra Strong Dental Mints (25 mints)	12x15g	11.90	V	1.59	766724									
Strawberry Pastilles	12x15g	11.90	V	1.59	766706									
<b>* <u>Pip Organic - fruit bars</u></b>														
Mango Pipstick	organic 24x18g	15.00		0.83	767667									
Pineapple & Mango Pipstick	organic 24x18g	15.00		0.83	767669									
<b>* <u>Play in Choc - organic, vegan, card toys</u></b>														
Dinosaurs 3d puzzle toy with chocolate	organic 18x50g	21.60	V	1.99	767628									
Endangered Animals 3d puzzle toy with chocolate	organic 18x50g	21.60	V	1.99	767630									
Woodland Animals 3d puzzle toy with chocolate	organic 18x50g	21.60	V	1.99	767636									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>The Raw Chocolate Co. - dairy &amp; gluten-free</u></b>														
▲ Caffé Mocha Bar	organic 10x70g	21.35	V	3.42	766833									
▲ Vanoffee Hazelnut	organic 10x60g	21.35	V	3.42	766839									
▲ Vanoffee	organic 10x60g	21.35	V	3.42	766844									
▲ Caramel Buttons	organic 6x150g	22.00	V	5.87	766846									
▲ M*ilk Chocolate Buttons	organic 6x150g	22.00	V	5.87	766847									
▲ Peruvian 72% Buttons	organic 6x150g	22.00	V	5.87	766848									
▲ Vanoffee Buttons	organic 6x150g	22.00	V	5.87	766853									
<b>* <u>The Raw Chocolate Co. - dairy &amp; gluten-free</u></b>														
▲ Raw Chocolate Goji Berries - large	organic 6x100g	18.30	V	4.88	766911									
▲ Raw Chocolate Goji Berries - small	organic 12x28g	11.45	V	1.53	766886									
▼ Raw Chocolate Mulberries - Bulk	organic 5kg	113.10	V 22.62		766903									
▲ Raw Chocolate Mulberries - large	organic 6x100g	18.30	V	4.88	766912									
▼ Raw Chocolate Almonds - Bulk	organic 5kg	125.65	V 25.13		766906									
▲ Raw Chocolate Almonds - large	organic 6x100g	18.30	V	4.88	766913									
▲ Raw Chocolate Almonds - small	organic 12x25g	11.45	V	1.53	766881									
▲ Raw Chocolate Bananas - large	organic 6x100g	18.30	V	4.88	766864									
▲ Raw Chocolate Ginger - large	organic 6x100g	18.30	V	4.88	766914									
▲ Raw Salty Chocolate Hazelnuts - large	organic 6x100g	18.30	V	4.88	766916									
▼ Raw Salty Chocolate Hazelnuts - Bulk	organic 5kg	12.65	V 2.53		766919									
▲ Raw Chocolate Raisins - large	organic 6x100g	18.30	V	4.88	766917									
▲ Raw Chocolate Raisins - small	organic 12x28g	10.40	V	1.39	766894									
▼ Salted Vanoffee Cashews - Bulk	organic 5kg	133.40	V 26.68		766908									
▲ Salted Vanoffee Cashews - large	organic 6x100g	18.30	V	4.88	766918									
<b>* <u>The Raw Chocolate Co. - Cacao Nibs, Powder &amp; Butter listed in Coffee Subs/Cocoa Products section</u></b>														
<b>* <u>Rhythm 108 - single-serve biscuits - vegan - gluten-free</u></b>														
Chocolate Peanut Butter Soft Baked Cookie	organic 12x50g	14.40		1.60	767532									
Hazelnut Chocolate Praline Soft Baked Cookie	organic 12x50g	14.40		1.60	767536									
<b>* <u>Rhythm 108 - biscuit sharing - vegan - gluten-free</u></b>														
Hazelnut Chocolate Praline Gift Tube	organic 1x195g	6.75		9.00	767543									
Almond Biscotti Biscuit Share Bag	organic 8x135g	20.00		3.57	767544									
Chocolate & Salted Caramel Biscuit Share Bag	organic 8x135g	21.20		3.79	767541									
Coconut Crunch Biscuit Share Bag	organic 8x135g	20.00		3.57	767545									
Double Choco Hazelnut Biscuit Share Bag	organic 8x135g	20.00		3.57	767546									
Hazelnut Chocolate Chip Share Bag	organic 8x135g	20.00		3.57	767547									
Hazelnut Chocolate Praline Share Bag	organic 8x135g	21.20		3.79	767549									
Lemon Ginger & Chia Biscuit Share Bag	organic 8x135g	20.00		3.57	767548									
<b>* <u>Rhythm 108 - vegan Swiss chocolate</u></b>														
Dark Chocolate Truffles Bag	organic 10x144g	56.25	V	8.99	767562									
Chocolate Orange Swiss Dark Chocolate Bar	organic 15x33g	17.80	V	1.90	767563									
Hazelnut Praline Dark Chocolate Bar	organic 15x33g	17.80	V	1.90	767564									
Hazelnut Praline Dark Chocolate Bar - Multipack	organic 12x3x33g	33.65	V	4.49	767561									
Creamy Coconut Dark Chocolate Bar	organic 15x33g	17.80	V	1.90	767566									
Almond & Sea Salt M*lk Chocolate Bar	organic 15x33g	17.80	V	1.90	767568									
Hazelnut Truffle Filled M*lk Chocolate Tablet	organic 9x100g	23.75	V	4.27	767572									
Dark Cocoa Orange Filled M*lk Chocolate Tablet	organic 9x100g	23.75	V	4.27	767576									
Roasted Almond Butter Filled M*lk Chocolate Tablet	organic 9x100g	23.75	V	4.27	767578									
<b>* <u>Ricola</u></b>														
Returning from Ricola, <b>Cough Drops Honey Lemon Echinacea - bag</b> . 13 Swiss alpine herbs are combined with Fairtrade honey, lemon juice, echinacea and 2.2mg of menthol per drop to soothe the throat and voice. These were the best selling line before their brief sabbatical														
◆ Eucalyptus Cherry Cough Drops with Stevia - bag	12x70g	12.40	V	1.65	767759									
◆ Original Swiss Herb Soothe & Clear - bag	12x75g	12.40	V	1.65	767760									
※ Cough Drops Honey Lemon Echinacea - bag	12x75g	12.40	V	1.65	767762									
◆ Blackcurrant with Stevia - box	20x45g	19.90	V	1.59	737763									
◆ Delicious Elderflower with Stevia - box	20x45g	19.90	V	1.59	767764									
◆ Luxurious Liquorice with Stevia - box	20x45g	19.90	V	1.59	767766									
◆ Raspberry Mint with Stevia - box	20x45g	19.90	V	1.59	767765									
◆ Refreshing Lemon Mint with Stevia - box	20x45g	19.90	V	1.59	767767									
◆ Tasty Cranberry with Stevia - box	20x45g	19.90	V	1.59	767768									
◆ The Original with Stevia - box	20x45g	19.90	V	1.59	767770									

▲ price rise ▼ fall

※ new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* Supernature - vegan gluten-free chocolate</b>														
Almond Clusters	15x34g	18.40	V	1.96	768311									
Chocolate Covered Almonds	15x38g	18.40	V	1.96	768313									
Chocolate Covered Hazelnuts	<i>organic</i> 15x40g	18.40	V	1.96	768312									
Hazelnut Butter Cups	<i>organic</i> 15x34g	18.40	V	1.96	768315									
Hazelnut Clusters - 2 pack	<i>organic</i> 15x34g	18.40	V	1.96	768314									
Peanut Butter Cups - 2pack	<i>organic</i> 15x40g	18.40	V	1.96	768316									
<b>* Sunita</b>														
Organic Halva with Coconut Syrup - Vegan	<i>organic</i> 12x75g	16.05		1.78	768490									
Organic Dark Chocolate Halva	<i>organic</i> 12x75g	20.35		2.26	768492									
Organic Plain Halva	<i>organic</i> 12x75g	16.05		1.78	768495									
Organic Honey Halva - Almond	<i>organic</i> 12x75g	20.35		2.26	768497									
Organic Grape Juice & Sultana Halva	<i>organic</i> 12x75g	16.05		1.78	768502									
Halva Grape & Sultana	2.5kg	28.55	11.42		768525									
Halva Pistachio	24x75g	32.15		1.79	768545									
Halva Plain	24x75g	32.15		1.79	768555									
<b>* Trek Bars - vegan - gluten-free</b>														
◆ Biscoff Power	16x55g	24.05	V	2.45	766681									
◆ Cocoa Chaos	16x55g	13.45	V	1.37	766687									
◆ Choc Orange Power	16x55g	24.05	V	2.45	766686									
◆ Millionaire Shortbread Power	16x55g	24.05	V	2.45	766688									
◆ Peanut Butter Crunch Power	16x55g	24.05	V	2.45	766689									
◆ Peanut Power	16x55g	13.45	V	1.37	766692									
<b>* Trek Bars - Multipack - vegan - gluten-free</b>														
◆ Multipack - Cocoa Chaos	12x3x55g	26.90	V	3.66	766868									
◆ Multipack - Peanut Power	12x3x55g	26.90	V	3.66	766869									
<b>* Trek Protein Flapjacks - vegan - gluten-free</b>														
◆ Cocoa Coconut Protein Flapjack	16x50g	13.90	V	1.44	766782									
◆ Cocoa Oat Protein Flapjack	16x50g	13.90	V	1.44	766785									
◆ Original Oat Protein Flapjack	16x50g	13.90	V	1.44	766795									
◆ Salted Caramel Protein Flapjack	16x50g	13.90	V	1.44	766796									
◆ Smooth Lemon Protein Bar	16x50g	13.90	V	1.44	766794									
◆ White Chocolate & Raspberry Protein Bar	16x50g	13.90	V	1.44	766809									
<b>* Tropical Wholefoods - Fair Trade - www.tropicalwholefoods.com</b>														
▼ Apricot & Almond Just 5 Bar	<i>organic</i> 18x40g	15.00	V	1.33	768816									
▼ Date & Cocoa Just 5 Bar	<i>organic</i> 18x40g	15.00	V	1.33	768823									
▼ Date & Walnut Just 5 Bar	<i>organic</i> 18x40g	15.00	V	1.33	768818									
▼ Mango & Brazil Just 5 Bar	<i>organic</i> 18x40g	15.00	V	1.33	768820									
<b>* Tropi Snax vegan dried fruit snacks</b>														
Mango Fruit Balls	8x50g	11.70		1.95	768846									
Mango Fruit Roll	30x27g	28.00		1.25	768848									
Pineapple Passion Fruit Balls	8x50g	11.70		1.95	768849									
Pineapple Fruit Roll	30x27g	28.00		1.25	768850									
<b>* Vego - vegan, gluten-free, Fair Trade</b>														
150g Whole Hazelnut Chocolate Bar	<i>organic</i> 20x150g	55.60	V	4.45	768830									
Mini Whole Hazelnut Chocolate Bar	<i>organic</i> 20x65g	28.80	V	2.30	768832									
Nuts & Berries Vego Dark Bar	<i>organic</i> 12x85g	29.90	V	4.00	768834									
Vegolino - fine nougat pralines	<i>organic</i> 8x180g	32.50	V	6.50	768835									
Vego Crisp - Chocolate & Rice Crisp Bar	<i>organic</i> 20x40g	22.40	V	1.79	768836									
<b>* Vivani organic vegan chocolate bars</b>														
<p><i>New and on offer from Vivani, two organic vegan Demeter Fairtrade chocolate bars packed in a home compostable inner film with a paper cover. <b>Dark with Whole Hazelnuts Chocolate</b> - freshly roasted hazelnuts coated in a dark chocolate (55% cocoa) that melts in your mouth. <b>Fine Dark Mallorca Fleur de Sel 75% Chocolate</b> - mild Panama cocoa, sweetened with aromatic coconut blossom sugar, and a pinch of sea salt. The pricing below represents a discount of 25%.</i></p>														
□ Dark with Almonds Chocolate	<i>organic</i> 10x100g	17.75	V	2.84	768890									
□ Dark with Whole Hazelnuts Chocolate - New!	<i>organic</i> 10x100g	17.75	V	2.84	768891									
□ Dark with Nougat Chocolate	<i>organic</i> 10x100g	17.75	V	2.84	768892									
□ Dark with Orange Chocolate	<i>organic</i> 10x100g	17.75	V	2.84	768894									
□ Fine Dark 71% Chocolate	<i>organic</i> 10x100g	17.75	V	2.84	768895									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<input type="checkbox"/> Fine Dark 85% Chocolate	organic 10x100g	18.65	V	2.98	768896									
<input type="checkbox"/> Fine Dark 92% Chocolate	organic 10x80g	18.65	V	2.98	768898									
<input type="checkbox"/> Fine Dark 99% Chocolate	organic 10x80g	20.10	V	3.22	768990									
<input type="checkbox"/> Fine Dark Mallorca Fleur de Sel 75% Chocolate - New!	organic 10x80g	18.65	V	2.98	768893									
<input type="checkbox"/> Superior Dark 100% + cocoa nibs Chocolate	organic 10x80g	20.10	V	3.22	768992									
<input type="checkbox"/> Black Cherry Dark Chocolate	organic 18x35g	15.05	V	1.34	768994									
<b>* <u>Vivani organic chocolate bars - not vegan</u></b>														
<i>New and on offer from Vivani, three new organic chocolate bars packed in a home compostable inner film with a paper cover. <b>Milk Whole Hazelnuts Chocolate</b>, a lovely chocolate with freshly roasted whole hazelnuts, a crunchy delight. <b>Crème Brulée Chocolate</b> - the fine milk chocolate is filled with a delicate milk cream and crunchy caramel. <b>Wafer Praliné Chocolate</b> contains creamy hazelnut nougat and crunchy baked wafer pieces. The pricing below represents a discount of 25%.</i>														
<input type="checkbox"/> Dark with Marzipan & Amaretto Chocolate	organic 10x100g	17.75	V	2.84	768996									
<input type="checkbox"/> Fine Milk Chocolate	organic 10x100g	17.75	V	2.84	768997									
<input type="checkbox"/> Milk Whole Hazelnuts Chocolate - New!	organic 10x100g	17.75	V	2.84	768995									
<input type="checkbox"/> Milk Praliné Chocolate	organic 10x100g	17.75	V	2.84	768998									
<input type="checkbox"/> Crème Brulée Chocolate - New!	organic 18x40g	15.05	V	1.34	769000									
<input type="checkbox"/> Espresso Biscotti Chocolate	organic 18x40g	15.05	V	1.34	768999									
<input type="checkbox"/> Wafer Praliné Chocolate - New!	organic 18x40g	15.05	V	1.34	769001									
<b>■ Condiments, Stocks, Salt &amp; Miscellaneous Foods</b>														
<b>* <u>A. Vogel - sea salt with dried herbs &amp; vegetables</u></b>														
Herbamare - shaker	organic 6x500g	34.95		7.77	791002									
Herbamare - shaker	organic 6x250g	22.10		4.92	791005									
Herbamare - shaker	organic 6x125g	14.20		3.16	791012									
Herbamare - low salt - shaker	organic 6x125g	17.65		3.93	791015									
Herbamare - spicy - shaker	organic 6x125g	14.20		3.16	791017									
<b>* <u>Biona - Coconut Aminos glass</u></b>														
<i>On offer are Biona organic Coconut Aminos, the pricing marked <input type="checkbox"/> below represents a discount of 15%.</i>														
<input type="checkbox"/> Coconut Aminos - Original	organic 6x250ml	15.25		3.39	791565									
Coconut Aminos - Sweet Chili	organic 6x250ml	17.95		3.99	791568									
<b>* <u>Carley's</u></b>														
Black Sesame Gomasio	organic 6x150g	14.55		3.34	791545									
<b>* <u>Clearspring</u></b>														
Traditional Sea Salt	certified 6x250g	17.95		3.99	791550									
◆ Gomashio - Black Sesame with Sea Salt	organic 6x100g	17.95		3.99	791551									
◆ Gomashio - Whole Sesame with Sea Salt	organic 6x100g	17.95		3.99	791552									
◆ Irigoma - Toasted Black Sesame Seeds	organic 6x100g	17.95		3.99	791553									
◆ Irigoma - Toasted Whole Sesame Seeds	organic 6x100g	17.95		3.99	791554									
◆ Shichimi Togarashi	organic 8x50g	29.90		4.98	791555									
<b>* <u>Cocofina organic - glass</u></b>														
Coconut Amino	organic 12x250ml	53.90		5.99	370939									
<b>* <u>Cornish Sea Salt</u></b>														
Cornish Sea Salt - Chef's Tub	certified 6x500g	32.55		7.23	791715									
<b>* <u>Essential Trading</u></b>														
Atlantic Sea Salt - Portugal - Fine	organic 5kg	8.50	1.70		791718									
<b>* <u>Free &amp; Easy gluten-free, vegan egg replacer</u></b>														
Egg Replacer	6x135g	12.80		2.84	791750									
<b>* <u>Geo Organics Portuguese Sea Salt</u></b>														
Atlantic Sea Salt - Fine	certified 25kg	20.95	0.84		791654									
Atlantic Sea Salt - boxed	certified 6x250g	7.20		1.60	791655									
Atlantic Sea Salt - in tub dispenser	certified 6x500g	15.10		3.36	791660									
<b>* <u>Hambleden Herbs</u></b>														
Rock Salt - in grinder	5x120g	10.55		2.81	791680									

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Kallo</u></b>														
On offer are selected Kallo organic stock cubes, the pricing marked <input type="checkbox"/> below represents a discount of 15%.														
<input type="checkbox"/>	Gravy Granules - Low salt	organic	6x160g	16.25	3.62	793003								
<input type="checkbox"/>	French Onion Stock Cubes	organic	15x6x11g	17.60	1.56	793005								
<input type="checkbox"/>	Garlic & Herb Stock Cubes	organic	15x6x11g	17.60	1.56	793010								
<input type="checkbox"/>	Mushroom Stock Cubes	organic	15x6x11g	17.60	1.56	793015								
<input type="checkbox"/>	Tomato & Herb Stock Cubes	organic	15x6x11g	17.60	1.56	793020								
<input type="checkbox"/>	Vegetable Stock Cubes	organic	15x6x11g	17.60	1.56	793065								
<input type="checkbox"/>	Low Salt Vegetable Stock Cubes	organic	15x6x11g	17.95	1.60	793067								
<input type="checkbox"/>	Yeast Free Vegetable Stock Cubes		15x6x11g	17.60	1.56	793095								
<b>* <u>Little Pod</u></b>														
	Pure Bourbon Vanilla Extract		6x100ml	70.00	15.56	793694								
	Natural Vanilla Paste		6x100ml	68.00	15.11	793696								
	Madagascan Vanilla Pods	organic	6x2p	40.00	8.89	793698								
<b>* <u>The Maldon Crystal Salt Company</u></b>														
	Chilli Sea Salt - carton		12x100g	28.80	3.20	793675								
	Garlic Sea Salt - carton		12x100g	29.10	3.23	793676								
	Kalahari Desert Salt - coarse - carton		12x250g	22.50	2.50	793677								
	Maldon Sea Salt - grinder		6x55g	17.30	3.84	793679								
	Maldon Sea Salt - carton		12x250g	29.20	3.24	793680								
	Maldon Sea Salt - tub		1x570g	5.50	7.33	793668								
	Maldon Sea Salt - tub		1x1.4kg	13.10	17.47	793683								
	Smoked Maldon Sea Salt		12x125g	24.60	2.73	793682								
	Smoked Maldon Sea Salt - tub		1x500g	8.25	11.00	796683								
<b>* <u>Marigold</u></b>														
	Liquid Aminos		6x250ml	17.95	3.99	480950								
◆	Vegetable Bouillon - Organic - vegan	organic	6x150g	11.45	2.54	794503								
	Vegetable Bouillon - Organic - vegan	organic	6x500g	34.85	7.75	794502								
	Vegetable Bouillon - Organic - vegan	organic	1x2kg	17.60	23.48	794490								
	Vegetable Bouillon - Organic - vegan	organic	12.5kg	110.00	8.80	794491								
	Vegetable Bouillon - Organic - vegan	organic	25kg	210.00	8.40	794506								
◆	Reduced Salt Organic Vegetable Bouillon	organic	6x140g	11.65	2.59	794508								
	Reduced Salt Organic Vegetable Bouillon	organic	6x500g	35.30	7.84	794509								
	Reduced Salt Organic Vegetable Bouillon	organic	1x2kg	20.60	27.47	794492								
	Reduced Salt Organic Vegetable Bouillon	organic	12.5kg	125.00	10.00	794493								
	Vegetable Bouillon		6x150g	10.75	2.39	794505								
	Vegetable Bouillon		6x500g	32.60	7.24	794510								
	Vegetable Bouillon - vegan		1x2kg	16.30	21.73	794517								
	Reduced Salt Bouillon Vegan		6x150g	11.00	2.44	794520								
	Reduced Salt Bouillon Vegan		6x500g	33.30	7.40	794521								
	Reduced Salt Bouillon Vegan		1x2kg	16.85	22.48	794519								
	Bouillon Cubes	organic	12x8p	13.50	1.50	794523								
◆	Yeast Free Bouillon Cubes	organic	12x8p	13.50	1.50	794527								
☆	Instant Gravy - powder		6x170g	10.55	2.34	794528								
☆	Instant Gravy - powder		1x2kg	14.60	19.48	794531								
☆	Instant Gravy - powder	organic	6x110g	11.90	2.64	794530								
	Organic Nutritional Yeast Flakes	organic	6x100g	29.20	6.49	794533								
	Nutritional Yeast Flakes - Protein & Fibre Unfortified		6x100g	16.60	3.69	794536								
	Super Yeast Flakes with added vitamin D		6x100g	20.20	4.49	794529								
	Yeast Flakes with B12 - 100g		6x100g	18.85	4.19	794534								
	Yeast Flakes with B12 - 650g		1x650g	14.95	19.99	794537								
	Yeast Flakes with B12 - 25kg		25kg	455.00	18.20	794538								
<b>* <u>Brewers Yeast - see "Supplementary Foods" section "Infinity"</u></b>														
<b>* <u>Nielsen-Massey</u></b>														
	Vanilla Extract (single)	organic	1l	89.95		795020								
	Vanilla Extract	organic	8x60ml	64.50	10.75	795022								
	Vanilla Extract (single)	organic	1x118ml	15.00	20.00	795025								
<b>* <u>Orgran - gluten-free</u></b>														
	No-Egg (egg replacer) - GF		8x200g	19.10	3.18	795060								
	Vegan Easy Egg		8x250g	28.50	4.76	795065								

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* Profusion - Pink Himalayan Salts</b>														
<i>On offer are selected Profusion salts, the pricing below represents a discount of 15%.</i>														
□ Himalayan Rose Pink Salt - fine	8x500g	20.35		3.39	795150									
□ Himalayan Rose Pink Salt - coarse	8x500g	20.35		3.39	795155									
Himalayan Rose Pink Salt - rocks (for sole)	6x1kg	28.30		6.29	795160									
Himalayan Rose Pink Salt - fine - shaker	8x140g	16.10		2.68	795165									
Salt Mill - Himalayan Rose Pink Salt	6x200g	29.95		6.66	795172									
<b>* Rayners</b>														
Coconut Aminos	organic 6x250ml	28.30		6.30	371624									
<b>* River Cottage/9 meals from Anarchy Organic Stock in a glass jar</b>														
Garlic & Herb Vegetable Stock	organic 6x105g	15.75		3.50	791375									
Hugh's Classic Vegetable Stock	organic 6x105g	15.75		3.50	791378									
Smoky Spicy Vegetable Stock	organic 6x105g	15.75		3.50	791382									
Ultimate Umami Vegetable Stock	organic 6x105g	15.75		3.50	791386									
<b>* Sel de Guerande - Certified (Celtic Sea Salt)</b>														
Sel de Guérande - Fine - shaker - large	certified 12x250g	31.35		3.48	791405									
Sel de Guérande - Fine - bag	certified 12x1kg	46.20		5.13	791410									
Sel de Guérande - Coarse - bag	certified 12x1kg	31.20		3.47	791415									
<b>* Steenberg's</b>														
Almond Extract - Natural	8x60ml	25.70		4.28	795300									
Lemon Extract	organic 8x60ml	20.45		3.41	795302									
Orange Extract	organic 8x60ml	20.45		3.41	795305									
Orange Flower Water	organic 6x100ml	17.60		3.91	795307									
Peppermint Extract	organic 8x60ml	20.45		3.41	795310									
Rose Flower Water	organic 6x100ml	17.60		3.91	795312									
Tamarind Paste	12x150g	25.90		2.88	795320									
Vanilla Extract - Fair Trade	organic 8x60ml	51.20		8.53	795315									
<b>* Sun &amp; Seed</b>														
Nomelette - egg free mix	organic 12x250g	37.50		4.17	795340									
Dukkah - Pumpkin Sprinkle	organic 6x120g	18.75		4.17	795342									
Furikake - Sesame & Seaweed Sprinkle	organic 6x100g	18.75		4.17	795344									
Hempesan - Umami Sprinkle	organic 6x110g	18.75		4.17	795346									
<b>* Trapani - unrefined Sicilian sea salt</b>														
Fine Sea Salt - bag	12x1kg	26.55		2.95	791640									
Coarse Sea Salt - bag	12x1kg	26.55		2.95	791642									
<b>* Uhmami organic broths and seasoning.</b>														
Bacon'ish - flavours	organic 4x40g	9.60		3.20	791673									
Beef'ish - broth	organic 4x40g	9.60		3.20	791674									
Blue Cheese'ish - flavours	organic 4x40g	9.60		3.20	791675									
Cheese'ish - flavours	organic 4x40g	9.60		3.20	791676									
Chicken'ish - broth	organic 4x40g	9.60		3.20	791677									
Ocean'ish - broth	organic 4x40g	9.60		3.20	791678									
Truffle'ish - flavours	organic 4x40g	9.60		3.20	791679									
Vegetables - broth	organic 4x40g	9.60		3.20	791681									
<b>* Zaytoun</b>														
Palestinian Za'atar - Thyme mix - jar	6x80g	17.70		3.93	795205									
<b>■ Supplementary Foods</b>														
<b>* Aduna</b>														
Baobab - fruit pulp powder - pouch - single	organic 1x275g	8.70		12.99	850902									
Baobab - fruit pulp powder - tub - single	organic 1x80g	4.00		5.99	850910									
▲ Moringa Green Superleaf Powder - pouch - single	organic 1x275g	10.00		14.96	850912									
▲ Moringa Green Superleaf Powder - tub - single	organic 1x100g	5.35		8.05	850917									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Ayurvediq - glass jar</u></b>														
Ashwagandha & Black Pepper - 120 capsules	organic	1x1jar	11.70 V	20.97	850940									
Boswellia Serata & Turmeric - 60 capsules	organic	1x1jar	10.05 V	17.97	850945									
Fenugreek - 120 capsules	organic	1x1jar	11.15 V	19.97	850946									
Moringa - 120 capsules	organic	1x1jar	11.15 V	19.97	850941									
Shatavari - 120 capsules	organic	1x1jar	11.15 V	19.99	850942									
Shilajit & Ashwagandha- 60 capsules	organic	1x1jar	13.40 V	23.99	850947									
Triphala - 120 capsules	organic	1x1jar	11.15 V	19.99	850943									
Turmeric & Black Pepper - 120 capsules	organic	1x1jar	10.00 V	17.95	850944									
<b>* <u>BetterYou</u></b>														
◆ D3000 Vitamin D Oral Spray		6x15ml	29.90 V	9.45	850881									
◆ D400 Infant Vitamin D Oral Spray		6x15ml	23.60 V	7.45	850887									
◆ D400 Junior Vitamin D Oral Spray		6x15ml	23.60 V	7.45	850882									
◆ D1000 Vitamin D Oral Spray		6x15ml	25.20 V	7.95	850883									
◆ D3000 Vitamin D + K2 Oral Spray		6x12ml	34.60 V	10.95	850884									
◆ D4000 Vitamin D Oral Spray		6x15ml	31.50 V	9.95	850885									
B12 Boost Oral Spray		6x25ml	39.40 V	12.45	850886									
Lights Out Nightly Oral Spray		6x50ml	63.20 V	19.95	850888									
MultiVit Oral Spray		6x25ml	31.50 V	9.95	850890									
Vegan Health Oral Spray		6x25ml	47.35 V	14.95	850891									
<b>* <u>The Cornish Seaweed Company - www.cornishseaweedcompany.co.uk</u></b>														
Clarity & Focus	organic	1x60cap	7.50 V	12.00	850930									
Kelp	organic	1x60cap	7.50 V	12.00	850932									
Menstrual Ease	organic	1x60cap	6.85 V	10.96	850935									
Sea Moss	organic	1x60cap	6.70 V	10.72	850936									
Seaweed & Mushrooms	organic	1x60cap	9.90 V	15.84	850937									
Wild & Beautiful	organic	1x60cap	8.70 V	13.92	850939									
<b>* <u>Floradix - Liquid Herbal Formulas</u></b>														
YF = yeast-free, GF = gluten-free, VG = vegan														
Epresat Multivitamin formula		1x250ml	7.95 V	13.49	850984									
Floradix - liquid iron & vitamins		1x500ml	12.50 V	21.25	850986									
Floradix - liquid iron & vitamins		1x250ml	7.60 V	12.90	850988									
Floradix Kids - liquid iron & vitamins YF GF VG		1x250ml	8.20 V	13.92	850989									
Floravital - liquid iron & vitamins YF GF VG		1x500ml	12.50 V	21.25	850990									
Floravital - liquid iron & vitamins YF GF VG		1x250ml	7.60 V	12.90	850992									
Immune Support Liquid Formula YF GF VG		1x250ml	7.90 V	13.41	850994									
IntestCare - magnesium apple plum YF GF VG		1x250ml	10.10 V	17.14	850996									
Kindervital for children - fruity GF VG		1x250ml	6.80 V	11.65	850997									
Kindervital for children - original YF		1x250ml	6.80 V	11.65	850995									
Magnesium liquid formula YF GF		1x250ml	6.35 V	10.79	850999									
Neuro Balance liquid formula YF GF VG		1x250ml	8.65 V	14.68	851000									
Saludynam - calcium magnesium zinc & vit D YF GF		1x250ml	7.95 V	13.54	850998									
Vitamin B Complex YF GF VG		1x250ml	8.65 V	14.70	850100									
<b>* <u>Forest Wholefoods - retail pouches</u></b>														
Acai Powder	organic	1x250g	22.65	30.20	851902									
Ashwagandha Powder	organic	1x250g	7.35	9.80	851904									
Banana Powder	organic	1x250g	5.30	7.07	851906									
Baobab Powder	organic	1x250g	6.45	8.60	851908									
Barleygrass Powder	organic	1x250g	6.20	8.27	851911									
Beetroot Powder	organic	1x250g	5.30	7.07	851912									
Black Maca Powder	organic	1x250g	6.20	8.27	851914									
Blueberry Powder	organic	1x250g	22.65	30.20	851916									
Broccoli Powder	organic	1x250g	7.60	10.13	851918									
Camu Camu Powder	organic	1x250g	10.10	13.47	851920									
Chlorella Powder	organic	1x250g	8.55	11.40	851922									
Hemp Protein Powder 50%	organic	1x250g	4.90	6.53	851924									
Maca Powder	organic	1x250g	5.65	7.53	851926									
Spirulina Powder	organic	1x250g	5.95	7.93	851930									
Wheatgrass Powder	organic	1x250g	6.05	8.07	851932									
<b>* <u>Infinity Foods</u></b>														
Brewers Yeast Powder		1kg	18.60	18.60	792203									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Naturya - Blends</u></b>														
Green Super Blend	organic	1x250g	10.00	15.02	855408									
<b>* <u>Naturya</u></b>														
Acai Powder	organic	1x125g	13.30	19.98	855410									
Chia Seeds	organic	1x300g	4.00	6.01	855416									
Chlorella Powder	organic	1x200g	8.65	13.00	855417									
Cacao Nibs	organic	1x300g	5.30	7.96	855418									
Cacao Powder	organic	1x250g	4.65	6.99	855419									
Hemp Protein Powder	organic	1x300g	6.65	9.99	855420									
Maca Powder	organic	1x300g	4.65	6.99	855423									
Spirulina Powder	organic	1x200g	6.00	9.01	855425									
Wheatgrass Powder	organic	1x200g	5.30	7.95	855427									
<b>* <u>Raw Living - Mushroom Magic</u></b>														
8 Mushroom 8:1 Extract Blend - pouch	organic	6x50g	79.75	18.99	857931									
Chaga Mushroom 10:1 Dual Extract - pouch	organic	6x50g	79.75	18.99	857932									
Cordyceps Mushroom 8:1 Extract - pouch	organic	6x50g	79.75	18.99	857933									
Lion's Mane Mushroom 8:1 Dual Extract - pouch	organic	6x50g	79.75	18.99	857934									
Reishi (Duanwood) Mushroom 13:1 Dual Extract - pouch	organic	6x50g	79.75	18.99	857935									
<b>* <u>Royal Green</u></b>														
◆ Ashwagandha Bio 60 vegicaps	organic	1x1jar	13.50 V	24.18	858007									
◆ Astaxanthin Bio 60 vegicaps	organic	1x1jar	24.35 V	43.61	858009									
◆ Bone Food Complex 60 vegicaps	organic	1x1jar	16.20 V	29.01	858011									
◆ Camu Camu Vit C 60 vegicaps	organic	1x1jar	13.50 V	24.18	858013									
◆ Immune & Energy E/D 60 vegicaps	organic	1x1jar	15.15 V	27.13	858014									
◆ Maca 60 vegicaps	organic	1x1jar	11.35 V	20.33	858016									
◆ Magnesium 60 vegicaps	organic	1x1jar	16.20 V	29.01	858018									
◆ Mini Caps Multis Bio 90 vegicaps	organic	1x1jar	20.00 V	35.82	858019									
◆ Vitamin D3 Bio 60 vegicaps	organic	1x1jar	15.70 V	28.12	858021									
<b>* <u>Taka Turmeric Capsules</u></b>														
Turmeric & Black Pepper - 60 capsules	organic	1x1jar	6.10 V	10.99	858961									
Turmeric & Black Pepper - 120 capsules	organic	1x1jar	9.45 V	16.95	858962									
Joint Care - 90 capsules	organic	1x1jar	9.45 V	16.95	858963									
<b>■ <u>Pet Products</u></b>														
<b>* <u>Benevo Pet Food - vegan</u></b>														
Adult Original Vegan Dog Food - bag		1x15kg	40.60 V	64.96	810536									
Adult Original Vegan Dog Food - bag		1x2kg	8.10 V	12.96	810537									
Duo Complete - can		12x369g	22.40 V	2.99	810538									
Rumble Strips		14x180g	21.75 V	2.49	810540									
Pawtato Knots - small		12x150g	22.40 V	2.99	810544									
Pawtato Ocean Treats - Small		10x140g	21.80 V	3.49	810549									
Pawtato Ocean Treats - Medium		10x140g	21.80 V	3.49	810550									
Pawtato Sticks - Spinach & Kale		12x120g	18.65 V	2.49	810546									
Pawtato Tubes - Turmeric and Chicory Root		12x90g	18.65 V	2.49	810548									
<b>* <u>Benevo Bags</u></b>														
Unscented Biodegradable Poop Bags		6x8x15bg	22.45 V	5.99	810556									
<b>* <u>Faith in Nature vegan Dog Shampoos</u></b>														
Chamomile Dog Shampoo - sensitive		6x400ml	20.25 V	5.78	810600									
Coconut Dog Shampoo - detangling		6x400ml	20.25 V	5.78	810602									
Lavender Dog Shampoo - deep cleaning		6x400ml	20.25 V	5.78	810604									
◆ Coconut Dog Shampoo Bar		6x85g	20.25 V	5.75	810612									
<b>■ <u>Kitchen &amp; Household Goods</u></b>														
<b>* <u>AH Table</u></b>														
Reusable Cotton Milk bag - 38x38cm	organic	10x1p	26.50 V	4.25	820698									
Reusable Cotton Tea bag - 5 bags	organic	10x5p	20.65 V	3.31	820700									
Stainless Steel Tea Ball Infuser with chain		5x1p	15.45 V	4.95	820702									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Alter/Native by Suma - soap containers</u></b>														
Bamboo Soap Dish - rectangle	6x1p	17.45	V	4.65	820704									
Bamboo Soap Dish - round	6x1p	12.55	V	3.35	820706									
◆ Soap Bag - organic cotton	organic 1x1p	1.20	V	1.92	820708									
◆ Travel Soap Tin - Single Size	1x1tin	2.45	V	3.92	859141									
◆ Travel Soap Tin - Double Size	1x1tin	3.70	V	5.92	859161									
◆ Travel Soap Tin - Round	1x1tin	2.45	V	3.92	859163									
<b>* <u>A. Vogel - bioSnacky glass sprouting jar</u></b>														
For bioSnacky sprouting seeds see "Nuts and Seeds" section														
bioSnacky Glass Germinator	1x1	7.60	V	12.63	820505									
<b>* <u>Being Fare - 3 tier sprout growing kit</u></b>														
The Sprouter - (single kit)	1x1	8.55	V	15.32	820515									
<b>* <u>Bo Weevil organic cotton</u></b>														
Bread/Dry Goods Bag Medium - Natural White Cotton Voile	organic 1x1	1.45	V	2.49	820532									
Bread/Dry Goods Bag Small - Natural White Cotton Voile	organic 1x1	1.20	V	2.06	820533									
Canvas shopping Bag - Natural White	organic 1x1	4.50	V	7.71	820534									
Granny String Bag Short Handle - Black	organic 1x1	4.20	V	7.20	820538									
Granny String Bag Short Handle - Orange	organic 1x1	4.20	V	7.20	820540									
Granny String Bag Long Handle - Teal	organic 1x1	4.25	V	7.29	820544									
Granny String Bag Long Handle - Orange	organic 1x1	4.25	V	7.29	820546									
Vegetable Mesh Bag - Large	organic 1x1	1.75	V	3.00	820550									
Vegetable Mesh Bag - Medium	organic 1x1	1.50	V	2.57	820552									
<b>* <u>Cheeky Panda Bamboo products</u></b>														
New and on offer from Cheeky Panda, <b>9 Toilet Rolls - Quilted Soft - 4 ply - 155 sheets</b> . This is a soft gentle, sustainable alternative to tree based toilet paper with a luxury 4ply velvety wave texture. Bamboo toilet paper has superior strength meaning fewer sheets are needed. Made from FSC 100% certified bamboo packaged in a recyclable paper pack. For every pack sold, a donation is made to the WWF supporting their vital climate and conservation efforts. The pricing marked <input type="checkbox"/> below represents a discount of 20%.														
▼ Cleansing Facial Wipes	24x25p	44.20	V	2.95	820555									
◆ Flat Box Facial Tissues - 80s	12x180g	13.80	V	1.84	820558									
◆ Flat Box Facial Tissues with Aloe - 64s	12x160g	17.25	V	2.30	820557									
Kitchen Rolls - 2 pack	5x2p	17.20	V	5.50	820560									
Multicoloured Paper Straws	1x100p	1.75	V	2.80	820559									
Pocket Tissues	96x10p	57.15	V	0.95	820561									
Pocket Tissues - 4 pack	1x4x10p	2.35	V	3.76	820563									
☆ 48 Toilet Rolls - 3 ply - 200 sheets	1x5.8kg	25.85	V	41.36	820562									
☆ 9 Toilet Rolls - 3 ply - 200 sheets	5x9p	25.80	V	8.26	820564									
☆ 9 Toilet Rolls - Natural Colour - 3 ply - 200 sheets	5x9p	23.45	V	7.50	820565									
□ 9 Toilet Rolls - Quilted Soft - 4 ply - 155 sheets - New!	5x9p	18.10	V	5.79	820567									
<b>* <u>Clearspring</u></b>														
Bamboo Sushi Mat - Japan	10x1	9.90	V	1.70	820523									
<b>* <u>Ecoleaf - by Suma</u></b>														
EcoLeaf Toilet Tissue	10x4roll	21.20	V	3.39	911006									
EcoLeaf Toilet Tissue	5x9roll	22.95	V	7.34	910995									
Bulk EcoLeaf Toilet Tissue	5x12roll	28.55	V	9.14	910998									
Original Ecoleaf Kitchen Towels	12x2roll	20.55	V	2.74	911010									
Jumbo Ecoleaf Kitchen Towels	12x1roll	24.00	V	3.20	911015									
<b>* <u>EcoLifestyle - food wraps</u></b>														
Vegan Wrap on a roll 33x100cm - Avocado	1x1p	15.60	V	25.00	912057									
Vegan Wax Refresher Block	1x1p	5.00	V	8.00	912068									
<b>* <u>ecoLiving</u></b>														
Bottle Brush - for narrow necks	1x1p	3.10	V	5.09	912069									
Compostable Sponge Cloths - Rainbow 4 pack	18x4p	56.10	V	5.12	912080									
Compostable Sponge Cloths - Wildlife Rescue 2 pack	14x4p	28.90	V	3.39	912082									
Dust Pan & Brush with magnets - 33x22x7.5cm	6x1p	68.80	V	18.84	912084									
Reusable Silicone Baking Liner - 30x40cm	12x1p	88.85	V	12.16	912086									
Reusable Vegan Food Wraps	1x3p	7.75	V	12.73	912087									
Rubber Gloves - natural latex - small	14x1pair	23.85	V	2.80	912088									
Rubber Gloves - natural latex - medium	14x1pair	23.85	V	2.80	912090									
Rubber Gloves - natural latex - large	14x1pair	23.85	V	2.80	912092									
Rubber Gloves - natural latex - extra large	14x1pair	23.85	V	2.80	912094									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Essential Trading</u></b>														
Soft & Strong Toilet Tissue	10x4roll	17.20	V	2.76	910705									
<b>* <u>If You Care</u></b>														
Aluminium Foil - 100% recycled - 12mx30cm	12x1	37.15	V	5.46	820720									
Heavy Duty Aluminium Foil - 100% recycled - 7mx40cm	12x1	50.74	V	7.57	820722									
Parchment Paper - unbleached - 19.8mx33cm	12x1	38.85	V	5.80	820725									
Baking Sheets - pre-cut	12x24sheets	30.15	V	4.44	820727									
Large Baking Cups - unbleached	24x60p	31.25	V	2.30	820730									
Sub/Mini Baguette Sandwich Bags - Paper	12x30p	37.55	V	5.69	820732									
Sandwich Bags - Paper	12x48p	36.90	V	5.53	820734									
No2 Unbleached Coffee Filter cone-style - small	12x100p	25.60	V	3.81	820735									
No4 Unbleached Coffee Filter cone-style - large	12x100p	25.60	V	3.81	820737									
72 Firelighters - non toxic wood & veg oil	12x72	43.40	V	6.45	820740									
28 Firelighters - non toxic wood & veg oil	12x28	16.40	V	2.44	820742									
Sponge Cloths - cellulose & cotton	12x5p	38.55	V	5.72	820743									
<b>* <u>If You Care - bags made from potato starch - fully biodegradable</u></b>														
Food Waste Bags - 43x39cm	12x30bgs	44.75	V	6.50	820745									
Tall Kitchen Bags - 61x64.5cm	12x12bgs	43.50	V	6.39	820747									
<b>* <u>La Droguerie Ecologique - vegan</u></b>														
Nail Brush - Agave Wood - vegan	1x1p	2.10	V	3.36	820749									
<b>* <u>One Green Bottle - Stainless steel containers and bamboo cutlery</u></b>														
1000ml Stainless Nude Epic	1x1000ml	15.00	V	24.00	820759									
1200ml Stainless Evolution Ocean Colour Flask with sports cap	1x1200ml	15.60	V	25.00	820763									
800ml Stainless Evolution Ocean Colour Flask with sports cap	1x800ml	13.75	V	22.00	820769									
500ml Stainless Evolution Buff Flask with screw cap	1x500ml	15.55	V	24.88	820771									
Black Sloop - silicone bottle carrier	1x1p	3.10	V	4.99	820773									
Steel Cap - no handle	1x1p	3.75	V	6.00	820775									
Bamboo Spork - set of 10	1x10p	7.50	V	12.00	820776									
Silicone Straw Set with Cleaning Brush	1x5p	5.60	V	8.96	820781									
<b>* <u>Soumi Olive Wood</u></b>														
Olive Wood Salad Fork & Spoon Server Set - 23cm	1x1p	6.60	V	10.56	820834									
Olive Wood Spatula 25cm	1x1p	3.65	V	5.84	820835									
Olive Wood Spoon 20cm	1x1p	3.30	V	5.28	820837									
Olive Wood Spoon 30cm	1x1p	4.85	V	7.76	820838									
Olive Wood Toasting Tong 30cm	1x1p	4.45	V	7.12	820839									
Olive Wood Rectangular Soap Dish -12x8cm	1x1p	5.30	V	8.48	820836									
<b>* <u>Suma Refuse Sacks - min 50% post-consumer</u></b>														
Black Bin Liners - 50% recycled	12x8bgs	16.85	V	2.25	912005									
Black Bin Liners - 50% recycled	1x200bgs	32.95	V	52.72	912010									
<b>* <u>Symphony Environmental Co - www.d2w.net</u></b>														
Black Dustbin Liners - 100% degradable plastic	24x10bgs	30.45	V	2.03	912030									
<b>■ Household &amp; Industrial Cleaning Products</b>														
<b>* <u>&amp;Sisters Remüvie - see 'Toiletries' section</u></b>														
<b>* <u>Bio-D - www.biodegradable.biz</u></b>														
Please recycle locally or contact supplier directly.														
Dishwash Unwrapped Bars	6x90g	14.20	V	3.80	830500									
Dishwash Wrapped Bars	20x90g	50.90	V	4.08	830508									
Dishwasher Tablets - 30 tabs	8x360g	37.80	V	7.66	830502									
Dishwasher Rinse Aid	12x750ml	27.45	V	3.68	830501									
Washing Up Liquid	12x750ml	19.10	V	2.58	830507									
Washing Up Liquid	1x5l	7.65	V	12.27	830510									
Grapefruit Washing Up Liquid	12x750ml	20.40	V	2.76	830503									
Grapefruit Washing Up Liquid	1x5l	9.10	V	14.60	830506									
Mandarin Washing Up Liquid	12x750ml	20.40	V	2.76	830511									
Mandarin Washing Up Liquid	1x5l	9.10	V	14.60	830512									
Rhubarb Washing Up Liquid	12x750ml	20.45	V	2.76	830513									
Rhubarb Washing Up Liquid	1x5l	9.15	V	14.68	830518									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Concentrated Washing Powder	10x1kg	30.95	V	4.96	830555									
Concentrated Washing Powder	8x2kg	47.55	V	9.51	830550									
Concentrated Washing Powder	1x12.5kg	37.20	V	59.61	830560									
Laundry & Stain Remover Unwrapped Bar	6x90g	14.20	V	3.80	830561									
Laundry & Stain Remover Wrapped Bar	20x90g	50.90	V	4.08	830516									
Laundry Bleach	12x400g	18.30	V	2.45	830517									
Laundry Liquid	12x1l	45.20	V	6.03	830520									
Laundry Liquid	1x5l	16.85	V	26.98	830525									
Juniper Laundry Liquid	12x1l	48.30	V	6.49	830522									
Juniper Laundry Liquid	1x5l	17.35	V	28.70	830523									
Lavender Laundry Liquid	12x1l	48.30	V	6.49	830524									
Lavender Laundry Liquid	1x5l	17.35	V	28.70	830528									
Fabric Conditioner - Fragrance Free - concentrated	12x1l	26.30	V	3.51	830610									
Fabric Conditioner - Fragrance Free - concentrated	1x5l	8.80	V	14.13	830615									
Juniper Fabric Conditioner - concentrated	12x1l	30.15	V	4.04	830620									
Juniper Fabric Conditioner - concentrated	1x5l	10.05	V	16.30	830625									
Lavender Fabric Conditioner - concentrated	12x1l	30.15	V	4.04	830630									
Lavender Fabric Conditioner - concentrated	1x5l	10.05	V	16.30	830635									
Concentrated Floor Cleaner	12x750ml	28.25	V	3.79	830531									
Concentrated Floor Cleaner	1x5l	11.85	V	18.97	830534									
Toilet Cleaner - with nozzle	12x750ml	20.85	V	2.78	830540									
Toilet Cleaner	1x5l	8.30	V	13.28	830554									
Toilet Cleaner Pine & Cedarwood - with nozzle	12x750ml	21.40	V	2.85	830571									
Toilet Cleaner Pine & Cedarwood	1x5l	8.25	V	13.20	830572									
Spray - All Purpose Sanitiser - Mandarin	12x500ml	24.85	V	3.34	830568									
All Purpose Sanitiser - Mandarin	1x5l	7.45	V	12.03	830569									
Spray - All Purpose Sanitiser - Rhubarb	12x500ml	24.70	V	3.32	830574									
All Purpose Sanitiser - Rhubarb	1x5l	7.35	V	11.87	830576									
Spray - All Purpose Sanitiser - ready to use	12x500ml	23.50	V	3.15	830542									
Refill - All Purpose Sanitiser - ready to use	12x500ml	16.50	V	2.21	830543									
All Purpose Sanitiser - ready to use	1x5l	6.50	V	10.50	830539									
Spray - Bathroom Cleaner	12x500ml	24.15	V	3.24	830553									
Bathroom Cleaner	1x5l	7.20	V	11.63	830559									
Spray - Bathroom Cleaner - Pine & Cedarwood	12x500ml	24.50	V	3.29	830573									
Spray - Limescale Remover	12x500ml	28.50	V	3.83	830563									
Limescale Remover	1x5l	13.55	V	21.88	830564									
Multi-Surface Cleaner - concentrated	12x750ml	23.45	V	3.13	830544									
Multi-Surface Cleaner - concentrated	1x5l	10.15	V	16.39	830556									
Spray - Glass & Mirror Cleaner	12x500ml	24.50	V	3.30	830557									
Refill - Glass & Mirror Cleaner	12x500ml	19.55	V	2.63	830558									
Home & Garden Cleaner - disinfects	12x750ml	22.33	V	2.99	830552									
Home & Garden Cleaner - disinfects	1x5l	8.50	V	13.64	830547									
Furniture Polish - Tin	6x150g	32.50	V	8.67	830562									
<b>* Bio-D - refill</b>														
Empty 20ltr can be returned with Infinity Foods lorries for recycling by Bio-D.														
Carrier customers please contact brand directly or recycle locally.														
The 20ltrs are W 230mm xH 325 xD 390mm														
The 20ltrs use the same taps as the 15ltr they replaced														
All Purpose Sanitiser - ready to use	20l	25.30	V	1.27	830591									
Grapefruit Washing Up Liquid	20l	35.40	V	1.77	830592									
Washing Up Liquid	20l	29.10	V	1.46	830596									
Laundry Liquid - Fragrance Free	20l	54.00	V	2.70	830598									
Lavender Laundry Liquid	20l	58.65	V	2.93	830599									
Fabric Conditioner - Fragrance Free - concentrated	20l	32.25	V	1.61	830601									
Lavender Fabric Conditioner - concentrated	20l	36.80	V	1.84	830603									
Multi Surface Cleaner - concentrated	20l	39.15	V	1.96	830604									
Toilet Cleaner	20l	31.90	V	1.60	830606									
Home & Garden Cleaner - disinfects	20l	32.25	V	1.61	830608									
20 litre Drum Tap	1x1	4.05	V		830565									
5 litre Drum Pump	1x1	2.90	V		830566									
20 litre Drum Pump	1x1	5.05	V		830567									
<b>* e-cloth</b>														
General Purpose Cloth	1x1	2.90	V	5.91	832405									
Four General Purpose Cloths	1x1	8.60	V	17.55	832410									
Glass & Polishing Cloth	1x1	2.90	V	5.91	832415									
Washing-up Pad	1x1	1.70	V	3.51	832449									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* Ecoegg -</b>														
Bamboo Towels - 20 sheets	12x1roll	80.25	V	11.46	832456									
Detox Tablets - washing machine cleaner	12x6p	33.50	V	4.79	832457									
Dryer Egg - Fragrance Free	6x1p	31.45	V	8.99	832459									
Laundry Egg 70 Wash - Fragrance Free	5x1egg	31.25	V	10.00	832461									
Laundry Egg Refill 50 Wash - Fragrance Free	10x1p	33.75	V	5.79	832462									
Laundry Egg 70 Wash - Fresh Linen	5x1egg	33.55	V	11.50	832458									
Laundry Egg Refill 50 Wash - Fresh Linen	10x1p	33.75	V	5.79	832460									
Laundry Egg 70 Wash - Spring Blossom	5x1egg	33.55	V	11.50	832463									
Laundry Egg Refill 50 Wash - Spring Blossom	10x1p	33.55	V	5.75	832464									
<b>* Ecoleaf - Vegan</b>														
Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Suma.														
Carrier customers please contact brand directly or recycle locally.														
Please recycle other sizes locally or contact supplier directly.														
On offer are selected Ecoleaf cleaning products, the pricing marked <input type="checkbox"/> below represents a discount of 15%. please note 831429 now has an off offer case price of £8.95.														
<input type="checkbox"/>	Bathroom Cleaner - trigger spay - green apple	6x500ml	10.70	V	2.85	831394								
<input type="checkbox"/>	Bathroom Cleaner - green apple	1x5l	8.20	V	13.11	831396								
<input type="checkbox"/>	Dishwasher Tablets 25	6x25tab	21.35	V	5.71	831400								
<input type="checkbox"/>	Dishwasher Tablets 70	5x70tab	44.05	V	14.17	831402								
◆	Fabric Conditioner - Jasmine	6x1.5l	19.45	V	5.19	831406								
<input type="checkbox"/>	Fabric Conditioner - Jasmine	1x5l	7.25	V	11.59	831408								
<input type="checkbox"/>	Fabric Conditioner - Jasmine	20l	30.95	V 1.55		831414								
<input type="checkbox"/>	Hard Floor Cleaner - pine	8x750ml	12.95	V	2.59	831411								
<input type="checkbox"/>	Hard Floor Cleaner - pine	1x5l	10.75	V	17.19	831413								
◆	Laundry Liquid - Jasmine	6x1.5l	29.70	V	7.92	831416								
<input type="checkbox"/>	Laundry Liquid - Jasmine	1x5l	12.70	V	20.31	831426								
<input type="checkbox"/>	Laundry Liquid	20l	51.90	V 2.60		831417								
<input type="checkbox"/>	Laundry Liquid - Jasmine	20l	51.90	V 2.60		831428								
<input type="checkbox"/>	Multi Surface Cleaner	6x500ml	10.65	V	2.84	831418								
<input type="checkbox"/>	Multi Surface Cleaner	1x5l	8.45	V	13.51	831419								
<input type="checkbox"/>	Multi Surface Cleaner	20l	30.85	V 1.54		831421								
<input type="checkbox"/>	Rinse Aid	6x500ml	12.95	V	3.45	831423								
<input type="checkbox"/>	Washing Powder Concentrated - non bio	10kg	27.55	V 2.76		831424								
<input type="checkbox"/>	Washing Up Liquid - Citrus Fruit	6x1l	12.95	V	3.45	831425								
<input type="checkbox"/>	Washing Up Liquid - Citrus Fruit	1x5l	7.60	V	12.19	831427								
<input type="checkbox"/>	Washing Up Liquid - Citrus Fruit	20l	29.75	V 1.49		831430								
<input type="checkbox"/>	Toilet Cleaner - Fresh Green	6x750ml	9.85	V	2.63	831432								
<input type="checkbox"/>	Toilet Cleaner - Fresh Green	1x5l	6.90	V	11.03	831435								
<input type="checkbox"/>	Toilet Cleaner - Fresh Green	20l	30.25	V 1.51		831436								
<input type="checkbox"/>	20l Drum Tap	1x1p	4.25	V		831455								
<b>* Ecover - Zero range</b>														
Please recycle locally as not currently collected by supplier.														
Ecover Careline - hello@ecover.com														
◆	All in One Zero Dishwasher Tablets - small	6x25x20g	29.95	V	7.99	831609								
◆	Concentrated Laundry Liquid - Zero	6x1.43l	43.25	V	11.53	831626								
◆	Concentrated Laundry Liquid - Zero	1x5l	20.00	V	32.00	831608								
◆	Delicate Laundry Liquid - Zero	6x1l	18.00	V	4.80	831627								
◆	1.43l Fabric Softener - Zero	6x1.43l	19.20	V	5.12	831630								
◆	Multi Surface Spray - Zero	6x500ml	11.15	V	2.97	831618								
◆	Washing Powder Non Bio - Zero	3x1.875kg	21.85	V	11.65	831606								
◆	Zero Washing Up Liquid	8x450ml	10.50	V	2.10	831603								
◆	Wash Up Liquid - Zero	1x5l	10.55	V	16.88	831622								
◆	Zero Washing Powder - sack	1x7.5kg	24.00	V	38.41	831610								
<b>* Ecover Cleaners</b>														
Please recycle locally as not currently collected by supplier.														
<input type="checkbox"/>	All-Purpose Cleaner - Lemongrass & Ginger	6x1l	12.40	V	3.31	831628								
<input type="checkbox"/>	All-Purpose Cleaner - Lemongrass & Ginger	5l	7.90	V 1.58		832030								
<input type="checkbox"/>	Bathroom Cleaner - Mint & Cucumber	6x500ml	10.10	V	2.69	832059								
<input type="checkbox"/>	Floor Soap	6x1l	13.30	V	3.55	832020								
<input type="checkbox"/>	Floor Soap	5l	10.70	V 2.14		832025								
<input type="checkbox"/>	Limescale Remover Spray - Berries & Basil	6x500ml	14.20	V	3.79	832094								
<input type="checkbox"/>	Multi Action Spray - Lemongrass & Orange	6x500ml	10.10	V	2.69	832095								
<input type="checkbox"/>	Oven & Hob Cleaner - Jasmine & Mandarin	6x500ml	14.95	V	3.99	832098								

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Toilet Cleaner Sea Breeze & Sage	6x750ml	9.45	V	2.52	832028									
Toilet Cleaner Pine & Mint	6x750ml	9.45	V	2.52	832031									
Toilet Cleaner Pine & Mint	5l	9.30	V 1.86		832039									
Window & Glass Cleaner Spray - Green Tea & Grapefruit	6x500ml	14.95	V	3.99	832099									
<b>* <u>Ecover Laundry</u></b>														
Please recycle locally as not currently collected by supplier.														
Double Conc Bio Laundry Capsules lilac & rose - 18	8x320g	45.80	V	9.16	832001									
Double Conc Bio Laundry Capsules lilac & rose - 34	8x600g	80.50	V	16.10	832003									
Double Conc Non Bio Laundry Capsules almond & apricot - 18	8x320g	45.80	V	9.16	832004									
Double Conc Non Bio Laundry Capsules almond & apricot - 34	8x600g	80.50	V	16.10	832006									
◆ Bio Conc Laundry Liquid - Honeysuckle & Jasmine	6x1.43l	43.25	V	11.53	832022									
◆ Bio Concentrated Laundry Liquid	1x5l	20.00	V	32.00	832007									
Concentrated Laundry Liquid - 28 washes	6x1l	31.35	V	8.36	832023									
◆ Conc Laundry Liquid - Lavender & Sandalwood Non-Bio	6x1.43l	43.25	V	11.53	832053									
◆ Concentrated Laundry Liquid - lavender & sandalwood	1x5l	20.00	V	32.00	832014									
◆ Laundry Liquid - plastic container	1x5l	12.90	V	20.64	832021									
Biological Washing Powder + bleach & fragrance	6x750g	20.35	V	5.43	832040									
Large Non-Bio W/Pdr + bleach & fragrance	4x3kg	43.45	V	17.38	832049									
Medium Non-Bio W/Pdr + bleach & fragrance	3x1.87kg	21.05	V	11.23	832050									
Small Non-Bio W/Pdr + bleach & fragrance	6x750g	18.90	V	5.04	832046									
◆ Delicate	6x750ml	18.90	V	5.04	832042									
Delicate	5l	14.55	V 2.91		832032									
750ml Fabric Softener - Gardenia & Vanilla	6x750ml	9.05	V	2.41	832043									
◆ 1.43l Fabric Softener - Gardenia & Vanilla	6x1.43l	19.20	V	5.12	832054									
750ml Fabric Softener - Apple Blossom & Almond	6x750ml	9.05	V	2.41	832048									
◆ 1.43l Fabric Softener - Apple Blossom & Almond	6x1.43l	19.20	V	5.12	832056									
◆ Fabric Softener - Apple Blossom & Almond	1x5l	8.40	V	13.44	832084									
◆ Laundry Bleach	6x400g	7.85	V	2.09	832085									
◆ Stain Remover	9x200ml	18.45	V	3.39	832057									
<b>* <u>Ecover Washing up</u></b>														
Please recycle locally as not currently collected by supplier.														
All in One Dishwasher Tablets - small	6x22x20g	32.05	V	8.55	831986									
All in One Dishwasher Tablets - large	5x68x20g	61.60	V	19.73	831996									
Classic Dishwash Tablets - large	5x70x20g	52.95	V	16.94	832002									
Classic Dishwash Tablets - small	6x25x20g	27.25	V	7.27	832005									
Dishwash Rinse Aid	8x450ml	18.90	V	3.78	832010									
Wash Up Liquid - Chamomile & Clementine	8x450ml	10.55	V	2.11	832121									
Wash Up Liquid - Chamomile & Clementine	8x950ml	19.05	V	3.81	832116									
Wash Up Liquid - Chamomile & Clementine	1x5l	10.55	V	16.88	832110									
Wash Up Liquid - Lemon & Aloe Vera	8x450ml	10.50	V	2.10	832129									
Wash Up Liquid - Lemon & Aloe Vera	8x950ml	19.05	V	3.81	832126									
5l Wash Up Liquid - Lemon & Aloe Vera - plastic container	1x5l	10.55	V	16.88	832124									
<b>* <u>Ecover Bag-in-Box Refill Station</u></b>														
Ecover Careline - hello@ecover.com														
All-Purpose Cleaner - Lemongrass & Ginger	15l	25.90	V 1.73		832160									
Fabric Softener - Apple Blossom & Almond	15l	22.55	V 1.50		832166									
Wash Up Liquid - Lemon & Aloe Vera	15l	27.05	V 1.80		832170									
Wash Up Liquid - Chamomile & Clementine	15l	27.05	V 1.80		832175									
Bio Concentrated Laundry Liquid	15l	61.15	V 4.08		832178									
Non Bio Concentrated Zero Laundry Liquid	15l	61.15	V 4.08		832183									
Non Bio Concentrated Laundry Liquid	15l	61.15	V 4.08		832179									
Tap Dispenser for 15l bag-in-box - NON TRADE!	1x1	2.70	V		832185									
30ml Dosing Pump for 5 litre Tub	1x1	3.80	V		832188									
Please note that this tap is not for retail use. Retailers operating a bag-in-box refill station should still contact the Ecover email above to get the superior and free tap/drip tray/stand solution!														
<b>* <u>Faith in Nature</u></b>														
Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Faith.														
Carrier customers please contact brand directly or recycle locally.														
<i>On offer are Faith in Nature washing liquid refills, the pricing below represents a discount of 25%.</i>														
☐ Concentrated Laundry Liquid - Aloe Vera & Rosemary	5l	14.00	V 2.80		832472									
☐ Concentrated Washing Up Liquid - Lemon Fragrance	5l	14.00	V 2.80		832477									

▲ price rise ▼ fall

\* new product ☐ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Friendly Soaps - vegan, palm oil free, plastic free</u></b>														
Kitchen Bar - lemon & lime	6x95g	9.85	V	2.93	<b>832385</b>									
Laundry Powder - non bio	6x1.75kg	30.00	V	8.93	<b>832389</b>									
<b>* <u>Greenfrog - soapnut based ecological cleaners</u></b>														
Laundry pouches - cotton	1x10p	5.85	V	9.86	<b>832702</b>									
Soapnuts - single bag	1x1kg	9.40	V	15.84	<b>832706</b>									
Soapnuts - single bag	1x500g	5.60	V	9.44	<b>832710</b>									
<b>* <u>La Corvette Marseille - organic soap</u></b>														
Savon De Marseille Olive Dishwashing Soap	<i>organic</i> 20x200g	79.70	V	6.38	<b>832720</b>									
Savon De Marseille Olive Soap Flakes	<i>organic</i> 6x750g	55.90	V	14.91	<b>832722</b>									
<b>* <u>La Droguerie Ecologique - vegan cleaning separates</u></b>														
Bicarbonate of Soda	8x1kg	24.50	V	4.90	<b>832730</b>									
Bicarbonate of Soda	4x2.5kg	26.40	V	10.56	<b>832726</b>									
Bicarbonate of Soda	10kg	25.15	V 2.52		<b>832728</b>									
Bicarbonate of Soda - food grade	10kg	29.30	V 2.93		<b>832729</b>									
Citric Acid	8x1kg	54.25	V	10.85	<b>832734</b>									
Copper Scourer for pots & pans	1x1p	2.00	V	3.20	<b>832735</b>									
Dishwashing Powder	<i>Ecocert</i> 8x1kg	61.10	V	12.22	<b>832736</b>									
Olive Oil Liquid Soap - Concentrated	<i>organic</i> 15l	79.30	V 5.29		<b>855124</b>									
Percarbonate of Soda - solid hydrogen peroxide	8x1kg	36.15	V	7.23	<b>832738</b>									
Soap Flakes	7x1kg	61.75	V	14.11	<b>832742</b>									
White Alcohol Vinegar - food grade	<i>organic</i> 12x1l	23.80		2.64	<b>832746</b>									
White Alcohol Vinegar - food grade	<i>organic</i> 15l	29.25	1.95		<b>832750</b>									
Nut Shell Sponge Scourers	1x2p	2.05	V	3.28	<b>832760</b>									
Wooden Dish Brush with agave bristles	10x1p	20.65	V	3.30	<b>832770</b>									
Wooden Dish Brush replacement head	10x1p	13.20	V	2.11	<b>832772</b>									
Wooden Pots & Pans Scrubbing Brush	15x1p	35.80	V	3.82	<b>832774</b>									
<b>* <u>LoofCo</u></b>														
◆ Back Scrubber 30cm loofah with cotton handles	4x34g	12.35	V	4.94	<b>833040</b>									
◆ Bath-Time Heart loofah	8x20g	17.50	V	3.50	<b>833046</b>									
◆ Bath-Time Smile loofah	8x19g	17.50	V	3.50	<b>833041</b>									
◆ Bathroom Cleaning Pad	6x24g	14.80	V	3.95	<b>833042</b>									
◆ Bottle Brush - 26cm	6x36g	13.15	V	3.51	<b>833047</b>									
◆ Water Bottle Brush - 34cm	6x66g	14.80	V	3.95	<b>833043</b>									
◆ Body Loofah	8x20g	16.20	V	3.24	<b>833050</b>									
◆ Cleansing Mitt made from cotton	8x1p	18.75	V	3.75	<b>833063</b>									
◆ Cleaning Pad made from loofah	6x20g	10.85	V	2.89	<b>833048</b>									
◆ Cleaning Pad 2 pack made from loofah	6x24g	18.55	V	4.95	<b>833044</b>									
◆ Gardeners Brush coir with wooden handle	4x111g	13.75	V	5.50	<b>833049</b>									
◆ Kitchen Cloth 2 pack cotton	6x61g	14.80	V	3.95	<b>833057</b>									
◆ Root Vegetable Scrubber made from loofah	6x20g	10.80	V	2.88	<b>833051</b>									
◆ Soap Rest made from loofah	8x10g	11.00	V	2.20	<b>833058</b>									
◆ Washing-Up Pad made from loofah	8x20g	14.45	V	2.89	<b>833052</b>									
◆ Washing-Up Slim Pad 4pk made from loofah	5x4p	15.45	V	4.94	<b>833064</b>									
◆ Mini Washing-Up Pad 2 pack made from loofah	6x11g	10.85	V	2.89	<b>833060</b>									
◆ Washing-Up Brush made from coir fibre	6x40g	10.30	V	2.75	<b>833054</b>									
◆ Coir Washing-Up Brush with wood handle	6x36g	13.15	V	3.51	<b>833055</b>									
◆ Washing-Up Scraper made from coconut husk	6x25g	10.80	V	2.88	<b>833056</b>									
◆ Washing-Up Soap - fragrance free	6x100g	12.15	V	3.24	<b>833061</b>									
◆ Washing-Up Soap - Lime	6x100g	12.15	V	3.24	<b>833062</b>									
<b>* <u>Simple Living Eco - cleaning sheets</u></b>														
Laundry Detergent Sheet - Coconut - 32 sheets	10x85g	47.70	V	8.54	<b>833071</b>									
Laundry Detergent Sheet - Spring Fresh - 32 sheets	10x85g	47.70	V	8.54	<b>833075</b>									
Laundry Detergent Sheet - No Fragrance - 32 sheets	10x85g	47.70	V	8.54	<b>833078</b>									
Multi Purpose Cleaner Sheet - Lemon Fresh - 30 sheets	8x85g	49.00	V	10.01	<b>833080</b>									
Ultra-conc Multi Cleaner - Citrus Passion	12x30ml	24.30	V	3.31	<b>833076</b>									
Ultra-conc Multi Cleaner - Sunshine Squeeze	12x30ml	24.30	V	3.31	<b>833077</b>									
Ultra-conc Multi Cleaner - Unscented	12x30ml	24.30	V	3.31	<b>833079</b>									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>■ Toiletries &amp; Natural Remedies</b>														
* <b><u>Aqua Oleum Oils - see "Aromatherapy" section</u></b>														
* <b><u>Beaming Baby baby range - see "Baby Products" section</u></b>														
* <b><u>&amp;Sisters by Mooncup</u></b>														
Naked Tampons - Medium	organic 24x16	57.90		3.60	<b>858506</b>									
Naked Tampons - Heavy	organic 24x14	57.90		3.60	<b>858507</b>									
Remúvie - intimate stain remover	12x350ml	46.70	V	6.95	<b>858515</b>									
* <b><u>Absolute Aromas</u></b>														
Goodnight Epsom Bath Salts - Pouch	1x1kg	5.00	V	9.00	<b>857950</b>									
Goodnight Epsom Bath Salts - PET	1x575g	3.35	V	6.00	<b>857952</b>									
Mobility Epsom Bath Salts - Pouch	1x1kg	5.00	V	9.00	<b>857954</b>									
Mobility Epsom Bath Salts - PET	1x575g	3.35	V	6.00	<b>857956</b>									
Relaxation Epsom Bath Salts - Pouch	1x1kg	5.00	V	9.00	<b>857958</b>									
Relaxation Epsom Bath Salts - PET	1x575g	3.35	V	6.00	<b>857960</b>									
* <b><u>Alter/Native -Boxed soap gift set</u></b>														
Contains: patchouli & hemp soap, shaving soap, detox soap and ayurvedic soap.														
Botanical Soap Collection	1x4p	7.75	V	12.40	<b>859140</b>									
* <b><u>Alter/Native -Boxed vegan coconut/olive soap bars - by Suma</u></b>														
Soap containers now in the Household Goods section.														
◆ Coconut Milk & Ylang Ylang - boxed soap	6x95g	11.80	V	3.15	<b>859142</b>									
◆ Cinnamon & Orange - boxed soap	6x95g	11.80	V	3.15	<b>859143</b>									
◆ Grapefruit & Mandarin - boxed soap	6x95g	11.80	V	3.15	<b>859145</b>									
◆ Lemongrass & Chamomile - boxed soap	6x95g	11.80	V	3.15	<b>859144</b>									
◆ Patchouli & Hemp - boxed soap	6x95g	11.80	V	3.15	<b>859146</b>									
◆ Rose & Geranium - boxed soap	6x95g	11.80	V	3.15	<b>859148</b>									
◆ Tea Tree & Eucalyptus - boxed soap	6x95g	11.80	V	3.15	<b>859149</b>									
* <b><u>Alter/Native - round glycerine vegan soaps - by Suma</u></b>														
Grapefruit & Aloe Vera Glycerine Soap	12x90g	16.20	V	2.16	<b>859160</b>									
Hemp Oil & Vitamin E Glycerine Soap	12x90g	16.20	V	2.16	<b>859162</b>									
Rose & Geranium Glycerine Soap	12x90g	16.20	V	2.16	<b>859164</b>									
White Lavender Glycerine Soap	12x90g	16.20	V	2.16	<b>859166</b>									
* <b><u>Alter/Native - rectangular glycerine vegan soap bars - by Suma</u></b>														
Coffee & Cedarwood Glycerine Soap	6x90g	11.80	V	3.15	<b>859168</b>									
Hemp & Jasmine Musk Glycerine Soap	6x90g	11.80	V	3.15	<b>859170</b>									
Coconut & Argan Glycerine Soap	6x90g	11.80	V	3.15	<b>859172</b>									
Lavender & Geranium Glycerine Soap	6x90g	11.80	V	3.15	<b>859174</b>									
Patchouli & Sandalwood Glycerine Soap	6x90g	11.80	V	3.15	<b>859176</b>									
Pink Grapefruit & Aloe Glycerine Soap	6x90g	11.80	V	3.15	<b>859179</b>									
Rose & Geranium Glycerine Soap	6x90g	11.80	V	3.15	<b>859181</b>									
Tea Tree & Aloe Glycerine Soap	6x90g	11.80	V	3.15	<b>859184</b>									
* <b><u>Alter/Native - Skincare vegan soap bars - by Suma</u></b>														
On offer are selected Alter/Native skincare bars, the pricing marked <input type="checkbox"/> below represents a discount of 20%.														
<input type="checkbox"/> Ayurvedic Soap Bar	6x95g	9.70	V	2.59	<b>861540</b>									
<input type="checkbox"/> Activated Charcoal Detox Soap Bar	6x95g	9.70	V	2.59	<b>861542</b>									
<input type="checkbox"/> Coffee & Cedarwood Shaving Soap Bar	6x95g	9.70	V	2.59	<b>861544</b>									
<input type="checkbox"/> Facial Cleansing Cocoa Butter Soap Bar	6x95g	17.00	V	4.53	<b>861546</b>									
* <b><u>Alter/Native - glycerine vegan shampoo and conditioner bars - by Suma</u></b>														
On offer are selected Alter/Native shampoo bars, the pricing marked <input type="checkbox"/> below represents a discount of 20%.														
<input type="checkbox"/> Coconut & Argan Oil Glycerine Shampoo Bar	6x90g	12.45	V	3.32	<b>859178</b>									
<input type="checkbox"/> Coconut & Argan Oil Conditioner Bar	6x90g	25.50	V	6.80	<b>859151</b>									
<input type="checkbox"/> Lavender & Geranium Shampoo Bar	6x95g	12.15	V	3.24	<b>859153</b>									
<input type="checkbox"/> Lavender & Geranium Conditioner Bar	6x90g	25.50	V	6.81	<b>859154</b>									
<input type="checkbox"/> Patchouli & Sandalwood Glycerine Shampoo Bar	6x90g	12.45	V	3.32	<b>859156</b>									
<input type="checkbox"/> Patchouli & Sandalwood Conditioner Bar	6x90g	25.50	V	6.80	<b>859157</b>									
<input type="checkbox"/> Rose & Geranium Shampoo Bar	6x95g	12.15	V	3.24	<b>859158</b>									
<input type="checkbox"/> Rose & Geranium Conditioner Bar	6x90g	25.50	V	6.80	<b>859159</b>									

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Alter/Native - vegan bodywash liquid - by Suma</u></b>														
Empty 5ltr & 20ltr can be returned with Infinity Foods lorries for recycling by Suma. Carrier customers please contact brand directly or recycle locally. Please recycle 5ltr containers locally.														
◆ Tea Tree & Aloe Vera Bodywash	20l	99.00	V 4.95		850150									
◆ Tea Tree & Aloe Vera Bodywash	1x5l	27.50	V	44.00	850154									
Tea Tree & Aloe Vera Bodywash	6x400ml	22.45	V	5.99	850158									
◆ Coconut & Argan Oil Bodywash	20l	99.00	V 4.95		850160									
◆ Coconut & Argan Oil Bodywash	1x5l	27.50	V	44.00	850162									
Coconut & Argan Oil Bodywash	6x400ml	22.45	V	5.99	850164									
<b>* <u>Alter/Native - vegan shampoo and conditioner liquid - by Suma</u></b>														
Empty 5ltr & 20ltr can be returned with Infinity Foods lorries for recycling by Suma. Carrier customers please contact brand directly or recycle locally. Please recycle 5ltr containers locally.														
Tea Tree & Aloe Vera Shampoo - normal/oily hair	20l	99.00	V 4.95		850168									
Tea Tree & Aloe Vera Shampoo - normal/oily hair	1x5l	27.50	V	44.00	850170									
Tea Tree & Aloe Vera Shampoo - normal/oily hair	6x400ml	22.45	V	5.99	850172									
Tea Tree & Aloe Vera Conditioner - normal/oily hair	20l	99.00	V 4.95		850174									
Tea Tree & Aloe Vera Conditioner - normal/oily hair	1x5l	27.50	V	44.00	850176									
Tea Tree & Aloe Vera Conditioner - normal/oily hair	6x400ml	22.45	V	5.99	850180									
Coconut & Argan Oil Shampoo - normal/dry hair	20l	99.00	V 4.95		850185									
Coconut & Argan Oil Shampoo - normal/dry hair	1x5l	27.50	V	44.00	850186									
Coconut & Argan Oil Shampoo - normal/dry hair	6x400ml	22.45	V	5.99	850188									
Coconut & Argan Oil Conditioner - normal/dry hair	20l	99.00	V 4.95		850190									
Coconut & Argan Oil Conditioner - normal/dry hair	1x5l	27.50	V	44.00	850192									
Coconut & Argan Oil Conditioner - normal/dry hair	6x400ml	22.45	V	5.99	850194									
<b>* <u>Anaé Wooden Hair Brushes - FSC Certified</u></b>														
Beech Wood Hair Brush - rounded wooden pins	3x1p	31.55	V	16.83	859347									
Wood Comb with Fine & Coarse teeth	5x1p	46.60	V	14.91	859348									
Pear Wood Soft Brush - Agave Bristles	3x1p	33.80	V	18.03	859349									
<b>* <u>Anaé organic cotton washable sanitary towels</u></b>														
No VAT should be charged to end user.														
Heavy Flow Cotton Washable Sanitary Towels - Flower <i>organic</i>	5x2 pack	62.60		17.89	859350									
Medium Flow Cotton Washable Sanitary Towels - Circles <i>organic</i>	5x2 pack	60.60		17.31	859354									
Light Flow Cotton Washable Sanitary Towels - Hibiscus <i>organic</i>	5x2 pack	59.25		16.93	859358									
<b>* <u>Balmonds - bodycare - previously Pure Potions</u></b>														
Buy any case of skin salvation and receive pack of samples FOC by quoting this code:-														
Skin Salvation Free 5ml Samples - retail only	6p		0.00		857966									
Skin Salvation 30ml	6x30ml	30.05	V	8.97	857970									
Skin Salvation 50ml	6x50ml	50.35	V	15.00	857971									
Skin Salvation 120ml	6x120ml	73.80	V	22.00	857977									
Bath & Body Oil - single	1x200ml	8.40	V	15.00	857980									
Omega Rich Cleansing Oil - single	1x125ml	8.95	V	16.00	857988									
Gentle Facial Wash	1x125ml	8.95	V	16.00	857989									
Intensive Facial Oil - single	1x30ml	13.95	V	25.00	857986									
Scalp Oil - single	1x50ml	8.95	V	16.00	857990									
Shampoo & Body Wash single	1x200ml	12.30	V	22.00	857991									
Rosehip Scar Oil - single	1x50ml	11.15	V	20.00	857992									
Super 7 Serum	1x30ml	11.15	V	20.00	857993									
Daily Moisturising Cream - single	1x100ml	8.95	V	16.00	857995									
Intensive Hand Cream - single	1x50ml	6.70	V	12.00	857997									
Hand Sanitiser Gel - 70% Alcohol - single	1x100ml	4.45	V	8.00	857999									
<b>* <u>Ben &amp; Anna - organic vegan natural soda deodorants</u></b>														
Deocreme - Green Balance - poly potato sphere <i>organic</i>	1x40g	4.95	V	8.81	859208									
Deocreme - Love Me - poly potato sphere <i>organic</i>	1x40g	4.95	V	8.81	859209									
Cocoa Mania Deodorant - paper tube <i>organic</i>	1x40g	4.15	V	7.39	859191									
Green Fusion Deodorant - paper tube <i>organic</i>	1x40g	4.15	V	7.39	859193									
Mint Deodorant - paper tube <i>organic</i>	1x40g	4.15	V	7.39	859195									
Persian Lime Deodorant - paper tube <i>organic</i>	1x40g	4.15	V	7.39	859197									
Pink Grapefruit Deodorant - paper tube <i>organic</i>	1x40g	4.15	V	7.39	859206									
Urban Black Deodorant - paper tube <i>organic</i>	1x40g	4.15	V	7.39	859207									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Ben &amp; Anna - organic vegan bodycare</u></b>														
Almond Oil Daily Hand Cream	organic 1x30ml	2.75	V	4.95	859188									
Avocado Oil Intensive Hand Cream	organic 1x30ml	2.75	V	4.95	859189									
Lip Balm Pure	organic 8x6g	22.00	V	4.95	859211									
Lip Balm Raspberry	organic 8x6g	22.00	V	4.95	859212									
Lip Balm Strawberry	organic 8x6g	22.00	V	4.95	859213									
Lemongrass Shampoo Bar	organic 1x60g	3.85	V	6.90	859199									
Oriental Magic Shower & Shampoo Bar	organic 1x60g	3.85	V	6.90	859201									
Very Berry Conditioner Bar	organic 1x60g	3.85	V	6.90	859203									
Elmwood Shower Shampoo Bar	organic 1x60g	3.85	V	6.90	859204									
Sunrise Hand Cloud Soap tablets	organic 1x55g	5.50	V	9.90	858534									
Shower Flake Canister	organic 1x85g	4.95	V	8.91	858536									
Blue Basil Shower Gel Flakes	organic 1x2x20g	3.30	V	5.94	858538									
Mint & Lemon Shower Gel Flakes	organic 1x2x20g	3.30	V	5.94	858541									
Sweet Floral Shower Gel Flakes	organic 1x2x20g	3.30	V	5.94	858542									
<b>* <u>BetterYou</u></b>														
Magnesium Oil Original Body Spray	6x100ml	44.15	V	13.95	858580									
Magnesium Sleep Body Spray	6x100ml	44.15	V	13.95	858582									
Magnesium Menopause Body Spray	6x100ml	44.15	V	13.95	858581									
Magnesium Flakes	6x1kg	34.60	V	10.95	858584									
Magnesium Flakes Sleep	6x1kg	34.60	V	10.95	858586									
Magnesium Flakes Muscle	6x1kg	34.60	V	10.95	858587									
Magnesium Flakes Menopause	6x750g	22.15	V	7.01	858589									
Magnesium Flakes Relax	6x750g	26.70	V	8.45	858588									
<b>* <u>Bio-D - Vegan - BUAV approved</u></b>														
Empty 20ltr can be returned with Infinity Foods lorries for recycling by Bio-D.														
Carrier customers please contact brand directly or recycle locally.														
Please recycle other sizes locally or contact supplier directly.														
Cleansing Hand Wash Fragrance Free	6x500ml	15.25	V	4.52	859495									
Cleansing Hand Wash Fragrance Free	1x5l	11.10	V	19.53	859493									
Cleansing Hand Wash Fragrance Free	20l	43.10	V 2.16		859501									
Cleansing Hand Wash Geranium & Grapefruit	6x500ml	16.20	V	4.75	859496									
Cleansing Hand Wash Geranium & Grapefruit	1x5l	13.20	V	23.23	859494									
Cleansing Hand Wash Lime & Aloe Vera	6x500ml	16.20	V	4.75	859497									
Cleansing Hand Wash Lime & Aloe Vera	20l	51.15	V 2.56		859504									
Cleansing Hand Wash Lime & Aloe Vera	1x5l	13.20	V	23.23	859498									
Cleansing Hand Wash Plum & Mulberry	6x500ml	16.20	V	4.75	859512									
Cleansing Hand Wash Plum & Mulberry	1x5l	13.20	V	23.23	859513									
Cleansing Hand Wash Rhubarb	6x500ml	16.25	V	4.77	859517									
Cleansing Hand Wash Rhubarb	1x5l	13.15	V	23.14	859519									
Lime & Aloe Vera Naked Soap Bar	6x90g	9.85	V	2.74	859506									
Lime & Aloe Vera Boxed Soap Bar	20x90g	36.05	V	3.00	859507									
Mandarin Naked Soap Bar	6x90g	9.85	V	2.74	859508									
Mandarin Boxed Soap Bar	20x90g	36.05	V	3.00	859509									
Plum & Mulberry Naked Soap Bar	6x90g	9.85	V	2.74	859511									
Plum & Mulberry Boxed Soap Bar	20x90g	36.05	V	3.00	859515									
<b>* <u>Dr Bronner's - lip balm - beeswax</u></b>														
Cherry Blossom Lip Balm	organic 12x4g	31.45	V	4.49	851239									
Lemon Lime Lip Balm	organic 12x4g	31.45	V	4.49	851240									
Baby Mild Lip Balm	organic 12x4g	31.45	V	4.49	851242									
Orange Ginger Lip Balm	organic 12x4g	31.45	V	4.49	851243									
Peppermint Lip Balm	organic 12x4g	31.45	V	4.49	851245									
<b>* <u>Dr Bronner's - Magic Soaps - bars - vegan</u></b>														
◆ Almond Soap Bar	organic 12x140g	45.45	V	6.49	851090									
◆ Baby-Mild Unscented Soap Bar	organic 12x140g	45.45	V	6.49	851092									
◆ Citrus Soap Bar	organic 12x140g	45.45	V	6.49	851095									
◆ Cherry Blossom Soap Bar	organic 12x140g	45.45	V	6.49	851093									
◆ Lavender Soap Bar	organic 12x140g	45.45	V	6.49	851100									
◆ Peppermint Soap Bar	organic 12x140g	45.45	V	6.49	851101									
◆ Rose Soap Bar	organic 12x140g	45.45	V	6.49	851102									
◆ Tea Tree Soap Bar	organic 12x140g	45.45	V	6.49	851097									
<b>* <u>Dr Bronner's - hand sanitiser</u></b>														
Lavender Hand Hygiene Spray	organic 12x60ml	40.20	V	5.69	851096									
Peppermint Hand Hygiene Spray	organic 12x60ml	40.20	V	5.69	851094									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Dr Bronner's - Magic Soaps - liquid - vegan</u></b>														
Almond Liquid Soap (1/4 case)	organic 6x240ml	35.00	V	9.99	851070									
Almond Liquid Soap (1/2 case)	organic 6x475ml	54.30	V	15.49	851072									
Almond Liquid Soap - single	organic 1x946ml	14.60	V	24.99	851130									
Baby Mild Unscented Liquid Soap (1/4 case)	organic 6x240ml	35.00	V	9.99	851020									
Baby Mild Liquid Unscented Soap (1/2 case)	organic 6x473ml	54.30	V	15.49	851022									
Baby Mild Unscented Liquid Soap - single	organic 1x945ml	14.60	V	24.99	851023									
Baby Mild Unscented Liquid Soap - single	organic 3.79l	46.70	V 12.32		851025									
Cherry Blossom Liquid Soap (1/4 case)	organic 6x240ml	35.00	V	9.99	851056									
Cherry Blossom Liquid Soap (1/2 case)	organic 6x475ml	54.30	V	15.49	851058									
Cherry Blossom Liquid Soap - single	organic 1x945ml	14.60	V	24.99	851059									
Citrus-Orange Liquid Soap (1/4 case)	organic 6x240ml	35.00	V	9.99	851073									
Citrus-Orange Liquid Soap (1/2 case)	organic 6x473ml	54.30	V	15.49	851074									
Citrus-Orange Liquid Soap - single	organic 1x946ml	14.60	V	24.99	851131									
Eucalyptus Liquid Soap (1/4 case)	organic 6x236ml	35.00	V	9.99	851078									
Eucalyptus Liquid Soap (1/2 case)	organic 6x473ml	54.30	V	15.49	851079									
Eucalyptus Liquid Soap - single	organic 1x946ml	14.60	V	24.99	851132									
Lavender Liquid Soap (1/4 case)	organic 6x240ml	35.00	V	9.99	851075									
Lavender Liquid Soap (1/2 case)	organic 6x473ml	54.30	V	15.49	851077									
Lavender Liquid Soap - single	organic 1x946ml	14.60	V	24.99	851133									
Peppermint Liquid Soap (1/4 case)	organic 6x240ml	35.00	V	9.99	851080									
Peppermint Liquid Soap (1/2 case)	organic 6x473ml	54.30	V	15.49	851082									
Peppermint Liquid Soap - single	organic 1x946ml	14.60	V	24.99	851134									
Rose Liquid Soap (1/4 case)	organic 6x240ml	35.00	V	9.99	851085									
Rose Liquid Soap (1/2 case)	organic 6x473ml	54.30	V	15.49	851087									
Rose Liquid Soap - single	organic 1x946ml	14.60	V	24.99	851135									
Tea Tree Liquid Soap (1/4 case)	organic 6x236ml	35.00	V	9.99	851088									
Tea Tree Liquid Soap (1/2 case)	organic 6x473ml	54.30	V	15.49	851089									
Tea Tree Liquid Soap - single	organic 1x946ml	14.60	V	24.99	851136									
<b>* <u>Earth Conscious Baby range - see "Baby" section</u></b>														
<b>* <u>Earth Conscious - natural deodorants</u></b>														
Grapefruit & Lemon Deodorant Tin - vegan	6x60g	26.85	V	7.99	851001									
Indian Bay & Orange Strong Deodorant - Tin	6x60g	26.85	V	7.99	851002									
Jasmine & Rose Deodorant Tin - vegan	6x60g	26.85	V	7.99	851003									
Lemon & Rosemary Deodorant Tin - vegan	6x60g	26.85	V	7.99	851004									
Lavender & Tea Tree Deodorant Tin - vegan	6x60g	26.85	V	7.99	851005									
Peppermint & Spearmint Strong Deodorant Tin - vegan	6x60g	26.85	V	7.99	851006									
Pure Unscented Deodorant Tin - vegan	6x60g	26.85	V	7.99	851007									
Delicate Formula Deodorant Tin - Unscented - vegan	6x60g	33.60	V	10.00	851043									
Delicate Formula Deodorant Tin - Lavender & Tea Tree - vegan	6x60g	33.60	V	10.00	851045									
Deodorant Stick Grapefruit & Lemon - vegan	6x60g	26.85	V	7.99	851016									
Deodorant Stick Indian Bay Strong - vegan	6x60g	26.85	V	7.99	851026									
Deodorant Stick Jasmine & Rose - vegan	6x60g	26.85	V	7.99	851017									
Deodorant Stick Lavender & Tea Tree - vegan	6x60g	26.85	V	7.99	851019									
Deodorant Stick Lemon & Rosemary - vegan	6x60g	26.85	V	7.99	851021									
Peppermint & Spearmint Strong Deodorant Stick - vegan	6x60g	26.85	V	7.99	851018									
Deodorant Stick Pure Unscented - vegan	6x60g	26.85	V	7.99	851024									
<b>* <u>Earth Conscious - Bare Bar natural deodorants FairTrade</u></b>														
Bare Bar Travel Tin	6x22g	10.00	V	2.98	851047									
Bare Bar Deodorant - Grapefruit & Lemon - vegan	6x90g	33.60	V	10.00	851029									
Bare Bar Deodorant - Jasmine & Rose - vegan	6x90g	33.60	V	10.00	851031									
Bare Bar Deodorant - Lavender & Tea Tree - vegan	6x90g	33.60	V	10.00	851032									
Bare Bar Deodorant - Lemon & Rosemary - vegan	6x90g	33.60	V	10.00	851033									
Bare Bar Deodorant - Unscented - vegan	6x90g	33.60	V	10.00	851034									
<b>* <u>Ecoleaf - vegan</u></b>														
Empty 5ltr & 20ltr can be returned with Infinity Foods lorries for recycling by Suma.														
Carrier customers please contact brand directly or recycle locally.														
Please recycle other sizes locally or contact supplier directly.														
On offer is Ecoleaf 5l Liquid Hand Soap, the pricing marked <input type="checkbox"/> below represents a discount of 15%.														
<input type="checkbox"/> Liquid Hand Soap - Grapefruit & Mandarin	6x500ml	15.70	V	4.18	851035									
<input type="checkbox"/> Liquid Hand Soap - Grapefruit & Mandarin	1x5l	11.70	V	18.71	851038									
<input type="checkbox"/> Liquid Hand Soap - Grapefruit & Mandarin	20l	42.10	V 2.11		851040									

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Ecover - personal care</u></b>														
Hand Soap - Zero	6x250ml	13.75	V	3.67	855914									
Hand Wash - Lavender & Aloe Vera	6x250ml	13.75	V	3.67	855915									
Hand Wash - Lavender & Aloe Vera	8x950ml	44.95	V	8.99	855920									
Hand Wash - Lavender & Aloe Vera	5l	18.65	V 3.73		855925									
Hand Wash - Citrus	6x250ml	13.75	V	3.67	855926									
Hand Wash - Citrus	8x950ml	44.95	V	8.99	855928									
<b>* <u>Ethique vegan palm oil free haircare</u></b>														
Pink In-Shower Container - single	1x45g	6.70	V	10.95	855931									
3 Bar Discovery Pack - Balanced Hair	6x45g	31.10	V	8.49	855932									
3 Bar Discovery Pack - Touchy Scalps	6x45g	31.10	V	8.49	855936									
Too Delicious - Hydrating Conditioner Bar	6x60g	51.25	V	13.99	855946									
<b>* <u>Faith in Nature - for men</u></b>														
◆ Blue Cedar Soap	6x100g	10.45	V	2.98	852960									
Blue Cedar Shampoo	6x400ml	27.85	V	7.95	852962									
Blue Cedar Body Wash	6x400ml	22.55	V	6.44	852964									
<b>* <u>Faith in Nature conditioner bars</u></b>														
◆ Coconut & Shea Butter Conditioner Bar	6x85g	24.50	V	6.96	852932									
◆ Dragon Fruit Conditioner Bar	6x85g	24.50	V	6.96	852934									
◆ Lavender & Geranium Conditioner Bar	6x85g	24.50	V	6.96	852936									
◆ Shea & Argan Conditioner Bar	6x85g	24.50	V	6.96	852938									
<b>* <u>Faith in Nature shampoo bars</u></b>														
◆ Coconut & Shea Butter Shampoo Bar	6x85g	24.50	V	6.96	852978									
◆ Dragon Fruit Shampoo Bar	6x85g	24.50	V	6.96	852979									
◆ Lavender & Geranium Shampoo Bar	6x85g	24.50	V	6.96	852980									
◆ Shea & Argan Shampoo Bar	6x85g	24.50	V	6.96	852982									
<b>* <u>Faith in Nature soaps - www.faithproducts.com</u></b>														
◆ Soap Gift Box - Orange, Aloe Vera, Lavender	6x300g	15.00	V	4.28	852983									
◆ Aloe Vera Soap	6x100g	10.45	V	2.99	852985									
◆ Coconut Soap	6x100g	10.45	V	2.99	852988									
◆ Dragon Fruit Soap	6x100g	10.45	V	2.99	852989									
◆ Grapefruit Soap	6x100g	10.45	V	2.99	852995									
◆ Hemp, Lemongrass & Green Tea Soap	6x100g	10.45	V	2.99	853035									
◆ Lavender Soap	6x100g	10.45	V	2.99	853020									
◆ Orange Soap	6x100g	10.45	V	2.99	853010									
◆ Rosemary Soap	6x100g	10.45	V	2.99	853015									
◆ Fragrance Free Soap - with Seaweed	6x100g	10.45	V	2.99	853030									
◆ Tea Tree Soap	6x100g	10.45	V	2.99	852990									
◆ Wild Rose Soap	6x100g	10.45	V	2.99	852992									
<b>* <u>Faith in Nature bulk soaps</u></b>														
◆ Aloe Vera Soap	18x100g	23.90	V	2.26	853105									
◆ Coconut Soap	18x100g	23.90	V	2.26	853109									
◆ Grapefruit Soap	18x100g	23.90	V	2.26	853112									
◆ Hemp, Lemongrass & Green Tea Soap	18x100g	23.90	V	2.26	853140									
◆ Lavender Soap	18x100g	23.90	V	2.26	853125									
◆ Orange Soap	18x100g	23.90	V	2.26	853115									
◆ Rosemary Soap	18x100g	23.90	V	2.26	853120									
◆ Fragrance Free Soap - with Seaweed	18x100g	23.90	V	2.26	853135									
◆ Tea Tree Soap	18x100g	23.90	V	2.26	853110									
<b>* <u>Faith in Nature hand wash / liquid soap</u></b>														
Hand Wash - Aloe Vera & Tea Tree	6x400ml	17.10	V	4.88	853198									
Hand Wash - Coconut	6x400ml	17.10	V	4.88	853199									
Hand Wash - Dragon Fruit	6x400ml	17.10	V	4.88	853200									
Hand Wash - Lavender & Geranium	6x400ml	17.10	V	4.88	853201									
Hand Wash - Grapefruit & Orange	6x400ml	17.10	V	4.88	853202									
Hand Wash - Seaweed & Citrus	6x400ml	17.10	V	4.88	853203									
Hand Wash - Wild Rose	6x400ml	17.10	V	4.88	853205									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Faith in Nature hand &amp; body lotion</u></b>														
Coconut Hand & Body Lotion	6x400ml	23.50	V	6.69	853206									
Grapefruit & Orange Hand & Body Lotion	6x400ml	23.50	V	6.69	853208									
Lavender & Geranium Hand & Body Lotion	6x400ml	23.50	V	6.71	853209									
<b>* <u>Faith in Nature dog shampoo - see Pet Products section</u></b>														
<b>* <u>Faith in Nature shampoos</u></b>														
Aloe Vera Shampoo	6x400ml	27.85	V	7.95	853520									
Avocado Shampoo	6x400ml	27.85	V	7.95	853518									
Coconut Shampoo	6x400ml	27.85	V	7.95	853502									
Dragon Fruit Shampoo	6x400ml	27.85	V	7.95	853503									
Fragrance Free Shampoo	6x400ml	27.85	V	7.95	853504									
Grapefruit & Orange Shampoo	6x400ml	27.85	V	7.95	853509									
Joboba Shampoo	6x400ml	27.85	V	7.95	853510									
Lavender & Geranium Shampoo	6x400ml	27.85	V	7.95	853525									
Rosemary Shampoo	6x400ml	27.85	V	7.95	853515									
Seaweed & Citrus Shampoo	6x400ml	27.85	V	7.95	853505									
Shea & Argan Shampoo	6x400ml	27.85	V	7.95	853501									
Wild Rose Shampoo	6x400ml	27.85	V	7.95	853536									
<b>* <u>Faith in Nature hair treatments</u></b>														
Coconut & Shea Hydrating Hair Mask	6x300ml	27.90	V	7.96	854070									
Dragon Fruit Revitalising Hair Mask	6x300ml	27.90	V	7.96	854072									
Shea & Argan Nourishing Hair Mask	6x300ml	27.90	V	7.96	854076									
<b>* <u>Faith in Nature conditioners</u></b>														
Aloe Vera Conditioner	6x400ml	27.85	V	7.95	854020									
Avocado Conditioner	6x400ml	27.85	V	7.95	854022									
Coconut Conditioner	6x400ml	27.85	V	7.95	853987									
Dragon Fruit Conditioner	6x400ml	27.85	V	7.95	853989									
Fragrance Free Conditioner	6x400ml	27.85	V	7.95	853988									
Grapefruit & Orange Conditioner	6x400ml	27.85	V	7.95	853992									
Joboba Conditioner	6x400ml	27.85	V	7.95	854010									
Lavender & Geranium Conditioner	6x400ml	27.85	V	7.95	854002									
Rosemary Conditioner	6x400ml	27.85	V	7.95	854015									
Seaweed & Citrus Conditioner	6x400ml	27.85	V	7.95	854005									
Shea & Argan Conditioner	6x400ml	27.85	V	7.95	854008									
Tea Tree Conditioner (2% oil)	6x400ml	27.85	V	7.95	854025									
Wild Rose Conditioner	6x400ml	27.85	V	7.95	854028									
<b>* <u>Faith in Nature body wash</u></b>														
Aloe Vera Body Wash	6x400ml	22.55	V	6.43	854030									
Avocado Body Wash	6x400ml	22.55	V	6.43	854031									
Coconut Body Wash	6x400ml	22.55	V	6.43	854033									
Dragon Fruit Body Wash	6x400ml	22.55	V	6.43	854037									
Fragrance Free Body Wash	6x400ml	22.55	V	6.43	854036									
Grapefruit & Orange Body Wash	6x400ml	22.55	V	6.43	854035									
Lavender & Geranium Body Wash	6x400ml	22.55	V	6.43	854040									
Mint Body Wash	6x400ml	22.55	V	6.43	854041									
Seaweed & Citrus Body Wash	6x400ml	22.55	V	6.43	854050									
Tea Tree Body Wash	6x400ml	22.55	V	6.43	854055									
Wild Rose Body Wash	6x400ml	22.55	V	6.43	854059									
<b>* <u>Faith in Nature refill hand wash</u></b>														
Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Faith.														
Carrier customers please contact brand directly or recycle locally.														
On offer is Faith in Nature 5l handwash, the pricing marked <input type="checkbox"/> below represents a discount of 25%.														
<input type="checkbox"/>	Bulk Hand Wash - Coconut	5l	22.50	V 4.50	853513									
<input type="checkbox"/>	Bulk Hand Wash - Dragonfruit	5l	22.50	V 4.50	853514									
<input type="checkbox"/>	Bulk Hand Wash - Grapefruit & Orange	5l	22.50	V 4.50	853517									
<input type="checkbox"/>	Bulk Hand Wash - Lavender & Geranium	5l	22.50	V 4.50	853535									
<input type="checkbox"/>	Bulk Hand Wash - Aloe Vera & Tea Tree	5l	22.50	V 4.50	853537									
<input type="checkbox"/>	Bulk Hand Wash - Wild Rose	5l	22.50	V 4.50	853564									
<input type="checkbox"/>	Bulk Hand Wash Lavender & Geranium	20l	101.00	V 5.05	853527									

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* Faith in Nature refill hand &amp; body lotion</b>														
Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Faith. Carrier customers please contact brand directly or recycle locally.														
On offer are Faith in Nature refill hand & body lotions, the pricing below represents a discount of 25%.														
<input type="checkbox"/>	Bulk Coconut Hand & Body Lotion	5l	25.65	V 5.13	853480									
<input type="checkbox"/>	Bulk Grapefruit & Orange Hand & Body Lotion	5l	25.65	V 5.13	853484									
<input type="checkbox"/>	Bulk Lavender & Geranium Hand & Body Lotion	5l	25.65	V 5.13	853486									
<b>* Faith in Nature refill shampoos</b>														
Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Faith. Carrier customers please contact brand directly or recycle locally.														
On offer are Faith in Nature 5l shampoo refills, the pricing marked <input type="checkbox"/> below represents a discount of 25%.														
<input type="checkbox"/>	Bulk Aloe Vera Shampoo	5l	26.90	V 5.38	853540									
<input type="checkbox"/>	Bulk Coconut Shampoo	5l	26.90	V 5.38	853542									
<input type="checkbox"/>	Bulk Dragonfruit Shampoo	5l	26.90	V 5.38	853544									
<input type="checkbox"/>	Bulk Fragrance Free Shampoo	5l	26.90	V 5.38	853546									
<input type="checkbox"/>	Bulk Grapefruit & Orange Shampoo	5l	26.90	V 5.38	853541									
<input type="checkbox"/>	Bulk Jojoba Shampoo	5l	26.90	V 5.38	853543									
<input type="checkbox"/>	Bulk Lavender & Geranium Shampoo	5l	26.90	V 5.38	853545									
<input type="checkbox"/>	Bulk Wild Rose Shampoo	5l	26.90	V 5.38	853566									
	Bulk Coconut Shampoo	20l	122.90	V 6.15	853578									
	Bulk Grapefruit & Orange Shampoo	20l	122.90	V 6.15	853579									
	Bulk Lavender & Geranium Shampoo	20l	122.90	V 6.15	853580									
<b>* Faith in Nature refill conditioners</b>														
Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Faith. Carrier customers please contact brand directly or recycle locally.														
On offer are Faith in Nature 5l conditioner refills, the pricing marked <input type="checkbox"/> below represents a discount of 25%.														
<input type="checkbox"/>	Bulk Aloe Vera Conditioner	5l	26.90	V 5.38	853550									
<input type="checkbox"/>	Bulk Coconut Conditioner	5l	26.90	V 5.38	853552									
<input type="checkbox"/>	Bulk Dragonfruit Conditioner	5l	26.90	V 5.38	853551									
<input type="checkbox"/>	Bulk Fragrance Free Conditioner	5l	26.90	V 5.38	853556									
<input type="checkbox"/>	Bulk Grapefruit & Orange Conditioner	5l	26.90	V 5.38	853554									
<input type="checkbox"/>	Bulk Jojoba Conditioner	5l	26.90	V 5.38	853553									
<input type="checkbox"/>	Bulk Lavender & Geranium Conditioner	5l	26.90	V 5.38	853555									
<input type="checkbox"/>	Bulk Tea Tree Conditioner	5l	26.90	V 5.38	853559									
<input type="checkbox"/>	Bulk Wild Rose Conditioner	5l	26.90	V 5.38	853569									
	Bulk Coconut Conditioner	20l	122.90	V 6.15	853581									
	Bulk Grapefruit & Orange Conditioner	20l	122.90	V 6.15	853585									
	Bulk Lavender & Geranium Conditioner	20l	122.90	V 6.15	853582									
<b>* Faith in Nature refill body wash</b>														
Empty 20ltr & 5ltr can be returned with Infinity Foods lorries for recycling by Faith. Carrier customers please contact brand directly or recycle locally.														
On offer are Faith in Nature 5l body washes, the pricing marked <input type="checkbox"/> below represents a discount of 25%.														
<input type="checkbox"/>	Bulk Aloe Vera Body Wash	5l	22.50	V 4.50	853560									
<input type="checkbox"/>	Bulk Coconut Body Wash	5l	22.50	V 4.50	853562									
<input type="checkbox"/>	Bulk Dragon Fruit Body Wash	5l	22.50	V 4.50	853561									
<input type="checkbox"/>	Bulk Fragrance Free Body Wash	5l	22.50	V 4.50	856564									
<input type="checkbox"/>	Bulk Grapefruit & Orange Body Wash	5l	22.50	V 4.50	853563									
<input type="checkbox"/>	Bulk Lavender & Geranium Body Wash	5l	22.50	V 4.50	853565									
<input type="checkbox"/>	Bulk Tea Tree Body Wash	5l	22.50	V 4.50	853570									
<input type="checkbox"/>	Bulk Wild Rose Body Wash	5l	22.50	V 4.50	853571									
	Bulk Coconut Body Wash	20l	101.00	V 5.05	853583									
	Bulk Grapefruit & Orange Body Wash	20l	101.00	V 5.05	855579									
	Bulk Lavender & Geranium Body Wash	20l	101.00	V 5.05	853584									
<b>* Faith in Nature refill pumps and bottle</b>														
	5 litre pump for refilling	1x1	3.75	V	853575									
	20 litre Pump - 30ml dispense	1x1	4.20	V	853576									
	Aluminium Refill Bottle inc pump	12x450ml	24.20	V	853577									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Friendly Soaps - vegan, palm oil free, plastic free</u></b>														
Aloe Vera Soap - Fragrance Free	6x95g	9.90	V	2.95	<b>854230</b>									
Cedarwood Soap	6x95g	9.90	V	2.95	<b>854231</b>									
Cinnamon & Cedarwood Soap	6x95g	9.90	V	2.95	<b>854232</b>									
Lavender Soap	6x95g	9.90	V	2.95	<b>854234</b>									
Lemongrass & Hemp Soap	6x95g	9.90	V	2.95	<b>854236</b>									
Orange & Grapefruit Soap	6x95g	9.90	V	2.95	<b>854238</b>									
Peppermint & Poppyseed Soap	6x95g	9.90	V	2.95	<b>854240</b>									
Rose Geranium Soap	6x95g	9.90	V	2.95	<b>854241</b>									
Tea Tree & Turmeric Soap	6x95g	9.90	V	2.95	<b>854242</b>									
Patchouli & Sandalwood Soap	6x95g	9.90	V	2.95	<b>854244</b>									
Shea Butter Facial Cleansing Bar	6x95g	9.90	V	2.95	<b>854250</b>									
Cocoa Butter Facial Cleansing Bar	6x95g	9.90	V	2.95	<b>854252</b>									
Fragrance Free Conditioner Bar	6x95g	18.05	V	5.40	<b>854251</b>									
Fragrance Free Shampoo Bar	6x95g	9.90	V	2.95	<b>854253</b>									
Lavender & Tea Tree Shampoo Bar	6x95g	9.90	V	2.95	<b>854254</b>									
Lavender & Geranium Conditioner Bar	6x95g	18.05	V	5.42	<b>854257</b>									
Lavender & Geranium Shampoo Bar	6x95g	9.90	V	2.95	<b>854258</b>									
Peppermint & Eucalyptus Conditioner Bar	6x95g	18.05	V	5.42	<b>854259</b>									
Peppermint & Eucalyptus Shampoo Bar	6x95g	9.90	V	2.95	<b>854260</b>									
Rosemary Soap	6x95g	9.90	V	2.95	<b>854261</b>									
Rosemary & Lime Detox Bar	6x95g	9.90	V	2.95	<b>854262</b>									
Hair, Body & Laundry - Travel Soap	6x95g	9.90	V	2.95	<b>854264</b>									
Fragrance Free Shaving Soap	6x95g	9.90	V	2.95	<b>854265</b>									
Orange & Lavender Shaving Soap	6x95g	9.90	V	2.95	<b>854266</b>									
Ylang Ylang Soap	6x95g	9.90	V	2.95	<b>854271</b>									
Soap Box - liquid wood - 10x6.7x3.7cm	6x32g	21.75	V	6.50	<b>854267</b>									
Soap Rack - Bamboo - 12x9x0.15cm	6x36g	14.20	V	4.25	<b>854269</b>									
Soap Saver - Sisal Hemp Pouch - 10.5x6.7x3.7cm	6x13g	9.90	V	2.95	<b>854272</b>									
Konjac Sponge - 10.5x6.7x3.7cm	6x14g	23.30	V	6.95	<b>854274</b>									
Aloe Vera - Naked & Natural Soap	6x95g	9.95	V	2.95	<b>854276</b>									
Cedarwood - Naked & Natural Soap	6x95g	9.95	V	2.95	<b>854278</b>									
Cinnamon - Naked & Natural Soap	6x95g	9.95	V	2.95	<b>854280</b>									
Lavender - Naked & Natural Soap	6x95g	9.95	V	2.95	<b>854282</b>									
Lemongrass & Hemp - Naked & Natural Soap	6x95g	9.95	V	2.95	<b>854284</b>									
Orange & Grapefruit - Naked & Natural Soap	6x95g	9.95	V	2.95	<b>854286</b>									
Patchouli & Sandalwood - Naked & Natural Soap	6x95g	9.95	V	2.95	<b>854288</b>									
Peppermint & Poppy - Naked & Natural Soap	6x95g	9.95	V	2.95	<b>854290</b>									
Rose Geranium - Naked & Natural Soap	6x95g	9.95	V	2.95	<b>854292</b>									
Rosemary - Naked & Natural Soap	6x95g	9.95	V	2.95	<b>854293</b>									
Tea & Turmeric - Naked & Natural Soap	6x95g	9.95	V	2.95	<b>854294</b>									
Ylang Ylang - Naked & Natural Soap	6x95g	9.95	V	2.95	<b>854295</b>									
<b>* <u>Green People organic children</u></b>														
Hand Sanitiser - organic children	<i>organic</i> 1x100ml	6.70	V	12.00	<b>852772</b>									
<b>* <u>Green People - Skin Care &amp; Deodorant</u></b>														
Prebiotic Foot Cream - Peppermint & Eucalyptus	1x50ml	8.90	V	16.00	<b>852726</b>									
<b>* <u>Herbatint™</u></b>														
Herbatint Point of Sale Shade Chart - foc - please quote code:-					<b>854570</b>									
◆ Application Kit (brush, measure cup, cape)	1x1p	2.30	V	4.10	<b>854587</b>									
◆ Colour Safe Shampoo	1x260ml	6.35	V	10.96	<b>857588</b>									
◆ Hydrate Shampoo	1x260ml	7.50	V	12.95	<b>857589</b>									
◆ Violet Shampoo	1x260ml	8.10	V	13.99	<b>857586</b>									
◆ Curly Conditioner	1x200ml	7.85	V	13.55	<b>857594</b>									
▲ Hydrate Conditioner	1x200ml	7.85	V	13.55	<b>857596</b>									
◆ Royal Conditioner	1x200ml	7.35	V	12.69	<b>857593</b>									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* Herbatint™ - 'basic natural' permanent hair colour gels</b>														
<p><i>Herbatint are re-branding their hair colour range and the contents. Each box now contains 60ml colour, 60ml developer, 50ml royal conditioner and a pair of gloves. All components are made of post-consumer recycled plastic and are fully recyclable. The bottle is now resealable to enable several applications. The pack does not contain shampoo as the royal conditioner locks in colour for a longer lasting effect. These new packs with instructions printed on the inside will feed through over the period of this catalogue. 9N has changed its name from Honey Blonde to Very Light Blonde</i></p>														
▲ 1N - Black - Hair Colour	1x1p	6.95 V	12.00		<b>854605</b>									
▲ 2N - Brown - Hair Colour	1x1p	6.95 V	12.00		<b>854610</b>									
▲ 3N - Dark Chestnut - Hair Colour	1x1p	6.95 V	12.00		<b>854611</b>									
▲ 4N - Chestnut - Hair Colour	1x1p	6.95 V	12.00		<b>854612</b>									
▲ 5N - Light Chestnut - Hair Colour	1x1p	6.95 V	12.00		<b>854642</b>									
▲ 6N - Dark Blonde - Hair Colour	1x1p	6.95 V	12.00		<b>854622</b>									
▲ 7N - Blonde - Hair Colour	1x1p	6.95 V	12.00		<b>854607</b>									
▲ 8N - Light Blonde - Hair Colour	1x1p	6.95 V	12.00		<b>854640</b>									
▲ 9N - Very Light Blonde - Hair Colour	1x1p	6.95 V	12.00		<b>854637</b>									
▲ 10N - Platinum Blonde - Hair Colour	1x1p	6.95 V	12.00		<b>854665</b>									
<b>* Herbatint™ - 'golden' permanent hair colour gels</b>														
▲ 4D - Golden Chestnut - Hair Colour	1x1p	6.95 V	12.00		<b>854632</b>									
▲ 5D - Light Golden Chestnut - Hair Colour	1x1p	6.95 V	12.00		<b>854652</b>									
▲ 6D - Dark Golden Blonde - Hair Colour	1x1p	6.95 V	12.00		<b>854625</b>									
▲ 7D - Golden Blonde - Hair Colour	1x1p	6.95 V	12.00		<b>854630</b>									
▲ 8D - Light Golden Blonde - Hair Colour	1x1p	6.95 V	12.00		<b>854650</b>									
<b>* Herbatint™ - 'mahogany' permanent hair colour gels</b>														
▲ 4M - Mahogany Chestnut - Hair Colour	1x1p	6.95 V	12.00		<b>854660</b>									
▲ 5M - Light Mahogany Chestnut - Hair Colour	1x1p	6.95 V	12.00		<b>854655</b>									
▲ 7M - Mahogany Blonde - Hair Colour	1x1p	6.95 V	12.00		<b>854657</b>									
<b>* Herbatint™ - 'copper' permanent hair colour gels</b>														
▲ 4R - Copper Chestnut - Hair Colour	1x1p	6.95 V	12.00		<b>854617</b>									
▲ 5R - Light Copper Chestnut - Hair Colour	1x1p	6.95 V	12.00		<b>854647</b>									
▲ 7R - Copper Blonde - Hair Colour	1x1p	6.95 V	12.00		<b>854615</b>									
▲ 8R - Light Copper Blonde - Hair Colour	1x1p	6.95 V	12.00		<b>854645</b>									
<b>* Herbatint™ - 'ash' permanent hair colour gels</b>														
<p><i>10C has changed its name from Swedish Blonde to Platinum Ash Blonde</i></p>														
▲ 4C - Ash Chestnut - Hair Colour	1x1p	6.95 V	12.00		<b>854648</b>									
▲ 5C - Light Ash Chestnut - Hair Colour	1x1p	6.95 V	12.00		<b>854651</b>									
▲ 6C - Dark Ash Blonde - Hair Colour	1x1p	6.95 V	12.00		<b>854653</b>									
▲ 7C - Ash Blonde - Hair Colour	1x1p	6.95 V	12.00		<b>854649</b>									
▲ 8C - Light Ash Blonde - Hair Colour	1x1p	6.95 V	12.00		<b>854656</b>									
▲ 10C - Platinum Ash Blonde - Hair Colour	1x1p	6.95 V	12.00		<b>854658</b>									
<b>* Herbatint™ - Flash Fashion permanent hair colour gels</b>														
▲ FF2 - Crimson Red - Hair Colour	1x1p	6.95 V	12.00		<b>854620</b>									
▲ FF4 - Violet - Hair Colour	1x1p	6.95 V	12.00		<b>854672</b>									
▲ FF5 - Sand Blonde - Hair Colour	1x1p	6.95 V	12.00		<b>854670</b>									
▲ FF6 - Orange - Hair Colour	1x1p	6.95 V	12.00		<b>854662</b>									
<b>* Herbatint™ - organic vegan semi permanent hair powders</b>														
Moon Light Power - Hair Colour	organic 1x1p	6.70 V	11.57		<b>854674</b>									
Hot Chocolate Power - Hair Colour	organic 1x1p	6.70 V	11.57		<b>854676</b>									
Warm Chestnut Power - Hair Colour	organic 1x1p	6.70 V	11.57		<b>854678</b>									
Pure Caramel Power - Hair Colour	organic 1x1p	6.70 V	11.57		<b>854680</b>									
Henna Love Power - Hair Colour	organic 1x1p	6.70 V	11.57		<b>854682</b>									
Cherry Red Power - Hair Colour	organic 1x1p	6.70 V	11.57		<b>854684</b>									
Honey Blonde Power - Hair Colour	organic 1x1p	6.70 V	11.57		<b>854686</b>									
Neutral Cassia Power - Hair Colour	organic 1x1p	6.70 V	11.57		<b>854688</b>									
<b>* Herbatint™ - vegan Temporary Hair Touch-Up Sticks</b>														
Temporary Hair Touch-Up - Black	organic 6x10ml	33.48 V	9.99		<b>854690</b>									
Temporary Hair Touch-Up - Blonde	organic 6x10ml	33.48 V	9.99		<b>854692</b>									
Temporary Hair Touch-Up - Dark Chestnut	organic 6x10ml	33.48 V	9.99		<b>854694</b>									
Temporary Hair Touch-Up - Light Chestnut	organic 6x10ml	33.48 V	9.99		<b>854696</b>									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Higher Nature - grapefruit seed extract</u></b>														
Citricidal liquid	1x25ml	5.55	V	9.95	855015									
Citricidal liquid	1x45ml	8.35	V	14.95	855020									
Citricidal liquid	1x100ml	16.70	V	29.95	855022									
<b>* <u>Hydrophil</u></b>														
Konjac Sponge	1x1p	4.15	V	6.67	855033									
Soap Pouch - Sisal	10x1	25.20	V	4.05	855035									
Travel Soap Box - Stainless Steel	6x1	15.30	V	4.10	855036									
Cotton Swabs	10x100p	15.85	V	2.54	855038									
<b>* <u>incognito - www.lessmosquito.com</u></b>														
2015 Winner Queen's Award for Enterprise - Sustainable Development see the Candles & Incense section for the rest of this anti-insect range														
incognito - anti-mosquito spray	6x100ml	43.65	V	12.34	855040									
incognito - Mini - anti-mosquito spray	6x50ml	26.85	V	7.67	822042									
Kids Insect Repellent - Spray	6x100ml	43.65	V	12.34	855043									
Roll On Natural Insect Repellent	1x50ml	5.60	V	9.55	855045									
Incognito Insect Repellent Lotion	1x100ml	8.40	V	14.38	855048									
Suncream Insect Repellent SPF30	1x100ml	14.00	V	23.97	855050									
After-Sun Moisturiser	1x200ml	8.95	V	15.33	855080									
Hair & Body Wash	1x200ml	5.60	V	9.61	855085									
incognito Crystal Deodorant - Java Citronella	1x60g	3.35	V	5.84	855090									
Zap-Ease - insect bite relief gadget	6x1p	33.60	V	9.59	855092									
<b>* <u>incognito - soaps</u></b>														
Luxury Soap - citronella	6x100g	20.15	V	5.76	855095									
Loofah Soap	1x55g	4.50	V	7.71	855110									
<b>* <u>La Droguerie Ecologique organic vegan palm oil free toiletries</u></b>														
10 washable cotton coloured facial pads in a drawstring bag	1xbag	8.25	V	14.14	855118									
<b>* <u>Lavera - Basis Sensitive Vegan Body Care - NaTrue Certified</u></b>														
Basis Sensitive Roll-on Deodorant	4x50ml	21.65	V	9.75	855460									
Basis Sensitive Deodorant Spray	4x75ml	26.30	V	11.84	855462									
Hand Cream	4x75ml	13.00	V	5.85	855464									
Rich Body Lotion	4x250ml	25.20	V	11.35	855468									
<b>* <u>Lavera - Basis Sensitive Facial Care - NaTrue certified</u></b>														
Q10 Moisturising Face Cream - anti ageing	<i>organic</i> 4x50ml	42.55	V	19.15	855499									
<b>* <u>Lavera - Men's Care Range</u></b>														
Gentle Shaving Foam	4x150ml	20.75	V	9.35	855345									
Aftershave Balm - tube	4x50ml	20.75	V	9.35	855351									
Men's Moisturising Cream	4x30ml	28.75	V	12.95	855363									
Men's 3 in 1 Shower Gel	4x200ml	16.75	V	7.53	855367									
Men's Deodorant Roll On 24hr	4x50ml	21.65	V	9.75	855359									
<b>* <u>Mooncup Ltd - www.mooncup.co.uk</u></b>														
"Best Buy" - Ethical Consumer Magazine For any queries - advice@mooncup.co.uk Advice Centre - phone 01273 673845 No VAT should be charged to end user.														
Mooncup size A - larger	1x1p	14.75		22.40	900490									
Mooncup size B - smaller	1x1p	14.75		22.40	900492									
<b>* <u>Natracare Baby - see "Baby" Section</u></b>														
<b>* <u>Natracare - www.natracare.com</u></b>														
Certified Organic Vegan 100% Cotton Tampons No VAT should be charged to end user.														
Regular Tampons	<i>organic</i> 12x20	27.30		3.19	900505									
Regular Tampons	<i>organic</i> 20x10	29.85		2.09	900506									
Regular Applicator Tampons	<i>organic</i> 12x16	30.75		3.59	900507									
Super Tampons	<i>organic</i> 12x20	28.15		3.29	900510									
Super Tampons	<i>organic</i> 20x10	31.25		2.19	900512									
Super Applicator Tampons	<i>organic</i> 12x16	32.45		3.79	900513									
Super-PLUS Tampons	<i>organic</i> 12x20	30.75		3.59	900514									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Natracare - www.natracare.com</u></b>														
<b>Natural Pads &amp; Panty Liners - vegan</b>														
<b>No VAT should be charged to end user.</b>														
Wrapped Normal Panty Liners	10x18	14.60		2.09	900508									
Cotton Panty Liners - Ultra Thin	16x22	27.85		2.49	900511									
Mini Panty Liners	10x30	14.15		2.09	900509									
Curved Panty Liners	16x30	22.60		2.09	900516									
Tanga-style Panty Liners	16x30	22.60		2.09	900518									
Wrapped Long Panty Liners	10x16	14.60		2.09	900515									
Night Time Maxi Pads	12x10	25.65		3.19	900517									
Regular Maxi Pads	12x14	20.80		2.59	900525									
Super Maxi Pads	12x12	20.80		2.59	900530									
Regular Ultra Pads with Wings	12x14	22.60		2.69	900535									
Super Ultra Pads with Wings	12x12	22.60		2.69	900537									
Ultra Pads with Wings - Long	12x10	22.60		2.69	900538									
Ultra Pads Super Plus	12x12	22.60		2.69	900539									
Ultra Extra Pads - Normal	12x12	22.60		2.69	900542									
Ultra Extra Pads - Super	12x10	22.60		2.69	900545									
Ultra Extra Pads - Long	12x8	22.60		2.69	900548									
<b>* <u>Natracare - wipes - vegan</u></b>														
◆ Intimate Wipes Sachet	<i>organic</i>	24x12p	34.70 V	2.59	900540									
◆ Safe To Flush Moist Tissues		16x30p	21.35 V	2.29	900541									
<b>* <u>Natracare - incontinence - vegan</u></b>														
<b>No VAT should be charged to end user, only between businesses.</b>														
◆ Dry & Light Slim Incontinence Pads		6x20	17.60	4.19	900570									
◆ Dry & Light Plus Incontinence Pads		6x16	20.10	4.79	900572									
<b>* <u>Natracare - maternity - vegan</u></b>														
<b>No VAT should be charged to end user.</b>														
◆ Maternity Pads		10x10	21.60	3.09	900580									
◆ Nursing Pads		12x26	22.95	2.73	900582									
<b>* <u>Natracare - make-up removal - vegan</u></b>														
◆ Cleansing Make-Up Removal Wipes	<i>organic</i>	14x20	37.45 V	4.59	855960									
<b>* <u>Nitty Gritty</u></b>														
NitFree Comb - single		1x1p	9.60 V	15.36	855385									
Aromatherapy Head Lice Kit (comb & solution)		1x1p	8.30 V	13.28	855390									
Head Lice - Defence Spray		1x250ml	8.40 V	13.44	855395									
<b>* <u>Odyskin organic vegan reef-friendly sun care</u></b>														
Sunscreen SPF 30 - metal tube	<i>organic</i>	1x75ml	12.15 V	21.90	857544									
Sunscreen SPF 50 - metal tube	<i>organic</i>	1x75ml	12.70 V	22.90	857546									
Tinted Sunstick SPF50 - card tube	<i>organic</i>	1x25g	8.20 V	14.79	857549									
Tube Squeezing Key	<i>organic</i>	1x1p	2.70 V	4.90	857547									
After Sun Milk - glass jar	<i>organic</i>	1x100ml	8.25 V	14.90	857548									
<b>* <u>Oliva</u></b>														
Olive Oil Soap		6x125g	6.50 V	1.95	857605									
Bulk Olive Oil Soap		6x600g	14.15 V	4.23	857607									
Olive Oil Soap with Aloe Vera		12x100g	13.05 V	1.96	857608									
Olive Oil Soap with Tea Tree		12x100g	13.05 V	1.96	857609									
<b>* <u>Organii - bodycare - SLS-free</u></b>														
SPF15 Anti Ageing Facial Sun Cream	<i>organic</i>	1x50ml	9.40 V	16.90	857669									
SPF30 Sun Lotion	<i>organic</i>	1x100ml	11.05 V	19.86	857671									
SPF50 Sun Milk	<i>organic</i>	1x125ml	15.50 V	27.79	857674									
<b>* <u>Patch</u></b>														
▲ Patch plasters - 25 in a tub		3x1p	15.35 V	8.20	857680									
▲ Patch large plasters - 10 in a box		5x1p	30.00 V	9.60	857682									
<b>* <u>Pure Potions is now Balmonds under B</u></b>														

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Rio Rosa Mosqueta - vegan</u></b>														
Rosa Mosqueta Oil - small	1x20ml	7.75	V	13.97	858240									
Rosa Mosqueta Oil - large	1x50ml	14.99	V	26.93	858242									
Day & Night Cream - Rosa Mosqueta	1x50ml	10.45	V	18.76	858245									
Antioxidant Facial Oil - Rosa Mosqueta	1x30ml	15.95	V	28.57	858271									
<b>* <u>Shade sunscreen in a tin</u></b>														
Shade All-Natural Sunscreen - SPF 25 - mini	24x15ml	53.00	V	3.79	858292									
Shade All-Natural Sunscreen - SPF 25	6x100ml	44.20	V	12.63	858295									
<b>* <u>Simply Gentle Cotton Wool</u></b>														
Cotton Wool Balls	organic 24x100pcs	34.30	V	2.39	973050									
Cotton Wool Buds	organic 24x200pcs	34.30	V	2.39	973055									
Cotton Wool Pads	organic 24x100pcs	34.30	V	2.39	973060									
Cotton Wool Pleats	organic 24x100gm	34.30	V	2.39	973065									
<b>* <u>Urtekram - deodorants</u></b>														
Crystal Deodorant - Aloe Vera - roll-on	organic 6x50ml	21.50	V	6.14	858660									
Crystal Deodorant - Rose - roll-on	organic 6x50ml	21.50	V	6.14	858665									
Crystal Deo - Sensitive Skin - Fragrance Free - roll-on	organic 6x50ml	20.65	V	5.90	858663									
Deodorant - Coconut - roll-on	organic 6x50ml	21.50	V	6.14	858667									
◆ Cream Deo - Men's - roll-on	organic 6x50ml	27.95	V	7.99	859097									
<b>* <u>Urtekram - hair care</u></b>														
Conditioner - Aloe Vera - regenerating	organic 6x180ml	21.85	V	6.25	858706									
Conditioner - Camomile - blond hair	organic 6x180ml	21.85	V	6.25	858709									
Conditioner - Coconut - normal hair	organic 6x180ml	21.85	V	6.25	858711									
Conditioner - Nettle - anti dandruff	organic 6x250ml	21.85	V	6.25	858714									
Conditioner - Nordic Berries - repairing	organic 6x180ml	21.85	V	6.25	858858									
Conditioner - Rose - pure indulgement	organic 6x180ml	21.85	V	6.25	858859									
Spray Conditioner - Rosemary - fine hair	organic 6x250ml	21.85	V	6.25	858716									
Spray Conditioner - Tea Tree - irritated scalp	organic 6x250ml	21.85	V	6.25	858719									
Shampoo - Aloe Vera - normal hair	organic 6x250ml	25.35	V	7.23	858725									
Shampoo - Camomile - blond hair	organic 6x250ml	25.35	V	7.25	858735									
Shampoo - Coconut - normal hair	organic 6x250ml	25.35	V	7.25	858737									
Shampoo - Hemp - strengthening	organic 6x250ml	25.35	V	7.25	858738									
Shampoo - Lavender - shine	organic 6x250ml	25.35	V	7.25	858739									
Shampoo - Nettle - anti dandruff	organic 6x250ml	25.35	V	7.25	858745									
Shampoo - Nordic Berries	organic 6x250ml	25.35	V	7.25	858862									
Shampoo - Rasul - volume	organic 6x250ml	25.35	V	7.25	858750									
Shampoo - Rose - normal hair	organic 6x250ml	25.35	V	7.25	858755									
Shampoo - Rosemary - fine hair	organic 6x250ml	25.35	V	7.25	858760									
Shampoo - Tea Tree - irritated scalp	organic 6x250ml	25.35	V	7.25	858762									
<b>* <u>Urtekram - soaps and shower gels</u></b>														
Shower Gel - Aloe Vera	organic 6x500ml	36.75	V	10.52	858863									
Shower Gel - Rose	organic 6x500ml	36.75	V	10.52	858881									
◆ Hair & Body Wash - Men's	organic 6x200ml	28.85	V	8.25	858882									
Liquid Hand Soap - Coconut	organic 6x300ml	25.20	V	7.21	858869									
Liquid Hand Soap - Rose	organic 6x300ml	25.20	V	7.21	858872									
<b>* <u>Urtekram - skincare</u></b>														
Aloe Vera Gel	organic 6x100ml	27.10	V	7.74	858877									
Body Lotion - Coconut	organic 6x245ml	31.30	V	8.94	859125									
◆ Face Cream - Men's	organic 6x75ml	31.45	V	8.99	859129									
◆ Face Wash - Men's	organic 6x150ml	31.45	V	8.99	859133									
Body Lotion - Rose	organic 6x245ml	31.30	V	8.94	859131									
Hand Cream - Aloe Vera	organic 6x75ml	19.60	V	5.61	859105									
Hand Cream - Rose	organic 6x75ml	19.60	V	5.61	859110									
Foot Cream - Aloe Vera	organic 6x75ml	19.20	V	5.49	859115									
Moisturising Day Cream - Wild Lemongrass	organic 8x50ml	62.95	V	13.49	859116									
Moisturising Night Cream - Wild Lemongrass	organic 8x50ml	65.25	V	13.99	859117									
Refreshing Cleansing Gel - Wild Lemongrass	organic 6x150ml	43.70	V	12.49	859118									
Refreshing Micellar Water - Wild Lemongrass	organic 6x250ml	32.50	V	9.29	859119									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Urtekram - Spa Range</u></b>														
Anti Dandruff Shampoo - Sweet Ginger Flower	<i>organic</i>	6x250ml	25.35 V	7.24	<b>859087</b>									
Anti Dandruff Conditioner - Sweet Ginger Flower	<i>organic</i>	6x180ml	23.95 V	6.84	<b>859088</b>									
Body Wash - Sweet Ginger Flower	<i>organic</i>	6x200ml	28.70 V	8.21	<b>859091</b>									
Ultimate Repair Shampoo - Spicy Orange Blossom	<i>organic</i>	6x250ml	25.35 V	7.24	<b>859090</b>									
Ultimate Repair Conditioner - Spicy Orange Blossom	<i>organic</i>	6x180ml	23.95 V	6.84	<b>859092</b>									
Hand Wash - Spicy Orange Blossom	<i>organic</i>	6x300ml	24.45 V	6.99	<b>859094</b>									
Hand Wash - Wild Lemongrass	<i>organic</i>	6x300ml	24.45 V	6.99	<b>859102</b>									
◆ Shampoo - Wild Lemongrass	<i>organic</i>	6x500ml	45.45 V	12.99	<b>859135</b>									
◆ Body Wash - Wild Lemongrass	<i>organic</i>	6x500ml	47.20 V	13.49	<b>859137</b>									
◆ Sensitive Scalp Shampoo Fragrance Free	<i>organic</i>	6x250ml	25.35 V	7.25	<b>858751</b>									
◆ Sensitive Scalp Shampoo Fragrance Free	<i>organic</i>	6x500ml	45.45 V	12.99	<b>859139</b>									
◆ Sensitive Scalp Conditioner Fragrance Free	<i>organic</i>	6x180ml	23.95 V	6.85	<b>858852</b>									
◆ Sensitive Skin Body Lotion Fragrance Free	<i>organic</i>	6x245ml	31.15 V	8.90	<b>859120</b>									
◆ Sensitive Skin Body Wash Fragrance Free	<i>organic</i>	6x200ml	28.70 V	8.21	<b>858876</b>									
◆ Sensitive Skin Body Wash Fragrance Free	<i>organic</i>	6x500ml	47.20 V	13.49	<b>859147</b>									
◆ Sensitive Skin Hand Cream - Fragrance Free	<i>organic</i>	6x75ml	20.30 V	5.81	<b>859124</b>									
◆ Sensitive Skin Hand Wash - Fragrance Free	<i>organic</i>	6x300ml	24.45 V	6.99	<b>858879</b>									
◆ Maximum Shine Shampoo - Soothing Lavender	<i>organic</i>	6x250ml	25.35 V	7.24	<b>859134</b>									
◆ Maximum Shine Conditioner - Soothing Lavender	<i>organic</i>	6x180ml	23.95 V	6.84	<b>859136</b>									
◆ Body Lotion - Soothing Lavender	<i>organic</i>	6x245ml	31.15 V	8.90	<b>859121</b>									
◆ Maximum Shine Shampoo - Soothing Lavender	<i>organic</i>	6x500ml	45.45 V	12.99	<b>859086</b>									
◆ Body Wash - Soothing Lavender	<i>organic</i>	6x200ml	28.70 V	8.21	<b>858874</b>									
◆ Body Wash - Soothing Lavender	<i>organic</i>	6x500ml	47.20 V	13.49	<b>859096</b>									
◆ Hand Cream - Soothing Lavender	<i>organic</i>	6x75ml	20.30 V	5.81	<b>859123</b>									
◆ Handwash - Soothing Lavender	<i>organic</i>	6x300ml	24.45 V	6.99	<b>859138</b>									
<b>* <u>Weleda - Almond facial skin care</u></b>														
For sensitive skin...														
Almond Soothing Cleansing Lotion - Vegan		6x75ml	45.30 V	12.94	<b>859205</b>									
Almond Soothing Facial Cream	<i>organic</i>	6x30ml	66.35 V	18.95	<b>859210</b>									
Almond Soothing Facial Lotion		6x30ml	67.35 V	19.24	<b>859215</b>									
Almond Soothing Facial Oil (single) - Vegan	<i>organic</i>	1x50ml	13.40 V	22.95	<b>859220</b>									
<b>* <u>Weleda - Pomegranate - regenerating</u></b>														
Pomegranate Firming Eye Cream - fragrance-free -single		1x10ml	18.20 V	31.24	<b>859472</b>									
Pomegranate Regenerating Hand Cream		6x50ml	50.75 V	14.50	<b>859480</b>									
Pomegranate Regenerating Body Oil - single		1x100ml	16.90 V	28.95	<b>859485</b>									
<b>* <u>Weleda - Wild Rose facial and body skin care - normal to dry skin</u></b>														
From the onset of fine lines...														
Wild Rose Smoothing Day Cream		6x30ml	73.30 V	20.95	<b>859230</b>									
Wild Rose Smoothing Night Cream		6x30ml	76.80 V	21.95	<b>859235</b>									
Wild Rose Smoothing Eye Cream (single)		1x10ml	12.20 V	20.95	<b>859240</b>									
Wild Rose Body Oil (single)		1x100ml	17.45 V	29.95	<b>859242</b>									
Wild Rose Deodorant Spray		6x100ml	55.80 V	15.95	<b>859243</b>									
<b>* <u>Weleda - Body Lotions</u></b>														
Citrus Refreshing Body Lotion (single) - normal skin		1x200ml	7.55 V	12.92	<b>859247</b>									
<b>* <u>Weleda - facial cleansing range -Vegan</u></b>														
For use with all Weleda skin care...														
Gentle Cleansing Milk (single)		1x100ml	7.55 V	12.96	<b>859250</b>									
One Step Cleanser & Toner (single)		1x100ml	10.05 V	17.27	<b>859255</b>									
<b>* <u>Weleda - bath &amp; shower range - Vegan</u></b>														
Lavender Relaxing Bath Milk (single)		1x200ml	9.85 V	16.87	<b>859260</b>									
Pearl Scrub	<i>organic</i>	6x150ml	41.80 V	11.95	<b>859264</b>									
Refresh Citrus Body Wash	<i>organic</i>	6x200ml	28.85 V	8.23	<b>859266</b>									
Vitality Sea Buckthorn Creamy Body Wash	<i>organic</i>	6x200ml	28.85 V	8.23	<b>859276</b>									
<b>* <u>Weleda - body care range</u></b>														
Sea Buckthorn Hand Cream		6x50ml	47.25 V	13.51	<b>859285</b>									
Skin Food - large		6x75ml	52.30 V	14.96	<b>859290</b>									
Skin Food - small		6x30ml	31.30 V	8.95	<b>859295</b>									
Citrus Deodorant - Spray - Vegan		6x100ml	41.85 V	11.95	<b>859305</b>									
Sage Deodorant - Spray - Vegan		6x100ml	41.85 V	11.95	<b>859310</b>									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Weleda - shaving</u></b>														
Shaving Cream	6x75ml	34.85	V	9.95	<b>859405</b>									
After Shave Balm (single)	1x100ml	7.55	V	12.95	<b>859410</b>									
<b>* <u>Weleda - baby range</u></b>														
Calendula Face Cream	6x50ml	36.75	V	10.51	<b>859315</b>									
Calendula Cream Bath	6x200ml	51.65	V	14.77	<b>859320</b>									
Calendula Lotion	6x200ml	40.25	V	11.50	<b>859325</b>									
Calendula Nappy Change Cream	6x75ml	27.10	V	7.73	<b>859330</b>									
Calendula Oil - Vegan	6x200ml	40.25	V	11.50	<b>859335</b>									
Calendula Shampoo & Bodywash - Vegan	6x200ml	28.85	V	8.25	<b>859340</b>									
Calendula Weather Protection Cream	6x30ml	34.10	V	9.76	<b>859345</b>									
<b>* <u>Yaoh - Organic Hemp Seed Oil Bodycare - www.yaoh.co.uk</u></b>														
Hemp Shower Gel	6x240ml	26.60	V	7.95	<b>859060</b>									
Hemp Moisturiser - Original	6x56g	26.80	V	7.99	<b>859065</b>									
Hemp Moisturiser - Mandarin & Grapefruit	6x56g	26.80	V	7.99	<b>859056</b>									
Hemp Moisturiser - Tea Tree	6x56g	26.80	V	7.99	<b>859058</b>									
Hemp Healing Salve	6x56g	26.80	V	7.99	<b>859067</b>									
Hemp Sunblock 25	6x200ml	50.20	V	15.00	<b>859071</b>									
Hemp Lip Balm - Blueberry	36x4g	70.55	V	3.50	<b>859076</b>									
Hemp Lip Balm - Coconut	36x4g	70.55	V	3.50	<b>859077</b>									
Hemp Lip Balm - Mango	36x4g	70.55	V	3.50	<b>859080</b>									
Hemp Lip Balm - Natural	36x4g	70.55	V	3.50	<b>859081</b>									
Hemp Lip Balm - Spearmint	36x4g	70.55	V	3.50	<b>859082</b>									
Hemp Lip Balm - Watermelon	36x4g	70.55	V	3.50	<b>859084</b>									
Lip Balm Mix (of up to 9 flavours)	36x4g	70.55	V	3.50	<b>859085</b>									
<b>* <u>Zaytoun Fair trade bodycare</u></b>														
Dead Sea Salt - pouch	6x750g	23.20	V	6.19	<b>859521</b>									
Honey Olive Oil Soap Bar	12x100g	31.65	V	4.22	<b>859522</b>									
Lemon Olive Oil Soap Bar	12x100g	31.65	V	4.22	<b>859523</b>									
Pure Olive Oil Soap Bar	12x100g	31.65	V	4.22	<b>859525</b>									
Rose Olive Oil Soap Bar	12x100g	31.65	V	4.22	<b>859527</b>									
Sage Olive Oil Soap Bar	12x100g	31.65	V	4.22	<b>859528</b>									
<b>■ Toothpaste, Brushes &amp; Oral Hygiene</b>														
<b>* <u>Aloe Dent - fluoride-free</u></b>														
<p><i>New and on offer from Aloe Dent, a vegan and fluoride-free probiotic toothpaste and mouthwash. <b>Probiotic Toothpaste</b> is expertly formulated with a probiotic complex Lactobacillus, to protect the mouth's natural biome, support gum health, prevent plaque and freshen breath. <b>Probiotic Mouthwash</b> is alcohol-free and cleans teeth, freshens breath and soothes gums, supporting positive oral health. Both are minty fresh in recyclable packaging. The pricing below represents a discount of 15%.</i></p>														
<input type="checkbox"/>	Charcoal Toothpaste - fluoride-free	6x100ml	15.65	V	4.67	<b>881446</b>								
<input type="checkbox"/>	Coconut Toothpaste - fluoride-free	6x100ml	15.65	V	4.67	<b>881448</b>								
<input type="checkbox"/>	Probiotic Toothpaste - fluoride-free - New!	6x75ml	17.30	V	5.08	<b>881449</b>								
<input type="checkbox"/>	Sensitive Toothpaste - fluoride-free	6x100ml	15.65	V	4.67	<b>881450</b>								
<input type="checkbox"/>	Triple Action Toothpaste - fluoride-free	6x100ml	15.65	V	4.67	<b>881451</b>								
<input type="checkbox"/>	Whitening Toothpaste - fluoride-free	6x100ml	15.65	V	4.67	<b>881452</b>								
<input type="checkbox"/>	Mouthwash - fluoride-free	6x250ml	14.20	V	4.23	<b>881455</b>								
<input type="checkbox"/>	Probiotic Mouthwash - fluoride-free - New!	6x250ml	17.30	V	5.08	<b>881456</b>								
<input type="checkbox"/>	Children's Toothpaste (strawberry) - fluoride-free	6x50ml	11.35	V	3.39	<b>881457</b>								
<b>* <u>Aloe Dent - with fluoride</u></b>														
<p><i>On offer is Aloe Dent toothpaste with fluoride, the pricing below represents a discount of 15%.</i></p>														
<input type="checkbox"/>	Fluoride Sensitive Toothpaste	6x100ml	17.05	V	5.08	<b>881465</b>								
<input type="checkbox"/>	Fluoride Whitening Toothpaste	6x100ml	17.05	V	5.08	<b>881467</b>								
<b>* <u>Ben &amp; Anna - organic, vegan, dental care</u></b>														
	Black Toothpaste Fluoride - tube	organic	1x75ml	3.30	V	5.65	<b>881471</b>							
	Cinnamon Orange Toothpaste Fluoride - tube	organic	1x75ml	3.30	V	5.65	<b>881472</b>							
	Coco Mania Toothpaste Fluoride - tube	organic	1x75ml	3.30	V	5.65	<b>881473</b>							
	Spearmint Toothpaste Fluoride - tube	organic	1x75ml	3.30	V	5.65	<b>881474</b>							
	White Toothpaste Fluoride - tube	organic	1x75ml	3.30	V	5.65	<b>881475</b>							
	Wildberry Toothpaste Fluoride - tube	organic	1x75ml	3.30	V	5.65	<b>881476</b>							

▲ price rise ▼ fall

\* new product  on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Black Natural Toothpaste - with activated charcoal	organic 1x100ml	4.95	V	8.51	881480									
Orange with Fluoride Toothpaste	organic 1x100ml	4.95	V	8.51	881482									
Sensitive Natural Toothpaste	organic 1x100ml	4.95	V	8.51	881484									
White with Fluoride Toothpaste	organic 1x100ml	4.95	V	8.51	881488									
White Natural Toothpaste	organic 1x100ml	4.95	V	8.51	881490									
<b>* Dr Bronner - 70% Organic ingredients, fluoride-free, low foaming</b>														
Peppermint Toothpaste	organic 12x105ml	62.65	V	8.95	881235									
Spearmint Toothpaste	organic 12x105ml	62.65	V	8.95	881236									
<b>* Ecoliving</b>														
Eco Floss biodegradable dental floss card dispenser	6x50m	14.30	V	3.92	881245									
Eco Floss refill biodegradable dental floss	16x2x50m	47.55	V	4.88	881246									
<b>* Food Alive - Bio-White tooth powders</b>														
Lemon Bio-White Tooth Powder - plastic	12x35g	29.60	V	3.95	881250									
Peppermint Bio-White Tooth Powder - plastic	12x35g	29.60	V	3.95	881252									
Lemon Bio-White Tooth Powder - glass	12x35g	45.00	V	5.99	881254									
Peppermint Bio-White Tooth Powder - glass	12x35g	45.00	V	5.99	881256									
Lemon Bio-White Tooth Powder - refill	10x35g	24.65	V	3.95	881258									
Peppermint Bio-White Tooth Powder refill	10x35g	24.65	V	3.95	881259									
<b>* Georganics</b>														
<p><i>New and on offer from Georganics, vegan gluten-free <b>GeoKids Fluoride Toothpaste - Strawberry</b>. This non foaming formula has been specially designed for children. It contains caries-preventing Erythritol and remineralising Hydroxyapatite with a nice strawberry flavour. It is packaged in a glass jar with a metal lid in a card box. The pricing below represents a discount of 20% on the fluoride range marked □ below.</i></p>														
□ Fluoride Toothpaste - Activated Charcoal	10x60ml	27.60	V	4.73	881281									
Activated Charcoal - Coconut Oil Toothpaste	10x60ml	34.50	V	5.91	881260									
Activated Charcoal - Oil Pulling Mouthwash	10x100ml	39.50	V	6.77	881264									
Activated Charcoal - Bicarbonate Tooth Tablets	10x120tabs	49.50	V	8.49	881263									
□ Fluoride Toothpaste - English Peppermint	10x60ml	27.60	V	4.73	881283									
English Peppermint - Coconut Oil Toothpaste	10x60ml	34.50	V	5.91	881282									
English Peppermint - Bicarbonate Toothpowder	10x60ml	34.50	V	5.91	881288									
English Peppermint - Bicarbonate Mouthwash Tablets	10x180tabs	49.50	V	8.49	881291									
English Peppermint - Bicarbonate Tooth Tablets	10x120tabs	49.50	V	8.49	881292									
Eucalyptus - Bicarbonate Mouthwash Tablets	10x180tabs	44.50	V	7.63	881298									
□ Fluoride Toothpaste - Sweet Orange	10x60ml	27.60	V	4.73	881285									
□ GeoKids Fluoride Toothpaste - Strawberry - New!	10x60ml	27.60	V	4.73	881287									
Orange - Bicarbonate Mouthwash Tablets	10x180tabs	49.50	V	8.49	881262									
Kids' Orange Corn Floss - plant wax - 50m	20x50m	49.00	V	4.20	881500									
Refill Kids' Orange Corn Floss - plant wax - 100m	20x2x50m	69.00	V	5.91	881502									
□ Spearmint Corn Floss - minty plant wax - 50m	20x50m	39.25	V	3.36	881504									
Natural Beech Toothbrush - Soft	20x1	39.00	V	3.34	861400									
Natural Beech Toothbrush - Medium	20x1	39.00	V	3.34	861404									
Natural Beech Toothbrush - Firm	20x1	39.00	V	3.34	861408									
Kid's Beech Toothbrush - Soft	20x1	39.00	V	3.34	861412									
Bamboo Toothpaste Spatula	50x1	25.00	V	0.86	861414									
<b>* Hydrophil</b>														
<p><i>New from Hydrophil, a change in their bamboo toothbrush range. They are now offering a 'Premium' range. The bristles follow a curved brush head profile with high-low filaments for improved cleaning of interdental spaces. There are three 'Premium' mixed packs: <b>Medium - 6 blue &amp; 6 natural, Soft - 6 cyan &amp; 6 natural and Super Soft - 6 purple &amp; 6 natural</b>. There are also two new kids toothbrushes in a double pack for the same price as the single packs. The two styles are: <b>Kids Red Hippo Bamboo Toothbrush - Soft and Kids Blue Otter Bamboo Toothbrush - Soft</b>.</i></p>														
Light Blue Bamboo Toothbrush - Medium	12x1	30.60	V	4.10	859550									
Dark Blue Bamboo Toothbrush - Soft	12x1	30.60	V	4.10	859554									
Red Bamboo Toothbrush - Medium	12x1	30.60	V	4.10	859558									
Natural Bamboo Toothbrush - Medium	12x1	30.60	V	4.10	859564									
Violet Bamboo Toothbrush - Extra Soft	12x1	30.60	V	4.10	859565									
Kids Blue Bamboo Toothbrush - Soft	12x1	30.60	V	4.10	859566									
Kids Red Bamboo Toothbrush - Soft	12x1	30.60	V	4.10	859568									
* Premium Medium Mixed Pack Toothbrushes - blue & natural	12x1	30.60	V	4.10	859569									
* Premium Soft Mixed Pack Toothbrushes - blue & natural	12x1	30.60	V	4.10	859570									
* Premium Super Soft Mixed Pack Toothbrushes - purple & natural	12x1	30.60	V	4.10	859571									
* Kids Red Hippo Bamboo Toothbrush - Soft double pack	12x2p	30.60	V	4.10	859573									
* Kids Blue Otter Bamboo Toothbrush - Soft double pack	12x2p	30.60	V	4.10	859574									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Toothbrush Case - Bamboo	12x1	69.00	V	9.22	859572									
Blue Toothbrush Holder - Ceramic	12x1	61.35	V	8.18	859576									
Interdental brush 0.4 mm ISO 0	10x6p	25.00	V	4.00	859580									
Interdental brush 0.45 mm ISO 1	10x6p	25.00	V	4.00	859581									
Interdental brush 0.5 mm ISO 2	10x6p	25.00	V	4.00	859582									
Interdental brush 0.6 mm ISO 3	10x6p	25.00	V	4.00	859583									
Bamboo Dental Floss Picks	10x1	25.00	V	4.00	859585									
<b>* <u>Jack N'Jill - natural toothpaste for kids</u></b>														
Banana Toothpaste	6x50g	17.10	V	4.56	861550									
Blackcurrant Toothpaste	6x50g	17.10	V	4.56	861555									
Blueberry Toothpaste	6x50g	17.10	V	4.56	861560									
Flavour Free Toothpaste	6x50g	17.10	V	4.56	861562									
Raspberry Toothpaste	6x50g	17.10	V	4.56	861565									
Strawberry Toothpaste	6x50g	17.10	V	4.56	861570									
<b>* <u>Jack N'Jill - biodegradable toothbrushes for kids</u></b>														
Bio Toothbrush - Bunny	8x1	16.60	V	3.35	861580									
Bio Toothbrush - Dino	8x1	16.60	V	3.35	861581									
Bio Toothbrush - Elephant	8x1	16.60	V	3.35	861582									
Bio Toothbrush - Koala	8x1	16.60	V	3.35	861583									
Bio Toothbrush - Monkey	8x1	16.60	V	3.35	861584									
Bio Toothbrush - Unicorn	8x1	16.60	V	3.35	861586									
<b>* <u>Kingfisher - 100% recyclable</u></b>														
Aloe Tea Tree - Fennel - Fluoride Free	12x100ml	27.65	V	3.69	861480									
Aloe Tea Tree - Mint - Fluoride Free	12x100ml	27.65	V	3.69	861486									
Charcoal Whitening - Fluoride Free	12x100ml	27.65	V	3.69	861484									
Children's Strawberry Toothpaste - Fluoride Free	12x100ml	27.65	V	3.69	861488									
Children's Strawberry Toothpaste with Fluoride	12x100ml	27.65	V	3.69	864189									
Fluoride Free Baking Soda Mint	12x100ml	27.65	V	3.69	861490									
Mint with fluoride	12x100ml	27.65	V	3.69	861506									
Fennel with fluoride	12x100ml	27.65	V	3.69	861517									
Fluoride Free Fennel	12x100ml	27.65	V	3.69	861528									
Fluoride Free Mint	12x100ml	27.65	V	3.69	861529									
<b>* <u>Lavera Toothpaste - vegan - BDIH certified</u></b>														
Mint Toothpaste - with fluoride	organic 4x75ml	12.75	V	5.75	861658									
<b>* <u>Organii - vegan</u></b>														
Aloe Mouthwash Citrus	organic 6x500ml	23.15	V	6.95	861725									
Aloe Mouthwash Eucalyptus	organic 6x500ml	23.15	V	6.95	861727									
<b>* <u>Peppersmith Dental Gums, Mints and Pastilles - see "Sweet Snacks" section</u></b>														
<b>* <u>Sarakan</u></b>														
Natural Toothpaste	6x50ml	12.80	V	3.41	861705									
Mouthfresh Rinse	6x300ml	17.75	V	4.73	861710									
<b>* <u>Truthpaste Natural Toothpaste</u></b>														
Strong Mint Probiotic Mouthwash - fluoride free	6x300ml	48.45	V	13.00	861731									
Fluoride Strong Mint Probiotic Mouthwash	6x300ml	48.45	V	13.00	861733									
Charcoal Orange & Fennel Truthpaste	6x100ml	33.60	V	10.00	861730									
Charcoal Peppermint & Spearmint Truthpaste	6x100ml	33.60	V	10.00	861732									
Fennel Truthpaste	6x100ml	33.60	V	10.00	861734									
Kids Mild Mint Toothpaste	6x100ml	33.60	V	10.00	861736									
Kids Sweet Orange Toothpaste	6x100ml	33.60	V	10.00	861738									
Peppermint & Wintergreen Truthpaste	6x100ml	33.60	V	10.00	861739									
<b>* <u>Urtekram - www.urtekram.dk</u></b>														
Bio9 Fresh Mint - Whitening Toothpaste	organic 6x75ml	13.95	V	3.99	865096									
Bio9 Strong Mint - Sensitive Toothpaste	organic 6x75ml	13.95	V	3.99	862098									
Aloe Vera Toothpaste	organic 6x75ml	13.95	V	3.99	862103									
Children's Tutti Frutti Toothpaste	organic 6x75ml	13.95	V	3.99	862107									
Eucalyptus Toothpaste	organic 6x75ml	13.95	V	3.99	862110									
Mint with Green Tea Toothpaste	organic 6x75ml	13.95	V	3.99	862120									
Tea Tree Toothpaste	organic 6x75ml	13.95	V	3.99	862130									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Urtekram - with Fluoride</u></b>														
Mint & Fluoride Toothpaste	organic	6x75ml	13.95 V	3.99	862135									
<b>* <u>Yaweco - toothbrush - replaceable heads</u></b>														
Each case of Toothbrushes contains 2 pink, 2 blue, 2 green The Refills are all white														
Soft Toothbrush		6x1p	13.10 V	3.93	862551									
Medium Toothbrush		6x1p	13.10 V	3.93	862554									
Soft Refill Heads - nylon		6x4p	26.50 V	7.95	862557									
Medium Refill Heads - nylon		6x4p	26.50 V	7.95	862569									
<b>■ Aromatherapy, Candles &amp; Incense</b>														
<b>* <u>Absolute Aromas</u></b>														
Essential Oils are very concentrated and should be used with care. In general they should not be taken internally, nor applied next to the skin. Store away from children. See bottle for details.														
Bergamot	organic	1x10ml	6.10 V	10.93	878010									
Cedarwood	organic	1x10ml	3.05 V	5.46	878015									
Chamomile Roman	organic	1x2ml	9.40 V	16.84	878020									
Clary Sage	organic	1x5ml	5.55 V	9.94	878025									
Globulus Eucalyptus	organic	1x10ml	2.75 V	4.93	878030									
Radiata Eucalyptus	organic	1x10ml	3.85 V	6.90	878035									
Geranium	organic	1x10ml	6.60 V	11.82	878040									
Grapefruit	organic	1x10ml	4.85 V	8.69	878045									
Juniperberry	organic	1x5ml	4.80 V	8.60	878050									
Lavender (High Altitude)	organic	1x10ml	5.80 V	10.40	878055									
Lavender (High Altitude) Display Pack	organic	12x10ml	69.95 V	10.44	878060									
Lemon	organic	1x10ml	3.30 V	5.91	878065									
Lemongrass	organic	1x10ml	3.30 V	5.91	878070									
Mandarin	organic	1x10ml	4.40 V	7.88	878075									
Orange	organic	1x10ml	2.60 V	4.66	878080									
Patchouli	organic	1x10ml	4.40 V	7.88	878085									
Peppermint	organic	1x10ml	3.85 V	6.90	878090									
Rosemary	organic	1x10ml	3.30 V	5.91	878095									
Rose Otto (3% Dilution)	organic	1x10ml	8.30 V	14.87	878097									
Tea Tree	organic	1x10ml	3.30 V	5.93	878105									
Tea Tree Display Pack	organic	12x10ml	39.70 V	5.93	878110									
Complete Ylang Ylang	organic	1x10ml	5.25 V	9.40	878115									
<b>* <u>Absolute Aromas - Carrier Oils</u></b>														
Almond Sweet	organic	1x100ml	5.50 V	9.85	878150									
Apricot Kernel	organic	1x100ml	5.40 V	9.72	878152									
Joboba	organic	1x100ml	10.30 V	18.45	878155									
Sesame	organic	1x100ml	3.50 V	6.29	878160									
Sunflower	organic	1x100ml	2.85 V	5.10	878165									
<b>* <u>Aqua Oleum Organic Essential Oils</u></b>														
Essential Oils are very concentrated and should be used with care. In general they should not be taken internally, nor applied next to the skin. Store away from children. See bottle for details.														
Organic Bergamot Oil	organic	3x10ml	19.50 V	12.99	881301									
Organic Citronella Oil	organic	3x10ml	9.00 V	5.99	881302									
Organic Clary Sage Oil	organic	3x10ml	19.50 V	12.99	881303									
Organic Clove Bud Oil	organic	3x10ml	15.00 V	9.99	881304									
Organic Eucalyptus Oil	organic	3x10ml	7.50 V	4.99	881305									
Organic Frankincense Oil	organic	3x10ml	28.50 V	18.99	881306									
Organic Geranium Oil	organic	3x10ml	19.50 V	12.99	881307									
Organic Ginger Oil	organic	3x10ml	19.50 V	12.99	881308									
Organic Grapefruit Oil	organic	3x10ml	19.50 V	12.99	881309									
Organic Juniper Needle Oil	organic	3x10ml	15.00 V	9.99	881311									
Organic Lavender Oil	organic	3x10ml	13.50 V	8.99	881310									
Organic Lavender Oil Merchandiser	organic	18x10ml	72.90 V	8.10	881312									

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
Organic Lemon Oil	organic 3x10ml	10.50	V	6.99	881315									
Organic Lemongrass Oil	organic 3x10ml	9.00	V	5.99	881316									
Organic Orange Oil	organic 3x10ml	7.50	V	4.99	881317									
Organic Patchouli Oil	organic 3x10ml	15.00	V	9.99	881318									
Organic Peppermint Oil	organic 3x10ml	10.50	V	6.99	881319									
Organic Rosemary Oil	organic 3x10ml	10.50	V	6.99	881320									
Organic Tea Tree Oil	organic 3x10ml	9.00	V	5.99	881322									
Organic White Thyme Oil	organic 3x10ml	22.50	V	14.99	881323									
Organic Ylang Ylang Oil	organic 3x10ml	19.50	V	12.99	881325									
<b>* Aqua Oleum Organic Carrier Oils</b>														
Cold Pressed Apricot Kernel Oil	organic 6x100ml	30.00	V	9.99	881372									
Cold Pressed Sweet Almond Oil	organic 6x100ml	36.00	V	11.99	881374									
Cold Pressed Wheatgerm Oil	organic 6x100ml	51.00	V	16.99	881380									
<b>* Aqua Oleum Essential Oils</b>														
Essential Oils are very concentrated and should be used with care.														
In general they should not be taken internally, nor applied next to the skin. Store away from children. See bottle for details.														
Basil Sweet	3x10ml	9.00	V	5.99	880505									
Benzoin	3x10ml	9.00	V	5.99	880507									
Bergamot	3x10ml	10.50	V	6.99	880510									
Black Pepper	3x10ml	10.50	V	6.99	880515									
Camphor	3x10ml	6.00	V	3.99	880523									
Cedarwood	3x10ml	7.50	V	4.99	880525									
Chamomile Blue (5% Dilution)	3x10ml	9.00	V	5.99	880520									
Chamomile Roman	3x10ml	39.00	V	25.99	880527									
Citronella	3x10ml	6.00	V	3.99	880530									
Clary Sage	3x10ml	13.50	V	8.99	880535									
Clove Bud	3x10ml	7.50	V	4.99	880537									
Cypress	3x10ml	7.50	V	4.99	880540									
Eucalyptus Globulus	3x10ml	6.00	V	3.99	880545									
Fennel Sweet	3x10ml	7.50	V	4.99	880555									
Frankincense	3x10ml	21.00	V	13.99	880560									
Geranium	3x10ml	12.00	V	7.99	880550									
Ginger	3x10ml	9.00	V	6.00	880561									
Grapefruit	3x10ml	7.50	V	4.99	880562									
Jasmine (5% Dilution)	3x10ml	15.00	V	9.99	880565									
Juniper Needle	3x10ml	9.00	V	5.99	880570									
Lavender Oil	3x10ml	9.00	V	5.99	880575									
100ml Lavender Oil	1x100ml	22.50	V	45.00	880577									
Lavender Oil Merchandiser	18x10ml	48.60	V	5.40	880578									
Lemon	3x10ml	6.00	V	3.99	880580									
Mandarin	3x10ml	7.50	V	4.99	880583									
Marjoram Spanish	3x10ml	10.50	V	6.99	880585									
Myrrh	3x10ml	34.50	V	22.99	880587									
Neroli (5% Dilution)	3x10ml	18.00	V	11.99	880590									
Orange	3x10ml	6.00	V	3.99	880595									
Palmarosa	3x10ml	9.00	V	5.99	880597									
Patchouli	3x10ml	9.00	V	5.99	880600									
Peppermint	3x10ml	9.00	V	5.99	880605									
Petitgrain	3x10ml	9.00	V	5.99	880608									
Pine Needle	3x10ml	7.50	V	4.99	880610									
Rose Maroc (5% Dilution)	3x10ml	12.00	V	7.99	880615									
Rosemary	3x10ml	7.50	V	4.99	880620									
Sandalwood (5% Dilution)	3x10ml	10.50	V	6.99	880625									
Spanish Sage	3x10ml	10.50	V	6.99	880628									
Tea Tree	3x10ml	7.50	V	4.99	880630									
100ml Tea Tree	1x100ml	18.75	V	37.50	880632									
Tea Tree Oil Merchandiser - 10ml	18x10ml	40.50	V	4.49	880633									
Thyme White	3x10ml	7.50	V	4.99	880635									
Ylang Ylang 1	3x10ml	18.00	V	11.99	880640									
<b>* Aqua Oleum essential oil blends</b>														
Brighten: revive & uplift blend	3x10ml	15.00	V	9.99	880622									
Clear Head: breathe easy blend	3x10ml	15.00	V	9.99	880627									
Deep Sleep: restful night blend	3x10ml	19.50	V	12.99	880623									
Defence: prevent & protect blend	3x10ml	16.50	V	10.99	880624									
Mountain Air: fresh & purifying blend	3x10ml	16.50	V	10.99	880626									
Sacred Space: meditation aid blend	3x10ml	16.50	V	10.99	880631									
Serenity: stress-relief blend	3x10ml	19.50	V	12.99	880636									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Aqua Oleum Body Oils</u></b>														
Aches & Pains: muscle ease & remedial body oil	1x100ml	7.50	V	14.99	<b>880637</b>									
After Dark: sensual body oil	1x100ml	7.50	V	14.99	<b>880638</b>									
Natural Detox: purifying & cleansing body oil	1x100ml	7.50	V	14.99	<b>880639</b>									
Tranquility: relaxing & calming body oil	1x100ml	7.50	V	14.99	<b>880646</b>									
Wild Rose: regenerative body oil	1x100ml	7.50	V	14.99	<b>880648</b>									
<b>* <u>Aqua Oleum Carrier Oils</u></b>														
Cold Pressed Apricot Kernel Oil	6x100ml	21.00	V	6.99	<b>880641</b>									
Cold Pressed Jojoba Oil	6x100ml	45.00	V	14.99	<b>880643</b>									
Cold Pressed Sweet Almond Oil	6x100ml	18.00	V	5.99	<b>880645</b>									
Cold Pressed Wheatgerm Oil	6x100ml	21.00	V	6.99	<b>880650</b>									
<b>* <u>Aqua Oleum Flower Waters</u></b>														
Lavender Water	6x100ml	30.00	V	9.99	<b>880950</b>									
Rose Water - Maroc	6x100ml	39.00	V	12.99	<b>880965</b>									
Witch Hazel Water	6x100ml	30.00	V	9.99	<b>880970</b>									
<b>* <u>Greater Goods - The Mother's Fragrances vegan jos sticks</u></b>														
The empty display stand holds 9 fragrances, 18 packets per fragrance.														
The empty display stand is 40cm wide x 18cm deep x 47cm high.														
FSC Wooden Empty Incense Display Stand	1p	12.00	V	12.00	<b>880988</b>									
Cinnamon and Spice Incense Sticks	6x12stick	6.90	V	2.00	<b>880990</b>									
Frankincense Incense Sticks	6x12stick	6.90	V	2.00	<b>880992</b>									
Jasmine Incense Sticks	6x12stick	6.90	V	2.00	<b>880994</b>									
Lotus Incense Sticks	6x12stick	6.90	V	2.00	<b>880996</b>									
Musk Incense Sticks	6x12stick	6.90	V	2.00	<b>880998</b>									
Opium Incense Sticks	6x12stick	6.90	V	2.00	<b>881001</b>									
Orange Blossom Incense Sticks	6x12stick	6.90	V	2.00	<b>881002</b>									
Patchouli Incense Sticks	6x12stick	6.90	V	2.00	<b>881004</b>									
Sandalwood Incense Sticks	6x12stick	6.90	V	2.00	<b>881007</b>									
Vanilla Incense Sticks	6x12stick	6.90	V	1.86	<b>881006</b>									
<b>* <u>Greater Goods - The Mother's India Fair Trade vegan jos sticks</u></b>														
The Full display stand holds 6 fragrances, 10 packets per fragrance.														
The display stand is 34cm wide x 17cm deep x 44cm high.														
FSC Teak Wood Gondola Incense Holder	1x1p	2.85	V	4.96	<b>881213</b>									
Amrita Incense Sticks	5x20stick	9.60	V	3.34	<b>881216</b>									
Ganesh Incense Sticks	5x20stick	9.60	V	3.34	<b>881218</b>									
Oudh Incense Sticks	5x20stick	9.60	V	3.34	<b>881219</b>									
Om Incense Sticks	5x20stick	9.60	V	3.34	<b>881220</b>									
Prem Incense Sticks	5x20stick	9.60	V	3.34	<b>881222</b>									
Shanti Incense Sticks	5x20stick	9.60	V	3.34	<b>881224</b>									
Yoga Incense Sticks	5x20stick	10.85	V	3.50	<b>881226</b>									
<b>* <u>Hambleton Incense</u></b>														
Frankincense & Myrrh	6x2x20g	23.70	V	6.83	<b>890905</b>									
<b>* <u>Heaven Scent - vegan</u></b>														
The pillar candles contain sustainable RSPO palm oil.														
Lavender Essential Oil Candles	12x2"x2"	17.60	V	2.50	<b>890915</b>									
Orange & Clove Essential Oil Candles	12x2"x2"	17.60	V	2.50	<b>890922</b>									
Patchouli Essential Oil Candles	12x2"x2"	17.60	V	2.50	<b>890925</b>									
Rosemary & Thyme Essential Oil Candles	12x2"x2"	17.60	V	2.50	<b>890927</b>									
Himalayan Cedarwood & Haiti Amyris Candles	12x2"x2"	17.60	V	2.50	<b>890930</b>									
Tea Tree & Geranium Essential Oil Candles	12x2"x2"	17.60	V	2.50	<b>890932</b>									
Ylang Ylang Essential Oil Candles	12x2"x2"	17.60	V	2.50	<b>890935</b>									
<b>* <u>Heaven Scent - vegan</u></b>														
The pillar candles contain sustainable RSPO palm oil.														
Lavender Essential Oil Candles	6x3"x3"	20.15	V	5.75	<b>891110</b>									
Orange & Clove Essential Oil Candles	6x3"x3"	20.15	V	5.75	<b>891115</b>									
Patchouli Essential Oil Candles	6x3"x3"	20.15	V	5.75	<b>891120</b>									
Himalayan Cedarwood & Haiti Amyris Candles	6x3"x3"	20.15	V	5.75	<b>891125</b>									
Ylang Ylang Essential Oil Candles	6x3"x3"	20.15	V	5.75	<b>891130</b>									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Heaven Scent - vegan - Essential Oil 9cl Glass Pot Votive Candles - 25-30 hour</u></b>														
Cedarwood & Amyris Votive 9cl Candle	6x1p	16.60	V	4.75	<b>891305</b>									
Lavender Votive 9cl Candle	6x1p	15.75	V	4.50	<b>891310</b>									
Lemongrass Votive 9cl Candle	6x1p	15.75	V	4.50	<b>891312</b>									
Orange & Clove Votive 9cl Candle	6x1p	15.75	V	4.50	<b>891315</b>									
Ylang Ylang Votive 9cl Candle	6x1p	15.75	V	4.50	<b>891325</b>									
<b>* <u>Heaven Scent - vegan - Fragrance Oil 9cl Glass Pot Votive Candles - 25-30 hour</u></b>														
Gold, Frankincense & Myrrh Votive 9cl Candle	6x1p	16.60	V	4.75	<b>891355</b>									
Inspiration Votive 9cl Candle	6x1p	15.75	V	4.50	<b>891356</b>									
Love & Peace Votive 9cl Candle	6x1p	15.75	V	4.50	<b>891358</b>									
Meditation Votive 9cl Candle	6x1p	15.75	V	4.50	<b>891359</b>									
Vanilla Votive 9cl Candle	6x1p	15.75	V	4.50	<b>891370</b>									
<b>* <u>Heaven Scent - vegan - Essential Oil 20cl Glass Pot - 40-50 hour</u></b>														
Citronella 20cl Aromapot Candle - single	1x1p	5.65	V	9.70	<b>890953</b>									
Cedarwood & Amyris 20cl Aromapot Candle - single	1x1p	6.10	V	10.50	<b>890954</b>									
Juniper & Pine 20cl Aromapot Candle - single	1x1p	5.65	V	9.70	<b>890955</b>									
Lavender 20cl Aromapot Candle - single	1x1p	5.65	V	9.70	<b>890957</b>									
Lemongrass 20cl Aromapot Candle - single	1x1p	5.65	V	9.70	<b>890958</b>									
Mandarin 20cl Aromapot Candle - single	1x1p	5.65	V	9.70	<b>890960</b>									
Orange & Clove 20cl Aromapot Candle - single	1x1p	5.80	V	9.95	<b>890965</b>									
Patchouli 20cl Aromapot Candle - single	1x1p	5.65	V	9.70	<b>890968</b>									
Rosemary & Thyme 20cl Aromapot Candle - single	1x1p	5.80	V	9.95	<b>890971</b>									
Tea Tree & Geranium 20cl Aromapot Candle - single	1x1p	5.80	V	9.95	<b>890977</b>									
Ylang Ylang 20cl Aromapot Candle - single	1x1p	5.65	V	9.70	<b>890980</b>									
<b>* <u>Heaven Scent - vegan - Fragrance Oil 20cl Glass Pot - 40-50 hour</u></b>														
Atlantic Fresh 20cl Aromapot Candle - single	1x1p	5.65	V	9.70	<b>890982</b>									
Bluebell 20cl Aromapot Candle - single	1x1p	5.65	V	9.70	<b>890984</b>									
Buttercup Meadows 20cl Aromapot Candle - single	1x1p	5.65	V	9.70	<b>890986</b>									
Fireside Embers 20cl Aromapot Candle - single	1x1p	5.65	V	9.70	<b>890988</b>									
<b>* <u>Heaven Scent - Reed Diffusers - 50ml bottle + 10 reeds</u></b>														
Citrus Lemongrass Tonic - Reed Diffusers	6x50ml	31.15	V	8.90	<b>891434</b>									
Lavender - Reed Diffusers	6x50ml	31.15	V	8.90	<b>891436</b>									
Orange Clove Cinnamon - Reed Diffusers	6x50ml	33.25	V	9.50	<b>891438</b>									
Spare Reeds	10x10 reeds	4.15	V	0.70	<b>891439</b>									
<b>* <u>Heaven Scent - Reed Diffuser Refill - 100ml bottle</u></b>														
Citrus Lemongrass Tonic - refill	6x100ml	26.65	V	7.60	<b>891440</b>									
Lavender - refill	6x100ml	26.65	V	7.60	<b>891442</b>									
Orange Clove Cinnamon - refill	6x100ml	26.65	V	7.60	<b>891446</b>									
<b>* <u>Heaven Scent - vegan - Tealights - 4 hour</u></b>														
Tealights 24p - unscented	1x24p	3.30	V	5.65	<b>891405</b>									
<b>* <u>incognito</u></b>														
Citronella Incense Sticks	1x10p	4.45	V	7.62	<b>890990</b>									
Java Citronella Essential Oil	1x10ml	5.60	V	9.56	<b>890995</b>									
see the Toiletries & Natural Remedies section for the rest of this anti-insect range														
<b>* <u>Nutley Hall Beeswax Candles</u></b>														
Birthday Candles 60mm x 8mm	1x12	3.35	V	5.35	<b>891005</b>									
Chunky Candles 140mm x 30mm	1xpair	7.50	V	12.05	<b>891007</b>									
Normal Candles 160mm x 20mm	1xpair	4.35	V	7.00	<b>891015</b>									
Stubby Candles 55mm x 30mm	1xsingle	2.50	V	4.00	<b>891020</b>									
Big Candles 250mm x 20mm	1xpair	6.85	V	11.00	<b>891025</b>									
<b>* <u>Waft - vegan plant based pump air fresheners</u></b>														
◆ Waft of Geranium Air Freshener Spray	6x100ml	24.30	V	6.49	<b>891034</b>									
◆ Waft of Lavender Air Freshener Spray	6x100ml	24.30	V	6.49	<b>891036</b>									
◆ Waft of Lemongrass Air Freshener Spray	6x100ml	24.30	V	6.49	<b>891038</b>									
◆ Waft of Orange Air Freshener Spray	6x100ml	24.30	V	6.49	<b>891039</b>									
◆ Waft of Rose Air Freshener Spray	6x100ml	24.30	V	6.49	<b>891042</b>									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>■ Packaging &amp; Publications</b>														
* <b><u>Bread Matters</u></b>														
Do/Sourdough/Slow bread for busy lives - book	1x1book	7.45		9.99	950600									
* <b><u>Liz Cook Charts - all Charts in cardboard tubes</u></b>														
Essential Oils For Home Use Chart	1x1	3.85	V	6.16	950602									
Natural Cleaning Solutions Chart	1x1	3.85	V	6.16	950606									
Natural First Aid Chart	1x1	3.85	V	6.16	950607									
Nutritional Chart	1x1	3.85	V	6.16	950610									
Woman's Healing Herb Chart	1x1	3.85	V	6.16	950615									
Rainbow Food Activity Chart	1x1	3.85	V	6.16	950620									
Yoga Chart	1x1	3.85	V	6.16	950625									
Seasonal Fruit & Veg Chart	1x1	3.85	V	6.16	950630									
Children's Colouring Plate	1x1	3.85	V	6.16	950632									
* <b><u>Lunar Organics</u></b>														
2024 calendar in a cardboard tube with explanatory booklet														
Single - In Tune with the Moon - lunar gardening calendar	1x1p	7.35	V	11.83	950590									
* <b><u>Brown Paper Bags - Polyethylene lined heat sealable</u></b>														
The measurements describe bag width x depth x height														
Brown Lined Heat Sealable Paper Bags - 90x60x252mm	750	85.00	V 0.11		970455									
Brown Lined Heat Sealable Paper Bags - 90x65x230mm	700	78.70	V 0.11		970495									
* <b><u>Brown Paper Bags - unlined</u></b>														
The measurements describe bag width x depth x height														
Paper Bags - 90x50x190mm	250	19.90	V 0.08		970501									
Paper Bags - 150x215x310mm	250	14.50	V 0.06		970505									
Paper Bags - 175x290x345mm	250	20.00	V 0.08		970510									
* <b><u>Polyprop Bags</u></b>														
Bags 76x125x229mm (polyprop)	1000	28.10	V 0.03		971015									
Bags 90x150x295mm (polyprop)	1000	61.00	V 0.06		971020									
Bags 150x200x305mm (polyprop)	1000	64.00	V 0.06		971023									
<b>■ Christmas Products &amp; Ingredients</b>														
* <b><u>Artysan from Organico - Christmas specials</u></b>														
<i>Returning from Artysan is the organic traditional <b>German Stollen - classic</b>. According to Artysan the traditional stollen does not have marzipan so neither does theirs. Made with a vast list of high quality ingredients to a traditional recipe.</i>														
Stollen - classic	organic	6x500g	67.25	14.94	183050									
* <b><u>Aqua Oleum</u></b>														
Myrrh		3x10ml	34.50	V 22.99	880587									
Pine Needle		3x10ml	7.50	V 4.99	880610									
Organic Clove Bud Oil	organic	3x10ml	15.00	V 9.99	881304									
Organic Frankincense Oil	organic	3x10ml	28.50	V 18.99	881306									
Organic Orange Oil	organic	3x10ml	7.50	V 4.99	881317									
Festive Blend - winter warmth		3x10ml	16.50	V 10.99	881290									
* <b><u>Belvoir - non alcoholic seasonal punch</u></b>														
<i>To warm your Christmas cockles Belvoir return with <b>Mulled Winter Cordial</b>, with rich fruity flavours of cranberry and orange. <b>Mulled Winter Punch</b> is made using fruit juices with extracts of cinnamon, clove and nutmeg for a delicious winter warmer. We also have <b>Spiced Ginger Punch</b> made with a fresh ginger root infusion, orange juice, lemon and spices. New this year is <b>Sparkling Clementine &amp; Cranberry</b> a blend of these juices with blackcurrant, orange, lime juice, cinnamon and nutmeg. These are all in glass bottles.</i>														
◆ Mulled Winter Cordial		6x500ml	20.60	V 5.50	660569									
◆ Mulled Winter Punch - non-alcoholic		6x750ml	15.75	V 4.20	640105									
◆ Spiced Ginger Punch - non-alcoholic		6x750ml	15.75	V 4.20	640110									
◆ Sparkling Clementine & Cranberry		6x750ml	15.75	V 4.20	660574									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description

size

price

£/unit

RRP

code

1 2 3 4 5 6 7 8 9

\* **Booja Booja organic vegan - Chocolate Wonders**

New from Booja Booja this Christmas, organic vegan gluten-free **Chocolate Wonders** in a recyclable resealable bag. These are a new range of creamily smooth small chocolate bites in a chocolate shell rolled in chocolate flakes. There are four flavours: **Cookie Dough** - chocolate chip cookie dough rolled in chocolate. **Hazelnut** containing hazelnut ganache. **Raspberry Scrunch** containing raspberry chocolate ganache with caramel scrunch. **Salted Caramel** with a salted caramel gooey ganache centre. They are all beyond lovely.

Cookie Dough - Chocolate Wonders	organic	8x65g	14.95 V	2.99	766125														
Hazelnut - Chocolate Wonders	organic	8x65g	14.95 V	2.99	766126														
Raspberry Scrunch - Chocolate Wonders	organic	8x65g	14.95 V	2.99	766127														
Salted Caramel - Chocolate Wonders	organic	8x65g	14.95 V	2.99	766128														

\* **Booja Booja organic vegan - Two Truffle Packs**

Returning this autumn are Booja Booja organic vegan **two truffle packs in 5 flavours**. Very hard to resist these perfect sized impulse treats.

Hazelnut Crunch Two Truffle Pack	organic	16x2pk	16.95 V	1.69	766144														
Honeycomb Caramel Two Truffle Pack	organic	16x2pk	16.95 V	1.69	766138														
Salted Caramel Two Truffle Pack	organic	16x2pk	16.95 V	1.69	766140														
Orange Chocolate Two Truffle Pack	organic	16x2pk	16.95 V	1.69	766139														
Almond Salted Caramel Two Truffle Pack	organic	16x2pk	16.95 V	1.69	766146														

\* **Booja Booja organic vegan chocolate**

Returning after a summer holiday are the **Booja Booja, eight truffles**, in eight familiar flavours. Also returning are the **Truffle Logs**, each box contains 10 delicious truffle loglets - finger shaped ganache covered in chocolate shavings. There are four flavours: **Hazelnut Crunch**, **Salted Caramel Mocha**, **Chocolate Orange** and **Yuletide Spice** which is packed in a red gold box especially for Christmas.

Hazelnut Crunch - 10 Truffle Logs	organic	8x115g	54.95 V	10.99	766143														
Salted Caramel Mocha - 10 Truffle Logs	organic	8x115g	54.95 V	10.99	766147														
Chocolate Orange - 10 Truffle Logs	organic	8x115g	54.95 V	10.99	766154														
Yuletide Spice - 10 Truffle Logs	organic	8x115g	54.95 V	10.99	766156														
Almond Salted Caramel - 8 Truffles	organic	8x92g	36.25 V	7.25	766181														
Around Midnight Espresso - 8 Truffles	organic	8x92g	36.25 V	7.25	766183														
Chocolate Orange - 8 Truffles	organic	8x92g	36.25 V	7.25	766185														
Chocolate Salted Caramel - 8 Truffles	organic	8x92g	36.25 V	7.25	766188														
Deeply Chocolate - 8 Truffles	organic	8x92g	36.25 V	7.25	766189														
Fine De Champagne - 8 Truffles	organic	8x92g	36.25 V	7.25	766184														
Hazelnut Crunch Chocolate - 8 Truffles	organic	8x92g	36.25 V	7.25	766186														
Honeycomb Caramel - 8 Truffles	organic	8x92g	36.25 V	7.25	766191														

\* **Booja Booja - The Special Edition Gift Collection**

Award Winning Selection - Almond Salted, Hazelnut, Espresso, Rhubarb Vanilla & Stem Ginger

Signature Selection - Honeycomb Caramel, Chocolate Orange, Chocolate Salted Caramel & Deeply Chocolate Truffle

Winter Selection - Hazelnut Crunch, Cherry Bakewell, Honeycomb Caramel, Salted Caramel, Salted Caramel Mocha & Yuletide Spice

The Gourmet No.1 - Hazelnut Crunch, Honeycomb Caramel, Almond Salted Caramel, Cherry Bakewell, Salted Caramel Mocha,

The Gourmet No.2 - Hazelnut Crunch, Champagne, Almond Salted Caramel, Rhubarb & Ginger Gin, Salted Caramel Mocha,

Chocolate Orange, Gingered Toffee Apple & Cherry Cognac

A Grand Adventure - Hazelnut Crunch, Rhubarb & Vanilla Fool, Raspberry Scrunch, Gingered Toffee Apple,

Almond Salted Caramel, Choc Orange, Salted Caramel Mocha

A Magnificent Adventure - Hazelnut Crunch, Deeply Chocolate, Raspberry Scrunch, Chocolate Salted Caramel, Rhubarb & Vanilla Fool,

Salted Caramel Mocha, Almond Salted Caramel, Chocolate Orange, Gingered Toffee Apple

Elbowing their way to the front are the Booja Booja organic vegan special gift collections. The 16 truffle seasonal red and gold Christmas **Winter Selection** was a huge success on its first listing last year. The **Gourmet Selections 1 & 2** with pretty jewel-like paint splattered boxes, highlighted in gold, return with 25 truffles including loglets and a chocolate star. Also returning are **The Award Winning Selection** - 16 Truffles, **Chocolate Salted Caramel** - 16 Truffles, **Fine De Champagne** - 16 Truffles and **Signature Selection** - 16 Truffles. New this year in wooden hinged boxes with a lid-retaining ribbon, are **A Grand Adventure** - 21 Truffles, including truffle loglets, truffles and a chocolate star. At the top of the Christmas present pile is **A Magnificent Adventure** - 29 Truffles including truffle loglets, truffles and a chocolate star, blimey!

Award Winning Selection - 16 Truffles	organic	5x184g	46.85 V	14.99	766148														
Chocolate Salted Caramel - 16 Truffles	organic	5x184g	46.85 V	14.99	766141														
Fine De Champagne - 16 Truffles	organic	5x184g	46.85 V	14.99	766142														
Signature Selection - 16 Truffles	organic	5x184g	46.85 V	14.99	766151														
Winter Selection - 16 Truffles	organic	5x184g	46.85 V	14.99	766178														
The Gourmet No.1 - 25 Truffles	organic	4x289g	69.95 V	27.99	766193														
The Gourmet No.2 - 25 Truffles	organic	4x289g	69.95 V	27.99	766194														
A Grand Adventure - 21 Truffles	organic	3x243g	65.60 V	34.99	766196														
A Magnificent Adventure - 29 Truffles	organic	3x335g	93.70 V	49.99	766197														

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
* <b>Booja Booja - The Artist's Collection - 16 truffles</b>														
The Perfect Christmas Gift: Booja Booja <b>The Artist's Collection</b> , packaged in beautiful hand painted colourful Kashmiri papier-mache boxes. Each box contains 16 melt in the mouth organic vegan gluten-free soy-free truffles. There are two flavours <b>Fine De Champagne</b> and <b>Hazelnut</b> .														
The Artist's Collection - Fine De Champagne - 16 truffles	organic	3x185g	54.35 V	28.99	766158									
The Artist's Collection - Hazelnut - 16 truffles	organic	3x185g	54.35 V	28.99	766159									
* <b>Coco Caravan - FairTrade - vegan</b>														
Making the trek back for Christmas are Coco Caravan vegan, chocolate covered fruits. Organic <b>Chocolate Covered Dates</b> are made using pitted Tunisian dates. Firm and naturally full of nutrients, their sweetness combines perfectly with the raw chocolate. Also listed are <b>Chocolate Covered Plums</b> which are semi-dried with a sweet tasting soft texture, covered in raw vegan chocolate. The chocolate for both is sweetened with liquid coconut nectar giving it a smooth melt. They are packaged in a card box with no plastic.														
Chocolate Covered Dates	organic	4x150g	19.75 V	7.90	762025									
Chocolate Covered Plums		4x150g	19.75 V	7.90	762028									
* <b>Cocoa Loco - FairTrade</b>														
A joyful return for the Cocoa Loco organic Fairtrade palm oil-free Christmas chocolate range. The old favourites are back: <b>Milk Chocolate Elves</b> , <b>Milk Chocolate Santas</b> , <b>White Chocolate Polar Bears</b> and <b>Milk &amp; White Chocolate Robins</b> . These are all bite sized in card boxes. Finally, there is a <b>Milk &amp; White Choc Christmas Pudding</b> in a bag with a ribbon.														
Milk Chocolate Elves	organic	6x100g	25.85 V	6.90	762082									
Milk Chocolate Santas	organic	6x100g	25.85 V	6.90	762078									
White Chocolate Polar Bears	organic	6x100g	25.85 V	6.90	762086									
Milk & White Chocolate Robins	organic	6x100g	25.85 V	6.90	762089									
Milk & White Chocolate Christmas Pudding	organic	6x70g	20.25 V	5.40	762079									
* <b>Divine - FairTrade</b>														
Divine are back for a Fairtrade Christmas. <b>Advent Calendars in both milk and dark chocolate</b> with a Christmas tree design that fuses a Ghanaian Christmas with the original Christmas story. Also returning are the foil wrapped chocolate coins to add a sparkle to any stocking. You can choose between the gold coloured <b>Milk Chocolate Coin</b> and the red and green <b>Dark Chocolate Coin</b> - both are presented in the familiar net bag. For the after dinner Mr Creosote moment there are <b>Smooth Dark Choc Mint Thins</b> - crisp dark chocolate squares with a mint fondant filling.														
Dark Chocolate Advent Calendars		12x85g	44.00 V	5.87	763554									
Milk Chocolate Advent Calendars		12x85g	44.00 V	5.87	763555									
Dark Chocolate Coin - net bag		25x65g	45.00 V	2.88	763560									
Milk Chocolate Coin - net bag		25x65g	45.00 V	2.88	763564									
Smooth Dark Chocolate Mint Thins		12x200g	40.00 V	5.36	763551									
* <b>English Tea Shop</b>														
Returning from the English Tea Shop, a seasonal selection of organic tea gifts. <b>Sachets Advent Calendar - green</b> is a pretty box containing 25 numbered removable tea pouches with compostable pyramid tea bags. <b>Advent Calendar Triangular - green</b> is a triangular box containing 25 small triangular boxes that each contain a compostable pyramid tea bag. <b>Advent Calendar Tea Book</b> is new this year - it opens up to show two Christmas trees made up of 25 removable triangular boxes each containing a tea bag. <b>Luxury Tea Collection - Tin - 36 bags</b> - a decorated white tin containing 36 bags in 6 different flavours, it is free of plastics and overwrapping with sachets inserted into a box board tray containing English Breakfast, Earl Grey, Chocolate Rooibos & Vanilla, Peppermint, Green Tea & Pomegranate and White Tea.														
Advent Calendar Tea Book - white	organic	6x304g	52.70	11.71	560771									
Advent Calendar Triangular - green	organic	6x304g	47.00	10.44	560772									
Luxury Tea Collection - White Tin - 36 bags	organic	6x74g	37.75	8.39	560773									
Sachets Advent Calendar - green	organic	6x200g	24.00	5.33	560774									
* <b>Equal Exchange FairTrade R&amp;G Coffee</b>														
Returning from Equal Exchange, an organic Fairtrade gluten-free vegan Christmas Coffee blend from three of their long term co-operative partners in Guatemala, Colombia and Mexico. <b>Festive Blend Coffee R&amp;G - 4</b> is a flavoursome dark roast coffee with notes of fig and chocolate.														
Festive Blend Coffee R&G - 4	organic	8x200g	37.00	6.17	600683									
* <b>Fairfields - potato crisps - vegan - gluten-free</b>														
Returning from Fairfields crisps are vegan gluten-free <b>Maple Glazed Ham Crisps</b> in a 150g bag. This limited edition flavour sold very well last year and has festive snowflake packaging. Grown, fried and packed on the family farm in Colchester, the sweet smoky spicy flavour is a great showcase for this sustainable farm.														
Maple Glazed Ham		10x150g	12.25 V	1.99	751021									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
* <b>Foods of Athenry</b>														
Returning from Foods of Athenry for the festive season are <b>Gluten-free Mince Pies 4 pack - vegan</b> . The Lawless family farm, turned successful bakery, have a dedicated gluten-free facility and produce these mince pies with a homemade biscuit crust pastry and a deep fill of 50% mincemeat containing sustainable palm oil and a nip of brandy.														
Gluten-free Mince Pies 4 pack - vegan	12x280g	50.60		5.62	35705									
* <b>Green Cuisine</b>														
Green Cuisine, vegan <b>Spices to make Mulled Red Wine</b> - ingredients: cinnamon, cloves, allspice, and orange peel. Infuse in wine, cider or fruit juice and heat to create a festive drink.														
Spices to make Mulled Red Wine - 4 sachets boxed	6x20g	5.90		1.31	992200									
* <b>Hambleton Herbs</b>														
Frankincense & Myrrh	6x2x20g	23.70	V	6.83	890905									
* <b>Heaven Scent - candles - vegan</b>														
Gold, Frankincense & Myrrh Votive 9cl Candle	6x1p	16.60	V	4.75	891355									
Tealights 24p - unscented	1x24p	3.30	V	5.65	891405									
* <b>Infinity organic herbs &amp; spices - boxed</b>														
Ground Allspice	organic 6x20g	7.85		1.74	9200									
Cinnamon Bark	organic 6x15g	7.85		1.74	9208									
Cinnamon Ground	organic 6x30g	6.70		1.49	9209									
Whole Cloves	organic 6x20g	6.70		1.49	9211									
Ground Ginger	organic 6x30g	6.70		1.49	9224									
Mixed Spice	organic 6x25g	6.70		1.49	9230									
Whole Nutmeg	organic 6x20g	7.85		1.74	9233									
Ground Nutmeg	organic 6x20g	7.85		1.74	9234									
* <b>Lubeca Marzipan</b>														
Returning from Lubeca, vegan marzipan in two sizes <b>Lübecker Marzipan Almond Paste 200g</b> (non organic) is made with a very old recipe from the Lubeca factory. It uses the finest Mallorcan almonds and a hint of rosewater, very nice and a bit special. The 200g bars are flow wrapped and packed in a card display case. Also returning is the organic <b>Lübecker Marzipan Almond Paste 1kg</b> - ingredients: almonds, cane sugar, invert syrup and ethanol.														
Lübecker Marzipan Almond Paste	15x200g	30.30	V	3.23	791604									
Lübecker Marzipan Almond Paste	organic 1kg	13.70	V	13.70	791605									
* <b>Montezuma's</b>														
The Montezuma organic advent calendars have returned with new Christmassy packaging, they each have 25 organic chunky chocolate stars hidden behind a mandala design of Christmas tree objects. The <b>Advent Calendar Milk</b> is in green and the <b>Advent Calendar Dark - vegan</b> is in red. The <b>Hollow Milk Chocolate Snowman</b> is an organic smiley snowman sitting in a windowed, decorated box. All packaging is 100% recyclable.														
Advent Calendar Milk	organic 8x200g	60.00	V	12.00	765908									
Advent Calendar Dark - vegan	organic 8x200g	60.00	V	12.00	765910									
Hollow Milk Chocolate Snowman	organic 8x75g	33.65	V	6.73	765916									
Dark Peanut Butter Truffle Bites	8x120g	22.60	V	4.58	612595									
* <b>Nutley Hall Beeswax Candles</b>														
Lighting up Christmas are <b>Nutley Hall Christmas Candles 120mm x 14mm</b> . Made from beeswax at the Nutley Hall Steiner Community in the heart of Sussex: "an enabling environment in which the potential of each person can find expression within a supportive context". They are lovely candles and we are very pleased to support the community. There are 12 candles in a small plastic pack.														
Christmas Candles 120mm x 14mm	1x12	8.65	V	13.84	891010									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9	
* <b><u>Ombar - vegan - raw chocolate</u></b>															
<p>Returning for Christmas from Ombar a range of vegan Fairtrade organic raw chocolate festive treats. The <b>Advent Calendar - Core Flavours</b> contains 25 mini bars including the core bars coco mylk, 60% cacao, pistachio, raspberry &amp; vanilla and hazelnut truffle. There is no plastic and the range is fully recyclable. The <b>Oat M'lk Advent Calendar</b> is made with British oats. There are four flavours; original smooth &amp; creamy, hazelnut, salted caramel truffle and fruit &amp; nut. There are 25 windows in each fold out calendar with a chocolate mini bar behind each window. Every calendar sold will contribute to the charity Fundación Jocotoco, which acquires and reforests the rainforest in Ecuador, close to where the cocoa is from. <b>Oat M'lk Bauble - contains 16 mini bars</b> in the four oat m'lk flavours packed into a card bauble with a ribbon to hang on the tree. <b>Mini Chocs Bauble - contains 16 mini bars</b> in the four core flavours with a ribbon loop. New this year we have the <b>Irish Cream Oat M'lk Bar Winter Edition</b> in which the classic oat milk recipe is delicately blended with Irish Cream flavouring for a melt-in-your-mouth experience.</p>															
Advent Calendar - Core Flavours	organic	10x125g	93.70	V	14.99	<b>765797</b>									
Oat M'lk Advent Calendar	organic	10x125g	93.70	V	14.99	<b>765798</b>									
Oat M'lk Bauble - contains 16 minbars	organic	5x80g	25.00	V	8.00	<b>765799</b>									
Mini Chocs Bauble - contains 16 mini bars	organic	5x80g	25.00	V	8.00	<b>765800</b>									
Irish Cream Oat M'lk Bar Winter Edition	organic	10x70g	20.55	V	3.29	<b>765803</b>									
* <b><u>Organico - Organic Collection</u></b>															
<p>Just in time for Christmas stuffing are Organico cooked and peeled organic <b>French Chestnuts in a box</b>. Gathered from over ninety growers and coops in the Ardèche, the most famous chestnut area in Europe.</p>															
French Chestnuts in a Box	organic	12x200g	53.55		5.95	<b>90837</b>									
* <b><u>Ouse Valley - Christmas Spreads - vegan</u></b>															
<p>Returning from Ouse Valley, a delicious spread of indulgent treats. <b>Christmas Pudding Marmalade</b> containing lemons, raisins, brandy, glacé cherries and spice is a gift for lovers of Christmas pudding and chunky marmalade. <b>Cranberry &amp; Blackcurrant Conserve with Port</b> contains cranberries, blackcurrants, lemon zest and a nip of port. <b>Fairy Elderflower Gold Jelly</b> contains apples, fragrant elderflower and edible gold leaf flakes while <b>Fairy Cranberry Silver Jelly</b> has tart cranberries, sweet apples and blackcurrant, with edible silver leaf flecks suspended in the red jelly. These great selling fairy jellies were developed in collaboration with Glyndebourne opera house and inspired by Purcell's opera <i>The Fairy Queen</i>. <b>Stem Ginger Jam</b> is made with chunks of preserved stem ginger. Spread it on toast, use as a glaze or try it warmed up as a dessert topping for ice cream or a steamed sponge pudding. <b>A Very Merry Chutney</b> is a sweet, delicately spiced chutney for the Christmas table. It contains apples, courgettes, sultanas, ginger, garlic and spices.</p>															
Christmas Pudding Marmalade		6x227g	20.60		4.58	<b>292840</b>									
Cranberry & Blackcurrant Conserve with Port		6x227g	21.20		4.71	<b>292841</b>									
Fairy Cranberry Silver Jelly		6x100g	22.00		4.89	<b>292842</b>									
Fairy Elderflower Gold Jelly		6x100g	22.00		4.89	<b>292844</b>									
Stem Ginger Jam		6x227g	20.00		4.44	<b>292846</b>									
A Very Merry Chutney		6x227g	20.60		4.58	<b>292848</b>									
* <b><u>Play in Choc - organic, vegan plastic free toys</u></b>															
<p>Joining the Play in Choc range for Christmas is the <b>Christmas Series 3d puzzle toy</b> with chocolate. A stocking size treat featuring two individually wrapped, deliciously creamy vegan award winning chocolates and a delightful 3D recycled card puzzle toy to assemble. The toy is one of a series of 18 to collect with festive characters such as Father Christmas, reindeer and snowmen. Each comes with its own fun facts educational card.</p>															
Dinosaurs 3d puzzle toy with chocolate	organic	18x50g	21.60	V	1.99	<b>767628</b>									
Endangered Animals 3d puzzle toy with chocolate	organic	18x50g	21.60	V	1.99	<b>767630</b>									
Christmas Series 3d puzzle toy with chocolate	organic	18x50g	21.60	V	1.99	<b>767634</b>									
Woodland Animals 3d puzzle toy with chocolate	organic	18x50g	21.60	V	1.99	<b>767636</b>									
* <b><u>Pukka</u></b>															
<p>Happy Christmas from Pukka. The <b>Advent Calendar</b> contains 25 different organic tea sachets in an embossed box that unfolds down into a hanging calendar of teas. <b>The Tea Discovery Chest</b> is a nicely made sustainable FSC bamboo hinged box. There are 42 sachets in the 6 wooden sections inside, with 6 different flavours. The outside of the box is etched with flowers and there is a card wrap. It is a premium present designed to be refilled.</p>															
Advent Calendar	organic	10x24p	97.40		12.99	<b>561462</b>									
Tea Discovery Chest	organic	1x42p	18.70	V	29.98	<b>561491</b>									
Winter Warmer	organic	4x20bgs	14.85		4.95	<b>561553</b>									
* <b><u>Rhythm 108 - vegan Swiss chocolate</u></b>															
<p>New for Christmas from Rhythm 108 are organic vegan gluten-free <b>Dark Chocolate Truffles</b> made with 60% cocoa sourced from farming cooperatives in Ecuador &amp; Ghana. These truffles have a melt-in-the-mouth centre and are packed in a home compostable bag with a ribbon tie.</p>															
Dark Chocolate Truffles Bag	organic	10x144g	56.25	V	8.99	<b>767562</b>									



Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* <u>Roots &amp; Wings</u></b>														
<p>New from Roots and Wings a range of traditional organic Christmas staples. The delicious mince pies are made in small batches, the mincemeat is made with fresh apples from Hereford, plump vine fruits, zesty spices and a dash of warming cognac. The pastry is made with British wheat and butter from the West Country. There are 2 sizes: <b>Mince Pies - 6 in a box</b>, and <b>Mini Mince Pies - 12 in a box</b>. The <b>Family Christmas Puddings</b> are rich and traditional - packed full of fruit soaked in cognac and ale, which is mixed with sugar, eggs, grated carrots, apples, lemon juice, orange juice and spices. The <b>Ceramic Family Christmas Pudding made with gluten-free flour</b> is steamed, wrapped in muslin and packaged in a ceramic bowl. <b>Vegan Mini Christmas Puddings made with gluten-free flour</b> are made without eggs, and like all the puddings, are gently steamed, cooled and carefully wrapped. Whole cranberries are gently stirred by hand in traditional copper pans with oranges, cinnamon, ginger and allspice to create the <b>Cranberry Sauce with Orange &amp; Spices</b> - a rich piquant sauce. For the <b>Redcurrant Sauce with Port</b> two varieties of delicious redcurrants are gently stirred by hand to create a sauce bursting with flavour, then Fonseca port is added to give liquorice and spice notes.</p>														
Mince Pies - 6 in a box	organic	6x300g	30.80	6.84	35710									
Mini Mince Pies - 12 in a box	organic	6x300g	36.80	8.18	35711									
Family Christmas Pudding	organic	6x454g	52.00	11.56	35713									
Ceramic Family Christmas Pudding made with gf flour	organic	6x454g	76.00	16.89	35714									
Vegan Mini Christmas Pudding made with gf flour	organic	12x100g	37.60	4.18	35715									
Cranberry Sauce with Orange & Spices jar	organic	6x200g	17.35	3.86	293290									
Redcurrant Sauce with Port	organic	6x200g	17.35	3.86	293292									
<b>* <u>Seggiano</u></b>														
<p>Returning from Seggiano, a selection of Christmas goodies. <b>Baked Fig Balls</b> are made only with figs from Cosenza in Calabria. Sticking to a traditional recipe, the figs are dried and slowly cooked in their own juices, moulded into balls, wrapped in fig leaves and baked again. They are traditionally eaten with pecorino cheese and indeed the Seggiano catalogue boldly states that "they are an essential addition to a serious cheeseboard". New this year are two biscuits handmade in Tuscany with organic eggs and butter. They are twice baked, crunchy and oblong shaped. The fine texture and flavour of <b>Sea Salt &amp; Chocolate Biscotti</b> go perfectly with a coffee while <b>Chocolate &amp; Orange Cantuccini</b> with candied orange peel and pieces of dark chocolate are fabulous dipped in a sweet Vin Santo. The three sumptuous dark chocolate dipped fruits are back for the festive season - <b>Chocolate Rum Figs</b> are Calabrian figs soaked in rum and stuffed with an almond, <b>Chocolate Cherry Figs</b> are made from Dottato figs filled with Amarena cherries, and <b>Chocolate Clementines</b> are halves of Calabrian candied clementines. New this year are <b>Marzipan Maraschino Chocolates</b> made with marzipan infused with Maraschino cherry liqueur covered in dark chocolate. All the sweets sit in corrugated paper baking cases in very smart cardboard tray boxes.</p>														
Baked Fig Ball - vegan		12x200g	55.25	6.14	183470									
Biscotti - Sea Salt & Chocolate		8x200g	32.40	5.40	183468									
Cantuccini - Chocolate & Orange		8x200g	32.40	5.40	183469									
Chocolate Cherry Figs - vegan		12x140g	66.05 V	8.81	183471									
Chocolate Clementines - vegan		12x120g	66.05 V	8.81	183473									
Chocolate Rum Figs - vegan		12x120g	66.05 V	8.81	183474									
Marzipan Maraschino Chocolates		12x90g	46.30 V	6.17	183483									
<b>* <u>Seggiano Panettone</u></b>														
<p>Seggiano Panettone are made by a master baker in Bresica, who has been baking traditional dolci for over 40 years. The <b>Classico Panettone</b> is naturally leavened and the recipe includes organic eggs and butter with no emulsifiers or preservatives. The <b>Chocolate Panettone</b> is made with a fragrant light dough that is deliciously rich and chocolately. It is also made with organic eggs and butter with no emulsifiers or preservatives. <b>Chestnut Panettone</b> uses artisan marrons glacés with organic eggs and local honey to give a lovely chestnut fragrance. <b>Limoncello Panettone</b> is beautifully coloured with buttery lemon aromas from the limoncello marmalade filling. Master baker Beniamino has worked his magic to create a deliciously light <b>Vegan Panettone</b>. The ingredients include sulphate-free fruits, cocoa butter, candied fruit paste and natural vanilla as well as a healthy high oleic oil. All the panettone are packaged in Italian festive card boxes.</p>														
Chestnut Panettone		6x500g	74.80	16.62	183484									
Chocolate Panettone		6x500g	75.55	16.79	183475									
Classico Panettone		6x500g	66.45	14.77	183477									
Limoncello Panettone		6x500g	75.55	16.79	183486									
Vegan Panettone		6x500g	75.55	16.79	183481									
<b>* <u>Seggiano Panettone</u></b>														
<p>Panforte are a sweet flat cake made from candied fruit peel, rich spices and toasted almonds. In Tuscany these are enjoyed for dessert or as a sweet snack with a hot drink. This Christmas we are listing <b>Traditional Panforte</b>, <b>Chocolate Panforte</b> and <b>Fig &amp; Walnut Panforte Slice</b>. All are wrapped in festive paper.</p>														
Traditional Panforte		10x100g	32.85	4.38	183476									
Chocolate Panforte		10x100g	32.85	4.38	183478									
Fig & Walnut Panforte Slice		12x200g	56.05	6.23	183479									
<b>* <u>Steenbergs</u></b>														
Sage & Onion Stuffing - gluten-free		4x130g	6.10	2.03	792338									

Description	size	price	£/unit	RRP	code	1	2	3	4	5	6	7	8	9
<b>* The Authentic Bread Company</b>														
<i>New this year from the Authentic Bread Company is organic vegan <b>Luxury Mincemeat with Cognac</b>. Handmade to a traditional recipe, plump vine fruits are soaked in organic cognac with apples delivered direct from their local orchards in Herefordshire with not a purée in sight. The mincemeat is packaged into glass jars.</i>														
Luxury Mincemeat with Cognac	organic 6x300g	21.50		4.78	<b>365653</b>									
<b>* The Real Organic Food Co - Gourmet Range</b>														
<i>Returning and on offer from the Real Organic Food Company <b>Cranberry Sauce</b>, a fruity luxury sauce made with whole organic cranberries for outstanding flavour. <b>Redcurrant &amp; Mint Jelly</b>, wonderful with Christmas dinner or sautéed red cabbage.</i>														
◆ Cranberry Sauce	organic 6x310g	22.45		5.00	<b>394280</b>									
◆ Redcurrant & Mint Jelly	organic 6x315g	22.45		5.00	<b>394285</b>									
<b>* Suma - Vegan</b>														
Vegetarian Suet	6x250g	16.85		3.74	<b>791582</b>									
Candied Mixed Peel - contains SO2 - bag	1kg	5.90	5.90		<b>101250</b>									
Candied Mixed Peel - contains SO2 - tub	6x200g	10.30		2.29	<b>101251</b>									
<b>* Trustin Chestnuts</b>														
<i>Returning from Trustin are vegan <b>Peeled Roasted Chestnuts</b>. They are ready-to-eat, tasty, low in fat and perfect for Christmas stuffing recipes, or with sprouts. New this year is a larger 200g size.</i>														
Peeled Roasted Chestnuts	12x80g	16.15		1.79	<b>90899</b>									
Peeled Roasted Chestnuts	12x200g	26.90		2.99	<b>90900</b>									
<b>* Yogi Tea Bags</b>														
<i>From Yogi, organic <b>Yogi Christmas Tea Bags</b>, a spicy rooibos blend with the addition of honeybush. Traditionally all profits go to charity and the beneficiary this year is The Kumari Project in Nepal providing shelter and medical care to orphans &amp; children from disadvantaged backgrounds to give them a better future. Also returning is the <b>Yogi Christmas Advent Calendar</b> with a snowy Christmas design. The calendar folds out to show 24 windows hiding 24 different teas with inspiring quotes behind each door.</i>														
Yogi Christmas Advent Calendar	organic 6x1p	45.60		10.15	<b>572029</b>									
Yogi Christmas Tea Bags	organic 6x17bgs	12.35		2.75	<b>572031</b>									
<b>* Zaytoun - Fair Trade - www.zaytoun.org</b>														
<i>Returning from Zaytoun, a selection of Fairtrade vegan stocking fillers. <b>Caramelised Almonds</b> are slowly roasted with Fairtrade sugar until they are turned into an irresistible treat. <b>Roasted Chilli Almonds</b> are cooked with chilli spices making a pleasing warming crunch. <b>Smoked Almonds</b> are slowly roasted and tumbled in smoked seasoning to create a tempting moreish snack. The almonds used are Om Al-Fahem, an extra large variety grown in Palestine. The almonds are packaged in upright shelf-ready windowed boxes.</i>														
Medjoul Dates with Stone - Boxed	6x250g	22.80		5.07	<b>102105</b>									
Medjoul Dates - Shelf Ready Boxed	6x500g	43.05		9.57	<b>102109</b>									
Caramelised Almonds	6x140g	24.35 V		6.58	<b>102111</b>									
Roasted Chilli Almonds	6x140g	24.35 V		6.58	<b>102112</b>									
Smoked Almonds	6x140g	24.35 V		6.58	<b>102113</b>									

▲ price rise ▼ fall

\* new product □ on offer

☆ size or other change

◆ offer ended

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# Terms and Conditions

## Application and entire agreement

1. These Terms and Conditions will apply to the purchase of the goods detailed in our quotation (Goods) by the buyer (you) from Infinity Foods Wholesale Ltd a company registered in England and Wales under number IP22397R whose registered office is at 46 Dolphin Road, Shoreham-by-sea, West Sussex, BN43 6PB (we or us).
2. These Terms and Conditions will be deemed to have been accepted by you when you accept them or the quotation or from the date of any delivery of the Goods (whichever happens earlier) and will constitute the entire agreement between us and you.
3. These Terms and Conditions and the quotation (together, the Contract) apply to the purchase and sale of any Goods between us and you, to the exclusion of any other terms that you try to impose or incorporate, or which are implied by trade, custom, practice or course of dealing.

## Interpretation

4. A "business day" means any day other than a Saturday, Sunday or bank holiday.
5. The headings in these Terms and Conditions are for convenience only and will not affect their interpretation.
6. Words imparting the singular number include the plural and vice-versa.

## Goods

7. The description of the Goods is set out in our sales documentation, unless expressly changed in our quotation. In accepting the quotation you acknowledge that you have not relied upon any statement, promise or other representations about the Goods by us. Descriptions of the Goods set out in our sales documentation are intended as a guide only.
8. We can make any changes to the specification of the Goods which are required to conform to any applicable safety or other statutory or regulatory requirements.

## Price

9. The price (Price) of the Goods is set out in our quotation current at the date of your order or such other price as we may agree in writing.
10. If the cost of the Goods to us increases due to any factor beyond our control including, but not limited to, material costs, labour costs, alteration of exchange rates or duties, or changes to delivery rates, we can increase the Price prior to delivery.
11. Any increase in the Price under the clause above will only take place after we have told you about it.
12. You may be entitled to discounts. Any and all discounts will be at our discretion.
13. The Price is inclusive of fees for packaging and transportation / delivery unless otherwise specified
14. The Price is exclusive of any applicable VAT and other taxes or levies which are imposed or charged by any competent authority.

## Cancellation and alteration

15. Details of the Goods as described in the clause above (Goods) and set out in our sales documentation are subject to alteration without notice and are not a contractual offer to sell the Goods which is capable of acceptance.
16. The quotation (including any non-standard price negotiated in accordance with the clause on Price (above)) is only valid at the time it is given unless different terms have been agreed with us.
17. Either of us can cancel the order for any reason prior to your acceptance (or rejection) of the quotation.

## Payment

18. We will invoice you for the Price either:
  - a. on or at any time after delivery of the Goods; or
  - b. where the Goods are to be collected by you or where you wrongfully do not take delivery of the Goods, at any time after we have notified you that the Goods are ready for collection or we have tried to deliver them
19. You must pay the Price upon agreement of order. This may be prior to receipt of goods. If credit terms have been agreed between us then payment must be made within these agreed terms.
20. You must make a payment even if a delivery has not taken place i.e when an attempt to deliver has been made.
21. If you do not pay within the period set out above, we reserve our right to suspend any further deliveries to you, and without limiting any of our other rights or remedies for statutory interest, charge you interest at the rate of 5% per annum above the base rate of the Bank of England from time to time on the amount outstanding until you pay in full.
22. Time for payment will be of the essence of the Contract between us and you.
23. All payments must be made in British Pounds unless otherwise agreed in writing between us.
24. Both parties must pay all amounts due under these Terms and Conditions in full without any deduction or withholding except as required by law and neither party is entitled to assert any credit, set-off or counterclaim against the other in order to justify withholding payment of any such amount in whole or in part.

## Delivery

25. We will arrange for the delivery of the Goods to the address specified in the quotation, or your order or to another location we agree in writing.
26. If you do not specify a delivery address or if we both agree, you must collect the Goods from our premises.
27. Subject to the specific terms of any special delivery service, delivery can take place at any time of the day and must be accepted at any time between 8 am to 8 pm.
28. If you do not take delivery of the Goods we may, at our discretion and without prejudice to any other rights:
  - a. store or arrange for the storage of the Goods and will charge you for all associated costs and expenses including, but not limited to, transportation, storage and insurance; and / or
  - b. make arrangements for the redelivery of the Goods and will charge you for the costs of such redelivery; and/or
  - c. after 10 business days, resell or otherwise dispose of part or all of the Goods and charge you for any shortfall below the price of the Goods.
29. If redelivery is not possible as set out above, you must collect the Goods from our premises and will be notified of this. We can charge you for all associated costs including, but not limited to, storage and insurance.
30. Any dates quoted for delivery are approximate only, and the time of delivery is not of the essence. We will not be liable for any delay in delivery of the Goods that is caused by a circumstance beyond our control or your failure to provide us with adequate delivery instructions or any other instructions that are relevant to the supply of the Goods.
31. We can deliver the Goods by installments, which will be invoiced and paid for separately. Each installment is a separate contract. Any delay in delivery or defect in an installment will not entitle you to cancel any other installment.

## Inspection and acceptance of Goods

32. You must inspect the Goods on delivery or collection.
33. If you identify any damages or shortages, you must inform us in writing within 7 days of delivery, providing details.
34. Other than by agreement, we will only accept returned Goods if we are satisfied that those Goods are defective and if required, have carried out an inspection.
35. Subject to your compliance with this clause and/or our agreement, you may return the Goods and we will, as appropriate, repair, or replace, or refund the Goods or part of them.
36. We will be under no liability or further obligation in relation to the Goods if:
  - a. if you fail to provide notice as set above; and/or
  - b. you make any further use of such Goods after giving notice under the clause above relating to damages and shortages; and/or
  - c. the defect arises because you did not follow our oral or written instructions about the storage, commissioning, installation, use and maintenance of the Goods; and/or
  - d. The defect arises from natural deterioration of the Goods; and/ or
  - e. The defect arises from misuse or alteration of the Goods, negligence, wilful damage or any other act by you, your employees or agents or any other third party
37. You bear the risk and cost of returning the Goods.
38. Acceptance of the Goods will be deemed to be upon inspection of them by you and in any event immediately after delivery.

## Risk and title

39. The risk in the Goods will pass to you on completion of delivery.
40. Title to the Goods will not pass to you until we have received payment in full (in cash or cleared funds) for: (a) the Goods and/or (b) any other goods or services that we have supplied to you in respect of which payment has become due.
41. Until title to the Goods has passed to you, you must (a) hold the Goods on a fiduciary basis as our bailee; and/or (b) store the goods separately and not remove, deface or obscure any identifying mark or packaging on or relating to the Goods; and/or (c) keep the Goods in satisfactory condition and keep them insured against all risks for their full price from the date of delivery.
42. As long as the Goods have not been resold, or irreversibly incorporated into another product, and without limiting any other right or remedy we may have, we can at any time ask you to deliver up the Goods and, if you fail to do so promptly, enter any of your premises or of any third party where the Goods are stored in order to recover them.

## Termination

43. We can terminate the sale of Goods under the Contract where:
  - a. you commit a material breach of your obligations under these Terms and Conditions;
  - b. you are or become or, in our reasonable opinion, are about to become the subject of a bankruptcy order or take advantage of any other statutory provision for the relief of insolvent debtors;
  - c. you enter into a voluntary arrangement under Part 1 of the Insolvency Act 1986, or any other scheme or arrangement is made with your creditors; or
  - d. you convene any meeting of your creditors, enter into voluntary or compulsory liquidation, have a receiver, manager, administrator or administrative receiver appointed in respect of your assets or undertakings or any part thereof, any documents are filed with the court for the appointment of an administrator, notice of intention to appoint an administrator is given by you or any of your directors or by a qualifying floating charge holder (as defined in para. 14 of Schedule B1 of the Insolvency Act 1986), a resolution is passed or petition presented to any court for the winding up of your affairs or for the granting of an administration order, or any proceedings are commenced relating to your insolvency or possible insolvency.

## Limitation of liability

44. Our liability under the Contract, and in breach of statutory duty, and in tort, misrepresentation or otherwise will be limited to this clause.
45. Subject to the clauses above on Inspection and Acceptance and Risk and Title, all warranties, conditions or other terms implied by statute or common law (save for those implied by Section 12 of the Sale of Goods Act 1979) are excluded to the fullest extent permitted by law.
46. If we do not deliver the Goods, our liability is limited, subject to the clause below, to the costs and expenses incurred by you in obtaining replacement goods of similar description and quality in the cheapest market available, less the price of the Goods.
47. Our total liability will not, in any circumstances, exceed the total amount of the Price payable by you.
48. We will not be liable (whether caused by our employees, agents or otherwise) in connection with the Goods, for:
  - a. any indirect, special or consequential loss, damage, costs, or expenses; and/or
  - b. any loss of profits; loss of anticipated profits; loss of business; loss of data; loss of reputation or goodwill; business interruption; or, other third party claims; and/or
  - c. any failure to perform any of our obligations if such delay or failure is due to any cause beyond our reasonable control; and/or
  - d. any losses caused directly or indirectly by any failure or breach by you in relation to your obligations; and/or
  - e. any loss relating to the choice of the Goods and how they will meet your purpose or the use by you of the Goods supplied.
49. The exclusions of liability contained within this clause will not exclude or limit our liability for death or personal injury caused by our negligence; or for any matter for which it would be illegal for us to exclude or limit our liability; and for fraud or fraudulent misrepresentation.

## Communications

50. All notices under these Terms and Conditions must be in writing and signed by, or on behalf of, the party giving notice (or a duly authorised officer of that party).
51. Notices will be deemed to have been duly given:
  - a. when delivered, if delivered by courier or other messenger (including registered mail) during the normal business hours of the recipient;
  - b. when sent, if transmitted by fax or email and a successful transmission report or return receipt is generated;
  - c. on the fifth business day following mailing, if mailed by national ordinary mail; or
  - d. on the tenth business day following mailing, if mailed by airmail.
52. All notices under these Terms and Conditions must be addressed to the most recent address, email address or fax number notified to the other party.

## Circumstances beyond the control of either party

53. Neither party shall be liable for any failure or delay in performing their obligations where such failure or delay results from any cause that is beyond the reasonable control of that party. Such causes include, but are not limited to: power failure, internet service provider failure, industrial action, civil unrest, fire, flood, storms, earthquakes, acts of terrorism, acts of war, governmental action or any other event that is beyond the control of the party in question.

## No Waiver

54. No waiver by us of any breach of these Terms and Conditions by you shall be considered as a waiver of any subsequent breach of the same or any other provision.

## Severance

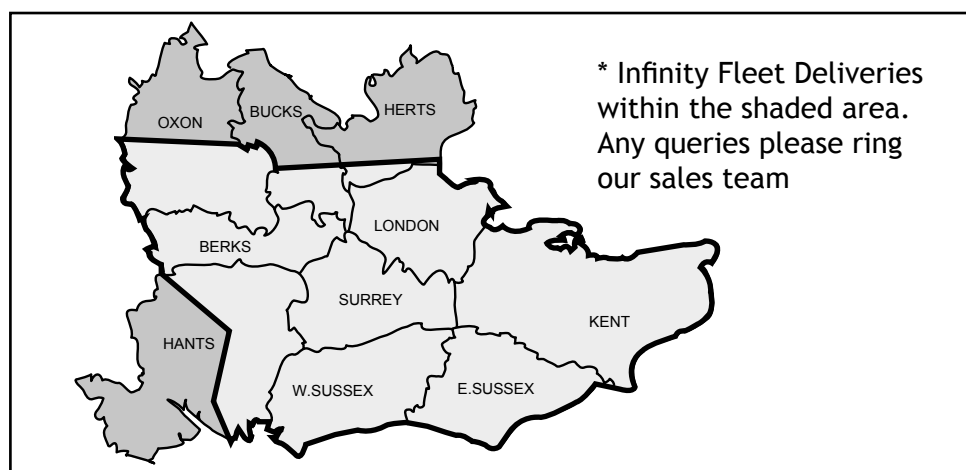
55. If one or more of these Terms and Conditions is found to be unlawful, invalid or otherwise unenforceable, that / those provisions shall be deemed severed from the remainder of these Terms and Conditions (which will remain valid and enforceable).

## Law and jurisdiction

56. These Terms and Conditions are governed by and interpreted according to English law. All disputes arising under these Terms and Conditions are subject to the exclusive jurisdiction of the English courts.

# Infinity foods trading information

## Infinity Fleet Deliveries



## Delivery Days & Minimum Orders

Days	Area	Minimum Order	Electronic Order Deadline
Monday	North East & South East London Oxford County Peripherals Thames Valley	£250	11.50pm Thursday
Tuesday	Within Brighton city limits & near our Warehouse Brighton postal area (outside Brighton city limits) West Sussex Oxford	£150 £200 £250 £250	11.50pm Sunday
Wednesday	Central London, West London & North West London Kent	£250	11.50pm Monday
Thursday	East of the A23 The Chilterns Dorset & New Forest	£250	11.50pm Tuesday
Friday	West of the A23 West Surrey & East Berkshire South Wiltshire & South Somerset	£250	11.50pm Wednesday 11.50pm Wednesday 11.50pm TUESDAY

## Trading Information for collections

- Minimum order value is £100
- Orders need to be placed at least one day before collection date (Mon to Fri)
- When placing the order, please provide an approximate collection time (9am to 4pm)
- Pick up is from 'Customer Collections' 46 Dolphin Road, Shoreham, BN43 6PB
- If no-one is around when you arrive, please follow the instructions on the board

## Placing an Order

Orders can be placed any day and time via our website. Stock levels are updated daily. If you would like log in details for the site or have any questions, please get in touch on [info@infinity.coop](mailto:info@infinity.coop). To register for an account, please visit our website [www.infinityfoodswholesale.coop](http://www.infinityfoodswholesale.coop)

## Office Opening Hours and Contact Information

Call: 01273 456376, phone is staffed 8.30am to 5pm Monday to Friday. Email: [info@infinity.coop](mailto:info@infinity.coop), [orders@infinity.coop](mailto:orders@infinity.coop)

## Payment

You can pay by bank transfer or most debit/credit cards. We require payment prior to despatch. The invoice will be emailed to you the day before the scheduled delivery. For card payments please call us on 01273 456376, you can pay over the phone or request an email payment link. For bank transfers please email us the payment confirmation.

## Receiving order

We always do our best to make sure that your delivery arrives as ordered, but occasionally we do make a mistake. Please check your order on arrival. Once it is signed for, we can't accept any claims made except for quality issues. If you do have a problem, please get in touch with us before returning goods

## Discount

Business customers receive a discount based on the order value before tax at £200= 1%, £300=2%, £400=3%, £500=4%, £800=5%, £1500=6%, £2000=7% - for collections there is an additional 2%

# National Delivery Trading Information

AREA	POSTCODES	Minimum Order	Expected Delivery Day
AREA 1	AL, B, BA, BB, BD, BL, BR, BS, CB, CH, CR, CV, CW, DA, DE, DN, DY, EN, GL, GU, HA, HD, HP, HX, IG, KT, L, LE, LN, LS, LU, M, MK, NG, NN, OL, OX, PE, PR, RG, RH, RM, S, SG, SK, SL, SM, SN, ST, TF, TW, UB, WA, WD, WF, WN, WR, WS, WV	£400	Orders placed before noon will be able to select the next day as the earliest dispatch date
AREA 2	BH, CF, CM, CO, CT, DH, DL, DT, FY, HG, HR, HU, IP, ME, NE, NP, NR, PO-MAINLAND, SP, SO, SR, SS, TA, TN, TS, YO E, N, NW, SE, SW	£450	Delivery is scheduled for the day after dispatch
AREA 3	CA, EX, LA, LL, PL, TQ, W	£500	Monday to Friday 9am to 5pm
AREA 4	DG, EH, FK, G, KA1-26, 29-30, KY, LD, ML, PA1-19, SA, SY, TD, TR1-20, TR26-27, TR93, EC, WC	£600	
AREA 5	AB, DD, IV1-39, IV52-54, IV63, KW1-14, PH1 41, PA21-38, PA40, AB10-25, DD, PH1-18	£700	Delivery is scheduled for 2-3 days after dispatch

## National Delivery - Carrier Service

To deliver outside our fleet delivery area we book pallet spaces with a national haulage company. The service they provide is a kerbside delivery of a pallet Monday to Friday between 9am and 5pm.

## Receiving a Carrier Order

Carrier customers wishing to return goods must obtain agreement from us first. Should you be unhappy with the condition of your order upon delivery you MUST sign the CARRIER'S delivery note as appropriate e.g 'Received as damaged'.

## Carrier Delivery Discount

Business customers in Areas 1, 2 & 3 receive a discount based on the order value before tax at £500=2%, £600=3%, £700=4%, £800=5%, £1500=6%, £2000=7%

Infinity Foods Co-operative Limited, 46 Dolphin Road, Shoreham-By-Sea, W Sussex BN43 6PB

Tel: 01273 456376. VAT Registration Number: 315 6637 56

Infinity Foods Co-operative Limited is registered under the Co-operative and Community Benefit Societies Act 2014 Register Number: 22397R

The Registered Office is 25 North Road, Brighton BN1 1YA



